



Kathy Cardigan

Sizes: (1, 2, 3, 4, 5, 6) (7, 8, 9, 10, 11, 12)

Gauge: 20 stitches and 32 rows per 10 cm/4 inches in stitch pattern

Finished Chest Circumference: **No bust shaping (B cup):** (82, 91, 98, 107, 114, 123) (130, 139, 146, 155, 162, 171) cm/(32.25, 35.75, 38.5, 42.25, 45, 48.5) (51.25, 54.75, 57.5, 61, 63.75, 67.25) inches
D-cup: (90, 99, 106, 115, 122, 131) (138, 147, 154, 163, 170, 179) cm/(35.5, 39, 41.75, 45.25, 48, 51.5) (54.25, 57.75, 60.75, 64.25, 67, 70.5) inches
F-cup: (98, 107, 114, 123, 130, 139) (146, 155, 162, 171, 178, 187) cm/(38.5, 42.25, 45, 48.5, 51.25, 54.75) (57.5, 61, 63.75, 67.25, 70, 73.5) inches

Needles and notions: 4mm [US 6] and one size smaller for ribbing, or needle sizes required for gauge.
 (6, 6, 6, 6, 6, 6) (7, 7, 7, 7, 7, 7) 20mm buttons



Creabea Knitting Podcast



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NOTES

About

Kathy is an all-over lace and cable cardigan with set-in sleeves, worked flat from the top down. The sleeves are picked up, shaped with short rows, and worked in the round. It can be finished with short or long sleeves.

Sizing

5-10 cm/2-4 inches of positive ease is recommended, meaning you should pick a size that is 5-10 cm/2-4 inches larger than your chest measurement.

This sweater has optional bust shaping. The three options correspond to a B, D, and F cup. To determine which size to knit, you will want to take your full bust measurement and your "high bust" measurement (this is the circumference of your body at the armhole). If you've never done these measurements before, this blog post may be helpful:

<https://blog.cashmerette.com/2020/08/high-bust-measurements.html>

If "full bust measurement - high bust measurement":

- is less than 5 cm/2 inches, follow the main pattern instructions. These correspond to a B cup.
- between 5 cm/2 inches and 10 cm/4 inches, follow the D cup instructions. They will add 8 cm/3.25 inches to the full chest measurement.
- between 10 cm/4 inches and 15 cm/6 inches, follow the F cup instructions. These will add 16 cm/6.25 inches to the full chest measurement.

Bust shaping instructions are found at the end of this pattern. If working bust shaping, read through all bust-shaping instructions before starting.

A - Finished Chest Measurement

No bust shaping (B cup): (82, 91, 98, 107, 114, 123) (130, 139, 146, 155, 162, 171) cm/(32.25, 35.75, 38.5, 42.25, 45, 48.5) (51.25, 54.75, 57.5, 61, 63.75, 67.25) inches

D-cup: (90, 99, 106, 115, 122, 131) (138, 147, 154, 163, 170, 179) cm/(35.5, 39, 41.75, 45.25, 48, 51.5) (54.25, 57.75, 60.75, 64.25, 67, 70.5) inches

F-cup: (98, 107, 114, 123, 130, 139) (146, 155, 162, 171, 178, 187) cm/(38.5, 42.25, 45, 48.5, 51.25, 54.75) (57.5, 61, 63.75, 67.25, 70, 73.5) inches

B - Bicep Circumference

(32, 32, 32, 36, 40, 40) (44, 44, 48, 52, 56, 56) cm/
(12.5, 12.5, 12.5, 14.25, 15.75, 15.75)
(17.25, 17.25, 19, 20.5, 22, 22) inches

C - Armhole Depth

(18, 19, 19, 20, 20.5, 21.5) (22, 22.5, 23, 24, 24.5, 25)
cm/(7.25, 7.5, 7.5, 7.75, 8, 8.25)
(8.5, 8.75, 9, 9.25, 9.5, 9.75) inches

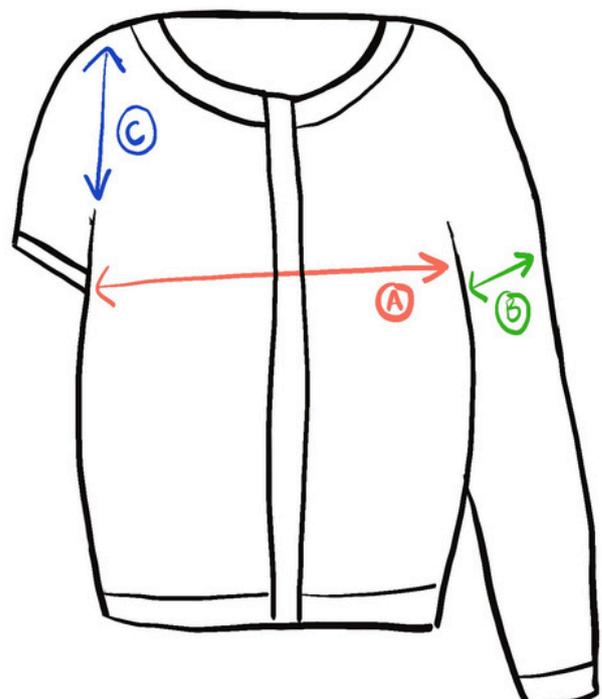
Body length (from underarm, customisable):

28 cm/11.25 inches

Sleeve Length (customisable):

LONG: 44 cm/17.5 inches

SHORT: 15 cm/6 inches



NOTES

Yarn

The sample was knit with Filcolana Pernilla (175m/50g) held together with Sandnes Garn Tynn Silk Mohair (212m/25g). Any yarns that meet gauge can be used.

Other yarns used include BC Garn Semilla Pura, Holst Coast (held double), De Rerum Natura Candide, Garnstudio DROPS Alpaca, Ritual Dyes Priestess, West Yorkshire Spinners Fleece Bluefaced Leicester DK, and a variety of fingering-weight yarns held with mohair such as those from Knitting for Olive, Filcolana, and Malabrigo.

