

Knitting Pattern

Lena Hooded Cowl

Designed by **Irene Lin**



2024, Irene Lin, All rights reserved

The pattern is for personal use only, Reselling and commercial use are not allowed.

Construction:

Lena hooded cowl is started from the top and knitted downwards, integrating garter stitch with half fisherman's rib stitch throughout the construction. Finally, the cast on edge of the hood's top is seamed together with right side facing.

This hooded cowl features a relaxed and airy design in the hood area, offering both comfort and style. The looser fit provides a soft, elegant silhouette while still keeping you warm, making it a versatile and cozy accessory for cooler weather.

Gauge / With 6mm (US10) needle:

15 sts x 20 rows = 10 x 10 cm / 4 x 4" in stockinette stitch after blocking

14 sts x 26 rows = 10 x 10 cm / 4 x 4" in half fisherman's rib stitch after blocking

Yarn:

-The white version with colorful speckles: One strand of bulky weight yarn Gepard Puno Spicy. Color way: 10 Unicorn. 68% Alpaca , 22% Nylon, 10%Merino, 50g=110m/120yds. A total of 2.2 balls of yarn were used. Approx. 242m/265yds

-The solid white version: One strand of worsted weight yarn + one strand of mohair held together Quince & Co, Lark. Color way: Egret. 100% American Wool, 50g=123m/134yds. A total of 2.1 skeins of yarn were used. Approx. 253m/276yds

Majo Garn, Peal Mohair. Color way: Oatmeal. 70% Mohair, 30% Silk, 23g=210m/229yds. A total of 1.2 balls of yarn were used. Approx. 255m/278yds

-The beige version: Two strands of light fingering weight yarn + one strand of mohair held together Majo Garn, Tweed Supreme, Color way: Linen. 100% Merino, 50g=350m/382yds. A total of 1.4 balls of yarn were used. Approx. 490m/535yds

Majo Garn, Peal Mohair. Color way: Oatmeal. 70% Mohair, 30% Silk, 23g=210m/229yds. A total of 1.2 balls of yarn were used. Approx. 255m/278yds

Needle:

6 mm (US 10)

Other Materials:

Stitch markers, tapestry needles, 2 buttons with a diameter of unless 25mm each. The rectangular buttons used in my sample are 40 x14 mm.



Abbreviations:

approx.	approximately
BO	Bind off
CO	Cast on
k	Knit
k1bo	Knit 1 stitch from the row below (Insert the needle into the stitch from the previous row and knit) Video support: https://youtu.be/UBi4BWUYJj0
k1bo-yo-k1bo	Knit 1 stitch and yarn over and knit 1 stitch into the same stitch one row below (2 stitches have been increased) Video support: https://youtu.be/UBi4BWUYJj0
LLDD	Left Leaning Double Decrease: Slip stitch below knitwise, slip the next stitch purlwise, slip the next stitch below purlwise, return these 2 stitches to left needle, knit 2 stitches together, pass the first slipped stitches over. (2 stitches have been decreased) Video support: https://youtu.be/UBi4BWUYJj0
M	Marker
p	Purl
PM	Place marker
RM	Remove marker
rep	Repeat
RS	Right side
RLDD	Right Leaning Double Decrease: Slip stitch below knitwise, knit 1, pass the slipped stitch over, slip the next stitch below purlwise then return to left needle, return the previous knit stitch to the left needle, pass the slipped stitch over it, then return this stitch to right needle. (2 stitches have been decreased) Video support: https://youtu.be/UBi4BWUYJj0
st(s)	Stitch(es)
sl1-wyif	Slip 1 stitch purlwise with yarn in front
SM	Slip marker
TS	Total stitches
WS	Wrong side
yo	yarn over
rep *~**	Repeat from * to **
[]	Repeat stitches within brackets

Make a swatch for the Half Fisherman's Rib stitch: (Optional)

Cast on an odd number of stitches.

Next Row (WS): sl1-wyif, k1, sl1-wyif, k to last 3 sts, sl1-wyif, k1, sl1-wyif.

Row1 (RS): k1, sl1-wyif, k1, p1, [k1bo, p1] rep to last 3 sts, k1, sl1-wyif, k1.

Row2 (WS): sl1-wyif, k1, sl1-wyif, k to last 3 sts, sl1-wyif, k1, sl1-wyif.

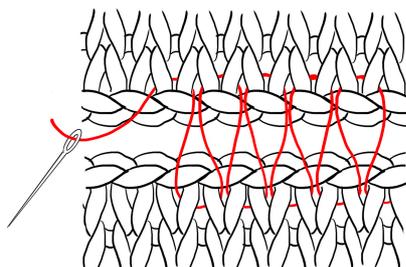
Rep Rows 1~2, until the piece measures more than 10 cm/4" in length, then wet block.

How to create a buttonhole over 3 sts:

Slip the first st from your left hand needle to right hand needle with yarn in front, *slip the next st from your left hand needle to right hand needle with yarn in back, pass the first slipped st over the second st**, rep *~** 2 times, return the last slipped st to your left hand needle. Turn to WS and use knitted cast on method, CO 4 sts. Turn back to RS, slip the first st from your left hand needle to right hand needle with yarn in back, pass the last CO st over the slipped st, return the slipped st to your left hand needle. Now you have completed a buttonhole over 3 sts, then continue following the pattern.

Video support: <https://youtu.be/ZEJ2ufEhdkE>

Horizontal seam - Seam the cast on edges together:



Instructions

When casting on, please leave a yarn tail of approx. 180 cm/71". After casting on the required number of stitches, there will be about 70-80 cm/28-31" of yarn left. Keep this tail intact and do not cut it, as we will use it to seam the top of the hood later.

