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WINTER 2024 • VOLUME XXVIII • NUMBER 4

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Dear Reader,

In the early 2000s, as I was just beginning my career in jewelry making, I had the pleasure of sharing booth space at art shows with four talented women. Three of those ladies were sheep-to-shawl knitters. This was a few years before I learned to knit, and I don't think I fully appreciated just how special their work was. Looking back, I'm in awe. To choose a fleece, then scour it, spin it, and knit it into an original shawl design is no small feat. They tried to teach me, but margaritas were involved, and as you can imagine, it didn't go well.

The knitting industry is a place where tradition and creative talent meet. Like my boothmates, there is so much to admire in the work of farms producing small-batch yarns and companies keeping regional fiber customs alive. In this issue of *Knits*, we shine a light on these producers and their unique yarns. Simply put, we're taking you from farm to needle.

In the pages of this issue, you'll meet Mona, the Icelandic sheep at Southeastern Animal Fiber Fair (SAFF) who stole our hearts. Sandi Rosner shares the step-by-step process of turning Mona's fleece into handspun yarn, which both she and I then turned into complementary projects. Plus, if breeds such as Clun Forest, Cormo, and Targhee are new to you, Kerry Bullock-Ozkan offers advice for pairing breed-specific yarns with the right project with useful information on substituting when small-batch options are hard to find. Not to mention, we have a very sheepy Maker's Tools that is downright adorable.

For the projects in this issue, you're in for a treat. We've gathered an ubercozy collection of designs with a modern farmhouse sensibility. Lana Jois' Meadowsweet Hat & Mittens Set (p. 19) brings the cheerfulness of flowers to the snowiest winter days. The Vernacular Vest (p. 14), by Deborah Newton, is an easy layering piece that works up quickly and helps keep your core warm as you go about your day. And I can't wait to cast on Hiroka Shinokawa's Baserri Cowl (p. 20), which features a technique called "twice knitting"—trust me, it's not what you think.

Our winter issue finishes with a Ravelings essay from Dr. Liz Piatt. You might know Liz from her YouTube channel or Instagram, where she goes by The Black Knitter. In her piece, she shares how we can all make our community more welcoming. I hope you read it with as much eagerness to effect change as I did.

Wishing you a woolly winter season,

Kerry Bogert



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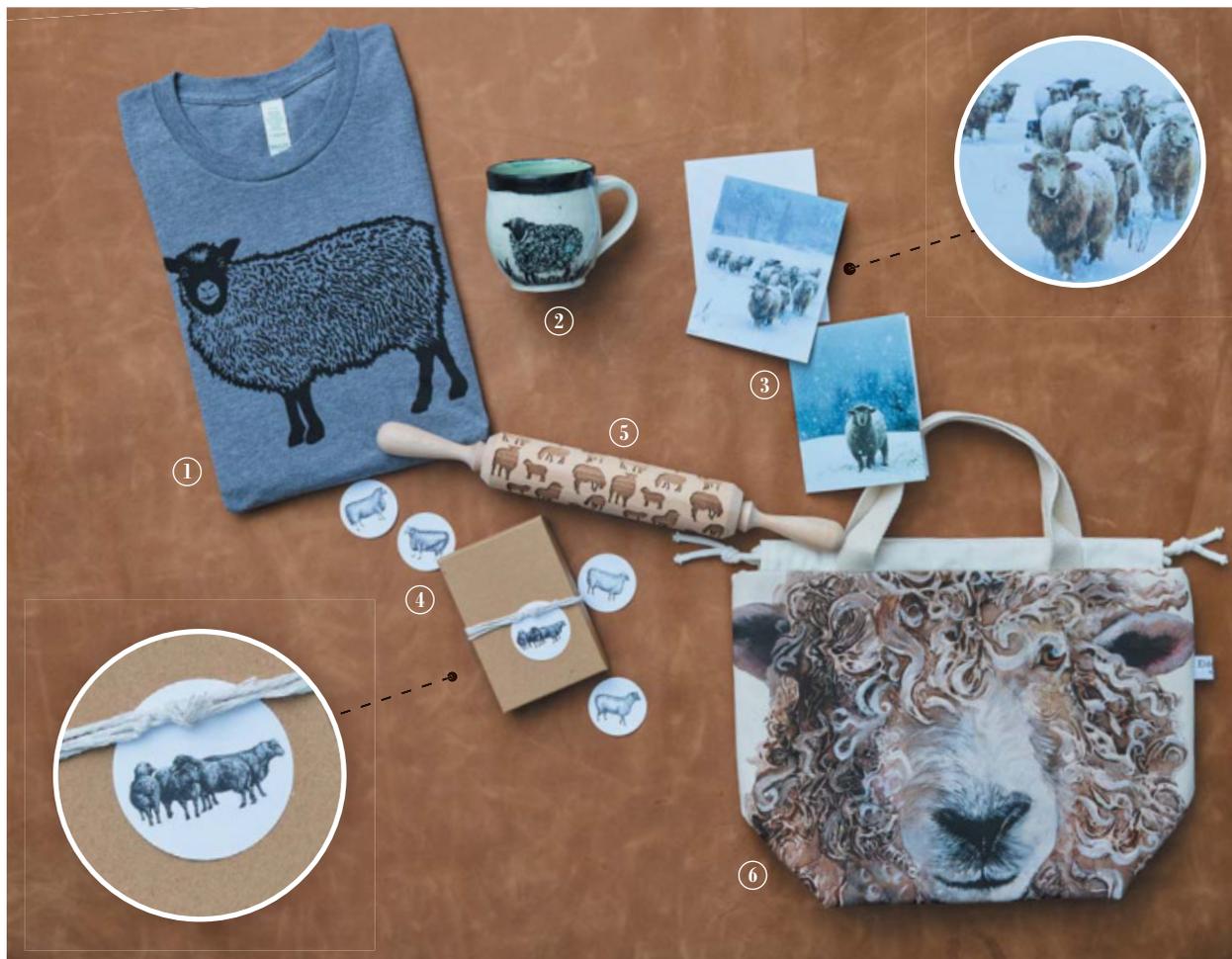
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Part of the FLOCK

❶ Rep a favorite breed of sheep with Madder Root's **Shetland T-Shirt**. This light-gray shirt is slim-fit and ultrasoft, made with a blend of cotton and polyester that is reclaimed from plastic bottles. These shirts are made in the United States with sizes ranging from XS-3XL. www.madderroot.com ❷ Start your day with a cup of your favorite beverage in Pickerelweed Pottery's **Sheep Mug**. This handmade mug, which holds 13 ounces, is made with wheel-thrown porcelain and carved black slip, and is finished off with a shiny clear glaze. The interior glaze adds a delightful touch and comes in a variety of colors (green pictured). [Pickerelweed Pottery on Etsy](http://PickerelweedPottery.com) ❸ Send out thank-you notes or holiday cards in style with Kristin Nicholas' notecards. Perfect for winter, the **Sheep Coming In** and **Lone Sheep in Snow** cards feature sheep in the beautiful snow at Leyden Glen Farm, located in western Massachusetts. Each pack comes with ten blank notecards and white envelopes. www.kristinnicholas.com ❹ What better way to finish off a knitted gift than with **Sheep Gift Tags**, from Petite Paperie? These gift tags come in sets of ten, in either white or light ivory. The tags measure 2 inches in diameter and feature vintage illustrations of sheep. The images are printed on heavy cardstock and the pack includes two each of five different illustrations. [Petite Paperie on Etsy](http://PetitePaperie.com) ❺ Cookies are a must in the winter, and the **Wooden Sheep Rolling Pin**, from Sugary Home, adds the perfect touch to your treats. This laser-engraved rolling pin comes in a large size, with a working surface of about 7 inches (pictured), and a small size, with a working surface of about 4 inches. Each rolling pin is made with love in Ukraine. [SugaryHome on Etsy](http://SugaryHome.com) ❻ Promote your love of sheep with one of Eldenwood Craft's **Knitting Project Bags**. Each bag is made with natural-colored cotton canvas and has a gorgeous print of a longwool ram on the front. The bags, which have a drawstring to ensure that your goods don't spill out, have plenty of interior pockets to house your notions. The XL project bags can house ten or more 100-gram skeins of caked yarn and measure about 16 inches by 12 inches by 6 inches. www.eldenwoodcraft.com

Straining your eyes while knitting?

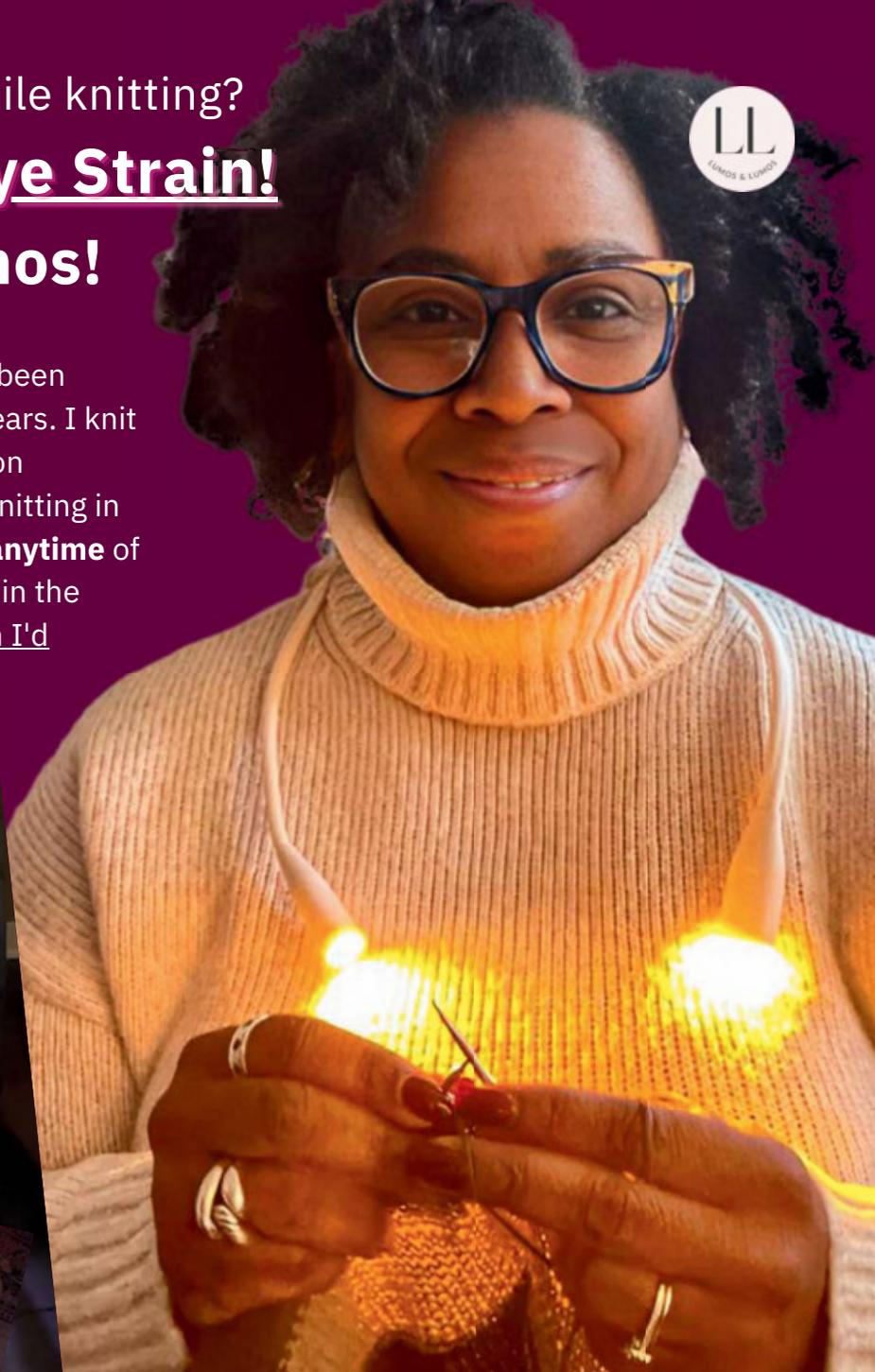
Prevent Your Eye Strain!

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“ —

I can't believe how much I've been **straining my eyes** for many years. I knit a lot of garments in fine wool on 2.25mm needles. I also love knitting in dark colours. **Now I can knit anytime** of the day and not disturb family in the room. **Worth every cent.** Wish I'd known about it sooner!

— Lori A, LA



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Wool that Wows

UNIQUE YARNS TO ENHANCE YOUR STASH

A – HARRISVILLE DESIGNS NIGHTSHADES

Content: 80% American-grown Cormo, 20% wool
Color shown: Static
Put-up: 250 yd (229 m)/3½ oz (100 g)
Weight: DK

Day or night, we love Harrisville Designs Nightshades. This lofty, 3-ply, woolen-spun, all-American yarn features Montana-grown Cormo, which is scoured in Texas, dyed in Pennsylvania, and spun in New Hampshire. The result is a gorgeous yarn for dramatic garments such as Jennifer Kent’s Croft Cardigan (p. 16).

B – GOTHFARM YARN NAVAJO-CHURRO

Content: 100% Navajo-Churro wool
Color shown: Walnut
Put-up: 185 yd (169 m)/3½ oz (100 g)
Weight: Worsted

Earn a sticker in your “Shave ’Em to Save ’Em” passport when using this yarn to knit Debi Maige’s Atwixt Sweater (p. 12). Navajo-Churro is a rustic and fuzzy wool; here, it has been spun into a single-ply, lopi-style yarn. It results in a fabric that’s best for outerwear and long-lasting woolen sweaters.

C – OLYMPIA FARM WORSTED WEIGHT

Content: 100% Romney wool
Color shown: Gray
Put-up: 240 yd (219 m)/4 oz (113 g)
Weight: Worsted

Discover the beauty of Romney wool while supporting a family-owned farm in Connecticut. Olympia Farm practices organic spinning methods: You won’t find harsh chemicals or dyes used on this lustrous, long-lasting fiber. This rustic, hearty wool is perfect for the Timbered Pullover (p. 10), by Denise Hebner.



D – YARN VIBES ORGANIC SPORT-WEIGHT, DISTRIBUTED BY UNIVERSAL YARN

Content: 100% Irish organic wool
Color shown: Hydrangea
Put-up: 328 yd (300 m)/3½ oz (100 g)
Weight: Sport

This GOTS-certified organic wool yarn supports Irish farmers and the Irish wool industry, and it's the first Irish organic wool in the world. On your needles, you'll find that it works well for sweaters and shawls, such as Fiona Munro's Henbit Wrap (p. 22). Block it with a touch of hair conditioner and watch it bloom beautifully.

E – JILL DRAPER MAKES STUFF MOHONK

Content: 100% California-grown lamb's wool
Color shown: Toe Shoes
Put-up: 370 yd (338 m)/4 oz (113 g)
Weight: Sport

Wrap yourself in a squishably soft, American-grown, and American-spun yarn from New York dyer Jill Draper. The Homeward Shawl (p. 24), by Kate Nash, becomes an heirloom piece when made with this unique yarn. Choose your favorite shade—tonal or variegated—from a beautiful selection of hand-dyed colors.

F – ELSAWOOL WOOLEN-SPUN SPORT

Content: 100% Cormo wool
Color shown: Silver
Put-up: 350 yd (320 m)/4 oz (113 g)
Weight: Sport

Proudly grown Cormo wool from a flock in Montana is at the heart of Elsa wool—a deliciously soft and exceptionally warm, woolen-spun yarn. You'll cherish any project made with this yarn, but it's extra special in a handknitted sweater. It's our choice for Kirsten Joel's Tillage Sweater (p. 8).

G – BLUE SKY FIBERS BRUSHED SURI

Content: 67% baby Suri alpaca, 22% fine Merino wool, 11% bamboo
Color shown: Earl Gray
Put-up: 142 yd (130 m)/1¼ oz (50 g)
Weight: DK

If you've ever wondered what a soft, fluffy cloud feels like, you'll want to hold a skein of Blue Sky Fibers Brushed Suri in your hands. This unique blend of baby Suri alpaca, Merino wool, and bamboo is next-to-skin soft with a signature halo of indulgent fibers. Use it when making the Baserri Cowl (p. 20), by Hiroka Shinokawa.

SHEEP TO CHIC

Woolly Fiber Becomes
Cozy Couture





TILLAGE SWEATER

KIRSTEN JOEL

The exceptionally soft fiber in Elswool yarns comes from 100% purebred Cormo sheep, and it's available in both woolen- and worsted-spun yarns. Here, the woolen-spun, sport-weight yarn shines in a cable-and-lace design that is a must-make this season. The drop-shoulder construction and simple, reverse stockinette stitch sleeves make it perfect for any wintery occasion.

YARN Elswool Woolen-Spun Sport

PATTERN Page 38



TIMBERED PULLOVER

DENISE HEBNER

Olympia Farm is a family-run business on the Connecticut shoreline dedicated to a more connected way of life focused on small-batch fibers. Their rustic Romney wool yarns are perfect for hardy garments and accessories. Show off your love of cables in this statement design with timeless appeal that will last for years to come.

YARN Olympia Farm Worsted Weight

PATTERN Page 41







ATWIXT SWEATER

DEBI MAIGE

The floats running on the wrong side of stranded colorwork provide an extra layer of insulation against freezing winds, making the Atwixt Sweater the perfect choice for deep-winter wear. Left undyed, the many natural shades of Navajo-Churro sheep—a conservation breed and part of “Shave ‘Em to Save ‘Em”—contrast beautifully in a pullover that will stand the test of time.

YARN Gothfarm Yarn Navajo-Churro

PATTERN Page 44



VERNACULAR VEST

DEBORAH NEWTON

Warmer winter days call for a lighter layer. The Vernacular Vest is designed to keep your core cozy with a light layer of lace, providing just enough warmth for a sunny February day. Holding two yarns together in garter ridges adds visual interest both in color and texture.

YARN North Light Fibers Spring Street and Forever Lace

PATTERN Page 48







CROFT CARDIGAN

JENNIFER KENT

American-grown Cormo wool makes up 80% of Harrisville Designs Nightshades and is perfect for garments you'll wear again and again. Make this thoroughly modern cardigan featuring an easy-to-remember chunky, eyelet lace and a cropped length. It works well in both relaxed looks and polished evening outfits.

YARN Harrisville Designs Nightshades

PATTERN Page 50



CONIFER GROVE STOLE

SUSANNA IC

Morehouse Farm is nestled in the Hudson River Valley in New York state, and its mission for more than 40 years has been to grow the finest wool in the country. Their 100% Merino wool shines in this plush lace and cable stole. Knit this project and wrap yourself in comfort.

YARN Morehouse Farm Merino 2-Ply Sport

PATTERN Page 52



MEADOWSWEET HAT & MITTENS SET

LANA JOIS

Clun Forest is a unique sheep breed that produces fiber that is resistant to felting. This makes it perfect for projects, such as hats and mittens, that are subjected to the weather. Stranded colorwork produces the delicate floral motif, bringing spring hope to the chilliest winter season. As a conservation breed, two skeins of Clun Forest will earn you a "Shave 'Em to Save 'Em" passport sticker.

YARN Solitude Wool Clun Forest Light

PATTERN Page 54



BASERRI COWL

HIROKA SHINOKAWA

Create a cowl with drama when pairing twice knitting with brushed Suri alpaca yarn. Together, they produce the appearance of bold, ruched gathers and a gentle halo of softness. Add this layer to any ensemble you want to level up.

YARN Blue Sky Fibers Brushed Suri

PATTERN Page 57



GAMBREL HAT

AMY GUNDERSON

Known for its remarkable lightness and exceptional warmth, Brooklyn Tweed Loft is perfect for this must-knit winter hat. The American Targhee-Columbia fiber of this woolen-spun yarn provides beautiful stitch definition in the cables traveling from brim to crown. The folded brim adds an extra layer of warmth, and an optional pom-pom gives it a playful touch.

YARN Brooklyn Tweed Loft

PATTERN Page 58



HENBIT WRAP

FIONA MUNRO

The unusual V-shape construction of the Henbit Wrap makes it easy to wear. The back panel is worked from the center out with stranded colorwork. Lace panels extend from two sides of the square to drape the shoulders and upper arms. The rustic, traditional Irish yarn makes this a layering piece that provides a buffer of warmth against the chill.

YARN Yarn Vibes Organic Sportweight, distributed by Universal Yarn

PATTERN Page 60



HOUSETOPS COWL

KRISTA ANN

The relaxed style of a bandana is partnered with the ease and comfort of a cowl in this slip-stitch colorwork design. A special blend of Viking Norwegian wool and Merino wool gives Herlig DK its warmth, softness, and beautiful hand. Choose two contrasting colors to accentuate the chevron motif or select similar tones for a more subtle effect.

YARN Ancient Arts Yarns Herlig DK

PATTERN Page 62





HOMeward SHAWL

KATE NASH

Cozy and classic best describe the Homeward Shawl. You'll love how easy this is to knit and wear while being next-to-skin soft thanks to 100% lamb's wool. Slipped stitches within cables add visual interest and a touch of extra detail. We love this shade of pink, but this shawl would be beautiful in any of Jill Draper's hand-dyed colorways.

YARN Jill Draper Makes Stuff Mohonk

PATTERN Page 64



KEEPING MITTENS

KERRY BOGERT

Start this winter season with a new set of mittens. Handspun Icelandic wool provides lasting warmth and makes these an heirloom pair that you'll want to wear on special occasions. If you're looking for a matching hat, the traveling stitch motif coordinates beautifully with the stitch pattern in the Hearth Hat.

YARN Mona's Yarn, handspun by Sandi Rosner

PATTERN Page 66



HEARTH HAT

SANDI ROSNER

A natural partner to the Keeping Mittens, the Hearth Hat features spires of traveling stitches that meet at the crown. Knitted with handspun Icelandic wool, this hat is as warm as it is beautiful. Wear it on bleak winter days to raise your spirits, and let it dry gently on your hearth after it shelters you from the snow.

