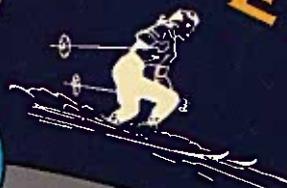
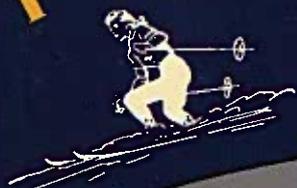


LILLEHAMMER

GENSEREN



1994

DALE ER UTSTYRSLEVERANDØR FOR DEN NORSKE OL-TROPP UNDER XVII OLYMPISKE VINTERLEKER PÅ LILLEHAMMER 1994



Heilo · Dalegarn



VI ØNSKER ALPINISTENE VÅRE LYKKE TIL, FRA VENSTRE; ASTRID LØDE MEL, ATLE SKÅRDAL, KARI ANNE S

HØVEDSPONSOR TIL ALPINT HERBER: BERGESEN & AS

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*Dale er utstyrsleverandør
for den norske OL-tropp
under de
XVII olympiske
vinterleker
på Lillehammer 1994*



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LILLEHAMMER-GENSERENS HISTORIE

*D*ales design vektlegger alltid en harmonisk balanse mellom det tradisjonelle og det moderne. Lillehammer designet domineres av fire viktige figurer fra den frodige, Nørrøne mytologien.

Frøya, den mest berømte av gudinnene. Hun er Gudinne for Kjærlighet og Fruktbarhet, og hun innehar en magisk kraft til å se inn i både fortid og fremtid. Hun har også en nær forbindelse med det underjordiske og dets skjulte krefter.

LILLEHAMMER, 1994



Shown on Pages 2 & 3 of Color Leaflet

Woman's/Man's Pullover

SIZES: S M L XL

MATERIALS: HEILO

Models A and D:

Main Color:	350	400	450	500 gr
Contrast Color 1:	450	500	550	600 gr
Contrast Color 2:	50	50	50	50 gr
Contrast Color 3:	50	50	50	50 gr
Contrast Color 4:	50	50	50	50 gr

Models B, C and E:

Main Color:	450	500	550	600 gr
Contrast Color 1:	350	400	450	500 gr
Contrast Color 2:	50	50	50	50 gr
Contrast Color 3:	50	50	50	50 gr
Contrast Color 4:	50	50	50	50 gr

COLOR SUGGESTIONS:

Model	Main Color	Contrast Color
A	Natural 0020	CC1 - Charcoal Gray 0007 CC2 - Charcoal 0083 CC3 - Flame Red 3918 CC4 - Teal Green 7562
B	Flame Red 3918	CC1 - Natural 0020 CC2 - Teal Green 7562 CC3 - Charcoal 0083 CC4 - Gold 2537
C	Deep Blue 5655	CC1 - Natural 0020 CC2 - Dark Plum 4845 CC3 - Dark Aqua 6545 CC4 - Reddish Purple 5036

Model	Main Color	Contrast Color
D	Natural 0020	CC1 - Norwegian Blue 5744 CC2 - Dark Aqua 6545 CC3 - Flame Red 3918 CC4 - Gold 2537
E	Charcoal 0083	CC1 - Natural 0020 CC2 - Teal Green 7562 CC3 - Flame Red 3918 CC4 - Goldenrod 2427

SUGGESTED NEEDLE SIZE:

Cir and dp needles in US sizes 2 (2½mm) and 3 (3mm) or 4 (3½mm).
Crochet hook in US size B/1 (2mm). Use size to obtain correct gauge.

FINISHED MEASUREMENTS:

Size	Chest	Length	Sleeve Length
S	45¾" (116cm)	26" (66cm)	18" (46cm)
M	47¼" (120cm)	26¾" (68cm)	18¾" (48cm)
L	49½" (126cm)	27½" (70cm)	19¾" (50cm)
XL	52¾" (134cm)	28¼" (72cm)	20½" (52cm)

GAUGE: 24 sts and 28 rds of pattern = 4" (10cm)

NOTE: Watch your gauge carefully!

BODY: For models B, C and E use MC, for models A and D use CC1 and smaller cir needle to C O 244 - 250 - 264 - 278 sts. Work in a rd. Work K1, P1 ribbing for 2¼" (6cm) and inc on last rd 34 - 40 - 38 - 44 sts evenly spaced. Change to larger cir needle. Place a marker at beg of rd and after 139 - 145 - 151 - 161 sts = sidemarkers. Work Pattern I. NOTE: Reverse MC and CC1 on gpr for models A and D. Beg pattern

as shown on graph, stop at sidemarker and beg again as shown on graph, in order to make pattern uniform on front and back. Work Main Pattern until body measures approximately 10¼" (26cm) - 11" (28cm) - 11¾" (30cm) - 12½" (32cm), stopping after sixth rd of Main Pattern repeat. Work Pattern II. NOTE: For models A and D, last rd of Pattern II is in MC, not CC1 as shown on graph. When Pattern II is complete, body should measure approximately 22¾" (58cm) - 23½" (60cm) - 24½" (62cm) - 25¼" (64cm). Work Pattern III (see graph for sleeve). NOTE: Reverse MC and CC1 on graph for models A and D. Beg front neck shaping now.

FRONT NECK SHAPING: COFF 19 - 19 - 19 - 21 center sts of front for front neck opening. Work back and forth, Rs beg at neck opening. Cont to COFF, 3 - 4 - 5 - 5 sts at beg of next 2 Rs, 3 sts at beg of next 2 Rs, 2 sts at beg of next 4 - 4 - 4 - 6 Rs, and 1 st at beg of next 6 - 8 - 8 - 6 Rs. But when there are 8 Rs rem in Pattern III, beg back neck shaping.

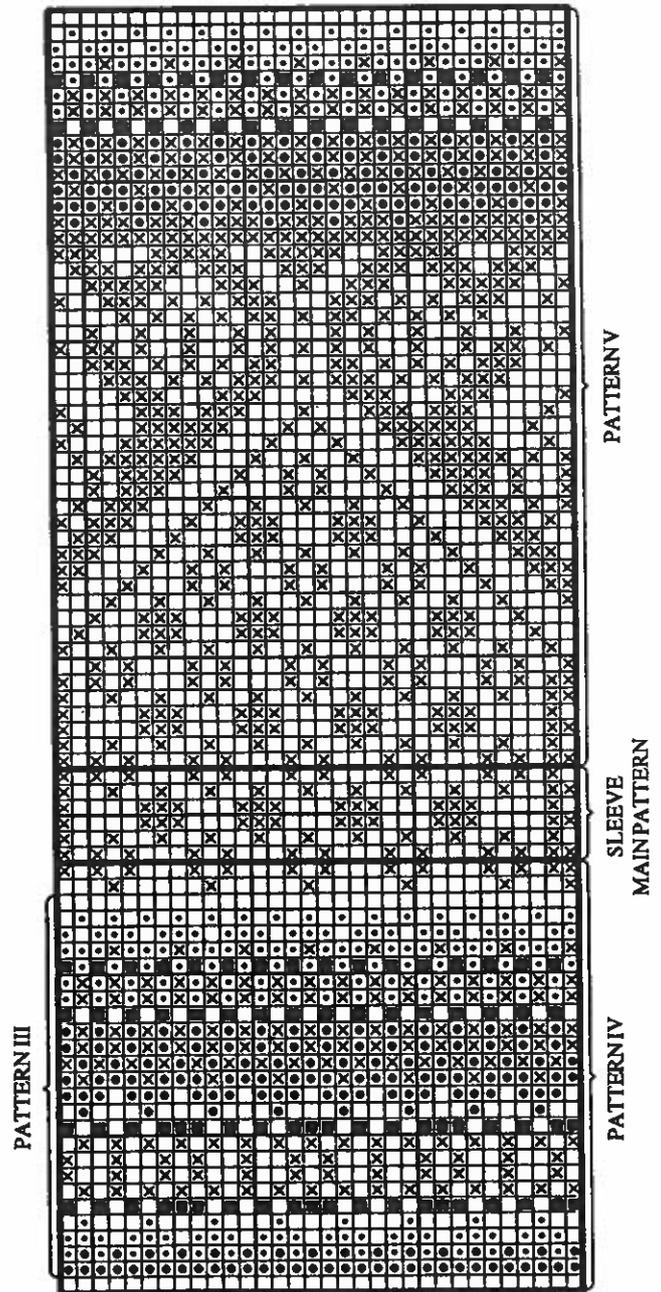
BACK NECK SHAPING: COFF 33 - 35 - 37 - 41 center sts for back neck opening. Work each side separately. Cont to COFF at back neck opening every other R, 5 sts 1 time and 1 st 1 - 2 - 2 - 2 times. Complete Pattern III. For models B, C and E use MC, for models A and D use CC1 to K 1 R on RS, K 1 R on WS. COFF. Complete other side to match, reversing shaping.

SLEEVES: For models B, C and E use MC, for models A and D use CC1 and smaller dp needles to CO 46 - 48 - 50 - 52 sts. Work in ar. Work K 1, P 1 ribbing for 2¼" (6cm) and inc on lastrd 24 - 26 - 26 - 26 sts evenly spaced. Change to larger dp needles. Work Pattern IV. NOTE: Reverse MC and CC1 on graph for models A and D. Center st on graph = center st of sleeve. At the same time, inc 1 st at beg and end of rd, always leaving 2 sts between inc sts, every fourth rd 29 - 30 times for sizes S - M, and every fourth rd 27 - 29 times and every other rd 7 - 6 times for sizes L - XL. Work Sleeve Main Pattern until sleeve measures approximately 11½" (29cm) - 12¼" (31cm) - 13" (33cm) - 13¾" (35cm), stopping after sixth rd of Sleeve Main Pattern repeat. Work Pattern V. NOTE: Reverse MC and CC1 on last 14 rds of graph for models A and D. When Pattern V is complete, sleeve should measure 18" (46cm) - 18¾" (48cm) - 19¾" (50cm) - 20½" (52cm). For models B, C and E use MC, for models A and D use CC1 to K 1 rd, then P 6 rds for sleeve facing. COFF.

FINISHING: Steam pieces lightly from WS. Sew seams with yarn. Measure upper edge of sleeve without stretching. Mark off this width on each side of the body, from the top down, for sleeve openings. Sew 2 machine seams along sides and across bottom of each sleeve opening area = 4 sts in width. Cut between pairs of machine seams. Sew shoulders tog from RS through PR = K on WS. Sew sleeves in from RS through first st inside machine seams on body and through lower loops of first Prd of sleeve facing. Sew facing over cut edges on WS of body.

