# Laulu pullover

Cable and lace yoke pullover pattern by Sari Nordlund

Laulu is the Finnish word for "a song". I chose this name because the undulating cables and rhythm they create reminded me of soft melodies. The Laulu pullover matches my popular Laulu shawl design.

The Laulu pullover is knitted seamlessly top-down starting at the neckband. A beautiful lace and cable pattern is worked on the yoke. The sleeves and body are separated at the underarm and knitted separately. The back is shaped with short-rows to give it a bit more length and to improve the fit.

## Sizes

- 1 (2, 3, 4, 5) (6, 7, 8, 9)
- Finished bust circumference: 82 (92, 102, 112, 122) (132, 142, 152, 162) cm / 32.25 (36.25, 40.25, 44, 48) (52, 56, 59.75, 63.75) inches, including the intended positive ease of 6 cm / 2.25 inches
- Length from hem to underarm (adjustable): 28 (28, 28, 28, 31) (31, 31, 31, 33) cm / 11 (11, 11, 11, 12.25) (12.25, 12.25, 12.25, 13) inches
- Yoke length: 23 (23, 23, 24, 24) (24, 25, 25, 26) cm / 9 (9, 9, 9.5, 9.5) (9.5, 9.75, 9.75, 10.25) inches
- Sleeve length: 40 (40, 42, 42, 42) (44, 44, 44, 44) cm / 15.75 (15.75, 16.5, 16.5, 16.5) (17.25, 17.25, 17.25, 17.25) inches, (adjustable)
- Upper arm circumference: 30 (33, 35, 38, 40) (44, 48, 52, 55) cm / 11.75 (13, 13.75, 15, 15.75) (17.25, 29, 20.5, 21.75) inches

## Yarn

*Note: The pullover uses a strand of fingering weight yarn held together with a strand of lace weight yarn, but they can be substituted for a single strand of DK weight yarn. If you wish to work a DK weight version, omit all the instructions where it says "hold the yarns together" and follow only the yarn amount requirements for the fingering weight yarn.*

800 (900, 975, 1075, 1200) (1300, 1425, 1575, 1750) m / 875 (975, 1075, 1175, 1300) (1425, 1550, 1725, 1925) yards of fingering weight yarn, and 800 (900, 975, 1075, 1200) (1300, 1425, 1575, 1750) m / 875 (975, 1075, 1175, 1300) (1425, 1550, 1725, 1925) yards of lace weight yarn.

Sample: 4 (4, 4, 5, 5) (6, 6, 7, 7) skeins of Knitting For Olive Merino (100% merino; 250 meters / 273 yards per 50 g) shown in the colorway Dark moose and 4 (4, 5, 5, 6) (6, 7, 8, 8) skeins of Knitting For Olive Soft Silk Mohair (70% mohair, 30% silk; 225 m / 246 yards per 25 g), shown in the colorway Rainy day.

## Gauge

20 sts and 28 rounds = 10 cm / 4 inches of Stockinette stitch in the round on largest needles, after blocking

## Notions

- 1 stitch marker
- waste yarn
- tapestry needle
- blocking tools

## Needles

For the ribbing and the yoke:
- 3 mm / US2.5 DPNs or a circular needle with a cable suitable for small circumference knitting for cuffs
- 3 mm / US2.5 circular needle with a cable length of 40 cm / 16 inches for the neckline
- 3 mm / US2.5 circular needle with a cable length of 80 cm / 32 inches for smaller sizes and 100 cm / 40 inches for larger sizes for the yoke and the hem

For the Stockinette stitch part:
- 3.5 mm / US4 DPNs or a circular needle with a cable suitable for small circumference knitting for sleeves
- 3.5 mm / US4 circular needle with a cable length of 80 cm / 32 inches for smaller sizes and 100 cm / 40 inches for larger sizes for the body

Note: Always use the needle size that gives you the right gauge!

