

A close-up photograph of a beige knitted garment, likely a hoodie or sweater. The focus is on the intricate cable knit pattern on the shoulder and upper chest area. A thick, braided drawstring is visible, running vertically down the center. The background is a soft, out-of-focus blue-grey color. The lighting is natural and soft, highlighting the texture of the wool or cotton yarn.

**#hood\_and\_shoulders**  
knitting pattern

by Margaryta Berdychevska

# #hood\_and\_shoulders

*Hello dear knitter. I am very glad that you've chosen my knitting pattern **#hood\_and\_shoulders**.*

*It is worked top down with back and forth rows. First the back is worked, then the left and right shoulders. After each shoulder is worked we knit them together. Hood is worked with picked up stitches in the neck area bottom-up.*

*The hood is made in two variations. One with cables all over the front yoke and other with cables on the right side of the front yoke.*

*There are two sizes of #hood\_and\_shoulders 1 (2).*

<b>Size 1</b>	<b>Size 2</b>
<i>Back width - 37 cm, 14.56 inches Back length - 28 cm, 11.02 inches Hood height - 26,5 cm, 10.43 inches Hood width - 25 cm, 9.84 inches.</i>	<i>Back width - 40 cm, 15.74 inches Back length - 28 cm, 11.02 inches Hood height - 28 cm, 11.02 inches Hood width - 26 cm, 10.23 inches</i>

*You will find underlined blue text - it is a Youtube and Google disk link to the video tutorial of the item that is described in the text. The link to the video will appear at the beginning of the new description section so you don't have to go back to the vocabulary section every time to watch the video.*

*Happy Knitting.*

## Yarn and tools

**Yarn** - 125 g of Lamana Como [25 g - 120 m], 125 g of Cardiff Cashmere classic [25 g - 112 m], 140 g of Regia Premium Merino Yak [100 g - 400 m].

**Gauge:** 26 sts x 36 rows = 10x10 cm in stockinette stitch after washing.

**Needles** - Circular needles: 3.5 mm [US 4] 80 or 100 cm [32 or 40 inches], 3.5 mm [US 4] 40 cm [16 inches], 3 mm [US 2.5] 40 cm [16 inches].

**Tapestry needle**

**Stitch holder**

**Cable needle**

**Scissors**

**Stitch markers**

**Different color yarn** for provisional Cast On

# Vocabulary

**k** - knit.

**p** - purl.

**CO** - cast on.

**BO** - bind off.

**M/PM** - marker/place marker.

**RS** - right side.

**WS** - wrong side.

**BOR** - beginning of a round/row.

**yo** - yarn over.

**ssk** - slip slip knit - knit 2 sts together through the back loop - SL 1st knitwise, slip 2nd st knitwise, knit them together through the back loops (decrease).

**k2tog** - knit 2 sts together (decrease).

**K1R** - knit one right increase.

**K1L** - knit one left increase.

**P1R** - purl one right increase.

**P1L** - purl one left increase.

**double p st** - slip the 1st stitch with the yarn in front, pull the yarn to the back of the work OVER TOP of the right needle (this will distort the stitch, making it look as if there are 2 sts instead of 1)

**double k st** - slip the 1st stitch with the yarn in back (first slip the yarn, then the stitch, pull the yarn, making one stitch look like two stitches)

**knit double st**

**purl double st**

**C2R** - slip 1 st to cable needle (or use any additional needle) hold back, k1, k1 from cable needle.

**C2L** - slip 1 st to cable needle (or use any additional needle) hold front, k1, k1 from cable needle.

**C6R** - slip 3 st to cable needle (or use any additional needle) hold back, k3, k3 from cable needle.

**C6L** - slip 3 st to cable needle (or use any additional needle) hold front, k3, k3 from cable needle.

**provisional cast on**

Using 3.5 mm [US 4] 80 or 100 cm [32 or 40 inches] circular needles CO **34 (38)** sts working [provisional cast on](#).

**Row 1 (WS):** p34 (38), turn.

**Row 2 (RS):** k3, [K1L](#), k28 (32), [K1R](#), k3, turn.

**Row 3 (WS):** p3, [P1R](#), p30 (34), [P1L](#), p3, turn.



Keep on making 2 increases in every row till you reach 96 (104) sts total.

Then work stockinette stitch 96 (104) sts to Row 72.

Starting from Row 72 you may start working on 2x2 ribbing, keeping in mind that the first and the last 3 sts in RS are knit sts.

**Row 101 - 105: ribbing 2x2.**

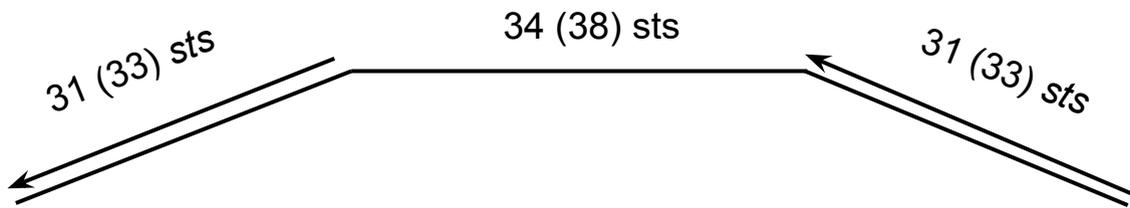
BO 96 (104) sts.