YARN Mona's Yarn, handspun by Sandi Rosner

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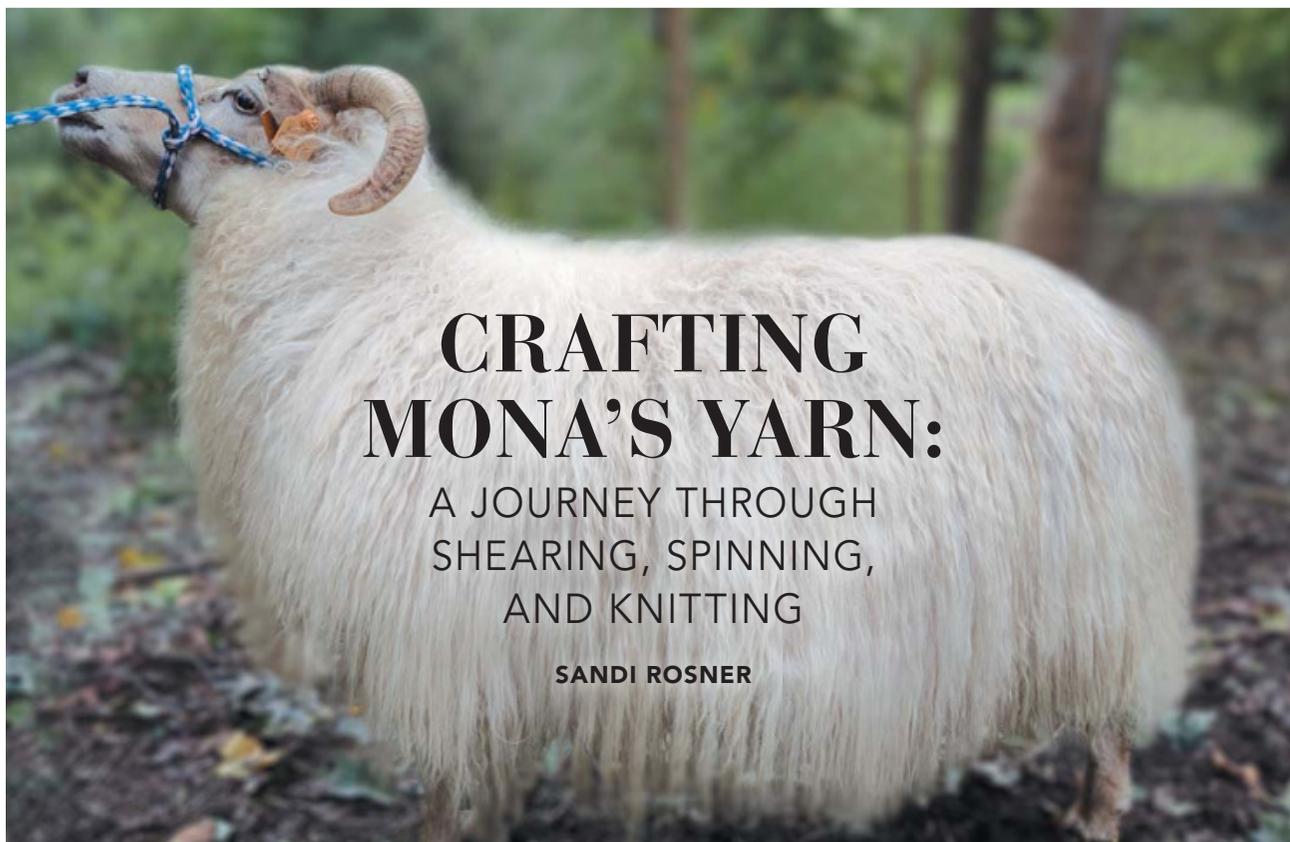


PHOTO CREDIT: HONEY CREEK FARMS

CRAFTING MONA'S YARN:

A JOURNEY THROUGH SHEARING, SPINNING, AND KNITTING

SANDI ROSNER

Mona, the Icelandic ewe, at home on Honey Creek Farms.

In late October 2022, I attended the Southeastern Animal Fiber Fair (SAFF) in Fletcher, North Carolina, with Tammy Honaman, Interweave's former director of content. We only had half a day to spend at the fair, and Tammy had never been to a wool festival before, so we started at the barn where sheep and their fleeces were on display. There, we met a beautiful blond named Mona. It was love at first sight.

Mona is an 8-year-old Icelandic ewe owned by Michelle Bouchey and Daniel Honeycutt of Honey Creek Farms in Franklinton, North Carolina. I was captivated by her long shimmering locks of wool. In talking with Michelle (a large-animal veterinarian as well as a shepherd), we learned that Mona was to be sheared in the coming weeks. And, yes, she would happily reserve Mona's fleece for us! In addition, Michelle would deliver the fleece to a local fiber mill for processing. The deal was done. I sent a text message to the rest of the Interweave team: We bought a sheep!

SHEARING

Mona is shorn twice a year, in the spring and again in the fall. Michelle does her own shearing, using electric clippers to remove the wool in one large mass (Photo 1). The fleece is then skirted, which involves pulling off and discarding the really filthy bits from the belly and hindquarters. The wool is then bundled up for delivery to the mill.

After skirting, we were left with 44 ounces of raw wool.



PHOTO CREDIT: HONEY CREEK FARMS

Photo 1: Michelle Bouchey uses electric clippers to shear Mona.

PROCESSING

Mona's wool traveled less than 10 miles south to Shepherd's Gate Fiber Mill for cleaning and carding. Shepherd's Gate, located in Youngsville, North Carolina, is owned by the mother-daughter team of Ann Payne and Alesia Moore. Their small space is jam-packed with all the equipment needed to take wool and alpaca from raw fleece to finished yarn. They also have a small retail shop, so stop by if you're in the area.

Before starting work on Mona's wool, Alesia and I spoke on the phone. She wanted to hear about my plans for the fleece so she could recommend the best cleaning and fiber-preparation processes. Since I planned to handspin the wool, Mona's fleece was shaken to remove dust and loose vegetable matter (hay, dried grasses, etc.), washed to remove dirt and grease, dried, mechanically picked to open the locks, carded, and drafted.

In February, I drove to the mill and picked up two huge bags of Mona's wool (**Photo 2**), weighing a total of 34 ounces. The 10 ounces lost in processing were mostly dirt and grease (a mixture of lanolin and suint, or sheep sweat).



SPINNING

To be honest, once I got the wool home, I started to worry that I might be in over my head. I've been handspinning for more than 10 years, but I'm an intuitive spinner, not a technical spinner. Most of my experience is with fine wools, such as Merino, Targhee, and Polwarth. Icelandic sheep are a dual-coated primitive breed. The wool just feels different. And I had a lot of it to spin on a deadline.

An Icelandic fleece is made up of two dramatically different types of fiber: a long, strong outercoat, called tog, and a finer, shorter undercoat, called thel. The fibers of Mona's outercoat were about 8 inches long, with a slightly wiry texture that reminded me of mohair. Mona's undercoat was about 2 inches long and was soft, crimping, and fluffy. Although the two coats can be separated before spinning (and the mill could have done this during processing), I chose to have the entire fleece carded together (**Photo 3**).

Traditional Icelandic yarns, known as lopi, are usually single-ply and barely twisted. As a result, these yarns can be fragile in the knitting, seeming to drift apart in your hands under the slightest bit of tension. I wanted a yarn that was easier to knit, so I decided to spin a two-ply.



LEFT

Photo 2: Alesia Moore (left) and Michelle Bouchey with Mona's wool at Shepherd's Gate Fiber Mill on pickup day.

RIGHT

Photo 3: A lock of Mona's wool ready for spinning.



Photo 4: Spinning Mona's wool on my 1980s vintage Ashford Traditional spinning wheel. Inset: The finished yarn is strong but relatively soft, with a bit of a halo. It is about the equivalent of DK weight.

A day of experimenting taught me the importance of a light hand at every stage of the spinning process. If I gripped the wool too tightly, the two coats would not feed evenly through my hands and the yarn would become lumpy. Too much twist in either the singles or the plying would make the yarn harsh and wiry. And expecting a perfectly smooth, even yarn was simply unrealistic. Whether because of the nature of the wool or the limits of my skill (or both), this would be a yarn with character.

It took seven weeks of evenings and weekends to spin Mona's wool into yarn. The audiobook version of Louise Penny's Inspector Gamache mysteries occupied my mind while my hands and feet settled into the rhythm of the spinning wheel (Photo 4). When those giant bags of wool were empty, I had a total of 2,198 yards of 2-ply yarn (Inset), weighing a total of 33.7 ounces (901 grams).

What did it cost? We paid \$25 per pound for Mona's raw fleece, or \$68.75. The processing at the mill cost \$61.65. Spinning the clean wool into yarn cost only my time, which is priceless. The total cash outlay was \$130.40. This is not an inexpensive way to procure yarn. But for me, knowing the sheep and participating in the process is far more satisfying than clicking "Add to cart."

KNITTING

Mona's yarn was distributed among four members of the Interweave team. *Knits* editor Kerry Bogert and I designed projects for this issue using Mona's yarn.

Kerry was the first to get this yarn on her needles. Although the yarn appears to be about DK weight, she found that working on size 5 (3.75 mm) or 6 (4 mm) needles produced a fabric that felt too loose for the mittens she had in mind. Size 2 (2.75 mm) needles produced a warm, sturdy fabric with great stitch definition. The result is the Keeping Mittens (p. 26).

I followed Kerry's lead and designed the Hearth Hat (p. 27) using a similar stitch pattern. I used size 2 (2.75 mm) needles at the brim for a snug fit but worked most of the hat on size 4 (3.5 mm) needles for a slightly more supple fabric.

The yarn turned out to be a good match for both the mittens and the hat. The yarn is quite strong—I can't break it with my hands. Although it's not Merino-soft, we both found it comfortable to wear with little or no prickliness. The slightly uneven quality of the yarn makes a project that looks handmade in the best possible way.

SANDI ROSNER is the technical content editor for all things yarn at Interweave. Over the past 25 years, she has owned a local yarn store, has been the creative director for a large yarn company, and has worked extensively as a freelance designer, technical editor, writer, and teacher. When she isn't knitting, she usually has her nose in a book. You'll find new technical content from Sandi nearly every week at www.interweave.com.

RESOURCES

Honey Creek Farms
www.facebook.com/honeycreekfarmsnc

Shepherd's Gate Fiber Mill
www.shepherds gatefibermill.com



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CHOOSING BREED-SPECIFIC YARNS FOR YOUR PROJECT

BY KERRY BULLOCK-OZKAN



PHOTO COURTESY OF HONEY CREEK FARMS

Icelandic sheep at Honey Creek Farms in Franklinton, North Carolina.

Breed-specific yarns are becoming more popular and more widely available, and designers are choosing to create garments and accessories that showcase the unique qualities of these yarns. However, many of these yarns are spun in small batches or are only available in certain regions. Can you successfully substitute one breed-specific yarn for another?

WHY USE BREED-SPECIFIC YARNS

The yarn labeled “wool” that you find at your local yarn shop is made with wool sourced from a large number of sheep of various breeds that is blended together to create a consistent yarn, usually with white wool as the base. Breed-specific yarns, on the other hand, have a surprising variety that can really suit particular projects.

QUALITIES OF BREED-SPECIFIC WOOLS

The qualities that distinguish the wool of different sheep breeds include staple length, fiber diameter (or micron count), which is used as a measure softness, and crimp or lock structure, which determines whether the yarn will be bouncy or smooth and dense.

The lock structure is also responsible for qualities such as luster and tendency to felt.

Sheep breeds in North America can generally be classified into five categories: Fine Wool, Medium Wool, Longwool, Down and Down-type breeds, and Primitive breeds. When substituting breed-specific yarn, choosing a breed from the same category will result in a finished project with similar qualities. Here is a guide to the characteristics of each type of wool.

FINE WOOL

Fine Wool includes breeds such as Merino (**Photo 1**), Rambouillet, and Cormo. These breeds are a favorite of many knitters because of their softness, which makes them perfect for items that will be worn next to the skin such as baby items, tees, and close-fitting cowls. They also have a high crimp, which makes wonderfully



PHOTO SOURCE: ADOBE STOCK

PHOTO 1: Merino rams on an Australian sheep farm.

springy, round yarns that are good for textured stitches and cables. Unfortunately, they are also generally less durable and prone to pilling when loosely spun. Merino wool from Morehouse Farm was used to knit the Conifer Grove Stole (p. 18).

MEDIUM WOOL

Medium wools are the workhorses of the knitting world. This category includes many Merino crosses, such as Corriedale and Columbia, as well as lesser-known breeds such as Tunis. Medium wools tend to have a fair amount of crimp, and they are suitable for a wide range of projects—from sweaters and accessories to home goods.

LONGWOOL

Longwools are mostly descended from English breeds that were developed in the counties of Leicestershire and Lincolnshire. Longwool breeds have a wavy lock structure with less crimp than other types of wool, which gives items knitted from these wools a beautiful drape. **Photo 2** shows swatches knitted from Merino/Rambouillet (left) and Bluefaced Leicester (right) yarns. Note the difference in drape. This lock structure also gives the wool luster and a bit of a halo. Longwools tend to have a longer staple and a micron count on the coarser end of the spectrum. However, two of the breeds most familiar to knitters, Bluefaced Leicester and Romney (**Photo 3**), are relatively fine compared with other longwools. Romney wool from Olympia Farm was used for the Timbered Pullover (p. 10).

DOWN AND DOWN-TYPE WOOL

The true Down breeds, such as Suffolk and Southdown, originated in Southeastern England. Down-type breeds, such as Montadale and Cheviot, are those from different geographic origins but with similar wool characteristics. Down and Down-type wools have a



PHOTO BY THE AUTHOR

Photo 2: On the left, a Merino/Rambouillet blend (Fine Wool); on the right, Bluefaced Leicester (Longwool). Notice how differently the two swatches drape.



PHOTO SOURCE: ADOBE STOCK

Photo 3: Romney sheep grazing in Wiltshire, England.

short staple length and a high crimp that tends to be more disorganized than the fine wools, making incredibly bouncy and lofty yarns. They are more resistant to felting than most wools and can sometimes be machine-washed without any chemical treatment. (Always test-wash a swatch to be sure!)

PRIMITIVE BREEDS

Primitive breeds are heirloom breeds—usually raised for both meat and wool—that have not been intensively bred for commercial use. This group includes European breeds such as Shetland and Icelandic, as well North American–native breeds such as Navajo-Churro (Photo 4). Many primitive breeds are dual-coated, meaning they have a coarse outer layer and a softer underlayer, which can be spun together or separated. Most primitive breeds have retained a range of natural gray and brown shades in their genetics, which are lovely either in their natural color or overdyed. Depending on how they are processed, wool from primitive breeds is suited to a variety of projects—from shawls and accessories to outerwear, such as the Atwixt Sweater (p. 12).

WHAT TO CONSIDER WHEN MATCHING A YARN TO A PROJECT

When choosing a yarn for your project, first consider how soft or durable you need it to be. For baby items, you might choose a Fine Wool such as Merino, while for outerwear, you will want something sturdier. Also, consider the wool's structure. Do you want great stitch definition for cables? Choose a wool with more crimp, such

as the Cormo used in the Tillage Sweater (p. 8). Are you planning a lace shawl for which you want fabulous drape? A longwool such as Bluefaced Leicester will be a better choice. Do you want socks or mittens that are warm, hard-wearing, and machine washable? Choose a Down-type breed such as the Clun Forest wool used in the Meadowsweet Hat & Mittens Set (p. 19). Don't forget to consider color, too. You can make a beautiful stranded colorwork project using only the natural colors of wool from a breed such as Shetland or Icelandic.

WHERE TO FIND MORE INFORMATION

The Knitter's Book of Wool (Potter Craft, 2009), by Clara Parkes, is a terrific resource on breed-specific wools for knitters. For a more comprehensive guide, look to *The Fleece & Fiber Sourcebook* (Storey Publishing, 2011), by Deborah Robson and Carol Ekarius. If you really want to dive into some unique breeds, The Livestock Conservancy runs the Shave 'Em to Save 'Em program (www.livestockconservancy.org/get-involved/shave-em-to-save-em), which highlights 24 rare and endangered sheep breeds.

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Photo 4: A North American–native breed, Navajo-Churro sheep often have a surprising number of horns.

PHOTO SOURCE: ADOBE STOCK



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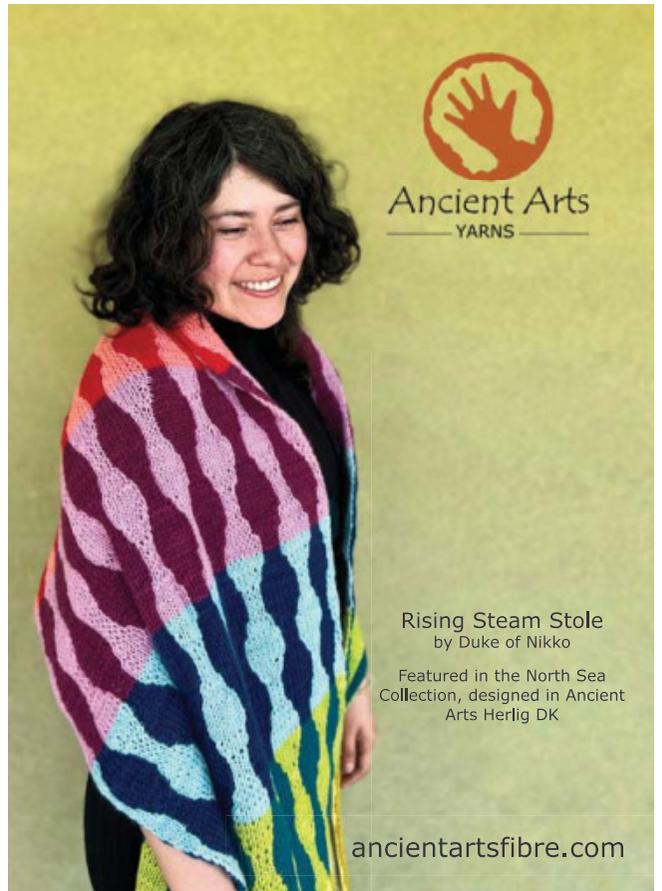
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HOW TO READ AND USE OUR PATTERNS

ABBREVIATIONS AND COMMON STITCHES

beg	beginning; begin; begins	MC	main color	sl st	slip stitch (sl 1 st pwise unless otherwise indicated)
bet	between	p	purl	ssk	slip 1 kwise, slip 1 kwise, k2 sl sts tog tbl (decrease)
BO	bind off	p1tbl	purl stitch through back loop	ssp	slip 1 kwise, slip 1 kwise, p2 sl sts tog tbl (decrease)
CC	contrasting color	p2tog	purl two stitches together (decrease)	st(s)	stitch(es)
cn	cable needle	patt(s)	pattern(s)	St st	stockinette stitch
CO	cast on	pfb	purl into front and back of same st (increase)	tbl	through back loop
cont	continue(s); continuing	pm	place marker	tog	together
dec('d)	decrease(d)(s); decreasing	prev	previous	WS	wrong side
dpn	double-pointed needle(s)	pssso	pass slipped stitch over	w&t	wrap and turn: work to turning point, slip next stitch purlwise, bring the yarn to the front, then slip the same stitch back to the left needle, turn the work around, and bring the yarn into position for the next stitch
fall	follow(s)(ing)	p2sso	pass two slipped stitches over	wyb	with yarn in back
inc('d)	increase(d)(s); increasing	pwise	purlwise	wyf	with yarn in front
k	knit	rem	remain(s); remaining	yo	yarnover
k1B	knit stitch in row below	rep	repeat; repeating	*	repeat the instructions following the single asterisk as directed
k1tbl	knit stitch through back loop	rev St st	reverse stockinette stitch	**	repeat instructions between asterisks as many times as directed or repeat at specified locations
k2tog	knit two stitches together (decrease)	RH	right hand	[]	work instructions within brackets as many times as directed
kfb	knit into front and back of same st (increase)	rib	ribbing	()	work instructions within parentheses as many times as directed or work a group of stitches all in the same stitch or space
kwise	knitwise	rnd(s)	round(s)		
LH	left hand	RS	right side		
m(s)	marker(s)	S2KP2	slip 2 stitches as if to knit 2 together, knit 1, pass 2 slipped stitches over knit stitch (centered double decrease)		
M1 or M1L	make one left: with left needle tip, lift strand between needles from front to back, knit lifted loop through the back (left-leaning increase)	SKP	slip 1 knitwise, knit 1, pass slip stitch over knit stitch (left-leaning decrease)		
M1P	make one purlwise (increase)	SK2P	slip 1 knitwise, knit 2 together, pass slip stitch over knit 2 together (left-leaning decrease)		
M1R	make one right: with left needle tip, lift strand between needles from back to front, knit lifted loop through the front (right-leaning increase)	sl	slip		
		sl m	slip marker(s)		

LEVEL OF DIFFICULTY

- **Beginner:** Simple stitches; may include basic increases and decreases.
- **Easy:** May include simple stitch patterns, colorwork, and/or shaping.
- **Intermediate:** May include involved stitch patterns, colorwork, and/or shaping.
- **Complex:** May include complex stitch patterns, colorwork, and/or shaping using a variety of techniques and stitches simultaneously.

HOW TO READ CHARTS

Visit www.interweave.com/article/knitting/how-to-read-knitting-charts-tutorial for information on how to read knitting charts.

SPECIAL STITCHES *AND* TECHNIQUES

To see step-by-step illustrations and video tutorials for special techniques, visit the individual tutorial links provided or visit www.interweave.com/interweave-knitting-glossary.

Alternating Long-tail Cast-on:

Begin with a slip knot on the needle and set up your hands as you would for a standard long-tail cast-on. One strand of yarn will run from the needle, around your index finger and down your palm. The other strand will run from the needle, around your thumb, and down your palm. Both strands are held securely against your palm with your ring finger and pinky. The slip knot counts as a knit stitch.

Bring needle tip up through the loop on your index finger, catching the strand of yarn that runs from your finger to your palm. Bring needle tip toward you and catch the strand of yarn that runs from the needle to your thumb. Move the needle tip back down through the loop on your index finger, bringing the thumb yarn with it to form the purl stitch. Release the loop of yarn from index finger and snug it up under the base of the new stitch. Return to your starting position.

Now cast on a knit stitch just like a standard long-tail cast-on. Alternate knit and purl stitches until the required number of stitches are on the needle.

www.interweave.com/go/alternating-long-tail-CO

Crochet Provisional Cast-on:

Using waste yarn and crochet hook, make a loose chain about 4 sts longer than the required number of cast-on sts. Fasten off.

Using project yarn and needle, beginning in next to last ch worked, pick up and knit 1 st through the back loop of each ch until required number of sts are on the needle.

www.interweave.com/go/crochet-provisional-CO

Disappearing Loop Cast-on:

Make a loop with tail end of yarn, with tail pointing to right and on top of working yarn. Secure loop between right thumb and middle finger. Holding needle in your right hand, *yo with working yarn, insert needle into loop, catch working yarn and pull a loop through; rep from * 3 more times—8 sts. Pull on tail until starting loop disappears.

www.interweave.com/go/disappearing-loop-CO

German Short-rows—Make Double Stitch (DS):

Sl 1 st wyf, pull working yarn up and over right needle to back, stretching slipped st into double stitch, move yarn into position to work next st. When you come to a double stitch on a subsequent round, work as a single st.