# *Abbreviations*

| | |
|---|---|
| BO | Bind off |
| BOR | Beginning of the round |
| CO | Cast on |
| dec'd | Decreased |
| DPN(s) | Double pointed needles |
| inc'd | Increased |
| k | Knit |
| k2tog | Knit 2 sts together |
| p2tog | Purl 2 sts together |
| m1L | Make 1 knit st (left-leaning) |
| m1Lp | Make 1 purl st (left-leaning) |
| m1R | Make 1 knit st (right-leaning) |
| p | Purl |
| pm | Place marker |
| RS | Right side |
| RT | Right twist: Knit the second stitch on the left needle, then purl the first stitch on the left needle. |
| sl1 | Slip the next stitch as if to purl |
| sm | Slip marker |
| ssk | Slip, slip, knit the slipped sts together |
| st(s) | Stitch(es) |
| WS | Wrong side |
| wyif | With yarn in front |
| yo | Make a yarn over |

# Instructions

NECKBAND

CO 80 (96, 104, 112, 120) (112, 119, 114, 120) sts using the Long-Tail Cast On method with the smaller needles. Pm for BOR and join in the round carefully not to twist the ring of sts.

<u>Sizes 1-5 only:</u>
Ribbing Round: *P1, k2, p1; repeat from * until end.
Continue as established until the neckband measures 10 cm / 4 inches from the CO edge. The neckband will be folded double and sewn on the inside in the end.

<u>Sizes 6 and 7 only:</u>
Ribbing Round: *P1, k2, p1, k2, p1; repeat from * until end.
Continue as established until the neckband measures 10 cm / 4 inches from the CO edge. The neckband will be folded double and sewn on the inside in the end.

Increase Round: *P1, k2, m1Lp, p1, k2, p1; repeat from * until end. - (-, -, -, -) (128, 136, -, -) sts on needles.
Next Round: *P1, k2, p1; repeat from * until end.

<u>Sizes 8 and 9 only:</u>
Ribbing Round: *P1, k2; repeat from * until end.
Continue as established until the neckband measures 10 cm / 4 inches from the CO edge. The neckband will be folded double and sewn on the inside in the end.

Increase Round: *P1, m1Lp, k2; repeat from * until end. - (-, -, -, -) (-, -, 152, 160) sts on needles.
Next Round: *P1, k2, p1; repeat from * until end.

YOKE

<u>All sizes resume:</u>
Start working as instructed on the Yoke chart or follow the written instructions. The chart repeats 10 (12, 13, 14, 15) (16, 17, 19, 20) times on each round.

At the end of the chart there are 240 (288, 312, 336, 360) (384, 408, 456, 480) sts on needles.

Change to larger needles and work in Stockinette stitch until the yoke measures 23 (23, 23, 24, 24) (24, 25, 25, 26) cm / 9 (9, 9, 9.5, 9.5) (9.5, 9.75, 9.75, 10.25) inches from the top of the lace pattern (from Round 1 of the charted pattern, the ribbing is not included.)

<u>Sizes 1, 7 and 9 only:</u>
Increase round: K34 (-, -, -, -) (-, 61, -, 71), (m1L, k1) x 2, (k1, m1R) x 2, k44 (-, -, -, -) (-, 74, -, 90), (m1L, k1) x 2, (k1, m1R) x 2, k68 (-, -, -, -) (-, 122, -, 142), (m1L, k1) x 2, (k1, m1R) x 2, k44 (-, -, -, -) (-, 74, -, 90), (m1L, k1) x 2, (k1, m1R) x 2, k to end. 16 sts inc'd, 256 (-, -, -, -) (-, 424, -, 496) sts on needles.

<u>Sizes 2, 4 and 8 only:</u>
Increase round: K- (41, -, 50, -) (-, -, 68, -), m1L, k- (62, -, 68, -) (-, -, 92, -), m1R, k- (82, -, 100, -) (-, -, 136, -), m1L, k- (62, -, 68, -) (-, -, 92, -), m1R, k to end. 4 sts inc'd, - (292, -, 340, -) (-, -, 460, -) sts on needles.

<u>Size 6 only:</u>
Increase round: K57, (m1L, k1) x 2, k1, m1R, k70, m1L, k1, (k1, m1R) x 2, k114, (m1L, k1) x 2, k1, m1R, k70, m1L, k1, (k1, m1R) x 2, k to end. 12 sts inc'd, 396 sts on needles.