With 6 mm (US 10) needle, use long tail cast on method, CO 61 sts.

Next Row (WS): p1, k1, p1, k7, p1, k1, p1, PM, k17, PM, k1, PM, k17, PM, p1, k1, p1, k7, p1, k1, p1.

Row 1 (RS): k1, sl1-wyif, k9, sl1-wyif, k1, SM, p1, [k1bo, p1] rep to 2 sts before M, k1bo-yo-k1bo, p1, SM, k1bo, SM, p1, k1bo-yo-k1bo, p1, [k1bo, p1] rep to M, SM, k1, sl1-wyif, k9, sl1-wyif, k1. TS: 65

Row 2 (WS): sl1-wyif, k1, sl1-wyif, k7, sl1-wyif, k1, sl1-wyif, SM, k to M, SM, k1, SM, k to M, SM, sl1-wyif, k1, sl1-wyif, k7, sl1-wyif, k1, sl1-wyif.

Row 3 (RS): k1, sl1-wyif, k9, sl1-wyif, k1, SM, p1, [k1bo, p1] rep to M, SM, k1bo, SM, p1, [k1bo, p1] rep to M, SM, k1, sl1-wyif, k9, sl1-wyif, k1.

Row 4 (WS): Same as Row 2. **And all the even Rows are the same as Row 2.**

Rep Rows 1~4, 3 more times until you have completed Row 16. TS: 77

Row 17 (RS): Same as Row 3.

Row 19 (RS): Same as Row 1. TS: 81

Row 21 (RS): Same as Row 3.

Rep Rows 21~22, 21 more times, until you have completed Row 64.

Row 65 (RS): k1, sl1-wyif, k9, sl1-wyif, k1, SM, p1, [k1bo, p1] rep to 4 sts before M, RLDD, p1, SM, k1bo, SM, p1, LLDD, p1, [k1bo, p1] rep to M, SM, k1, sl1-wyif, k9, sl1-wyif, k1. TS: 77

Row 67 (RS): Same as Row 3.

Row 69 (RS): Same as Row 3.

Row 71 (RS): Same as Row 65. TS: 73

Row 73 (RS): Same as Row 3.

Row 75 (RS): Same as Row 65. TS: 69

Row 77 (RS): Same as Row 3.

Rep Rows 77~78, 6 more times, until you have completed Row 90.

Row 91 (RS): k1, sl1-wyif, k9, sl1-wyif, k1, SM, p1, [k1bo, p1] rep to M, SM, k1bo, SM, p1, [k1bo, p1] rep to M, SM, k1, sl1-wyif, k3, create a buttonhole over the next 3 sts, k3, sl1-wyif, k1.

Row 93 (RS): Same as Row 3.

Rep Rows 93~94, 3 more times, until you have completed Row 100.

Keep the first and fourth stitch markers, and remove the two in the middle.

- Row 101 (RS): k1, sl1-wyif, k9, sl1-wyif, k1, **SM**, p1, k1bo-yo-k1bo, p1, [k1bo, p1] 5 times, k1bo-yo-k1bo, p1, [k1bo, p1] 7 times, k1bo-yo-k1bo, p1, [k1bo, p1] 5 times, k1bo-yo-k1bo, p1, **SM**, k1, sl1-wyif, k3, create a buttonhole over the next 3 sts, k3, sl1-wyif, k1. TS: 77
- Row 103 (RS): Same as Row 3.
- Row 105 (RS): k1, sl1-wyif, k9, sl1-wyif, k1, **SM**, p1, k1bo-yo-k1bo, p1, [k1bo, p1] 6 times, k1bo-yo-k1bo, p1, [k1bo, p1] 4 times, k1bo-yo-k1bo, p1, [k1bo, p1] 4 times, k1bo-yo-k1bo, p1, [k1bo, p1] 6 times, k1bo-yo-k1bo, p1, **SM**, k1, sl1-wyif, k9, sl1-wyif, k1. TS: 87
- Row 107 (RS): Same as Row 3.
- Row 109 (RS): k1, sl1-wyif, k9, sl1-wyif, k1, **SM**, p1, k1bo-yo-k1bo, p1, [k1bo, p1] 7 times, k1bo-yo-k1bo, p1, [k1bo, p1] 5 times, k1bo-yo-k1bo, p1, k1bo-yo-k1bo, p1, [k1bo, p1] 5 times, k1bo-yo-k1bo, p1, [k1bo, p1] 7 times, k1bo-yo-k1bo, p1, **SM**, k1, sl1-wyif, k9, sl1-wyif, k1. TS: 99
- Row 111 (RS): Same as Row 3.
- Row 112 (WS): sl1-wyif, k1, sl1-wyif, k7, sl1-wyif, k1, sl1-wyif, **RM**, k1, [p1, k1] rep to M, **RM**, sl1-wyif, k1, sl1-wyif, k7, sl1-wyif, k1, sl1-wyif.

BO with I-cord bind off method:

Knit the first 2 sts together through the back loop, k2, *return the 3 sts from your right hand to left hand needle, k2, knit the next 2 sts together through the back loop**, rep *~** until the last 1 st left, return the 3 sts from your right hand to left hand needle, knit the first 2 sts together through the back loop, knit the last 2 sts together through the back loop, pass the first st over the second, thread the yarn tail through the loop and secure it.

Video support: <https://youtu.be/2znmIRh9Xnw>

Finishing

The cast on edge of the hood's top is seamed together with right side facing.

Video support: <https://youtu.be/IXWo7nZMdpQ>

Sew buttons onto the corresponding position of each buttonhole on the left front.

Weave in the ends and wet block to measurements.