Italian Tubular Cast-on:

Leaving tail as for long-tail cast-on, make slipknot on right needle (counts as first purl stitch). Insert left thumb and index finger between two strands, with tail end on thumb side. To create next knit stitch, bring needle toward you, under front strand, up between strands, over back strand to grab it, and pull it under front strand to make loop on needle. To create next purl stitch, take needle away from you, over both strands, under both strands, up to grab front strand, and pull it under back strand to make loop on needle. Continue alternating knit and purl stitches, ending with knit stitch. Turn work. Keeping strands crossed to preserve last cast-on stitch, work as foll:

Row 1 *Sl 1 pwise wyf, k1; rep from * to end.

Row 2 Rep Row 1.

Row 3 (establish p1, k1 rib) *P1, k1; rep from * to end.

Left Twist (LT):

Knit second st on left needle through back loop, knit first st on left needle, sl both sts from left needle.

Left Purl Twist (LPT):

Purl second st on left needle through back loop, knit first st on left needle, sl both sts from left needle.

Right Twist (RT):

K2tog but do not sl sts from left needle, knit first st again, sl both sts from left needle.

Right Purl Twist (RPT):

K2tog but do not sl st from left needle, purl first st again, sl both sts from left needle.

Tubular Bind-off:

Row 1 *Sl 1 pwise wyf, k1; rep from * to end.

Row 2 Rep Row 1.

Row 3 Working with 2 needles the same size held together in right hand, *sl 1 pwise to back needle, sl 1 pwise to front needle; rep from * to end. All purl sts are on back needle; all knit sts are on front needle.

Graft knit sts and purl sts together.





TILLAGE SWEATER

KIRSTEN JOEL

Difficulty ●●●○

Yarn Weight (2)

Finished size 35¼ (38½, 42, 45¼, 48½, 52, 55¼, 58½, 62, 65¼)" circumference at chest. Sweater shown measures 45¼"; modeled with 6¼" of positive ease.

Yarn Elswool Woolen-Spun Sport (100% Cormo wool; 350 yd [320 m]/4 oz [113 g]): Silver, 3 (3, 4, 4, 4, 5, 5, 6, 6) skeins.

Needles Size 6 (4 mm): 32" circular (cir). Size 5 (3.75 mm): 24" cir. Adjust needle size if necessary to obtain the correct gauge.

Notions Stitch markers (m); cable needle (cn); tapestry needle.

Gauge 22 sts and 28 rows = 4" in Reverse St st on larger needles; 24 sts and 28 rows = 4" in Chart patt on larger needles.

NOTES

- For techniques you don't know, please visit our online knitting glossary at www.interweave.com/interweave-knitting-glossary.
- This sweater is worked back and forth from the bottom up in pieces and seamed.

STITCH GUIDE

K2, P2 Rib: (multiple of 4 sts)

Row 1 K3, *p2, k2; rep from * to last st, k1.

Row 2 K1, *p2, k2; rep from * to last 3 sts, p2, k1.

Rep Rows 1–2 for patt.

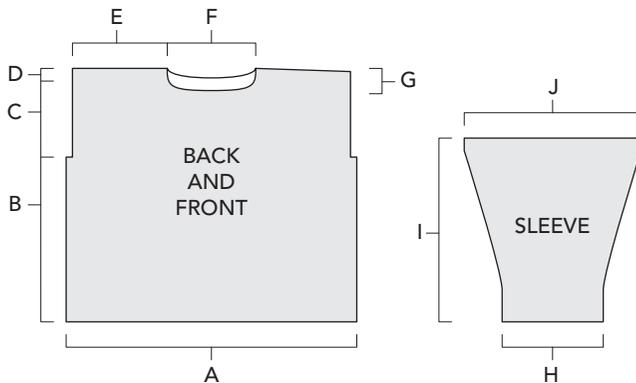
BACK

With smaller cir, CO 88 (96, 104, 112, 120, 128, 136, 144, 152, 160) sts. Work in k2, p2 rib (see Stitch Guide) for 2½ (2½, 2½, 2½, 2½, 3, 3, 3, 3)" ending with a WS row.

Change to larger cir.

Inc row (RS) K3, p2, *k2, yo, p2, yo, k2, p2; rep from * to last 3 sts, k3—108 (118, 128, 138, 148, 158, 168, 178, 188, 198) sts.

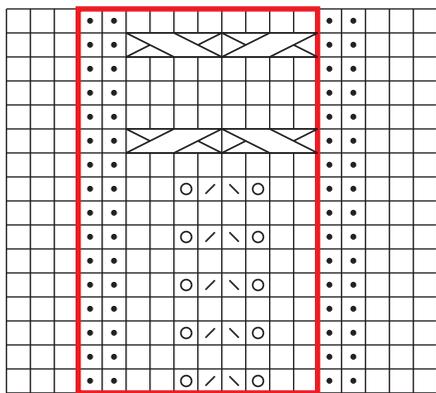
Work Rows 2–16 of Chart, then rep Rows 1–16 of Chart until piece measures 13¾ (13½, 13¼, 13, 12¾, 11¼, 11¼, 10¾, 10½, 10¼)" from CO, ending with a WS row.



- A: 18 (19¾, 21¼, 23, 24¾, 26¼, 28, 29¾, 31¼, 33)"
 B: 13¾ (13½, 13¼, 13, 12¾, 11¼, 11¼, 10¾, 10½, 10¼)"
 C: 4¾ (5¼, 5¼, 6¼, 6¼, 7½, 8¼, 9, 9½, 10)"
 D: ¾"
 E: 7 (7¼, 7½, 7¾, 8, 8¼, 8½, 8½, 8¾, 9)"
 F: 6¾ (6¾, 6¾, 6¾, 6¾, 6¾, 6¾, 7, 7, 7)"
 G: 1¾"
 H: 7¼ (7¼, 8, 8, 8¼, 8¼, 9½, 9½, 10¼, 10¼)"
 I: 12¼ (13, 13¾, 14½, 14¼, 14½, 14¾, 15½, 15½, 16¾)"
 J: 11 (12, 13, 13¾, 15, 16¼, 17¼, 19¼, 20¼, 21½)"



CHART



10-st rep

- k on RS; p on WS
- p on RS; k on WS
- yo
- k2tog on RS; p2tog on WS
- ssk or sl 1, k1, pssso, (skp) on RS; ssp on WS
- sl 2 sts onto cn, hold in back, k2, k2 from cn
- sl 2 sts onto cn, hold in front, k2, k2 from cn
- pattern repeat

Shape armholes:

Sizes 35¼ (38½, 42, -, -, -, -, -, -, -) only:

CO 3 (0, 0, -, -, -, -, -, -) sts at beg of next 2 rows—114 (118, 128, -, -, -, -, -, -) sts.

Inc row (RS) K2, M1R, work in patt to last 2 sts, M1L, k2—2 sts inc'd.

Cont in patt, rep Inc row every RS row 4 (3, 0, -, -, -, -, -, -) more times working new sts in St st—124 (126, 130, -, -, -, -, -, -) sts.

Sizes - (-, -, 45¼, 48½, 52, 55¼, 58½, 62, 65¼)" only:

Note: Armhole shaping will encroach on Chart patt. Maintain patt as much as possible. If there are not enough sts to work both a yo and its accompanying dec, or to complete a cable, work leftover sts in St st.

BO (-, -, 0, 3, 4, 5, 6, 7) sts at the beg of the next 2 rows then (-, -, 0, 0, 2, 4, 4, 6, 6) sts at the beg of the next 2 rows then (-, -, 0, 0, 0, 3, 4, 6) sts at the beg of the next 2 rows—(-, -, 138, 142, 146, 150, 154, 156, 160) sts.

Dec row (RS) K1, ssk, work in patt to last 3 sts, k2tog, k1—2 sts dec'd.

Cont in patt, rep Dec row every RS row (-, -, 2, 2, 3, 4, 4, 4, 4) more times—(-, -, 132, 136, 138, 140, 144, 146, 150) sts.

All sizes:

Work even in patt until armholes measure 4¾ (5¼, 5¾, 6¼, 6¾, 7½, 8¼, 9, 9½, 10)" from beg of shaping, ending with a WS row.

Shape back neck:

Row 1 (RS) Work 44 (45, 47, 48, 50, 51, 53, 53, 54, 56) sts in patt, join another ball of yarn and BO 36 (36, 36, 36, 36, 36, 34, 38, 38, 38) sts, work in patt to end—44 (45, 47, 48, 50, 51, 53, 53, 54, 56) sts rem each side.

Note: Work both sides at once with separate balls of yarn.

Row 2 (WS) Work in patt to neck edge; on other side, work in patt to end.

Row 3 (RS) Work in patt to 3 sts before neck edge, k2tog, k1; on other side, k1, ssk, work in patt to end—1 st dec'd each side.

Rows 4–5 Rep Rows 2–3—42 (43, 45, 46, 48, 49, 51, 51, 52, 54) sts rem each side.

Work even until armholes measure 5½ (6, 6½, 7, 7½, 8¼, 9, 9¼, 10¼, 10¾)" from beg of shaping, ending with a WS row.
BO all sts.

FRONT

Work same as for Back until armholes measure 3¾ (4¼, 4½, 5, 5¼, 6, 6½, 7¼, 7¾)" from beg of shaping, ending with a WS row.

Shape front neck:

Row 1 (RS) Work 50 (51, 53, 53, 55, 55, 57, 57, 59, 60) sts in patt, join another

ball of yarn and BO 24 (24, 24, 26, 26, 28, 26, 30, 28, 30) sts, work in patt to end—50 (51, 53, 53, 55, 55, 57, 57, 59, 60) sts rem each side.

Note: Work both sides at once with separate balls of yarn.

Row 2 (WS) Work in patt to neck edge; on other side, BO 3 sts, work in patt to end.

Row 3 Work in patt to neck edge; on other side, BO 3 sts, work in patt to end.

Row 4 Work in patt to neck edge; on other side, BO 2, work in patt to end.

Row 5 Work in patt to neck edge; on other side, BO 2, work in patt to end—45 (46, 48, 48, 50, 50, 52, 52, 54, 55) sts rem each side.

Row 6 Work in patt to neck edge; on other side, work in patt to end.

Dec row (RS) Work in patt to 3 sts before neck edge, k2tog, k1; on other side, k1, ssk, work in patt to end—1 st dec'd each side.





Rep Dec row every RS row 2 (2, 2, 1, 1, 0, 0, 0, 1, 0) more times—42 (43, 45, 46, 48, 49, 51, 51, 52, 54) sts rem each side. Work even until armholes measure 5½ (6, 6½, 7, 7½, 8¼, 9, 9¾, 10¼, 10¾)" from beg of shaping, ending with a WS row.
BO all sts.

SLEEVES

With smaller cir, CO 40 (40, 44, 44, 48, 48, 52, 52, 56, 56) sts.
Work in k2, p2 rib for 2½ (2½, 2½, 2½, 2½, 3, 3, 3, 3, 3)" ending with a WS row. Change to larger cir.
Work in Rev St st for 1", ending with a RS row.
Inc row (WS) K2, M1R, knit to last 2 sts, M1L, k2—2 sts inc'd.
Rep Inc row every 6 (6, 6, 6, 6, 4, 4, 4, 4)th row 9 (8, 9, 6, 5, 15, 12, 12, 12, 12) more times, then every 0 (4, 4, 4, 4, 2, 2, 2, 2, 2)th row 0 (4, 4, 9, 11, 5, 10, 14, 15, 18) times—60 (66, 72, 76, 82, 90, 98, 106, 112, 118) sts.

Work even until sleeve measures 12¾ (13, 13¾, 14½, 14¾, 14¾, 14¾, 15½, 15¾, 16¾)" from CO, ending with a WS row.

Sizes 35¼ (38½, 42, 45¼, -, -, -, -, -, -)" only:

BO all sts.

Sizes - (-, -, -, 48½, 52, 55¼, 58½, 62, 65¼)" only:

BO (-, -, -, 3, 4, 5, 5, 6, 7) sts at the beg of the next 2 rows then - (-, -, -, 0, 2, 4, 4, 6, 6) sts at the beg of the next 2 rows then - (-, -, -, 0, 0, 0, 3, 4, 6) sts at the beg of the next 2 rows— (-, -, -, 76, 78, 80, 82, 80, 80) sts rem.

BO all sts.

FINISHING

Block pieces to measurements. Sew shoulder seams. Sew sleeves into armholes. Sew side and sleeve seams.

Neckband:

With smaller cir, beg at right shoulder seam with RS facing, pick up and knit 4 sts along right back neck edge, 36 (36, 36, 36, 36, 36, 34, 38, 38, 38) sts along

BO edge of back neck, 4 sts along left back neck edge, 10 (10, 10, 9, 9, 10, 10, 10, 9, 10) sts along left front neck edge, 24 (24, 24, 26, 26, 28, 26, 30, 28, 30) sts along BO edge of center front neck, 10 (10, 10, 9, 9, 10, 10, 9, 10) sts along right front neck edge—88 (88, 88, 88, 88, 92, 88, 96, 92, 96) sts. Pm and join in the rnd.

Work in k2, p2 rib for 1½".

BO all sts.

Weave in ends.

KIRSTEN JOEL is a knit and crochet designer based in Charleston, South Carolina, where she spends her time with her husband and two children. When she's not knitting, she works in customer service for a software company. For more of Kirsten's feminine, everyday knitting patterns, head to her website at kirstenjoel.com or follow along the design journey on Instagram @kirstenjoel_designs.



TIMBERED PULLOVER

DENISE HEBNER

Difficulty ●●●○

Yarn Weight **4**

Finished size 34½ (37, 39½, 42, 44¾, 49¾, 52¼, 57½)" circumference at underarm. Pullover shown measures 37"; modeled with 3" of positive ease.

Yarn Olympia Farm Worsted Weight (100% Romney wool; 240 yd [219 m] /4 oz [114 g]): Gray, 5 (6, 6, 7, 8, 9, 10, 11) skeins.

Needles Sizes 5 (3.75 mm) and 6 (4 mm): 16" and 32" circular (cir) and set of double-pointed (dnp). Adjust needle size if necessary to obtain the correct gauge.

Notions Markers (m); cable needle (cn); stitch holders; tapestry needle.

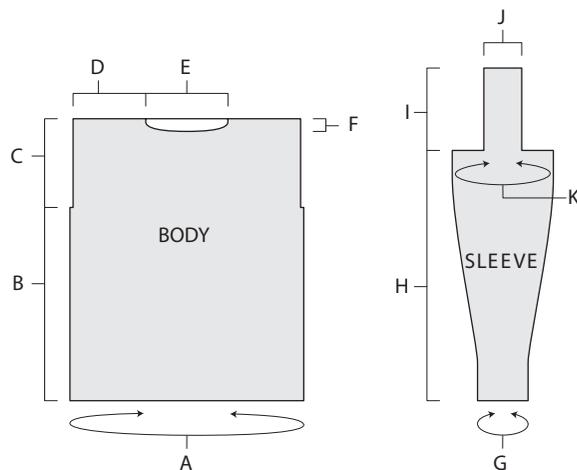
Gauge 25 sts and 28 rows = 4" over Chart A or B on larger needles; 42-st Chart C = 6½" wide; 22-st Chart D = 3¼" wide.

NOTES

- For techniques you don't know, please visit our online knitting glossary at www.interweave.com/interweave-knitting-glossary.
- The body of this pullover is worked in the round from the lower edge to the underarm, then the front and back are worked separately back and forth. The sleeves are worked in the round to the shoulder saddle, then worked back and forth. The sleeves are sewn in place.
- While shaping, if there are not enough stitches to complete a cable, work leftover stitches as they appear.

STITCH GUIDE

Right Twist (RT): Sl 1 st onto cn, hold in back, k1, k1 from cn.



A: 34½ (37, 39½, 42, 44¾, 49¾, 52¼, 57½)"

B: 15¼ (15¼, 15, 16¼, 17, 17, 17, 17)"

C: 6¾ (6¾, 7½, 7½, 8½, 8½, 8¾, 8¾)"

D: 5½ (6, 6¾, 7, 7¼, 8½, 8¾, 9¼)"

E: 5¾ (6¾, 6¾, 6¾, 7, 7¼, 8, 8¾)"

F: 1 (1, 1¼, 1¼, 1½, 1½, 1¾, 1¾)"

G: 8¾ (8¾, 9, 9½, 10¼, 10¼, 10¼, 10¼)"

H: 20 (19¾, 19½, 19¼, 19¼, 18¾, 18¾, 18)"

I: 6 (6½, 6¾, 7½, 8, 9¼, 9½, 10)"

J: 3¼"

K: 15¼ (16, 17, 17, 19, 19, 20, 20)"

BODY

With smaller cir, CO 224 (240, 256, 272, 288, 320, 336, 368) sts. Place marker (pm) and join in the rnd.

Set-up rnd *P2, k2 tbl; rep from * to end.

Work Chart A until piece measures 2½ (3, 3¼, 3¾, 3¾, 3¾, 3¾)" from CO, ending with Rnd 1 of patt.

Change to larger cir.

Set-up rnd Cont in Chart A patt, work 4 (8, 12, 16, 20, 28, 32, 36) sts, pm, work 42 sts, pm, work 22 sts, pm, work 42 sts, pm, work 6 (14, 22, 30, 38, 54, 62, 78) sts, pm, work 42 sts, pm, work 22 sts, pm, work 42 sts, pm, work 2 (6, 10, 14, 18, 26, 30, 42) sts in patt to end.

Next rnd Work Rnd 1 of Chart A to m, sl m, work Rnd 17 (17, 17, 15, 1, 1, 1, 1) of Chart C to m, sl m, work Rnd 17 (17, 17, 15, 1, 1, 1) of Chart D to m, sl m, work Rnd 17 (17, 17, 15, 1, 1, 1) of Chart C to m, sl m, RT (see Stitch Guide), work Rnd 1 of Chart A to m, sl m, work Rnd 17 (17, 17, 15, 1, 1, 1) of Chart C to m, sl m, work Rnd 17 (17, 17, 15, 1, 1, 1) of Chart D to m, sl m, work

Rnd 17 (17, 17, 15, 1, 1, 1, 1) of Chart C to m, sl m, RT, work Rnd 1 of Chart A to end.

Next rnd Work Rnd 2 of Chart A to m, sl m, work next rnd of Chart C to m, sl m, work next rnd of Chart D to m, sl m, work next rnd of Chart C to m, sl m, k2 tbl, work Rnd 2 of Chart A to m, sl m, work next rnd of Chart C to m, sl m, work next rnd of Chart D to m, sl m, work next rnd of Chart C to m, sl m, k2 tbl, work Rnd 2 of Chart A to end.

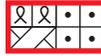
Cont in patt through Rnd 28 of Charts C and D, then rep Rnds 1–28 of Charts C and D two times, then rep Rnds 1–21 (1–17, 1–15, 1–17, 1–9, 1–9, 1–9, 1–9) of Charts C and D. Piece measures approximately 15¼ (15¼, 15, 16¼, 17, 17, 17, 17)" from CO.

Divide for front and back:

Size 34½" only:

Next rnd BO 2 sts, work in patt to 4th m, sl m, k2 tbl, place sts just worked on holder for front, BO 2 sts, work in patt to last 2 sts, k2 tbl—110 sts rem for back. Break yarn.

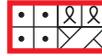
CHART A



1

4-st rep

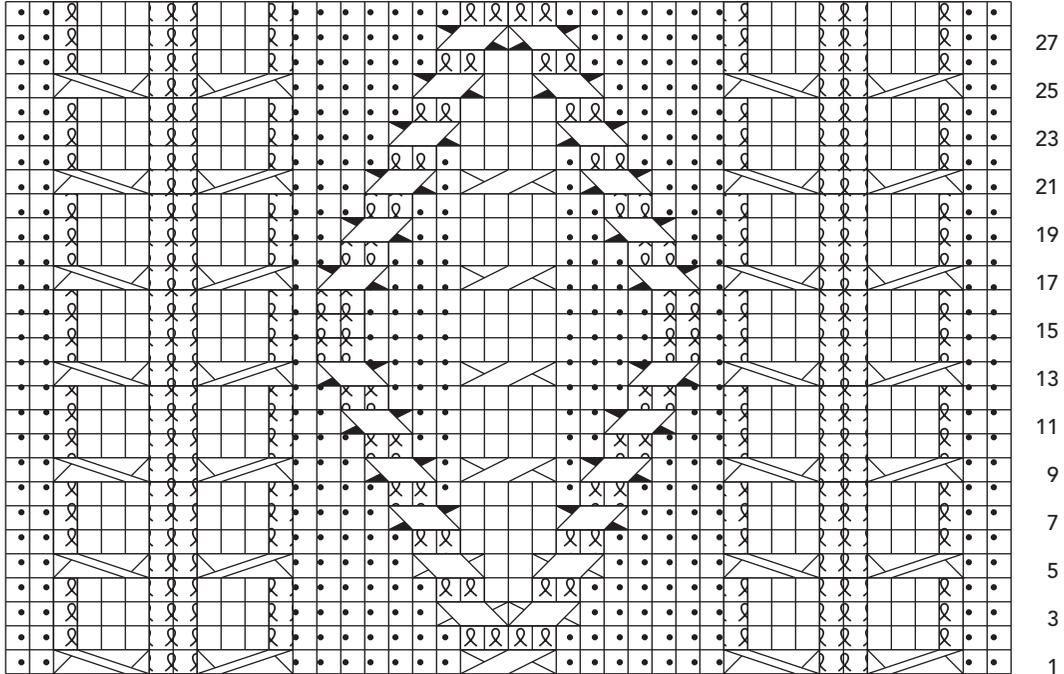
CHART B



1

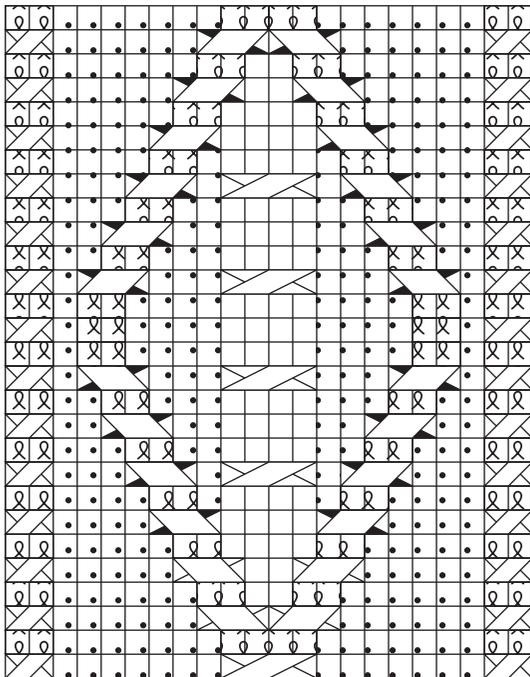
4-st rep

CHART C



42 sts

CHART D



22 sts

-  k on RS; p on WS
-  p on RS; k on WS
-  k1tbl on RS; p1tbl on WS
-  sl 1 st onto cn, hold in back, k1, k1 from cn
-  sl 1 st onto cn, hold in back, k2, k1 from cn
-  sl 2 sts onto cn, hold in front, k1, k2 from cn
-  sl 1 st onto cn, hold in back, k2, p1 from cn
-  sl 2 sts onto cn, hold in front, p1, k2 from cn
-  sl 2 sts onto cn, hold in back, k2, k2 from cn
-  sl 3 sts onto cn, hold in back, k1, k3 from cn
-  sl 1 st onto cn, hold in front, k3, k1 from cn
-  pattern repeat



Sizes - (37, 39½, 42, 44¾, 49¾, 52¼, -)" only:

Next rnd BO 2 sts, work in patt to 4th m, sl m, work - (6, 10, 14, 18, 26, 30, -) sts in patt, place sts just worked on holder for front, BO 2 sts, work in patt to end— (118, 126, 134, 142, 158, 166, -) sts rem for back. Break yarn.

