

# GREGORIA FIBERS

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## LAVINIA VEST



*“Cabled v-neck vest with a vintage touch and attention to detail”*

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## LAVINIA VEST

Relaxed fit featuring a generous v-neck opening. The front vest is a combination of cables and seed stitch, while the back is entirely seed stitch. The vest is worked top down seamless.

The model in the picture is 169 cm / 5.75" tall and wears a size 2.



### LEVEL

Advanced (3/3)

### YARN

3 (3, 3, 3, 3) (4, 4, 4) skeins of Mota by Wooldreamers (100 g = 230 m / 252 yds) (100% merino wool).  
For the sample, we used Mota in colourway "Blanco natural".

### NEEDLES

5 mm / US 8 circular needles, cable length 80 or 100 cm / 32 or 40" for the main body.

4 mm / US 6 circular needles, cable length 40 or 60 cm / 16 or 24" for the ribbing.

### GAUGE

After blocking: 17,5 sts x 27 rows = 10 x 10 cm / 4 x 4" on 5 mm / US 8 needles in pattern stitch worked flat.

### SIZES

1 (2, 3, 4, 5) (6, 7, 8)

This vest is designed to have an oversized fit and is intended to be worn with approximately 11–18 cm / 4.25–7" of positive ease at bust.

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Finished bust circumference: 96 (100.5, 107.5, 112, 116.5) (125.5, 136, 146.5) cm / 37.75 (39.5, 42.25, 44, 46.75) (49.5, 53.5, 57.75)".

Sizes 1 (2, 3, 4, 5) (6, 7, 8) are intended to fit an actual bust circumference of about 80–85 (85–90, 90–95, 95–100, 100–110) (110–120, 120–130, 130–135) cm / 31.5–33.5 (33.5–35.5, 35.5–37.5, 37.5–39.25, 39.25–43.25) (43.25–47.25, 47.25–51.25, 51.25–53.25)".

Length from the mid back 56 (56, 56, 56, 56) (56, 58, 61.5) cm / 22 (22 , 22 , 22 , 22) (22 , 22.75, 24.25)".

## NOTIONS

Stitch markers, scrap yarn or stitch holders, a tapestry needle, a cable needle.

## ABBREVIATIONS

BO: bind off  
BOR: beginning of round marker  
CO: cast on  
cm: centimeter  
DS: double st  
inc'd: increased  
K: Knit  
K2tog: knit 2 together  
K3tog: knit 3 together  
LC: left cross  
M1L: make 1 left  
M1Lp: make 1 left purlwise  
M1R: make 1 right  
M1Rp: make 1 right purlwise  
M: marker  
P: purl  
pm: place marker  
RC: right cross  
RS: right side  
rep: repeat  
sm: slip marker from the left to the right needle  
ssk: slip, slip, knit  
st(s): stitch(es)  
WS: wrong side  
wyib: with yarn in back  
wyif: with yarn in front

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## SPECIAL TECHNIQUES AND EXTRA SUPPORT

### VIDEO TUTORIALS

Scan or click on the QR code to watch the videos on YouTube.

Make 1  
(M1R and M1L)



Pick up stitches  
neatly



Make 1 purlwise  
(m1Rp and m1Lp)



Back loop cast-on



German Short Rows



4/4 RC



4/4 LC



### PATTERN STITCH (flat)

Row 1: \* K1, P1\*; rep. between \* to end.

Row 2: \* K1, P1\*; rep. between \* to end.

### PATTERN STITCH (in the round)

Round 1: \* K1, P1\*; rep. between \* to BOR.

Round 2: \* P1, K1\*; rep. between \* to BOR.

## INSTRUCTIONS

### BACK

Using gauge-sized needles (for our sample, we used 5 mm / US 8 needles), loosely CO 60 (62, 66, 68, 72) (80, 84, 90) sts using a regular cast-on method.

### Short rows

Short Rows are created here to achieve a better fit at the shoulders. This pattern calls for German Short Rows but feel free to replace them with your favourite short-row technique.

Work as follows:

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Short Row 1 (WS): P2, work in seed st for 46 (48, 50, 52, 54) (58, 60, 64) sts, turn work. (Start your seed st with a K st)

Note: You can put a removable stitch marker at the end of each turn.

Short Row 2 (RS): Make DS, work in seed st for 35 (37, 37, 39, 39) (39, 39, 41) sts. Turn work.

Short Row 3 (WS): Make DS, work in seed st to next DS, resolve DS and work 2 more sts in pattern. Turn work.

Short Row 4 (RS): Make DS, work in seed st to next DS, resolve DS and work 2 more sts in pattern. Turn work.

Repeat the last two rows, two more times.

Next Row (WS): Make DS and work in seed st to last 2 sts, P2. (Resolving DS sts as you encounter them).

End of Short Rows.

Row 0 (RS): K2, pm, work in seed st to the last 2 sts, pm, K2.

Note : On this first row, resolve the DS sts as you encounter them.

Row 1 (WS): P2, sm, work in seed st to m, sm, P2.

Row 2 (RS): K2, sm, work in seed st to the last 2 sts, sm, K2.

Work Rows 1 and 2 until the back measures 11 cm / 4.25", measurement taken along the armhole edge.

End on a WS Row.

### **Armhole shaping**

Make the increase in pattern, work as follows:

If your st after or before m is a K st, make one P st (M1Rp or M1Lp). If your st after or before m is a P st, make one K st. (M1R or M1L)

Row 1 (RS): K2, sm, m1L, work in seed st to m, m1R, sm, K2. (2 sts inc'd)

Row 2 (WS): P2, sm, work in seed st to m, sm, P2.

Row 3 (RS) : K2, sm, work in seed st to m, sm, K2.

Row 4 (WS) : P2, sm, work in seed st to m, sm, P2.

Repeat these 4 rows a total of 4 times. (8 sts inc'd)

*You now have a total of 68 (70, 74, 76, 80) (88, 92, 98) sts.*

Now repeat Rows 1 and 2 a total of 6 (7, 7, 8, 8) (9, 11, 13) times. (12 (14, 14, 16, 16) (18, 22, 26) sts inc'd)

*You now have a total of 80 (84, 88, 92, 96) (106, 114, 124) sts.*

Remove markers.

Now you are done with the armhole shaping.

Break yarn and place the back sts on hold using a spare needle or some scrap yarn.

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Note: The Front parts are worked a little bit differently between sizes 1–6 and sizes 7–8, refer to the correct size.

### Sizes 1- 6

#### RIGHT FRONT

With the RS of the BACK facing, join a new thread of yarn and using a gauge-size needle (for our sample, we used 5 mm / US 8 needles), pick up and knit 14 (14, 16, 16, 18) (22, -, -) sts (pick up every stitch along the back shoulder), from shoulder tip to neckline.

Start working according to the Chart A Right Front in your chosen size a total of 7 times.

Note: The first row is a WS.

Then work Rows 1–5, once more.

Move to the Chart B Right Front in your chosen size and work until Row 28 (30, 30, 32, 32) (34, -, -) of Chart B.

*You now have a total of 38 (40, 42, 44, 46) (52, -, -) sts.*

Break yarn and place the Right Front sts on hold using a spare needle or some scrap yarn.

#### LEFT FRONT

With the RS of the BACK facing, join a new thread of yarn and using a gauge-size needle (for our sample, we used 5 mm / US 8 needles), pick up and knit 14 (14, 16, 16, 18) (22, -, -) sts (pick up every stitch along the back shoulder), from neckline to shoulder.

Start working according to the Chart A Left Front in your chosen size a total of 7 times.

Note: The first row is a WS.

Then work Rows 1–5, once more.

Move to the Chart B Left Front in your chosen size and work until Row 28 (30, 30, 32, 32) (34, -, -) of Chart B.

*You now have a total of 38 (40, 42, 44, 46) (52, -, -) sts.*

Do not break yarn.

#### Join fronts and back

Set-up Row (RS): Work Row 29 (31, 31, 33, 33) (35, -, -) of chart B Left Front, pm1, CO 4 (4, 6, 6, 6) (4, -, -) sts using the backwards loop cast on or your favourite cast on method, place the Back stitches back onto the needles and work the Back stitches in seed st (remember to incorporate the edge stitch to the seed stitch pattern), CO 3 (3, 5, 5, 5) (3, -, -) sts, pm2, place Right Front stitches back onto the needles, work Row 29 (31, 31, 33, 33) (35, -, -) of chart B Right Front.

Do not join to work in the round.

Work Row 30 (32, 32, 34, 34) (36, -, -) of chart B Right Front, then work in seed st to m1, work Row 30 (32, 32, 34, 34) (36, -, -) of Chart B Left Front.

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Continue in this manner, always working the following row of charts until Row 32 (34, 34, 36, 36) (36, -, -).

### **Join fronts and back to work in the round**

Set-up Row (RS): Work Row 33 (35, 35, 37, 37) (37, -, -) of Chart B Left Front, remove m1, work in seed st to m2, remove m2 and substitute for a BOR, work Row 33 (35, 35, 37, 37) (37, -, -) of Chart B Right Front, CO 1 st using the backwards loop cast on or your favourite cast on method. Break yarn.

Now work according to the Charts C in your chosen size.

Tip: To avoid jog in seed stitch when knitting in the round, you can CO 1 extra st.

Move the sts to BOR, join a new thread of yarn, join to work in the round and start working in the round as follows: Work Round 1 of Chart C, then work in seed st to the BOR.

*You now have a total of 168 (176, 188, 196, 204) (220, -, -) sts.*

### **Sizes 7 and 8**

#### **LEFT FRONT**

With the RS of the BACK facing, join a new thread of yarn and using a gauge-size needle (for our sample, a 5 mm / US 8 needle was used), pick up and knit - (-, -, -, -) (-, 24, 26) sts (pick up every stitch along the back shoulder), from neckline to shoulder.

Start working according to the Chart A Left Front in your chosen size a total of 7 times.

Note: The first row is a WS.

Then work Rows 1–5, once more.

Move to the Chart B Left Front in your chosen size and work until Row - (-, -, -, -) (-, 36, 38).

*You now have a total of - (-, -, -, -) (-, 56, 60) sts.*

Break yarn and place the Left Front sts on hold using a spare needle or some scrap yarn.

#### **RIGHT FRONT**

With the RS of the BACK facing, join a new thread of yarn and using a gauge-size needle (for our sample, a 5 mm / US 8 needle was used), pick up and knit - (-, -, -, -) (-, 24, 26) sts (pick up every stitch along the back shoulder), from shoulder to neckline.