## Left shoulder in stockinette stitch

RS facing pick up 31 (33) sts heading to the left towards shoulder and turn.

The first row is WS.





**Row 1 (WS):** p31 (33), turn.

**Row 2 (RS):** k31 (33), turn.

Work **Row 1-2** to row 19.

**Row 20 (RS):** k3, **K1L**, k28 (30) (e.i., k till end of a row), turn.

**Row 21 (WS) and all WS rows:** purl, turn.

**Row 22 (RS):** k32 (34), turn.

**Row 24 (RS):** k3, K1L, k29 (31), turn.

**Row 26 (RS):** k33 (35), turn.

**Row 28 (RS):** k3, K1L, k30 (32), turn.

**Row 30 (RS):** k3, K1L, k31 (33), turn.

**Row 32 (RS):** k3, K1L, k32 (34), turn.

**Row 34 (RS):** k3, K1L, k33 (35), turn.

**Row 35 (WS):** p37 (39), turn.

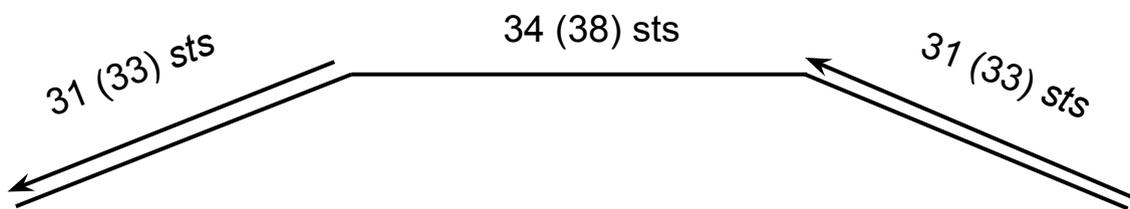
Slip 37 (39) sts on stitch holder and break the yarn.

## Left shoulder with cables

RS facing pick up 31 (33) sts heading to the left towards shoulder and turn.

The first row is WS.





**Row 1 (WS):** p3, k2, p6, k2 (4), p6, k2, p2, k2, p6, turn.

**Row 2 (RS):** k6, p2, **C2R**, p2, k6, p2 (4), k6, p2, k3, turn.

Repeat **Rows 1-2** three more times.

**Row 9 (WS):** repeat **Row 1**.

**Row 10 (RS):** k6, p2, C2R, p2, **C6L**, p2 (4), **C6R**, p2, k3, turn.

Repeat **Rows 1-9** one more time.

