

# *Mila cardigan*

Cable cardigan pattern by Sari Nordlund



#MilaCardigan



## MILA CARDIGAN

The Mila cardigan has a relaxed fit with dropped shoulders. It is knitted seamlessly top down with an allover cable pattern that is a lot easier than it first appears and is suitable for knitters who are just learning to knit cables. The cardigan is reversible so you can wear it with either side on the top.

The Mila cardigan is started at the back neck and then increased to the full width of the back. After that stitches are picked up along the sloped shoulders for the fronts. The pieces are joined at the underarm and the body is then knitted in one piece. The sleeve stitches are then picked up from the body and worked in the round. The buttonband is worked in double knitting.

The length of the body and sleeves are easily modified to suit your own body measurements. I recommend trying the cardigan on every now and then while working on it to make sure you get the perfect length for your style.

## Sizes

- 1 (2, 3, 4) (5, 6, 7) (8, 9, 10)
- Finished bust circumference: 86 (96, 106, 115) (125, 134, 144) (154, 163, 173) cm / 33.75 (37.75, 41.75, 45.25) (49.25, 52.75, 56.75) (60.75, 64.25, 68) inches including the intended positive ease of 11-15 cm / 4.25 - 6 inches for sizes 1-4 and 17.5 cm / 7 inches for sizes 5-10
- Length from hem to underarm (adjustable): 20 (20, 20, 20) (25, 25, 25) (25, 30, 30) cm / 7.75 (7.75, 7.75, 7.75) (9.75, 9.75, 9.75) (9.75, 11.75, 11.75) inches
- Sleeve length from cuff to underarm (adjustable): 42 cm / 16.5 inches
- Upper arm circumference: 33.4 (38.5, 38.5, 38.5) (43, 48, 53) (57.5, 57.5, 62.5) cm / 13.25 (15.25, 15.25, 15.25) (17, 19, 20.75) (22.75, 22.75, 24.5) inches
- *Note: Please be aware that adjusting the lengths of the garment will also affect the amount of yarn needed to finish the project.*

## Yarn

850 (940, 1030, 1140) (1250, 1370, 1510) (1660, 1830, 2010) m / 940 (1030, 1130, 1240) (1370, 1510, 1660) (1820, 2000, 2210) yards of DK weight yarn.

Sample: 4 (5, 5, 5) (6, 6, 7) (8, 8, 9) skeins of Wooldreamers La Rinconada (100% merino; 230 meters / 252 yards per 100 g) shown in the colorway Niebla.

## Needles

- 3.5 mm / US4 or a circular needle with a cable suitable for small circumference knitting for the cuffs
- 3.5 mm / US4 circular needle with a cable of at least 80 cm / 32 inches for the hem
- 
- 4 mm / US6 DPNs or a circular needle with a cable suitable for small circumference knitting for the sleeves
- 4 mm / US6 circular needle with a cable of 40 cm / 16 inches for the top of the yoke
- 4 mm / US6 circular needle with a cable of at least 80 cm / 32 inches for the body

## Gauge

25 sts and 28 rows = 10 cm / 4 inches of Main chart on larger needles, after blocking.

## Notions

- 2 stitch markers
- 4 locking markers
- 3 snap buttons
- cable needle, if using
- waste yarn
- tapestry needle
- blocking tools

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# Abbreviations

BOR	Beginning of the round
dec'd	Decreased
DPN(s)	Double pointed needle(s)
inc'd	Increased
k	Knit
k2tog	Knit 2 sts together
m1L	Make 1 knit stitch (left leaning)
m1Lp	Make 1 purl stitch (left leaning)
m1R	Make 1 knit stitch (right leaning)
m1Rp	Make 1 purl stitch (right leaning)
p	Purl
pm	Place marker
p2tog	Purl 2 sts together
RS	Right side
sl1	Slip 1 st
sm	Slip marker
ssk	(Slip knitwise) x 2, knit the slipped stitches together through the back loop
ssp	(Slip knitwise) x 2, purl the slipped stitches together through the back loop
st(s)	Stitch(es)
WS	Wrong side
wyif	With yarn in front
2/2 LC	2 over 2 left cable: slip 2 sts to cable needle at front, k2, then k2 from cable needle.
2/2 RC	2 over 2 right cable: slip 2 sts to cable needle at back, k2, then k2 from cable needle.
2/2 LCP	2 over 2 left cable purl: slip 2 sts to cable needle at front, p2, then k2 from cable needle.
2/2 RCP	2 over 2 right cable purl: slip 2 sts to cable needle at back, k2, then p2 from <sup>3</sup> cable needle.