Start working according to the Chart A Right Front in your chosen size a total of 7 times.

Note: The first row is a WS.

Then work Rows 1–5, once more.

Move to the Chart B Right Front in your chosen size and work until Row - (-, -, -, -) (-, 36, 38).

*You now have a total of - (-, -, -, -) (-, 56, 60) sts.*

Do not break yarn.

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## Join fronts

Set-up row (RS): Work Row - (-, -, -, -) (-, 37, 39) of Chart B Right Front, CO 1 st using the backwards loop cast on or your favourite cast on method, place Left Front stitches back onto the needles, work Row - (-, -, -, -) (-, 37, 39) of Chart B Left Front.

Do not join to work in the round.

Work Row - (-, -, -, -) (-, 38, 40) of Chart B Left Front, P1, work Row - (-, -, -, -) (-, 38, 40) of Chart B Right Front.

## Size 8 only

Work Row - (-, -, -, -) (-, -, 41) of Chart B Right Front, K1, work Row - (-, -, -, -) (-, -, 41) of Chart B Left Front.

Work Row - (-, -, -, -) (-, -, 42) of Chart B Left Front, P1, work Row - (-, -, -, -) (-, -, 42) of Chart B Right Front.

*You now have a total of - (-, -, -, -) (-, 57, 62) sts for each Front.*

## Join front and back to work in the round

Now work Chart C in your chosen size.

Set-up Row (RS): Work Round 1 of Chart C, CO - (-, -, -, -) (-, 4, 4) sts, place Back stitches back onto the needles and work in seed st (remember to incorporate the edge stitch to the seed stitch pattern), CO - (-, -, -, -) (-, 4, 4) sts, place BOR.

Work Round 2 of Chart C, then work in seed st to the end of the round.

*You now have a total of - (-, -, -, -) (-, 237, 257) sts.*

## All sizes

### BODY

Continue in this manner, always working the following Round of charts until one Round before the end of Chart C.

Note: Blocking is crucial, the length will grow substantially.

### RIBBING

Change to smaller needles (for our sample, we used 4 mm / US 6 needles).

Set-up Round: Work the last row of Chart C, continue in rib to the end of the round.

Continue working in 1x1 rib until the rib measures 3 cm / 1". Incorporate the last cable round to the ribbing. Make sure your next round starts with a K stitch. If necessary move BOR 1 st to the right.

Next Round: \*K1, slip 1 st purlwise wyif\*; rep. between \* to BOR.

Next Round: \*Slip 1 st purlwise wyib, P1\*; rep. between \* to BOR.

Bind off in pattern using the tubular bind-off. Make sure you don't bind off your stitches too tightly.

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### ARMHOLE

Both sleeves are worked alike.

With smaller needles (for our sample, we used 4 mm / US 6 needles), start at mid underarm, with the RS facing and pick up and knit 100 (102, 102, 104, 104) (108, 114, 120) sts (pick up and knit 2 stitches for every 3 rows) along the sleeve opening, place a BOR.

Work in 1x1 rib (K1, P1) until the rib measures 2 cm / 0.75”.

Next Round: \*K1, slip 1 st purlwise wyif\*; rep. between \* to BOR.

Next Round: \*Slip 1 st purlwise wyib, P1\*; rep. between \* to BOR.

Bind off in pattern using the tubular bind-off. Make sure you don't bind off your stitches too tightly.

### NECKLINE

With smaller needles (for our sample, we used 4 mm / US 6 needles), start at mid back neck, with the RS facing and pick up and knit 142 (148, 148, 152, 152) (154, 162, 168) sts (pick up 2 stitches for every 3 rounds) along the v-neck opening and (pick up every stitch) at the back neck. Place a BOR.

Make sure you pick up the center v-neck stitch (as a reference, it is where the diamond motif starts) and you have the same number of stitches on each side of this center stitch, so the stitch before and after the center stitch should be the same. Place a second marker 1 st before the middle st.

Work as follows:

Set-up Row: \*K1,P1\*; rep. between \* to m, sm, slip next st to the Right needle, place the next (center st) on a cable needle and hold in front. Slip the next st from the Left needle to the Right needle. Slip knitwise the center st back to the Left needle, then slip the other two sts back to the Left needle as well, K3tog, P1, \*K1,P1\*; rep. between \* to BOR.

Remember to move the marker one stitch before the middle stitch every time you make the decrease.

Next Row: \*K1,P1\*; rep. between \* to m, sm, slip next st to the Right needle, place the next (center st) on a cable needle and hold in front. Slip the next st from the Left needle to the Right needle. Slip knitwise the center st back to the Left needle, then slip the other two sts back to the Left needle as well, K3tog, continuing in the established rib pattern to BOR.

Repeat this round until the rib measures 3 cm / 1”. Make sure that on your last round your center st is framed by purl sts.

Next Round: \*K1, slip 1 st purlwise wyif\*; rep. between \* to BOR.

Next Round: \*Slip 1 st purlwise wyib, P1\*; rep. between \* to BOR.

Bind off in pattern using the tubular bind-off. Make sure you don't bind off your stitches too tightly.

### FINISHING

Weave in all ends. Wet block your vest by spraying it or gently soaking it in lukewarm water. Dry flat.

Don't forget to use the hashtag #laviniavest to share your creations!

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## LAVINIA VEST

### CHARTS



RS: Knit  
WS: Purl



RS: Purl  
WS: Knit



No stitch



RS: Ktbl  
WS: Ptbl



4/4 RC



4/4 LC



M1L



M1R

How to read each Chart:

Chart A : From left to right on odd rows (WS) and from right to left on even rows (RS).

Chart B : From right to left on odd rows (RS) and from left to right on even rows (WS).

Chart C : From right to left on all rounds.

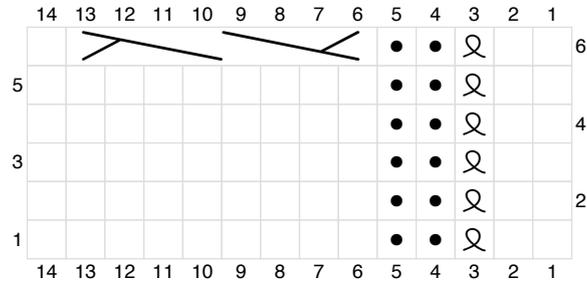


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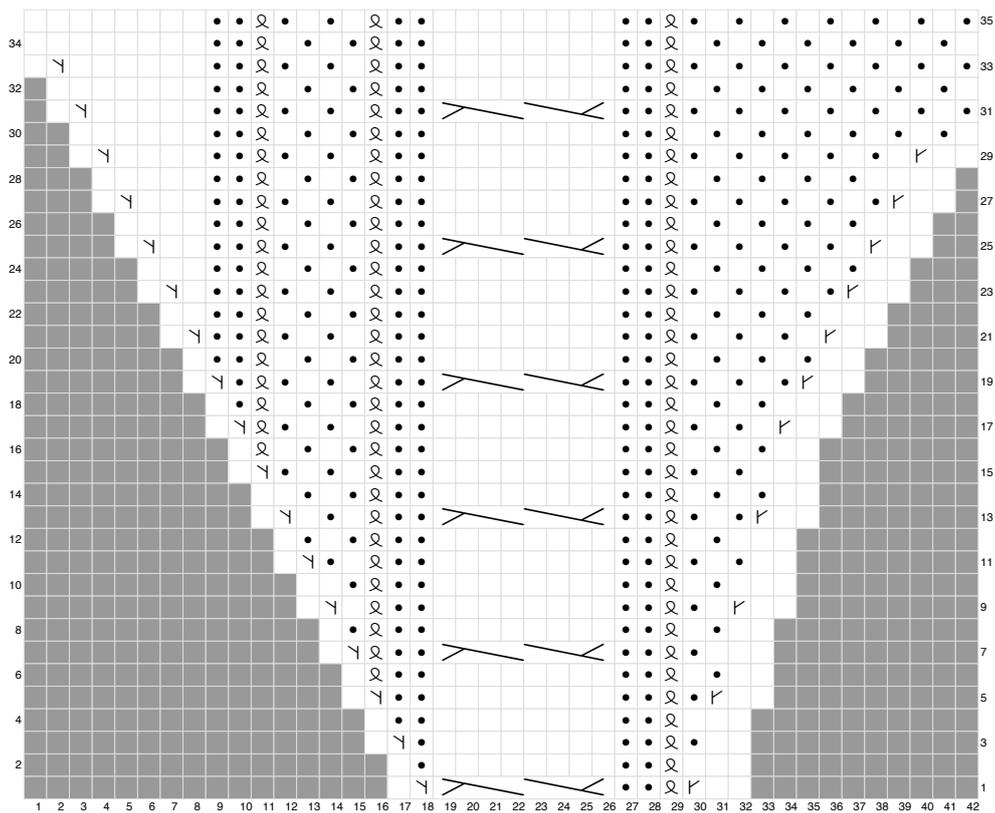
## LAVINIA VEST

### Size 2 Right Front

### Chart A



### Chart B

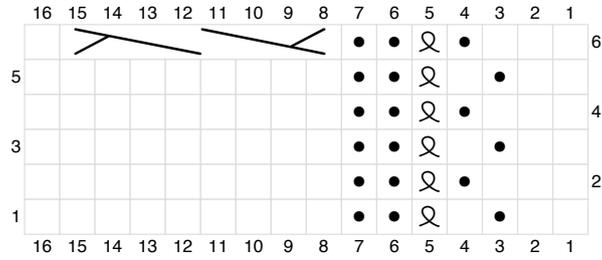


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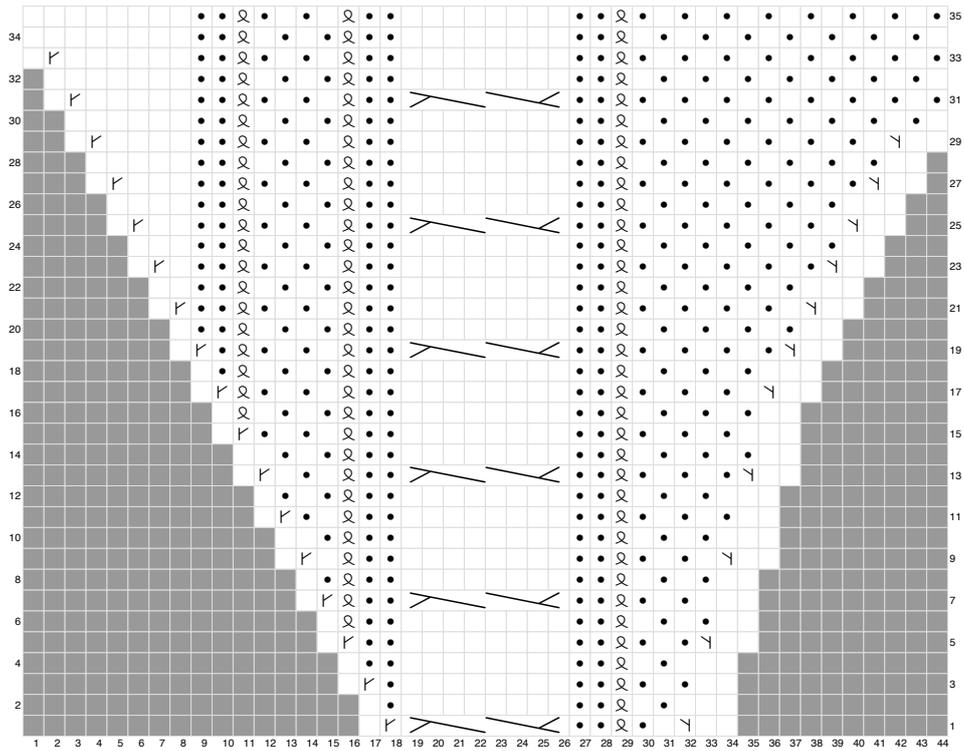
## LAVINIA VEST

