

# PetiteKnit

## HOLGER CARDIGAN



<b>Sizes:</b>	1-2 (2-3) 3-4 (4-5) 5-6 (6-7) 7-8 (8-9) 9-10 (10-11) 11-12 (12-14) years
<b>Chest circumference:</b>	72 (74) 78 (82) 82 (86) 88 (92) 96 (98) 104 (108) cm [28¼ (29¼) 30¾ (32¼) 32¼ (33¾) 34¾ (36¼) 37¾ (38½) 41 (42½) inches]
<b>Length:</b>	36 (38) 42 (43) 45 (48) 49 (50) 52 (53) 54 (56) cm [14¼ (15) 16½ (17) 17¾ (19) 19¼ (19¾) 20½ (20¾) 21¼ (22) inches] measured mid back excl. neck edge
<b>Gauge:</b>	20 sts x 30 rows = 10 x 10 cm [4 x 4 inches] in stockinette stitch on 4 mm [US6] needles
<b>Needles:</b>	Circular needles: 4 mm [US6] / 60 or 80 cm [24 or 32 inches] and 3.5 mm [US4] / 40 and 60 and/or 80 cm [16 and 24 and/or 32 inches] Double-pointed needles: 3.5 mm [US4] and 4 mm [US6] (unless the <i>Magic Loop</i> technique is used)
<b>Materials:</b>	7 different colors of Peer Gynt by Sandnes Garn (50 g = 91 m [98 yds]) <b>or</b> Peruvian Highland Wool by Filcolana (50 g = 100 m [109 yds]) <b>or</b> Double Sunday by Sandnes Garn (50 g = 108 m [118 yds]) Stripe colors for the body: Approx. 65 (74) 79 (84) 89 (102) 110 (116) 120 (128) 136 (145) g in each color Rib hem on the body: Approx. ca. 23 (23) 25 (25) 27 (27) 27 (29) 29 (30) 33 (33) g Sleeves: Approx. 31 (36) 40 (45) 50 (52) 54 (57) 61 (64) 67 (71) g in each color Neck edge: Approx. 11 (11) 11 (11) 12 (12) 12 (12) 13 (13) 14 (14) g Front plackets: Approx. 20 (22) 22 (25) 27 (29) 29 (30) 32 (32) 34 (34) g 5 buttons (Ø = 18 mm)

## PATTERN

The Holger Cardigan is worked from the top down. The body is worked in stockinette stitch with stripes, while the sleeves, plackets and neck edge are each worked in a different solid color. First, the back yoke is worked back and forth with the slope of the shoulders being shaped using short rows and in stripes, which are worked at the same time. Each shoulder is then worked back and forth on a circular needle. The fronts and back yoke are joined at the underarms to form the body, which is worked back and forth on a circular needle with stripes. The sleeves are worked down from stitches that are picked up and knitted around the armholes. At the end, the front plackets and the rib edge along the neck is worked from stitches that are picked up and knitted.

### Size guide

The Holger Cardigan is designed to have approx. 20-25 cm [7¾-9¾ inches] of positive ease. The sizes 1-2 (2-3) 3-4 (4-5) 5-6 (6-7) 7-8 (8-9) 9-10 (10-11) 11-12 (12-14) years are designed to fit a chest circumference of 53 (54) 56 (57) 59 (62) 64 (68) 72 (75) 78 (82) cm [20¾ (21¼) 22 (22½) 23¼ (24½) 25¼ (26¾) 28¼ (29½) 30¾ (32¼) inches]. The measurements for the finished cardigan can be found on the front page of the pattern (please note that these measurements are only achieved if the correct gauge is maintained).

If the intended wearer measures 62 cm [24½ inches] around the chest, you should knit a size 6-7 years. A size 6-7 years cardigan has a chest circumference of 86 cm [33¾ inches] which in the given example would give the intended wearer 24 cm [9½ inches] of positive ease. If the measured chest circumference deviates from the age guide, you can adjust the length to fit the person you're knitting for. The same applies if the child is shorter or taller than average.

