

Heimathafen by Isabell Kraemer



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Yarn

MYAK Fior di Lino [218 yards (200 m)/50g];
shown in colors Graphite (MC) and Caffelatte (CC)

MC: 4 (5, 5, 5, 6)(6, 7, 7, 8) balls

CC: 1 (1, 1, 2, 2)(2, 2, 2, 2) balls

or approximately

MC: 870 (957, 1042, 1092, 1194)(1294, 1378, 1528, 1557) yds/ 795 (875, 952, 998, 1091)(1183, 1260, 1397, 1423) m

CC: 181 (192, 208, 257, 268)(290, 306, 323, 339) yds/ 165 (175, 190, 235, 245)(265, 280, 295, 310) m

Needles

US 2 1/2 (3 mm) 16" (40 cm) and 32" (80 cm) circular needle and DPNs (or longer circular needle for magic loop) for neck cast-on, body ribbing and sleeve ribbing.

US 3 (3.25 mm) 16" (40 cm) and 32" (80 cm) circular needle and DPNs (or longer circular needle for magic loop) for body and sleeves.

Gauge

24 sts x 35 rows = 4" (10 cm) square in Stockinette stitch on larger needle after blocking

Sizes

1 (2, 3, 4, 5)(6, 7, 8, 9)

finished bust circumference:

34 (37.25, 40.75, 44, 48)(51.25, 54.75, 58, 61.25)"

85 (93.5, 102, 110, 120)(128.5, 137, 145, 153.5) cm

Recommended ease: 1 - 3" (2.5 – 7.5 cm) (see schematic on the last page for more detailed measurements).

Materials

Stitch holders or waste yarn, stitch markers, row counter (optional, recommended), tapestry needle, blocking tools.

Special techniques and tips

German short rows:

http://www.youtube.com/watch?v=i_6PjI20zKA

On a RS row: Knit the number of stitches as stated in the pattern, turn work, bring yarn to front, slip the first stitch as if to purl, bring yarn over the needle to the back of your work and pull tight (this creates the double stitch = DS).

On a WS row: Purl the number of stitches as stated in the pattern, turn work, bring yarn to front, slip the first stitch as if to purl, bring yarn over the needle to the back of your work and pull tight (this creates the double stitch = DS).

Resolving double stitches: When working over double stitches treat them as a single stitch by knitting through both legs of the DS on a RS row (kDS) or purling through both legs of the DS on a WS row (pDS).

Backwards loop cast-on method:

https://www.youtube.com/watch?v=goOVkdgv_ys

Long tail cast-on:

<https://www.purlsoho.com/create/long-tail-cast-on/>

Cable cast-on:

<https://www.purlsoho.com/create/cable-cast-on/>

Grafting I-Cord bind-off in the round:

<https://www.youtube.com/watch?v=4dQNueDp4O4>

Dip3b stitch tutorial:

<https://www.youtube.com/watch?v=e1AfAOrxxw8>

Heimathafen [*'ha:ɪmat, ha:fɪŋ*] (which translates to "home port") is worked seamlessly from the top down.

The beautiful allover "dip stitch colorwork"-stripe pattern highlights the round yoke construction and results in a classic but modern sailor pullover.

Starting with the neck shaping, short rows are worked back and forth to create a higher back neck. The yoke is then worked in the round to sleeve separation. Increases are worked in the main color part of the yoke. The lower part of the yoke is shaped with raglan increases. Sleeve stitches are placed on hold to work the body top down. The 7/8 sleeves are worked top down in rounds to the cuffs. No finishing required.

Notes

Body and sleeves can be lengthened or shortened by working more or less rounds before starting the ribbing. Size can be adjusted by working more or less increases or by adding stitches to/reducing the number of stitches at the underarm cast-on.

Please note that any change will affect the yardage.

After increase/decrease rounds you will find totals to check your stitch count.

