

# MORECA KNIT

## #SOLENECARDIGAN

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VERSION  
1.0

DIFFICULTY  
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## DESCRIPTION

The Solene Cardigan is worked from the top down in stockinette stitch. It begins with the left and right back sections, which are worked separately. German short rows ensure a good fit for the shoulders. After casting on stitches for the neck, the pieces are joined to work the back as one piece. Next, stitches are picked up to work the left and right fronts separately with increases to form the V-neck. Once all parts are ready, stitches are picked up for the underarms, and the knitting is joined and worked straight back and forth. Stitches are then picked up along the armholes to work the sleeves in the round. After this, stitches are picked up to knit the front edge in double knitting. Finally, the ties are worked in the i-cord technique and then sewn to the front edge.

## SIZES

**XS / S / M / L / XL / 2XL / 3XL**

## SIZE GUIDE

The Solene Cardigan has a relaxed fit and is designed to have approx. 20 cm [8 in] of positive ease with slightly reduced ease in larger sizes, to ensure a more comfortable fit. This means the garment's measurements will be approx. 20 cm [8 in] larger than your actual bust circumference.

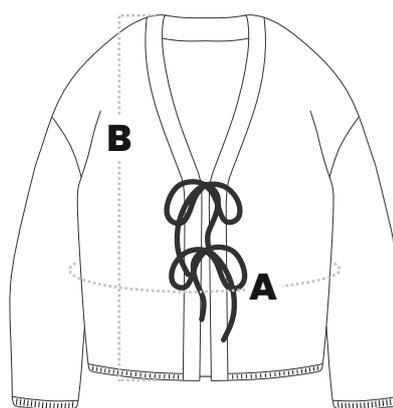
The sizes XS / S / M / L / XL / 2XL / 3XL are designed to fit a bust circumference of 80-85 / 85-90 / 90-95 / 95-100 / 100-110 / 110-120 / 120-130 cm [31½-33½ / 33½-35½ / 35½-37½ / 37½-39½ / 39½-43¼ / 43¼-47¼ / 47¼-51¼ in].

Before you begin, measure yourself to determine the right size. For example, if your bust circumference is 92 cm [36½ in], you should knit a size M. If you are between sizes, choose the size based on how loose you prefer the cardigan to fit. Using the diagram with the finished garment measurements can be a helpful reference when deciding which size to select.

## FINISHED MEASUREMENTS

**A:** 104 / 110 / 115 / 121 / 125 / 131 / 138 cm  
[41 / 43¼ / 45¼ / 47¼ / 49¼ / 51½ / 54¼ in]

**B:** 54 / 55 / 56 / 58 / 59 / 60 / 62 cm  
[21¼ / 21¾ / 22 / 23¼ / 23½ / 24½ in]



## SUGGESTED YARN

**Lamana** (worked with one strand throughout the process):  
350 / 375 / 400 / 425 / 450 / 475 / 500 g Bergamo by Lamana 25 g = 65 m [71 yds].

**Gepard Garn** (worked with two strands held together throughout the process):  
400 / 450 / 450 / 500 / 550 / 550 / 600 g Pura Lana by Gepard Garn 50 g = 115 m [126 yds]  
**held together with** 75 / 75 / 75 / 100 / 100 / 100 / 100 g Cashmere Lace by Gepard Garn 25 g = 350 m [383 yds].

## GAUGE

### After washing and blocking:

19 sts x 28 rows = 10 x 10cm [4 x 4 inches] in stockinette stitch on 4.5 mm [US 7] needles.

44 sts x 56 rows = 10 x 10cm [4 x 4 inches] in double knitting on 3.5 mm [US 4] needles. The stated gauge accounts for both layers of double knitting. The visible stitch and row count for each layer is half of the stated amount = 22 sts x 28 rows.

Please make sure to knit a swatch. Ensure that your swatch gauge matches the given one. If you cannot achieve the required gauge using the suggested needles, adjust your needle size to reach the correct gauge.

## NEEDLES

### Circular needles:

4.5 mm [US 7] 40, and 80 or 100 cm [16, and 32 or 40 in].