### Size 3 Right Front

#### Chart A



#### Chart B

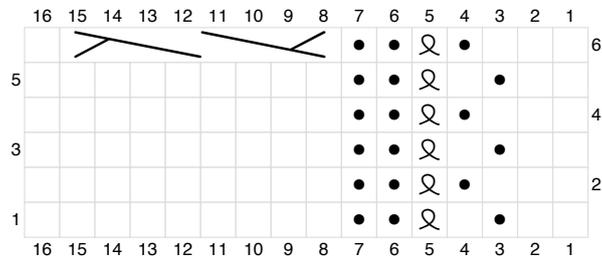


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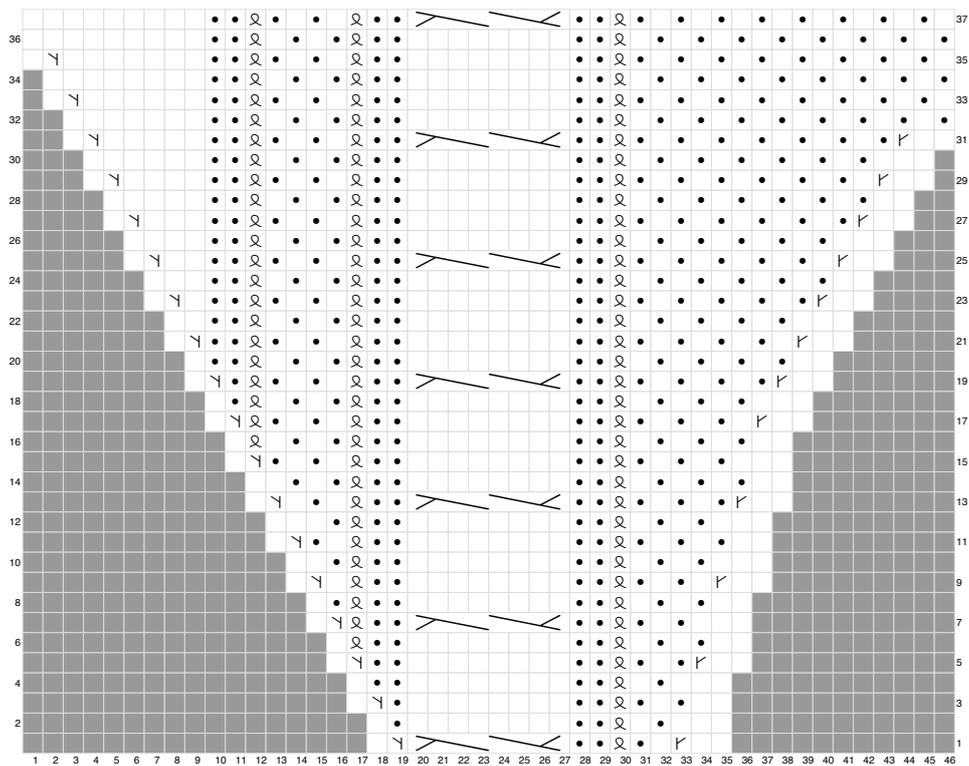
## LAVINIA VEST

### Size 4 Right Front

#### Chart A



#### Chart B

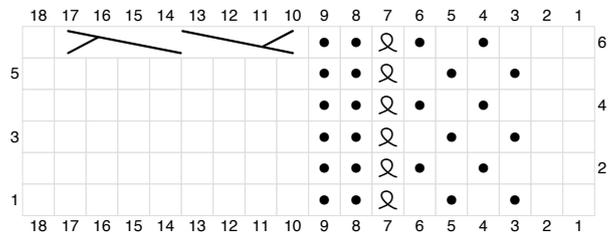


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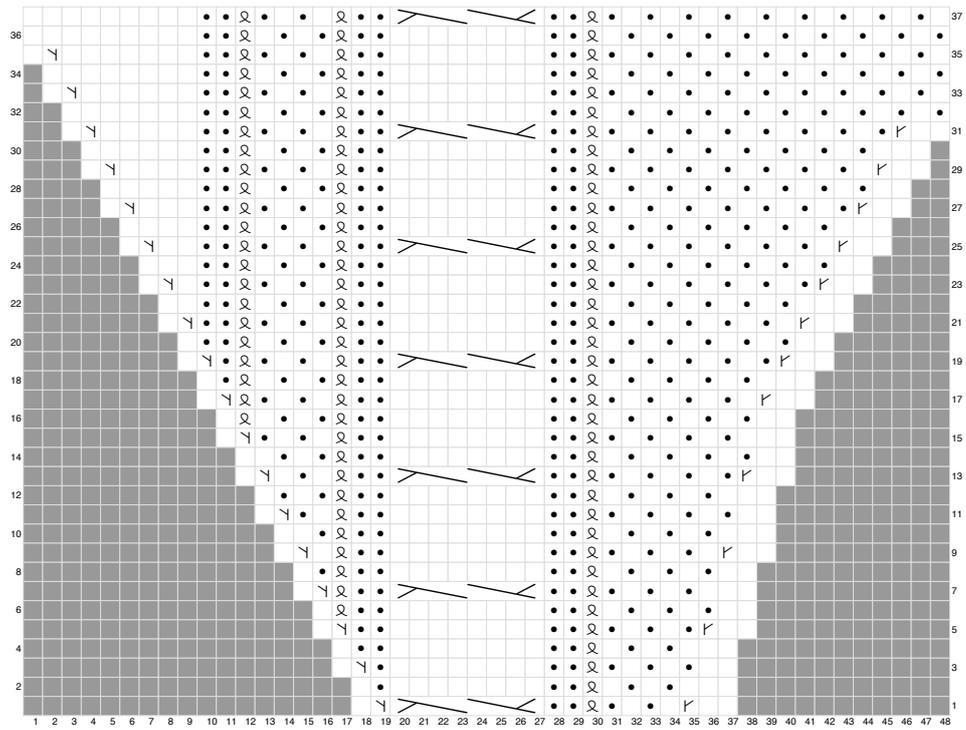
## LAVINIA VEST

### Size 5 Right Front

#### Chart A



#### Chart B

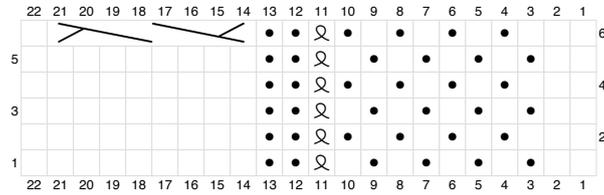


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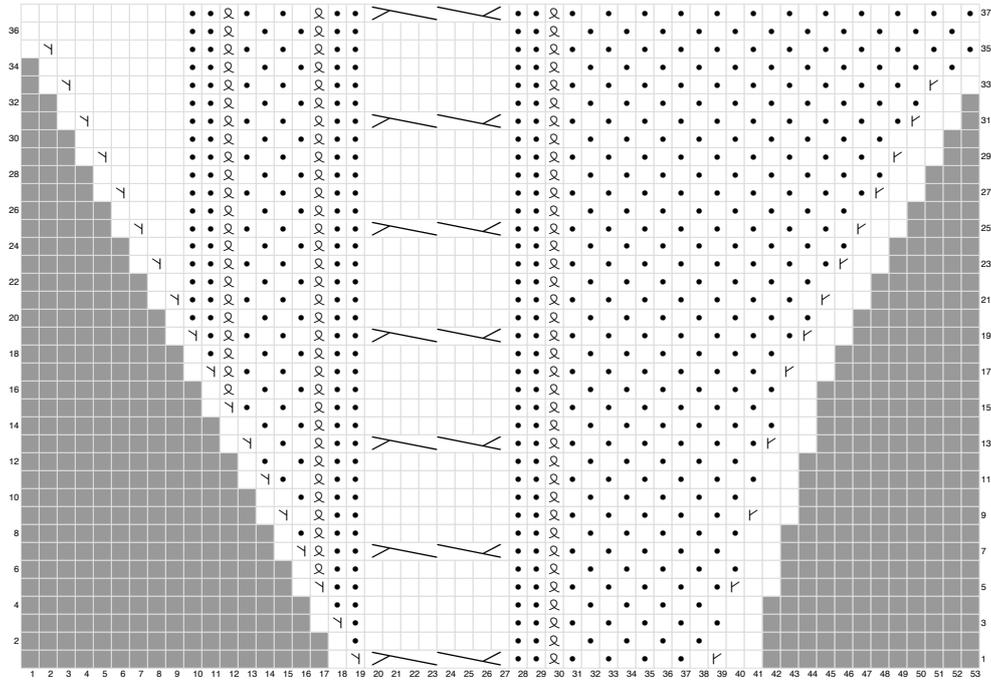
## LAVINIA VEST