Abbreviations

BO: bind off

BOR: beginning of the round

circ: circumference

CC: contrast color

CO: cast on

dec: decrease

dip3b: dip stitch 3 rows below (see Stitches)

DS: double stitch (see German short rows)

inc: increase

k: knit

k2tog: knit 2 stitches together (right leaning decrease)

k2tog tbl: knit 2 stitches together through the back loops

kDS: knit double stitch (see German short rows)

m: marker

LH: left hand

M1L: make one left (left leaning increase)

lift loop between stitches from front, knit into back loop

M1R: make one right (right leaning increase)

lift loop between stitches from back, knit into front loop

M1Rp: make one right (right leaning increase)

lift loop between stitches from back, purl into front loop

MC: main color

p: purl

pDS: purl double stitch (see German short rows)

pm: place marker

RH: right hand

rnd(s): round(s)

RS: right side

sl1 wyib: slip 1 stitch purlwise from LH to RH needle, with yarn held at back

sl m: slip marker

st(s): stitch(es)

ssk: slip 2 stitches, one at a time, knitwise to the RH needle; return stitches to LH needle in turned position and knit them together through the back loops (left leaning decrease)

WS: wrong side

(): repeat instructions in brackets

Stitches

Dip3b stitch tutorial:

<https://www.youtube.com/watch?v=e1AfAOxxw8>

Dip3b: Insert RH needle tip from front to back into the stitch 3 rounds below the first stitch on the LH needle, pull a loop through this stitch and leave it on your RH needle.

Dip stitch stripe pattern

Swatching in the round:

<https://www.purlsoho.com/create/swatching-for-circular-gauge/>

To check gauge, cast on 32 sts (or a multiple of 4 sts)

Note: The overall stitch count will be off in rounds where we work the dip stitches (dip3b). Each repeat creates 1 additional stitch, these additional stitches will be reduced in the following round.

Preparation (MC): Knit 4 rounds.

Change to CC yarn.

Rnd 1 (CC): (Dip3b, k4) to end.

Rnd 2 (CC): (Ssk, k3) to end.

Rnds 3 + 4 (CC): Knit.

Break CC yarn and change to MC yarn.

Rnd 5 (MC): (K2, dip3b, k2) to end.

Rnd 6 (MC): Sl1 wyib, k1, ssk, k1, (k2, ssk, k1) to end.

Rnds 7 to 32 (MC): Knit.

Repeat **rnds 1 to 32** for pattern.

Stripe sequence

4 rows CC

28 rows MC

Instructions

Yoke

With shorter US 2 1/2 (3 mm) needle and MC yarn, CO 104 (106, 108, 108, 112)(112, 114, 116, 116) sts using the long tail cast on, join to work in the round (being careful not to twist stitches) and place marker for BOR.

BOR is at the center of the back.

Change to US 3 (3.25 mm) needle.

Knit 2 rounds.

Neck shaping

Size 1

Continue to *All sizes*.

Size 2

Next rnd (inc rnd): (K8, M1L) 2 times, knit to 16 sts before end, M1L, k8, M1L, k8, sl BOR m. (4 sts inc'd)

- (110, -, -, -)(-, -, -, -) sts

Continue to *All sizes*.

Size 3

Next rnd (inc rnd): K7, M1L, k13, M1L, (k14, M1L, k13, M1L) to 7 sts before end, k7, sl BOR m. (8 sts inc'd)

- (-, 116, -, -)(-, -, -, -) sts

Continue to *All sizes*.

Size 4

Next rnd (inc rnd): (K7, M1L) 2 times, (k8, M1L) to 14 sts before end, (k7, M1L) 2 times, sl BOR m. (14 sts inc'd)

- (-, -, 122, -)(-, -, -, -) sts

Continue to *All sizes*.

Size 5

Next rnd (inc rnd): (K7, M1L) to end, sl BOR m. (16 sts inc'd)

- (-, -, -, 128)(-, -, -, -) sts

Continue to *All sizes*.

Size 6

Next rnd (inc rnd): K3, M1L, (K5, M1L) to 4 sts before end, k4, sl BOR m. (22 sts inc'd)

- (-, -, -, -)(134, -, -, -) sts

Continue to *All sizes*.

Size 7

Next rnd (inc rnd): K7, M1L, (k4, M1L) to 7 sts before end, k7, sl BOR m. (26 sts inc'd)

- (-, -, -, -)(-, 140, -, -) sts

Continue to *All sizes*.

Size 8

Next rnd (inc rnd): (K3, M1L) 2 times, (k4, M1L) to 6 sts before end, (k3, M1L) 2 times, sl BOR m. (30 sts inc'd)

- (-, -, -, -)(-, -, 146, -) sts

Continue to *All sizes*.

Size 9

Next rnd (inc rnd): (K4, M1L) 7 times, (k3, M1L) to 28 sts before end, (K4, M1L) 7 times, sl BOR m. (34 sts inc'd)

- (-, -, -, -)(-, -, -, 150) sts

Continue to *All sizes*.