### About increases and decreases

Increases and decreases are worked so they either slant left (M1L and skp) or right (M1R and k2tog) (see video at [www.petiteknit.com](http://www.petiteknit.com)).

**M1R:** Insert the left needle under the strand that runs between the stitches from back to front, then knit this strand.

**M1L:** Insert the left needle under the strand that runs between the stitches from front to back, then knit this strand through the back loop.

**K2tog:** Knit 2 stitches together.

**Skp:** Slip 1 stitch knit-wise, k1, pass the slipped stitch over the knitted stitch.

### Back yoke

The back yoke is worked back and forth. Short rows are worked to shape the shoulders. Use the technique named *German Short Rows* when working short rows, meaning when the pattern says "turn" (see video at [www.petiteknit.com](http://www.petiteknit.com)).

Work as follows:

Cast on 72 (74) 78 (82) 82 (86) 88 (92) 96 (98) 104 (108) sts on a 4 mm [US6] / 60 cm [24 inches] circular needle with the darkest of your two stripe colors.

Break the yarn.

Slip the first 24 (24) 26 (28) 28 (30) 30 (32) 34 (34) 36 (38) sts from the left to the right needle (without knitting them).

Join new yarn (in the same color that you cast on with) and work as follows:

Row 1 (WS): Purl 24 (26) 26 (26) 26 (26) 28 (28) 28 (30) 32 (32) sts until there are 24 (24) 26 (28) 28 (30) 30 (32) 34 (34) 36 (38) sts on the needle, turn.

Row 2 (RS): Knit to the last 22 (22) 24 (26) 26 (28) 28 (30) 32 (32) 34 (36) sts on the needle, turn.

Row 3 (WS): Purl to the last 22 (22) 24 (26) 26 (28) 28 (30) 32 (32) 34 (36) sts on the needle, turn.

The next row is a RS row. Change to next stripe color. Carry the yarn you're not using up along the WS of the work between stripes, making sure not to pull it too tight when using it again.

Continue working short rows to shape the back yoke as follows, while at the same time work stripes over 4 rows. Note that no turning stitch is worked when changing to a new color yarn (see video at [www.petiteknit.com](http://www.petiteknit.com)). Work as follows:

Row 1 (RS): Knit to 2 sts after the last RS turn (meaning knit the turning stitch from the previous RS row, then knit 2 more sts), turn.

Row 2 (WS): Purl to 2 sts after the last WS turn (meaning purl the turning stitch from the previous WS row, then purl 2 more sts), turn.

Work Rows 1 and 2 a total of 10 (10) 11 (12) 12 (13) 13 (14) 15 (15) 16 (17) times (on the last repeat there are 2 sts left on the needle). The next row is a RS row.

The back yoke is now shaped like a trapezoid, and the work measures approx. 8 (8) 8.5 (9) 9 (10) 10 (10.5) 11 (11) 12 (12.5) cm [ $3\frac{1}{4}$  ( $3\frac{1}{4}$ )  $3\frac{1}{4}$  ( $3\frac{1}{2}$ )  $3\frac{1}{2}$  (4) 4 ( $4\frac{1}{4}$ )  $4\frac{1}{4}$  ( $4\frac{1}{4}$ )  $4\frac{3}{4}$  (5) inches] measured down the center from the cast on edge.

Now work back and forth across all sts in stockinette stitch (with no more short rows), continuing to work stripes over 4 rows, until the work measures 18 (18.5) 19 (20.5) 20.5 (21.5) 22 (23) 24 (24) 25 (26) cm [ $7$  ( $7\frac{1}{4}$ )  $7\frac{1}{2}$  (8) 8 ( $8\frac{1}{2}$ )  $8\frac{3}{4}$  (9)  $9\frac{1}{2}$  ( $9\frac{1}{2}$ )  $9\frac{3}{4}$  ( $10\frac{1}{4}$ ) inches] measured down the center from the cast on edge. End after a WS row, so the next row is a RS row.

Break the yarn and let the sts rest while the shoulders are being worked.