SEPARATE BODY AND SLEEVES

<u>All sizes resume:</u>
*Note: This is a good place to put the sts on a piece of waste yarn and try the yoke on to see how it fits. If you need to add extra length, you can knit a few more rounds in Stockinette stitch before separating the body and the sleeves.*

Next Round: K38 (43, 47, 52, 56) (61, 65, 70, 75), put the next 52 (60, 62, 66, 68) (76, 82, 90, 98) sts on hold for the right sleeve, CO 6 (6, 8, 8, 10) (10, 12, 12, 12) sts for underarm, k76 (86, 94, 104, 112) (122, 130, 140, 150), put the next 52 (60, 62, 66, 68) (76, 82, 90, 98)

sts on hold for the left sleeve, CO 6 (6, 8, 8, 10) (10, 12, 12, 12) sts for underarm, k until end. The BOR marker is now at the center back. Continue working in the round. 164 (184, 204, 224, 244) (264, 284, 304, 324) sts on needles for the body.

## SHORT-ROW SHAPING FOR THE BACK

This part is optional, so if you don't want to do the short-row shaping you can continue straight to the instructions for the body. The short-rows are worked at each armhole to make the back longer than the front.

Work 1 round of Stockinette stitch.

Short-row 1 (RS): K37 (42, 46, 51, 55) (60, 64, 69, 74), turn the work.
Short-row 2 (WS): Sl1 wyif and yo at the same time, pull the working yarn so that the "legs" of the slipped st rise up on the right needle and look like a pair of sts. From now on, this is called a "stitch pair." Then purl to BOR, sm, p37 (42, 46, 51, 55) (60, 64, 69, 74), turn the work.

Short-row 3 (RS): Sl1 wyif and yo at the same time, pull the yarn as above, knit to BOR, sm, knit until the next stitch pair, work the stitch pair as k2tog, k2, turn the work.
Short-row 4 (WS): Sl1 wyif and yo at the same time, pull the yarn as above, purl to BOR, sm, purl until the next stitch pair, work the stitch pair as p2tog, p2, turn the work.

Repeat Short-rows 3-4 another 3 (3, 4, 4, 5) (5, 6, 6, 6) times.

Short-row 5 (RS): Sl1 wyif and yo at the same time, pull the yarn as above, knit to BOR.

Next Round: Resume working in the round. Work in Stockinette stitch and work the remaining stitch pairs as k2tog at the same time.

## BODY

Work in Stockinette stitch until the body measures 25 (25, 25, 25, 28) (28, 28, 28, 30) cm / 9.75 (9.75, 9.75, 9.75, 11) (11, 11, 11, 11.75) inches from the underarm, or 4 cm / 1.5 inches less than the desired length. Note: The length of this pullover is slightly cropped, so I recommend you try it on at this point to see how it fits, and add length if needed. For a longer version, you can add 5-10 cm / 2-4 inches of length or your desired length.

## HEM

Change to the smaller needles.
Ribbing Round: *K1, p2, k1; repeat from * until end. Continue as established until the hem measures 4 cm / 1.5 inches.

Bind off all sts in pattern. I recommend using the Sewn Tubular Bind Off for the neatest result, and if you want to use it, rearrange the sts first to 1x1 ribbing as follows:

Next Round: K1, p1, RT; repeat from * to end. Then bind off all sts using the Sewn Tubular Bind Off.

*Good tutorials for the Sewn Tubular Bind Off:*
https://shibuiknits.com/pages/tubular-bind-off
https://stitchesnscraps.com/tutorial-tubular-bind-off-in-the-round/

## SLEEVES

Take the stitches held for the left sleeve back on your larger needles. Starting at the middle of the underarm CO edge and pick up and knit 3 (3, 4, 4, 5) (5, 6, 6, 6) sts along the side of the CO edge, then pick up and knit 1 st in the gap between the underarm CO edge and the sleeve. K the sleeve sts, then pick up and knit 1 st in the gap between the sleeve and the underarm CO edge and 3 (3, 4, 4, 5) (5, 6, 6, 6) sts along the second half of the underarm CO edge. Pm for BOR and continue working in the round. 60 (68, 72, 76, 80) (88, 96, 104, 112) sts on needles for the sleeve.