All sizes

Note: Change to longer US 3 (3.25 mm) circular needle when needed to accommodate the increasing number of stitches.

Short row 1: (RS) K33 (35, 37, 39, 40)(41, 44, 47 48), turn; **(WS)** DS, purl to BOR m, sl BOR m, p32 (34, 36, 38, 39)(40, 43, 46, 47), turn.

Short row 2: (RS) DS, knit to BOR m, sl BOR m, (k6, M1L) 5 (5, 5, 5, 5)(5, 5, 5, 6) times, knit to DS, kDS, k4, turn; **(WS)** DS, purl to BOR m, sl BOR m, (p6, M1Rp) 5 (5, 5, 5, 5)(5, 5, 5, 6) times, purl to DS, pDS, p4, turn. [10 (10, 10, 10, 10)(10, 10, 10, 12) sts inc'd]

114 (120, 126, 132, 138)(144, 150, 156, 162) sts

Short row 3: (RS) DS, knit to BOR m, sl BOR m, knit to DS, kDS, k5, turn; **(WS)** DS, purl to BOR m, sl BOR m, purl to DS, pDS, p5, turn.

Next row (RS): DS, knit to BOR m, sl BOR m.

Knit 3 rounds (kDS when you reach them).

Next rnd (inc rnd): (K3, M1L) to end, sl BOR m. [38 (40, 42, 44, 46)(48, 50, 52, 54) sts inc'd]

152 (160, 168, 176, 184)(192, 200, 208, 216) sts

Start dip stitch stripe pattern

Change to CC yarn.

Rnd 1 (CC): (Dip3b, k4) to end, sl BOR m.

Rnd 2 (CC): (Ssk, k3) to end, sl BOR m.

Rnds 3 + 4 (CC): Knit to end, sl BOR m.

Break CC yarn, change to MC yarn.

Rnd 5: (K2, dip3b, k2) to end, sl BOR m.

Rnd 6: Sl1 wyib, k1, ssk, k1, (k2, ssk, k1) to end, sl BOR m.

Rnds 7 + 8: Knit to end, sl BOR m.

Rnd 9 (inc rnd): (K4, M1L) to end, sl BOR m.
[38 (40, 42, 44, 46)(48, 50, 52, 54) sts inc'd]

190 (200, 210, 220, 230)(240, 250, 260, 270) sts

Rnds 10 to 20: Knit to end, sl BOR m.

Rnd 21 (inc rnd): (K5, M1L) to end, sl BOR m.
[38 (40, 42, 44, 46)(48, 50, 52, 54) sts inc'd]

228 (240, 252, 264, 276)(288, 300, 312, 324) sts

Rnds 22 to 32: Knit to end, sl BOR m.

Rnds 33 to 38: Repeat rnds 1 to 6.

Place markers for raglan increases

Sizes 1, 2, 3, 4

Next rnd:

K37 (40, 42, 45, -)(-, -, -, -), **pm**,
k41 (41, 43, 43, -)(-, -, -, -), **pm**,
k73 (79, 83, 89, -)(-, -, -, -), **pm**,
k41 (41, 43, 43, -)(-, -, -, -), **pm**,
k36 (39, 41, 44, -)(-, -, -, -), sl BOR m.

73 (79, 83, 89, -)(-, -, -, -) sts each for front and back, 41 (41, 43, 43, -)(-, -, -, -) sts for each sleeve

Knit 7 (7, 7, 5, -)(-, -, -, -) round(s).

Continue to *All sizes*.

Sizes 5, 6, 7, 8, 9

Next rnd (inc for body and sleeves):

K - (-, -, -, 47)(49, 52, 54, 56),
M1R, k1, **pm**, k1, M1L,
k - (-, -, -, 41)(43, 43, 45, 47),
M1R, k1, **pm**, k1, M1L,
k - (-, -, -, 93)(97, 103, 107, 111),
M1R, k1, **pm**, k1, M1L,
k - (-, -, -, 41)(43, 43, 45, 47),
M1R, k1, **pm**, k1, M1L,
k - (-, -, -, 46)(48, 51, 53, 55), sl BOR m. (8 sts inc'd)

- (-, -, -, 97)(101, 107, 111, 115) sts each for front and back, - (-, -, -, 45)(47, 47, 49, 51) sts for each sleeve

Next rnd: Knit to end, slipping all markers.