**Row 20 (RS):** k3, **K1L**, k3, p2, C2R, p2, C6L, p2 (4), C6R, p2, k3, turn.

**Row 21 (WS):** p3, k2, p6, k2 (4), p6, k2, p2, k2, p7, turn.

**Row 22 (RS):** k7, p2, C2R, p2, k6, p2 (4), k6, p2, k3, turn.

**Row 23 (WS):** repeat **Row 21**.

**Row 24 (RS):** k3, **P1L**, k4, p2, C2R, p2, k6, p2 (4), k6, p2, k3, turn.

**Row 25 (WS):** p3, k2, p6, k2 (4), p6, k2, p2, k2, p4, k1, p3, turn.

**Row 26 (RS):** k3, p1, k4, p2, C2R, p2, k6, p2 (4), k6, p2, k3, turn.

**Row 27 (WS):** repeat **Row 25**.

**Row 28 (RS):** k3, P1L, p1, k4, p2, C2R, p2, k6, p2 (4), k6, p2, k3, turn.

**Row 29 (WS):** p3, k2, p6, k2 (4), p6, k2, p2, k2, p4, k2, p3, turn.

**Row 30 (RS):** k3, K1L, p2, k4, p2, C2R, p2, C6L, p2 (4), C6R, p2, k3, turn.

**Row 31 (WS):** p3, k2, p6, k2 (4), p6, k2, p2, k2, p4, k2, p4, turn.

**Row 32 (RS):** k3, K1L, k1, p2, k4, p2, C2R, p2, k6, p2 (4), k6, p2, k3, turn.

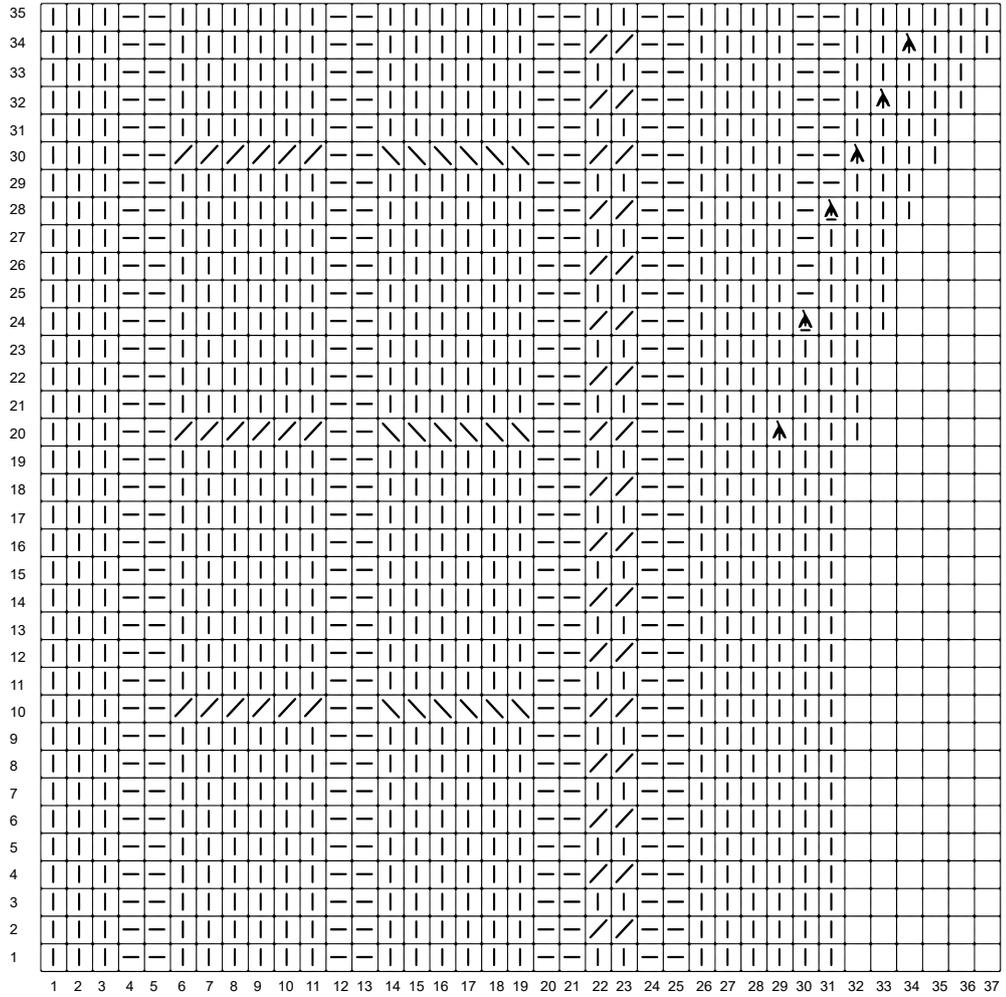
**Row 33 (WS):** p3, k2, p6, k2 (4), p6, k2, p2, k2, p4, k2, p5, turn.

**Row 34 (RS):** k3, K1L, k2, p2, k4, p2, C2R, p2, k6, p2 (4), k6, p2, k3, turn.

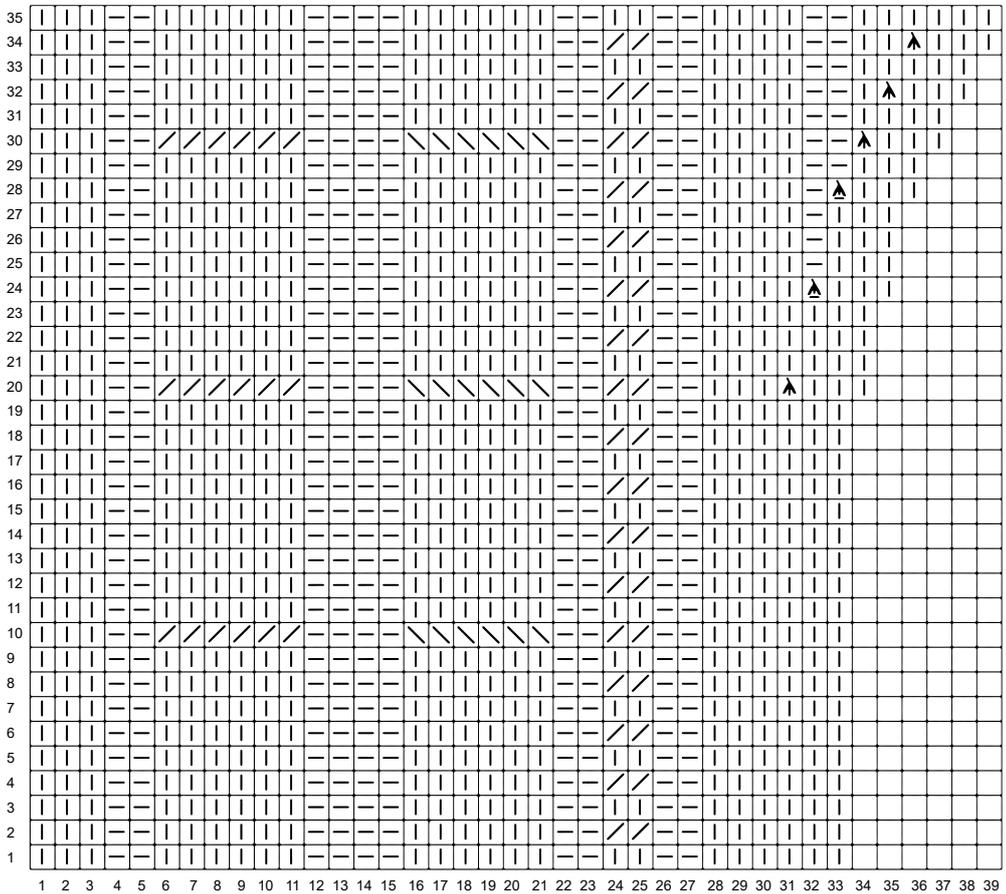
**Row 35 (WS):** p3, k2, p6, k2 (4), p6, k2, p2, k2, p4, k2, p6, turn.