Size 57½" only:

Next rnd BO 6 sts, work in patt to 4th m, sl m, work 32 sts in patt, place sts just worked on holder for front, BO 10 sts, work in patt to last 4 sts, BO 4—174 sts rem for back. Break yarn.

All sizes:

Back:

Rejoin yarn to back sts with RS facing. Cont in patt, work through Row 28 of Charts C and D, then rep Rows 1–28 of Charts C and D one time, then rep Rows 1–9 (1–9, 1–11, 1–13, 1–13, 1–13, 1–15, 1–15) of Charts C and D. Armholes measure approximately 6¼ (6¾, 7½, 7¾, 8½, 8¾, 8¾)" from division.

Next row (WS) BO 36 (39, 42, 45, 48, 55, 57, 60) sts for left shoulder, work 38 (40, 42, 44, 46, 48, 52, 54) sts in patt and place on holder for back neck, BO rem 36 (39, 42, 45, 48, 55, 57, 60) sts for right shoulder.

Front:

Return 110 (118, 126, 134, 142, 158, 166, 174) front sts to larger cir. With RS facing, rejoin yarn.

Cont in patt, work through Row 28 of Charts C and D, then rep Rows 1–28 of Charts C and D one time, then rep Rows 1–2 of Charts C and D. Armholes measure approximately 5¼ (5¾, 6, 5¾, 6¾, 6¾, 6¾, 6¾)" from division.

Shape front neck:

Next row (RS) Work 41 (44, 49, 52, 57, 64, 68, 71) sts in patt, ssk, place next

24 (26, 24, 26, 24, 26, 26, 28) sts on hold, join another ball of yarn, k2tog, work in patt to end—42 (45, 50, 53, 58, 65, 69, 72) sts rem each side.

Work both sides at once with separate balls of yarn.

Dec row (WS) Work in patt to 2 sts before neck edge, p2tog; on other side, ssp, work in patt to end—1 st dec'd each side.

Dec row (RS) Work in patt to 2 sts before neck edge, ssk; on other side, k2tog, work in patt to end—1 st dec'd each side. Rep last 2 rows 2 (2, 3, 3, 4, 4, 5, 5) more times—36 (39, 42, 45, 48, 55, 57, 60) sts rem each side.

With WS facing, BO all sts.

SLEEVES

With smaller dpn, CO 52 (52, 56, 60, 64, 64, 64) sts. Pm and join in the rnd.

Set-up rnd *K2 tbl, p2; rep from * to end.

Work Chart B until piece measures 2½ (3, 3¼, 3¾, 3¾, 3¾, 3¾, 3¾)" from CO, ending with Rnd 1 of patt.

Change to larger dpn.

Set-up rnd Work Row 2 of Chart B over first 6 (6, 6, 10, 10, 10, 10) sts as established, pm, work Row 6 (8, 8, 10, 6, 4, 2, 28) of Chart C over next 42 sts, pm, work Row 2 of Chart B as established to end.

Inc rnd Kfb (or pfb to maintain patt), work in patt to last st, kfb (or pfb)—2 sts inc'd.

Rep Inc rnd every 5 (4, 4, 4, 3, 3, 3)th rnd 13 (15, 21, 17, 11, 17, 30, 30) more times, then every 6 (5, 5, 5, 4, 4, 0)th rnd 8 (9, 4, 6, 16, 10, 0) more times, incorporating new sts into Chart B patt—96 (102, 108, 108, 120, 120, 126, 126) sts.

Work even until Row 16 (12, 10, 6, 2, 22, 20, 16) of Chart C is complete. Piece measures approximately 20 (19¾, 19½, 19¼, 19¼, 18¾, 18¾, 18¾, 18¾)" from CO.

Shoulder saddle:

BO 38 (41, 42, 44, 48, 48, 51, 51) sts, work Row 17 (13, 11, 7, 3, 23, 21, 17) of Chart D over next 22 sts, BO rem 36 (39, 44, 42, 50, 50, 53, 53) sts—22 sts rem for saddle.

Break yarn.

Rejoin yarn to rem sts with WS facing. Cont in patt, work through Row 28 of Chart D, then rep Rows 1–28 of Chart D 1 (1, 1, 1, 1, 2, 2) time(s), then rep Rows 1–2 of Chart D.

Place all sts on holder.

FINISHING

Block pieces to measurements.

Sew front and back shoulders to side edges of shoulder saddles.

Collar:

With smaller 16" cir and RS facing, starting at right front shoulder seam, sl 22 right saddle sts from holder to needle, sl 38 (40, 42, 44, 46, 48, 52, 54) back neck sts from holder to needle, sl 22 left saddle sts from holder to needle, join yarn and pick up and knit 5 (5, 7, 7, 8, 8, 10, 10) sts along left front neck edge, break yarn, sl 24 (26, 24, 26, 24, 26, 26, 28) front neck sts from holder to needle, rejoin yarn and pick up and knit 5 (5, 7, 7, 8, 8, 10, 10) sts along right front neck edge—116 (120, 124, 128, 130, 134, 142, 146) sts. Pm and join in the rnd.

Next rnd Purl.

Next rnd *K1 tbl, p1; rep from * to end, Rep last rnd until collar measures 2¾".

Loosely BO all sts.

Sew sleeves into armholes.

Weave in ends.

DENISE HEBNER runs a small farm in Easton, Connecticut, where she raises cashmere and angora goats to produce luxurious fiber that is made into posh designs. As an outdoor enthusiast, she draws inspiration from the surrounding landscape and all things nature. Her designs are anchored with symbolism to inspire, build confidence, and bring joy to the knitting community. Find Denise on Ravelry, Instagram, and Facebook, and at www.hebnerfarmette.com.



ATWIXT SWEATER

DEBI MAIGE

Difficulty ●●○○○

Yarn Weight (4)

Finished sizes 32 (35½, 39, 42¾, 46¼, 49¾, 53¼, 57)" circumference at underarm. Sweater shown measures 39"; modeled with 0" of ease.

Yarn Gothfarm Yarn Navajo-Churro (100% Navajo-Churro wool; 185 yds [169 m]/3½ oz [100 g]): Apricot (MC), 4 (4, 4, 5, 6, 6, 6) skeins; Walnut (CC1), 1 (1, 1, 2, 2, 3, 3, 3) skeins; Slate (CC2), 1 (1, 1, 2, 2, 3, 3, 3) skeins.

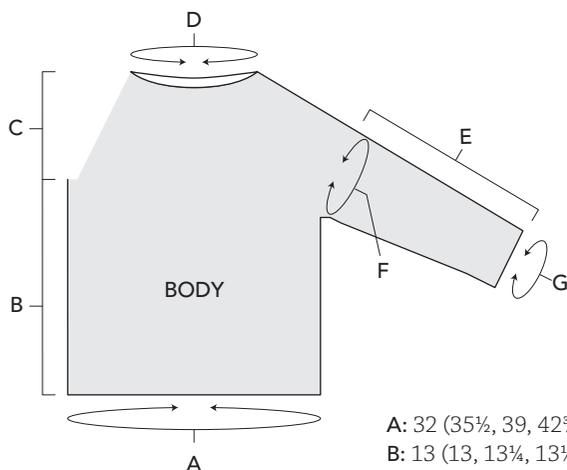
Needles Sizes 7 (4.5 mm) and 9 (5.5 mm): 16", 24–32" circular (cir) and set of double-pointed (dnp). Adjust needle size if necessary to obtain the correct gauge.

Notions Markers (m); stitch holders or waste yarn; tapestry needle.

Gauge 18 sts and 21 rows = 4" in colorwork patt on larger needles.

NOTES

- For techniques you don't know, please visit our online knitting glossary at www.interweave.com/interweave-knitting-glossary.
- This pullover is worked in one piece in the round from the top down.
- The charts are worked using the stranded colorwork method. Always pick up the background color over the pattern color and pick up the pattern color from under the background color. Keep floats loose. For floats longer than five stitches, tack stranded yarn on the wrong side of the work.
- The charts do not indicate which CC to use, because it changes. Refer to pattern text for instructions on which CC to use in each instance.



- A:** 32 (35½, 39, 42¾, 46¼, 49¾, 53¼, 57)"
B: 13 (13, 13¾, 13¾, 13¾, 13¾, 13¾, 13¾)"
C: 10½ (10½, 10¾, 10¾, 11¼, 11¼, 11½, 11½)"
D: 20 (20, 22¼, 22¼, 25¼, 25¼, 25¼, 28)"
E: 17 (17, 16¾, 16¾, 16¾, 16¾, 16, 16)"
F: 12½ (14¼, 14¼, 16, 16, 17¾, 17¾, 19½)"
G: 9 (9¾, 9¾, 10¾, 10¾, 10¾, 10¾, 10¾)"

STITCH GUIDE

Make Double Stitch (DS): Sl 1 st wyf, pull working yarn up and over right needle to back, stretching slipped st into double stitch, move yarn into position to work next st. When you come to a double stitch on a subsequent round, work as a single st.

YOKE

With smaller 16" cir and MC, CO 90 (90, 102, 102, 114, 114, 114, 126) sts. Place marker (pm) and join in the rnd.

Rnd 1 *K1, p1; rep from * to end.

Maintaining established rib patt, shape neck with German Short-rows as follows:

Short-row 1 (RS) Work 20 sts, turn.

Short-row 2 (WS) DS (see Stitch Guide), work 39 sts in patt, turn.

Short-row 3 DS, work in patt to DS, knit or purl DS as needed to maintain patt, work 5 sts, turn.

Short-row 4 DS, work in patt to DS, knit or purl DS as needed to maintain patt, work 5 sts, turn.

Short-rows 5–8 Rep Short-rows 3–4 two more times.

Short-row 9 DS, work in patt to m.

Next rnd Work in established rib, working rem DS as single st when you come to it.

Work 6 more rnds in established rib.

Inc rnd *K3, M1; rep from * to end—120 (120, 136, 136, 152, 152, 152, 168) sts.

Change to larger 16" cir.

Using CC1 as CC, work Rnds 1–6 of Chart A.

Note: Change to longer cir when necessary.

Inc rnd With MC, *k5, M1; rep from * to last 0 (0, 1, 1, 2, 2, 2, 3) st(s), k0 (0, 1, 1, 2, 2, 2, 3)—144 (144, 163, 163, 182, 182, 182, 201) sts.

Next rnd Knit, inc 0 (0, 5, 5, 2, 2, 2, 7) sts evenly spaced—144 (144, 168, 168, 184, 184, 184, 208) sts.

Using CC2 as CC, work Rnds 1–6 of Chart B.

Inc rnd With MC, *k6, M1; rep from to last 0 (0, 0, 0, 4, 4, 4, 4) sts, k0 (0, 0, 0, 4, 4, 4, 4)—168 (168, 196, 196, 214, 214, 214, 242) sts.

Next rnd Knit.

Using CC1 as CC, work Rnds 1–6 of Chart C.

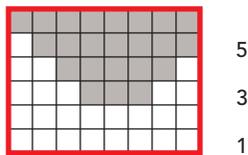
Inc rnd With MC, *k7, M1; rep from * to last 0 (0, 0, 0, 4, 4, 4, 4) sts, k0 (0, 0, 0, 4, 4, 4, 4)—192 (192, 224, 224, 244, 244, 244, 276) sts.

Next rnd Knit, inc 0 (0, 0, 0, 12, 12, 12) sts evenly spaced—192 (192, 224, 224, 256, 256, 256, 288) sts.

Using CC2 as CC, work Rnds 1–11 of Chart D.

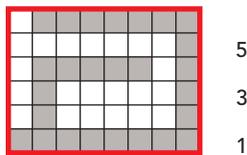
Inc rnd With MC, *k4, M1; rep from * to end—240 (240, 280, 280, 320, 320, 320, 360) sts.

CHART A



8-st rep

CHART B



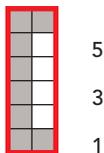
8-st rep

CC MC



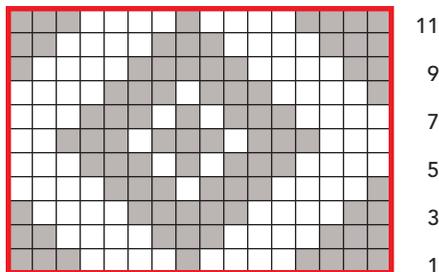
See pattern text for instructions on which CC to use for each chart.

CHART C



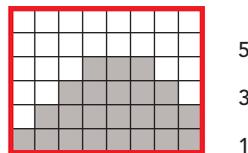
2-st rep

CHART D



16-st rep

CHART E



8-st rep

Size 32" only:**Next rnd** With MC, knit.**Divide body and sleeves:**

Next rnd With CC1, k34, place next 52 sts on holder for right sleeve, CO 4 sts for underarm, k68, place next 52 sts on holder for left sleeve, CO 4 sts for underarm, k34 to end—144 sts rem for body. Using CC1 as CC, work Rnds 2–6 of Chart C.

With MC, knit 2 rnds.

Size 35½" only:

Inc rnd With MC, *k10, M1; rep from * to end—264 sts.

Divide body and sleeves:

Next rnd With CC1, k37, place next 58 sts on holder for right sleeve, CO 6 sts for underarm, k74, place next 58 sts on holder for left sleeve, CO 6 sts for underarm, k37 to end—160 sts rem for body. Using CC1 as CC, work Rnds 2–6 of Chart C.

With MC, knit 2 rnds.

Size 39" only:**Next rnd** With MC, knit.

Using CC1 as CC, work Rnds 1–2 of Chart C.

Divide body and sleeves:

Next rnd Cont in Chart C patt, k41, place next 58 sts on holder for right sleeve, CO 6 sts for underarm, k82, place next 58 sts on holder for left sleeve, CO 6 sts for underarm, k41 to end—176 sts rem for body. Work Rnds 4–6 of Chart C.

With MC, knit 2 rnds.

Size 42¾" only:

Inc rnd With MC, *k12, M1; rep from * to last 16 sts, [k8, M1] two times—304 sts.

Using CC1 as CC, work Rnds 1–2 of Chart C.

Divide body and sleeves:

Next rnd Cont in Chart C patt, k44, place next 64 sts on holder for right sleeve, CO 8 sts for underarm, k88, place next 64 sts on holder for left sleeve, CO 8 sts for underarm, k44 to end—192 sts rem for body. Work Rnds 4–6 of Chart C.

With MC, knit 2 rnds.

Size 46¼" only:**Next rnd** With MC, knit.

Using CC1 as CC, work Rnds 1–4 of Chart C.

Divide body and sleeves:

Next rnd Cont in Chart C patt, k48, place next 64 sts on holder for right sleeve, CO 8 sts for underarm, k96, place next 64 sts on holder for left sleeve, CO 8 sts for underarm, k48 to end—208 sts rem for body. Work Rnd 6 of Chart C.

With MC, knit 2 rnds.

Size 49¾" only:

Inc rnd With MC, *k20, M1; rep from * to end—336 sts.

Using CC1 as CC, work Rnds 1–4 of Chart C.

Divide body and sleeves:

Next rnd Cont in Chart C patt, k50, place next 68 sts on holder for right sleeve, CO 12 sts for underarm, k100,

place next 68 sts on holder for left sleeve, CO 12 sts for underarm, k50 to end—224 sts rem for body.

Work Rnd 6 of Chart C.

With MC, knit 2 rnds.

Size 53¼" only:

Inc rnd With MC, *k13, M1; rep from * to last 8 sts, k8—344 sts.

Using CC1 as CC, work Rnds 1–6 of Chart C.

Divide body and sleeves:

Next rnd With MC, k53, place next 66 sts on holder for right sleeve, CO 14 sts for underarm, k106, place next 66 sts on holder for left sleeve, CO 14 sts for underarm, k53 to end—240 sts rem for body.

Next rnd With MC, knit.**Size 57" only:**

Inc rnd With MC, *k45, M1; rep from * to end—368 sts.

Using CC1 as CC, work Rnds 1–6 of Chart C.

Divide body and sleeves:

Next rnd With MC, k56, place next 72 sts on holder for right sleeve, CO 16 sts for underarm, k112, place next 72 sts on holder for left sleeve, CO 16 sts for underarm, k56 to end—256 sts rem for body.

Next rnd With MC, knit.**All sizes:**

Using CC2 as CC, work Rnds 1–6 of Chart B.

With MC, knit 2 rnds.

Using CC1 as CC, work Rnds 1–6 of Chart E.

With MC, work even in St st for 2 (2, 2½, 2½, 3, 3, 3½, 3½)", or until piece measures 7¼" less than desired finished length.

Using CC2 as CC work Rnds 1–6 of Chart C.

With MC, knit 2 rnds.

Using CC1 as CC, work Rnds 1–11 of Chart D.

With MC, knit 2 rnds.

Using CC2 as CC, work Rnds 1–6 of Chart C.

With MC, knit 2 rnds.

Change to smaller cir.

Work in k1, p1 rib for 1½".

BO all sts.

SLEEVES

Sizes 32 (35½, 39, 42¾, 46¼, 49¾, -, -)" only:

Move sleeve sts from holder to larger 16" cir or dpn. Join MC and CC1 at center of underarm CO. Matching color as seen in CO edge, pick up and knit 2 (3, 3, 4, 4, 6, -, -) sts along underarm CO, following Rnd 1 (1, 3, 3, 5, 5, -, -) of Chart C k52 (58, 58, 64, 64, 68, -, -) sleeve sts from holder, pick up and knit 2 (3, 3, 4, 4, 6, -, -) sts along underarm CO—56 (64, 64, 72, 72, 80, -, -) sts. Pm and join in the rnd.

Using CC1 as CC, work Rnd(s) 2–6 (2–6, 4–6, 4–6, 6, 6, -, -) of Chart C.

With MC, knit 2 rnds.

Sizes - (-, -, -, -, 53¼, 57)" only:

Move sleeve sts from holder to larger 16" cir or dpn. Join MC at center of underarm CO. Pick up and knit - (-, -, -, -, -, 7, 8) sts along underarm CO, k - (-, -, -, -, -, 66, 72) sleeve sts from holder, pick up and knit - (-, -, -, -, -, 7, 8) sts along underarm CO— - (-, -, -, -, -, 80, 88) sts. Pm and join in the round.

With MC, knit 1 rnd.

All sizes:

Using CC2 as CC, work Rnds 1–6 of Chart B.

With MC, knit 2 rnds.

Using CC 1 as CC, work Rnds 1–6 of Chart E.

With MC, work even in St st for 7", or until sleeve measures 6½" less than desired finished length.

Using CC2 as CC, work Rnds 1–6 of Chart A.

With MC, knit 2 rnds.

Using CC1 as CC, work Rnds 1–6 of Chart B.

With MC, knit 2 rnds.

Using CC2 as CC, work Rnds 1–6 of Chart E.



With MC, knit 1 rnd.

Change to smaller dpn.

Dec rnd *K2 (2, 2, 2, 2, 1, 1, 1), k2tog; rep from * to last 4 (2, 2, 0, 0, 2, 6, 0) sts, k4 (2, 2, 0, 0, 2, 6, 0)—40 (44, 44, 48, 48, 46, 46, 48) sts.

Work in k1, p1 rib for 1½".

BO all sts.

FINISHING

Weave in ends, closing up any gaps at underarms. Block to measurements.

DEBI MAIGE began designing knitwear in the early 1990s, but her life took a sharp left turn and she hung up her knitting needles and creativity for a number of years. She got the urge to knit again around 2005, but the pandemic really sparked the desire to design. Deborah of Dallas was brought out of cedar chips and Debi went to work doing what she really loves, creating beautiful knitwear. Find more of Debi's work on Ravelry as Debi-Maige.



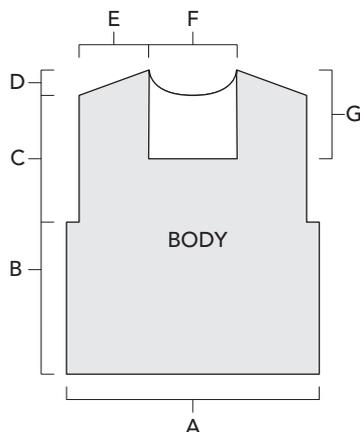
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- A: 16½ (18½, 20¼, 22, 23¾, 25½, 27½, 29¼, 31)"
 B: 12"
 C: 9 (9½, 10, 10½, 11, 11½, 12, 12½, 13)"
 D: 2"
 E: 4¾ (4¾, 5½, 5¾, 6½, 7¼, 7½, 8, 8½)"
 F: 6¼ (6¼, 7, 7½, 8¼, 8½, 9, 9½, 10¼)"
 G: 7 (7, 7½, 7½, 7½, 8, 8, 8)"

VERNACULAR VEST

DEBORAH NEWTON

Difficulty ●●○○

Yarn Weight (1) and (2)

Finished size 32½ (36, 39½, 43¼, 46¾, 50½, 54, 57½, 61¼)" circumference at underarm. Vest shown measures 39½"; modeled with 5½" of positive ease.

