



LONELY LEFTOVERS VEST

by wool and beyond / elin berlin

Sizes: XS (S, M, L, XL) 2XL, 3XL, 4XL

Chest width (garment): 87 (92, 102, 110, 118) 126, 137, 146 cm

For this garment I recommend about 5 cm positive ease

Gauge: 14 sts and 28 rows = 10 x 10 cm in garter stitch

Needles: 6 mm circular needles, 60-100 cm cable

3 mm circular needles, 40-80 cm cable

Material: Yarn 1: Around 320 (350, 380, 410, 450) 480, 520, 550 g scrap yarn

OR Drops Alaska **or** Drops Nepal (50 g = 70-75 m)

Yarn 2: Around 50 g Svarta Fåret Giva (50 g = 160 m)

...or yarn that gives the same gauge!

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ABOUT THE PATTERN

Lonely Leftovers Vest is a simple vest in garter stitch with a rounded bottom edge. First you make the back yoke, from which you then pick up and knit sts to make the back, which is shaped with increases along both sides to make the armholes.

After that you pick up and knit sts along the opposite side of the back yoke to make the front shoulders, which are worked separately while shaping the neckline and the armholes with increases. Then you join the front pieces with the back by casting on sts for the armholes. The body is then worked back and forth before it's finished off with a rounded edge at the bottom. Lastly you make the i-cord edges all along the outer borders of the vest, as well as the ties in the front.

WORK WITH SCRAP YARN

To make the vest with leftover scrap yarn you can hold multiple strands of thinner yarn together to create a thicker yarn. For my vest I held three strands of fingering/sport weight yarn together to get gauge.

To create fades and transitions between colors simply switch out one of the strands gradually.

For example: let's say you're working with three strands of yarn - 1. pink, 2. green 3. white.

If you then want to switch out the 3rd white yarn for a 4th beige yarn I recommend that you work like this to create a fade:

Row 1 (RS): Work with yarn 1 + 2 + 3

Row 2 (WS): Work with yarn 1 + 2 + 3

Row 3 (RS): Work with yarn 1 + 2 + 4

Row 4 (WS): Work with yarn 1 + 2 + 4

Repeat Row 1-4 about 2-3 times and then break yarn 3 (white) to continue to work with yarn 1 + 2 + 4.

KNIT A SWATCH

Cast on 20 sts on 6 mm needles. Work 8 cm in stockinette stitch before you bind off. Wash and block your swatch before you measure your gauge - you should have 14 sts per 10 cm.

TECHNIQUES

German short rows: <https://www.youtube.com/watch?v=a3S9cl47PYw&t=138s>

ABBREVIATIONS

st/s = stitch/es

k = knit

Sl1wYO = slip 1 with yarn over (to make the turn stitch for german short rows)

k2tog = knit the next 2 sts together

ssk = slip 1 st knit wise, slip the next st knit wise, put the 2 sts back on left needle and k2tog tbl

tbl = through the back loop

m1l = insert left needle under strand between two sts from front to back, knit the strand tbl

m1r = insert left needle under strand between two sts from back to front, knit the strand

sl = slip

RS = right side

WS = wrong side

INSTRUCTIONS

BACK YOKE

Use yarn 1 and the recommended needle size 6 mm and cast on 20 (20, 20, 22, 22) 22, 22, 22 sts. Work back and forth in garter stitch until the back yoke measures about 31 (32, 33, 33, 34) 35, 36, 37 cm. Bind off all sts.

I-CORD ALONG BACK YOKE

Use yarn 2 and the recommended needle size 3 mm. Pick up and knit sts along one of the long sides of the back yoke. I recommend that you pick up and knit 1 st along each st/row. Break the yarn once you reach the other side of the long side.

Work the i-cord along the sts you just picked up like this: cast on 6 sts, slip the 6 sts onto the left needle (with the sts you just picked up), k5, k2tog tbl,* slip all sts to the left needle, k5, k2tog tbl* repeat *-* until you've reached the end and bound off all the sts you previously picked up. Bind off the last sts.

BACK

Use yarn 1 and the recommended needle size 6 mm. Pick up and knit 42 (44, 46, 48, 50) 52, 54, 56 sts along the free edge of the i-cord, so that there's 3 sts visible of the i-cord from the RS.

Knit 7 (7, 5, 5, 5) 3, 3, 3 rows. On the next row from the RS you'll begin to shape the armholes by making increases along both sides of your work on every other row, like this:

Row 1 (RS): K2, m1l, knit until you have 2 sts left, m1r, k2.

Row 2 (WS): Knit until the end of the row.