Yardage:

LONG SLEEVE: (900, 945, 975, 1090, 1165, 1220) (1315, 1365, 1455, 1550, 1665, 1730) metres or (985, 1036, 1065, 1190, 1275, 1335) (1440, 1495, 1590, 1695, 1820, 1890) yards.

SHORT SLEEVE: (646, 698, 731, 816, 866, 925) (547, 1045, 1108, 1180, 1262, 1328) meters or (705, 761, 797, 889, 944, 1009) (597, 1139, 1208, 1286, 1376, 1448) yards

Note: if using two yarns held together you will require the above yardage in EACH yarn.

If you work the optional bust shaping, you will require an additional approximately (25, 29, 30, 30, 34, 37) (37, 38, 40, 44, 44, 45) metres or (28, 32, 33, 33, 38, 41) (41, 42, 44, 48, 48, 50) yards of *each* yarn.

Stitch Pattern

The stitch pattern is worked over 8 stitches and 4 rows. It consists of a 4-stitch cable and a 2-stitch lace repeat, separated by purl stitches.

Stitch pattern worked flat over 4 rows and a multiple of 8 stitches:

Row 1 (RS): *P1, k2tog, yo, p1, C4F; repeat from * to end of row.

Row 2 (WS): *P4, k1, p2, k1; repeat from * to end of row.

Row 3 (RS): *P1, yo, k2tog, p1, k4; repeat from * to end of row.

Row 4 (WS): As row 2.

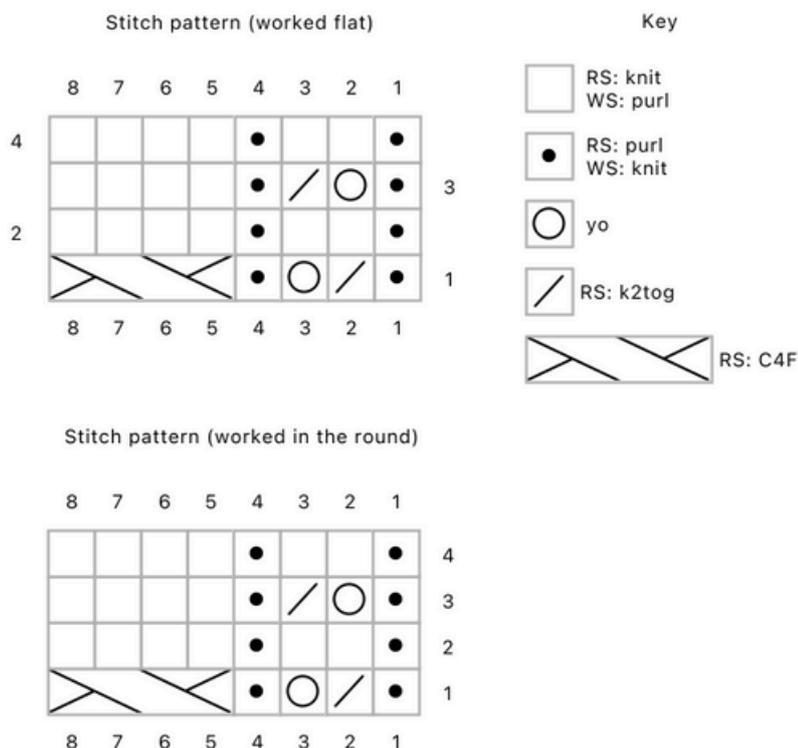
Stitch pattern worked in the round over 4 rows and a multiple of 8 stitches:

Round 1: *P1, k2tog, yo, p1, C4F; repeat from * to end of round.

Round 2: *P1, k2, p1, k4; repeat from * to end of round.

Round 3: *P1, yo, k2tog, p1, k4; repeat from * to end of round.

Round 4: As round 2.



TECHNIQUES

Abbreviations:

BOR - beginning of round

C4F - cable 4 front (2/2 LC)

DS - double stitch

k - knit

k2tog - knit two stitches together [1 stitch decreased]

M1L - make one left [1 stitch increased]

M1Lp - make one left purl [1 stitch increased]

M1R - make one right [1 stitch increased]

M1Rp - make one right purl [1 stitch increased]

p - purl

pm - place maker

RS - right side

sm - slip marker

ssk - slip, slip, knit [1 stitch decreased]

WS - wrong side

yo - yarnover [1 stitch increased]

Specific Skills

NOTE: These are hyperlinks, if reading digitally then just click on the link for the video. If you're reading this on a printed pattern, these links can also be found on the pattern listing wherever you purchased it.

I didn't make these tutorials - I sourced them all online.

[Cabling without a cable needle](#)

[Simple lace \(K2tog/YO\)](#)

[Picking up stitches \(sleeves, buttonband, collar\)](#)

[Short rows \(note - this is not in pattern\)](#)

INSTRUCTIONS

START HERE

Back
Using your larger needles and the cast-on method of your choice, cast on (72, 70, 72, 80, 78, 80) (88, 86, 88, 86, 94, 96) stitches.

Sizes: 2, 5, 8, 10, and 11:

Set-up row (WS): P1, *k1, p2, k1, p4; repeat from * until 5 stitches remain, k1, p2, k1, p1.

Sizes 1, 3, 4, 6, 7, 9, and 12 only:

Set-up row (WS): P1, *k1, p4, k1, p2; repeat from * until 7 stitches remain, k1, p4, k1, p1.

All sizes:

The back is now shaped with short rows. These are worked back and forth, and you create double stitches (DS) which are resolved on the following row. The panel is worked in pattern with 1 selvedge stitch on each edge, which is always knit on the RS and purled on the WS.

Depending on the size your back panel will either start with a cable or start with lace. This is symmetrical across the back panel, meaning you will not be working a partial chart repeat.

The first pair of short rows will vary by size. The double stitch will always occur in one of the purl columns (when viewed from the RS). When working the DS on the following row, you'll either knit or purl the two "legs" of the double stitch together.