### Size 6 Right Front

#### Chart A



#### Chart B

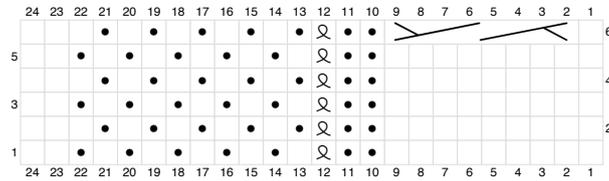


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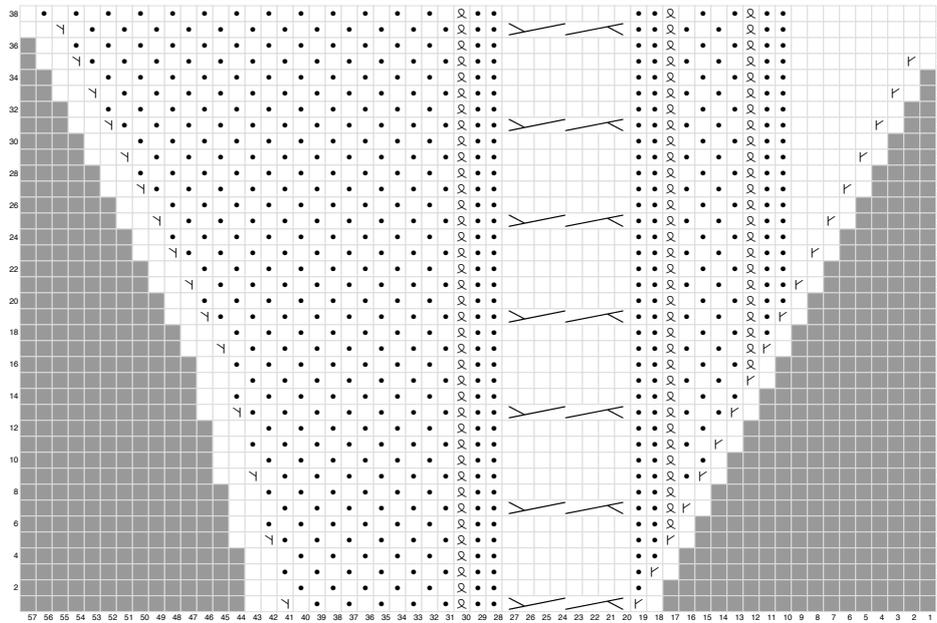
## LAVINIA VEST

### Size 7 Left Front

### Chart A



### Chart B

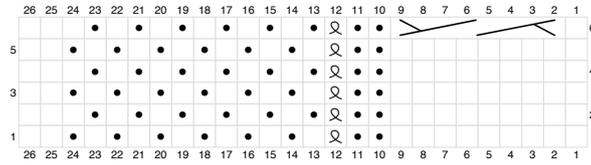


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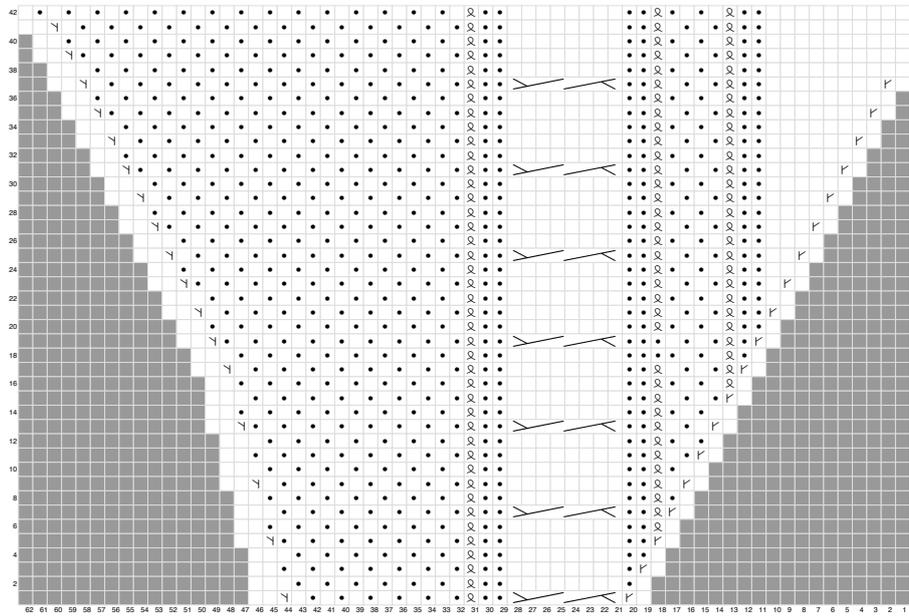
## LAVINIA VEST

### Size 8 Left Front

### Chart A



### Chart B

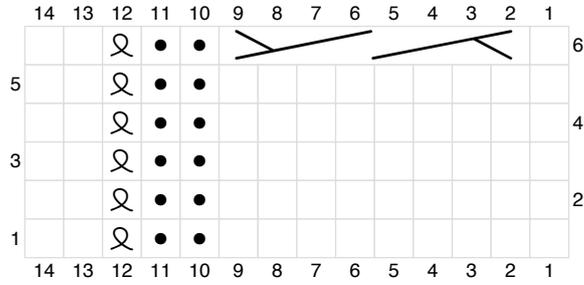


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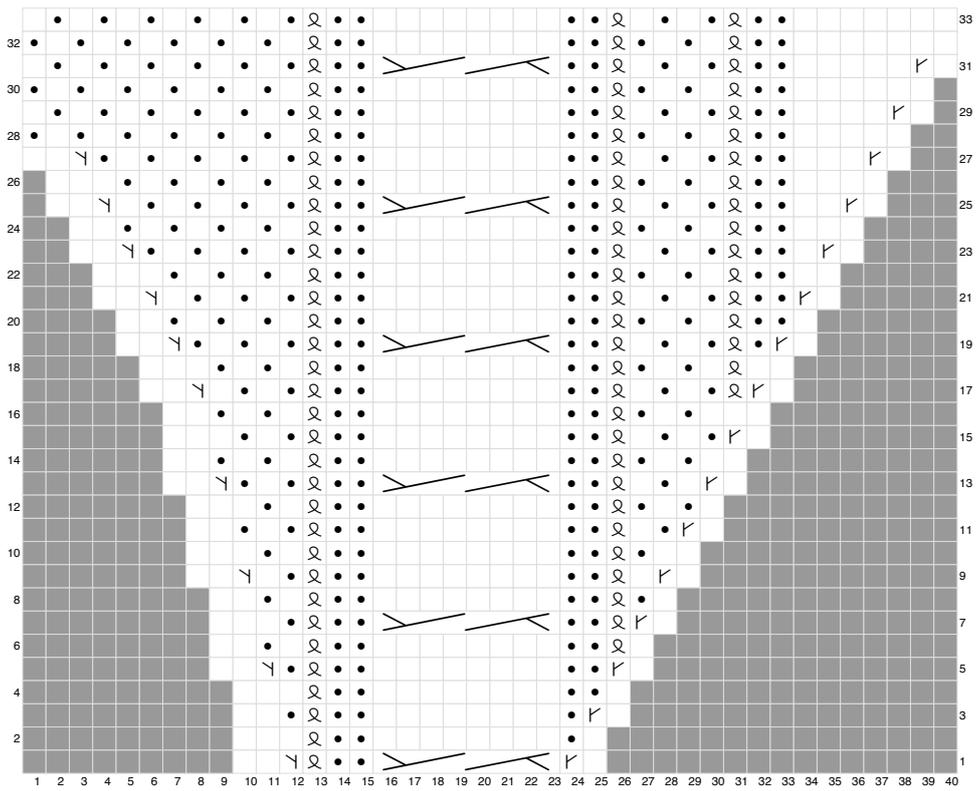
## LAVINIA VEST

### Size 1 Left Front

### Chart A



### Chart B

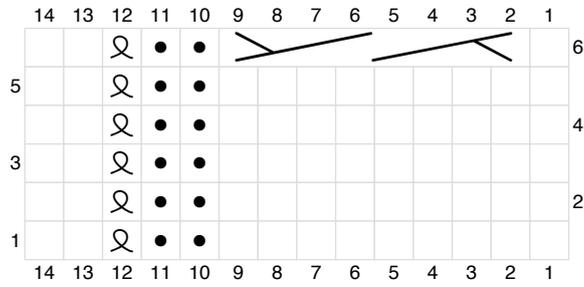


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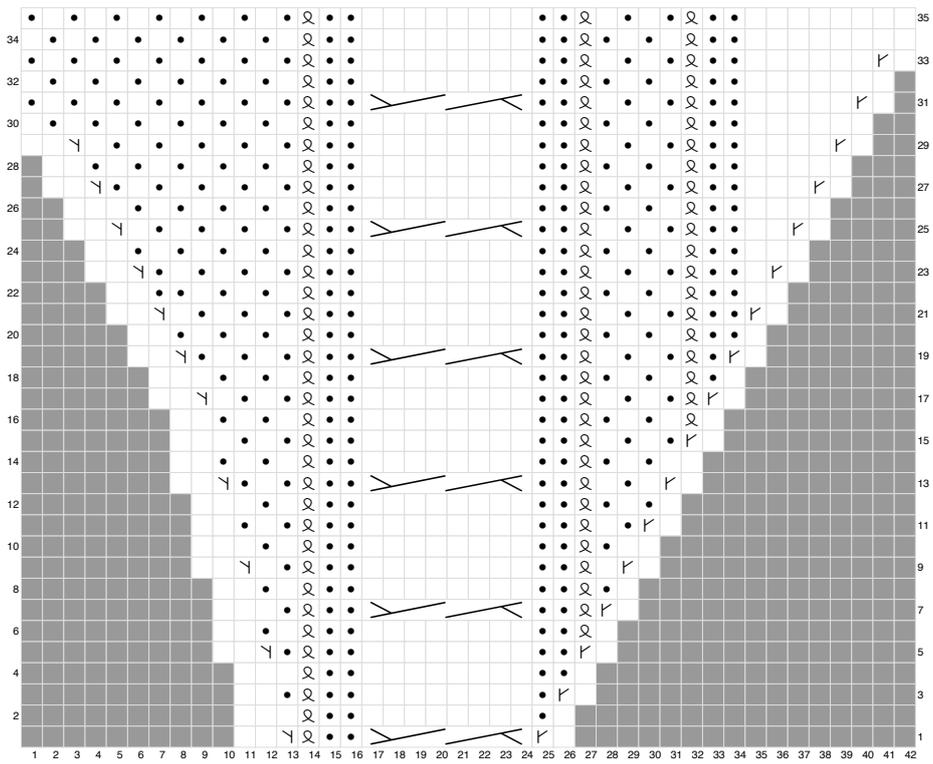
## LAVINIA VEST