### **Right shoulder**

Pick up and knit the 24 (24) 26 (28) 28 (30) 30 (32) 34 (34) 36 (38) sts furthest to the right along the back yoke cast on edge. Pick up from the RS with a 4 mm [US6] / 60 or 80 cm [24 or 32 inches] circular needle and the same color that you cast on with. Pick up and knit sts *between* the back yoke sts so the knitting looks continuous.

Work back and forth across the shoulder with 4-row-wide stripes the same as on the back. Please note that the first stripe is worked 3 rows wide, as the pick-up row counts as the first row.

Purl across 1 row. The next row is a RS row.

Work stockinette stitch as follows:

Row 1 (RS): Knit across.

Row 2 (WS): Purl across.

Work Rows 1 and 2 a total of 6 (6) 6 (6) 6 (6) 6 (6) 6 (6) 8 (8) times (i.e. work a total of 12 (12) 12 (12) 12 (12) 12 (12) 12 (12) 16 (16) rows). The next row is a RS row.

Now work increases along the neck to shape the neckline as follows:

Row 1 (RS): Knit to the last 3 sts on the needle, **M1R**, k3. (1 stitch has been increased)

Row 2 (WS): Purl across.

Work Rows 1 and 2 a total of 5 (5) 5 (5) 5 (5) 6 (6) 6 (6) 6 (6) times. There are now a total of 29 (29) 31 (33) 33 (35) 36 (38) 40 (40) 42 (44) sts on the needles.

Cast on sts using the backward loop method on the next row, for the last part of the neck edge. Work as follows:

Row 1 (RS): Knit to the last 3 sts on the needle, **M1R**, k3, cast on 5 (6) 6 (6) 6 (6) 6 (6) 6 (7) 8 (8) sts in extension of the sts on the needle using the backward loop method. There are now a total of 35 (36) 38 (40) 40 (42) 43 (45) 47 (48) 51 (53) sts on the needles.

Row 2 (WS): Purl across.

The next row is a RS row.

Work back and forth on stockinette stitch with stripes over 4 rows, until the work measures 18 (18.5) 19 (20.5) 20.5 (21.5) 22 (23) 24 (24) 25 (26) cm [7 (7¼) 7½ (8) 8 (8½) 8¾ (9) 9½ (9½) 9¾ (10¼) inches] from where sts were picked up and knitted, making sure to end on the same row of a stripe as on the back, so the stripes match when the back yoke and fronts are joined to form the body. End on a WS row, so the next row is a RS row.

Break the yarn and let the sts rest while the left shoulder is being worked.

### Left shoulder

Pick up and knit the 24 (24) 26 (28) 28 (30) 30 (32) 34 (34) 36 (38) sts furthest to the left along the back yoke cast on edge. Pick up from the RS with a 4 mm [US6] / 60 or 80 cm [24 or 32 inches] circular needle and the same color that you cast on with. Pick up and knit sts *between* the back yoke sts so the knitting looks continuous (see video at [www.petiteknit.com](http://www.petiteknit.com)).

Work back and forth across the shoulder with 4-row-wide stripes the same as on the back. Please note that the first stripe is worked 3 rows wide, as the pick-up row counts as the first row.

Purl across 1 row. The next row is a RS row.

Work stockinette stitch as follows:

Row 1 (RS): Knit across.

Row 2 (WS): Purl across.

Work Rows 1 and 2 a total of 6 (6) 6 (6) 6 (6) 6 (6) 6 (6) 8 (8) times (i.e. work a total of 12 (12) 12 (12) 12 (12) 12 (12) 12 (12) 16 (16) rows). The next row is a RS row.

Now work increases along the neck to shape the neckline as follows:

Row 1 (RS): K3, **M1L**, knit to end of row. (1 stitch has been increased)

Row 2 (WS): Purl across.

Work Rows 1 and 2 a total of 5 (5) 5 (5) 5 (5) 6 (6) 6 (6) 6 (6) times. There are now a total of 29 (29) 31 (33) 33 (35) 36 (38) 40 (40) 42 (44) sts on the needle.

Break the yarn.