4 mm [US 6] 80 or 100 cm [32 or 40 in].

3.5 mm [US 4] 80 or 100 cm [32 or 40 in].

### Double-pointed needles:

4 mm [US 6] or long circular needles for the magic loop technique.

3.5 mm [US 4] optional.

## NOTIONS

Stitch markers, extra yarn or stitch holders, tapestry needle.

## DIFFICULTY GUIDE

- ○ ○ ○ ○ BEGINNER
- ● ○ ○ ○ EXPERIENCED BEGINNER
- ● ● ○ ○ INTERMEDIATE
- ● ● ● ○ ADVANCED
- ● ● ● ● EXPERT

## SUPPORT

support@morecaknit.com

## SOCIAL



## COPYRIGHT

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## VIDEO TUTORIALS



In the sections of this pattern, you will find links to videos demonstrating the techniques needed to execute the required elements. Additionally, for easier navigation through the videos, I provide a QR code for the YouTube playlist. You will find all the videos related to this pattern in this playlist.

Please note that the videos included in the pattern are a supplement to the text instructions. Please follow the text first, as the videos may show the knitting principle rather than a step-by-step guide.

## ABBREVIATIONS

### General:

**st/sts** - Stitch(es)

**K** - Knit

**P** - Purl

**TBL** - Through the Back Loop

**r** - Row/Round

**RS/WS** - Right Side/Wrong Side

**BOR** - Beginning Of Round

### Slips:

**SLIPW** - Slip One Purlwise

### Yarn Position:

**wyib** - with yarn in back

**wyif** - with yarn in front

### Increases:

**MIL** - Make 1 Left (left-leaning increase): Insert the left needle from front to back under the bar between stitches. Knit this stitch through the back loop.

**MIR** - Make 1 Right (right-leaning increase): Insert the left needle from back to front under the bar between stitches. Knit this stitch through the front loop.

**M1PL** - Make 1 Purl Left (left-leaning purl increase): Insert the left needle from front to back under the bar between stitches. Purl this stitch through the back loop.

**M1PR** - Make 1 Purl Right (right-leaning purl increase): Insert the left needle from back to front under the bar between stitches. Purl this stitch through the front loop.

### Decreases:

**K2TOG** - Knit Two Together (right-leaning decrease): Insert the right needle into the next two stitches knitwise and knit them together as one stitch.

**SSK** - Slip, Slip, Knit (left-leaning decrease): Slip 1 stitch knitwise, slip the next stitch knitwise, insert the left needle into the fronts of these two stitches from left to right, and knit them together through the back loops.

**SSP** - Slip, Slip, Purl (right-leaning decrease): Slip 1 stitch knitwise, slip the next stitch knitwise, return both stitches to the left needle in their new orientation, and purl them together through the back loops.

**SKP** - Slip, Knit, Pass (left-leaning decrease): Slip 1 stitch knitwise, knit the next stitch, then pass the slipped stitch over the knit stitch and off the needle.

### About the German Short Rows technique:

When the instructions say '**Turn**', this indicates that you should turn your work around, slip the first stitch purlwise, and create a double stitch at the turning point. The term '**Work number of sts after the last turn**' means that you should work up to the double stitch created during the previous row's turn, work this stitch, and then proceed to work the specified number of stitches after it.

## RIGHT BACK

The right back (positioning as worn) is worked back and forth in stockinette stitch using **4.5 mm [US 7] 80 or 100 cm [32 or 40 in]** circular needles.

Cast on 22/23/24/25/25/26/27 sts on **4.5 mm [US 7] 80 or 100 cm [32 or 40 in]** circular needles using a **Reverse Long-Tail Cast-On technique**.

Work in the **German Short rows technique** to shape the shoulder slope:

**Row 1 (RS):** K4/4/4/5/5/6/7. Turn.

**Row 2 (WS):** Purl to the end of the row.

Continue working in the **German Short Rows technique** while simultaneously making **increases** to shape the neckline:

**Row 3 (RS):** K3, **MIL**, K to the last turn, K4 after it. Turn. (1 st increased).

**Row 4 (WS):** Purl to the end of the row.

Work rows 3-4 a total of 4 times (your last turn is 2/3/4/4/4/4/4 sts before the end of the RS row).