NECKBAND: For models B, C and E use MC, for models A and D use CC1, smaller dp needles and crochet hook to pick up 112 - 112 - 120 - 120 sts around neck opening. Hold crochet hook as you would a knitting needle. Knit sts up from RS. Push sts up shank of hook and over onto dp needles. Work in ar. Work Neckband Pattern. NOTE: Reverse MC and CC1 on graph for models A and D. Dec 1 st at center of each shoulder every third rd. For models B, C and E use MC, for models A and D use CC1 to P 1 rd, then K 14 rds and inc as for earlier dec. COFF. Fold neckband at Prd and sew loosely to WS.

Woman's/Man's Pullover: Sleeve



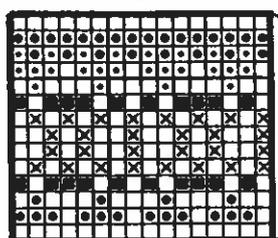
Center st for sleeve

Color Key for Woman's/Man's Pullover:
Neckband, Sleeve and Body Graphs

- = MC = Natural/Flame Red/Deep Blue/Natural/Charcoal
- ⊗ = CC1 = Charcoal Gray/Natural/Natural/Norwegian Blue/Natural
- ⊕ = CC2 = Charcoal/Teal Green/Dark Plum/Dark Aqua/Teal Green
- ⊖ = CC3 = Flame Red/Charcoal/Dark Aqua/Flame Red/Flame Red
- = CC4 = Teal Green/Gold/Reddish Purple/Gold/Goldenrod

NOTE: For models A and D, MC and CC1 are reversed in Pattern I, Pattern III, Pattern IV, Neckband Pattern and last 14 rds of Pattern V.

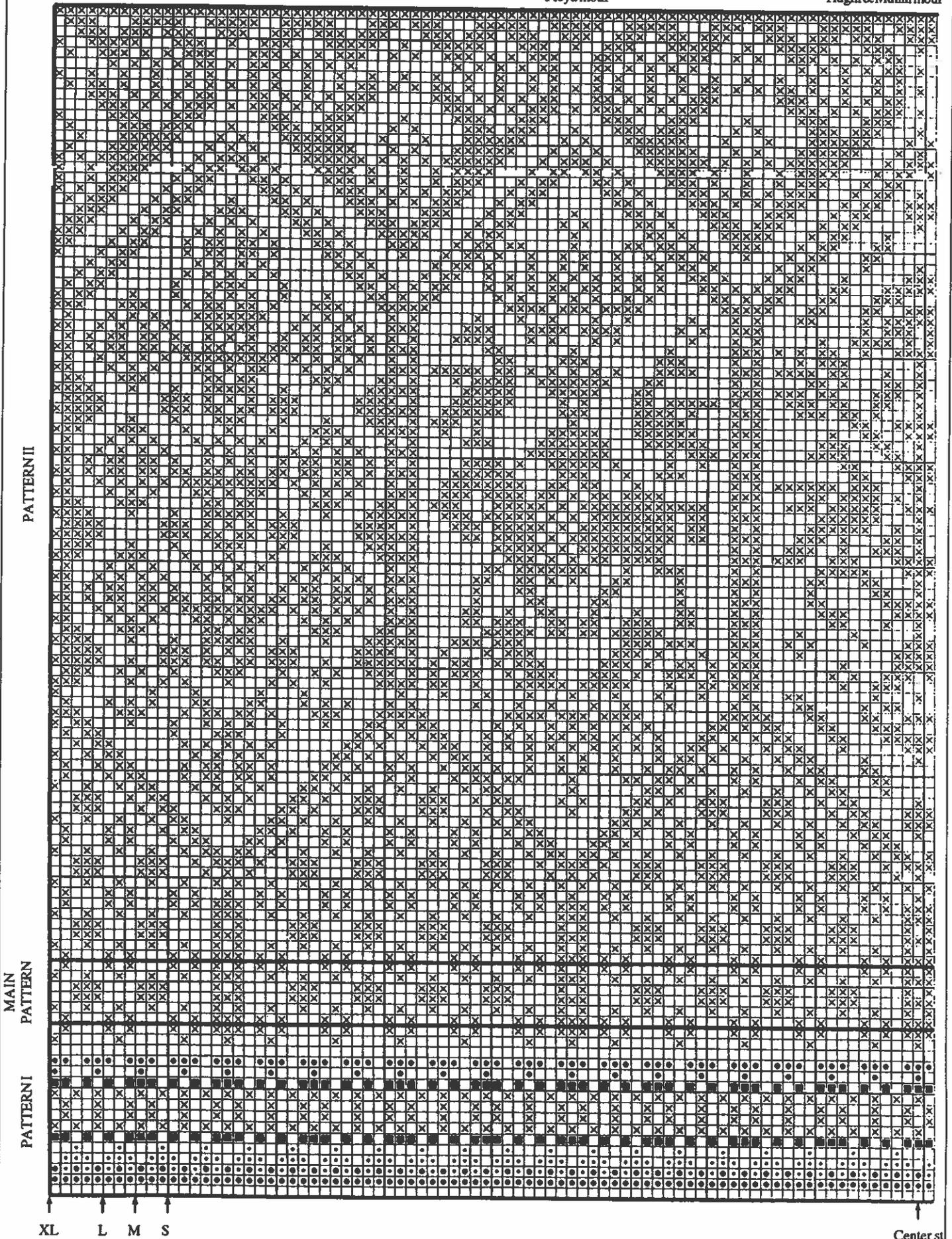
Woman's/Man's Pullover: Neckband



NECKBAND PATTERN

Freya motif

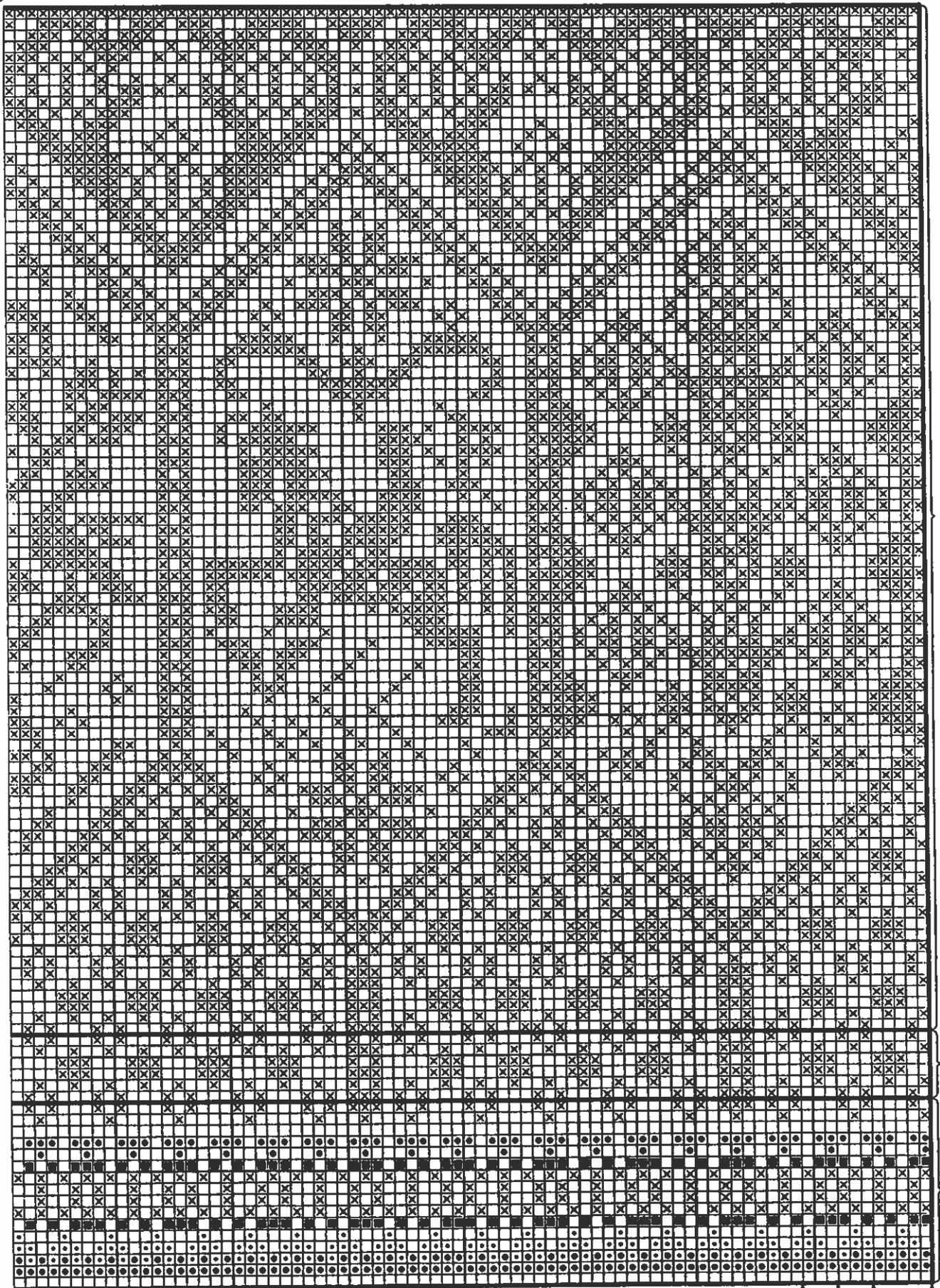
Hugin & Munin motif



Woman's/Man's Pullover: Body

Hugin & Munin motif

Odin motif



PATTERN II

MAIN PATTERN

PATTERN I

S M L XL

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Shown on Page 4 of Color Leaflet

Woman's/Man's Cap Version 1

MATERIALS: HEILO

Main Color: 100 gr
 Contrast Color 1: 100 gr

COLOR SUGGESTIONS: As for pullover

SUGGESTED NEEDLE SIZE:

Short cir needle and dp needles in US size 2 (2½mm). Use size to obtain correct gauge.

GAUGE: 28 sts = 4" (10cm)

NOTE: Watch your gauge carefully!

