

PetiteKnit

HOLGER SHIRT



Sizes:	1-2 (2-3) 3-4 (4-5) 5-6 (6-7) 7-8 (8-9) 9-10 (10-11) 11-12 (12-14) years
Chest circumference:	65 (66) 67 (69) 71 (74) 75 (80) 83 (90) 91 (94) cm [25½ (26) 26½ (27¼) 28 (29¼) 29½ (31½) 32¾ (35½) 35¾ (37) inches]
Length:	35 (37) 40 (41) 43 (46) 47 (48) 49 (50) 51 (53) cm [13¾ (14½) 15¾ (16¼) 17 (18) 18½ (19) 19¼ (19¾) 20 (20¾) inches] measured mid back excl. neck edge
Gauge:	28 sts x 40 rows = 10 x 10 cm [4 x 4 inches] in stockinette stitch on 3 mm [US2½] needles
Needles:	Circular needles: 3 mm [US2½] / 60 or 80 cm [24 or 32 inches] and 2.5 mm [US1½] / 40 and 60 and/or 80 cm [16 and 24 and/or 32 inches] Double-pointed needles: 2.5 mm [US1½] and 3 mm [US2½] (unless the <i>Magic Loop</i> technique is used)
Materials:	6 different colors of Sunday by Sandnes Garn (50 g = 235 m [257 yds]) or Tynn Peer Gynt by Sandnes Garn (50 g = 205 m [224 yds]) or Merino by Knitting for Olive (50 g = 250 m [273 yds]) Stripe colors for the body: Approx. 30 (35) 40 (43) 47 (54) 59 (64) 69 (74) 79 (84) g in each color Rib hem on the body: Approx. ca. 11 (11) 12 (12) 13 (13) 14 (14) 15 (15) 16 (16) g Sleeves: Approx. 13 (15) 18 (21) 23 (25) 27 (29) 31 (34) 37 (40) g in each color Neck edge: Approx. 8 (8) 9 (9) 9 (11) 11 (11) 11 (12) 12 (12) g

PATTERN

The Holger Shirt is worked from the top down. The body is worked in stockinette stitch with stripes, while the sleeves and neck edge are each worked in a different solid color. First, the back yoke is worked back and forth with the slope of the shoulders being shaped using short rows and in stripes, which are worked at the same time. Each shoulder is then worked back and forth on a circular needle, and then the shoulders are joined to form the front yoke. The front and back yoke are joined at the underarms to form the body, which is worked in the round on a circular needle with stripes. The sleeves are worked down from stitches that are picked up and knitted around the armholes. At the end, a folded neck edge is worked from stitches that are picked up and knitted along the neckline.

Size guide

The Holger Shirt is designed to have approx. 12 cm [4¾ inches] of positive ease. The sizes 1-2 (2-3) 3-4 (4-5) 5-6 (6-7) 7-8 (8-9) 9-10 (10-11) 11-12 (12-14) years are designed to fit a chest circumference of 53 (54) 56 (57) 59 (62) 64 (68) 72 (75) 78 (82) cm [20¾ (21¼) 22 (22½) 23¼ (24½) 25¼ (26¾) 28¼ (29½) 30¾ (32¼) inches]. The measurements for the finished shirt can be found on the front page of the pattern (please note that these measurements are only achieved if the correct gauge is maintained). If the intended wearer measures 62 cm [24½ inches] around the chest, you should knit a size 6-7 years. A size 6-7 years shirt has a chest circumference of 74 cm [29¼ inches] which in the given example would give the intended wearer 12 cm [4¾ inches] of positive ease. If the measured chest circumference deviates from the age guide, you can adjust the length to fit the person you're knitting for. The same applies if the child is shorter or taller than average.

About increases and decreases

Increases and decreases are worked so they either slant left (M1L and skp) or right (M1R and k2tog) (see video at www.petiteknit.com).

M1R: Insert the left needle under the strand that runs between the stitches from back to front, then knit this strand.

M1L: Insert the left needle under the strand that runs between the stitches from front to back, then knit this strand through the back loop.

K2tog: Knit 2 stitches together.

Skp: Slip 1 stitch knit-wise, k1, pass the slipped stitch over the knitted stitch.