Sizes 2, 5, 8, 10, and 11 only:

Row 1 (RS): K1, p1, *k2tog, yo, p1, C4F, p1; repeat from * (-, 6, -, -, 7, -) (-, 8, -, 8, 9, -) times total (you'll have 20 stitches remaining on your needles), turn work.

Row 2 (WS): Make DS, work in pattern for (-, 29, -, -, 37, -) (-, 45, -, 45, 53, -) stitches, turn work.

Sizes 1, 3, 4, 6, 7, 9, and 12 only:

Row 1 (RS): K1, p1, *C4F, p1, k2tog, yo, p1; repeat from * (6, -, 6, 7, -, 7) (8, -, 7, -, -, 9) times total (you'll have 22 stitches remaining on your needles), turn work.

Row 2 (WS): Make DS, work in pattern for (27, -, 27, 35, -, 35) (43, -, 43, -, -, 51) stitches, turn work.

All sizes:

Row 3 (RS): Make DS, work in pattern to previous DS, work DS, work to next purl stitch in pattern, turn work.

Row 4 (WS): Make DS, work in pattern to previous DS, work DS, work to next knit stitch in pattern, turn work.

Work rows 3 and 4 three times total (4 pairs of short rows).

Next row (RS): Make DS, work in pattern to end of row.

On this final row, place a removable stitch marker. You'll use this to measure your work.

The back panel is now worked back and forth until the panel measures (17.5, 15.5, 14.5, 15.5, 14.5, 14.5) (15, 15, 15, 14.5, 15, 15) cm/(7, 6.25, 5.75, 6.25, 5.75, 5.75) (6, 6, 6, 5.75, 6, 6) inches from your locking stitch marker. The selvedge stitch at either edge of the panel is maintained. At the pattern row gauge, this is a total of (56, 50, 46, 50, 46, 46) (48, 48, 48, 46, 48, 48) rows, including the RS row with the last DS.

End on a WS row and take note of the row you ended on to ensure you finish working the front panels on the same row. You'll also need to note this if you're working bust shaping.

INSTRUCTIONS

Armhole Shaping

You'll now increase at either edge of the panel to shape the underarms. As you add new stitches, work these into the established pattern.

Note: Only work the k2tog/yo if you can work BOTH parts, otherwise you will alter the stitch count.

Row 1 (RS): K1, M1L, work in pattern until 1 stitch remains, M1R, k1. [2 stitches increased]

Row 2 (WS): P1, work in pattern until 1 stitch remains, p1.

Work rows 1 and 2 a total of (1, 4, 5, 5, 6, 5) (5, 5, 4, 3, 3, 2) time(s).

You now have (74, 78, 82, 90, 90, 90) (98, 96, 96, 92, 100, 100) stitches on your needles.

Size 1 only: You have completed your armhole shaping. Break yarn and place your stitches on hold.

Sizes 2-12 have remaining increases to make:

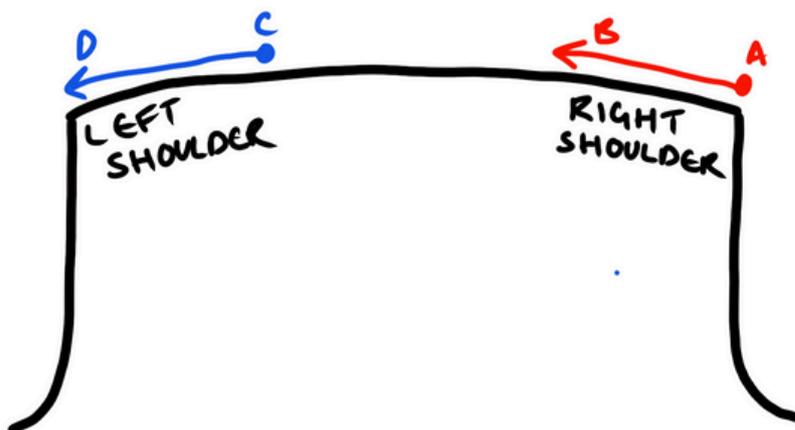
Row 3 (RS): K1, M1L, work in pattern until 1 stitch remains, M1R, k1. [2 stitches increased]

Row 4 (WS): P1, M1Rp, work in pattern until 1 stitch remains, M1Lp, p1. [2 stitches increased]

Work rows 3 and 4 a total of (-, 1, 2, 2, 4, 6) (6, 7, 9, 12, 12, 14) time(s).

You now have (-, 82, 90, 98, 106, 114) (122, 124, 132, 140, 148, 156) stitches on your needles. Break your yarn and place your stitches on hold.

Fronts



Right Front

The fronts are picked up along the shoulder edge. A wedge of short rows is then worked to ensure a better fit around the neck. There is a selvedge stitch on either end of the front panels.

Starting at the outer edge of your work (RS facing you) pick up and knit (19, 19, 19, 24, 22, 24) (27, 22, 24, 22, 27, 27) stitches in the first (19, 19, 19, 24, 22, 24) (27, 22, 24, 22, 27, 27) stitches of the back right. [Drawing - pick up from A to B]

INSTRUCTIONS

Sizes 1, 3, 5, 7, 8, 10, and 12 only:

Row 1 (WS): P1, k1, p2, k1, turn work.

Row 2 (RS): Make DS, yo, k2tog, p1, k1.

Row 3: P1, k1, p2, k1, p4, k1, turn.

Row 4: Make DS, C4F, p1, k2tog, yo, p1, k1.

Row 5: Work in established pattern to previous DS, work DS, work to next knit stitch, turn.

Row 6 (RS): Make DS, work in established pattern to end of row.

Work rows 5 and 6 once more. Place a removable stitch marker on the final row.

Sizes 2, 4, 6, 9, and 11 only:

Row 1 (WS): P1, k1, p4, k1, turn work.

Row 2 (RS): Make DS, k4, p1, k1.

Row 3: P1, k1, p4, k1, p2, k1, turn.