Work 3 rounds in Stockinette stitch.

Sleeve Decrease Round 1: K1, k2tog, k until 3 sts remain, ssk, k1. 2 sts dec'd.

Repeat the Sleeve Decrease Round on every 19th (10th, 10th, 11th, 14th) (9th, 7th, 7th, 5th) round another 3 (7, 8, 7, 5) (9, 13, 13, 17) times. 52 (52, 54, 60, 68) (68, 68, 76, 76) sts on needles.

Work in Stockinette stitch until the sleeve measures 35 (35, 37, 37, 37) (39, 39, 39, 39) cm / 13.75 (13.75, 14.5, 14.5, 14.5) (15.25, 15.25, 15.25, 15.25) inches from the underarm, or 4 cm / 1.5 inches less than the desired sleeve length.

Sizes 1-4 only:
Sleeve Decrease Round 2: *K11 (11, 7, 3, -) (-, -, -, -), k2tog; repeat from * until end. 4 (4, 6, 12, -) (-, -, -, -) sts dec'd, 48 sts on needles.

Sizes 5-7 only:
Sleeve Decrease Round 2: *K3, k2tog (k4, k2tog) x 2; repeat from * until end. 12 sts dec'd, 56 sts on needles.

Sizes 8 and 9 only:
Sleeve Decrease Round 2: *K5, k2tog (k4, k2tog) x 2; repeat from * until end. 12 sts dec'd, 64 sts on needles.

CUFFS

All sizes resume:
Change to the smaller needles.

Work ribbing on all stitches:
Ribbing Round: *K1, p2, k1; repeat from * until end. Continue as established until the cuff measures 4 cm / 1.5 inches or the desired length for the sleeve.

Bind off all sts. If you want to use the Sewn Tubular Bind Off, start by rearranging the stitches for 1x1 rib as explained in "Hem".
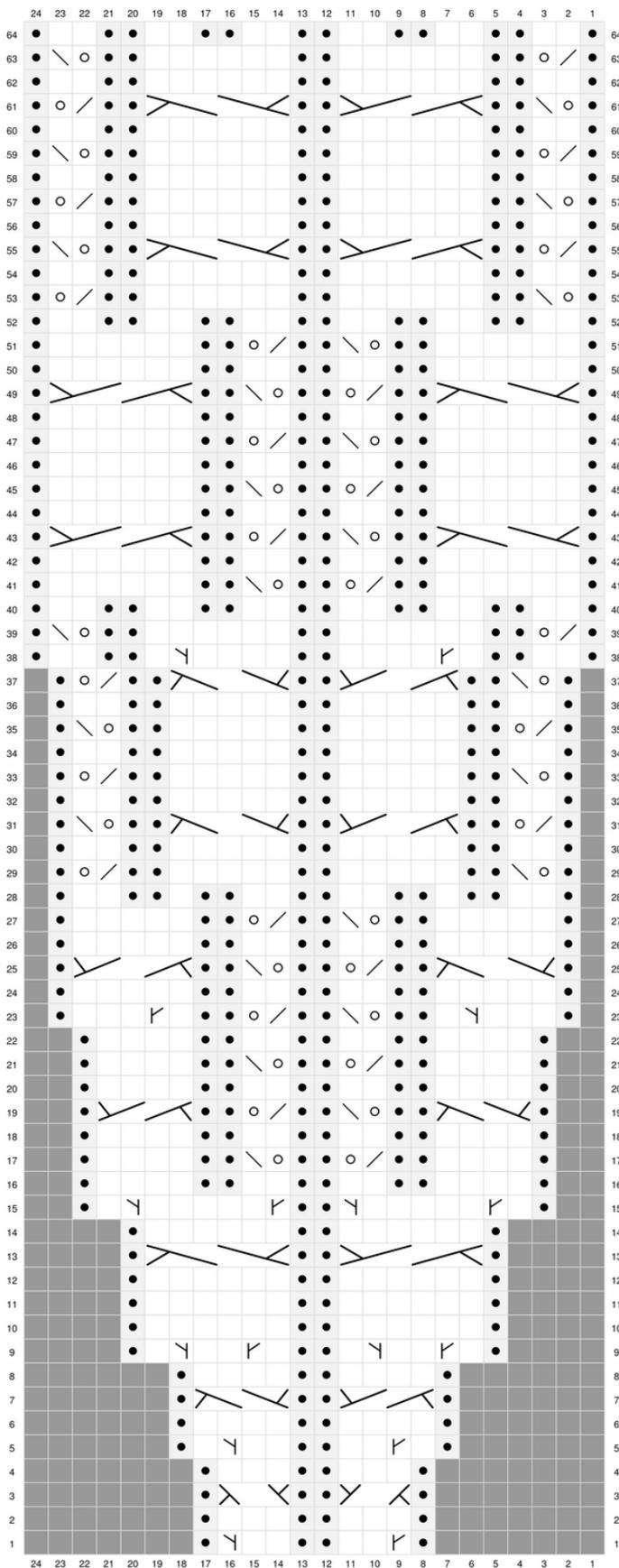
Work the second sleeve accordingly.