Back yoke

The back yoke is worked back and forth. Short rows are worked to shape the shoulders. Use the technique named *German Short Rows* when working short rows, meaning when the pattern says "turn" (see video at www.petiteknit.com).

Work as follows:

Cast on 91 (92) 94 (96) 100 (104) 105 (112) 116 (126) 128 (132) sts on a 3 mm [US2½] / 60 cm [24 inches] circular needle with the darkest of your two stripe colors.

Break the yarn.

Slip the first 30 (30) 30 (30) 32 (34) 34 (36) 38 (42) 42 (44) sts from the left to the right needle (without knitting them).

Join new yarn (in the same color that you cast on with) and work as follows:

Row 1 (WS): Purl 31 (32) 34 (36) 36 (36) 37 (40) 40 (42) 44 (44) sts until there are 30 (30) 30 (30) 32 (34) 34 (36) 38 (42) 42 (44) sts on the needle, turn.

Row 2 (RS): Knit to the last 28 (28) 28 (28) 30 (32) 32 (34) 36 (40) 40 (42) sts on the needle, turn.

Row 3 (WS): Purl to the last 28 (28) 28 (28) 30 (32) 32 (34) 36 (40) 40 (42) sts on the needle, turn.

The next row is a RS row.

Continue working short rows to shape the back yoke as follows, while at the same time work stripes over 6 rows (note that the first stripe is 5 rows, so you can change color on a RS row). Carry the yarn you're not using up along the WS of the work between stripes, making sure not to pull it too tight when using it again. Note that no turning stitch is worked when changing to a new color yarn (see video at www.petiteknit.com).

Work as follows:

Row 1 (RS): Knit to 2 sts after the last RS turn (meaning knit the turning stitch from the previous RS row, then knit 2 more sts), turn.

Row 2 (WS): Purl to 2 sts after the last WS turn (meaning purl the turning stitch from the previous WS row, then purl 2 more sts), turn.

Work Rows 1 and 2 a total of 13 (13) 13 (13) 14 (15) 15 (16) 17 (19) 19 (20) times (on the last repeat there are 2 sts left on the needle). The next row is a RS row.

The back yoke is now shaped like a trapezoid, and the work measures approx. 7.5 (7.5) 7.5 (7.5) 8 (8.5) 8.5 (9) 9.5 (10.5) 10.5 (11) cm [3 (3) 3 (3) 3¼ (3¼) 3¼ (3½) 3¾ (4¼) 4¼ (4¼) inches] measured down the center from the cast on edge.

Now work back and forth across all sts in stockinette stitch (with no more short rows), continuing to work stripes over 6 rows, until the work measures 16.5 (17) 17.5 (18) 18.5 (19) 19.5 (20) 20.5 (21.5) 22 (22.5) cm [6½ (6¾) 7 (7) 7¼ (7½) 7¾ (7¾) 8 (8½) 8¾ (8¾) inches] measured down the center from the cast on edge. End after a WS row, so the next row is a RS row.

Break the yarn and let the sts rest while the shoulders are being worked.

Left shoulder

Pick up and knit the 30 (30) 30 (30) 32 (34) 34 (36) 38 (42) 42 (44) sts furthest to the left along the back yoke cast on edge. Pick up from the RS with a 3 mm [US2½] / 60 cm [24 inches] circular needle and the same color that you cast on with. Pick up and knit sts *between* the back yoke sts so the knitting looks continuous (see video at www.petiteknit.com).

Work back and forth across the shoulder with 6-row-wide stripes the same as on the back. Please note that the first stripe is worked 5 rows wide, as the pick-up row counts as the first row.

Purl across 1 row. The next row is a RS row.

Work stockinette stitch as follows:

Row 1 (RS): Knit across.

Row 2 (WS): Purl across.

Work Rows 1 and 2 a total of 8 (8) 8 (8) 8 (8) 9 (9) 9 (9) 10 (10) times (i.e. work a total of 16 (16) 16 (16) 16 (16) 18 (18) 18 (18) 20 (20) rows). The next row is a RS row.

Now work increases along the neck to shape the neckline as follows:

Row 1 (RS): K3, **M1L**, knit to end of row. (1 stitch has been increased)

Row 2 (WS): Purl across.