Repeat Row 1-2 a total of 5 (6, 7, 9, 10) 10, 12, 13 times = 52 (56, 60, 66, 70) 72, 78, 82 sts.

Break the yarn and put the sts for the back on hold while you work on the front.

RIGHT FRONT SHOULDER

Place your work in front of you with the RS facing towards you and the back yoke pointing upwards. You'll now pick up and knit sts along the back yoke along the opposite long side to the back. Start at the upper right corner of the long side of the back yoke and measure up 10.5 (11.5, 12, 12, 13) 13.5, 14, 14 cm towards the center of the back yoke and place a marker there. Pick up and knit 15 (16, 16, 17, 18) 19, 20, 20 sts from the upper right corner of the back yoke towards the marker you just placed. Remove the marker.

First you'll shape the shoulder with german short rows, like this:

Row 1 (WS): Knit until the end of the row.

Row 2 (RS): Knit until the end of the row.

Row 3 (WS): Knit 4 (4, 4, 4, 4) 5, 5, 5 sts, turn.

Row 4 (RS): Sl1wYO, knit until the end of the row.

Row 5 (WS): Knit until the last turn, knit the turn st, knit 4 (4, 4, 4, 4) 5, 5, 5 sts, turn.

Row 6 (RS): Sl1wYO, knit until the end of the row.

Row 7 (WS): Knit until the last turn, knit the turn st, knit 4 (4, 4, 4, 5) 5, 5, 5 sts, turn.

Row 8 (RS): Sl1wYO, knit until the end of the row.

Row 9 (WS): Knit until the end of the row.

Work in garter stitch until the right front shoulder measures about 13 (13, 14, 14, 14) 14, 14, 14 cm along the left side of your work (from the RS). On the next row from the RS you'll begin to shape the neckline with increases along the left side of your work on every other row, like this:

Row 1 (RS): Knit until you have 2 sts left, m1r, k2.

Row 2 (WS): Knit until the end of the row.

Repeat Row 1-2 a total of 3 (3, 4, 4, 4) 5, 5, 6 times = 18 (19, 20, 21, 22) 24, 25, 26 sts.
Work one more Row 1 and cast on 3 sts at the end of the row = 22 (23, 24, 25, 26) 28, 29, 30 sts.

Continue to work in garter stitch until the right front shoulder measures about 19 (20, 20, 23, 23) 23, 24, 25 cm along the right side of your work (from the RS). On the next row from the RS you'll begin to shape the armhole with increases along the right side of your work on every other row, like this:

Row 1 (RS): K2, m1l, knit until the end of the row.

Row 2 (WS): Knit until the end of the row.

Repeat Row 1-2 a total of 5 (6, 7, 9, 10) 10, 12, 13 times = 27 (29, 31, 34, 36) 38, 41, 43 sts.

Break the yarn and put the sts for the right front shoulder on hold while you work on the left front shoulder.

LEFT FRONT SHOULDER

Place your work in front of you with the RS facing towards you and the back yoke pointing upwards. Start at the upper left corner of the long side of the back yoke and measure up 10.5 (11.5, 12, 12, 13) 13.5, 14, 14 cm towards the center of the back yoke and place a marker there. Pick up and knit 15 (16, 16, 17, 18) 19, 20, 20 sts from the marker towards the left side of the back yoke. Remove the marker.

First you'll shape the shoulder with german short rows, like this:

Row 1 (WS): Knit until the end of the row.

Row 2 (RS): Knit 4 (4, 4, 4, 4) 5, 5, 5 sts, turn.

Row 3 (WS): S1wYO, knit until the end of the row.

Row 4 (RS): Knit until the last turn, knit the turn st, knit 4 (4, 4, 4, 4) 5, 5, 5 sts, turn.

Row 5 (WS): S1wYO, knit until the end of the row.

Row 6 (RS): Knit until the last turn, knit the turn st, knit 4 (4, 4, 4, 5) 5, 5, 5 sts, turn.

Row 7 (WS): S1wYO, knit until the end of the row.

Work in garter stitch until the right front shoulder measures about 13 (13, 14, 14, 14) 14, 14, 14 cm along the right side of your work (from the RS). On the next row from the RS you'll begin to shape the neckline with increases along the right side of your work on every other row, like this:

Row 1 (RS): K2, m1l, knit until the end of the row.

Row 2 (WS): Knit until the end of the row.

Repeat Row 1-2 a total of 4 (4, 5, 5, 5) 6, 6, 7 times, and cast on 3 sts at the end of the last Row 2 = 22 (23, 24, 25, 26) 28, 29, 30 sts.