All sizes

You will now follow the shaping instructions (increase rounds, separation round, etc.) while working in dip stitch stripe pattern (changing colors to start a dip stitch stripe in CC once you have worked a total of 28 rounds in MC) Further color changes won't be mentioned in the instructions.

Raglan increases

Rnd 1 (inc for body and sleeves): (Knit to 1 stitch before m, M1R, k1, sl m, k1, M1L) 4 times, knit to end, sl BOR m. (8 sts inc'd)

75 (81, 85, 91, 99)(103, 109, 113, 117) sts each for front and back, 43 (43, 45, 45, 47)(49, 49, 51, 53) sts for each sleeve

Rnd 2: Knit to end, slipping all markers.

Repeat **rnds 1 + 2**

4 (5, 6, 7, 9)(10, 10, 10, 10) more times

83 (91, 97, 105, 117)(123, 129, 133, 137) sts each for front and back, 51 (53, 57, 59, 65)(69, 69, 71, 73) sts for each sleeve

Sizes 1, 2

Continue to *Separate sleeves and body*.

Size 3

Next rnd (inc for body only): (Knit to 1 stitch before m, M1R, k1, sl m, knit to m, sl m, k1, M1L) 2 times, knit to end, sl BOR m. (4 sts inc'd)

- (-, 99, -, -)(-, -, -, -) sts each for front and back,
- (-, 57, -, -)(-, -, -, -) sts for each sleeve

Continue to *Separate sleeves and body*.

Sizes 4, 5

Next rnd (inc for body only): (Knit to 1 stitch before m, M1R, k1, sl m, knit to m, sl m, k1, M1L) 2 times, knit to end, sl BOR m. (4 sts inc'd)

- (-, -, 107, 119)(-, -, -, -) sts each for front and back, - (-, -, 59, 65)(-, -, -, -) sts for each sleeve

Work - (-, -, 5, 9)(-, -, -, -) rounds without increases (remember to start a dip stitch stripe in CC once you have worked a total of 28 rounds in MC)

Continue to *Separate sleeves and body*.

Sizes 6, 7, 8, 9

Continue working in dip stitch stripe pattern, ending after you have worked **round 6** of the next dip stitch stripe pattern repeat.

Size 6

Next rnd (inc for body and sleeves): (Knit to 1 stitch before m, M1R, k1, sl m, k1, M1L) 4 times, knit to end, sl BOR m. (8 sts inc'd)

- (-, -, -, -)(125, -, -, -) sts each for front and back, - (-, -, -, -)(71, -, -, -) sts for each sleeve

Next rnd (inc for body only): (Knit to 1 stitch before m, M1R, k1, sl m, knit to m, sl m, k1, M1L) 2 times, knit to end, sl BOR m. (4 sts inc'd)

- (-, -, -, -)(127, -, -, -) sts each for front and back, - (-, -, -, -)(71, -, -, -) sts for each sleeve

Continue to *Separate sleeves and body*.

Sizes 7, 8, 9

Next rnd (inc for body and sleeves): (Knit to 1 stitch before m, M1R, k1, sl m, k1, M1L) 4 times, knit to end, sl BOR m. (8 sts inc'd)

- (-, -, -, -)(-, 131, 135, 139) sts each for front and back, - (-, -, -, -)(-, 71, 73, 75) sts for each sleeve

Repeat **last round** - (-, -, -, -)(-, 3, 5, 7) more times.

- (-, -, -, -)(-, 137, 145, 153) sts each for front and back, - (-, -, -, -)(-, 77, 83, 89) sts for each sleeve

Continue to *Separate sleeves and body*.

Separate sleeves and body

Note: Please take a note of the round just worked, this makes it easier to resume the stripe sequence when working the sleeves.

Some sizes will work dip stitch stripe rounds at/or shortly after the separation round.

If you don't have enough rounds for working the dip stitches in the underarm area, omit the dip stitches and their corresponding ssk.

Next rnd: K42 (46, 50, 54, 60)(64, 69, 73, 77), remove m, place following 51 (53, 57, 59, 65)(71, 77, 83, 89) sleeve stitches on a holder or waste yarn, remove m, using the backwards loop cast-on, CO 10 (11, 12, 13, 13)(14, 14, 15, 16) sts, pm (side m), CO 9 (10, 11, 12, 12)(13, 13, 14, 15) sts, k83 (91, 99, 107, 119)(127, 137, 145, 153) front stitches, remove m, place following 51 (53, 57, 59, 65)(71, 77, 83, 89) sleeve stitches on a holder or waste yarn, remove m, using the backwards loop cast-on, CO 10 (11, 12, 13, 13)(14, 14, 15, 16) sts, pm (side m), CO 9 (10, 11, 12, 12)(13, 13, 14, 15) sts, knit to BOR m (at center of back), sl BOR m.