Work Rows 1 and 2 a total of 6 (6) 7 (7) 7 (7) 7 (8) 8 (8) 8 (8) times. There are now a total of 36 (36) 37 (37) 39 (41) 41 (44) 46 (50) 50 (52) sts on the needle.

Break the yarn and let the sts rest while the right shoulder is being worked.

Right shoulder

Pick up and knit the 30 (30) 30 (30) 32 (34) 34 (36) 38 (42) 42 (44) sts furthest to the right along the back yoke cast on edge. Pick up from the RS with a 3 mm [US2½] / 60 cm [24 inches] circular needle and the same color that you cast on with. Pick up and knit sts *between* the back yoke sts so the knitting looks continuous. Work back and forth across the shoulder with 6-row-wide stripes the same as on the back. Please note that the first stripe is worked 5 rows wide, as the pick-up row counts as the first row.

Purl across 1 row. The next row is a RS row.

Work stockinette stitch as follows:

Row 1 (RS): Knit across.

Row 2 (WS): Purl across.

Work Rows 1 and 2 a total of 8 (8) 8 (8) 8 (8) 9 (9) 9 (9) 10 (10) times (i.e. work a total of 16 (16) 16 (16) 16 (16) 18 (18) 18 (18) 20 (20) rows). The next row is a RS row.

Now work increases along the neck to shape the neckline as follows:

Row 1 (RS): Knit to the last 3 sts on the needle, **M1R**, k3. (1 stitch has been increased)

Row 2 (WS): Purl across.

Work Rows 1 and 2 a total of 6 (6) 7 (7) 7 (7) 7 (8) 8 (8) 8 (8) times. There are now a total of 36 (36) 37 (37) 39 (41) 41 (44) 46 (50) 50 (52) sts on the needle.

Do not break the yarn as the next step follows from here.

Front yoke

Join the right and left shoulder on a 3 mm [US2½] / 60 cm [24 inches] circular needle to form the front yoke, while casting on new stitches between the two shoulders to form the front of the neck.

Work as follows from the RS starting with the right shoulder:

Row 1 (RS): Knit to the last 3 sts on the needle, **M1R**, k3, cast on 17 (18) 18 (20) 20 (20) 21 (22) 22 (24) 26 (26) sts in extension of the right shoulder using the backward loop method, continue across the left shoulder and work k3, **M1L**, knit to end of row.

There are now a total of 91 (92) 94 (96) 100 (104) 105 (112) 116 (126) 128 (132) sts on the needle

Work back and forth on stockinette stitch with stripes over 6 rows, until the work measures 16.5 (17) 17.5 (18) 18.5 (19) 19.5 (20) 20.5 (21.5) 22 (22.5) cm [6½ (6¾) 7 (7) 7¼ (7½) 7¾ (7¾) 8 (8½) 8¾ (8¾) inches] from where sts were picked up and knitted, making sure to end on the same row of a stripe as on the back, so the stripes match when the front and back yoke are joined to form the body. End on a WS row, so the next row is a RS row.

Do not break the yarn as the next step follows from here.

Body

The body is worked in the round in stockinette stitch with stripes over 6 rows on a 3 mm [US2½] / 60 or 80 cm [24 or 32 inches] circular needle. On www.petiteknit.com you can find a video with a tip for how to create nice transitions when changing colors.

Join the front and back yoke to form the body as follows:

Knit across front yoke, knit across back yoke. There are now a total of 182 (184) 188 (192) 200 (208) 210 (224) 232 (252) 256 (264) sts on the needle.

Join in the round and place a marker for the beginning of the round (right underarm).

Work straight in stockinette stitch with stripes until the shirt measures 32 (34) 37 (38) 40 (43) 44 (45) 46 (47) 48 (50) cm [12½ (13½) 14½ (15) 15¾ (17) 17¼ (17¾) 18 (18½) 19 (19¾) inches] mid back. Make sure to end with a whole stripe.

Change to a 2.5 mm [US1½] / 60 or 80 cm [24 or 32 inches] circular needle and the color for the rib hem.

Knit 1 round.

Work 3 cm [1¼ inches] in the round in 1x1 rib (k1, p1).

End by working 2 rounds in double knitting before binding off using the Italian bind-off technique as follows (see video at www.petiteknit.com):

Round 1: * K1, slip 1 stitch purl-wise with the yarn held in front *, repeat from * to * to end of round.