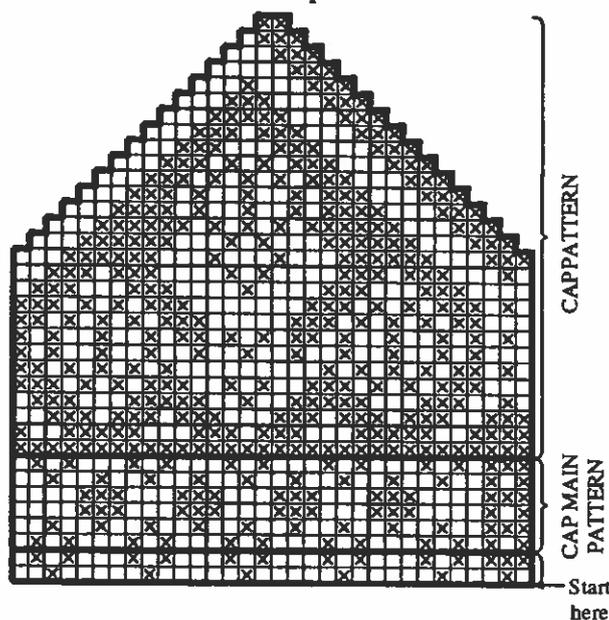
SIDES: For models B, C and E use MC, for models A and D use CC1 and cir needle to CO 126 sts. Work in ard. Work 8 rds reverse st st and inc on last rd 34 sts evenly spaced = 160 sts on needle. For all models use MC to K 1 rd. Work 19 rds of Cap Main Pattern, beg as shown on graph.

SIDESLANT: Place first 35 sts of rd on a holder = center front of cap. Work back and forth. Cont to work Cap Main Pattern as before. Place first 7 sts of each R on holder and cont in this manner until there are 20 sts rem on needle. Move all sts back to needle and work in ard again. For models B, C and E use MC, for models A and D use CC1 to work 8 rds reverse st st. C OFF. Turn reverse st st borders inward and sew loosely to WS of cap to form rolled edging at top and bottom (see picture).

CROWN: Using MC and cir needle, CO 120 sts. Work in ard. Work 5 rds st st (= facing) and inc on last rd 1 st in every third st = 160 sts on needle. Turn work with WS facing out and K 1 rd. Work Cap Pattern and beg dec on fourteenth rd as shown on graph. There should be 3 sts of CC1 between each pattern motif. Dec over each set of CC sts in this manner: S1 first 2 CC sts tog from left needle to right needle knitwise, K next st, then pass the 2 sl sts tog over the K st = 2 sts dec. Do this 5 times on each rd, and tighten yarn well. Change to dp needles when rd becomes too small for cir needle. Dec until there are 10 sts rem. Gather rem sts on a piece of yarn and fasten off.

FINISHING: Steam pieces lightly from WS. Sew sides and crown tog from RS along the rolled edging on sides and through upper loops of fifth rd of facing on crown. Sew facing down on WS of cap.

Woman's/Man's Cap Version 1



□ = MC = Natural/Flame Red/Deep Blue/Natural/Charcoal
 ⊗ = CC1 = Charcoal Gray/Natural/Natural/Norwegian Blue/Natural

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Albertville, 1992

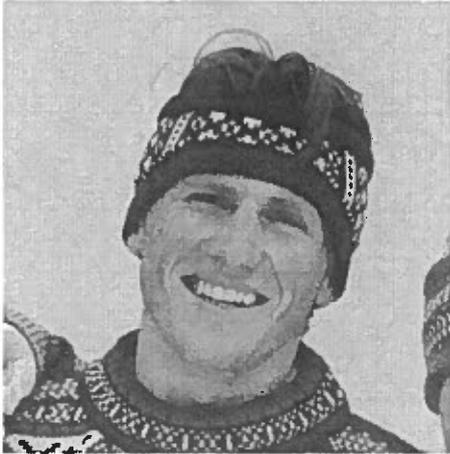
Named after the site of the 1992 Olympics in Albertville, France.

Falun, 1993

Named after the site of the 1993 World Cup races in Falun, Sweden.

When ordering, ask for them by name.

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Shown on Page 1 of Color Leaflet

Woman's/Man's Headband

MATERIALS: HEILO

Main Color: 50 gr
Contrast Color 1: 50 gr

COLOR SUGGESTIONS: As for pullover

SUGGESTED NEEDLE SIZE:

As for cap version 1. Use size to obtain correct gauge.

GAUGE: 28 sts = 4" (10cm)

NOTE: Watch your gauge carefully!

CO and work reverse st st as for cap version 1. Work in a rd. Work 8 rds of Cap Main Pattern. Work side slant as for cap version 1, but move sts to holder only until there are 48 sts rem on needle. Move all sts back to needle and work in a rd again. Finish with 8 rds reverse st st as for cap version 1. COFF. Turn reverse st st borders inward and sew loosely to WS of cap to form rolled edging at top and bottom (see picture).

LILLEHAMMER



Shown on Page 1 of Color Leaflet

Woman's/Man's Cap Version 2

SIZES: WOMAN'S MAN'S

MATERIALS: HEILO

Main Color:	100	100 gr
Contrast Color 1:	50	100 gr
Contrast Color 2:	50	50 gr
Contrast Color 3:	50	50 gr
Contrast Color 4:	50	50 gr, or remnants

COLOR SUGGESTIONS: As for pullover

SUGGESTED NEEDLE SIZE:

Dp needles in US size 3 (3mm) or 4 (3½mm). Use size to obtain correct gauge.

GAUGE: 24 sts = 4" (10cm)

NOTE: Watch your gauge carefully!

For models B, C and E use MC, for models A and D use CC1 and dp needles to CO 112-120 sts. Work in a rd. Work 4 rds of K 1, P 1 ribbing. K 1 rd, then work Pattern III as for pullover, but start at third rd of graph. NOTE: Reverse MC and CC1 on graph for models A and D. For models B, C and E use MC, for models A and D use CC1 to K 1 rd, then P 1 rd = fold line. K 3 rds. Turn work with WS facing out. Work 20 rds st st and inc on last rd 1 st. Work Main Pattern, center st on pullover graph = center st of cap. Work until cap measures 8¾" (22cm) - 9½" (24cm) from fold line. On next rd, K 2 tog over entire rd. Gather rem sts on a piece of yarn and fasten off. Using MC and CC1, make a pom-pom and fasten to top of cap.

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Shown on Page 6 of Color Leaflet

Woman's/Man's Cap Version 3

MATERIALS: HEILO

- Main Color: 150 gr
 Contrast Color 1: 100 gr
 Contrast Color 2: 50 gr
 Contrast Color 3: 50 gr
 Contrast Color 4: 50 gr, or remnants

COLOR SUGGESTIONS: As for pullover

SUGGESTED NEEDLE SIZE:

Short cir and dp needles in US sizes 2 (2½mm) and 3 (3mm). Use size to obtain correct gauge.

GAUGE: 26 sts = 4" (10cm)

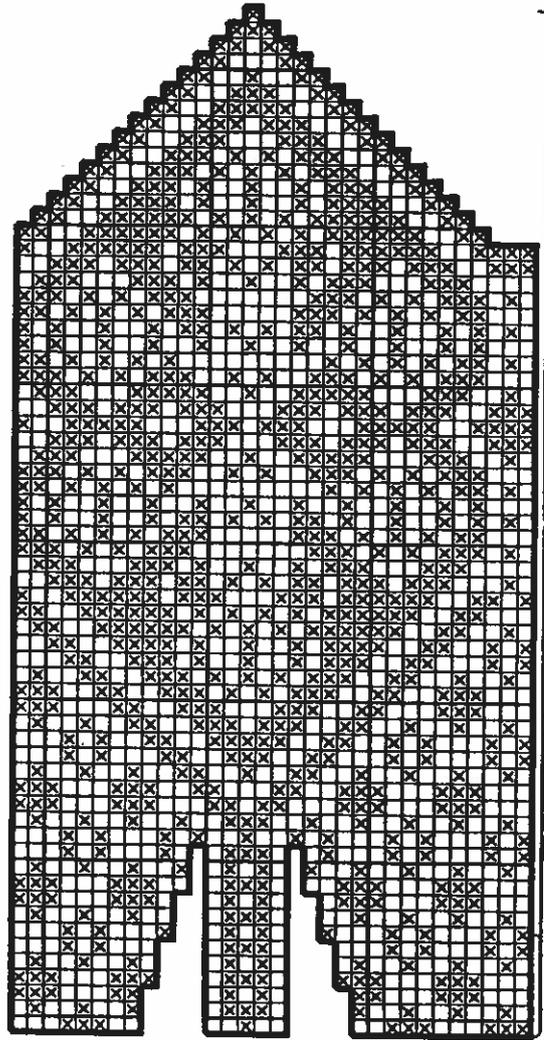
NOTE: Watch your gauge carefully!

SIDES: For models B, C and E use MC, for models A and D use CC1 and smaller cir needle to CO 116 sts. Work in a rd. Work 10 rds reverse st st. Work Cap Pattern I. **NOTE:** Reverse MC and CC1 on graph for models A and D. Inc on first rd 28 sts evenly spaced = inc in approximately every fourth st. There should now be 144 sts on needle. Dec on last rd of Cap Pattern I 28 sts evenly spaced. Work 10 rds reverse st st. C OFF. Turn reverse st st borders inward and sew loosely to WS of cap to form rolled edging at top and bottom (see picture).

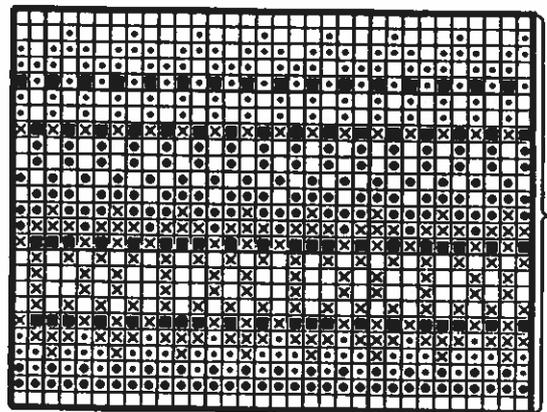
CROWN: For models B, C and E use MC, for models A and D use CC1 and smaller cir needle to CO 120 sts. Work in a rd. Work 6 rds st st, then P 1 rd = facing. Change to larger cir needle. Work Cap Pattern II and inc 1 st on each side of each stripe as shown on graph, 4 times, until there are 160 sts on needle. Complete Cap Pattern II, and dec as shown on graph and as for cap version 1. Gather rem sts on a piece of yarn and fasten off.

FINISHING: Steam pieces lightly from WS. Sew sides and crown tog from RS along rolled edging on sides, and through upper loops of P rd of crown facing.