Cast on sts using the backward loop method on the next row, for the last part of the neck edge. Work as follows:

Row 1 (RS): Join new yarn and cast on 5 (6) 6 (6) 6 (6) 6 (6) 6 (7) 8 (8) sts on the right needle using the backward loop method, k3, **M1L**, knit to end of row. There are now a total of 35 (36) 38 (40) 40 (42) 43 (45) 47 (48) 51 (53) sts on the needles.

Row 2 (WS): Purl across.

The next row is a RS row.

Work back and forth on stockinette stitch with stripes over 4 rows, until the work measures 18 (18.5) 19 (20.5) 20.5 (21.5) 22 (23) 24 (24) 25 (26) cm [7 (7¼) 7½ (8) 8 (8½) 8¾ (9) 9½ (9½) 9¾ (10¼) inches] from where sts were picked up and knitted, making sure to end on the same row of a stripe as on the back, so the stripes match when the back yoke and fronts are joined to form the body. End on a WS row, so the next row is a RS row.

Do not break the yarn as the next step follows from here.

## Body

The body is worked back and forth in stockinette stitch with stripes over 4 rows on a 4 mm [US6] / 60 or 80 cm [24 or 32 inches] circular needle.

Join the back yoke and fronts to form the body as follows:

Knit across the left front, knit across back yoke, knit across the right front. There are now a total of 142 (146) 154 (162) 162 (170) 174 (182) 190 (194) 206 (214) sts on the needle.

Work flat, back and forth across all sts, in stockinette stitch with stripes until the cardigan measures 33 (34) 38 (39) 41 (44) 45 (46) 47 (48) 48 (50) cm [13 (13½) 15 (15¼) 16¼ (17¼) 17¾ (18) 18½ (19) 19 (19¾) inches] mid back – or to the desired length. Make sure to end with a whole stripe.

Change to a 3.5 mm [US4] / 60 or 80 cm [24 or 32 inches] circular needle and the color for the rib hem.

Knit 1 row and reduce the number of sts to an odd number by knitting 2 sts together at a random place on the needle. There are now a total of 141 (145) 153 (161) 161 (169) 173 (181) 189 (193) 205 (213) sts on the needles. The next row is a WS row.

Work back and forth in 1 x 1 rib as follows:

Row 1 (WS): \* K1, p1 \*, repeat from \* to \* to the last stitch on the needle, k1.

Row 2 (RS): \* P1, k1 \*, repeat from \* to \* to the last stitch on the needle, p1.

Repeat Rows 1 and 2 until the ribbing measures 3 (4) 4 (4) 4 (4) 4 (4) 5 (5) 6 (6) cm [1¼ (1½) 1½ (1½) 1½ (1½) 1½ (1½) 2 (2) 2¼ (2¼) inches]. End on a WS row, so the next row is a RS row.

End by working 2 rows in double knitting before binding off using the Italian bind-off technique as follows (see video at [www.petiteknit.com](http://www.petiteknit.com)):

Row 1 (RS): Slip 1 stitch purl-wise with the yarn held in front, \* k1, slip 1 stitch purl-wise with the yarn held in front \*, repeat from \* to \* to end of row.

Row 2 (WS): K1, \* slip 1 stitch purl-wise with the yarn held in front, k1 \*, repeat from \* to \* to end of row.

Bind off using the Italian bind-off technique (see video at [www.petiteknit.com](http://www.petiteknit.com)).

## Sleeves

Pick up and knit sts for the sleeves with a 4 mm [US6] / 40 cm [16 inches] circular needle or 4 mm [US6] double-pointed needles or with a longer 4 mm [US6] circular needle using the *Magic Loop* technique. Each sleeve is worked in a different color.

RS facing, pick up and knit 56 (58) 60 (64) 64 (66) 68 (70) 72 (74) 76 (80) sts from the RS around the armhole with a 4 mm [US6] / 40 cm [16 inches] circular needle or with 4 mm [US6] double-pointed needles, while picking up and knitting 2 sts for every 3 rows (see video at [www.petiteknit.com](http://www.petiteknit.com)).