204 (224, 244, 264, 288)(308, 328, 348, 368) sts

Body

Note: If you wish to add an A-shape to the body, work the following increase round 1 time in the plain portion of every MC part of the dip stitch stripe pattern.

The sample shows an A-shape with a total of 3 increase rounds worked for the body.

A-line inc rnd: (Knit to 1 stitch before side m, M1R, k1, sl m, k1, M1L) 2 times, knit to end, sl BOR m. (4 sts inc'd)

Work in dip stitch stripe pattern in rounds until body measures approximately 13.5" (34.25 cm) or 0.5" (1.25 cm) less than desired length from underarm.

Ribbing and I-Cord BO

Change to US 2 1/2 (3 mm) needle.

Rnds 1 to 3: (K1, p1) to end, sl BOR m.

I-Cord bind-off: Using the cable cast-on, CO 3 sts, k2, k2tog tbl, (place 3 sts back to LH needle, k2, k2tog tbl) to end, graft the last 3 stitches to the first 3 stitches.

Sleeves (both alike)

Resume stripe sequence.

In case your first round is a dip stitch stripe round, omit the dip stitches and their corresponding ssk in the underarm area.

Place held sleeve stitches on US 3 (3.25 mm) DPNs (or longer circular needle for magic loop), beginning at the center of underarm, pick up and knit 10 (11, 12, 13, 13)(14, 14, 15, 16) sts from underarm CO, knit across sleeve stitches, pick up and knit 9 (10, 11, 12, 12)(13, 13, 14, 15) sts from underarm CO, place marker for BOR.

Note: You may want to pick up one more stitch at each edge of the underarm CO to avoid holes at these points. Please decrease these stitches in the next round to achieve the correct stitch count for your sleeve.

70 (74, 80, 84, 90)(98, 104, 112, 120) sts

Attention:

Not all stitch counts on the way down to the sleeve cuffs are divisible by 4, below you will find the dip stitch pattern written out for stitch counts divisible by 4 + 2 sts and for stitch counts divisible by 4 sts.

When working decreases in dip stitch stripe rounds (rnds 1 or 5), omit the first, respectively the last dip stitch and their corresponding ssk (rnds 2 or 6) in these rounds.

Dip stitch stripe pattern for stitch counts divisible by 4 + 2 sts

Rnd 1 (CC): (Dip3b, k4) to last 2 sts, knit to end.

Rnd 2 (CC): (Ssk, k3) to last 2 sts, knit to end.

Rnds 3 + 4 (CC): Knit.

Rnd 5 (MC): (K2, dip3b, k2) to last 2 sts, knit to end.

Rnd 6 (MC): Sl1 wyib, k1, ssk, k1, (k2, ssk, k1) to last 2 sts, knit to end.

Rnds 7 to 32 (MC): Knit.

Dip stitch stripe pattern for stitch counts divisible by 4 sts

Rnd 1 (CC): (Dip3b, k4) to end.

Rnd 2 (CC): (Ssk, k3) to end.

Rnds 3 + 4 (CC): Knit.

Rnd 5 (MC): (K2, dip3b, k2) to end.

Rnd 6 (MC): Sl1 wyib, k1, ssk, k1, (k2, ssk, k1) to end.

Rnds 7 to 32 (MC): Knit.

Work in dip stitch stripe pattern in rounds until sleeve measures 2" (5 cm) from underarm.

Dec rnd: K1, k2tog, knit to last 3 sts, ssk, k1. (2 sts dec'd)

68 (72, 78, 82, 88)(96, 102, 110, 118) sts

Repeat **dec rnd** every

12 (10, 9, 8, 7)(6, 6, 5, 5) rounds

[= work 11 (9, 8, 7, 6)(5, 5, 4, 4) rounds in pattern, then work dec rnd]

8 (10, 11, 7, 8)(18, 7, 13, 10) more times, then every

- (-, -, 7, 6)(-, 5, 4, 4) rounds

- (-, -, 6, 8)(-, 14, 12, 17) more times.