The short rows are now complete.

Knit 1 row.

**Now you have** 26/27/28/29/29/30/31 sts on the needles and worked 1 row (if counting along the armhole side).

Break the yarn and place the sts on hold to continue working with them later.

## LEFT BACK

The left back (positioning as worn) is worked back and forth in stockinette stitch using **4.5 mm [US 7] 80 or 100 cm [32 or 40 in]** circular needles.

Cast on 22/23/24/25/25/26/27 sts on **4.5 mm [US 7] 80 or 100 cm [32 or 40 in]** circular needles using a Long-Tail Cast-On technique.

Work in the **German Short rows technique** to shape the shoulder slope:

**Row 1 (WS):** P4/4/4/5/5/6/7. Turn.

**Row 2 (RS):** Knit to the end of the row.

Now, continue working in the **German Short Rows technique** while simultaneously making **increases** to shape the neckline:

**Row 3 (WS):** P3, **MIPR**, P to the last turn, P4 after it. Turn. (1 st increased).

**Row 4 (RS):** Knit to the end of the row.

Work rows 3-4 a total of 4 times (your last turn is 2/3/4/4/4/4/4 sts before the end of the WS row). The short rows are now complete.

Click here to watch the video:  
**[REVERSE LONG-TAIL CO]**

Click here to watch the video:  
**[GERMAN SHORT ROWS]**

Click here to watch the video:  
**[INCREASES]**

Click here to watch the video:  
**[PURL INCREASES]**

Purl 1 row.

**Now you have** 26/27/28/29/29/30/31 sts on the needles and worked 1 row (if counting along the armhole side).

Do not break the yarn to continue joining the back from here.

## BACK

The back is worked back and forth in stockinette stitch using **4.5 mm [US 7] 80 or 100 cm [32 or 40 in]** circular needles.

Join the back as follows:

With the RS facing, knit across the left back (26/27/28/29/29/30/31 sts). Next, align a new strand of yarn (matching the number of strands you currently use) with the working yarn, leaving a small tail. Using both strands, cast on 28/28/30/30/32/32/32 sts as an extension of the left back stitches using the **Long-Tail Cast-On method**. Then, break the additional strand. Finally, using the working yarn only, knit across the right back (26/27/28/29/29/30/31 sts).

*Click here to watch the video:*  
**[LONG-TAIL CO]**

Purl 1 row.

**Now you have** 80/82/86/88/90/92/94 sts on the needles and worked 3 rows (if counting along the armhole side).

Now work with **decreases** in every 4th row to shape the armholes:

**Row 1 (RS):** K2, **SSK**, knit until the last 4 sts of the row, **K2TOG**, K2. (2 sts decreased).

**Row 2 (WS):** Purl all sts.

**Row 3 (RS):** Knit all sts.

**Row 4 (WS):** Purl all sts.

*Click here to watch the video:*  
**[DECREASES]**

Work rows 1-4 a total of 3 times. Finish with the WS row.

**Now you have** 74/76/80/82/84/86/88 sts on the needles and worked 15 rows (if counting along the armhole side).

Now work straight in stockinette stitch:

**Row 1 (RS):** Knit all sts.

**Row 2 (WS):** Purl all sts.

Work rows 1-2 a total of 9/9/10/10/10/10/10 times. Finish with the WS row.

**Now you have** 74/76/80/82/84/86/88 sts on the needles and worked 33/33/35/35/35/35/35 rows (if counting along the armhole side).

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watch the video:  
[INCREASES]

Now work with **increases** in every other row to shape the armholes:

**Row 1 (RS):** K3, **M1L**, knit until the last 3 sts of the row, **M1R**, K3. (2 sts increased).

**Row 2 (WS):** Purl all sts.

Work rows 1–2 a total of 10/11/11/12/13/14/15 times. Finish with the WS row.