# Instructions

## BACK INCREASES

Cast on 26 sts for the back neck on the larger needles. Do not join in the round. Place locking markers into the cast on edge below the first and last stitch of the row.

Set-Up Row (WS): K3, p8, k4, p8, k3.

Note: When working the charts on the WS rows, remember to read them from left to right and check the changed abbreviations for the stitches when working on the WS. The first row of the chart is worked from the RS.

Row 1 (RS): Work Row 1 of the Back Increase Chart repeating the outlined pattern twice on every row. 2 sts inc'd.

Row 2 (WS): Work Row 2 of the Back Increase Chart repeating the outlined pattern twice on every row. 2 sts inc'd.

Work Rows 3-12 of the Back Increase Chart. Then work Rows 1-12 another 2 (3, 3, 4) (4, 5, 5) (6, 6, 7) times. When you repeat the chart for the first time, the outlined 12-stitch pattern 4 times on each row, then 6 times on the second chart repeat and so on.

You now have 98 (122, 122, 146) (146, 170, 170) (194, 194, 218) sts on needles.

### **Sizes 1, 3, 5, 7 and 9 only:**

Work Rows 1-6 of the Back Increase Chart one more time as established. 110 (-, 134, -) (158, -, 182) (-, 206, -) sts on needles.

## BACK

### **All sizes resume:**

Place a locking marker at the first and last stitch of the row.

From now on the first and last stitch of the row will always be a purl stitch on the RS and knit stitch on the WS. Work the rest of the stitches in cable pattern as follows:

Row 1 (RS): P1, work Row 1 of the Main Chart indicated for your size until 1 st remains, p1. The 12-stitch pattern repeats 9 (10, 11, 12) (13, 14, 15) (16, 17, 18) times on each row.

Row 2 (WS): K1, work Row 2 of the Main Chart indicated for your size until 1 st remains, k1.

Work as the first and last stitch of the row always as p1 on RS and k1 on WS, and work the rest of the stitches according to Rows 3-12 of the Main Chart. Then keep working Rows 1-12 until the back measures 9 (10.5, 10, 9) (10, 11, 13) (13, 13, 13) cm / 3.5 (4.25, 4, 3.5) (4, 4.24, 5) (5, 5, 5) inches from the locking marker at the end of the increases, ending with a WS row. Make a note which row of the Main Chart you ended with, as you will need this information for the front later on. Break yarn and put the sts on hold on a piece of waste yarn.

## RIGHT FRONT SHOULDER

With the RS facing you and starting at the locking marker at the end of increases on the right shoulder, pick up and knit 44 (50, 56, 62) (68, 74, 80) (86, 92, 98) sts (= 1 st per each row) along the right shoulder line until the locking marker at the right corner of the back neck cast on. From now on work Right Front Chart for sizes 1, 3, 5, 7 and 9, and Main Chart for sizes 2, 4, 6, 8 and 10.

### **Sizes 1, 3, 5, 7 and 9 only:**

**Set-Up Row (WS):** K1, \*k2, p8, k2; repeat from \* until 7 sts remain, then k2, p4, k1.

**Row 1 (RS):** P1, work Row 1 of the Right Front Chart indicated for your size until 1 st remains, repeating the outlined 12-stitch pattern 3 (-, 4, -) (5, -, 6) (-, 7, -) times on each row, p1.

**Row 2 (WS):** K1, work Row 2 of Right Front Chart indicated for your size until 1 st remains, repeating the outlined 12-stitch pattern 3 (-, 4, -) (5, -, 6) (-, 7, -) times on each row, k1.