Row 4: Make DS, k2tog, yo, p1, C4F, p1, k1.

Row 5: Work in established pattern to previous DS, work DS, work to next knit stitch whilst maintaining the stitch pattern, turn.

Row 6 (RS): Make DS, work in established pattern to end of row.

Work rows 5 and 6 once more. Place a removable stitch marker on the final row. Ensure you maintain your selvedge stitches at either end of the panel.

All sizes:

Now work across all stitches for (2.5, 2.5, 2.5, 2.5, 2.5, 3) (3, 1.5, 3, 2, 3, 2) cm/(1, 1, 1, 1, 1, 1.25) (1.25, 0.5, 1.25, 0.75, 1.25, 0.75) inch(es) in pattern (measured from your locking stitch marker)

End on a WS row. You may want to make a note of how many rows you have worked or add a locking stitch marker to ensure you can mirror this on the other side, especially if working bust shaping.

The neckline is now shaped with increases worked at the neckline edge. As you add new stitches, work these into the established pattern.

Note: Only work the k2tog/yo if you can work BOTH parts, otherwise you will alter the stitch count.

Row 7 (RS): K1, work in established pattern until 1 stitch remains, M1R, k1. [1 stitch increased]

Row 8 (WS): P1, work in pattern until 1 stitch remains, p1.

Work rows 7 and 8 a total of (6, 6, 6, 6, 6, 6) (6, 9, 7, 9, 7, 9) times. You have (25, 25, 25, 30, 28, 30) (33, 31, 31, 31, 34, 36) stitches on your needles. On the following row you'll cast-on stitches at the end of the row. The previous selvedge stitch will be worked into the pattern and the first/last stitches of the row now become the selvedge.

Row 9 (RS): K1, work in established pattern to end of the row. Using the backwards-loop cast-on (or cast-on method of your choice), cast on (10, 10, 10, 10, 10, 10) (10, 12, 12, 12, 12, 12) stitches.

You now have (35, 35, 35, 40, 38, 40) (43, 43, 43, 43, 46, 48) stitches on your needles. On the following row incorporate the new stitches into the stitch pattern.

INSTRUCTIONS

Note: If you are working the optional bust shaping, switch to those instructions here.

Work back and forth in pattern until your work measures (17.5, 15.5, 14.5, 15.5, 14.5, 14.5) (15, 15, 15, 14.5, 15, 15) cm/(7, 6.25, 5.75, 6.25, 5.75, 5.75) (6, 6, 6, 5.75, 6, 6) inches, measured from the stitch marker you placed. You should end on the same WS row you ended the back panel on.

Armhole Shaping

Now the armhole is shaped in the same way the back was shaped. Again, work the newly-made stitches into the pattern.

Note: Only work the k2tog/yo if you can work BOTH parts, otherwise you will alter the stitch count.

Row 1 (RS): K1, M1L, work in pattern until 1 stitch remains, k1. [1 stitch increased]

Row 2 (WS): P1, work in pattern until 1 stitch remains, p1.

Work rows 1 and 2 a total of (1, 4, 5, 5, 6, 5) (5, 5, 4, 3, 3, 2) time(s).

You now have (36, 39, 40, 45, 44, 45) (48, 48, 47, 46, 49, 50) stitches on your needles.

Size 1 only: You have completed your armhole shaping. Break yarn and place your stitches on hold.

Sizes 2-12 have remaining increases to make:

Row 3 (RS): K1, M1L, work in pattern until 1 stitch remains, k1. [1 stitch increased]

Row 4 (WS): P1, work in pattern until 1 stitch remains, M1Lp, p1. [1 stitch increased]

Work rows 3 and 4 a total of (-, 1, 2, 2, 4, 6) (6, 7, 9, 12, 12, 14) time(s).

You now have (-, 41, 44, 49, 52, 57) (60, 62, 65, 70, 73, 78) stitches on your needles. Break your yarn and place your stitches on hold.

Left Front

The stitches for the left front are picked up with the tail of the yarn (as opposed to the end running into the ball) so that you can start row 1 on the RS.

Using the short tail of the yarn, and starting at the inner edge of your work, pick up and knit (19, 19, 19, 24, 22, 24) (27, 22, 24, 22, 27, 27) stitches. You may want to count your stitches in from the shoulder edge first, place a marker and then pick up.

[Drawing - Direction C to D]

INSTRUCTIONS

Sizes 1, 3, 5, 7, 8, 10, and 12 only:

Row 1 (RS): K1, p1, yo, k2tog, p1, turn work.

Row 2 (WS): Make DS, p2, k1, p1.

Row 3: K1, p1, k2tog, yo, p1, C4F, p1, turn work.

Row 4: Make DS, work to end of row in established pattern.

Row 5: Work in established pattern to previous DS, work DS, work to next purl stitch, turn.

Row 6 (WS): Work in established pattern to end of row.

Repeat rows 5 and 6 once more. Place a removable stitch marker on the final row.

Sizes 2, 4, 6, 9, and 11 only:

Row 1 (RS): K1, p1, k4, p1, turn work.

Row 2 (WS): Make DS, p4, k1, p1.

Row 3: K1, p1, C4F, p1, k2tog, yo, p1, turn work.

Row 4: Make DS, work to end of row in established pattern.

Row 5: Work in established pattern to previous DS, work DS, work to next purl stitch, turn.

Row 6 (WS): Work in established pattern to end of row.

Repeat rows 5 and 6 once more. Place a removable stitch marker on the final row.

All sizes:

Now work for (2.5, 2.5, 2.5, 2.5, 2.5, 3) (3, 1.5, 3, 2, 3, 2) cm/(1, 1, 1, 1, 1, 1.25) (1.25, 0.5, 1.25, 0.75, 1.25, 0.75) inch(es) in pattern, measured from your locking stitch marker. End on a WS row.

The neckline is now shaped with increases worked at the neckline edge. As you add new stitches, work these into the established pattern.