**Now you have** 94/98/102/106/110/114/118 sts on the needles and worked 53/55/57/59/61/63/65 rows (if counting along the armhole side).

Break the yarn and place the sts on hold to continue working with them later.

## RIGHT FRONT

The right front (positioning as worn) is worked back and forth in stockinette stitch using **4.5 mm [US 7] 80 or 100 cm [32 or 40 in]** circular needles.

With the RS facing pick up and knit a total of 22/23/24/25/25/26/27 stitches along the right shoulder slope using **4.5 mm [US 7] 80 or 100 cm [32 or 40 in]** circular needles. This corresponds to picking up and knitting one stitch in each stitch of the shoulder slope.

**Note:** Ensure that the stitches are picked up and knit to mirror the stitches of the shoulder to create a mirrored appearance. The first stitch should be picked up and knit into the very first available stitch at the edge; the last stitch should be picked up and knit into the very last available stitch at the edge.

Work in the **German Short rows technique** to shape the shoulder slope:

**Row 1 (WS):** P4/4/4/5/5/6/7. Turn.

**Row 2 (RS):** Knit to the end of the row.

**Row 3 (WS):** P4 after the last turn. Turn.

**Row 4 (RS):** Knit to the end of the row.

Work rows 3–4 a total of 4 times (your last turn is 2/3/4/4/4/4/4 sts before the end of the WS row). The short rows are now complete.

Now work straight in stockinette stitch:

**Row 1 (WS):** Purl all sts.

**Row 2 (RS):** Knit all sts.

Work rows 1–2 a total of 2/2/3/3/3/3/3 times. Finish with the RS row.

**Now you have** 22/23/24/25/25/26/27 sts on the needles and worked 4/4/6/6/6/6/6 rows (if counting along the armhole side).

Click here to  
watch the video:  
[GERMAN  
SHORT ROWS]

Click here to  
watch the video:  
[PURL  
INCREASES]

Now work with **decreases** in every 4th row to shape the armhole:

**Row 1 (WS):** Purl until the last 4 sts of the row, **SSP**, P2. (1 st decreased).

**Row 2 (RS):** Knit all sts.

**Row 3 (WS):** Purl all sts.

**Row 4 (RS):** Knit all sts.

Work rows 1 – 4 a total of 1/1/0/0/0/0/0 times. Finish with the RS row.

**Now you have** 21/22/24/25/25/26/27 sts on the needles and worked 8/8/6/6/6/6/6 rows (if counting along the armhole side).

Now work simultaneously with **decreases** for the armholes and **increases** for the V-neck every 4th row:

**Row 1 (WS):** P3, **MIPR**, purl until the last 4 sts of the row, **SSP**, P2. (1 st increased; 1 st decreased).

**Row 2 (RS):** Knit all sts.

**Row 3 (WS):** Purl all sts.

**Row 4 (RS):** Knit all sts.

Work rows 1 – 4 a total of 2/2/3/3/3/3/3 times. Finish with the RS row.

**Now you have** 21/22/24/25/25/26/27 sts on the needles and worked 16/16/18/18/18/18/18 rows (if counting along the armhole side).

Now work with **increases** in every 4th row to continue shaping the V-neck:

**Row 1 (WS):** P3, **MIPR**, purl to the end of the row. (1 st increased).

**Row 2 (RS):** Knit all sts.

**Row 3 (WS):** Purl all sts.

**Row 4 (RS):** Knit all sts.

Work rows 1 – 4 a total of 5/5/5/5/5/5/5 times. Finish with the RS row.

**Now you have** 26/27/29/30/30/31/32 sts on the needles and worked 36/36/38/38/38/38/38 rows (if counting along the armhole side).

Now work simultaneously with **increases** in every other row for the armhole and every 4th row for the V-neck:

**Row 1 (WS):** P3, **MIPR**, purl until the last 3 sts of the row, **MIPL**, P3. (2 sts increased).

**Row 2 (RS):** Knit all sts.

**Row 3 (WS):** Purl until the last 3 sts of the row, **MIPL**, P3. (1 st increased).

**Row 4 (RS):** Knit all sts.

Work rows 1 – 4 a total of 5/5/5/5/6/6/6 times. Finish with the RS row.