FINISHING

Weave in all remaining yarn ends. Wet block to measurements.

# Yoke Chart



**ABBREVIATIONS FOR THE CABLES**

**2/1 LC** 2 over 1 left cable: Sl2 to cable needle at front, k1, then k2 from cable needle.

**2/1 RC** 2 over 1 right cable: Sl1 to cable needle at back, k2, then k1 from cable needle.

**2/2 LC** 2 over 2 left cable: Sl2 to cable needle at front, k2, then k2 from cable needle.

**2/2 RC** 2 over 2 right cable: Sl2 to cable needle at back, k2, then k2 from cable needle.

**3/2 LC** 3 over 2 left cable: Sl3 to cable needle at front, k2, then k3 from cable needle.

**3/2 RC** 3 over 2 right cable: Sl2 to cable needle at back, k3, then k2 from cable needle.

**3/3 LC** 3 over 3 left cable: Sl3 to cable needle at front, k3, then k3 from cable needle.

**3/3 RC** 3 over 3 right cable: Sl3 to cable needle at back, k3, then k3 from cable needle.

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Written pattern

Round 1: P1, m1R, k2, p2, k2, m1L, p1.

Round 2: *P1, k3, p1; repeat from * until end.

Round 3: P1, 2/1 RC, p2, 2/1 LC, p1.

Round 4: *P1, k3, p1; repeat from * until end.

Round 5: P1, k1, m1R, k2, p2, k2, m1L, k1, p1.

Round 6: *P1, k4, p1; repeat from * until end.

Round 7: P1, 2/2 RC, p2, 2/2 LC, p1.

Round 8: *P1, k4, p1; repeat from * until end.

Round 9: (P1, k1, m1R, k2, m1L, k1, p1) x 2.

Round 10: *P1, k6, p1; repeat from * until end.

Round 11: *P1, k6, p1; repeat from * until end.

Round 12: *P1, k6, p1; repeat from * until end.

Round 13: P1, 3/3 RC, p2, 3/3 LC, p1.

Round 14: *P1, k6, p1; repeat from * until end.

Round 15: P1, k1, m1R, k5, m1L, p2, m1R, k5, m1L, k1, p1.

Round 16: P1, k4, (p2, k2) x 2, p2, k4, p1.

Round 17: P1, k4, p2, k2tog, yo, p2, yo, ssk, p2, k4, p1.

Round 18: P1, k4, (p2, k2) x 3, k2, p1.

Round 19: P1, 2/2 LC, p2, yo, ssk, p2, k2tog, yo, p2, 2/2 RC, p1.

Round 20: P1, k4, (p2, k2) x 3, k2, p1.

Round 21: P1, k4, p2, k2tog, yo, p2, yo, ssk, p2, k4, p1.

Round 22: P1, k4, (p2, k2) x 3, k2, p1.