Note: Only work the k2tog/yo if you can work BOTH parts, otherwise you will alter the stitch count.

Row 7 (RS): K1, M1L, work in established pattern until 1 stitch remains, k1. [1 stitch increased]

Row 8 (WS): P1, work in pattern until 1 stitch remains, p1.

Work rows 7 and 8 a total of (6, 6, 6, 6, 6, 6) (6, 9, 7, 9, 7, 9) times. You have (25, 25, 25, 30, 28, 30) (33, 31, 31, 31, 34, 36) stitches on your needles. At the end of the final WS row, use the backwards-loop cast-on (or cast-on method of your choice) to cast on (10, 10, 10, 10, 10, 10) (10, 12, 12, 12, 12) stitches.

The previous selvedge stitch will be worked into the pattern and the first/last stitches on the row now become the selvedge.

You now have (35, 35, 35, 40, 38, 40) (43, 43, 43, 43, 46, 48) stitches on your needles. On the following row incorporate the new stitches into the stitch pattern.

Note: If you are working the optional bust shaping, switch to those instructions here.

INSTRUCTIONS

Work back and forth in pattern until your work measures (17.5, 15.5, 14.5, 15.5, 14.5, 14.5) (15, 15, 15, 14.5, 15, 15) cm/(7, 6.25, 5.75, 6.25, 5.75, 5.75) (6, 6, 6, 5.75, 6, 6) inches, measured from the stitch marker you placed. You should end on the same WS row you ended the back panel and front right panel on.

Armhole Shaping

Now the armhole is shaped in the same way the back was shaped. Again, work the newly-made stitches into the pattern.

Note: Only work the k2tog/yo if you can work BOTH parts, otherwise you will alter the stitch count.

Row 1 (RS): K1, work in pattern until 1 stitch remains, M1R, k1. [1 stitch increased]

Row 2 (WS): P1, work in pattern until 1 stitch remains, p1.

Work rows 1 and 2 a total of (1, 4, 5, 5, 6, 5) (5, 5, 4, 3, 3, 2) time(s).

You now have (36, 39, 40, 45, 44, 45) (48, 48, 47, 46, 49, 50) stitches on your needles.

Size 1 only: You have completed your armhole shaping. Do not break the yarn.

Sizes 2-12 have remaining increases to make.

Row 3 (RS): K1, work in pattern until 1 stitch remains, M1R, k1. [1 stitch increased]

Row 4 (WS): P1, M1Rp, work in pattern until 1 stitch remains, p1. [1 stitch increased]

Work rows 3 and 4 a total of (-, 1, 2, 2, 4, 6) (6, 7, 9, 12, 12, 14) time(s).

You now have (-, 41, 44, 49, 52, 57) (60, 62, 65, 70, 73, 78) stitches on your needles. Do not break the yarn.

Joining fronts and back

On the following row, you will join the fronts and back and cast on for the underarm stitches. Provided you started working the armhole shaping at the same place on all three panels, you should be able to work in the established pattern.

Next row (RS): Work in pattern across the front left panel, cast on (6, 6, 6, 6, 6, 6) (6, 12, 12, 12, 12, 12) stitches, work across the back panel, cast on (6, 6, 6, 6, 6, 6) (6, 12, 12, 12, 12, 12) stitches, work across the front right panel.

You now have (158, 176, 190, 208, 222, 240) (254, 272, 286, 304, 318, 336) stitches on your needles.

Body

Continue working back and forth in pattern. The first and last stitches of the row are knit on the RS and purled on the WS. The previous selvedge stitches and the underarm cast-on stitches can be worked in pattern. Continue until the pattern measures 24 cm/9.75 inches from the underarm, or your preferred length, minus 4 cm/1.5 inches. End on a RS row.

INSTRUCTIONS

Change to your smaller needles and work one final row in pattern.

Next row (RS): K2, *p1, k1; repeat from * to end

Work in ribbing until hem measures 4 cm/1.5 inches and then bind off in pattern or using your preferred bind-off method.

Sleeves

All sizes will have a 4-stitch cable cross at the centre of the underarm stitches. The BOR for the sleeves is off-centre under the arm to ensure you can work a full cable repeat in the round. Sizes 4, 7, 8, and 10 will have the 4-stitch eyelet (p1, k2tog, yo, p1) centred at the top of the sleeve, whilst the other sizes will have the 4-stitch cable centred at the top of the sleeve.

You will start picking up stitches for the sleeve in the first stitch of the cable at the centre of the underarm.

Using your larger needles, pick up and knit (64, 64, 64, 72, 80, 80) (88, 88, 96, 104, 112, 112) stitches around the armhole edge. This is approximately 2 in every 3 stitches. Place BOR marker.

The sleeve cap is shaped with short rows. As short rows are partial rows, you won't be able to complete the k2tog/yo and the cables on every row. As a rule, work the cables when you have 4 knit stitches together and work the k2tog/yo when you have the required 2 knit stitches together. If you cannot work the pattern, simply knit these stitches and work them into the pattern later.

Row 1 (RS): Work (43, 43, 43, 48, 53, 53) (58, 58, 63, 68, 74, 74) stitches in pattern (starting with row 1 of the stitch pattern/chart BUT omitting the first cable cross and simply knitting these stitches), turn work.

Row 2 (WS): Make DS, work (17, 17, 17, 19, 21, 21) (23, 23, 25, 27, 31, 31) stitches in pattern, turn work.

Row 3 (RS): Make DS, work to DS, work DS, work 2 stitches, turn.

Row 4 (WS): Make DS, work to DS, work DS, work 2 stitches, turn.

Work rows 3 and 4 a total of (4, 4, 4, 5, 6, 6) (7, 7, 8, 9, 9, 9) times.

Row 5 (RS): Make DS, work to DS, work DS, work 1 stitch, turn.

Row 6 (WS): Make DS, work to DS, work DS, work 1 stitch, turn.

Work rows 5 and 6 a total of (9, 9, 9, 10, 11, 11) (12, 12, 13, 14, 16, 16) times.