### Size 2 Left Front

### Chart A



### Chart B

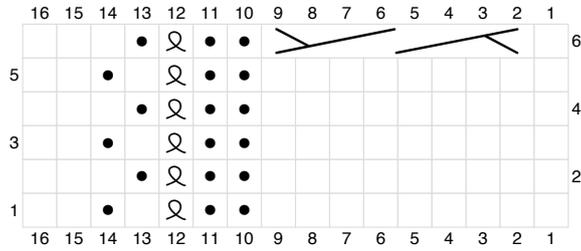


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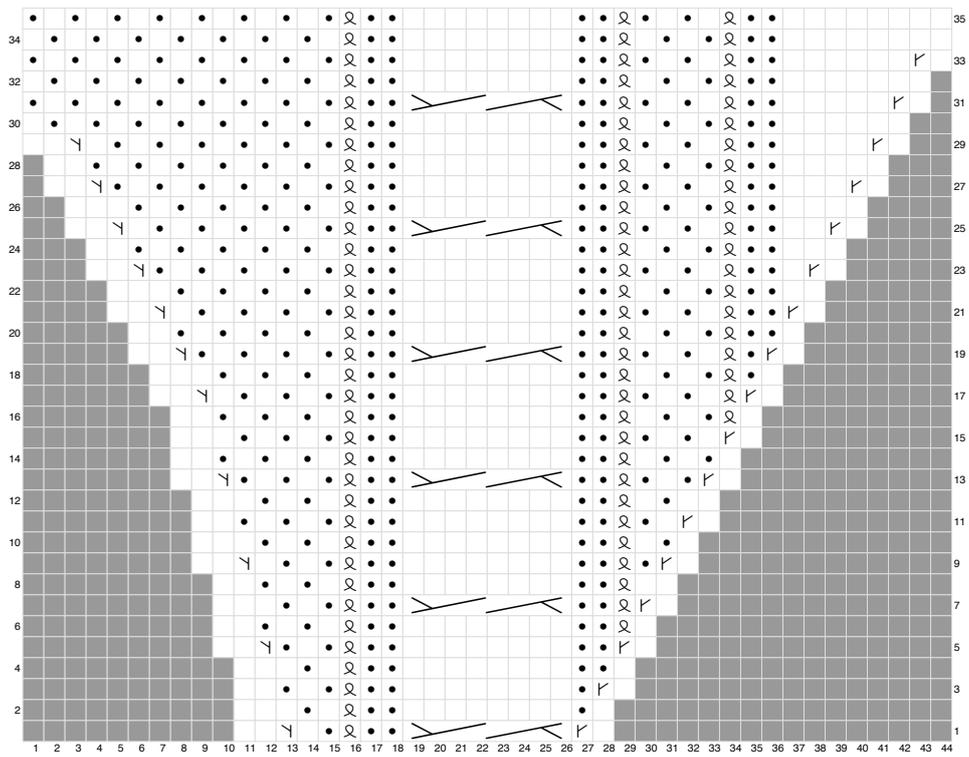
## LAVINIA VEST

### Size 3 Left Front

### Chart A



### Chart B

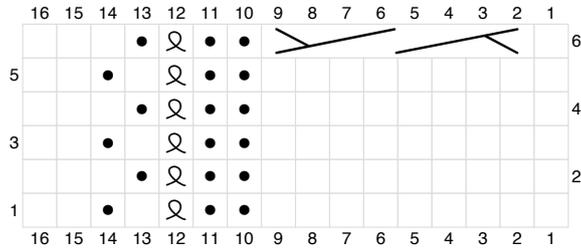


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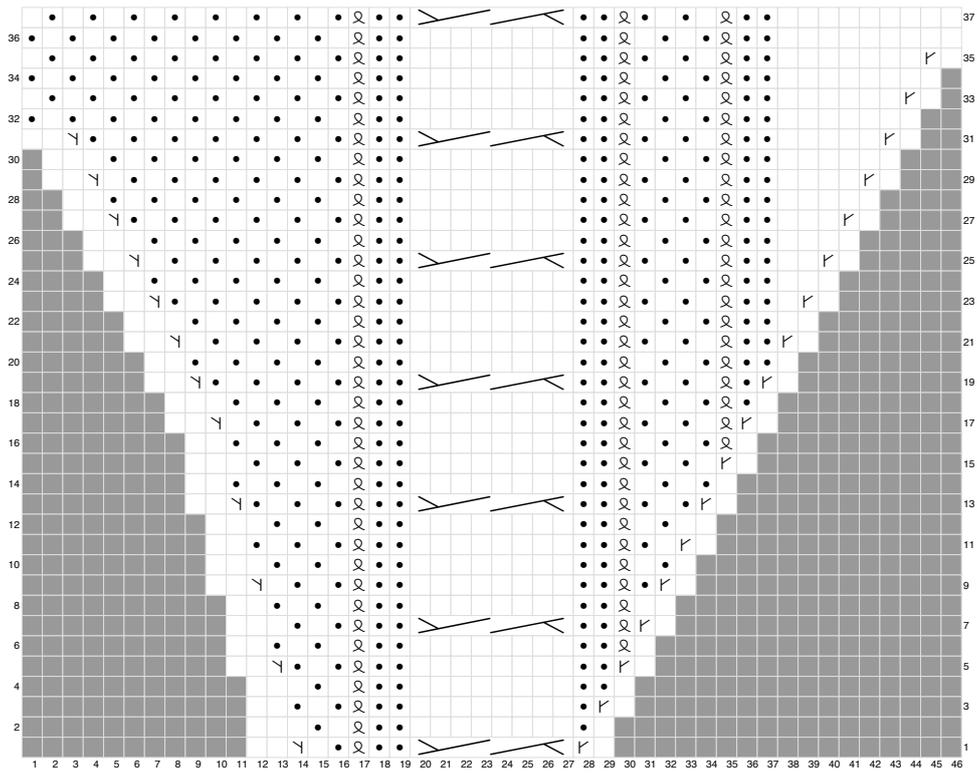
## LAVINIA VEST

### Size 4 Left Front

### Chart A



### Chart B

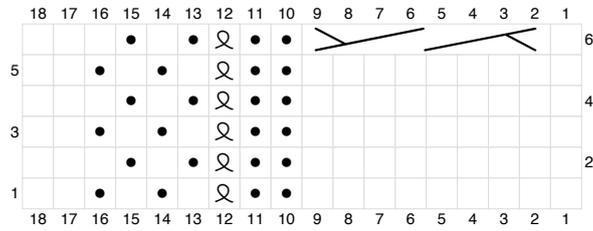


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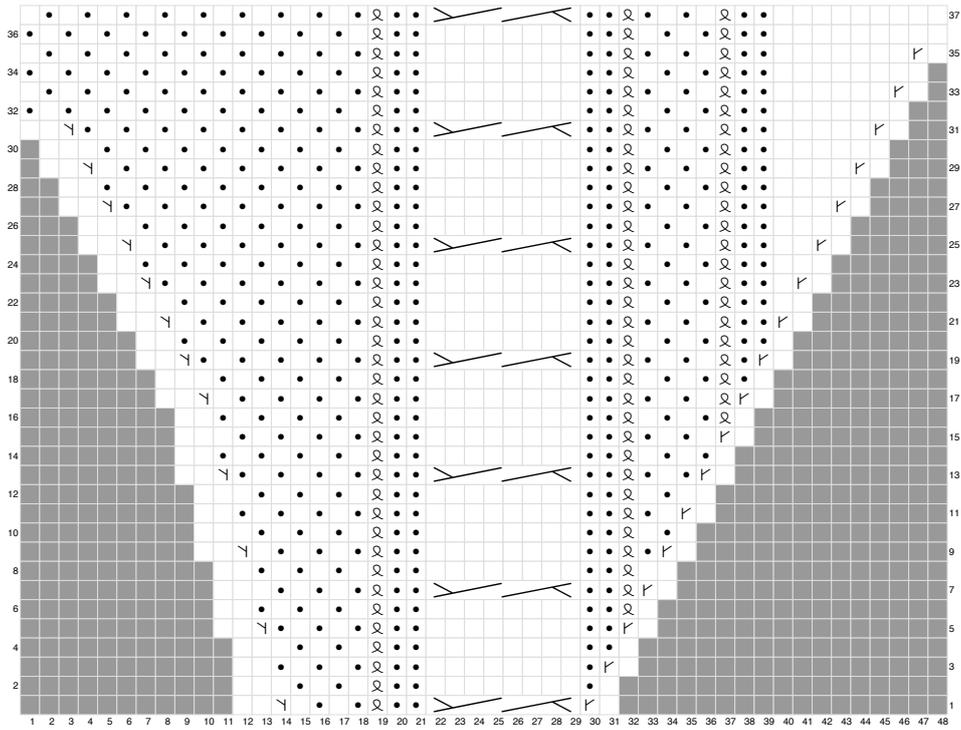
## LAVINIA VEST

### Size 5 Left Front

#### Chart A



#### Chart B

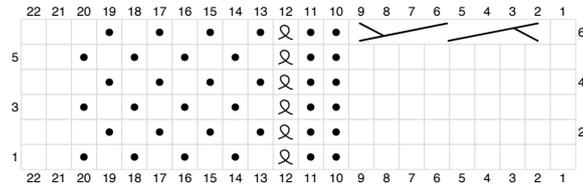


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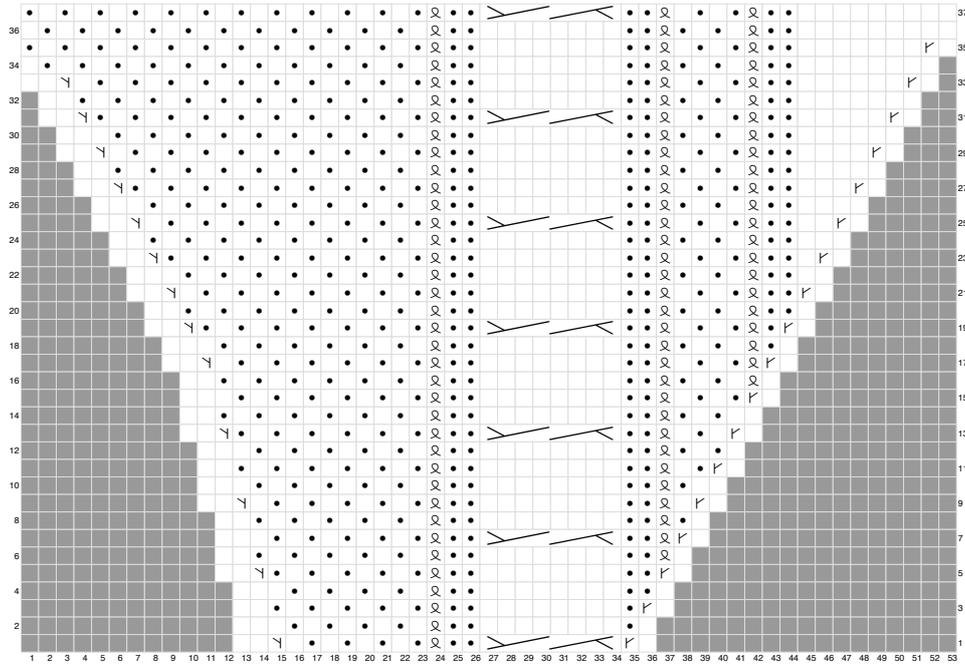
## LAVINIA VEST