**Now you have** 41/42/44/45/48/49/50 sts on the needles and worked 56/56/58/58/62/62/62 rows (if counting along the armhole side).

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watch the video:  
[PURL  
INCREASES]

Now work with **increases** in every other row to continue shaping the armhole:

**Row 1 (WS):** Purl until the last 3 sts of the row, **MIPL**, P3. (1 st increased).

**Row 2 (RS):** Knit all sts.

Work rows 1–2 a total of 0/1/1/2/1/2/3 times. Finish with the RS row.

**Now you have** 41/43/45/47/49/51/53 sts on the needles and worked 56/58/60/62/64/66/68 rows (if counting along the armhole side).

Break the yarn and place the sts on hold to continue working with them later.

## LEFT FRONT

The left front (positioning as worn) is worked back and forth in stockinette stitch using **4.5 mm [US 7] 80 or 100 cm [32 or 40 in]** circular needles.

With the RS facing, leave a yarn tail on the left that is approximately 3.5 times the length of the slope edge. Ensure the working yarn (skein) remains on your right side of the edge so you can start knitting from there later. Using that yarn tail, pick up and knit a total of 22/23/24/25/25/26/27 stitches along the left shoulder slope using **4.5 mm [US 7] 80 or 100 cm [32 or 40 in]** circular needles. This corresponds to picking up and knitting one stitch in each stitch of the shoulder slope.

**Note:** Ensure that the stitches are picked up and knit to mirror the stitches of the shoulder to create a mirrored appearance. The first stitch should be picked up and knit into the very first available stitch at the edge; the last stitch should be picked up and knit into the very last available stitch at the edge.

Work in the **German Short rows technique** to shape the shoulder slope:

**Row 1 (RS):** K4/4/4/5/5/6/7. Turn.

**Row 2 (WS):** Purl to the end of the row.

**Row 3 (RS):** K4 after the last turn. Turn.

**Row 4 (WS):** Purl to the end of the row.

Work rows 3–4 a total of 4 times (your last turn is 2/3/4/4/4/4/4 sts before the end of the RS row). The short rows are now complete.

Now work straight in stockinette stitch:

**Row 1 (RS):** Knit all sts.

**Row 2 (WS):** Purl all sts.

Work rows 1–2 a total of 2/2/3/3/3/3/3 times. Finish with the WS row.

**Now you have** 22/23/24/25/25/26/27 sts on the needles and worked 4/4/6/6/6/6/6 rows (if counting along the armhole side).

Click here to  
watch the video:  
[GERMAN  
SHORT ROWS]

Click here to  
watch the video:  
[DECREASES]

Now work with **decreases** in every 4th row to shape the armhole:

**Row 1 (RS):** Knit until the last 4 sts of the row, **K2TOG**, K2. (1 st decreased).

**Row 2 (WS):** Purl all sts.

**Row 3 (RS):** Knit all sts.

**Row 4 (WS):** Purl all sts.

Work rows 1 – 4 a total of 1/1/0/0/0/0/0 times. Finish with the WS row.

**Now you have** 21/22/24/25/25/26/27 sts on the needles and worked 8/8/6/6/6/6/6 rows (if counting along the armhole side).

Click here to  
watch the video:  
[INCREASES]

Now work simultaneously with **decreases** for the armholes and **increases** for the V-neck every 4th row:

**Row 1 (RS):** K3, **MIL**, Knit until the last 4 sts of the row, **K2TOG**, K2 (1 st increased; 1 st decreased).

**Row 2 (WS):** Purl all sts.

**Row 3 (RS):** Knit all sts.

**Row 4 (WS):** Purl all sts.

Work rows 1 – 4 a total of 2/2/3/3/3/3/3 times. Finish with the WS row.

**Now you have** 21/22/24/25/25/26/27 sts on the needles and worked 16/16/18/18/18/18/18 rows (if counting along the armhole side).