Row 7 (RS): Make DS, work to previous DS, work DS, work 3 stitches, turn.

Row 8 (WS): Make DS, work to previous DS, work DS, work 3 stitches, turn.

You should have 1 unworked stitch on either side of the 4-stitch cable at the centre of the underarm.

Next row (RS): Make DS, work to the BOR.

INSTRUCTIONS

LONG SLEEVE: You'll now work the sleeve in pattern, working in the round and resolving any unworked DS, until the sleeve measures 41 cm/16 inches or your desired sleeve length, minus 3 cm/1.5 inches *WHILST at the same time* working a decrease round every (24, 32, 32, 16, 12, 12) (8, 12, 8, 6, 6, 6) rounds until you have (56, 58, 58, 60, 62, 64) (64, 68, 70, 72, 76, 78) stitches on your needles. This is a total of (4, 3, 3, 6, 9, 8) (12, 10, 13, 16, 18, 17) decrease rounds.

Decrease round: Work 4 stitches in pattern, p1, k2tog, work until 3 stitches remain, ssk, p1. [2 stitches decreased]

As you work decreases you will "eat into" the pattern on either side of the underarm cable. This is fine. Simply knit/purl the stitches you have without working the lace or cable.

Change to your smaller needles to work cuff ribbing.

Round 1: This will vary by size:

Sizes 1 and 8: (K3, k2tog) twice, *k4, k2tog; repeat from * until 10 stitches remain, (k3, k2tog) twice.

Sizes 2, 3, and 9: K3, k2tog, *k4, k2tog; repeat from * until 5 stitches remain, k3, k2tog.

Sizes 4 and 10: *K4, k2tog; repeat from * to end.

Size 5: K5, k2tog, *k4, k2tog; repeat from * until 7 stitches remain, k5, k2tog.

Sizes 6, 7, and 11: (K5, k2tog) twice, *k4, k2tog; repeat from * until 14 stitches remain, (k5, k2tog) twice.

Size 12: *K5, k2tog, k4, k2tog; repeat from * to end.

All sizes:

You have decreased by (10, 10, 10, 10, 10, 10) (10, 12, 12, 12, 12, 12) stitches and have (46, 48, 48, 50, 52, 54) (54, 56, 58, 60, 64, 66) stitches.

Round 2: *K1, p1; repeat from * to end.

Repeat round 2 until your cuff measures 3 cm/1.5 inches or your desired length. Bind off in pattern and repeat for the second sleeve.

SHORT SLEEVE: You'll now work the sleeve in pattern, working in the round and resolving any unworked DS, until the sleeve measures 12 cm/4.5 inches or your desired sleeve length, minus 3 cm/1.5 inches.

The short sleeve version does not work any decreases but you can add these if you wish, they're written above under the long-sleeved instructions.

Next round: Change to your smaller needles and work 1 round in pattern.

Round 2: *K1, p1; repeat from * to end.

Repeat round 2 until your cuff measures 3 cm/1.5 inches or your desired length. Bind off in pattern and repeat for the second sleeve.

INSTRUCTIONS

Button bands

The button bands on each front are picked up first and knit separately, with buttonholes being added on the right-hand side. Then stitches are picked up around the neck for the collar.

Left side:

Using your smaller needles, with the right side facing you and starting at the neck edge, pick up and knit 5 in every 7 stitches along the front left side. Make sure you pick up an odd number of stitches.

Row 1 (WS): P1, *k1, p1; repeat to end.

Row 2 (RS): K1, *p1, k1; repeat to end.

Repeat Rows 1 and 2 until your button band measures 3 cm/1.25 inches. Bind off in pattern or use your preferred bind-off method.

Right side:

First, we'll place locking stitch markers to locate the buttonholes. You'll work a total of (6, 6, 6, 6, 6, 6) (7, 7, 7, 7, 7, 7) buttonholes, the top button will be knitted later in the neckband, 1.5 cm/0.5 inch from the top. The bottom button will be located 1.5 cm/0.5 inch from the bottom.

To decide where to put your buttons, first measure the length of the front right side. Divide this length by (5, 5, 5, 5, 5, 5) (6, 6, 6, 6, 6, 6) to get the spacing between your buttonholes. Place the first locking stitch marker 1.5 cm/0.5 inch from the bottom and use your calculated spacing to place locking stitch markers for the other buttonholes. Remember that your last buttonhole will be made in the collar.

Using your smaller needles, with the right side facing you and starting at the hem, pick up and knit 5 in every 7 stitches along the front right side. Make sure you pick up an odd number of stitches.

Row 1 (WS): P1, *k1, p1; repeat to end.

Row 2 (RS): K1, *p1, k1; repeat to end.

Repeat Rows 1 and 2 until your button band measures 1.5 cm/0.5 inch deep. You can make the buttonholes on either the RS or the WS.

Buttonhole Row: *Work in ribbing to locking stitch marker, k2tog, yo; repeat from * until all buttonholes are made, continue in ribbing to end of row.

Resume working in ribbing pattern as set (working the k2tog, yo stitches into your ribbing pattern on the next row) until the button band measures 3 cm/1.25 inches. Bind off in pattern or use your preferred bind-off method.

INSTRUCTIONS

Collar

Using smaller needles, pick up and knit an odd number of stitches by picking up 5 stitches per 7 rows and 1 stitch in every cast-on stitch. Place a locking stitch marker in the stitch directly above the buttonholes in the button band.

Row 1 (WS): P1, *k1, p1; repeat to end.

Row 2 (RS): K1, *p1, k1; repeat to end.

Repeat Rows 1 and 2 until your collar measures 1.5 cm/0.5 inch deep. You can make the buttonhole on either the RS or the WS.

Buttonhole Row: Work in ribbing to the locking stitch marker, k2tog, yo, continue in ribbing to end of row.

Resume working in ribbing pattern as set (working the k2tog and yo stitches into your ribbing pattern on the next row) until the collar measures 3 cm/1.25 inches. Bind off in pattern or using your preferred bind-off method.