Slip 37 (39) sts on stitch holder and break the yarn.

Left shoulder **size 1** chart. The first row is WS.



Left shoulder **size 2** chart. The first row is WS.

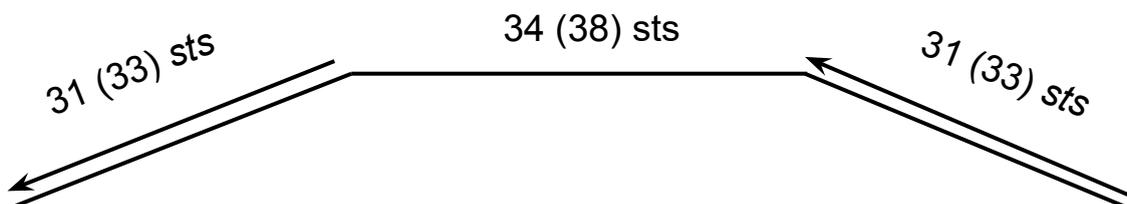


- | - knit from the Right Side, purl from the Wrong Side
- - purl from the Right Side, knit from the Wrong Side
- ↗ - K1R (knit one right increase)
- ↘ - P1R (purl one right increase)
- ↖ - K1L (knit one left increase)
- ↙ - P1L (purl one left increase)
- ↘ - C2(6)L
- ↙ - C2(6)R

## Right shoulder with cables

The right shoulder is worked with cables for both variations.

RS facing pick up 31 (33) sts heading to the left towards the neck area and turn.



**Row 1 (WS):** p6, k2, p2, k2, p6, k2 (4), p6, k2, p3, turn.

**Row 2 (RS):** k3, p2, k6, p2 (4), k6, p2, **C2L**, p2, k6, turn.

Repeat **Rows 1-2** three more times.

**Row 9 (WS):** repeat **Row 1**.

**Row 10 (RS):** k3, p2, **C6L**, p2 (4), **C6R**, p2, C2L, p2, k6, turn.

Repeat **Rows 1-9** one more time.

**Row 20 (RS):** k3, p2, C6L, p2 (4), C6R, p2, C2L, p2, k3, **K1R**, k3, turn.

**Row 21 (WS):** p7, k2, p2, k2, p6, k2 (4), p6, k2, p3, turn.

**Row 22 (RS):** k3, p2, k6, p2 (4), k6, p2, C2L, p2, k7, turn.

**Row 23 (WS):** repeat **Row 21**.

**Row 24 (RS):** k3, p2, k6, p2 (4), k6, p2, C2L, p2, k4, **P1R**, k3, turn.

**Row 25 (WS):** p3, k1, p4, k2, p2, k2, p6, k2 (4), p6, k2, p3, turn.

**Row 26 (RS):** k3, p2, k6, p2 (4), k6, p2, C2L, p2, k4, p1, k3, turn.

**Row 27 (WS):** repeat **Row 25**.

**Row 28 (RS):** k3, p2, k6, p2 (4), k6, p2, C2L, p2, k4, p1, P1R, k3, turn.

**Row 29 (WS):** p3, k2, p4, k2, p2, k2, p6, k2 (4), p6, k2, p3, turn.





## Working right and left shoulders together.

Rows' numbering remains.



**Row 36 (RS):** k3, p2, k6, p2 (4), k6, p2, C2L, p2, k4, p2, k6, CO 22 (26) sts with [provisional cast on](#), k37 (39) - sts from stitch holder of the left shoulder, turn.

**Row 37 (WS):** p47 (51), k2 (4), p2, k2, p4, k2, p6, k2, p4, k2, p2, k2, p6, k2 (4), p6, k2, p3, turn.

**Row 38 (RS):** k3, p2, k6, p2 (4), k6, p2, [C2L](#), p2, k4, p2, k6, p2, k4, p2, [C2R](#), p2 (4), k47 (51), turn.

**Row 39 (WS):** repeat **Row 37**.

**Row 40 (RS):** k3, p2, [C6L](#), p2 (4), [C6R](#), p2, C2L, p2, k4, p2, C6L, p2, k4, p2, C2R, p2 (4), k47 (51), turn.

**Row 41 (WS):** repeat **Row 37**.

Keep on working back and forth rows to **Row 100**, making C2R and C2L every RS row and making C6R and C6L every 10th Row (RS).