Work as established until the end of Row 6 of the Right Front Chart.

**Sizes 2, 4, 6, 8 and 10 only:**

Set-Up Row (WS): K1, \*k2, p8, k2; repeat from \* until 1 sts remains, then k1.

Row 1 (RS): P1, work Row 1 of the Main Chart indicated for your size until 1 st remains, repeating the outlined 12-stitch pattern - (4, -, 5) (-, 6, -) (7, -, 8) times on each row, p1.

Row 2 (WS): K1, work Row 2 of Main Chart indicated for your size until 1 st remains, repeating the outlined 12-stitch pattern - (4, -, 5) (-, 6, -) (7, -, 8) times on each row, k1.

Work as established until the end of Row 6 of the Main Chart.

**All sizes resume:**

Start increasing at the neck edge as follows and at the same time work the charts as established above for your size:

Row 7 (RS): P1, work in charted pattern as established above for your size until 1 st remains, m1R, p1. 1 st inc'd.

From now on, take the increased stitches at the neck edge into the cable pattern. A total of 12 sts will be increased at the neck edge, becoming an additional full pattern repeat. Note: When incorporating new stitches to the charted pattern, work the increased stitch as the first stitch of the pattern repeat (stitch 7 for sizes 1, 3, 5, 7 and 9 and stitch 1 for sizes 2, 4, 6, 8 and 10), then after the second increase as the first two sts of the pattern repeat, and so on. If you can't work the cables, because there aren't yet enough stitches to complete them, work them as knit or purl instead to stay in pattern.

Repeat the increase at neck edge as established on Row 7 on every 6th row (Rows 1 and 7 of the chart) another 11 times. Take the increased stitches into the charted pattern as explained above. 56 (62, 68, 74) (80, 86, 92) (98, 104, 110) sts on needles.

Then continue in charted pattern as established until the right front measures 25.5 (27.5, 30, 31) (34, 37, 41) (43, 45, 47.5) cm / 10 (10.75, 11.75, 12.25) (13.5, 14.5, 16.25) (17, 17.75, 18.75) inches from the shoulder where you picked up the stitches. For sizes: 2, 4, 6, 8

and 10 make sure you end with the same WS row of the chart as you did for the back. For sizes 1, 3, 5, 7 and 9: end with a row that is 6 rows more than the one you ended with on the back, ie. if you ended with a Row 1 on the back, end with a Row 7 on the fronts and so on.

Break yarn and put the sts on hold on a piece of waste yarn.

**LEFT FRONT SHOULDER**

With the RS facing you and starting at the locking marker at the left corner of the back neck cast on, pick up and knit 44 (50, 56, 62) (68, 74, 80) (86, 92, 98) sts (= 1 st per each row) along the left shoulder line until the locking marker at the end of increases on the left shoulder. From now on work Left Front Chart for sizes 1, 3, 5, 7 and 9, and Main Chart for sizes 2, 4, 6, 8 and 10.

**Sizes 1, 3, 5, 7 and 9 only:**

Set-Up Row (WS): K1, p4, k2, \*k2, p8, k2; repeat from \* until 1 st remains, then k1.

Row 1 (RS): P1, work Row 1 of the Left Front Chart indicated for your size until 1 st remains, repeating the outlined 12-stitch pattern 3 (-, 4, -) (5, -, 6) (-, 7, -) times on each row, p1.

Row 2 (WS): K1, work Row 2 of Left Front Chart indicated for your size until 1 st remains, repeating the outlined 12-stitch pattern 3 (-, 4, -) (5, -, 6) (-, 7, -) times on each row, k1.

Work as established until the end of Row 6 of the Left Front Chart.

**Sizes 2, 4, 6, 8 and 10 only:**

Set-Up Row (WS): K1, \*k2, p8, k2; repeat from \* until 1 sts remains, then k1.

Row 1 (RS): P1, work Row 1 of the Main Chart indicated for your size until 1 st remains, repeating the outlined 12-stitch pattern - (4, -, 5) (-, 6, -) (7, -, 8) times on each row, p1.