Woman's/Man's Cap Version 3



CAPPATTERN II

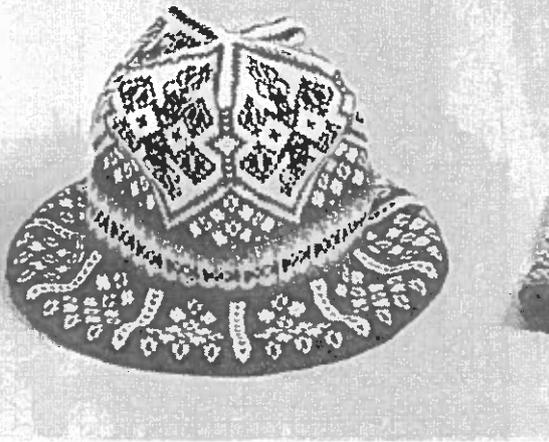


CAPPATTERN I

- = MC = Natural/Flame Red/Deep Blue/Natural/Charcoal
- ⊗ = CC1 = Charcoal Gray/Natural/Natural/Norwegian Blue/Natural
- ⊙ = CC2 = Charcoal/Teal Green/Dark Plum/Dark Aqua/Teal Green
- ⊚ = CC3 = Flame Red/Charcoal/Dark Aqua/Flame Red/Flame Red
- = CC4 = Teal Green/Gold/Reddish Purple/Gold/Goldenrod

NOTE: For models A and D, MC and CC1 are reversed in Cap Pattern I.

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Shown on Pages 5 & 7 of Color Leaflet

Woman's/Man's Hat

MATERIALS: HEILO

- Main Color: 150 gr
 Contrast Color 1: 100 gr
 Contrast Color 2: 50 gr
 Contrast Color 3: 50 gr
 Contrast Color 4: 50 gr, or remnants

COLOR SUGGESTIONS: As for pullover

SUGGESTED NEEDLE SIZE:

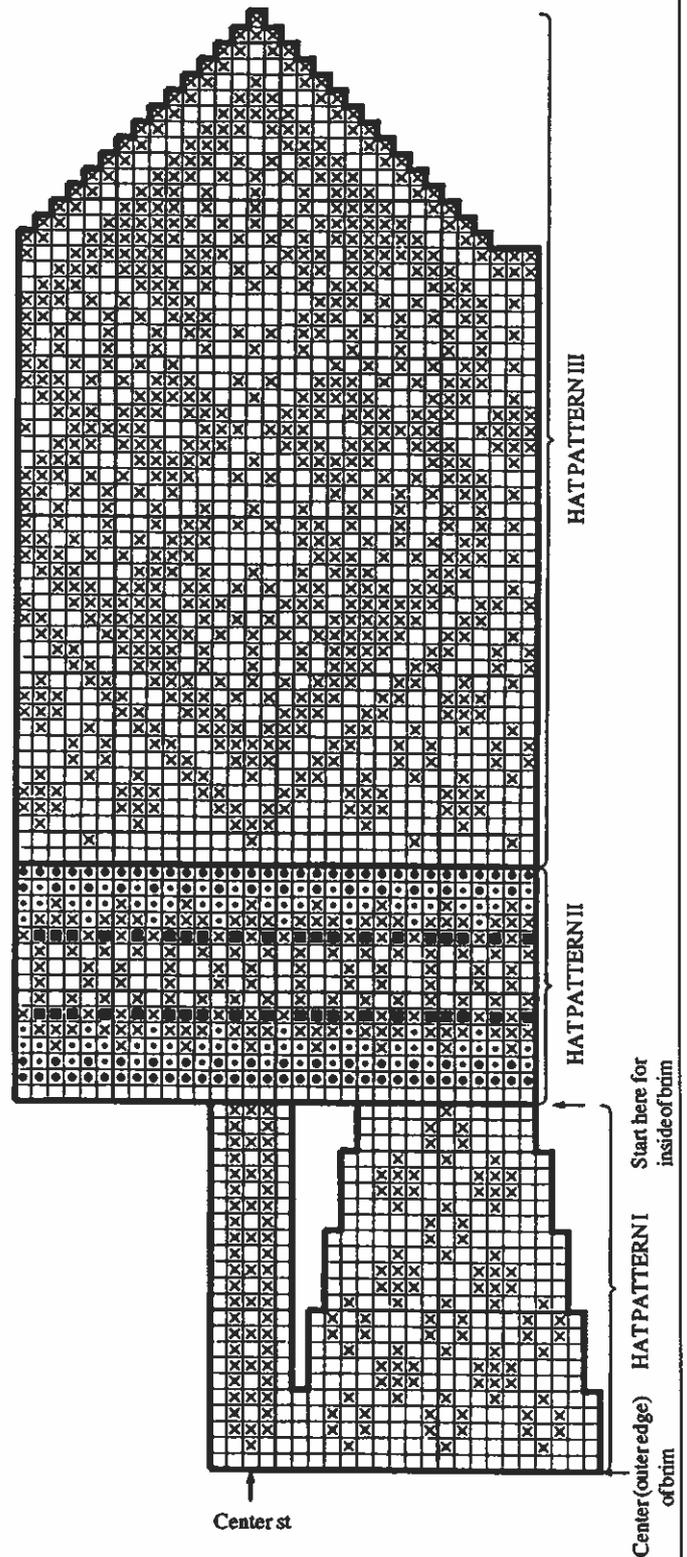
Cir and dp needles in US sizes 2 (2½mm) and 3 (3mm). Use size to obtain correct gauge.

GAUGE: 26 sts = 4" (10cm)

NOTE: Watch your gauge carefully!

For models B, C and E use MC, for models A and D use CC1 and smaller cir needle to CO 160 sts. Work in rd. Work 16 rds st st = facing. Change to larger cir needle. Place a marker at every sixteenth st. Work Hat Pattern I upside down, beg at twenty-third rd. Inc 1 st on each side of stripes as shown on graph until there are 240 sts on needle. P 5 rds. Work Hat Pattern I again, this time right side up, and dec as for earlier inc until there are 160 sts on needle again. Work Hat Pattern II. NOTE: Reverse MC and CC1 on graph for models A and D. Work Hat Pattern III. Make sure center st of graph falls at stripe on hat. Dec as shown on graph and as for cap version 1 until there are 10 sts rem. Gather rem sts on a piece of yarn and fasten off. Steam hat lightly and shape as desired. Fold brim in half at P rds and sew to WS of hat. Sew facing to WS of cap behind Hat Pattern II.

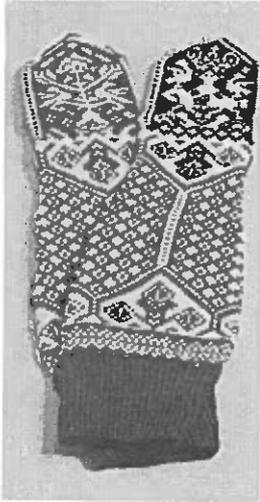
Woman's/Man's Hat



- = MC = Natural/Flame Red/Deep Blue/Natural/Charcoal
- ⊗ = CC1 = Charcoal Gray/Natural/Natural/Norwegian Blue/Natural
- ⊠ = CC2 = Charcoal/Teal Green/Dark Plum/Dark Aqua/Teal Green
- ⊡ = CC3 = Flame Red/Charcoal/Dark Aqua/Flame Red/Flame Red
- = CC4 = Teal Green/Gold/Reddish Purple/Gold/Goldenrod

NOTE: For models A and D, MC and CC1 are reversed in Hat Pattern II.

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Shown on Pages 5, 6 & 7 of Color Leaflet

Woman's/Man's Stockings

SIZES: WOMAN'S MAN'S

MATERIALS: HEILO

Main Color:	250	250 gr
Contrast Color 1:	150	150 gr
Contrast Color 2:	50	50 gr
Contrast Color 3:	50	50 gr
Contrast Color 4:	50	50 gr, or remnants

COLOR SUGGESTIONS: As for pullover

SUGGESTED NEEDLE SIZE:

Dp needles in US sizes 2 (2½mm) and 3 (3mm). Use size to obtain correct gauge.

GAUGE: 26 sts = 4" (10cm)

NOTE: Watch your gauge carefully!

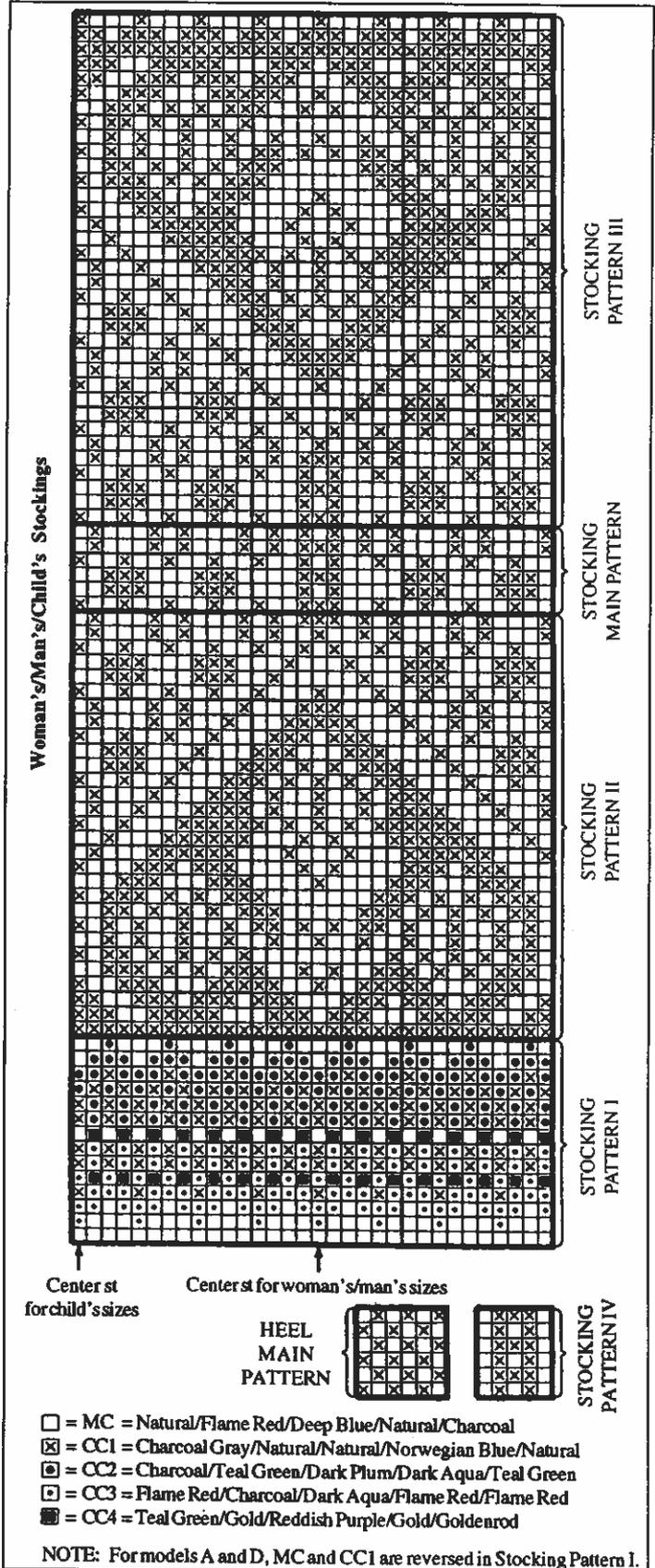
LEG: For models B, C and E use MC, for models A and D use CC1 and smaller dp needles to C O 88 - 104 sts. Work in ard. Work K 1 tbl, P 1 ribbing for 4¾" (12cm) - 5½" (14cm). Change to larger dp needles. Work Stocking Pattern I, turning graph upside down, and inc on last rd 5 sts evenly spaced. **NOTE:** Reverse MC and CC1 on graph for models A and D. Cont to turn graphs upside down. Work Stocking Pattern II, center st on graph = center front of stocking, but work Stocking Pattern IV over 5 center back sts for entire leg. When Stocking Pattern II is complete, work 30 rds of Stocking Main Pattern, but cont to work Stocking Pattern IV over center back sts. Work Stocking Pattern III. But when stocking measures 9½" (24cm) - 10¼" (26cm), beg to dec 1 st on each side of the 5 center back sts every ½" (1½cm) 13 - 16 times until there are 67 - 77 sts rem. Complete Stocking Pattern III.