**Row 101 (WS):** p3, \*k2, p2 - repeat 11 more times, k2 (4), (p2, k2,) p4, k2, p6, k2, p4, k2, p2, k2, p6, k2 (4), p6, k2, p3, turn.

**Row 102 (RS):** k3, p2, k6, p2 (4), k6, p2, C2L, p2, k4, p2, k6, p2, k4, p2, C2R, p2 (4), \*k2, p2, repeat 10 (11) more times, k3, turn.

**Row 103:** repeat **Row 101**.

**Row 104:** repeat **Row 102**.

**Row 105:** repeat **Row 103**.

BO **96 (104)** sts.

### Working the right and left shoulder together.

Rows' numbering remains.



**Row 36 (RS):** k3, p2, k6, p2 (4), k6, p2, **C2L**, p2, k4, p2, k6, CO 22 (26) with **provisional cast on**, - the following sts are the sts from left shoulder with cables - k6, p2, k4, p2, **C2R**, p2, k6, p2 (4), k6, p2, k3, turn.

**Row 37 (WS):** p3, k2, p6, k2 (4), p6, k2, p2, k2, p4, k2, p6, k2, p4, \*k2, p2\*, 1 (2) more times, k2, p4, k2, p6, k2, p4, k2, p2, k2, p6, k2 (4), p6, k2, p3, turn.

**Row 38 (RS):** k3, p2, k6, p2 (4), k6, p2, C2L, p2, k4, p2, k6, p2, k4, p2, C2R, p2, (k2, p2), C2L, p2, k4, p2, k6, p2, k4, p2, C2R, p2, k6, p2 (4), k6, p2, k3, turn.

**Row 39 (WS):** repeat **Row 37**.

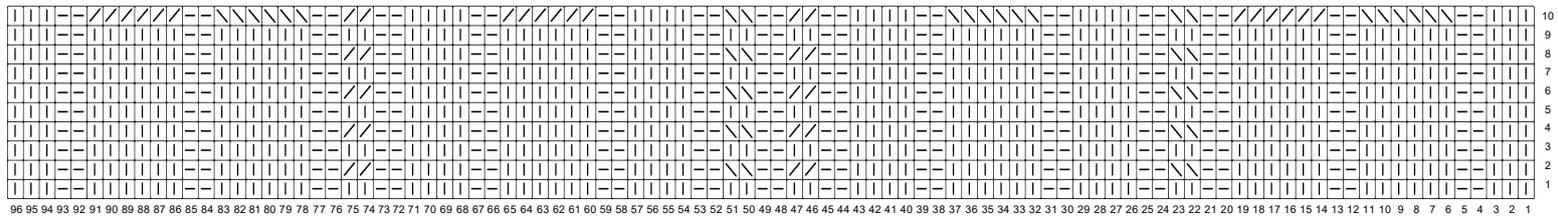
**Row 40 (RS):** k3, p2, **C6L**, p2 (4), **C6R**, p2, C2L, p2, k4, p2, C6L, p2, k4, p2, C2R, p2, (k2, p2), C2L, p2, k4, p2, C6R, p2, k4, p2, C2R, p2, C6L, p2 (4), C6R, p2, k3, turn.

**Row 41 (WS):** repeat **Row 37**.

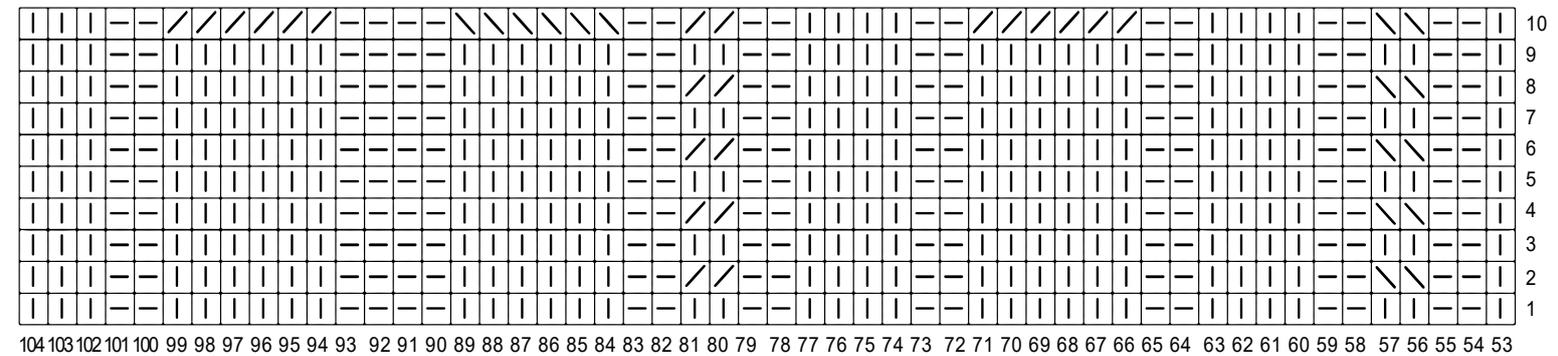
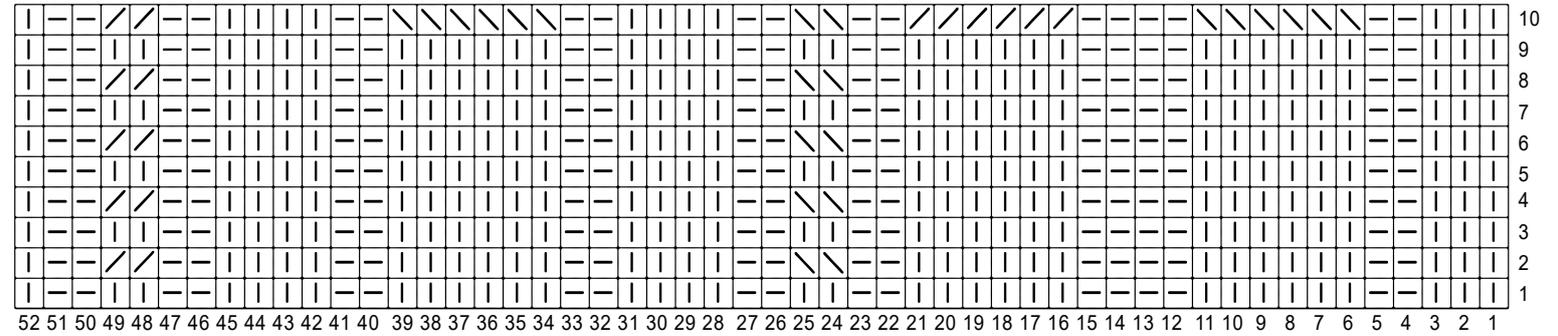
Keep on working back and forth rows to **Row 105**, making C2R and C2L every RS row and making C6R and C6L every 10th Row (RS).