Row 2 (WS): K1, work Row 2 of Main Chart indicated for your size until 1 st remains, repeating the outlined 12-stitch pattern - (4, -, 5) (-, 6, -) (7, -, 8) times on each row, k1.

Work as established until the end of Row 6 of the Main Chart.

**All sizes resume:**

Start increasing at the neck edge as follows and at the same time work the charts as established above for your size:

Row 7 (RS): P1, m1L, work in charted pattern as established above for your size until 1 st remains, p1. 1 st inc'd.

From now on, take the increased stitches at the neck edge into the cable pattern. A total of 12 sts will be increased at the neck edge, becoming an additional full pattern repeat. Note: When incorporating new stitches to the charted pattern, work the increased stitch as the last stitch of the pattern repeat (stitch 12 for all sizes), then after the second increase as the last two sts of the pattern repeat, and so on. If you can't work the cables, because there aren't yet enough stitches to complete them, work them as knit or purl instead to stay in pattern.

Repeat the increase at neck edge as established on Row 7 on every 6th row (Rows 1 and 7 of the chart) another 11 times. Take the increased stitches into the charted pattern as explained above. 56 (62, 68, 74) (80, 86, 92) (98, 104, 110) sts on needles.

Then continue in charted pattern as established until the right front measures 25.5 (27.5, 30, 31) (34, 37, 41) (43, 45, 47.5) cm / 10 (10.75, 11.75, 12.25) (13.5, 14.5, 16.25) (17, 17.75, 18.75) inches from the shoulder where you picked up the stitches, ending with the same WS row of the chart as you did for the right front.

**JOINING THE FRONTS AND THE BACK**

**Sizes 1, 3, 5, 7 and 9 only:**

**Next Row (RS):** P1, work next row of the Left Front Chart until 1 st remains, p1, pm. Take the sts held for the back on your needles, and p1, work the next row of the Main Chart indicated for your size until 1 st remains, p1, pm. Take the sts held for the right front on your needles, and p1, work the next row of

the Right Front Chart until 1 st remains, p1.

Next Row (WS): K1, work the next row of the Right Front Chart until 2 sts remain before the marker, then if the next stitch is a knit stitch the k2tog, and if it's a purl stitch then p2tog, remove marker. If the second stitch on your left needle is a knit stitch the ssk, and if it's a purl stitch then ssp. Work the next row of the Main Chart until 2 sts remain before the marker, then if the next stitch is a knit stitch the k2tog, and if it's a purl stitch then p2tog, remove marker. If the second stitch on your left needle is a knit stitch the ssk, and if it's a purl stitch then ssp. Work next row of the Left Front Chart until 1 st remains, k1. 4 sts dec'd, 218 (-, 266, -) (314, -, 362) (-, 410, -) sts on needles.

**Sizes 2, 4, 6, 8 and 10 only:**

**Next Row (RS):** Work next row of the Main Chart indicated for your size until 1 st remains, p1, pm. Take the sts held for the back on your needles, and p1, work the same row of the Main Chart until 1 st remains, p1, pm. Take the sts held for the right front on your needles, and p1, work the same row of the Main Chart until 1 st remains, p1.

Next Row (WS): K1, \*work the next row of the Main Chart until 2 sts remain before marker, then if the next stitch is a knit stitch then k2tog, and if it's a purl stitch then p2tog, remove marker. If the second stitch on your left needle is a knit stitch the ssk, and if it's a purl stitch then ssp; repeat from \* one more time, then work next row of the Main Chart until 1 st remains, k1. 4 sts dec'd, - (242, -, 290) (-, 338, -) (386, -, 434) sts on needles.

**All sizes resume:**

From now on all sizes will be working from the Main Chart that was originally indicated for sizes 2, 4, 6, 8 and 10 only. If you are working a size 1, 3, 5, 7 or 9, continue with the next corresponding row of the new Main Chart. I.e. if you just worked a Row 2 then work Row 3 of the new Main Chart.

Next Row (RS): P1, work the next row of the Main Chart indicated for sizes 2, 4, 6, 8 and 10 until 1 st remains, p1. The 12-stitch pattern repeats 18 (20, 22, 24) (26, 28, 30) (32, 34, 36) times on each row.