Now work with **increases** in every 4th row to continue shaping the V-neck:

**Row 1 (RS):** K3, **MIL**, knit to the end of the row. (1 st increased).

**Row 2 (WS):** Purl all sts.

**Row 3 (RS):** Knit all sts.

**Row 4 (WS):** Purl all sts.

Work rows 1 – 4 a total of 5/5/5/5/5/5/5 times. Finish with the WS row.

**Now you have** 26/27/29/30/30/31/32 sts on the needles and worked 36/36/38/38/38/38/38 rows (if counting along the armhole side).

Now work simultaneously with **increases** in every other row for the armhole and every 4th row for the V-neck:

**Row 1 (RS):** K3, **MIL**, knit until the last 3 sts of the row, **MIR**, K3. (2 sts increased).

**Row 2 (WS):** Purl all sts.

**Row 3 (RS):** Knit until the last 3 sts of the row, **MIR**, K3. (1 st increased).

**Row 4 (WS):** Purl all sts.

Work rows 1 – 4 a total of 5/5/5/5/6/6/6 times. Finish with the WS row.

**Now you have** 41/42/44/45/48/49/50 sts on the needles and worked 56/56/58/58/62/62/62 rows (if counting along the armhole side).

Now work with **increases** in every other row to continue shaping the armhole:

**Row 1 (RS):** Knit until the last 3 sts of the row, **M1R**, K3. (1 st increased).

**Row 2 (WS):** Purl all sts.

Work rows 1 – 2 a total of 0/1/1/2/1/2/3 times. Finish with the WS row.

**Now you have** 41/43/45/47/49/51/53 sts on the needles and worked 56/58/60/62/64/66/68 rows (if counting along the armhole side).

Do not break the yarn to continue joining the body from here.

## BODY

The body is worked back and forth in stockinette stitch using **4.5 mm [US 7] 80 or 100 cm [32 or 40 in]** circular needles.

With the RS facing join the body as follows:

Knit across the left front (41/43/45/47/49/51/53 sts), cast on 5/7/7/9/9/11/13 sts in an extension of the left front stitches using the **backward loop method**, knit across the back (94/98/102/106/110/114/118 sts), cast on 5/7/7/9/9/11/13 sts in an extension of the back stitches the same way, knit across the right front (41/43/45/47/49/51/53 sts).

Purl 1 row.

**Now you have** 186/198/206/218/226/238/250 sts on the needles.

Work straight in stockinette stitch until the cardigan measures 46/47/48/50/51/52/54 cm [18/18½/19/19¾/20/20½/21¼ in] from the center of the back neck. Finish with the RS row.

Try on and check the garment length before you begin working the rib.

**Note:** extending the length of the garment in your knitting may require additional yarn.

Switch to circular needles **4 mm [US 6] 80 or 100 cm [32 or 40 in]** and work one row with increase as follows:

**Row 1 (WS):** Purl half of the row, **M1PR**, purl to the end of the row. (1 st increased).

**Now you have** 187/199/207/219/227/239/251 sts on the needles.

Work in 1x1 rib:

**Row 1 (RS):** K2, \* P1, K1 \*; repeat from \* to \* until the last 3 sts of the row, end with P1, K2.

**Row 2 (WS):** P2, \* K1, P1 \*; repeat from \* to \* until the last 3 sts of the row, end with K1, P2.

Work rows 1 – 2 a total of 3 times. Finish with the WS row.

Click here to  
watch the video:  
[BACKWARD  
LOOP CO]

Click here to  
watch the video:  
[ITALIAN BO]

Work double knitting before binding off using the Italian bind-off technique as follows:

**Row 1 (RS):** \* SL1 purlwise wyif, K1 \*, repeat from \* to \* until the last 1 st of the row, end with SL1 purlwise wyif.

**Row 2 (WS):** \* K1, SL1 purlwise wyif \*, repeat from \* to \* until the last 1 st of the row, end with K1.

Bind off using the **Italian bind-off technique**. Not too tightly.

## FRONT EDGE

The front edge is worked in double knitting back and forth using **3.5 mm [US 4] 80 - 100 cm [32-40 in]** circular needles. It can be helpful to use one double-pointed needle of the same size to simplify the process.