BO **96 (104)** sts.

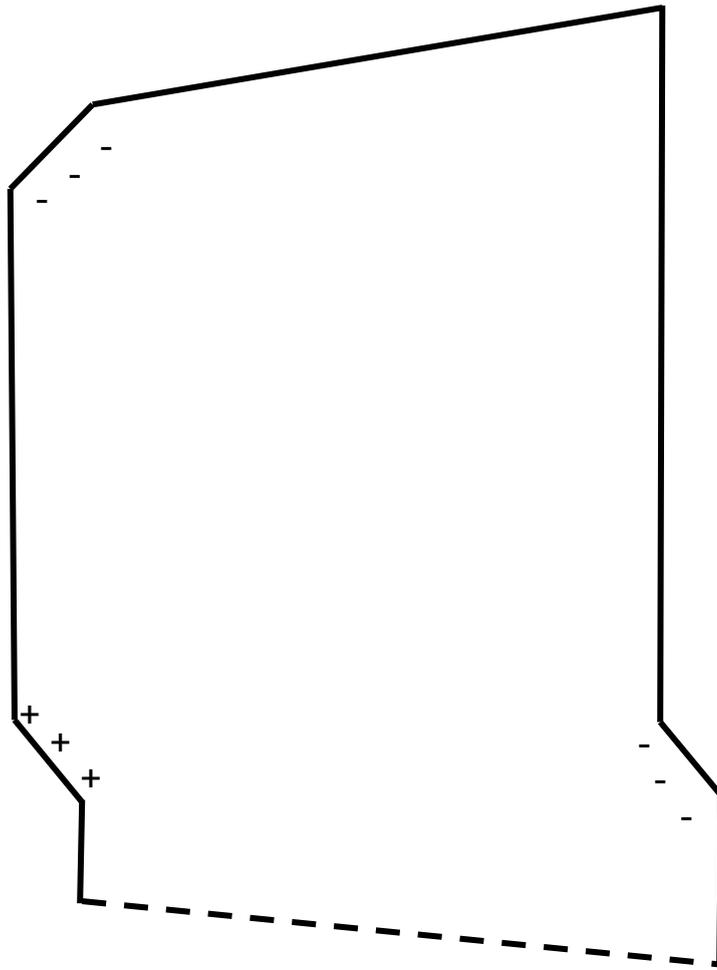
## Size 1 chart (zoom in)



## Size 2 chart (part 1 and part 2)



- | - knit from the Right Side, purl from the Wrong Side
- - purl from the Right Side, knit from the Wrong Side
- \ - C2(6)L
- / - C2(6)R



Pick up **130 (138) sts** with 3.5 [US 4] 40 cm [16 inches] circular needles starting from the right shoulder and moving along the back back towards the left shoulder RS facing all around the neck area. Remove yarn from provisional cast on.