Start and end in the middle of the underarm. Join in the round and place a marker for the beginning of the round.

Work in the round in stockinette stitch until the sleeve measures 20 (22) 24 (25) 26 (27) 28 (29) 31 (32) 34 (36) cm [ $7\frac{3}{4}$  ( $8\frac{3}{4}$ )  $9\frac{1}{2}$  ( $9\frac{3}{4}$ )  $10\frac{1}{4}$  ( $10\frac{3}{4}$ ) 11 ( $11\frac{1}{2}$ )  $12\frac{1}{4}$  ( $12\frac{1}{2}$ )  $13\frac{1}{2}$  ( $14\frac{1}{4}$ ) inches], **while at the same time** working decreases every 6th (7th) 8th (7th) 8th (8th) 8th (8th) 8th (8th) 9th (8th) round a total of 8 (8) 8 (9) 9 (9) 9 (9) 10 (10) 10 (12) times, by working a decrease round as follows:

K1, **k2tog**, knit to the last 3 sts of the round, **skp**, k1. There are now a total of 40 (42) 44 (46) 46 (48) 50 (52) 52 (54) 56 (56) sts on the needle.

Work 2 (2) 3 (3) 3 (4) 4 (5) 5 (6) 6 (6) cm [ $\frac{3}{4}$  ( $\frac{3}{4}$ )  $1\frac{1}{4}$  ( $1\frac{1}{4}$ )  $1\frac{1}{4}$  ( $1\frac{1}{2}$ )  $1\frac{1}{2}$  (2) 2 ( $2\frac{1}{4}$ )  $2\frac{1}{4}$  ( $2\frac{1}{4}$ ) inches] in the round in 1x1 rib (k1, p1) on 3.5 mm [US4] double-pointed needles.

End by working 2 rounds in double knitting before binding off using the Italian bind-off technique as follows (see video at [www.petiteknit.com](http://www.petiteknit.com)):

Round 1: \* K1, slip 1 stitch purl-wise with the yarn held in front \*, repeat from \* to \* to end of round.

Round 2: \* Slip 1 stitch purl-wise with the yarn held in back, p1 \*, repeat from \* to \* to end of round.

Bind off using the Italian bind-off technique (see video at [www.petiteknit.com](http://www.petiteknit.com)).

Work the other sleeve identically, using a different color.

### Front plackets

The front plackets are worked back and forth in rib on a 3.5 mm [US4] / 60 or 80 cm [24 or 32 inches] circular needle. Four buttonholes are worked along the left front placket (the fifth buttonhole is worked in the rib neck edge).

Pick up and knit 4 sts for every 5 rows along the left front edge until either 68, 76, 84, 92, 100, 108, 116, 124 or 132 sts have been picked up (or 8 more or less). The first row is a WS row.

Calculate the number of sts between the buttonholes as follows:

sts between buttonholes = (picked up sts - 12) / 4

Example of calculation:

You have picked up 76 sts for the front placket, so there needs to be 16 sts between the buttonholes:

sts between buttonholes = (76 - 12) / 4 = 16 sts

First the left front placket with the four buttonholes is worked. Note that an extra stitch is formed at the beginning of the first row. This stitch becomes the edge stitch, which will roll to the back and ensure a nice finish to the placket. This means that there are 2 knit sts after each other at the bottom of the placket. The knitted buttonholes will sit neatly between 2 knit sts (seen from the RS), if the number of picked up and knitted sts is followed.

Work the left front placket as follows:

- Row 1 (WS): Cast on 1 new stitch using the backward loop method (there is now an odd number off sts on the needle) and purl this backward loop stitch, work \* p1, k1 \*, repeat from \* to \* to end of row.
- Row 2 (RS): \* P1, k1 \*, repeat from \* to \* to the last stitch on the needle, k1.
- Row 3 (WS): P1, \* p1, k1 \*, repeat from \* to \* to end of row.
- Row 4 (RS): P1, \* work calculated number of sts between buttonholes in rib as established, **skp**, yarn over \*, repeat from \* to \* 4 times until there are 4 sts left on the needle, k1, p1, k2.
- Row 5 (WS): Work as Row 3.
- Row 6 (RS): Work as Row 2.
- Row 7 (WS): Work as Row 3.
- Row 8 (RS): \* Slip 1 stitch purl-wise with the yarn held in front, k1 \*, repeat from \* to \* to the last stitch on the needle, slip 1 stitch purl-wise with the yarn held in front.
- Row 9 (WS): \* K1, slip 1 stitch purl-wise with the yarn held in front \*, repeat from \* to \* to the last stitch on the needle, k1.