HEEL: Work back and forth in Heel Main Pattern over 28 - 30 center back sts. Work until heel measures 2" (5cm) - 2¼" (5½cm).

HEEL SHAPING: Work 19 - 20 sts, turn. Always sl first st at turn and tighten it slightly. Work 10 sts, turn. Work up to 1 st before hole created by first turn, work 2 tog, work 1, turn. Cont in this manner until all side sts have been worked. There should be 18 - 20 sts rem after 12 - 14 Rs.

FOOT: Work in ard again in this manner: work 9 - 10 sts, place a marker

= center under foot, rd beg here. Work rem sts under foot, pick up 12 - 13 sts along side of heel, work instep sts, and pick up 12 - 13 sts along other side of heel. Work Heel Main Pattern on underside of foot, and work motifs over the 35 center sts of instep. For women's stockings, work Freya motif on 1 foot and Hugin and Munin motif on the other. For men's stockings, work Odin motif on 1 foot and Hugin and Munin motif on the other. See Freya and Odin motifs on graphs for mittens and beg as shown for women's mittens. For Hugin and Munin motif, see graph for pullover. At the same time dec 1 st on each side of 35 instep sts every other rd until there are 69 - 69 sts rem. Complete motifs and dec as for mittens. For a longer foot, work Heel Main Pattern over all sts to desired length.



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Shown on Pages 5 & 7 of Color Leaflet

Woman's/Man's Mittens

SIZES: WOMAN'S MAN'S

MATERIALS: HEILO

Main Color:	100	100 gr
Contrast Color 1:	50	50 gr
Contrast Color 2:	50	50 gr
Contrast Color 3:	50	50 gr
Contrast Color 4:	50	50 gr, or remnants

COLOR SUGGESTIONS: As for pullover

SUGGESTED NEEDLE SIZE:

Dp needles in US size 2 (2½mm) and 3 (3mm). Use size to obtain correct gauge.

GAUGE: 26 sts = 4" (10cm)

NOTE: Watch your gauge carefully!

HAND: For models B, C and E use MC, for models A and D use CC1 and smaller dp needles to CO 48 - 56 sts. Work in a rd. Work K 1 (tbl), P 1 ribbing for 1¼" (3cm). Change to larger dp needles. Work Mitten Pattern I and inc on last rd 10 - 0 sts. Work motifs as shown on graph and beg each size as shown on graph. Inc for thumb as shown and place 9 - 11 sts on a holder for thumb. On next rd, CO 9 - 11 new sts over sts on holder. Complete Mitten Pattern I. Dec over the 3 CC1 sts as shown on graph and as for cap version 1.

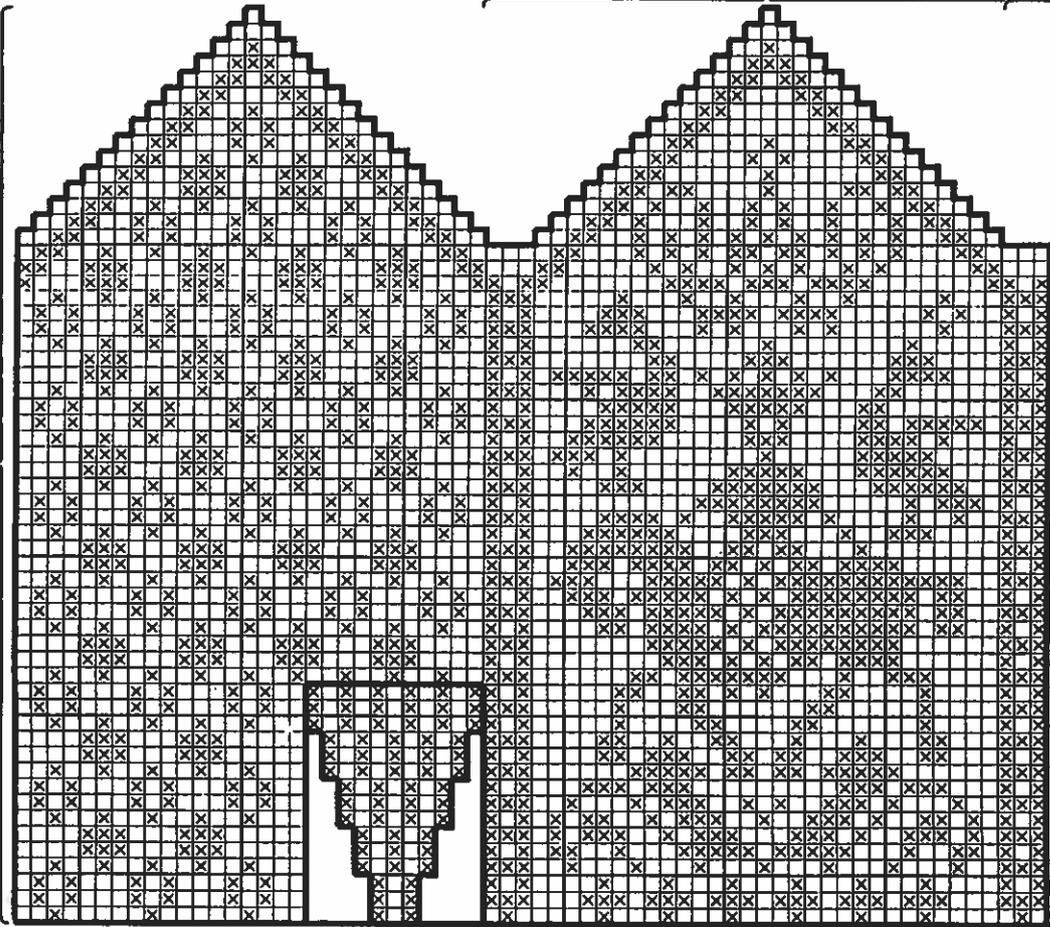
THUMB: Use smaller dp needles to pick up sts from holder and other sts around thumb opening until there are 24 - 28 sts on needles. Work in a rd. Work as shown on graph.

Make second mitten to match first, reversing position of thumb.

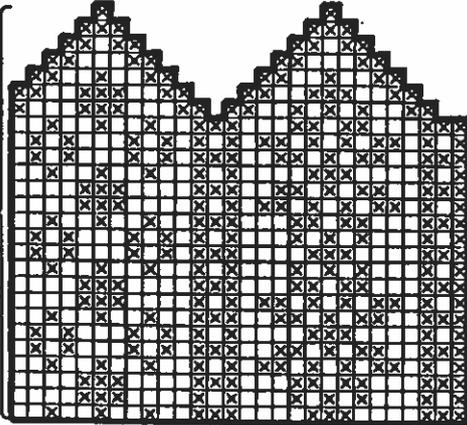
See Next Two Pages For Graph:
Woman's/Man's Mittens