**Note:** Be sure to match the given gauge to avoid tight or overly loose edges.

With the RS facing, leave a tail approx 20 cm [7¾ in], and beginning at the bottom of the right front, pick up and knit sts on **3.5 mm [US 4] 80 - 100 cm [32-40 in]** circular needles as follows:

Pick up and knit 1 stitch for each row along the right front edge. Then, pick up and knit 1 stitch in each stitch along the back neck (1 stitch for each row on the sloped side and 1 stitch for each stitch on the horizontal side of the back neck). Finally, pick up and knit 1 stitch for each row along the left front edge. Break the yarn.

Now, with the WS facing, beginning at the bottom of the right front, join the yarn and cast on 12 stitches as an extension of the hem rib stitches using the Italian Cast-On technique (ensure the first cast-on stitch is a purl and the last is a knit).

Work back and forth in **double knitting** across the 12 cast-on stitches along the edge, incorporating one stitch from the edge in every RS row as follows:

**Row 1 (RS):** \* SL1 purlwise wyif, K1 tbl, \* repeat from \* to \* to the last 2 sts of the 12, end with SL1 purl-wise wyif, **SKP** (the first of the cast-on stitches and one from the pick-up edge).

**Row 2 (WS):** \* SL1 purlwise wyif, K1 \*, repeat from \* to \* to the end of the row.

**Row 3 (RS):** \* SL1 purlwise wyif, K1, \* repeat from \* to \* to the last 2 sts of the 12, end with SL1 purl-wise wyif, **SKP** (the first of the cast-on stitches and one from the pick-up edge).

**Row 4 (WS):** as row 2.

Work rows 3-4 until you have worked across the entire edge. Finish with the RS row.

**In total, you have** 12 sts on the needles.

Bind off using the **Italian bind-off technique**.

Click here to  
watch the video:  
[DOUBLE  
KNITTING]

## SLEEVES

The sleeves are worked in the round in stockinette stitch with decreases towards the cuff using **4.5 mm [US 7] 40 cm [16 in]** circular needles. Cuffs are worked in the round in 1x1 rib (K1, P1) using **4 mm [US 6]** double-pointed needles or long circular needles for the Magic Loop technique.

**Note:** The stitch pickup and the section with German short rows differ for the right and left sleeves. The round knitting is the same for both sleeves.

### Left Sleeve Start.

Starting from the left at the shoulder seam, join the yarn and pick up and knit 36/37/38/39/41/42/43 stitches along the back armhole side (2 sts for every 3 rows). Then, pick up and knit 6/8/8/10/10/12/14 sts in the underarm. After that, pick up and knit 38/39/40/41/43/44/45 stitches along the front armhole side (2 sts for every 3 rows). After finishing place here a stitch marker to indicate the start point. Place another marker at the center of the underarm (between the 6/8/8/8/10/10/12 underarm stitches) to indicate a BOR for the round knitting. Do not break the yarn to continue working the sleeve from here.

**Now you have** 80/84/86/90/94/98/102 sts on the needles.

Work in the **German Short Rows technique** to shape the sleeve as follows:

**Row 1 (RS):** K8/9/9/9/10/10/11. Turn.

**Row 2 (WS):** Purl to the stitch marker, remove that marker, P10/11/11/11/12/12/13 after it. Turn.

**Row 3 (RS):** K2 after the last turn. Turn.

**Row 4 (WS):** P2 after the last turn. Turn.

Work rows 3-4 a total of 14/14/15/15/16/16/16 times. Finish with the WS row (your last turn is 3/4/3/5/4/6/7 sts before the BOR marker). The short rows are now complete.

The round knitting section is located below the 'Right sleeve start' section.

### Right Sleeve Start.

Starting from the left at the shoulder seam, join the yarn and pick up and knit 38/39/40/41/43/44/45 stitches along the front armhole side (2 sts for every 3 rows). Then, pick up and knit 6/8/8/10/10/12/14 sts in the underarm. After that, pick up and knit 36/37/38/39/41/42/43 stitches along the back armhole side (2 sts for every 3 rows). After finishing place here a stitch marker to indicate the start point. Place another marker at the center of the underarm (between the 6/8/8/8/10/10/12 underarm stitches) to indicate a BOR for the round knitting. Do not break the yarn to continue working the sleeve from here.