Yarn North Light Fibers Spring Street (100% Falkland Islands Merino wool; 310 yd [283 m]/2½ oz [70 g]): Goldenrod (MC), 2 (2, 2, 3, 3, 3, 4, 4, 5) skeins.

North Light Fibers Forever Lace (80% baby alpaca, 20% bamboo; 310 yd [283 m]/1¾ oz [50 g]): Maize (CC), 2 (2, 3, 3, 4, 4, 4, 5, 5) skeins.

Needles Size 8 (5 mm) and 7 (4.5 mm): 24" circular (cir). Adjust needle size if necessary to obtain the correct gauge.

Notions Tapestry needle.

Gauge 20 sts and 28 rows = 4" in Lace patt on larger needles.

NOTES

- For techniques you don't know, please visit our online knitting glossary at www.interweave.com/interweave-knitting-glossary.
- The Lace pattern is worked with CC only in Rows 1–2; it is worked with MC and CC held together in Rows 3–6. Do not break MC; carry it up the side edge of the piece until it is needed again.
- Maintain pattern as much as possible while working armhole and neck shaping. If there are not enough stitches to work both a yarnover and its accompanying decrease, work leftover stitches in Stockinette st.
- The yarn used for the sample has been discontinued. To substitute for Spring Street, look for a fingering-weight wool. To substitute for Forever Lace, look for a lace-weight wool/bamboo or wool/silk blend.

BACK

Using larger cir, with MC and CC held tog, use Long-tail Cast-on method to CO 83 (92, 101, 110, 119, 128, 137, 146, 155) sts.

Purl 2 rows.

Work Lace patt from chart until piece measures 12" from CO, ending with a WS row.

Shape armholes:

BO 5 (5, 5, 7, 7, 9, 9) sts at beg of next 2 rows—73 (82, 91, 96, 105, 114, 119, 128, 137) sts rem.

Work even until armholes measure 9 (9½, 10, 10½, 11, 11½, 12, 12½, 13)" from BO, ending with a WS row.

Shape back neck and shoulders:

Row 1 (RS) BO 3 (3, 4, 4, 4, 5, 5, 6, 6) sts, work 28 (31, 34, 35, 38, 41, 42, 44, 47) sts in patt, join another ball of yarn and BO center 11 (14, 15, 18, 21, 22, 25, 28, 31) sts, work in patt to end—28 (31, 34, 35, 38, 41, 42, 44, 47) sts rem for right back shoulder, 31 (34, 38, 39, 42, 46, 47, 50, 53) sts rem for left back shoulder.

Note: Work both sides at once with separate balls of yarn.

Row 2 (WS) BO 3 (3, 4, 4, 4, 5, 5, 6, 6) sts, work in patt to neck edge; on other side, BO 5 sts, work in patt to end.

Row 3 BO 3 (3, 4, 4, 4, 5, 5, 6, 6) sts, work in patt to neck edge; on other side, BO 5 sts, work in patt to end.

Row 4 BO 3 (3, 4, 4, 4, 5, 5, 6, 6) sts, work in patt to neck edge; on other side, BO 5 sts, work in patt to end.

Row 5 BO 3 (3, 4, 4, 4, 5, 5, 6, 6) sts, work in patt to neck edge; on other side, BO 5 sts, work in patt to end.

Row 6 BO 3 (3, 4, 4, 4, 5, 5, 6, 6) sts, work in patt to neck edge; on other side,

work in patt to end—12 (15, 16, 17, 20, 21, 22, 22, 25) sts rem each side.

Rows 7–8 BO 3 (3, 4, 4, 5, 5, 5, 6, 6) sts, work in patt to neck edge; on other side, work in patt to end.

Rows 9–10 BO 3 (4, 4, 4, 5, 5, 5, 6, 6) sts, work in patt to neck edge; on other side, work in patt to end.

Rows 11–12 BO 3 (4, 4, 4, 5, 5, 6, 5, 6) sts, work in patt to neck edge; on other side, work in patt to end.

Row 13 (RS) BO rem 3 (4, 4, 5, 5, 6, 6, 5, 7) sts on right shoulder; on other side, work in patt to end.

Row 14 (WS) BO rem 3 (4, 4, 5, 5, 6, 6, 5, 7) sts.

FRONT

Work same as for back until armholes measure 4 (4½, 5, 5, 5½, 6, 6, 6½, 7)" from BO, ending with a WS row—73 (82, 91, 96, 105, 114, 119, 128, 137) sts rem.

Shape front neck:

Next row (RS) Work 21 (24, 28, 29, 32, 36, 37, 40, 42) sts in patt, join another ball of yarn and BO center 31 (34, 35, 38, 41, 42, 45, 48, 51) sts, work in patt to end—21 (24, 28, 29, 32, 36, 37, 40, 42) sts rem each side.

Note: Work both sides at once with separate balls of yarn.

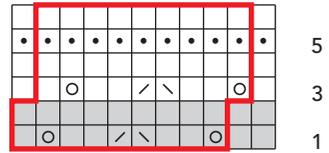
Cont in patt until armholes measure 9 (9½, 10, 10½, 11, 11½, 12, 12½, 13)" from BO, ending with a WS row.

Shape shoulders:

Cont in patt, BO 3 (3, 4, 4, 4, 5, 5, 6, 6) sts at beg of next 14 (8, 14, 12, 6, 12, 10, 10, 12) rows, then BO 0 (4, 0, 5, 5, 6, 6, 5, 7) sts at beg of next 0 (6, 0, 2, 8, 2, 4, 4, 2) rows—no sts rem.



LACE



9-st rep

- | | | |
|---------|---------|------------------|
| CC ONLY | CC + MC | |
| | | k on RS; p on WS |
| | | p on RS; k on WS |
| | | k2tog |
| | | ssk |
| | | yo |
| | | pattern repeat |

SHEEP TO CHIC

FINISHING

Sew shoulder seams. Sew side seams. Weave in ends. Block to measurements, taking care not to flatten the fabric.

Armhole edging:

With RS facing and smaller cir, beg at side seam, pick up and knit 5 (5, 5, 7, 7, 7, 9, 9, 9) sts along BO amhole edge, 35 (37, 39, 42, 44, 46, 49, 51, 53) sts up armhole edge to shoulder seam, 35 (37, 39, 42, 44, 46, 49, 51, 53) sts down armhole edge to BO edge, and 5 (5, 5, 7, 7, 7, 9, 9, 9) sts along BO edge to side seam—80 (84, 88, 98, 102, 106, 116, 120, 124) sts. Place marker (pm) and join in the rnd.

Rnd 1 P4 (4, 4, 6, 6, 6, 8, 8, 8), p2tog, purl to last 6 (6, 6, 8, 8, 8, 10, 10, 10) sts, p2tog, purl to end—78 (82, 86, 96, 100, 104, 114, 118, 122) sts.

BO all sts kwise, working k2tog at each lower corner of armhole while binding off.

Neck edging:

With RS facing and smaller cir, beg at right shoulder seam, pick up and knit 37 (40, 41, 44, 47, 48, 51, 54, 57) sts along back neck edge to left shoulder seam, 28 (28, 28, 30, 30, 30, 33, 33, 33) sts along left front neck edge, pm, 31 (34, 35, 38, 41, 42, 45, 48, 51) sts along center front neck edge, pm, then 28 (28, 28, 30, 30, 30, 33, 33, 33) sts along right front neck edge to shoulder—124 (130, 132, 142, 148, 150, 162, 168, 174) sts. Pm and join in the rnd.

Rnd 1 *Purl to 1 st before m, p2tog removing m; rep from * one more time, purl to end—122 (128, 130, 140, 146, 148, 160, 166, 172) sts.

BO all sts kwise, working k2tog at each lower corner of front neck while binding off.

Weave in rem ends.

DEBORAH NEWTON lives in Providence, Rhode Island, where she designs, writes, and teaches. She loves growing colorful flowers—her small city garden is packed with perennials, annuals, and roses. Read about her annual design workshops on her website www.deborahnewtonknits.com. Find Deborah on Instagram @deborahnewtonknits and on Ravelry as deborahnewton.



CROFT CARDIGAN

JENNIFER KENT

Difficulty ●●○○○

Yarn Weight (3)

Finished Size 38½ (41¼, 46, 49¼, 54, 56½, 60, 64½)" circumference at underarm. Cardigan shown measures 46"; modeled with 7" positive ease.

Yarn Harrisville Designs Nightshades (100% American wool; 250 yd [230 m]/3½ oz [100 g]): #3667 Static, 6 (6, 7, 7, 8, 8, 9, 9) skeins.

Needles Sizes 9 (5.5mm) and 11 (8mm): 24" circular (cir). Adjust needle size if necessary to obtain the correct gauge.

Notions Stitch holder; removable markers (m); tapestry needle.

Gauge 12 sts and 17 rows = 4" in Eyelet Ridge patt on larger needles with 2 strands of yarn held together.

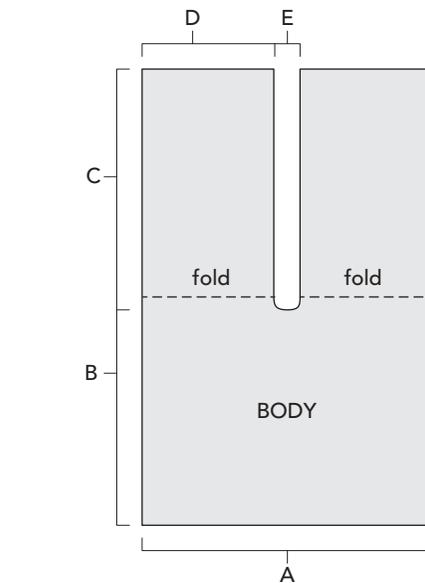
NOTES

- For techniques you don't know, please visit our online knitting glossary at www.interweave.com/interweave-knitting-glossary.
- The body of this cardigan is knit in one piece starting at the lower edge of the back, divided at the neck, then worked down the fronts. The sleeves are knit separately and sewn in place.

STITCH GUIDE

Italian Tubular Cast-on:

Leaving a tail as for Long-tail Cast-on, make a slipknot on right needle (counts as the first purl stitch). Insert your left thumb and index finger between two strands, with tail end on thumb side. To create the next knit stitch, bring needle toward you, under front strand, up between strands, over back strand to grab it, and pull it under front strand to make loop on needle. To create the next purl



A: 20 (21¼, 23¼, 25¼, 27¼, 28¾, 30¾, 32¾)"

B: 17 (17, 18, 18, 19, 19, 20, 20)"

C: 19 (19, 20, 20, 21, 21, 22, 22)"

D: 9¾ (9¾, 10¾, 11¼, 12¾, 13¾, 14, 15¼)"

E: 2¾ (2¾, 2, 2¾, 2, 2, 2¾, 2)"

F: 8¾ (10, 10, 10¾, 10¾, 10¾, 11¼, 11¼)"

G: 18 (18, 18, 18, 17, 17, 17, 17)"

H: 14¾ (15¼, 16¾, 17¾, 18, 18, 18¾, 18¾)"

stitch, take needle away from you, over both strands, under both strands, up to grab front strand, and pull it under back strand to make loop on needle. Continue alternating knit and purl stitches, ending with a knit stitch. Turn work. Keeping strands crossed to preserve the last cast-on stitch, work as foll:

Row 1 *Sl 1 pwise wyf, k1; rep from * to end.

Row 2 Rep Row 1.

Row 3 (establish p1, k1 rib) *P1, k1; rep from * to end.

Tubular Bind-off:

Row 1 *Sl 1 pwise wyf, k1; rep from * to end.

Row 2 Rep Row 1.

Row 3 Working with 2 needles the same size held together in the right hand, *sl 1 pwise to back needle, sl 1 pwise to front needle; rep from * to end. All the purl sts are on the back needle; all the knit sts are on the front needle.

Graft the knit sts and the purl sts together.

P1, K1 Rib: (even number of sts)

Row 1 *P1, k1; rep from * to end. Rep Row 1 for patt.

Eyelet Ridge: (multiple of 2 sts + 4)

Row 1 (RS) Knit.

Row 2 (WS) P1, knit to last st, p1.

Row 3 Knit.

Row 4 P2, *yo, p2tog; rep from * to last 2 sts, p2.

Row 5 Knit.

Row 6 Rep Row 2.

Row 7 Knit.

Row 8 P2, *p2tog, yo; rep from * to last 2 sts, p2.

Rep Rows 1–8 for patt.

BODY

With smaller cir and 2 strands of yarn held together, using Italian Tubular Cast-on method (see Stitch Guide), CO 82 (88, 96, 104, 112, 118, 126, 134) sts.

Work in p1, k1 rib (see Stitch Guide) until piece measures 5½" from CO, ending with a RS row.

Dec row (WS) [K1, k2tog] 3 (4, 4, 4, 4, 5, 5, 5) times, [k2, k2tog] 16 (16, 18, 20, 22, 22, 24, 26) times, [k1, k2tog] 3 (4, 4, 4, 4, 5, 5, 5) times—60 (64, 70, 76, 82, 86, 92, 98) sts rem.

Change to larger cir.

Work in Eyelet Ridge patt (see Stitch Guide) until piece measures 17 (17, 18, 18, 19, 19, 20, 20)" from CO, ending with Row 1 or 5 of patt.

Divide for neck:

Next row (WS) P1, k26 (28, 32, 34, 38, 40, 42, 46), p1, place these sts on holder for left front, BO 4 (4, 2, 4, 2, 4, 2), p1, k26 (28, 32, 34, 38, 40, 42, 46), p1—28 (30, 34, 36, 40, 42, 44, 48) sts rem for right front.

Right front:

Dec row (RS) Knit to last 3 sts, k2tog, k1—1 st dec'd.

Work 1 WS row in patt (Row 4 or 8 of patt).

Rep Dec row—26 (28, 32, 34, 38, 40, 42, 46) sts rem.

Cont in patt until piece measures 30½ (30½, 32½, 32½, 34½, 34½, 36½, 36½)" from CO, ending with Row 3 or 7 of patt.

Change to smaller cir.

Inc row (WS) [K1 (1, 3, 1, 1, 1, 1, 1), kfb] 2 (1, 1, 1, 2, 1, 3, 1) time(s), [k2, kfb] 6 (8, 8, 10, 10, 12, 10, 14) times, [k1 (1, 3, 1, 1, 1, 1, 1), kfb] 2 (1, 1, 1, 2, 1, 3, 1) time(s)—36 (38, 42, 46, 52, 54, 58, 62) sts.

Work in p1, k1 rib for 5½".

Using Tubular Bind-off method (see Stitch Guide), BO all sts.

Left Front:

Return 28 (30, 34, 36, 40, 42, 44, 48) left front sts to larger cir, and with RS facing, rejoin yarn.

Dec row (RS) K1, ssk, knit to end—1 st dec'd.

Work 1 WS row in patt (Row 4 or 8 of patt).

Rep Dec row—26 (28, 32, 34, 38, 40, 42, 46) sts rem.

Cont in patt until piece measures 30½ (30½, 32½, 32½, 34½, 34½, 36½, 36½)" from CO, ending with Row 3 or 7 of patt.

Change to smaller cir.

Inc row (WS) [K1 (1, 3, 1, 1, 1, 1, 1), kfb] 2 (1, 1, 1, 2, 1, 3, 1) time(s), [k2, kfb] 6 (8, 8, 10, 10, 12, 10, 14) times, [k1 (1, 3, 1, 1, 1, 1, 1), kfb] 2 (1, 1, 1, 2, 1, 3, 1) time(s)—36 (38, 42, 46, 52, 54, 58, 62) sts.



Work in p1, k1 rib for 5½".

Using Tubular Bind-off method (see Stitch Guide), BO all sts.

SLEEVES

With smaller cir and 2 strands of yarn held together, using Italian Tubular Cast-on method, CO 36 (40, 40, 42, 42, 42, 44, 44) sts.

Work in p1, k1 rib until piece measures 6½" from CO, ending with a RS row.

Dec row (WS) [K1 (0, 0, 3, 3, 3, 3, 3), k2tog] 2 (0, 0, 1, 1, 1, 2, 2) time(s), [k2, k2tog] 6 (10, 10, 8, 8, 8, 6, 6) times, [k1 (0, 0, 3, 3, 3, 3, 3), k2tog] 2 (0, 0, 1, 1, 1, 2, 2) time(s)—26 (30, 30, 32, 32, 32, 34, 34) st rem.

Change to larger cir.

Work 8 (8, 4, 4, 4, 4, 4) rows in Eyelet Ridge patt.

Inc row (RS) K1, kfb, work in patt to last 2 sts, kfb, k1—2 sts inc'd.

Cont in patt, rep Inc row every 4th row 8 (7, 9, 9, 10, 10, 10, 10) more times—44 (46, 50, 52, 54, 54, 56, 56) sts.

Work even in patt until piece measures 18 (18, 18, 18, 17, 17, 17, 17)" from CO, ending with Row 3 or 7 of patt. BO all sts.

FINISHING

Neckband:

Using smaller cir and 2 strands of yarn held together, with RS facing, pick up and knit 71 (71, 75, 74, 79, 82, 83)

sts evenly along right front edge, 5 (5, 3, 5, 3, 3, 5, 3) sts along back neck BO edge, and 71 (71, 75, 74, 79, 79, 82, 83) sts evenly along left front edge—147 (147, 153, 153, 161, 161, 169, 169) sts.

Row 1 (WS) P1, *k1, p1; rep from * to end.

Row 2 (RS) K1, *p1, k1; rep from * to end.

Work 3 more rows in established rib. Using Tubular Bind-off method (see Stitch Guide), BO all sts.

Weave in ends. Block pieces to measurements.

Fold fronts down over back, matching bottom edges of ribbing. Place marker on each armhole edge at fold to mark shoulder.

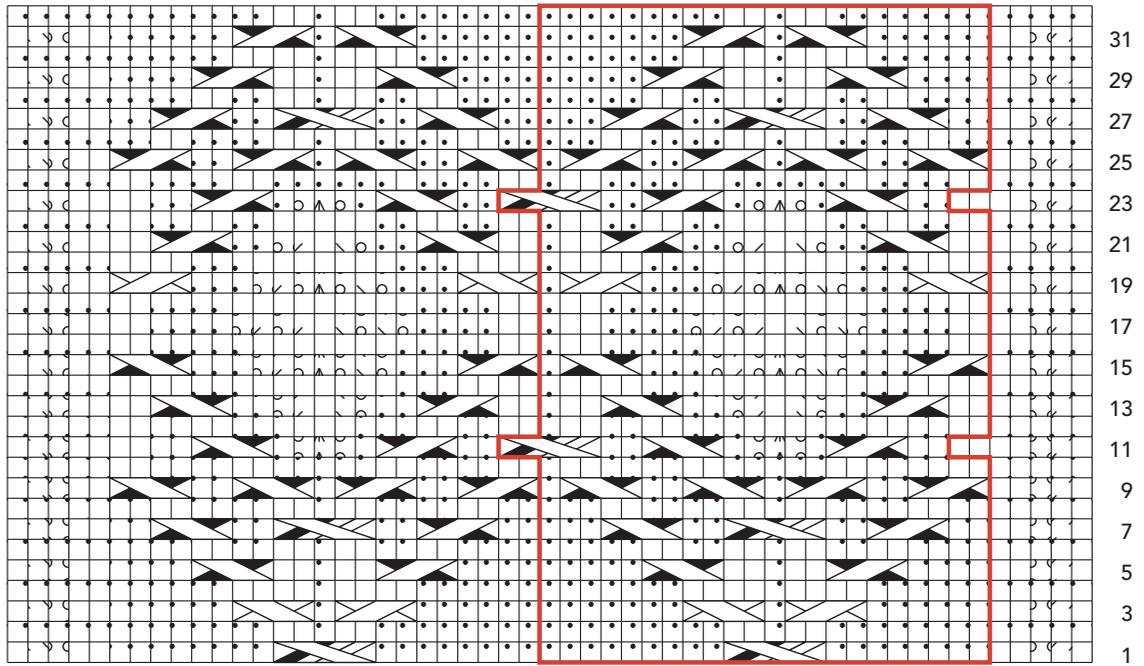
Sew sleeves to body, matching center of BO edge of sleeve to m at shoulder.

Sew side and sleeve seams.

Weave in rem ends. Block seams.

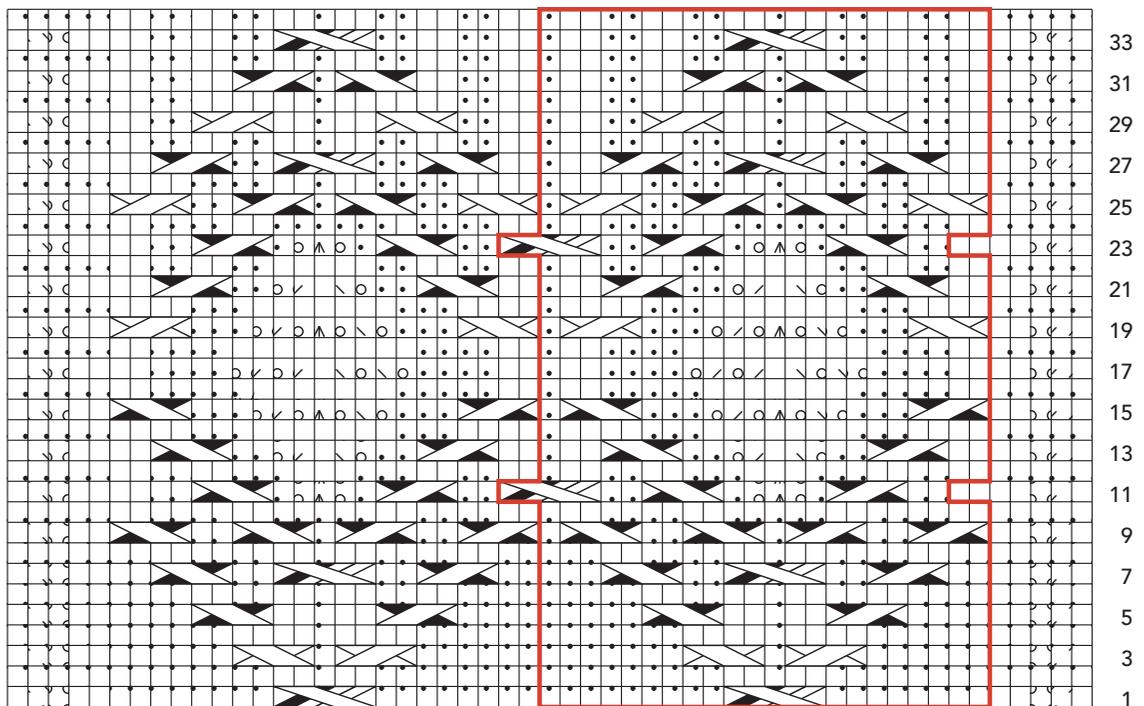
JENNIFER KENT is a TKG certified master knitter and knitting instructor, teaching a variety of techniques at all levels. She also designs and writes patterns for various knitting publications and is passionate about unlocking the healing potential of knitting. She loves sharing her knowledge and passion for hand knitting with others and can be found on Ravelry as Jennifkent and on Instagram at @jaeknits.