FREYA

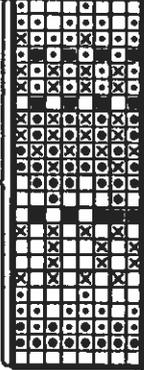
MAN'S



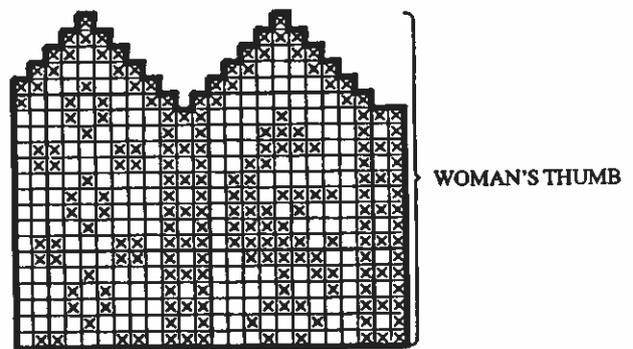
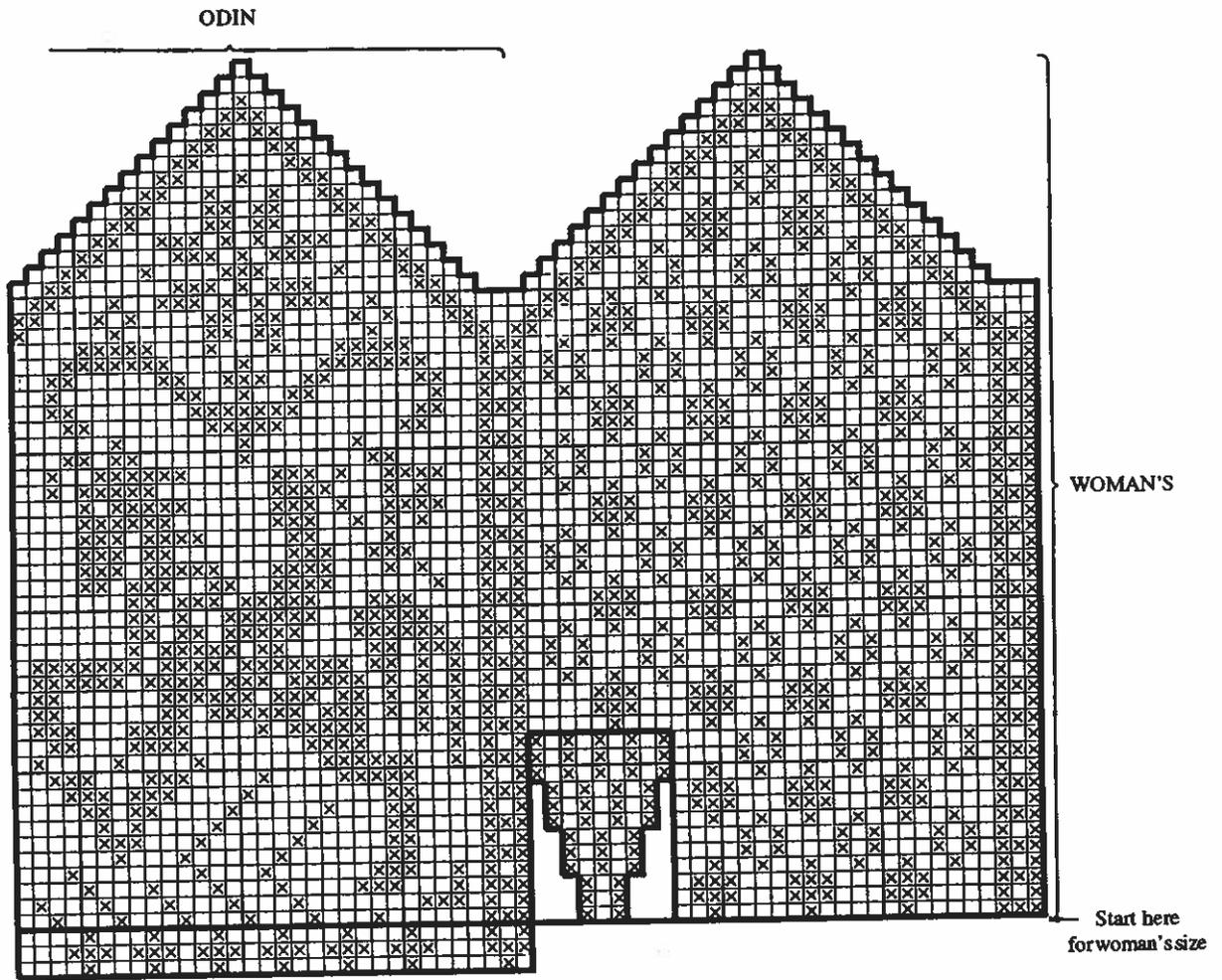
MAN'S THUMB



MITTEN PATTERN



Woman's/Man's Mittens



- = MC = Natural/Flame Red/Deep Blue/Natural/Charcoal
- ⊗ = CC1 = Charcoal Gray/Natural/Natural/Norwegian Blue/Natural
- ⊕ = CC2 = Charcoal/Teal Green/Dark Plum/Dark Aqua/Teal Green
- ⊖ = CC3 = Flame Red/Charcoal/Dark Aqua/Flame Red/Flame Red
- = CC4 = Teal Green/Gold/Reddish Purple/Gold/Goldenrod

NOTE: For models A and D, MC and CC1 are reversed in Mitten Pattern 1.

LILLEHAMMER, 1994



Shown on Pages 6 & 8 of Color Leaflet

Child's Pullover

SIZES: 2 4 6 8 10 12 yrs

MATERIALS: HEILO

Models A and D:

Main Color:	150	200	250	300	350	400 gr
Contrast Color 1:	150	150	200	250	300	350 gr
Contrast Color 2:	50	50	50	50	50	50 gr
Contrast Color 3:	50	50	50	50	50	50 gr
Contrast Color 4:	50	50	50	50	50	50 gr

Models B, C and E:

Main Color:	150	150	200	250	300	350 gr
Contrast Color 1:	150	200	250	300	350	400 gr
Contrast Color 2:	50	50	50	50	50	50 gr
Contrast Color 3:	50	50	50	50	50	50 gr
Contrast Color 4:	50	50	50	50	50	50 gr

COLOR SUGGESTIONS:

Model	Main Color	Contrast Color
A	Natural 0020	CC1 - Charcoal Gray 0007 CC2 - Charcoal 0083 CC3 - Flame Red 3918 CC4 - Teal Green 7562
B	Flame Red 3918	CC1 - Natural 0020 CC2 - Teal Green 7562 CC3 - Charcoal 0083 CC4 - Gold 2537
C	Deep Blue 5655	CC1 - Natural 0020 CC2 - Dark Plum 4845 CC3 - Dark Aqua 6545 CC4 - Reddish Purple 5036

Model D Main Color Natural 0020

Contrast Color
CC1 - Norwegian Blue 5744
CC2 - Dark Aqua 6545
CC3 - Flame Red 3918
CC4 - Gold 2537

Model E Charcoal 0083

CC1 - Natural 0020
CC2 - Teal Green 7562
CC3 - Flame Red 3918
CC4 - Goldenrod 2427

SUGGESTED NEEDLE SIZE:

Cir and dp needles in US sizes 2 (2½mm) and 3 (3mm) or 4 (3½mm).
Crochet hook in US size B/1 (2mm). Use size to obtain correct gauge.

FINISHED MEASUREMENTS:

Size	Chest	Length	Sleeve Length
2	27¼" (69cm)	15" (38cm)	11" (28cm)
4	30" (76cm)	16¼" (41cm)	12¼" (31cm)
6	32¼" (82cm)	17¼" (44cm)	13½" (34cm)
8	34¼" (87cm)	18¾" (48cm)	14½" (37cm)
10	37" (94cm)	20¾" (53cm)	15¼" (39cm)
12	39¾" (101cm)	22½" (57cm)	16¼" (41cm)

GAUGE: 24 sts and 28 rds of pattern = 4" (10cm)

NOTE: Watch your gauge carefully!

BODY: For models B, C and E use MC, for models A and D use CC1 and smaller cir needle to CO 146 - 160 - 174 - 184 - 198 - 212 sts. Work in a rd. Work K 1, P 1 ribbing for 1½" (4cm) - 1½" (4cm) - 2" (5cm) - 2" (5cm) - 2" (5cm) - 2" (5cm) and inc on last rd 20 - 22 - 24 - 26 - 28 - 30 sts evenly spaced. Change to larger cir needle. Place a marker at beg of rd and after 83 - 91 - 99 - 105 - 113 - 121 sts = sidemarkers. Work

Pattern I, beg as shown on graph, stop at sidemarker and beg again as shown on graph in order to make pattern uniform on front and back.
NOTE: Reverse MC and CC1 on graph for models A and D. For sizes 2-4-6 yrs, work Main Pattern until body measures approximately 9" (23cm) - 10¼" (26cm) - 11½" (29cm), stopping after sixth rd of Main Pattern repeat. For sizes 8-10-12 yrs, work Pattern II, then Main Pattern until body measures approximately 13" (33cm) - 15" (38cm) - 16½" (42cm), stopping after sixth rd of Main Pattern repeat. For all sizes, work Pattern III. Work until there are 14 rds of pattern rem, then beg front neckshaping. **NOTE:** Reverse MC and CC1 on last 14 rds of graph for models A and D.

FRONT NECK SHAPING: COFF 11-13-13-15-15-17 center sts of front for front neck opening. Work back and forth, Rs beg at neck opening. Cont to COFF, 3 sts at beg of next 2-2-2-4-4-2 Rs, 2 sts at beg of next 4-4-4-0-0-6 Rs, and 1 st at beg of next 4-4-4-8-8-4 Rs. But when there are 5 Rs of Pattern III rem, beg back neck shaping.

BACK NECK SHAPING: COFF 19-21-21-25-25-29 center sts for back neck opening. Work each side separately. Cont to COFF at back neck opening every other R, 4 sts 1 time and 1 st 1 time. Complete Pattern III. **NOTE:** Remember to reverse MC and CC1 on graph for models A and D. When Pattern III is complete, use MC for models B, C and E, CC1 for models A and D to P 1 R on RS. COFF.

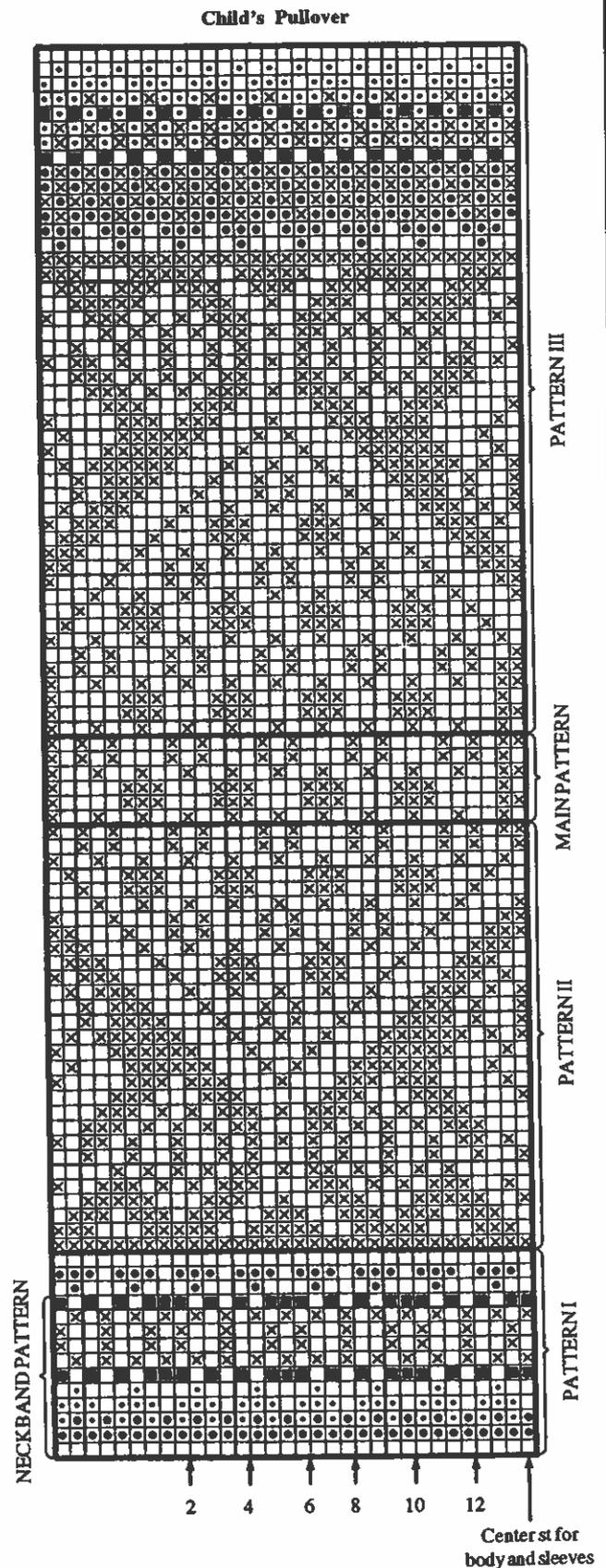
SLEEVES: For models B, C and E use MC, for models A and D use CC1 and smaller dp needles to CO 38-40-42-44-46-48 sts. Work in a rd. Work ribbing as for body and inc on last rd 16-16-16-18-18-18 sts evenly spaced. Change to larger dp needles. Work Pattern I. **NOTE:** Reverse MC and CC1 on graph for models A and D. Inc 1 st at beg and end of every fourth rd, always leaving 2 sts between inc sts, over entire sleeve. Work Main Pattern until sleeve measures approximately 5" (13cm) - 6¼" (16cm) - 7½" (19cm) - 8¾" (22cm) - 9½" (24cm) - 10¼" (26cm), stopping after sixth rd of Main Pattern repeat. Work Pattern III. **NOTE:** Reverse MC and CC1 on last 14 rds of graph for models A and D. When Pattern III is complete, use MC for models B, C and E, CC1 for models A and D to P 6 rds for sleeve facing. COFF.

