

PetiteKnit

HOLGER BABY SET



Sizes:	0-3 months (3-6 months) 6-9 months (9-12 months) 1-2 years (2-3 years)
Chest circumference:	51 (57) 61 (63) 67 (70) cm [20 (22½) 24 (24¾) 26½ (27½) inches]
Sweater length:	26 (28) 31 (33) 34 (36) cm [10¼ (11) 12¼ (13) 13½ (14¼) inches] measured mid back excl. neck edge
Pants waist:	41 (44) 46 (47) 50 (53) cm [16¼ (17¼) 18 (18½) 19¾ (20¾) inches]
Gauge:	28 sts x 42 rows = 10 x 10 cm [4 x 4 inches] in stockinette stitch on a 3 mm [US2½] needle
Needles:	Circular needles: 3 mm [US2½] / 40 or 60 cm [16 or 24 inches] and 2.5 mm [US1½] / 40 or 60 cm [16 or 24 inches] Double-pointed needles: 2.5 mm [US1½] and 3 mm [US2½]
Materials:	6 different colors of Sunday by Sandnes Garn (50 g = 235 m [257 yds]) or Merino by Knitting for Olive (50 g = 250 m [273 yds]) Sweater: approx. 52 (57) 64 (73) 80 (95) g Pants: approx. 49 (54) 60 (66) 72 (77) g See inside pattern for yardage needed for each color

PATTERN

The Holger Baby Set consists of a sweater and a pair of pants.

The sweater is worked from the top down. The body is worked in stockinette stitch with stripes, while the sleeves and neck edge are each worked in a different solid color. First, the back yoke is worked, then each shoulder is worked back and forth on a circular needle. The shoulders are then joined to form the front yoke. The front and back yoke are joined at the underarms to form the body, which is worked in the round on a circular needle. The sleeves are worked down from stitches that are picked up and knitted around the armholes. At the end a folded neck edge is worked from stitches that are picked up and knitted along the neckline.

The pants are worked from the top down. The back of the pants is made longer using short rows. A narrow casing for the drawstring is worked at the waist.

Yardage needed for each color

Sweater

Stripe colors for body: approx. 21 (24) 27 (31) 36 (41) g in each of 2 colors

Rib hem: approx. 6 (6) 6 (7) 7 (7) g

Sleeves: approx. 10 (11) 13 (15) 18 (21) g in each of 2 colors

Neck edge: approx. 5 (5) 5 (5) 5 (5) g

Pants

Drawstring casing: approx. 3 (3) 4 (4) 5 (5) g

Pant legs: approx. 39 (44) 49 (55) 60 (65) g

Rib cuffs: approx. 2 (2) 2 (2) 2 (2) g in each of 2 colors

Drawstring: approx. 3 (3) 3 (3) 3 (3) g

About increases

Increases are worked so they either slant left (M1L) or slant right (M1R) (see video at www.petiteknit.com):

M1L: Insert left needle under the strand that runs between the stitches from front to back, then knit this strand through the back loop.

M1R: Insert left needle under the strand that runs between the stitches from back to front, then knit this strand.

About decreases

Decreases are worked so they either slant right (k2tog) or slant left (skp)

K2tog: Knit 2 stitches together.

Skp: Slip 1 stitch knit-wise with the yarn held in back, knit 1 stitch, pass the slipped stitch over the knitted stitch.

SWEATER

Back yoke

The back yoke is worked back and forth in stockinette stitch with stripes. The first stripe is half width, as the “other half” of the stripe is worked on the shoulders. Work as follows:

Cast on 72 (80) 86 (88) 94 (98) sts on a 3 mm [US2½] / 60 cm [24 inches] circular needle with one of the stripe colors.

Purl 1 across row.

Change to the other stripe color and work stockinette stitch flat as follows:

Row 1 (RS): Knit across.

Row 2 (WS): Purl across.

Work Rows 1 and 2 until the work measures 11.5 (12) 13 (14) 14.5 (15) cm [4½ (4¾) 5 (5½) 5¾ (6) inches], while working stripes over 4 rows. Carry the yarn you’re not using up along the WS of the work between stripes, making sure not to pull it too tight when using it again. End on a WS row, so the next row is a RS row.