Finishing

Sew in any ends. Wash and block, taking care to pin out the lace and cables to meet gauge. Sew on buttons.

BUST SHAPING

For those following the D- and F-cup options, you will add extra stitches for the front in the armhole shaping and work a vertical dart in the body to remove those additional stitches. You will be adding (and then removing) full pattern repeats so the interruption to the sweater pattern will be minimal.

Adjustments to main pattern:

Back: Work per pattern.

The fronts will vary by which shaping option you choose.

D-cup

Right front:

Work per pattern until you reach the note telling you to come back here.

Work back and forth in pattern until your work measures (12.5, 11.5, 11.5, 12.5, 11.5, 10.5) (11.5, 11.5, 11.5, 10.5, 11.5, 11.5) cm/(5, 4.5, 4.5, 5, 4.5, 4.25) (4.5, 4.5, 4.5, 4.25, 4.5, 4.5) inches, measured from the stitch marker you placed. If you have met the pattern row gauge, this is a total of (40, 36, 36, 40, 36, 34) (36, 36, 36, 34, 36, 36) rows.

Now the armhole is shaped in the same way the back was shaped. Again, work the newly-made stitches into the pattern.

Note: Only work the k2tog/yo if you can work BOTH parts, otherwise you will alter the stitch count.

Row 1 (RS): K1, M1L, work in pattern until 1 stitch remains, k1. [1 stitch increased]

Row 2 (WS): P1, work in pattern until 1 stitch remains, p1.

Work rows 1 and 2 a total of (9, 10, 7, 7, 8, 9) (9, 9, 8, 7, 7, 6) times.

You now have (44, 45, 42, 47, 46, 49) (52, 52, 51, 50, 53, 54) stitches on your needles.

Size 1 only: You have completed your armhole shaping. Break yarn and place your stitches on hold.

Sizes 2-12 have remaining increases to make:

Row 3 (RS): K1, M1L, work in pattern until 1 stitch remains, k1. [1 stitch increased]

Row 4 (WS): P1, work in pattern until 1 stitch remains, M1Lp, p1. [1 stitch increased]

Work rows 3 and 4 a total of (-, 2, 5, 5, 7, 8) (8, 9, 11, 14, 14, 16) times.

BUST SHAPING

You now have (-, 49, 52, 57, 60, 65) (68, 70, 73, 78, 81, 86) stitches on your needles. Break your yarn and place your stitches on hold. The right front is complete.

Left front:

Work per pattern until you reach the note telling you to come back here.

Work back and forth in pattern until your work measures (12.5, 11.5, 11.5, 12.5, 11.5, 10.5) (11.5, 11.5, 11.5, 10.5, 11.5, 11.5) cm/(5, 4.5, 4.5, 5, 4.5, 4.25) (4.5, 4.5, 4.5, 4.25, 4.5, 4.5) inches, measured from the stitch marker you placed. If you have met the pattern row gauge, this is a total of (40, 36, 36, 40, 36, 34) (36, 36, 36, 34, 36, 36) rows.

Now the armhole is shaped in the same way the back was shaped. Again, work the newly-made stitches into the pattern.

Note: Only work the k2tog/yo if you can work BOTH parts, otherwise you will alter the stitch count.

Row 1 (RS): K1, work in pattern until 1 stitch remains, M1R, k1. [1 stitch increased]

Row 2 (WS): P1, work in pattern until 1 stitch remains, p1.

Work rows 1 and 2 a total of (9, 10, 7, 7, 8, 9) (9, 9, 8, 7, 7, 6) times.

You now have (44, 45, 42, 47, 46, 49) (52, 52, 51, 50, 53, 54) stitches on your needles.

Size 1 only: You have completed your armhole shaping. Do not break the yarn.

Sizes 2-12 have remaining increases to make:

Row 3 (RS): K1, work in pattern until 1 stitch remains, M1R, k1. [1 stitch increased]

Row 4 (WS): P1, M1Rp, work in pattern until 1 stitch remains, p1. [1 stitch increased]

Work rows 3 and 4 a total of (-, 2, 5, 5, 7, 8) (8, 9, 11, 14, 14, 16) times.

You now have (-, 49, 52, 57, 60, 65) (68, 70, 73, 78, 81, 86) stitches on your needles. Do not break the yarn.

Joining fronts and back

On the following row, you will join the fronts and back and cast on for the underarm stitches. Provided you started working the armhole shaping at the same place on all three panels, you should be able to work in the established pattern.

Next row (RS): Work in pattern across the front left panel, cast on (6, 6, 6, 6, 6, 6) (6, 12, 12, 12, 12, 12) stitches, work across the back panel, cast on (6, 6, 6, 6, 6, 6) (6, 12, 12, 12, 12, 12) stitches, work across the front right panel.

You now have (174, 192, 206, 224, 238, 256) (270, 288, 302, 320, 334, 352) stitches on your needles.

BUST SHAPING

Body

Continue working back and forth in pattern. The first and last stitches of the row are knit on the RS and purled on the WS. The previous selvedge stitches and the underarm cast-on stitches can be worked in pattern. Continue until the pattern measures 2.5 cm/1 inch from the underarm cast-on stitches, or until the sweater is just past the apex of your bust. You may need to knit longer here depending on your body shape.

Decreases:

We now need to remove the 16 stitches (8 per side) that we added in the yoke. This is a full stitch pattern repeat on each side.

First, we want to place two markers, one in each front side, to indicate where the decreases will be made. Counting from the centre of the 4-stitch cable at the centre of the underarm, place a marker (14, 14, 14, 14, 14, 14) (14, 26, 26, 26, 26, 26) stitches away, one in the left front and one in the right front. This will be right before a 4-stitch cable.

As you work decreases you will “eat into” the pattern. This is fine. If you do not have enough stitches to work the cable or the lace, just knit those stitches.