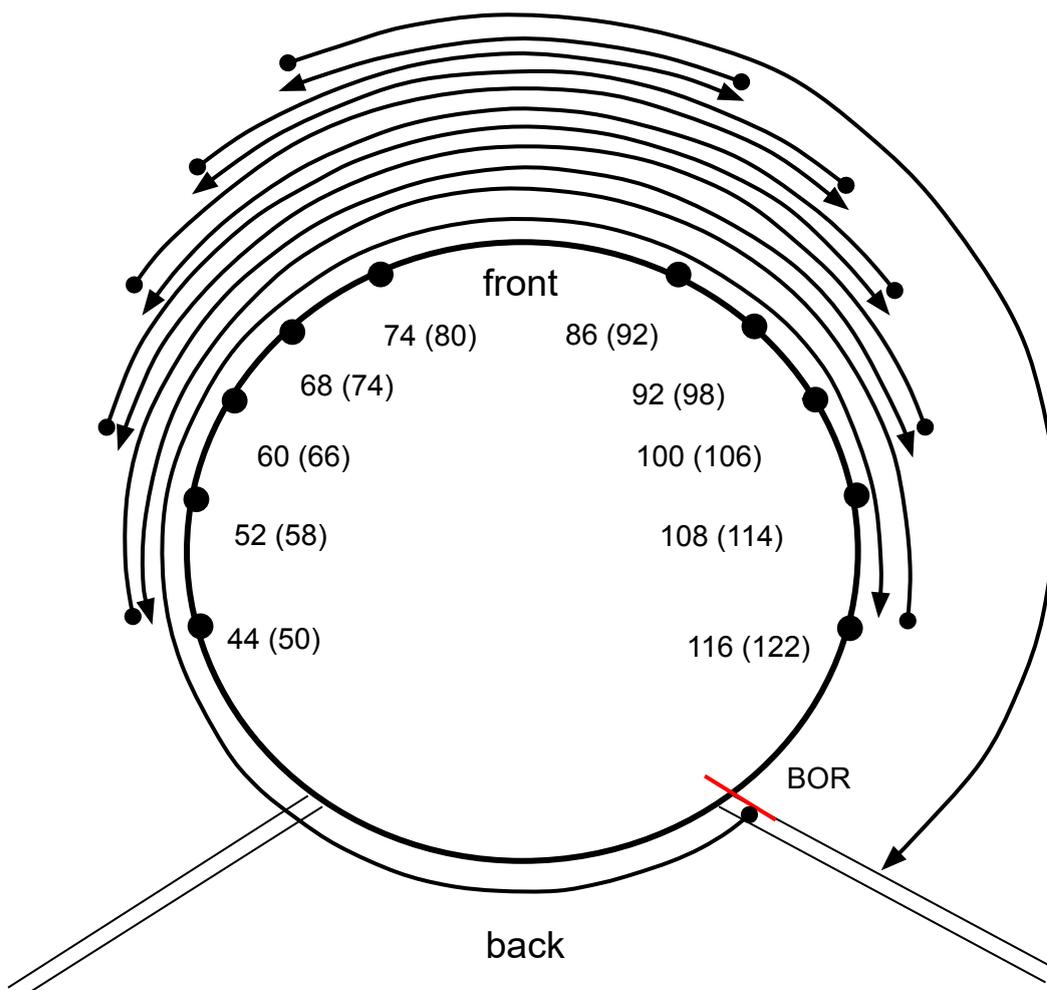
PM for BOR.

Work 10 (12) **rounds** in stockinette stitch.

Now we start working German short rows around the neck.

PM from BOR on 44 (50), 52 (58), 60 (66), 68 (74), 74 (80), 86 (92), 92 (98), 100 (106), 108 (114), 116 (122) sts. This is where we will turn the work for short rows.

## German short rows chart



**Row 1 (RS):** k116 (122), turn.

Further the number of sts is the same for both sizes.

**Row 2 (WS):** [double p st](#), p71, turn.

**Row 3 (RS):** [double k st](#), k63, turn.

**Row 4 (WS):** double p st, p55, turn.

**Row 5 (RS):** double k st, k47., turn.

**Row 6 (WS):** double p st, p39, turn.

**Row 7 (RS):** double k st, k31, turn.

**Row 8 (WS):** double p st, p23, turn.

**Row 9 (RS):** double k st, k17, turn.

**Row 10 (WS):** double p st, p11, turn.

**Row 11 (RS):** double k st, k55 (57) to BOR. [Knit all double sts.](#)

Work full round 130 (138) sts, knit all double sts and take away markers.

Further the hood is worked in back and forth rows.

**Row 1 (RS):** k12 (15), **K1R**, M, k6, M, **K1L**, k55 (59), slip the next 14 sts to the stitch holder, turn.

Use 3.5 [US 4] 80 or 100 cm [32 or 40 inches] circular needles.

**Row 2 (WS):** p118 (126), turn.

**Row 3 (RS):** k3, **ssk**, k51 (55), K1R, M, k6, M, K1L, k51 (55), **k2tog**, k3, turn.

**Row 4 (WS):** purl, turn.

Repeat **Row 3-4** three more times.

**Row 11 (RS):** k56 (60), K1R, M, k6, M, K1L, k56 (60), turn.

**Row 12 (WS):** and all WS rows - purl.

**Row 13 (RS):** k3, **ssk**, k52 (56), K1R, M, k6, M, K1L, k52 (56), **k2tog**, k3, turn.

**Row 15 (RS):** k57 (61), K1R, M, k6, M, K1L, k57 (61), turn.

**Row 17 (RS):** k58 (62), K1R, M, k6, M, K1L, k58 (62), turn.

**Row 18 (WS):** purl.

Next work 50 (56) rows in stockinette stitch.