### Size 6 Left Front

### Chart A



### Chart B



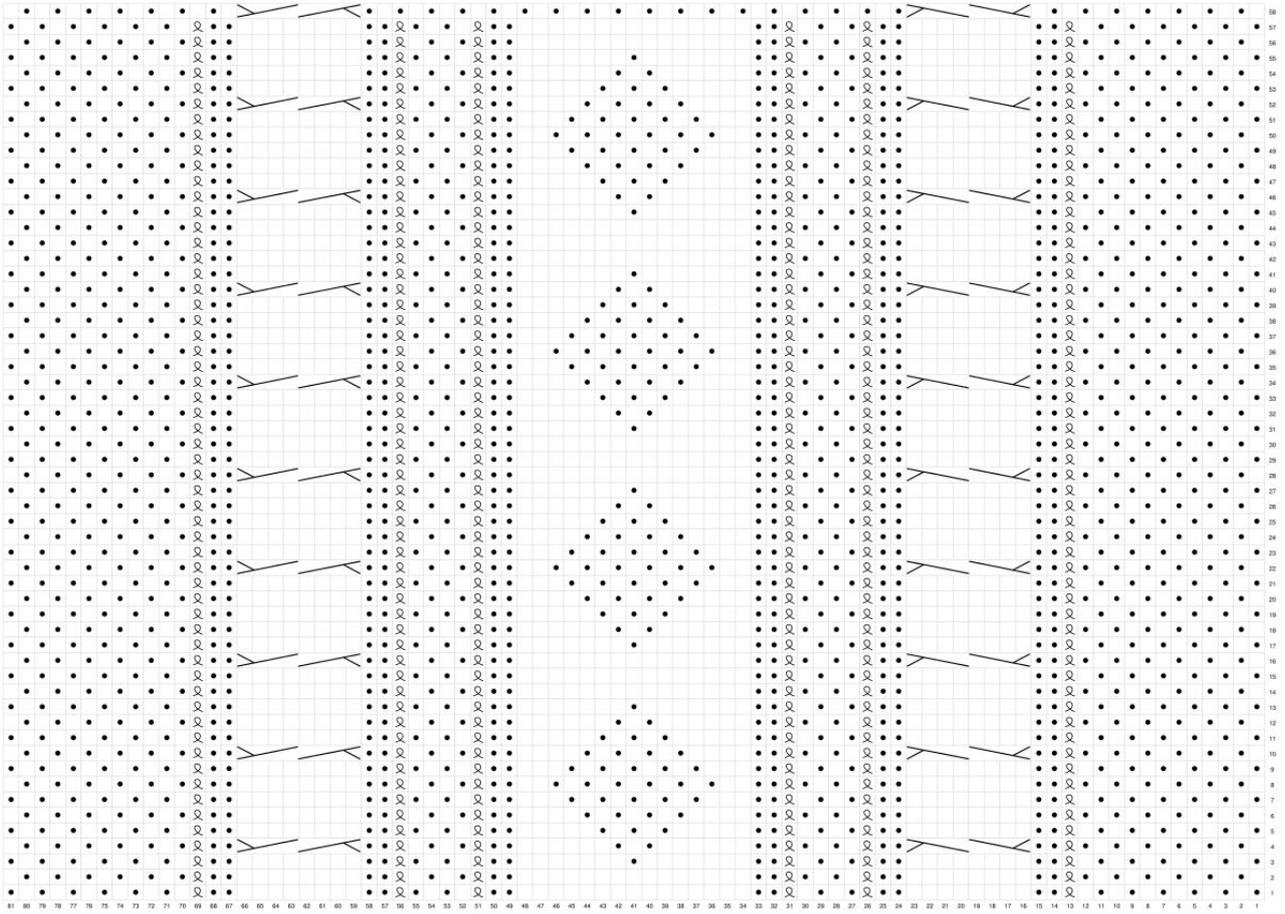




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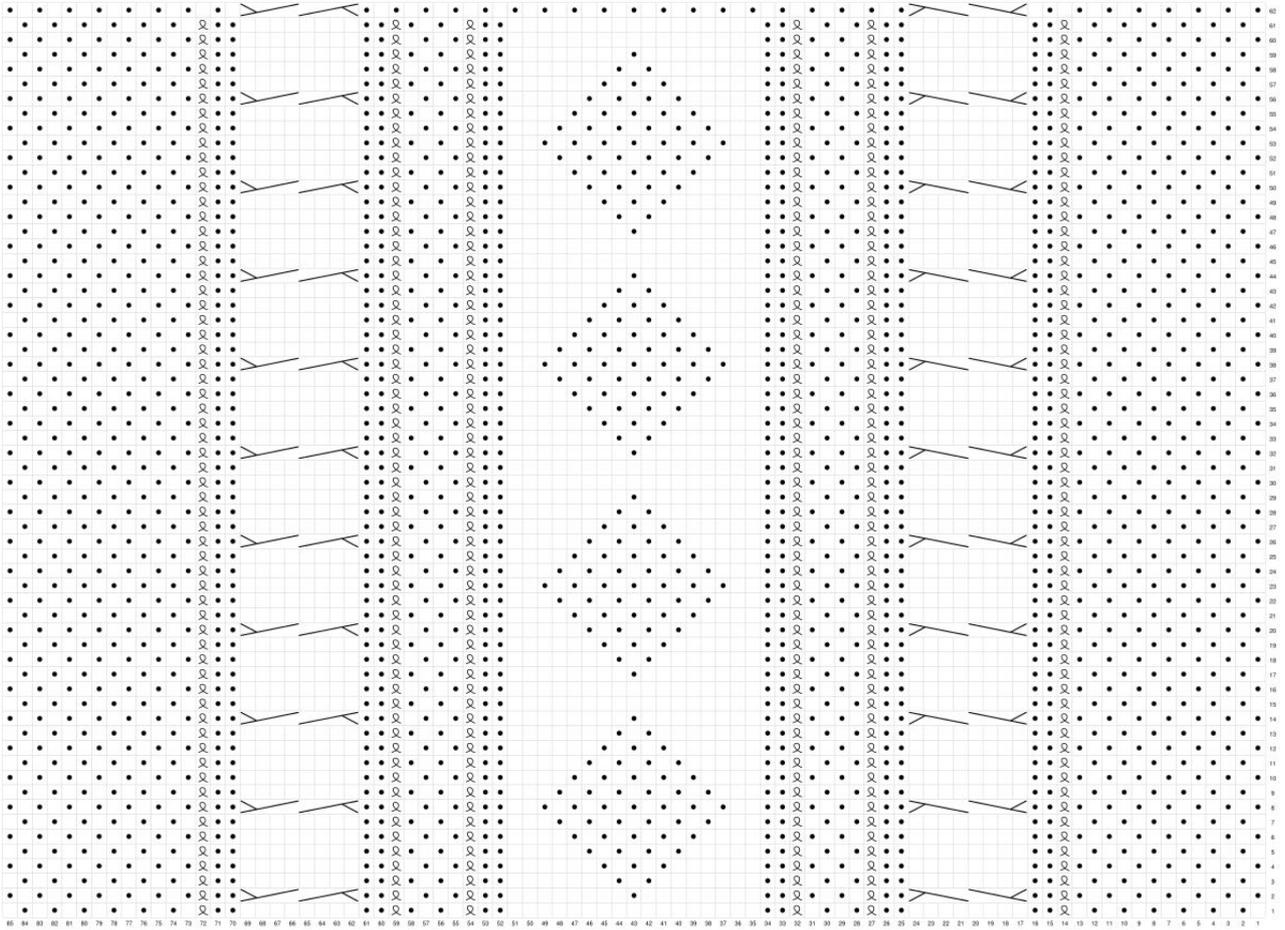
### Size 1 Chart C