Bind off sts using the Italian bind-off technique.

Pick up and knit the same number of sts along the right front edge. Work the right front placket without buttonholes as follows:

- Row 1 (WS): \* K1, p1 \*, repeat from \* to \* to end of row, cast on 1 new stitch in extension of the last stitch on the needle using the backward loop method (there is now an odd number off sts on the needle).
- Row 2 (RS): K1, \* k1, p1 \*, repeat from \* to \* to end of row.
- Rows 3, 5, 7 (WS): \* K1, p1 \*, repeat from \* to \* to the last stitch on the needle, p1.
- Row 4, 6 (RS): Work as Row 2.
- Row 8 (RS): \* Slip 1 stitch purl-wise with the yarn held in front, k1 \*, repeat from \* to \* to the last stitch on the needle, slip 1 stitch purl-wise with the yarn held in front.
- Row 9 (WS): \* K1, slip 1 stitch purl-wise with the yarn held in front \*, repeat from \* to \* to the last stitch on the needle, k1.

Bind off sts using the Italian bind-off technique.

### **Neck edge**

The neck edge is worked back and forth in rib on a 3.5 mm [US4] / 60 cm [24 inches] circular needle. A buttonhole is worked at the left end of the neck edge.

Pick up and knit approx. 93 (97) 97 (97) 97 (97) 103 (103) 103 (107) 115 (115) sts (or a fitting odd number of sts) along the neck opening and the tops of the front plackets. The rate for picking up and knitting is the approx. equivalent to picking up and knitting 1 stitch in every stitch along the back of the neck and along the slanting sections of the sides, while 2 sts are picked up for every 3 sts along the straight sections of the sides, and 5 sts along the top of each front placket.

Work the neck ribbing as follows:

- Row 1 (WS): Cast on 1 new stitch using the backward loop method and purl this backward loop stitch, \* p1, k1 \*, repeat from \* to \* to the last stitch on the needle, p1, cast on 1 new stitch using the backward loop method at the end of the row.
- Row 2 (RS): K1, \* k1, p1 \*, repeat from \* to \* to the last 6 sts on the needle, **skp**, yarn over, k1, p1, k2.
- Row 3 (WS): P1, \* p1, k1 \*, repeat from \* to \* to the last 2 sts on the needle, p2.
- Row 4 (RS): K1, \* k1, p1 \*, repeat from \* to \* to the last 2 sts on the needle, k2.
- Row 5 (WS): Work as Row 3.
- Row 6 (RS): \* Slip 1 stitch purl-wise with the yarn held in front, k1 \*, repeat from \* to \* to the last stitch on the needle, slip 1 stitch purl-wise with the yarn held in front.
- Row 7 (WS): \* K1, slip 1 stitch purl-wise with the yarn held in front \*, repeat from \* to \* to the last stitch on the needle, k1.

Bind off sts using the Italian bind-off technique.

### **Finishing**

Weave in all ends. Sew on 5 buttons along the right front placket, across from the buttonholes. The top button should be sewn to the rib neck edge.

## Abbreviations

k	knit
k2tog	decrease; knit two stitches together.
M1R	increase; make one right, insert the left needle under the strand between the stitches from back to front, then knit this strand.
M1L	increase; make one left, insert the left needle under the strand between the stitches from front to back, then knit this strand through the back loop (twisted).
p	purl
RS	right side of your work
skp	decrease; slip 1 stitch knit-wise, k1, pass the slipped stitch over the knitted stitch.
st(s)	stitch(es)
WS	wrong side of your work



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Happy knitting!