Round 2: * Slip 1 stitch purl-wise with the yarn held in back, p1 *, repeat from * to * to end of round.

Bind off using the Italian bind-off technique (see video at www.petiteknit.com).

Sleeves

Pick up and knit sts for the sleeves with 3 mm [US2½] double-pointed needles or with a longer 3 mm [US2½] circular needle using the *Magic Loop* technique. Each sleeve is worked in a different color.

RS facing, pick up and knit 70 (72) 76 (78) 80 (82) 84 (86) 88 (90) 92 (96) sts from the RS around the armhole with 3 mm [US2½] double-pointed needles, while picking up and knitting 2 sts for every 3 rows (see video at www.petiteknit.com). Start and end in the middle of the underarm. Join in the round and place a marker for the beginning of the round.

Work in the round in stockinette stitch until the sleeve measures 22 (24) 26 (27) 28 (31) 32 (33) 36 (37) 40 (41) cm [8¾ (9½) 10¼ (10¾) 11 (12¼) 12½ (13) 14¼ (14½) 15¾ (16¼) inches], **while at the same time** working decreases every 6th (7th) 7th (7th) 7th (8th) 8th (8th) 9th (10th) 10th (10th) round a total of 12 (12) 13 (14) 13 (13) 13 (13) 13 (12) 12 (13) times, by working a decrease round as follows:

K1, **k2tog**, knit to the last 3 sts of the round, **skp**, k1. There are now a total of 46 (48) 50 (50) 54 (56) 58 (60) 62 (66) 68 (70) sts on the needle.

Work 2 (2) 3 (3) 3 (3) 3 (3) 3 (3) 3 (3) 3 (3) cm [¾ (¾) 1¼ (1¼) 1¼ (1¼) 1¼ (1¼) 1¼ (1¼) 1¼ (1¼) inches] in the round in 1x1 rib (k1, p1) on 2.5 mm [US1½] double-pointed needles.

End by working 2 rounds in double knitting before binding off using the Italian bind-off technique the same as for the hem.

Work the other sleeve identically, using a different color.

Neck edge

The neck edge is worked in the round on a 2.5 mm [US1½] / 40 cm [16 inches] circular needle.

RS facing, pick up and knit 96 (100) 104 (108) 108 (110) 114 (120) 122 (126) 130 (132) sts along the neck opening using a 2.5 mm [US1½] / 40 cm [16 inches] circular needle. Start and end in the center of the back of the neck. The rate for picking up and knitting is approx. 1 stitch in every stitch along the back of the neck, the front of the neck and along the slanting side, and 2 stitches for every 3 rows along the straight sides of the neck.

Work as follows:

Rounds 1-10: * K1, p1 *, repeat from * to * to end of round.

Rounds 11-13: * K1, slip 1 stitch purl-wise with the yarn held in front *, repeat from * to * to end of round.

Rounds 14-21: * K1, p1 *, repeat from * to * to end of round.

Now the rib edge is folded double and knitted together by knitting every other stitch of the next round together with a stitch from the round where stitches were picked up and knitted, while at the same time binding them off. Work as follows (see video at www.petiteknit.com):

* Pick up a stitch from the round where stitches were picked up and knitted and place it on the left needle. Knit the picked-up stitch together with the first stitch on the left needle. Pass the second stitch on the right needle over the stitch that was just knitted (i.e. bind off the stitch). Knit 1 stitch. Pass the second stitch on the right needle over the stitch that was just knitted (i.e. bind off the stitch). *

Repeat from * to * to the end of the round.

Take care that the neck edge doesn't become twisted – make sure to check along the way that each stitch is knitted together with the stitch directly below it.

Finishing

Weave in all ends.

Abbreviations

k	knit
k2tog	decrease; knit two stitches together.
M1R	increase; make one right, insert the left needle under the strand between the stitches from back to front, then knit this strand.
M1L	increase; make one left, insert the left needle under the strand between the stitches from front to back, then knit this strand through the back loop (twisted).
p	purl
RS	right side of your work
skp	decrease; slip 1 stitch knit-wise, k1, pass the slipped stitch over the knitted stitch.
st(s)	stitch(es)
WS	wrong side of your work



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Happy knitting!