# GREGORIA FIBERS

## LAVINIA VEST

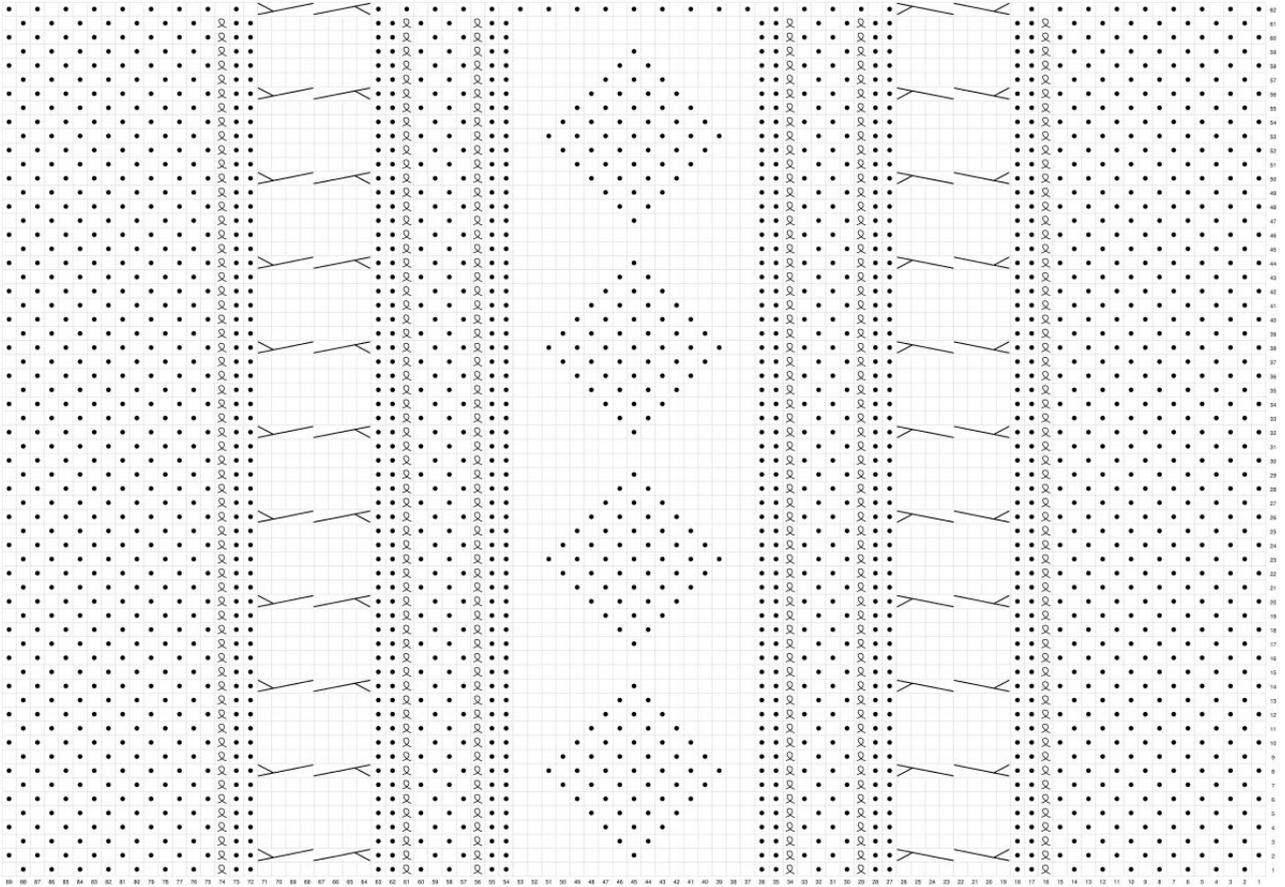
### Size 2 Chart C



# GREGORIA FIBERS

## LAVINIA VEST

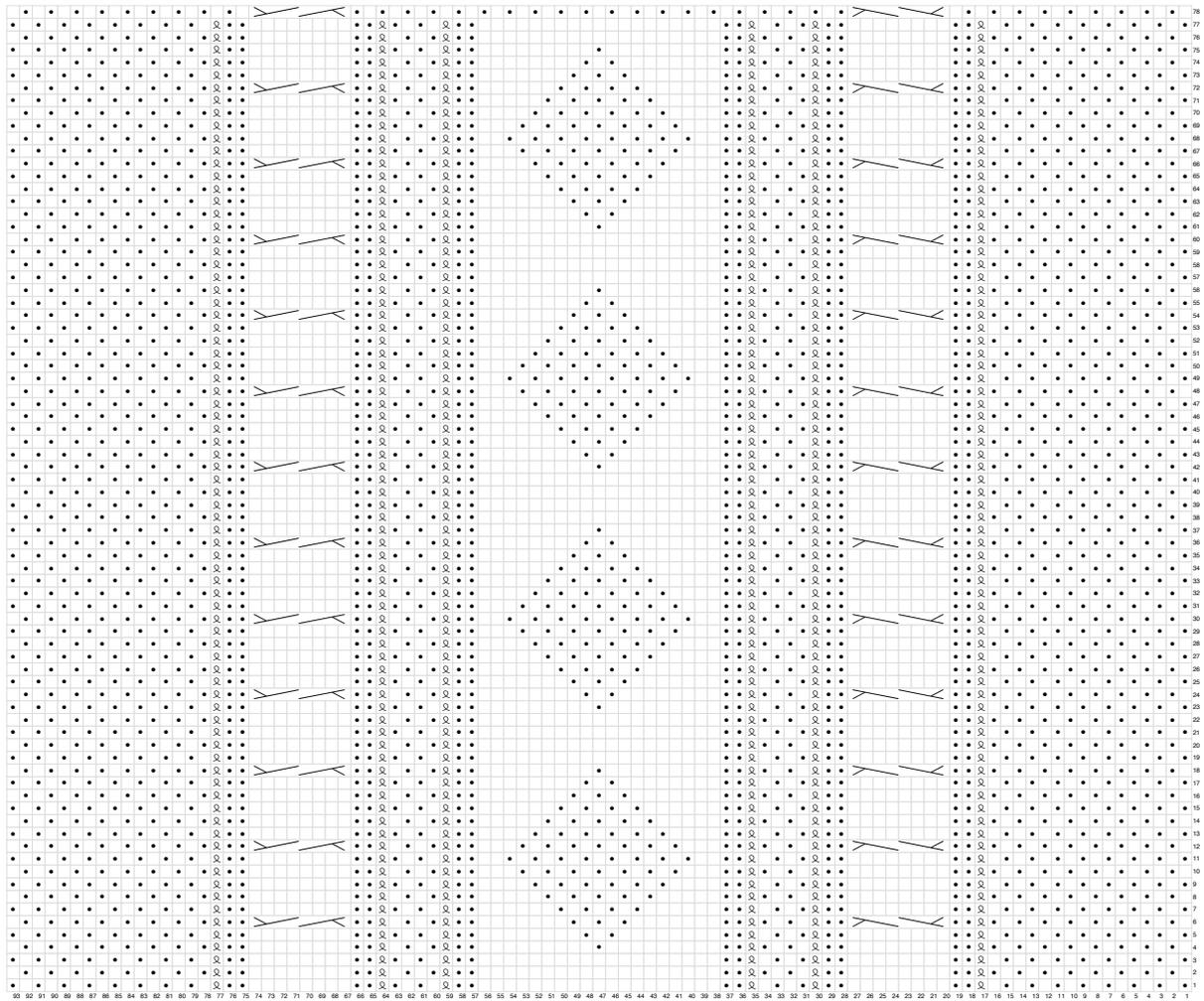
### Size 3 Chart C



# GREGORIA FIBERS

## LAVINIA VEST

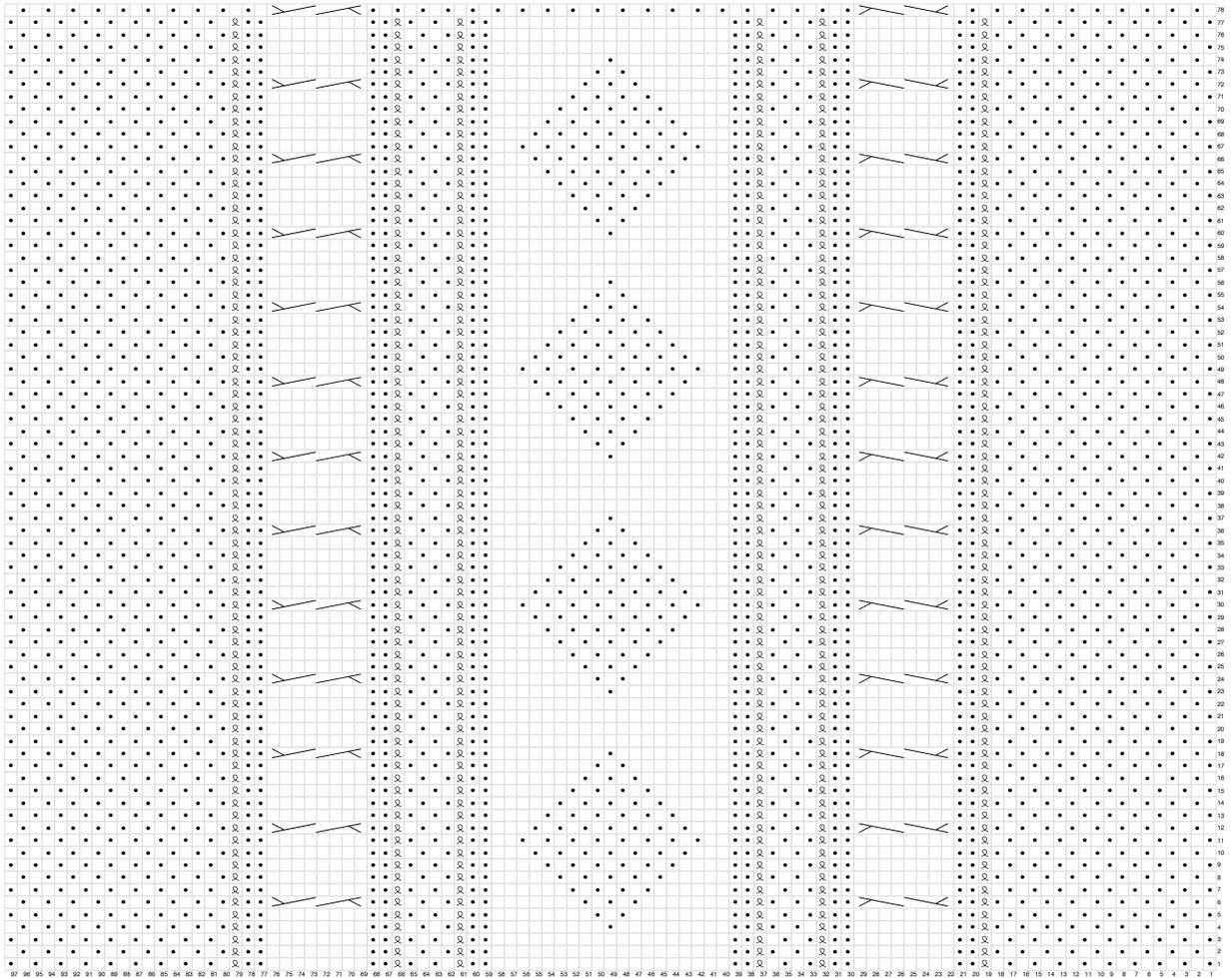
### Size 4 Chart C



# GREGORIA FIBERS

## LAVINIA VEST

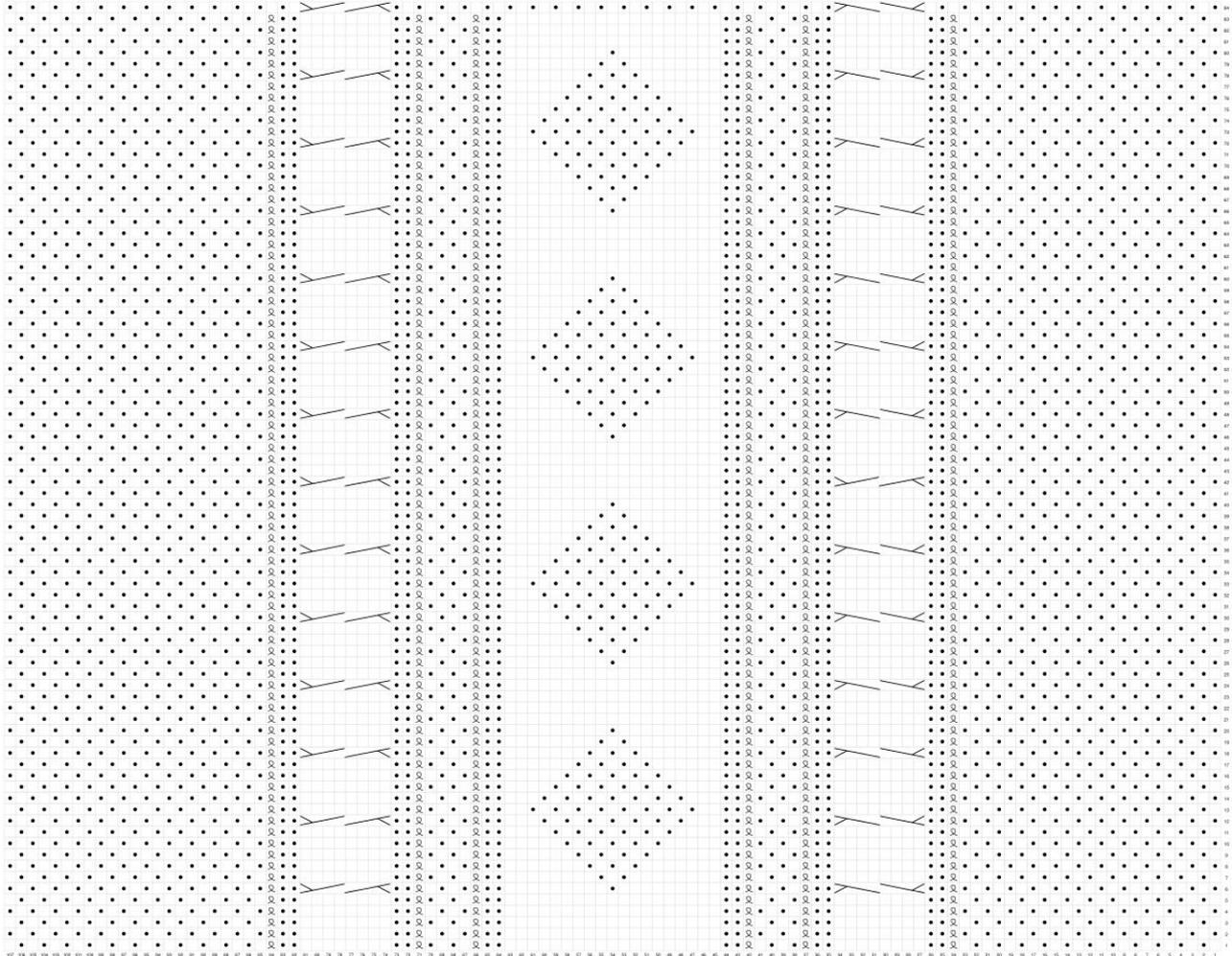