Making the right form of the hood we will make decreases at the back part of it.

**Row 1 (RS):** k57 (61), **k2tog**, M, k6, M, **ssk**, k57 (61), turn.

**Row 2 and all WS rows:** purl.

**Row 3 (RS):** k56 (60), **k2tog**, M, k6, M, **ssk**, k56 (60), turn.

**Row 5 (RS):** k55 (59), **k2tog**, M, k6, M, **ssk**, k55 (59), turn.

**Row 7 (RS):** k54 (58), **k2tog**, M, k6, M, **ssk**, k54 (58), turn.

**Row 9 (RS):** k53 (57), **k2tog**, M, k6, M, **ssk**, k53 (57), turn.

**Row 10 (WS):** purl.

To make the right form of a top of the hood we will work German short rows by both sides of it.

PM at both edges of the hood on

10 (11), 20 (21), 30 (31), 40 (37), 44 (43), 48 (49), 51 (52), 56 (55), (60 for size 2) sts. This is where we turn for short rows. At first we will work short rows at the right edge then at the left edge.

#### The right edge

**Row 1 (RS):** k52 (56), **k2tog**, k2, turn.

**Row 2 (WS):** double p st, p54 (58), turn.

**Row 3 (RS):** k51 (55), turn.

**Row 4 (WS):** double p st, p50 (54) (to the end of a row), turn.

**Row 5 (RS):** k48 (52), turn.

**Row 6 (WS):** double p st, p47 (51), turn.

**Row 7 (RS):** k44 (49), turn.

**Row 8 (WS):** double p st, p43 (48), turn.

**Row 9 (RS):** k40 (43), turn.

**Row 10 (WS):** double p st, p39 (42), turn.

**Row 11 (RS):** k30 (37), turn.

**Row 12 (WS):** double p st, p29 (36), turn.

**Row 13 (RS):** k20 (31), turn.

**Row 14 (WS):** double p st, p19 (30), turn.

**Row 15 (RS):** k10 (21), turn.

**Row 16 (WS):** double p st, p9 (20), turn.

Short rows are over for the size 1. Move to **Row 19**.

**Row 17 (RS):** k(11), turn.

**Row 18 (WS):** double p st, p(10), turn.

**Row 19 (RS):** k51 (55), k2tog, M, k6, M, ssk, k52 (56), (k all double sts), turn.

### Short rows at the left edge of a hood

**Row 1 (WS):** p55 (59), turn.

**Row 2 (RS):** double k st, k1, ssk, k51 (55), turn.

**Row 3 (WS):** p51 (55), turn.

**Row 4 (RS):** double k st, k50 (54) (to the end of a row), turn.

**Row 5 (WS):** p48 (52), turn.

**Row 6 (RS):** double k st, k47 (51), turn.

**Row 7 (WS):** p44 (49), turn.

**Row 8 (RS):** double k st, k43 (48), turn.

**Row 9 (WS):** p40 (43), turn.

**Row 10 (RS):** double k st, k39 (42), turn.

**Row 11 (WS):** p30 (37), turn.

**Row 12 (RS):** double k st, k29 (36), turn.

**Row 13 (WS):** p20 (31), turn.

**Row 14 (RS):** double k st, k19 (30), turn.

**Row 15 (WS):** p10 (21), turn.

**Row 16 (RS):** double k st, k9 (20), turn.

Short rows are over for the size 1. Move to **Row 19**.

**Row 17 (WS):** p(11), turn.

**Row 18 (RS):** double k st, k(10), turn.

**Row 19 (WS):** p110 (118) (to the end of the row). [Purl all double sts.](#)

Break the yarn leaving a tail approx. 150-160 cm long [63 inches]. Fold the edges of the hood and make [The Kitchener Stitch](#) of 55 (59) sts using tapestry needle.

Using 3 mm [US 2.5] 40 cm [16 inches] circular needles slip 14 sts from a stitch holder (put any yarn of a different color through these 14 sts. It will help to sew the sts afterwards) and pick up 130 (142) sts along the edge of a hood. Picking up 2 sts every 3 sts. [Follow the video](#). **PM of a BOR.**

Total amount of sts 144 (156).

If you would like to make a cord you have to make holes for it.

Work 144 (156) sts in stockinette stitch for 3 **rounds**.

**Round 4:** k14, k2tog, yo, k126 (138), k2tog, yo.

Keep on working stockinette stitch for 8 more rounds.

If you don't want to male cord just work 144 (156) sts in stockinette stitch for 12 **rounds**.

Break the yarn leaving about 3 m long tail in order to sew the edge of the hood.

[Follow the video of sewing](#).

[Work the cord](#) about 1 m length and put it through the holes in hood. Make knots at the ends of the cord.

Now the hood is ready. Wash it and enjoy wearing it.



Share your photos of this pattern on social networks and put the hashtag **#hood\_and\_shoulders**

For all questions regarding the description, please email - [margaryta.berdychevska@gmail.com](mailto:margaryta.berdychevska@gmail.com) or on instagram [@margaryta](https://www.instagram.com/margaryta)