CHART B



22-st rep

CHART C



22-st rep

- | | | | |
|--|--|--|---|
| | k on RS; p on WS | | sl 2 sts onto cn, hold in front, k2, k2 from cn |
| | p on RS; k on WS | | sl 2 sts onto cn, hold in back, k2, p2 from cn |
| | yo | | sl 2 sts onto cn, hold in front, p2, k2 from cn |
| | k2tog | | sl 2 sts onto cn, hold in front, k2, p1, k2 from cn |
| | ssk | | sl 2 sts onto cn, hold in front, p3, k2 from cn |
| | sl 2 as if to k2tog, k1, p2sso (s2kp2) | | sl 3 sts onto cn, hold in back, k2, p3 from cn |
| | sl 2 sts onto cn, hold in back, k2, k2 from cn | | pattern repeat |



MEADOWSWEET HAT & MITTENS SET

LANA JOIS

Difficulty ●●●○

Yarn Weight (2)

Finished size Hat: 18½ (20¼, 22¼)" circumference and 9½" tall. Hat shown measures 20¼". **Mittens:** 8½" circumference and 10¼" long.

Yarn Solitude Wool Clun Forest Light (100% Clun Forest wool; 240 yd [219 m]/2¾ oz [79 g]): Pea Coat (MC), 2 skeins and Sweet Potato Pie (CC), 1 skein.

Needles Sizes 2 (2.75 mm) and 2.5 (3 mm): 16" circular (cir) and set of double-pointed (dpn). Adjust needle size if necessary to obtain the correct gauge.

Notions Stitch markers (m); stitch holder; waste yarn for provisional cast-on; size C-2 (2.75mm) crochet hook; tapestry needle.

Gauge 27 sts and 31 rnds = 4" in Hat chart patt on larger needles.

NOTES

- For techniques you don't know, please visit our online knitting glossary at www.interweave.com/interweave-knitting-glossary.
- The hat is worked in the round from the bottom up, beginning with a doubled hem. The mittens are worked in the round from ribbed cuff to tip.
- The charts are worked using the stranded method. Always pick up the background color from over the pattern color and pick up the pattern color from under the background color. Keep floats loose. Where a float extends over five or more stitches, tack stranded yarn on the wrong side of the work.

- The yarn quantities listed will make both the hat and the pair of mittens. To make just the hat or the mittens, only one skein of MC is required.

HAT

With MC and smaller cir, use the Crochet Provisional Cast-on method to CO 104 (114, 124) sts. Place marker (pm) and join in the rnd.

Knit 20 rnds.

Purl 1 rnd for turning ridge.

Change to larger cir.

Knit 20 rnds.

Remove waste yarn from provisional CO and place 104 (114, 124) sts onto smaller cir. Fold brim to WS at turning ridge, holding needle with CO sts behind working needle.

Next rnd Using larger cir, *k2tog

(1 st from front needle and 1 st from back needle); rep from * to end—104 (114, 124) sts.

Size 18½" only:

Inc rnd K3, M1, [k7, M1, k6, M1]

7 times, k7, M1, k3—120 sts.

Size 20¼" only:

Inc rnd K3, M1, *[k6, M1] twice, k7, M1;

rep from * 4 more times, [k6, M1] twice, k4—132 sts.

Size 22¼" only:

Inc rnd K4, M1, k8, M1, [k6, M1]

18 times, k4—144 sts.

All sizes:

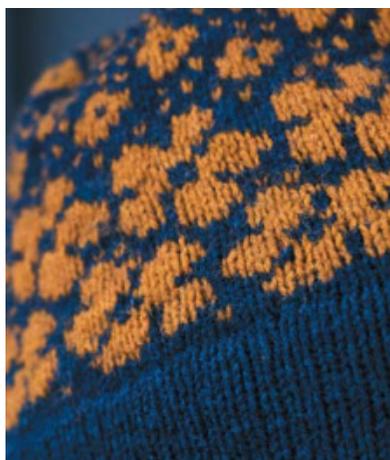
Note: Change to larger dpn when necessary.

Work Rnds 1–53 of Hat chart—10 (11, 12) sts remain.

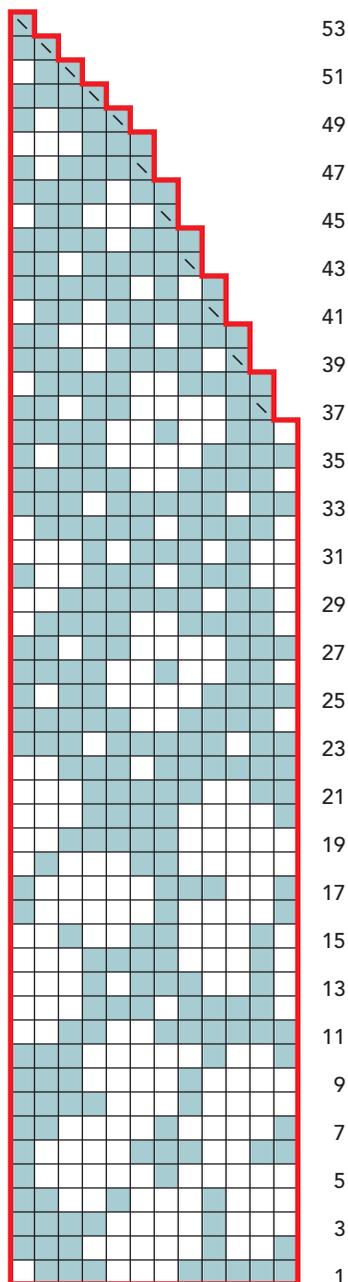
Break yarn and draw tail through rem sts. Pull tight to gather sts and fasten off on WS.

FINISHING

Weave in ends. Block to measurements.



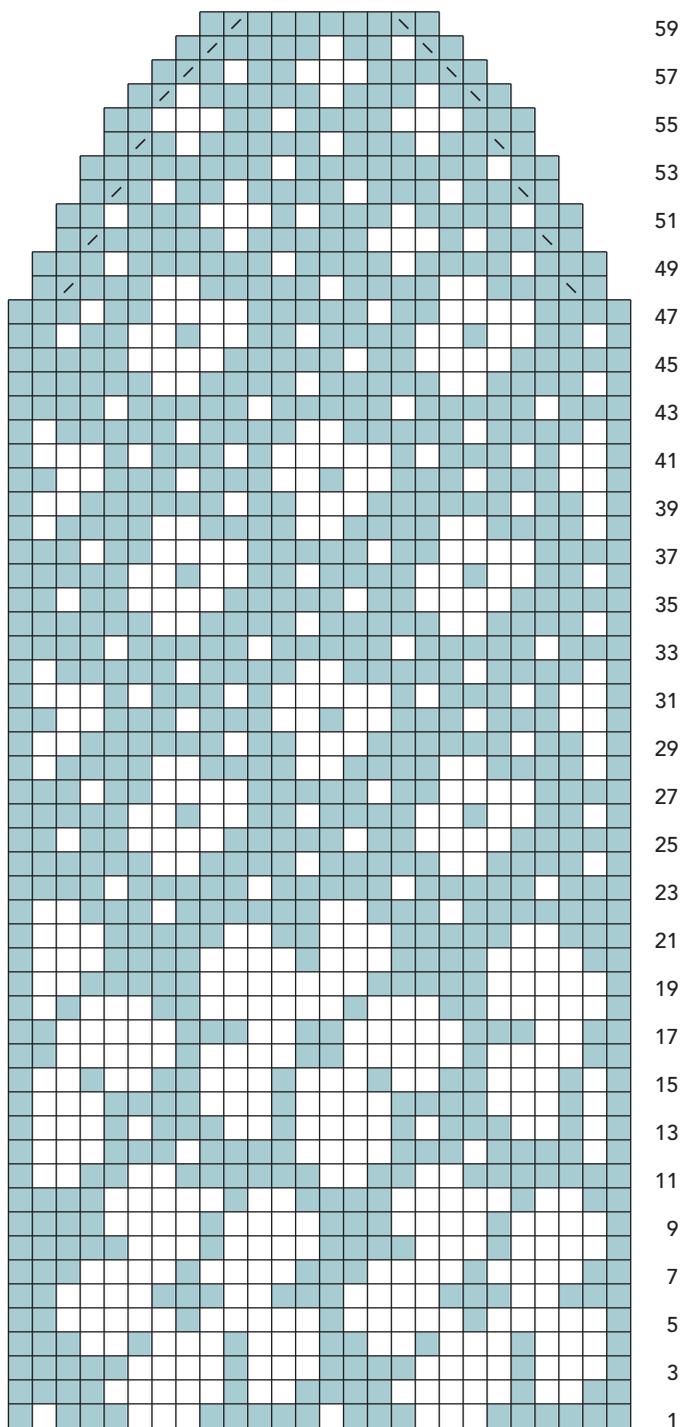
HAT



12-st to 1-st rep

CC	MC	
□	■	knit
	▧	k2tog
	▨	ssk
	■ ML	M1L
	■ MR	M1R
	□	pattern repeat

HAND



26 sts to 10 sts

MITTENS

Cuff:

With MC and smaller dpn, CO 44 sts. Pm and join in the rnd.

Work in k1, p1 rib for 2¼".

Change to larger dpn.

Inc rnd K3, M1, [k6, M1, k5, M1]

3 times, k6, M1, k2—52 sts.

Lower hand and thumb gusset:

Next rnd Work Rnd 1 of Hand chart over first 26 sts, pm, work Rnd 1 of Gusset chart, pm, work Rnd 1 of Hand chart to end—53 sts.

Work Rnds 2–19 of Hand and Gusset charts as established—71 sts total; 19 sts between markers for gusset.

Next rnd Work Rnd 20 of Hand chart to m, remove m, place 19 gusset sts on holder for thumb, remove m, with MC use Backwards Loop method to CO 2 sts, work Rnd 20 of Hand chart to end—54 sts.

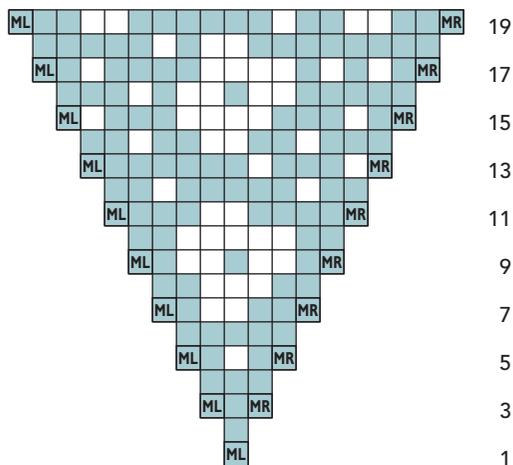
Dec rnd Work Rnd 21 of Hand chart over first 25 sts, with MC ssk, pm, with MC k2tog, work Rnd 21 of Hand chart as established to end—52 sts.

Upper hand:

Work Rnds 22–59 of Hand chart as established—20 sts.

With MC, graft top of mitten closed.

GUSSET



1 st to 19 sts

Thumb:

Move 19 thumb sts from holder to larger dpn.

With MC, pick up and knit 2 sts in gap at crook of thumb, pm, with CC pick up and knit 1 more st in gap at crook of thumb (this is first st of Rnd 1 of Thumb chart), work sts 2–22 of Rnd 1 of Thumb chart to end of rnd—22 sts.

Work Rnds 2–12 of Thumb chart.

Shape tip:

Break CC. Cont with MC only.

Rnd 1 [K4, k2tog, k3, k2tog] two times—18 sts.

Rnd 2 [K3, k2tog, k2, k2tog] two times—14 sts.

Rnd 3 [K2, k2tog, k1, k2 tog] two times—10 sts.

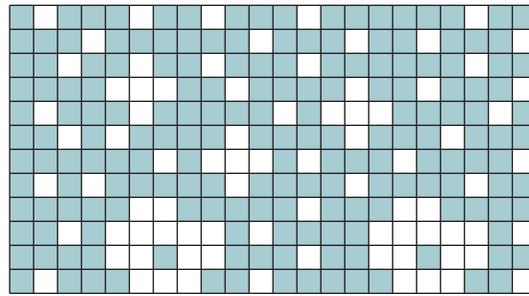
Rnd 4 K2tog five times—5 sts.

Break yarn and draw tail through rem sts. Pull tight to gather sts and fasten off on WS.

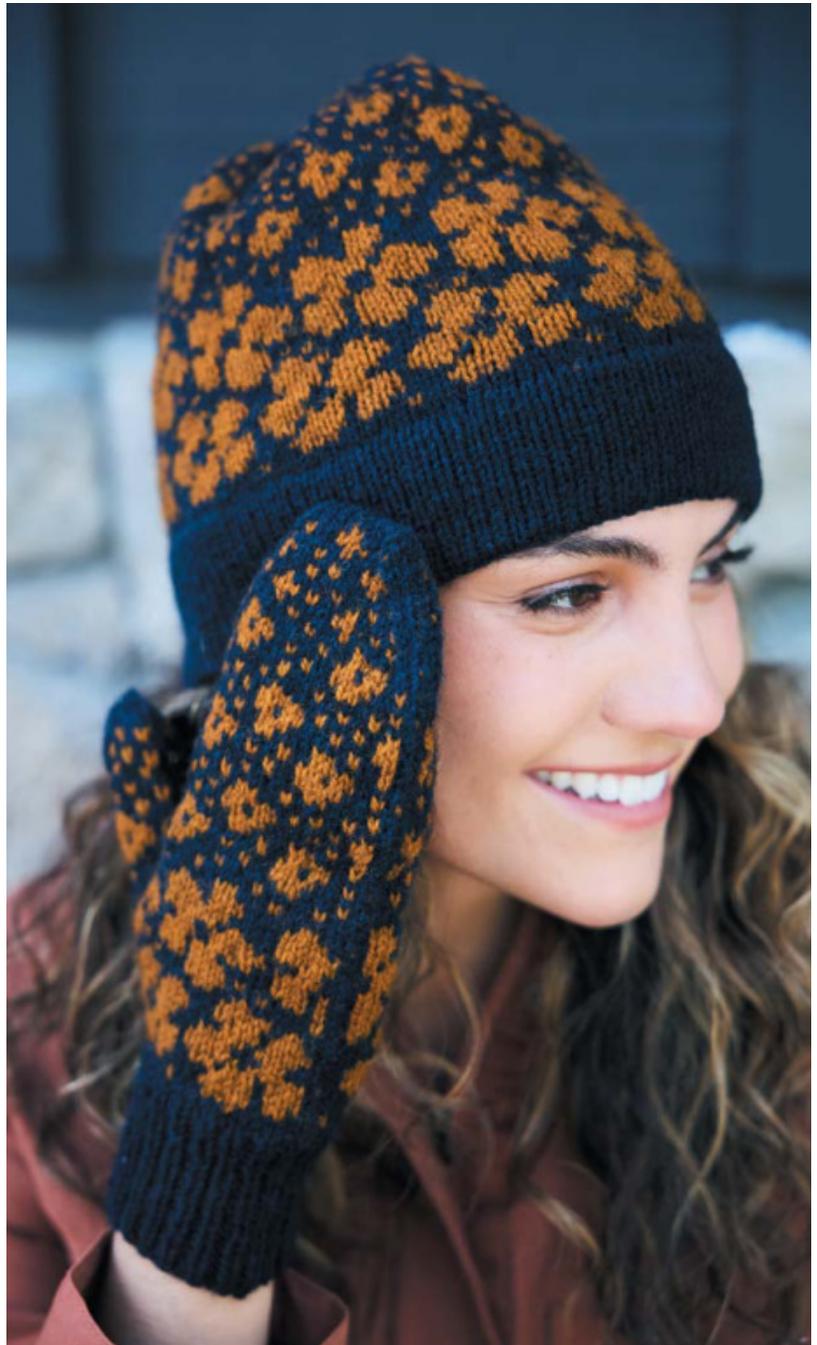
FINISHING

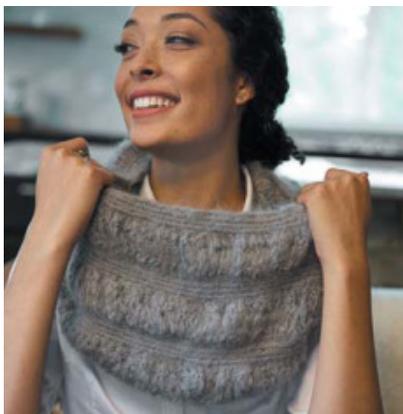
Weave in ends, closing any gaps at base of thumb. Block to measurements.

LANA JOIS loves to knit! She is happiest when knitting lace but is always experimenting with technique and construction. Her work has appeared in *Interweave Knits*, *Knitscene*, *Knit.wear*, *Pompom Quarterly*, and *Twist Collective*. Find more of Lana's designs on Ravelry as Lana Jois.

THUMB

22 sts

11
9
7
5
3
1CC MC
□ ■ knit



BASERRI COWL

HIROKA SHINOKAWA

Difficulty ●●●○

Yarn Weight (3)

Finished size 34" circumference and 10½" tall.

Yarn Blue Sky Fibers Brushed Suri (67% baby Suri alpaca, 22% fine Merino wool, 11% bamboo; 142 yd [130 m]/1¼ oz [50 g]): #905 Earl Grey, 3 skeins.

Needles Size 8 (5 mm) and 9 (5.5 mm): 32" circular (cir). Adjust needle size if necessary to obtain the correct gauge.

Notions Markers (m); tapestry needle.

Gauge 27 sts and 19 rows = 4" in Cowl Pattern stitch on smaller needles.

NOTES

- For techniques you don't know, please visit our online knitting glossary at www.interweave.com/interweave-knitting-glossary.
- This cowl is worked in the round from the bottom up.
- The larger needles are used for the cast-on and bind-off edges to counteract the denseness of the twice-knit stitch.
- Twice-knitting is a technique where each stitch is worked together with both the stitch that precedes it and the stitch that follows it. It requires knitting or purling two stitches together throughout the round, but the number of stitches on the needle will remain the same. Twice-knitting produces a dense fabric that contrasts beautifully with the rows of eyelets and elongated stitches in this pattern.
- In Round 11 of the pattern, each knit stitch is separated by 3 yarnovers. The yarnovers are dropped in the

following round. The yarnovers serve to measure out extra yarn for those knit stitches, elongating them. After each repeat of the 14-round stitch pattern, stretch the fabric by grasping the cast-on edge of your cowl and pulling it firmly away from the needle to move that extra yarn into the knit stitches.

STITCH GUIDE

Twice-Knit Cast-on: Begin with a slip knot on the left needle. Insert right needle as if to knit, wrap yarn around and pull loop through, then slip this new st to left needle—2 sts.

Insert the right needle into both sts as if to knit them together, wrap yarn around and pull loop through, then slip this new st to left needle—3 sts.

*Insert the right needle into first 2 sts on left needle as if to knit them together, wrap yarn around and pull loop through, then slip this new st to left needle. Repeat from * until the required number of sts are on left needle.

Twice-Knit in the Round: Insert needle into first 2 sts, knit them together but only drop the first st off the left needle.

*Insert needle into next 2 sts (one of which is the st left from the last k2tog), knit them together but only drop the first st off the left needle. Rep from * to last st of rnd. Sl last st, remove marker, move slipped st back to left needle, k2tog dropping only the first st off the left needle, replace marker.

Twice-Purl in the Round: Insert needle into first 2 sts, purl them together but only drop the first st off the left needle.

*Insert needle into next 2 sts (one of which is the st left from the last p2tog), purl them together but only drop the first st off the left needle. Rep from * to last st of rnd. Sl last st, remove marker, move slipped st back to left needle, p2tog dropping only the first st off the left needle, replace marker.

Twice-Knit Bind-off: Twice-knit 2 sts. Use tip of left needle to lift farther st on right needle over nearer st and off the needle. 1 st bound off.

*Twice-knit 1 st. Use tip of left needle to lift farther st on right needle over nearer st and off the needle. Rep from * until all sts are bound off.

Cowl Pattern: (even number of sts)

Rnd 1 Twice-knit to end of rnd.

Rnd 2 Twice-purl to end of rnd.

Rnds 3–6 Rep Rnds 1–2 two times.

Rnd 7 Rep Rnd 1.

Rnd 8 Knit.

Rnd 9 *Yo, k2tog; rep from * to end.

Rnd 10 Purl.

Rnd 11 *K1, yo 3 times; rep from * to end.

Rnd 12 *K1, drop 3 yos; rep from * to end.

Rnd 13 *Yo, k2tog; rep from * to end.

Rnd 14 Knit.

Rep Rnds 1–14 for patt.

COWL

With larger cir, use Twice-Knit Cast-on method (see Stitch Guide) to CO 230 sts. Place marker (pm) and join in the rnd. Change to smaller cir.

Work Rnds 1–14 of Cowl Pattern three times.

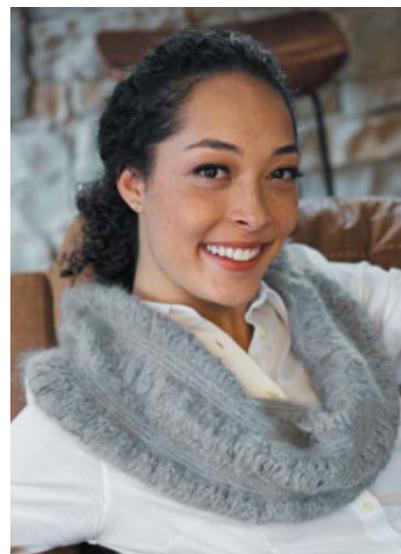
Work Rnds 1–6 of Cowl Pattern one more time.

With larger cir, use the Twice-Knit Bind-off method (see Stitch Guide) to BO all sts.

FINISHING

Weave in ends. Block to measurements.

HIROKA SHINOKAWA is a Japanese craft lover living in northern California. She enjoys knitting, spinning, Saori weaving, and other handmade crafting. Her passion is designing hand knitting patterns for others to enjoy. See more of Hiroka's designs and knitting life on Instagram @amimono.bayarea.