Round 23: P1, k3, m1L, k1, p2, yo, ssk, p2, k2tog, yo, p2, k1, m1R, k3, p1.

Round 24: P1, k4, (k1, p2, k1) x 3, k4, p1.

Round 25: P1, 3/2 LC, p2, k2tog, yo, p2, yo, ssk, p2, 3/2 RC, p1.

Round 26: P1, k4, (k1, p2, k1) x 3, k4, p1.

Round 27: P1, k5, p2, yo, ssk, p2, k2tog, yo, p2, k5, p1.

Round 28: (P1, k2, p2, k1, p2, k2, p1) x 2.

Round 29: P1, yo, ssk, (p2, k5) x 2, p2, k2tog, yo, p1.

Round 30: P1, (k2, p2, k3) x 2, k2, p2, k2, p1.

Round 31: P1, k2tog, yo, p2, 3/2 RC, p2, 3/2 LC, p2, yo, ssk, p1.

Round 32: P1, (k2, p2, k3) x 2, k2, p2, k2, p1.

Round 33: P1, yo, ssk, (p2, k5) x 2, p2, k2tog, yo, p1.

Round 34: P1, (k2, p2, k3) x 2, k2, p2, k2, p1.

Round 35: P1, k2tog, yo, (p2, k5) x 2, p2, yo, ssk, p1.

Round 36: P1, (k2, p2, k3) x 2, k2, p2, k2, p1.

Round 37: P1, yo, ssk, p2, 3/2 RC, p2, 3/2 LC, p2, k2tog, yo, p1.

Round 38: P1, k2, p2, k1, m1R, k4, p2, k4, m1L, k1, p2, k2, p1.

Round 39: P1, k2tog, yo, (p2, k6) x 2, p2, yo, ssk, p1.

Round 40: *P1, k2, p1; repeat from * until end.

Round 41: P1, k6, p2, k2tog, yo, p2, yo, ssk, p2, k6, p1.

Round 42: P1, k6, (p2, k2) x 3, k4, p1.

Round 43: P1, 3/3 LC, p2, yo, ssk, p2, k2tog, yo, p2, 3/3 RC, p1.

Round 44: P1, k6, (p2, k2) x 3, k4, p1.

Round 45: P1, k6, p2, k2tog, yo, p2, yo, ssk, p2, k6, p1.

Round 46: P1, k6, (p2, k2) x 3, k4, p1.

Round 47: p1, k6, p2, yo, ssk, p2, k2tog, yo, p2, k6, p1.

Round 48: P1, k6, (p2, k2) x 3, k4, p1.

Round 49: P1, 3/3 LC, p2, k2tog, yo, p2, yo, ssk, p2, 3/3 RC, p1.

Round 50: P1, k6, (p2, k2) x 3, k4, p1.

Round 51: P1, k6, p2, yo, ssk, p2, k2tog, yo, p2, k6, p1.

Round 52: *P1, k2, p1; repeat from * until end..

Round 53: P1, yo, ssk, (p2, k6) x 2, p2, k2tog, yo, p1.

Round 54: P1, (k2, p2, k4) x 2, k2, p2, k2, p1.

Round 55: P1, k2tog, yo, p2, 3/3 RC, p2, 3/3 LC, p2, yo, ssk, p1.

Round 56: P1, (k2, p2, k4) x 2, k2, p2, k2, p1.

Round 57: P1, yo, ssk, (p2, k6) x 2, p2, k2tog, yo, p1.

Round 58: P1, (k2, p2, k4) x 2, k2, p2, k2, p1.

Round 59: P1, k2tog, yo, (p2, k6) x 2, p2, yo, ssk, p1.

Round 60: P1, (k2, p2, k4) x 2, k2, p2, k2, p1.

Round 61: P1, yo, ssk, p2, 3/3 RC, p2, 3/3 LC, p2, k2tog, yo, p1.

Round 62: P1, (k2, p2, k4) x 2, k2, p2, k2, p1.

Round 63: P1, k2tog, yo, (p2, k6) x 2, p2, yo, ssk, p1.

Round 64: *P1, k2, p1; repeat from * until end.

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