### Size 5 Chart C



# GREGORIA FIBERS

## LAVINIA VEST

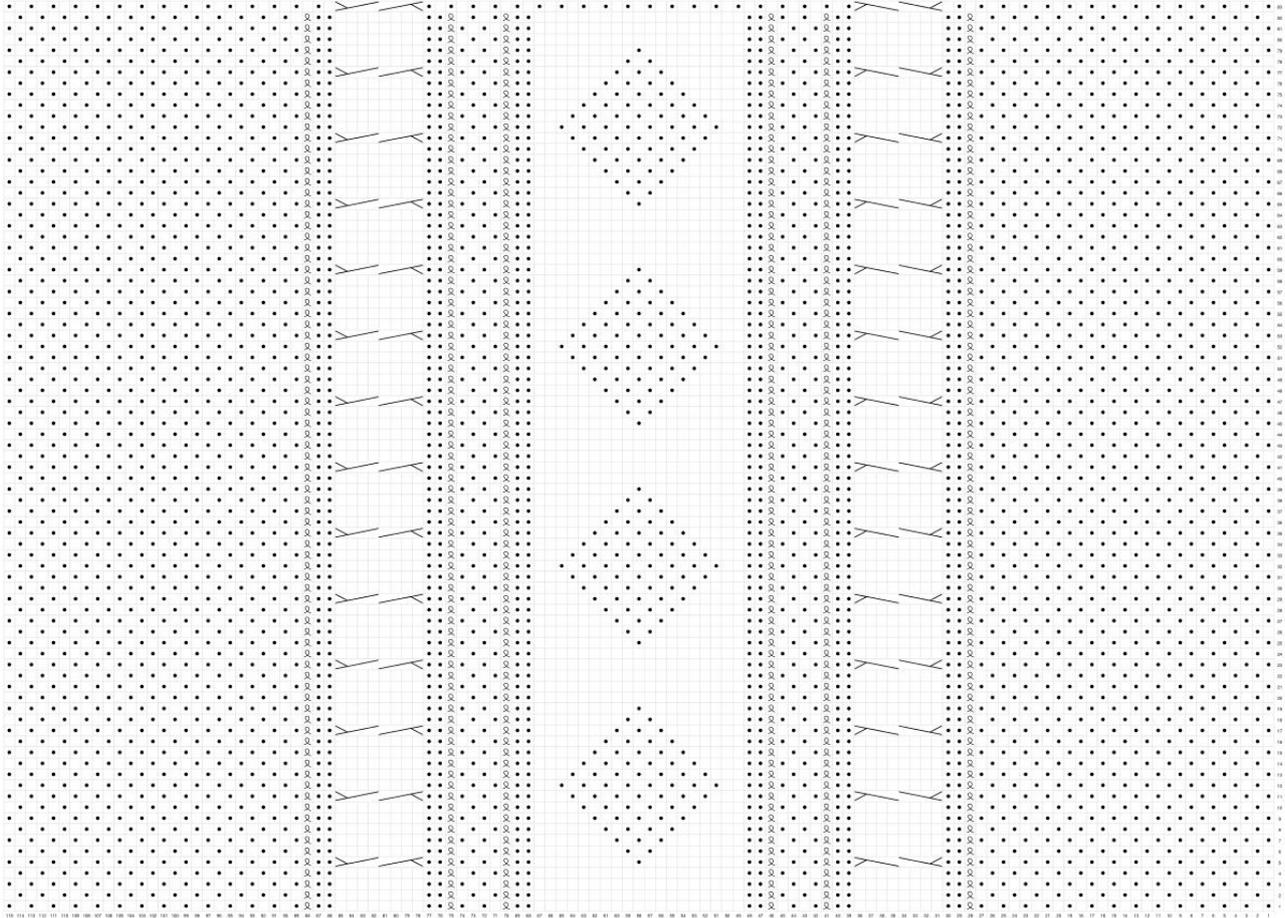
### Size 6 Chart C



# GREGORIA FIBERS

## LAVINIA VEST

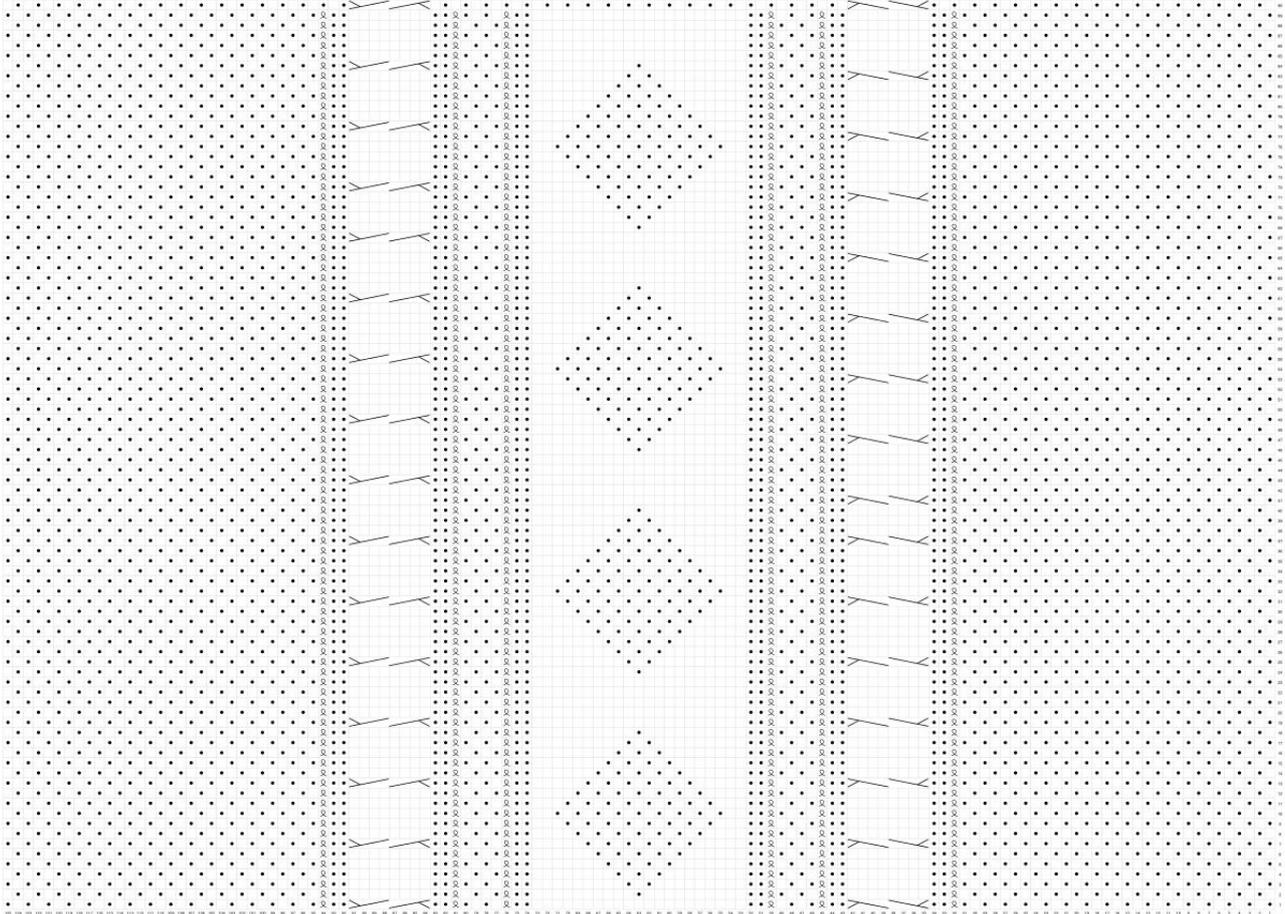
### Size 7 Chart C



# GREGORIA FIBERS

## LAVINIA VEST

### Size 8 Chart C



# GREGORIA FIBERS

English pattern version 1 // Anna Castillo © COPYRIGHT 2024

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