Continue to work in garter stitch until the right front shoulder measures about 19 (20, 20, 23, 23) 23, 24, 25 cm along the left side of your work (from the RS). On the next row from the RS you'll begin to shape the armhole with increases along the left side of your work on every other row, like this:

Row 1 (RS): Knit until you have 2 sts left, m1r, k2.

Row 2 (WS): Knit until the end of the row.

Repeat Row 1-2 a total of 5 (6, 7, 9, 10) 10, 12, 13 times = 27 (29, 31, 34, 36) 38, 41, 43 sts.

BODY

On the next row from the RS you'll join the left front shoulder with the back and the right front shoulder by casting on sts for the armholes, like this:

(left front shoulder) knit until you have 2 sts left, m1r, k2, cast on 6 (6, 8, 8, 10) 12, 14, 16 sts, *(back)* k2, m1l, knit until you have 2 sts left, m1r, k2, cast on 6 (6, 8, 8, 10) 12, 14, 16 sts, *(right front shoulder)* k2, m1l, knit until the end of the row = 122 (130, 142, 154, 166) 176, 192, 204 sts.

Continue to work in garter stitch until the body measures about 20-25 cm from the armhole, or as long as you want your vest to be minus 8 cm (the rounded edge at the bottom).

On the next row from the RS you'll begin to shape the rounded edge towards the front of the vest with decreases, like this:

Row 1 (RS): K2, ssk, knit until you have 4 sts left, k2tog, k2.

Row 2 (WS): Knit until the end of the row.

Row 3 (RS): Knit until the end of the row.

Row 4 (WS): Knit until the end of the row.

Row 5 (RS): K2, ssk, knit until you have 4 sts left, k2tog, k2.

Row 6 (WS): Knit until the end of the row.

Repeat row 5-6 a total of 6 times = 108 (116, 128, 140, 152) 162, 178, 190 sts.

Then work Row 5 from both the RS and the WS a total of 6 times = 96 (104, 116, 128, 140) 150, 166, 179 sts. Bind off all sts from the RS.

I-CORD EDGE ALONG ARMHOLE

Next up you'll make an i-cord edge around the armholes - the i-cord is worked the same way along both armholes. Use yarn 2 and the recommended needle size 3 mm. First you need to pick up and knit sts all along the armhole. Start at the center of the bottom of the armhole (where you previously casted on sts). When you pick up and knit sts along the armhole I recommend that you do it like this:

ALONG THE BOTTOM OF THE ARMHOLE (THE STS THAT YOU PREVIOUSLY CASTED ON)

*AND THE BACK YOKE: *Pick up and knit along 1 st, pick up and knit in between 2 sts* repeat *-**

ALONG THE REST OF THE ARMHOLE: Pick up and knit 1 st along each st/row

Break the yarn once you reach the other side of the armhole and the point where you started to pick up and knit sts. Work the i-cord along the sts you just picked up like this: cast on 5 sts, slip the 5 sts onto the left needle (with the sts you just picked up), k4, k2tog tbl,* slip all sts to the left needle, k4, k2tog tbl* repeat *-* until you've reached the end and bound off all the sts you previously picked up. Sew the last 5 sts to the cast on edge of the i-cord to create a seamless transition.

Make the i-cord along the other armhole the same way.

I-CORD ALONG THE OUTER EDGE

Next up you'll make an i-cord edge all along the outer edge of the vest.

Use yarn 2 and the recommended needle size 3 mm.

First you need to pick up and knit sts all along the outer edge of the vest, so make sure to use a long cable if you have it on hand, otherwise you can work in sections. Start at the bottom edge just below the left armhole so that the starting point of the i-cord is just at the left side.

When you pick up and knit sts along the outer edges I recommend that you do it like this:

ALONG THE BOTTOM (THE STS YOU BOUND OFF):

Pick up and knit along 1 st, pick up and knit in between 2 sts* repeat *-

ALONG THE REST OF THE OUTER EDGE: Pick up and knit 1 st along each st/row

Break the yarn once you reach the point where you started to pick up and knit sts.

Work the i-cord along the sts you just picked up like this: cast on 5 sts, slip the 5 sts onto the left needle (with the sts you just picked up), k4, k2tog tbl,* slip all sts to the left needle, k4, k2tog tbl* repeat *-* until you've reached the end and bound off all the sts you previously picked up. Sew the last 5 sts to the cast on edge of the i-cord to create a seamless transition.

TIES

Use yarn 2 and the recommended needle size 3 mm. Cast on 6 sts.

Row 1: Sl2wyif, k1, sl1wyif, k2.

Repeat Row 1 until the tie measures about 40 cm, or as long as you want it. Make another tie the same way. Sew the ties to the inside of the i-cord edge just below the neckline.