GAMBREL HAT

AMY GUNDERSON

Difficulty ●●●○

Yarn Weight ①

Finished Size 16½ (18½, 20¾, 22¾)" circumference and 10¼" long with brim unfolded. Hat shown measures 18½".

Yarn Brooklyn Tweed Loft (100% Targhee-Columbia wool; 275 yd [251 m]/1¾ oz [50 g]): Fossil, 1 (2, 2, 2) hanks.

Needles Size 2 (2.75 mm): 16" circular (cir) and set of double-pointed (dnp). Size 1 (2.25 mm): Two 16" cir. Adjust needle size if necessary to obtain the correct gauge.

Notions Tapestry needle, cable needle (cn), waste yarn for provisional cast-on, size C-2 (2.75mm) crochet hook, faux fur pom-pom (optional).

Gauge 31 sts and 45 rnds = 4" in Chart patt on larger needles.

NOTES

- For techniques you don't know, please visit our online knitting glossary at www.interweave.com/interweave-knitting-glossary.
- This hat is knit in the round from the bottom up. The ribbed brim is intended to be folded up when worn.
- The pom-pom used for this project can be purchased from Yarn Boler. www.yarnboler.com

STITCH GUIDE

Right Twist (RT): K2tog but do not sl sts from left needle, knit the first st again, sl both sts from left needle.

Left Twist (LT): Knit the second st on left needle through the back loop, knit first st on left needle, sl both sts from left needle.

Right Purl Twist (RPT): K2tog but do not sl st from left needle, purl the first st again, sl both sts from left needle.

Left Purl Twist (LT): Purl the second st on left needle through the back loop, knit first st on left needle, sl both sts from left needle.

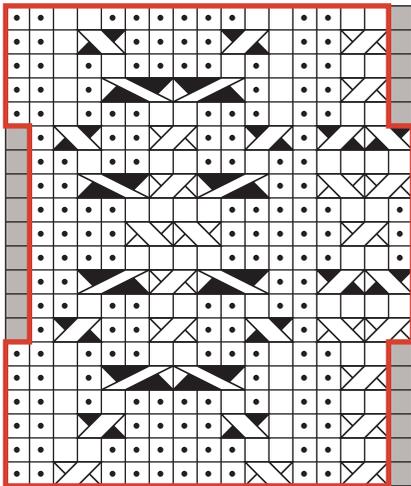
HAT

With waste yarn and using the Crochet Provisional Cast-on method, CO 64 (72, 80, 88) sts to smaller cir. Break waste yarn. Join working yarn.

Next row (RS) Knit. Place marker (pm) and join in the rnd. Knit 2 rnds.



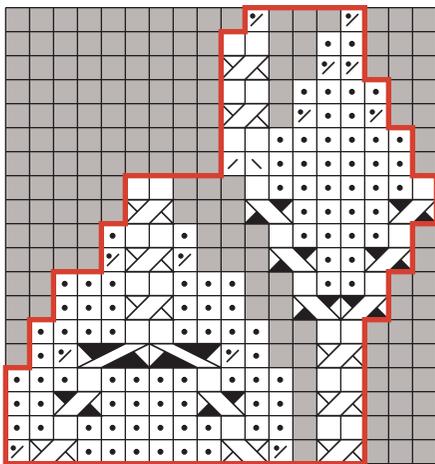
BODY



19
17
15 *
13
11
9
7
5 *
3
1

16-st rep

CROWN



19
17
15
13 *
11 *
9 *
7 *
5
3
1

14-st to 2-st rep

-  knit
-  purl
-  k2tog
-  ssk
-  p2tog
-  RT (see Stitch Guide)
-  LT (see Stitch Guide)
-  RPT (see Stitch Guide)
-  LPT (see Stitch Guide)
-  sl 2 sts onto cn, hold in back, k1, p2 from cn
-  sl 1 st onto cn, hold in front, p2, k1 from cn
- * see pattern text for details on shifting beg of rnd marker
-  no stitch
-  pattern repeat

Remove waste yarn from CO edge and place sts on second smaller cir. Make sure both needles have same number of sts. Fold piece, holding second cir behind and parallel to first cir.

Next rnd *K2 from front needle, p2 from back needle; rep from * to end—128 (144, 160, 176) sts.

Brim:

Rnd 1 *K2, p2; rep from * to end.

Rep Rnd 1 until Brim measures 3½" from CO edge.

Body:

Change to larger cir.

Work Rnds 1–6 of Body chart, ending 1 st before end of rnd on Rnd 6.

Sl next st, remove m, sl st back to left needle, replace m.

Work Rnds 7–15 of Body chart.

Remove m, purl next st, replace m.

Work Rnds 16–20 of Body chart.

Work Rnds 1–20 of Body chart one more time, moving beg of rnd m as before.

Shape crown:

Note: Change to dpn when necessary.

Work Rnds 1–6 of Crown chart, ending 1 st before end of rnd on Rnd 6.

Sl next st, remove m, sl st back to left needle, replace m.

Work Rnds 7–8 of Crown chart, ending 1 st before end of rnd on Rnd 8.

Sl next st, remove m, sl st back to left needle, replace m.

Work Rnds 9–10 of Crown chart, ending 1 st before end of rnd on Rnd 10.

Sl next st, remove m, sl st back to left needle, replace m.

Work Rnds 11–12 of Crown chart.

Remove m, knit next st, replace m.

Work Rnds 13–19 of Crown chart—16 (18, 20, 22) sts rem.

FINISHING

Break yarn and draw tail through rem sts.

Pull tight to gather sts and fasten off on WS.

Weave in ends. Block to measurements.

Sew pom-pom to crown, if desired.

AMY GUNDERSON has been designing knit and crochet projects for over 10 years, also having worked professionally in the yarn industry most of this time. On those rare occasions that she's not working with yarn, you can probably find her at the dog park or on the tennis court. Follow her on Instagram at @amyyounggunderson.

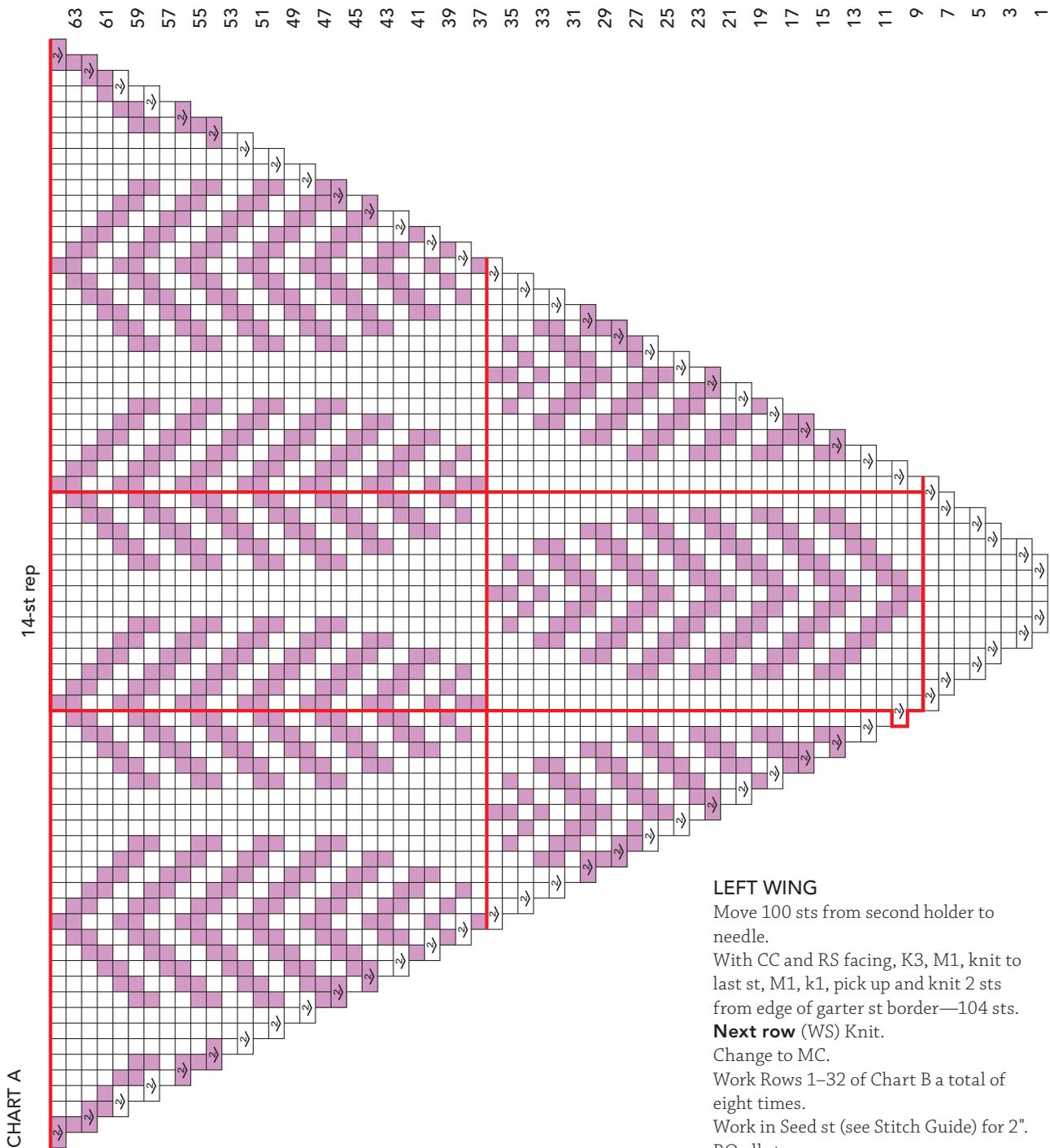


CHART A

LEFT WING

Move 100 sts from second holder to needle.
 With CC and RS facing, K3, M1, knit to last st, M1, k1, pick up and knit 2 sts from edge of garter st border—104 sts.
Next row (WS) Knit.
 Change to MC.
 Work Rows 1–32 of Chart B a total of eight times.
 Work in Seed st (see Stitch Guide) for 2".
 BO all sts.

FINISHING

Weave in ends. Block to measurements.

FIONA MUNRO'S grandmother taught her to knit when Fiona was six years old, and she's been an avid knitter ever since. Fiona grew up on a small island in Canada and now lives in Scotland. Her design style is classic with a modern twist. Find her on Ravelry as MunroSisters3.

- | | | |
|----|----|----|
| CC | MC | MC |
| | | |
| | | |
| | | |
| | | |
- k on RS; p on WS
 - kfb
 - p on RS; k on WS
 - k2tog on RS; p2tog on WS
 - ssk on RS; ssp on WS
 - yo
 - k1tbl on RS; p1tbl on WS
 - s2kp2
 - pattern repeat



HOUSETOPS COWL

KRISTA ANN

Difficulty ●●○○○

Yarn Weight (3)

Finished size 28" circumference, 21" long at point.

Yarn Ancient Arts Yarns Herlig DK (50% Viking Norway wool, 50% Merino wool; 273 yd [250 m]/3½ oz [100 g]): Black Cherry (MC) and Dusty Rose (CC), 1 skein each.

Needles Sizes 4 (3.5 mm) and 6 (4 mm): 16" circular (cir). Adjust needle size if necessary to obtain the correct gauge.

Notions Markers (m); tapestry needle.

Gauge 24 sts and 52 rows = 4" in mosaic patt on larger needles.

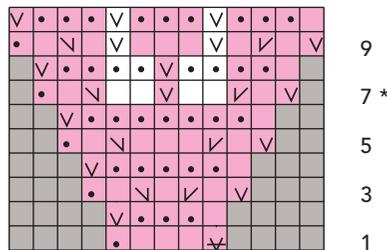
NOTES

- For techniques you don't know, please visit our online knitting glossary at www.interweave.com/interweave-knitting-glossary.
- This cowl is worked from the point up. The lower section is worked back and forth in rows, then the work is joined and the cowl is worked in the round to the top edge.
- Beginning with Row 7 of Chart A, the MC border at the left-hand side of the piece is worked using the intarsia technique until the piece is joined in the round. Wind off a separate small ball of MC or use the other end of a center pull ball for this border.
- This cowl used nearly every yard of both skeins of yarn. You may want to purchase an extra skein of each color as insurance.

STITCH GUIDE:

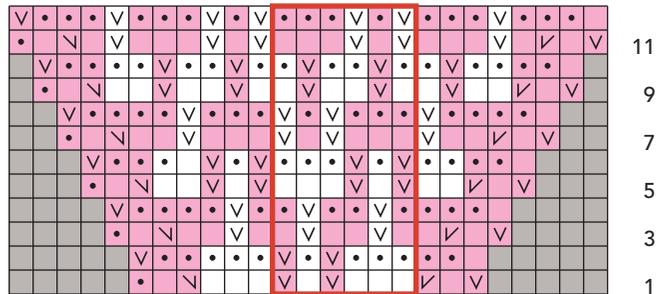
Left Lifted Increase (LLI): Knit into the top of the stitch two rows below the stitch just worked on the right needle—1 st inc'd.

CHART A



5 sts to 13 sts

CHART B



6-st rep

MC CC

■ □ k on RS; p on WS

● ● p on RS; k on WS

⚡ ⚡ sl 1 wyf on RS; sl 1 wyb on WS

⚡ ⚡ sl 1 wyb on RS; sl 1 wyf on WS

⚡ ⚡ RLI

⚡ ⚡ LLI

■ no stitch

□ pattern repeat

* see pattern text for special directions

Right Lifted Increase (RLI): Knit into the top of the stitch below the next stitch on the left needle—1 st inc'd.

COWL

Using larger cir and MC, CO 5 sts.

Work Rows 1–6 of Chart A—9 sts.

Next Row (Row 7 of Chart A) With MC, sl 1 wyb, k1, RLI (see Stitch Guide), join CC and k2, sl 1 wyb, k2, join second ball of MC and LLI (see Stitch Guide), k1, p1—11 sts.

Using intarsia method, use second ball of MC to work first 3 sts of WS rows and last 3 sts of RS rows.

Work Rows 8–10 of Chart A—13 sts.

Work Rows 1–12 of Chart B twelve times—157 sts.

Work Rows 1–2 of Chart B one more time—159 sts. Cut second ball of MC.

Work Row 3 of Chart B to last st, k1, use backwards loop method and MC to CO 7 sts—168 sts. Place marker and join to work in the rnd.

Next rnd With MC, p5, *sl 1 wyb, p2; rep from * to last 10 sts, p10.

Work Rnds 1–12 of Chart C ten times. Cut MC.

Change to smaller cir and CC.

Rnd 1 *K10, k2tog; rep from * to end—154 sts.

Rnd 2 Purl.

Rnd 3 Knit.

Rnd 4 Purl.

BO all sts pwise.

FINISHING

Weave in ends. Block to measurements.

KRISTA ANN is a nomadic knitter. She is currently traveling the United States with her husband and their fur baby, Phinny, in their RV. Her app, The Knitting Rockstar Academy, is a place where knitters can be the awesome knitters they've always wanted to be! Find Krista Ann at www.knittingrockstar.com and on Instagram @explorewithknitsy.



SHEEP TO CHIC



HOMeward SHAWL

KATE NASH

Difficulty ●●●○

Yarn Weight (4)

Finished size 73" wide along longest edge and 20" tall at center point.

Yarn Jill Draper Makes Stuff Mohonk (100% lamb's wool; 370 yd [338 m]/4 oz [113 g]); Toe Shoes, 3 skeins.

Needles Size 4 (3.5 mm): 32" circular (cir). Adjust needle size if necessary to obtain the correct gauge.

Notions 2 cable needles (cn); markers (m); tapestry needle.

Gauge 32 sts and 35 rows = 4" in Chart B patt.

NOTES

- For techniques you don't know, please visit our online knitting glossary at www.interweave.com/interweave-knitting-glossary.
- This shawl is worked sideways, from one end to the other. Increases are worked at one edge until the center of the shawl is reached, then decreases at the same edge taper the piece to a point.
- Optional tassels are attached to each of the three points of the shawl.

SHAWL

CO 6 sts.

Knit 4 rows.

Work Rows 1–26 of Chart A once—20 sts.

Work Rows 27–46 of Chart A 14 times—160 sts.

Work Rows 1–20 of Chart B once—161 sts.

CHART A

10-st rep

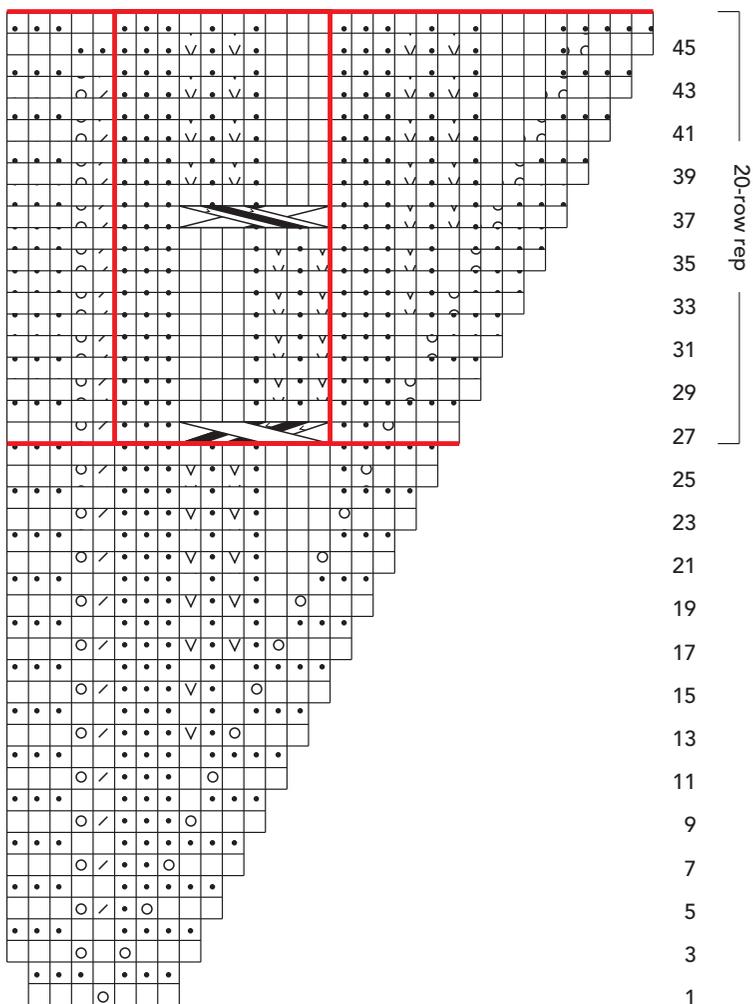
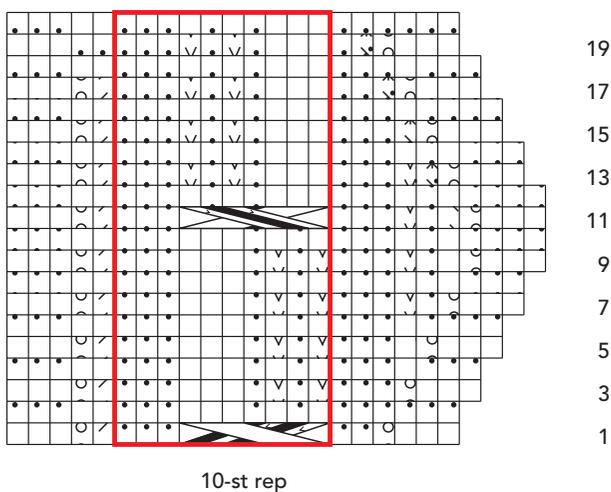


CHART B



-  k on RS; p on WS
-  p on RS; k on WS
-  sl 1 wyb
-  yo
-  k2tog
-  ssk
-  sssk
-  p3tog tbl



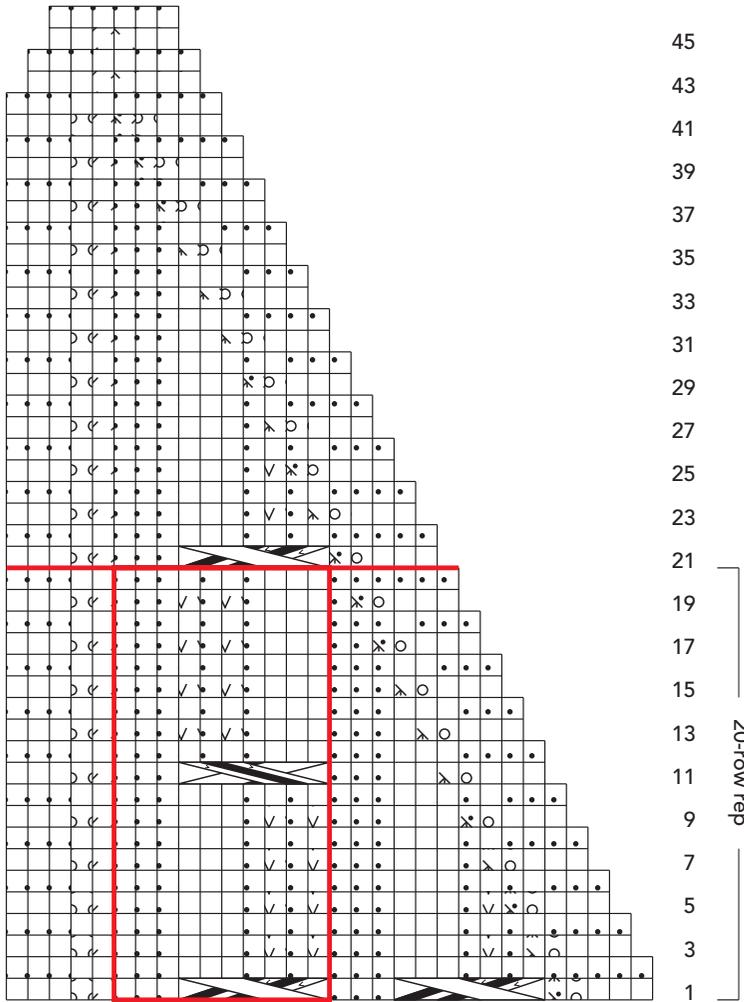
sl 3 sts to cn, hold in front,
sl next st to 2nd cn, hold in back,
sl 3 sts from left needle to right needle,
sl st from back cn to left needle,
sl 3 sts from right needle back to left needle,
k3, p1, [sl 1, p1, sl 1] from front cn



sl 3 sts to cn, hold in front,
sl next st to 2nd cn, hold in back,
sl 3 sts from left needle to right needle,
sl st from back cn to left needle,
sl 3 sts from right needle back to left needle,
[sl 1, p1] twice, k3 from front cn

 pattern repeat

CHART C



10-st rep

- 45
- 43
- 41
- 39
- 37
- 35
- 33
- 31
- 29
- 27
- 25
- 23
- 21
- 19
- 17
- 15
- 13
- 11
- 9
- 7
- 5
- 3
- 1

Work Rows 1–20 of Chart C
14 times—21 sts.