FINISHING: Steam pieces lightly from WS. Sew seams with yarn. Measure upper edge of sleeve without stretching. Mark off this width on each side of the body, from the top down, for sleeve openings. Sew 2 machine seams along sides and across bottom of each sleeve opening area = 4 sts in width. Cut between pairs of machine seams. Sew shoulders tog from RS through PR = K on WS. Sew sleeves in from RS through first st inside machine seams on body and through lower loops of first P rd of sleeve facing. Sew facing over cut edges on WS of body.

NECKBAND: For models B, C and E use MC, for models A and D use CC1, smaller dp needles and crochet hook to pick up 88-96-96-104-104-112 sts around neck opening. Hold hook as you would a knitting needle. Knit sts up from RS. Push sts up shank of hook and over onto dp needles. Work in a rd. K 1 rd. Work Neckband Pattern = 11 rds. **NOTE:** Reverse MC and CC1 on graph for models A and D. When Neckband Pattern is complete, use MC for models B, C and E, CC1 for models A and D to P 1 rd, then K 12 rds for facing. COFF. Fold neckband at P rd and sew loosely to WS.

- = MC = Natural/Flame Red/Deep Blue/Natural/Charcoal
- ⊗ = CC1 = Charcoal Gray/Natural/Natural/Norwegian Blue/Natural
- ⊕ = CC2 = Charcoal/Teal Green/Dark Plum/Dark Aqua/Teal Green
- ⊖ = CC3 = Flame Red/Charcoal/Dark Aqua/Flame Red/Flame Red
- = CC4 = Teal Green/Gold/Reddish Purple/Gold/Goldenrod

NOTE: For models A and D, MC and CC1 are reversed in Pattern I, Neckband Pattern, and last 14 rds of Pattern III.



LILLEHAMMER



Not Shown in Color Leaflet
Same as Woman's/Man's Cap Version 2

Child's Cap Version 2

SIZES: 6/8 10/12 yrs

MATERIALS: HEILO

Main Color:	100	100 gr
Contrast Color 1:	50	50 gr
Contrast Color 2:	50	50 gr
Contrast Color 3:	50	50 gr
Contrast Color 4:	50	50 gr, or remnants

COLOR SUGGESTIONS: As for pullover

SUGGESTED NEEDLE SIZE:

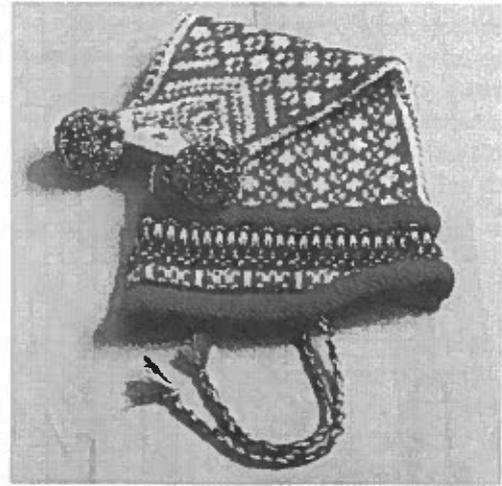
Dp needles in US size 3 (3mm) or 4 (3½mm). Use size to obtain correct gauge.

GAUGE: 24 sts and 28 rds of pattern = 4" (10cm)

NOTE: Watch your gauge carefully!

For models B, C and E use MC, for models A and D use CC1 and dp needles to CO 96 - 104 sts. Work in ar.d. Work 4 rds K 1, P 1 ribbing. K 1 rd. Work Pattern I as for pullover. NOTE: Reverse MC and CC1 on graph for models A and D. For models B, C and E use MC, for models A and D use CC1 to K 1 rd, P 1 rd = fold line, then K 3 rds. Turn work with WS facing out. K 11 rds and inc on last rd 1 st. Work Main Pattern, center st on pullover graph = center st of cap. Work until cap measures 6¾" (17cm) - 7½" (19cm) from fold line. On next rd, K 2 tog over entire rd. Gather rem sts on a piece of yarn and fasten off. Using MC and CC1, make a pom pom and fasten to top of cap.

LILLEHAMMER



Shown on Pages 6, 7 & 8 of Color Leaflet

Child's Cap Version 4

SIZES: 2/4 6 8/10 12 yrs

MATERIALS: HEILO

Main Color:	100	100	100	150 gr
Contrast Color 1:	100	100	100	150 gr
Contrast Color 2:	50	50	50	50 gr
Contrast Color 3:	50	50	50	50 gr
Contrast Color 4:	50	50	50	50 gr

COLOR SUGGESTIONS: As for pullover

SUGGESTED NEEDLE SIZE:

Dp needles in US size 3 (3mm) and 4 (3½mm). Use size to obtain correct gauge.

GAUGE: 24 sts = 4" (10cm)

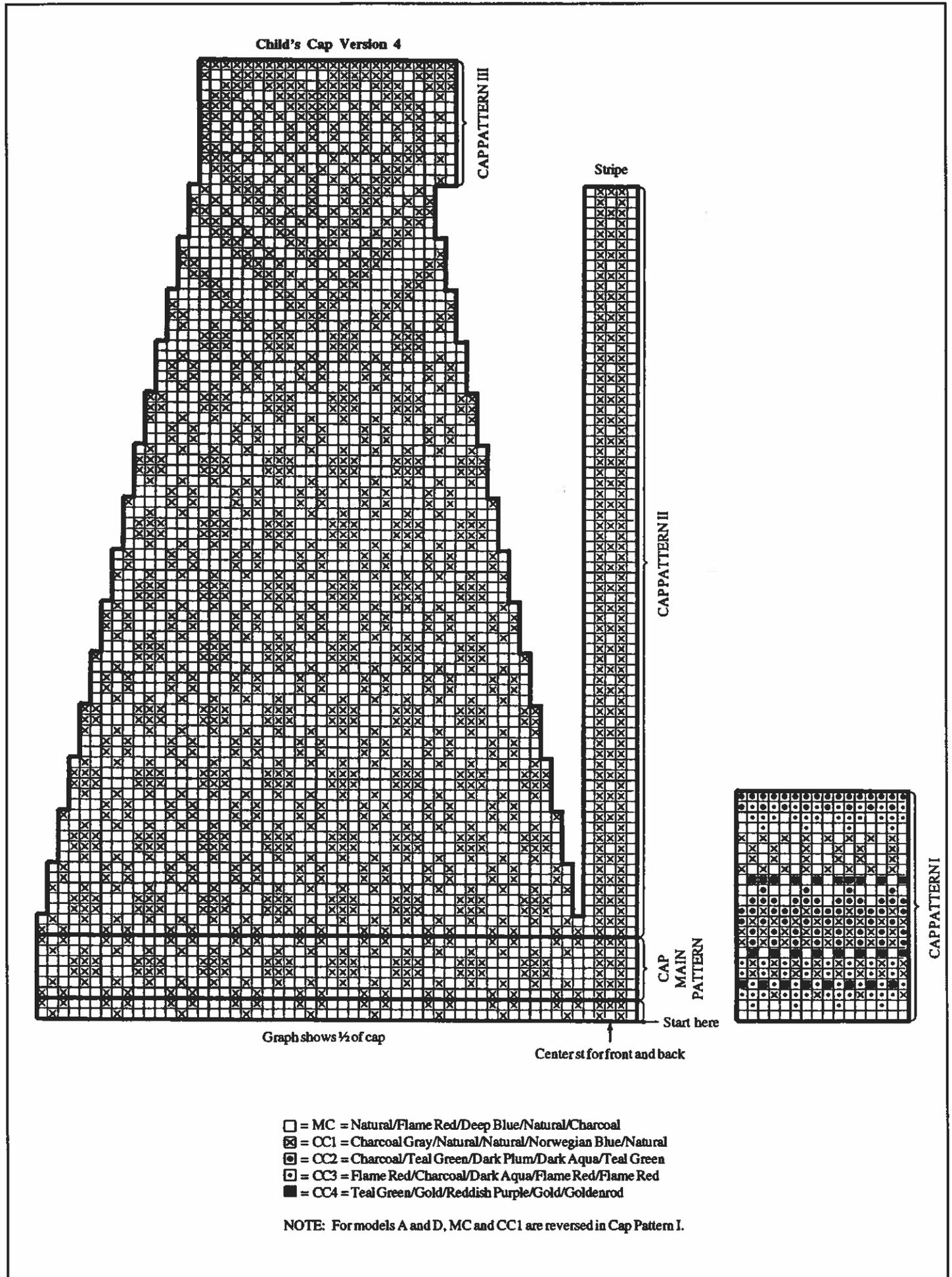
NOTE: Watch your gauge carefully!

SIDES: For models B, C and E use MC, for models A and D use CC1 and smaller dp needles to CO 76 - 84 - 90 - 96 sts. Work in ar.d. Work 8 rds reverse st st. Work Cap Pattern I and inc on first rd 20 - 20 - 22 - 24 sts evenly spaced. NOTE: Reverse MC and CC1 on graph for models A and D. Work 12 rds of Cap Pattern I, then place first 28 - 28 - 32 - 32 sts of rd on a holder. Work back and forth. Cont to work Cap Pattern I and move first 5 - 6 - 6 - 7 sts of next 10Rs to holder. Move all sts from holder back to dp needles. Work in ar.d again. Work 8 rds reverse st st and dec on first rd 20 - 20 - 22 - 24 sts evenly spaced. COFF. Turn reverse st st borders inward and sew loosely to WS of cap to form rolled edging at top and bottom.