Continue as established until the body measures 16 (16, 16, 16) (21, 21, 21) (21, 26, 26) cm / 6.25 (6.25, 6.25, 6.25) (8.25, 8.25, 8.25) (8.25, 10.25, 10.25) inches from the underarm or 4 cm / 1.5 inches less than the desired length for the body, ending with a WS row. Note: This is a good place to put the stitches on hold on a piece of waste yarn or a cable cord, and try the cardigan on. The intended length of the body is quite cropped, but you can easily make yours longer by adding more rows at this point.

## HEM

Change to smaller needles.

Set-Up Row (RS): P2tog, \*k1, p1; repeat from \* until end.

Ribbing Row 1 (WS): K1, \*p1, k1; repeat from \* until end.

Ribbing Row 2 (RS): P1, \*k1, p1; repeat from \* until end.

Continue as established until the hem measures 4 cm / 1.5 inches or the desired length ending with a WS row. Bind off all sts using the Sewn Tubular Bind Off, or other bind off method of your choice.

Good tutorials for the Sewn Tubular Bind Off:

<https://shibuiknits.com/pages/tubular-bind-off>

<https://stitchesnscraps.com/tutorial-tubular-bind-off-in-the-round/>

## SLEEVES

Use the larger needles. Starting at the underarm, pick up and knit 86 (98, 98, 98) (110, 122, 134) (146, 146, 158) sts along the sleeve opening (approximately 3 sts per 4 rows). Pm for beginning of the round.

Set-Up Round: P1,\*p2, k8, p2; repeat from \* until 1 st remains, p1.

Round 1: P1, work Round 1 of the Main Chart indicated for your size until 1 st remains, p1.

Work 3 more rounds as established.

Decrease Round: P2tog, work next round of the Main Chart until 2 sts remain, ssp. 2 sts dec'd.

Note: From now on, if you can't work the cables, because there aren't enough stitches to complete them anymore due to the decreases, work them as knit or purl instead to stay in pattern.

Repeat the Decrease Round every 8th (6th, 7th, 7th) (5th, 4th, 3rd) (3rd, 3rd, 3rd) round another 11 (17, 14, 14) (20, 26, 30) (36, 33, 39) more times. 60 (60, 66, 66) (66, 66, 70) (70, 76, 76) sts remain on the sleeve.

Work as established without any further decreases until the sleeve measures 38 cm / 15 inches or 4 cm / 1.5 inches less than the desired length.

## CUFFS

Change to smaller needles.

**Ribbing Round:** \*K1, p1; repeat from \* until end.

Continue as established until the cuff measures 4 cm / 1.5 inches or the desired length.

Bind off all sts using the Sewn Tubular Bind Off, or other bind off method of your choice.

Work the second sleeve accordingly.

## BUTTONBAND

Using your larger needles, begin picking up stitches at the bottom of the right front piece and pick up and knit 1 st in every row along the right front piece. Then pick up and knit 1 st from each casted on stitch at the back neck and continue picking up and knitting sts along the left front until you reach the bottom hem. Break yarn.

CO 16 sts on your larger needles and place them in front of the stitches on the right front.

Row 1 (RS): Sl1 purlwise wyif, \*knit 1, sl1 wyif; repeat from \* until 1 st remains of the 16 buttonband sts, then ssk the stitch together with the first stitch picked from the right front. Turn the work.