Work Rows 21–46 of Chart C
once—6 sts.

Knit 4 rows.

BO all sts.

FINISHING

Weave in ends. Block to measurements.

Optional: Make 3 tassels, each 5" long.
Sew a tassel to each corner of shawl.

KATE NASH is a proud mom and elementary music teacher. She and her family love to spend time outdoors gardening, fly fishing, and mushroom hunting. Kate loves to learn new knitting skills and enter her projects in the county and state fairs. Her favorite things to knit are clothing, socks, and hats for the whole family. You can connect with Kate Nash Knits on Ravelry, Instagram, and TikTok.





KEEPING MITTENS

KERRY BOGERT

Difficulty ●○○○

Yarn Weight (2)

Finished Size 7¾ (8¾, 9¾)" hand circumference; 7 (8, 9)" hand length. Mittens shown measure 7¾".

Yarn Handspun (100% Icelandic wool; approximately 244 yd [223 m]/3½ oz [100 g]): undyed, 58 (75, 95) g.

Needles Size 2 (2.75 mm): straight and set of double-pointed (dpn). Adjust needle size if necessary to obtain the correct gauge.

Notions Stitch markers (m); tapestry needle.

Gauge 22 sts and 32 rows = 4" in St st.

NOTES

- For techniques you don't know, please visit our online knitting glossary at www.interweave.com/interweave-knitting-glossary.
- These mittens are worked flat in rows and then seamed. The thumb is worked in the round.
- The first stitch of every row is slipped. The last stitch of every row is worked through the back loop. This creates a selvedge edge that will make it easier to seam the side of the mitten closed.
- These mittens were made with yarn handspun by Sandi Rosner. To substitute, choose a sport- or DK-weight yarn and swatch to make sure you can match the gauge. You'll need about 140 (185, 230) yd.

LEFT MITTEN

Cuff:

Using Long-tail Cast-on method, CO 40 (48, 56) sts.

Row 1 (WS) Sl 1 wyf, *k1, p1tbl; rep from * to last st, k1 tbl.

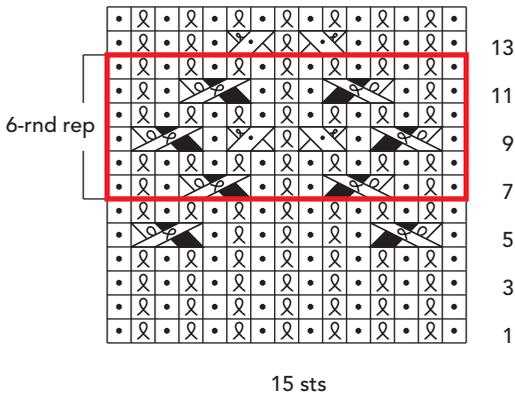
Row 2 (RS) Sl 1 wyf, *k1 tbl, p1; rep from * to last st, k1 tbl.
Rep Rows 1–2 until cuff measures 2 (2½, 3)" from CO edge, ending with a WS row.

Inc Row (RS) Sl 1 wyf, k3 (4, 5), kfb, [k4 (5, 6), kfb] 3 times, kfb, k1, kfb, [k1 tbl, p1] 6 (8, 10) times, k1 tbl, pfb, k1, kfb, k1 tbl—48 (56, 64) sts.

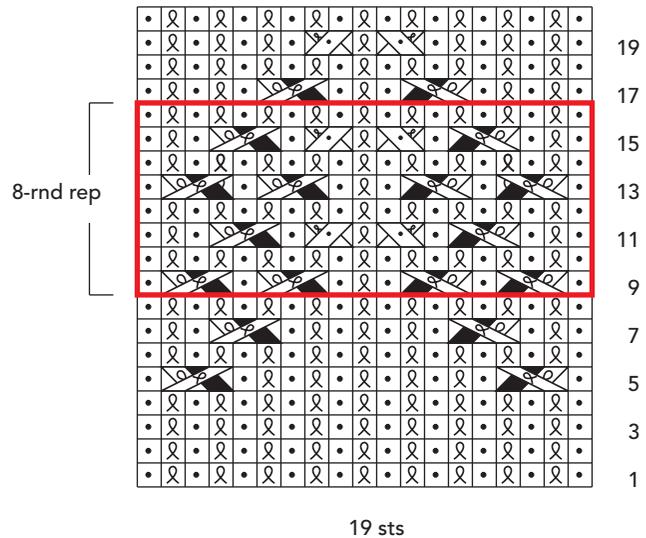
Next row (WS) Sl 1 wyf, p4, k1, [p1 tbl, k1] 7 (9, 11) times, purl to last st, k1 tbl.



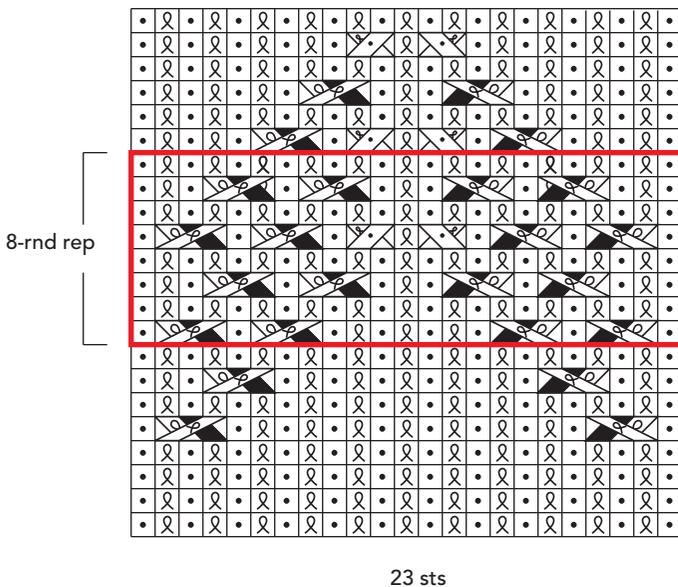
CHART, SIZE 7¾"



CHART, SIZE 8¾"



CHART, SIZE 9¾"



-  p on RS; k on WS
-  k1tbl on RS; p1tbl on WS
-  sl 1 st onto cn, hold in back, p1, k1tbl from cn
-  sl 1 st onto cn, hold in front, k1 tbl, p1 from cn
-  sl 2 sts onto cn, hold in back, k1tbl, [p1, k1tbl] from cn
-  sl 1 st onto cn, hold in front, k1tbl, p1, k1tbl from cn

Gusset:

Note: While shaping gusset, work Rows 1–6 (1–8, 1–8) of Chart one time, then rep Rows 7–12 (9–16, 9–16) of Chart as directed, then work Rows 13–14 (17–20, 17–22) of Chart one time.

Set-up row (RS) Sl 1 wyf, k18 (22, 26), place marker (pm), M1R, k1, M1L, pm, k8, work Row 1 of Chart for your size, k4, k1 tbl—50 (58, 66) sts.

Next row (WS) Sl 1 wyf, p4, work Row 2 of Chart for your size, purl to last st, k1 tbl.

Inc row (RS) Sl 1 wyf, knit to m, sl m, M1R, knit to m, M1L, sl m, k8, work next row of Chart, k5—2 sts inc'd.

Next row (WS) Sl 1 wyf, p4, work next row of Chart, purl to last st, k1 tbl.

Cont in patt, rep Inc row every RS row 6 (7, 8) more times—64 (74, 84) sts total; 17 (19, 21) sts between markers for gusset.

Work one WS row in patt.

Next row (RS) Sl 1 wyf, knit to m, remove m, place next 17 (19, 21) sts on holder, remove m, CO 1 st, k8, work next row of Chart, k4, k1 tbl—48 (56, 64) sts.

Next row (WS) Sl 1 wyf, p4, work next row of Chart, p4, pm to mark side of mitten, purl to last st, k1 tbl.

Upper hand:

Next row (RS) Sl 1 wyf, knit to m, sl m, k4, work next row of Chart, k4, k1 tbl.

Cont in St st and Chart patt as established until mitten measures approximately 1½ (1¾, 2)" shorter than

desired finished length, ending with Row 12 (16, 16) of Chart.

Cont in St st and Chart patt as established working Rows 13–14 (17–20, 17–22) of Chart one time.

Shape tip:

Next row (RS) Sl 1 wyf, ssk, knit to 2 sts before m, k2tog, sl m, ssk, k2, [p1, k1 tbl] 7 (9, 11) times, p1, k2, k2tog, k1 tbl—(44, 52, 60) sts.

Next row (WS) Sl 1 wyf, p3, [k1, p1tbl] 7 (9, 11) times, k1, p3, sl m, purl to last st, k1 tbl.

Dec row (RS) Sl 1 wyf, ssk, knit to 2 sts before m, k2tog, sl m, ssk, work in patt to last 3 sts, k2tog, k1 tbl—4 sts dec'd.

Cont in patt, rep Dec row every RS row three more times—28 (36, 44) sts rem.



Next row (WS) Sl 1 wyf, work in patt to m, turn work.

Break yarn, leaving a tail 15" long.

Fold mitten in half lengthwise at side marker. Thread tail on tapestry needle and graft top of mitten closed. Cont with same tail, sew side of mitten closed with mattress stitch.

Left Thumb:

Move 17 (19, 21) thumb sts from holder to dpn.

With RS facing, pick up and knit 1 st in crook of thumb—18 (20, 22) sts. Pm and join in the rnd.

Knit 1 rnd.

Dec rnd K1, k2tog, knit to last 2 sts, ssk—16 (18, 20) sts.

Work even in St st until thumb measures 2" from crook.

Sizes 7¾ (-, 9¾)" only:

Dec rnd [K2, k2tog] 4 (-, 5) times—12 (-, 15) sts.

Knit 1 rnd.

Size 8¾" only:

Dec rnd [K1, k2tog] 6 times—12 sts.

Knit 1 rnd.

All sizes:

Dec rnd [K1, k2tog] 4 (4, 5)

times—8 (8, 10) sts.

Knit 1 rnd.

Dec rnd K2tog 4 (4, 5) times—4 (4, 5) sts.

Break yarn and draw tail through rem sts. Pull tight to gather sts and fasten off on WS.

RIGHT MITTEN

Cuff:

Using Long-tail Cast-on method, CO 40 (48, 56) sts.

Note: The Right Cuff starts with a p1 tbl, unlike the Left Cuff, which started

with k1. This is intentional and sets up the ribbing to align with the chart.

Row 1 (WS) Sl 1 wyf, *p1tbl, k1; rep from * to last st, k1 tbl.

Row 2 (RS) Sl 1 wyf, *p1, k1 tbl; rep from * to last st, k1 tbl.

Rep Rows 1–2 until cuff measures 2 (2½, 3)" from CO edge, ending with a WS row.

Inc row (RS) Sl 1 wyf, kfb, k1, kfb, [k1 tbl, p1] 6 (8, 10) times, k1 tbl, pfb, k1, kfb, [kfb, k4 (5, 6)] 3 times, kfb, k3 (4, 5), k1 tbl—48 (56, 64) sts.

Next row (WS) Sl 1 wyf, p27 (31, 35), [k1, p1 tbl] 7 (9, 11) times, k1, purl to last st, k1 tbl.

Gusset:

Note: While shaping gusset, work Rows 1–6 (1–8, 1–8) of Chart one time, then rep Rows 7–12 (9–16, 9–16) of Chart as directed, then work Rows 13–14 (17–20, 17–22) of Chart one time.

Set-up row (RS) Sl 1 wyf, k4, work Row 1 of Chart for your size, k8, pm, M1R, k1, M1L, pm, knit to last st, k1 tbl—50 (58, 66) sts.

Next row (WS) Sl 1 wyf, purl to m, sl m, purl to m, sl m, p8, work Row 2 of Chart for your size, p4, k1 tbl.

Inc row (RS) Sl 1 wyf, k4, work next row of Chart, knit to m, sl m, M1R, knit to m, M1L, sl m, knit to last st, k1 tbl—2 sts inc'd.

Next row (WS) Sl 1 wyf, purl to m, sl m, purl to m, sl m, p8, work next row of Chart, purl to last st, k1 tbl.

Cont in patt, rep Inc row every RS row 6 (7, 8) more times—64 (74, 84) sts total; 17 (19, 21) sts between markers for gusset.

Work one WS row in patt.

Next row (RS) Sl 1 wyf, k4, work next row of Chart, knit to m, remove m, place next 17 (19, 21) sts on holder, remove m, CO 1 st, knit to last st, k1 tbl—48 (56, 64) sts.

Next row (WS) Sl 1 wyf, p23 (27, 31), pm to mark side of mitten, p4, work next row of Chart, p4, k1 tbl.

Upper hand:

Next row (RS) Sl 1 wyf, k4, work next row of Chart, knit to m, sl m, knit to last st, k1 tbl.

Cont in St st and Chart patt as established until mitten measures approximately 1½ (1¾, 2)" shorter than desired finished length, ending with Row 12 (16, 16) of Chart.

Cont in St st and Chart patt as established working Rows 13–14 (17–20, 17–22) of Chart one time.

Shape tip:

Next row (RS) Sl 1 wyf, ssk, k2, [p1, k1 tbl] 7 (9, 11) times, p1, knit to 2 sts before m, k2tog, sl m, ssk, knit to last 3 sts, k2tog, k1 tbl—(44, 52, 60) sts.

Next row (WS) Sl 1 wyf, purl to m, sl m, p3, [k1, p1tbl] 7 (9, 11) times, k1, purl to last st, k1 tbl.

Dec row (RS) Sl 1 wyf, ssk, work in patt to 2 sts before m, k2tog, sl m, ssk, work in patt to last 3 sts, k2tog, k1 tbl—4 sts dec'd.

Cont in patt, rep Dec row every RS row three more times—28 (36, 44) sts rem.

Next row (WS) Sl 1 wyf, work in patt to m, turn work.

Break yarn, leaving a tail 15" long.

Fold mitten in half lengthwise at side marker. Thread tail on tapestry needle and graft top of mitten closed. Cont with same tail, sew side of mitten closed with mattress stitch.

Right Thumb:

Work same as for Left Thumb.

FINISHING

Weave in ends. Block to measurements.

Serial yarn sniffer **KERRY BOGERT**

loves to spend her time knitting when she's not collaborating with the team at *Interweave* or editing *Interweave Knits* magazine. Her passion for making things with her hands is only matched by her love for her children and a well-attenuated stout. Kerry endeavors to never stop learning, buying yarn, or collecting beads. Read her latest articles at www.interweave.com.



HEARTH HAT

SANDI ROSNER

Difficulty ●○○○

Yarn Weight (2)

Finished size 16½ (19, 21¼)" circumference and 8 (8¾, 8¾)" tall, unstretched. Hat shown measures 19" and will easily stretch to fit a 22" head.

Yarn Handspun (100% Icelandic wool; approximately 244 yd [223 m]/3½ oz [100 g]): undyed, 70 (80, 90) g.

Needles Size 2 (2.75 mm): 16" circular (cir). Size 4 (3.5 mm): 16" cir and set of double-pointed (dpn). Adjust needle size if necessary to obtain the correct gauge.

Notions Markers (m); cable needle (cn); tapestry needle.

Gauge 34 sts and 31 rnds = 4" in Chart patt using larger needles.

-  purl
-  k1tbl
-  k2tog
-  ssk
-  p2tog
-  sl 1 st onto cn, hold in back, k1tbl, p1 from cn
-  sl 1 st onto cn, hold in front, p1, k1tbl from cn
-  sl 2 sts onto cn, hold in back, k1tbl, [p1, k1tbl] from cn
-  sl 1 st onto cn, hold in front, k1tbl, p1, k1tbl from cn
-  sl 2 sts onto cn, hold in back, k1tbl, p2 from cn
-  sl 1 st onto cn, hold in front, p2, k1tbl from cn
-  pattern repeat

NOTES

- For techniques you don't know, please visit our online knitting glossary at www.interweave.com/interweave-knitting-glossary.
- This hat is worked in the round from the bottom up.
- This hat was made with yarn hand-spun by the designer. To substitute, choose a sport- or DK-weight yarn and swatch to make sure you can match the gauge. You'll need about 145 (180, 200) yd.

HAT

With smaller cir, using Alternating Long-tail Cast-on method, CO 140 (160, 180) sts. Place marker (pm) and join in the round.

Rnd 1 *K1 tbl, p1; rep from * to end. Rep Rnd 1 until piece measures 1½".

Change to larger cir.

Work Rnds 1–6 of Chart one time.

Work Rnds 7–12 of Chart 4 (5, 5) times.

Shape crown:

Work Rnds 13–29 of Chart, changing to dpn when necessary—28 (32, 36) sts rem.

Next rnd *K2 tbl, p1, k1 tbl; rep from * to end.

Next rnd *K2tog 14 (16, 18) times—14 (16, 18) sts.

Next rnd *K2tog 7 (8, 9) times—7 (8, 9) sts.

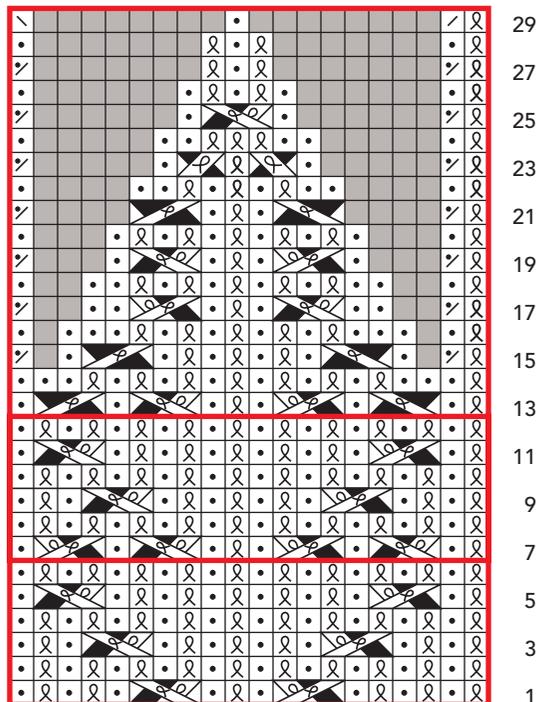
Break yarn and draw tail through rem sts. Pull tight to gather sts and fasten off on WS.

FINISHING

Weave in ends. Block to measurements.

SANDI ROSNER is the technical content editor for all things yarn at Interweave. She has been a knitter for more than 40 years. She owned a local yarn store, was the creative director for a large yarn company, and has worked extensively as a designer, technical editor, writer, and teacher. Sandi is a California girl transplanted to South Carolina. When she isn't knitting, she usually has her nose in a book. You'll find new technical content from Sandi nearly every week at www.interweave.com.

CHART



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20-st rep to 4-st rep

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Crafting a Beloved Community

BY DR. LIZ PIATT

I am a Black woman who knits. Like a lot of Black, Indigenous, and People of Color (BIPOC), I have had negative experiences in the making community. When I walked into a local yarn shop (LYS) for the first time, the white women who were there stopped talking to one another. They looked at me, then looked at one another with unease on their faces. They started whispering to one another. I walked around the shop, looking at yarn. The salesperson never greeted me or asked if I needed help finding something; she just continued to whisper and look at me like I had purple feathers growing out of my ears. It was clear from the whispers and the stares that those women thought I was out of place—that I didn't belong—so I walked out and didn't go back to a LYS for 20 years.

I want to create spaces where no one is treated like I was at that shop. For me, that means talking to people about how to create a beloved community, where everyone feels a sense of belonging. When you feel like you belong, you can breathe, relax, and be authentically who you are. Imagine a place or moment when you really felt like that. Who was there? How did people treat you? What did the space look like? When we experience belonging, we feel welcomed, cared for, and seen. This feeling of belonging is what makes a community "beloved."

Beloved community is a space in which everyone can fully participate in the life of the community. It starts with creating a space where everyone can be who they are because there is an agreement to lead with love. Even if you are happy with your current knitting group, if that group doesn't reflect the diversity of your community, that hurts all of us. One of the reasons political divisions seem so pervasive now is because too many of us don't spend time with people who don't look and think like we do. But research shows that making connections with those who are different from us increases understanding and lessens prejudice and discrimination. If we really want a world free of racism, we all need to work to build beloved community.



IMAGE SOURCE TARA MOORE/GETTY IMAGES

The Rev. Dr. Martin Luther King Jr. said love is at the center of a beloved community. Every encounter that we have with others begins with, and is guided by, love of the other person's humanity. If I love you, I am going to be concerned about your well-being; I am going to want the best for you; I am going to listen to you; and I am going to work to understand those things you have said are important to you.

Another important ingredient is accountability. If we love one another, then we have to agree to hold one another accountable and be accountable to one another. This means if I see that you aren't living up to your commitment to beloved community, I can call you out on that.

Beloved community also requires reconciliation. Reconciliation is apologizing for the harm that your actions have caused and repairing that harm in a way that is meaningful to the person or group that was harmed. Too often, we deliver an apology and nothing else. Reconciliation requires that we take action after we recognize that harm was done. If a BIPOC person says that something you did caused them harm, listen. Even if it wasn't your intention to cause harm, acknowledge that the impact was harmful and apologize for the impact. Then educate yourself on how you can approach that situation differently the next time.

Oftentimes, people will ask me how they can create beloved community where they are. I'd like to share what I think that looks like in a knitting space, like your knitting circle or LYS.

It begins with you! If you want an inclusive community, you must diversify your personal network. That means going into spaces that you haven't been to before, getting involved in new places, and reaching out to people you haven't reached out to in the past. It also means educating yourself on things such as systemic racism and how to be a good anti-racist ally. This can be really uncomfortable, but it is a necessary step if you want beloved community.

You should also take a look at your meeting space, because the places where you gather can have as much of an impact on belonging as the people in the room. The art on the walls, the physical location, and the greeter who warmly welcomes people or not—each or all can have an impact on whether someone feels safe or accepted.

I hope that you will take some of these ideas and work to make your group more reflective of the diversity in our world. If we all take action, more of us can experience the joy of belonging to a beloved community of makers.

DR. LIZ PIATT holds a doctorate in sociology and is a certified lay minister in the United Methodist Church. When she isn't knitting or squishing yarn, she teaches, writes, and hosts a podcast about the relationship between race and lived experience from a progressive biblical perspective. You can connect with her on Instagram and YouTube @theblackknitter.

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