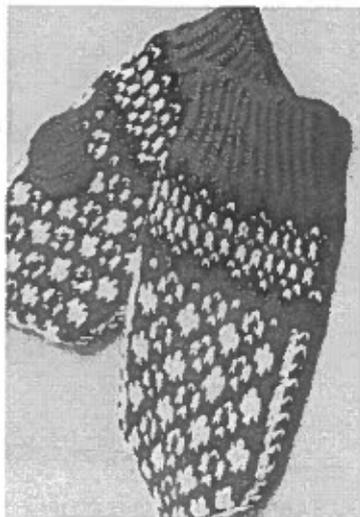
CROWN: Use MC and either smaller or larger dp needles to CO 88 - 100 - 100 - 112 sts. Work in ar.d. Work 5 rds reverse st st = facing. Work Cap Main Pattern, beg as shown on graph. NOTE: Graph shows size 12 yrs; for sizes 8/10 and 6 yrs there is 1 less pattern repeat between stripes, for size 2/4 yrs there are 2 less pattern repeats between stripes. Work until Cap Main Pattern measures ¾" (2cm) - 1¼" (3cm) - 1½" (4cm) - 2" (5cm). Cont to work and dec 1 st on each side of each stripe every sixth - sixth - sixth - fifth rd 10 - 13 - 13 - 16 times = 4 sts dec each time. On last dec rd adjust number of sts so there are 48 sts rem on

needles. Work Cap Pattern III without dec. COFF. Sew cap tog at top. Sew sides and crown tog from RS along rolled edging on sides and through upper loops of fifth rd of crown facing. Use all colors to make

2 pom poms and fasten 1 to each corner at top of cap. Use all colors to braid ties and sew 1 to each side at lower edge of cap for tying under chin.



LILLEHAMMER



Shown on Page 7 of Color Leaflet

Child's Stockings and Mittens

SIZES: 6/8 10/12 yrs

MATERIALS: HEILO

Main Color:	200	250 gr
Contrast Color 1:	100	100 gr
Contrast Color 2:	50	50 gr
Contrast Color 3:	50	50 gr
Contrast Color 4:	50	50 gr, or remnants

COLOR SUGGESTIONS: As for pullover

SUGGESTED NEEDLE SIZE:

As for pullover. Use size to obtain correct gauge.

GAUGE: 24 sts and 28 rds of pattern = 4" (10cm)

NOTE: Watch your gauge carefully!

STOCKINGS

LEG: For models B, C and E use MC, for models A and D use CC1 and smaller dp needles to CO 64 - 76 sts. Work in a rd. Work K 1 tbl, P 1 ribbing for 4" (10cm). Change to larger dp needles. Work Stocking Pattern I, but turn graph upside down (see graph for stockings in woman's/man's design). NOTE: Reverse MC and CC1 on graph for models A and D. Work Stocking Pattern II, center st on graph = center front of stocking, but work Stocking Pattern IV over the 5 center back sts. When Stocking Pattern II is complete, work Stocking Main Pattern, but cont to work Stocking Pattern IV at center back. Work until stocking measures 3½" (9cm) - 4" (10cm) from ribbing, then dec 1 st on each side of the 5 center back sts every ¼" (1cm) 8 times, until there are 46 - 58 sts rem. Cont to work Stocking Main Pattern until stocking measures 11½" (29cm) - 13" (33cm) from ribbing.

HEEL: Using MC, work back and forth in st st over 22 - 26 center back sts. Work until heel measures 1½" (4cm) - 1¾" (4½cm).

HEEL SHAPING: Work 16 - 18 sts, turn. Always sl first st at turn and tighten it slightly. Work 10 sts, turn. Work up to 1 st before hole created

by first turn, work 2 tog, work 1, turn. Cont in this manner until all side sts have been worked. There should be 16 - 18 sts rem after 8 - 10 Rs. **FOOT:** Work in a rd again in this manner: Work first 8 - 9 sts of rd, then place a marker = center under foot, rd beg here now. Work rem sts under foot, pick up 10 - 11 sts along side of heel, work instep sts, and pick up 10 - 11 sts along other side of heel. Work Heel Main Pattern on underside of foot and Stocking Main Pattern over instep sts. Dec 1 st on each side of instep sts every rd until there are 44 - 54 sts rem. Work until foot measures 6¾" (17cm) - 7¾" (20cm), or desired length.

TOE SHAPING: Dec 2 sts on each side of foot, always leaving 2 sts between the dec sts on each side, until there are 8 - 10 sts rem. Gather rem sts on a piece of yarn and fasten off.

MITTENS

HAND: For models B, C and E use MC, for models A and D use CC1 and smaller dp needles to CO 40 - 52 sts. Work in a rd. Work K 1 tbl, P 1 ribbing for 1½" (4cm). Change to larger dp needles. Work Stocking Pattern I, but turn graph upside down (see graph for stockings in woman's/man's design). Work Stocking Pattern IV over 5 center sts at each side of hand and Stocking Main Pattern over rem sts, but without stripe. Work until hand measures 2¼" (6cm) - 2¾" (7cm) from ribbing. Run a piece of marker yarn through the 7 - 8 sts after Pattern IV to mark thumb opening. Cont to work until hand measures 5" (13cm) - 6" (15cm) from ribbing, or desired length.

SHAPING: As for child's stocking toes.

THUMB: Pull out marker yarn at thumb opening. For models B, C and E use MC, for models A and D use CC1 to pick up loose sts and 1 additional st on each end of thumb opening. Work in a rd. Work st st for 1¼" (3cm) - 1½" (4cm) or desired length. On next rd, K 2 tog over entire rd. Gather rem sts on a piece of yarn and fasten off.



Deretter er det Hugin og Munin, Odins to ravner som representerer tanke og minne. Legenden sier at hver dag flyr de over verden og rapporterer til Odin det de ser.

Du finner også Odin på Sleipner. Odin er hovedguden, samtidig som han er guden for Krig, Død, Mystikk og Visdom. Han rår over Valhall – Dødsriket – og er fører for berserkene. Odin rir Sleipner, hesten med åtte bein som sies å være den raskeste i verden.

Yggdrasil, det eviggrønne verdenstreet, representerer verdens sentrum og forbindelsen mellom menneskene, maktene i himmelen og i underverden. Yggdrasil symboliserer rettferdighet og galge – gudene hadde sitt domssted her – kunnskap, visdom og kampen mellom det gode og onde.



Heia Norge



**Telemarkshatt og
votter for voksne.**

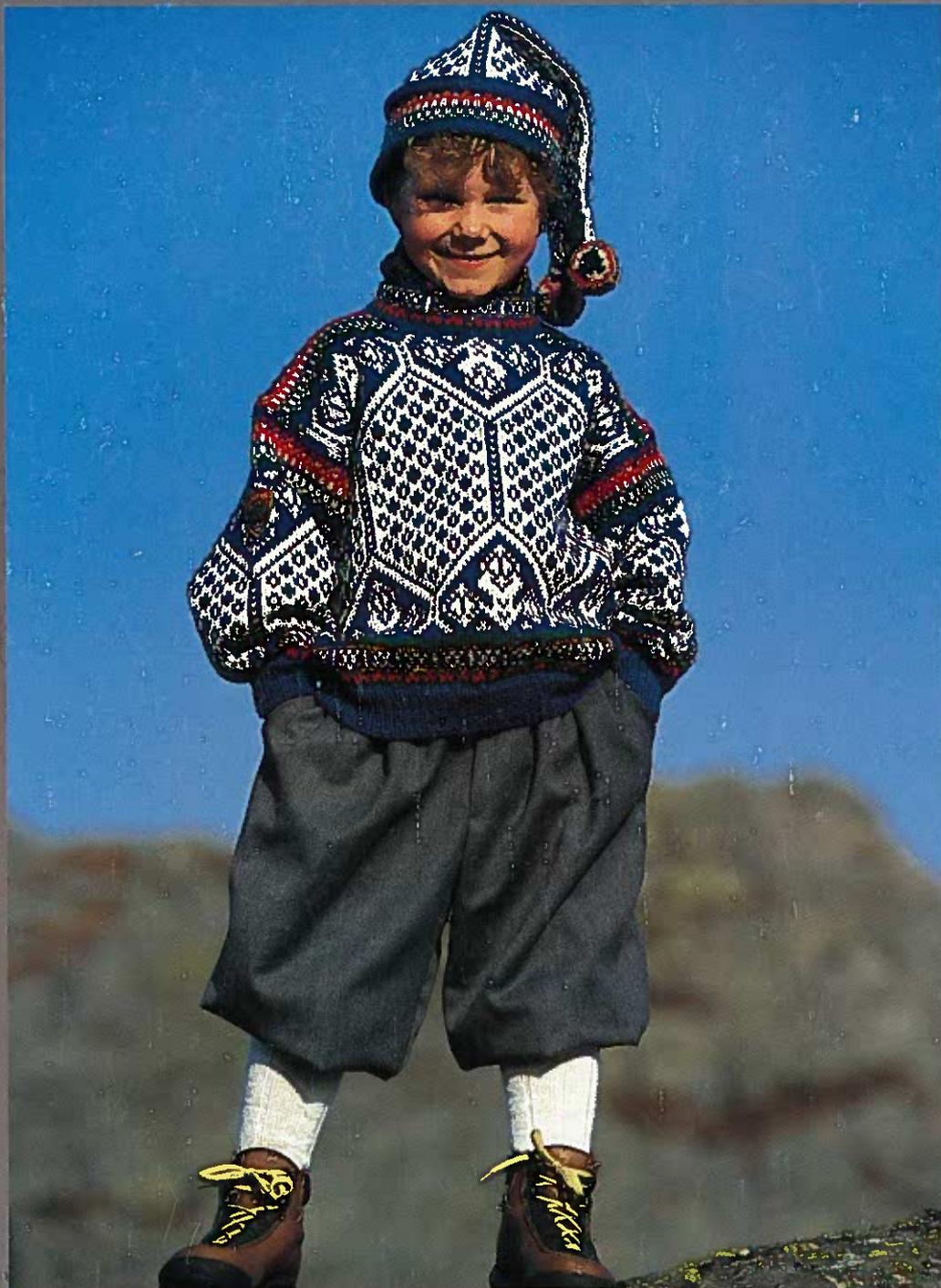


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voksne og barn.**



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