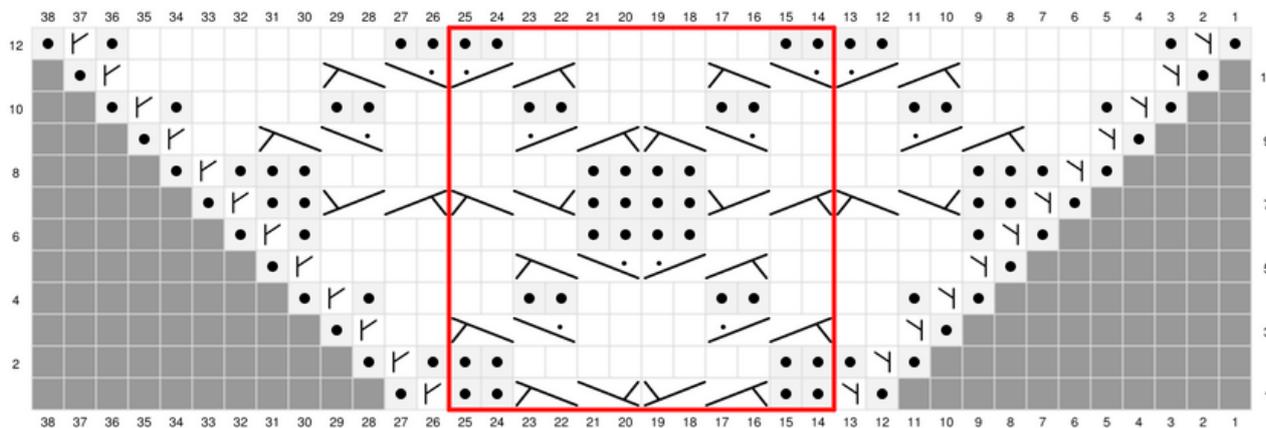
Row 2 (WS): \*Sl1 wyif, k1; repeat from \* until the end. Turn the work.

Repeat Rows 1-2 until you reach the end of the left front, ending with a RS row. Then bind off all sts as if to purl.

FINISHING

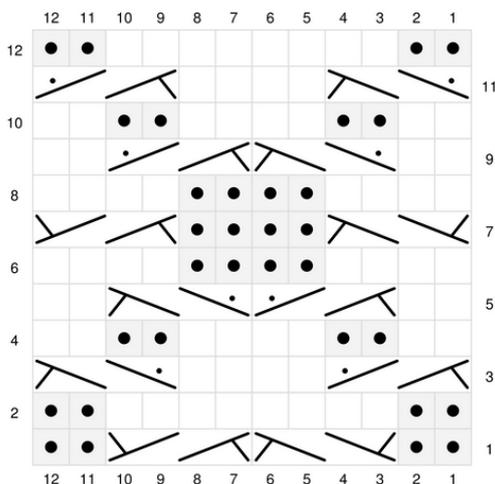
Weave in all remaining yarn ends. Wet block to measurements. Attach the buttons.

## Back Increase Chart (all sizes)

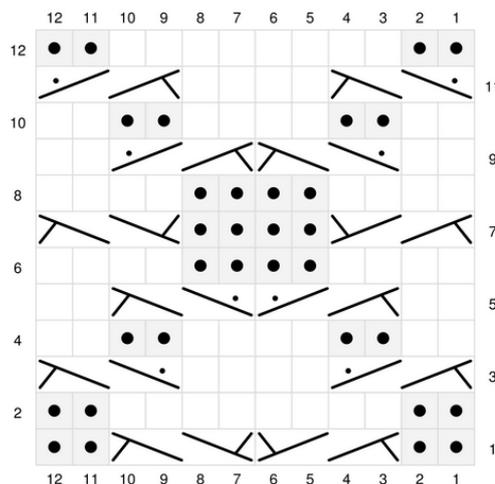


### Main Chart for sizes 1, 3, 5, 7 and 9

(Note: Change to working with the Main chart for sizes 2, 4, 6, 8 and 10 after joining the fronts and the back)