52 (52, 56, 56, 56)(60, 60, 60, 64) sts

Work in dip stitch stripe pattern until sleeve measures approximately 14 (14.25, 14.25, 14.75, 14.75)(15.25, 15.25, 15.25, 15.25)" [35.5 (36.25, 36.25, 37.5, 37.5)(38.75, 38.75, 38.75, 38.75) cm] or 0.5" (1.25 cm) less than desired length from underarm.

Ribbing and I-Cord BO

Change to US 2 1/2 (3 mm) needle.

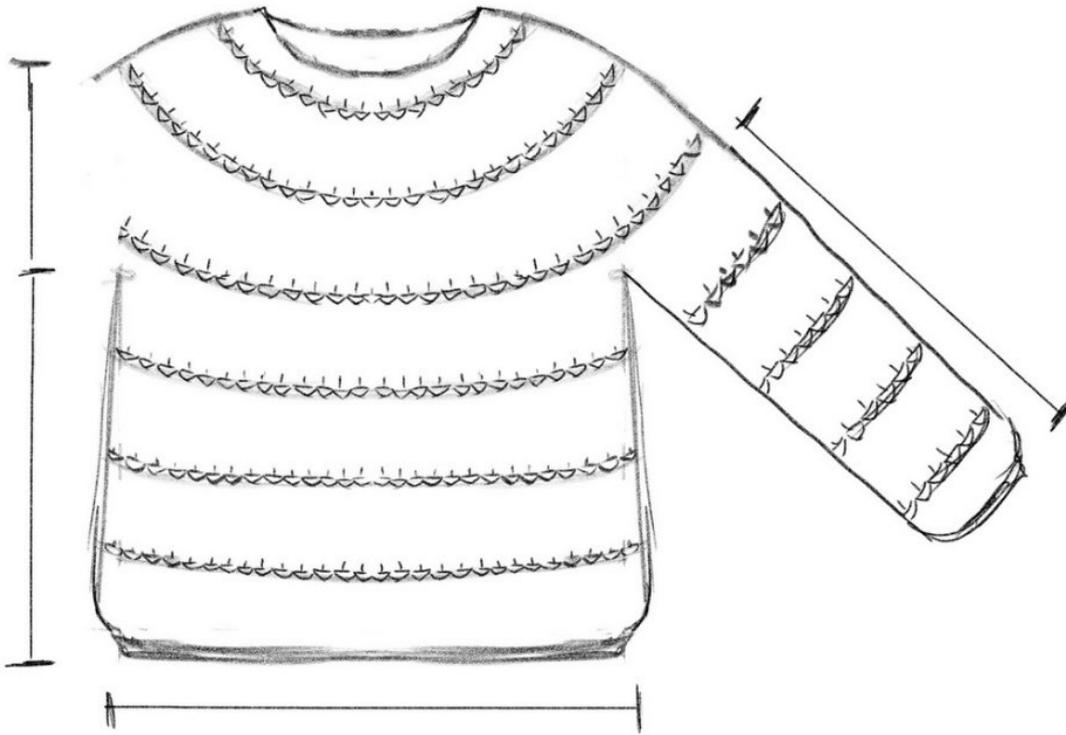
Rnds 1 to 3: (K1, p1) to end, sl BOR m.

I-Cord bind-off: Using the cable cast-on, CO 3 sts, k2, k2tog tbl, (place 3 sts back to LH needle, k2, k2tog tbl) to end, graft the last 3 stitches to the first 3 stitches.

Finishing

Block sweater to measurements and weave in ends.

Schematic



Measurements in inches

Bust circ: 34 (37.25, 40.75, 44, 48)(51.25, 54.75, 58, 61.25)

Upper arm circ: 11.75 (12.25, 13.25, 14, 15)
(16.25, 17.25, 18.75, 20)

Front neck to underarm: 7.25 (7.75, 8, 8.5, 9)
(9.25, 9.5, 9.75, 10)

Body length from underarm: +/- 14

Sleeve length from underarm: +/- 14.5 (14.75, 14.75, 15.25, 15.25)(15.75, 15.75, 15.75, 15.75)

Measurements in cm

Bust circ: 85 (93.5, 102, 110, 120)(128.5, 137, 145, 153.5)

Upper arm circ: 29 (31, 33, 35, 37.5)(41, 43.5, 47, 50)

Front neck to underarm: 18.5 (19.5, 20.5, 21.5, 22.5)(23.5, 24, 24.5, 25.5)

Body length from underarm: +/- 35.5

Sleeve length from underarm: +/- 36.75 (37.5, 37.5, 38.75, 38.75)(40, 40, 40, 40)