As written, the decreases will be worked over 5 cm/2 inches:

Decrease row (RS): Work in pattern until 2 stitches before the first marker, k2tog, sm, work in pattern to next marker, sm, ssk, work in pattern to end of row. [2 stitches decreased]

Note: You may wish to use a p2tog and ssp to maintain stitch pattern.

Work the decrease row every other row 8 times. You have (158, 176, 190, 208, 222, 240) (254, 272, 286, 304, 318, 336) stitches remaining.

Continue working the rest of the body (and sleeves) per pattern.

F-cup

Right front:

Work per pattern until you reach the note telling you to come back here.

Work back and forth in pattern until your work measures (10, 9, 9, 10, 9, 8) (9, 9, 9, 8, 9, 9) cm/(4, 3.5, 3.5, 4, 3.5, 3.25) (3.5, 3.5, 3.5, 3.25, 3.5, 3.5) inches, measured from the stitch marker you placed. If you have met the pattern row gauge, this is a total of (32, 28, 28, 32, 28, 26) (28, 28, 28, 26, 28, 28) rows.

Now the armhole is shaped in the same way the back was shaped. Again, work the newly-made stitches into the pattern.

Note: Only work the k2tog/yo if you can work BOTH parts, otherwise you will alter the stitch count.

BUST SHAPING

Row 1 (RS): K1, M1L, work in pattern until 1 stitch remains, k1. [1 stitch increased]

Row 2 (WS): P1, work in pattern until 1 stitch remains, p1.

Work rows 1 and 2 a total of (9, 10, 7, 7, 8, 9) (9, 9, 8, 7, 7, 6) times.

You now have (44, 45, 42, 47, 46, 49) (52, 52, 51, 50, 53, 54) stitches on your needles.

Row 3 (RS): K1, M1L, work in pattern until 1 stitch remains, k1. [1 stitch increased]

Row 4 (WS): P1, work in pattern until 1 stitch remains, M1Lp, p1. [1 stitch increased]

Work rows 3 and 4 a total of (4, 6, 9, 9, 11, 12) (12, 13, 15, 18, 18, 20) times.

You now have (52, 57, 60, 65, 68, 73) (76, 78, 81, 86, 89, 94) stitches on your needles. Break your yarn and place your stitches on hold.

Left front:

Work per pattern until you reach the note telling you to come back here.

Work back and forth in pattern until your work measures (10, 9, 9, 10, 9, 8) (9, 9, 9, 8, 9, 9) cm/(4, 3.5, 3.5, 4, 3.5, 3.25) (3.5, 3.5, 3.5, 3.25, 3.5, 3.5) inches, measured from the stitch marker you placed. If you have met the pattern row gauge, this is a total of (32, 28, 28, 32, 28, 26) (28, 28, 28, 26, 28, 28) rows.

Now the armhole is shaped in the same way the back was shaped. Again, work the newly-made stitches into the pattern.

Note: Only work the k2tog/yo if you can work BOTH parts, otherwise you will alter the stitch count.

Row 1 (RS): K1, work in pattern until 1 stitch remains, M1R, k1. [1 stitch increased]

Row 2 (WS): P1, work in pattern until 1 stitch remains, p1.

Work rows 1 and 2 a total of (9, 10, 7, 7, 8, 9) (9, 9, 8, 7, 7, 6) times.

You now have (44, 45, 42, 47, 46, 49) (52, 52, 51, 50, 53, 54) stitches on your needles.

Row 3 (RS): K1, work in pattern until 1 stitch remains, M1R, k1. [1 stitch increased]

Row 4 (WS): P1, M1Rp, work in pattern until 1 stitch remains, p1. [1 stitch increased]

Work rows 3 and 4 a total of (4, 6, 9, 9, 11, 12) (12, 13, 15, 18, 18, 20) times.

You now have (52, 57, 60, 65, 68, 73) (76, 78, 81, 86, 89, 94) stitches on your needles. Do not break the yarn.

Joining fronts and back

On the following row, you will join the fronts and back and cast on for the underarm stitches. Provided you started working the armhole shaping at the same place on all three panels, you should be able to work in the established pattern.

BUST SHAPING

Next row (RS): Work in pattern across the front left panel, cast on (6, 6, 6, 6, 6, 6) (6, 12, 12, 12, 12, 12) stitches, work across the back panel, cast on (6, 6, 6, 6, 6, 6) (6, 12, 12, 12, 12, 12) stitches, work across the front right panel.

You now have (190, 208, 222, 240, 254, 272) (286, 304, 318, 336, 350, 368) stitches on your needles.

Body

Continue working back and forth in pattern. The first and last stitches of the row are knit on the RS and purled on the WS. The previous selvedge stitches and the underarm cast-on stitches can be worked in pattern. Continue until the pattern measures 2.5 cm/1 inch from the underarm cast-on stitches, or until the sweater is just past the apex of your bust. You may need to knit longer here depending on your body shape.

Decreases:

We now need to remove the 32 stitches (16 per side) that we added in the yoke. This is two full stitch pattern repeats on each side.

First, we want to place two markers, one in each front side, to indicate where the decreases will be made. Counting from the centre of the 4-stitch cable at the centre of the underarm, place a marker (14, 14, 14, 14, 14, 14) (14, 26, 26, 26, 26, 26) stitches away, one in the left front and one in the right front. This will be right before a 4-stitch cable.

As you work decreases you will “eat into” the pattern. This is fine. If you do not have enough stitches to work the cable or the lace, just knit those stitches.

As written, the decreases will be worked over 10 cm/4 inches:

Decrease row (RS): Work in pattern until 2 stitches before the first marker, k2tog, sm, work in pattern to next marker, sm, ssk, work in pattern to end of row. [2 stitches decreased]

Note: You may wish to use a p2tog and ssp to maintain stitch pattern.

Work the decrease row every other row 16 times. You have (158, 176, 190, 208, 222, 240) (254, 272, 286, 304, 318, 336) stitches remaining.

Continue working the rest of the body (and sleeves) per pattern.