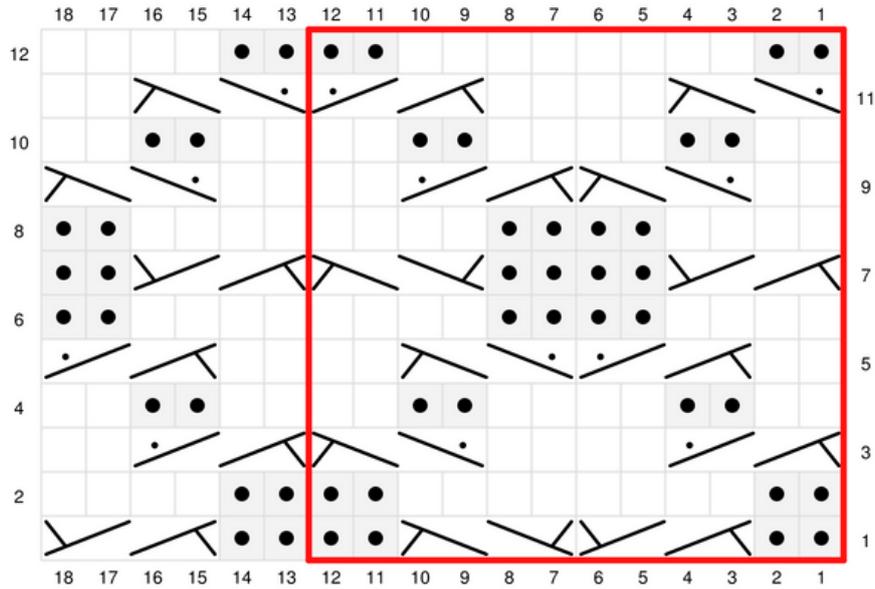
### Main Chart for sizes 2, 4, 6, 8 and 10



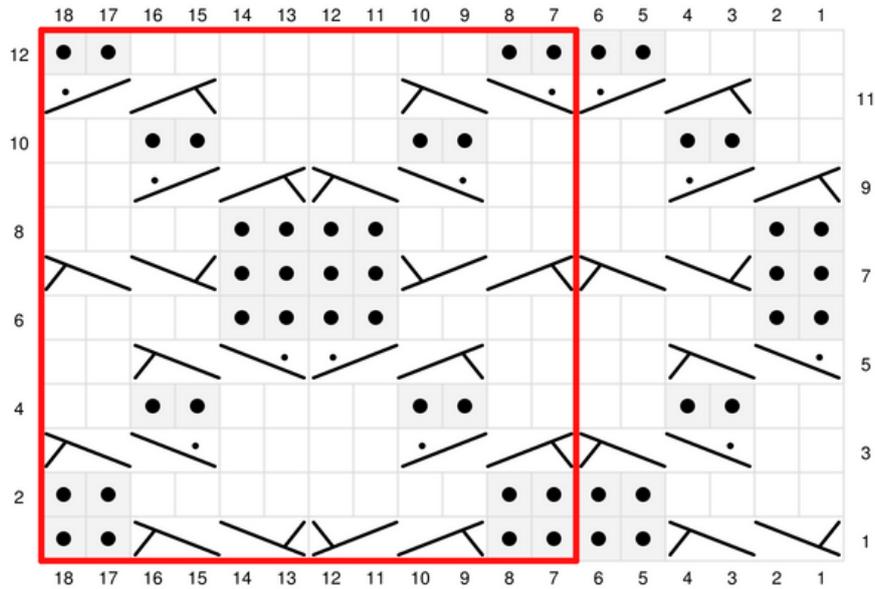
	RS: Knit WS: Purl
	RS: Purl WS: Knit
	no stitch
	RS: m1L WS: m1Lp
	RS: m1R WS: m1Rp

	2/2 LC
	2/2 RC
	2/2 LCP
	2/2 RCP
	Pattern repeat outlined with red

***Left Front Chart for sizes 1, 3, 5, 7 and 9***  
*(Sizes 2, 4, 6, 8 and 10: Use the Main chart indicated for your size!)*



***Right Front Chart for sizes 1, 3, 5, 7 and 9***  
*(Sizes 2, 4, 6, 8 and 10: Use the Main chart indicated for your size!)*





Thank you for knitting my patterns!

If you need inspiration for your next project, check out my other knitting patterns on

Ravelry:

<https://www.ravelry.com/designers/sari-nordlund>

Follow Sari's Instagram for inspiration

[https://www.instagram.com/sari\\_n/](https://www.instagram.com/sari_n/)

Subscribe to Sari's YouTube channel for behind the scenes material

<https://www.youtube.com/c/SariNordlund/featured>