**Now you have** 80/84/86/90/94/98/102 sts on the needles.

Click here to  
watch the video:  
[GERMAN  
SHORT ROWS]

Click here to watch the video:  
**[GERMAN SHORT ROWS]**

Work in the **German Short Rows technique** to shape the sleeve as follows:

**Row 1 (RS):** K10/11/11/11/12/12/13. Turn.

**Row 2 (WS):** Purl to the stitch marker, remove that marker, P8/9/9/9/10/10/11 after it. Turn.

**Row 3 (RS):** K2 after the last turn. Turn.

**Row 4 (WS):** P2 after the last turn. Turn.

Work rows 3–4 a total of 14/14/15/15/16/16/16 times. Finish with the WS row (your last turn is 3/4/3/5/4/6/7 sts before the BOR marker). The short rows are now complete.

### Round Knitting for both Sleeves.

Now join knitting in the round: knit to the BOR marker.

Click here to watch the video:  
**[DECREASES]**

Work in the round until the sleeve measures approx. 40/39/39/38/38/37/37 cm [15¾/15¼/15¼/15/15/14½/14½ in] from the underarm, while at the same time, working **decreases** every 11/10/10/9/8/7/6th round a total of 9/10/10/11/12/14/16 times.

**Decrease rounds are worked as follows:** **SSK**, knit to the last 2 sts before the BOR marker, **K2TOG** (2 sts decreased).

**You have** 62/64/66/68/70/70/70 sts on the needles after all decrease rounds have been worked.

Try on the garment and check the sleeve length before working the cuff. Knit a few more rounds if needed to reach the desired length (the cuff will add approximately 3 cm [1¼ in]).

Switch to double-pointed needles **4 mm [US 6]** or long circular needles for the Magic Loop technique and work 6 rounds of 1x1 rib (K1, P1).

Work double knitting before binding off using the Italian bind-off technique as follows:

**Round 1:** \* K1, SL1 purlwise wyif \*, repeat from \* to \* to end of round.

**Round 2:** \* SL1 purlwise wyib, P1 \*, repeat from \* to \* to end of round.

Bind off the stitches using the **Italian bind-off technique**. Not too tightly.

Click here to watch the video:  
**[ITALIAN BO ROUND]**

## I-CORD TIES

The ties are worked using the i-cord technique with **3.5 mm [US 4]** double-pointed needles or long circular needles.

Cast on 4 stitches using the Long-Tail Cast-On technique onto your needles. Knit these stitches, then without turning the work, slide them to the opposite end of the needle. Carry the yarn across the back and knit the stitches again. Continue this method, consistently sliding and knitting the stitches to form a tube, until the cord measures approx. 38 cm [0.4 yds]. Break the yarn and bind off the stitches, leaving a 30 cm [12 in] tail for attaching.

Click here to  
watch the video:  
**[TIES  
ATTACHING]**

Knit 3 more ties in the same way.

Next, on the wrong side, place 4 markers to indicate the points for attaching the ties:

For the first tie, place a marker opposite the last increase for the V-neck.

For the second tie, place a marker 7-10 cm (3-4 inches) below the first.

Repeat the same process for the second front edge.

**Attach the Ties:**

Using the remaining yarn tail, sew all the ties into place. Start at the inner edge and work your way up to the outer edge, stitching the tie along the front edge. It might be helpful to use a contrasting thread to mark the placement.

## FINISHING

Weave in all ends. Wash and block your cardigan. Pay special attention to blocking in the underarm area. Block the sleeves downward and create outward folds in the underarm area, giving a smooth shape along the armhole line. This type of blocking will ensure the best fit.

**That's it, congratulations on finishing this cardigan!**

I hope you enjoyed your knitting time.

**I would be delighted if you could share your result and leave a review.**

**@morecaknit**

**#solenecardigan**

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