Break the yarn and let the sts rest while the shoulders are being worked.

Left shoulder

Pick up and knit the 24 (28) 30 (30) 32 (33) sts furthest to the left along the back yoke cast-on edge. Pick up from the RS with a 3 mm [US2½] / 60 cm [24 inches] circular needle and the same color that you cast on with. Pick up and knit sts *between* the back yoke sts so the knitting looks continuous (see video at www.petiteknit.com). The shoulder is worked back and forth in 4-row-wide stripes the same as on the back, except for the first stripe which is only worked 2 rows wide (where the first row is when the sts are picked up and knitted), so that it, together with the “half stripe” on the back, forms a whole stripe.

Purl across 1 row. Change stripe color. The next row is a RS row.

Work stockinette stitch flat as follows:

Row 1 (RS): Knit across.

Row 2 (WS): Purl across.

Work Rows 1 and 2 a total of 7 times (i.e. for a total of 14 rows). The next row is a RS row.

Now work increases along the neck to shape the neckline as follows:

Row 1 (RS): K3, **M1L**, knit to end of row. (1 stitch has been increased)

Row 2 (WS): Purl across.

Work Rows 1 and 2 a total of 6 (6) 6 (7) 7 (8) times. There are now a total of 30 (34) 36 (37) 39 (41) sts on the needle.

Break the yarn and let the sts rest while the right shoulder is being worked.

Right shoulder

Pick up and knit the 24 (28) 30 (30) 32 (33) sts furthest to the right along the back yoke cast-on edge. Pick up from the RS with a 3 mm [US2½] / 60 cm [24 inches] circular needle and the same color that you cast on with. Pick up and knit sts *between* the back yoke sts so the knitting looks continuous. The shoulder is worked back and forth in 4-row-wide stripes the same as on the back, except for the first stripe which is only worked 2 rows wide (where the first row is when the sts are picked up and knitted), so that it, together with the “half stripe” on the back, forms a whole stripe.

Purl across 1 row. Change stripe color. The next row is a RS row.

Work stockinette stitch flat as follows:

Row 1 (RS): Knit across.

Row 2 (WS): Purl across.

Work Rows 1 and 2 a total of 7 times (i.e. for a total of 14 rows). The next row is a RS row.

Now work increases along the neck to shape the neckline as follows:

Row 1 (RS): Knit to the last 3 sts, **M1R**, k3. (1 stitch has been increased)

Row 2 (WS): Purl across.

Work Rows 1 and 2 a total of 6 (6) 6 (7) 7 (8) times. There are now a total of 30 (34) 36 (37) 39 (41) sts on the needle.

Do not break the yarn as the next step follows from here.

Front yoke

Join the right and left shoulder on a 3 mm [US2½] / 60 cm [24 inches] circular needle to form the front yoke, while casting on new stitches between the two sections to form the front of the neck.

Work as follows from the RS:

Knit the 30 (34) 36 (37) 39 (41) right shoulder sts, cast on 12 (12) 14 (14) 16 (16) sts in extension of the right shoulder using the backward loop method, knit the 30 (34) 36 (37) 39 (41) left shoulder sts. There are now a total of 72 (80) 86 (88) 94 (98) sts on the needle for the front.

Work back and forth in stockinette stitch until the work measures 11.5 (12) 13 (14) 14.5 (15) cm [4½ (4¾) 5 (5½) 5¾ (6) inches], from where sts were picked up and knitted. Make sure to end on the same row of a stripe as on the back, so the stripes match when the front and back yoke are joined to form the body. End on a WS row, so the next row is a RS row.

Do not break the yarn as the next step follows from here.

Body

The body is worked in the round in stockinette stitch on a 3 mm [US2½] / 40 or 60 cm [16 or 24 inches] circular needle. On www.petiteknit.com you can find a video with a tip for how to create nice transitions when changing colors.

Join the front and back yoke to form the body as follows:

Knit across front yoke, knit across back yoke. There are now a total of 144 (160) 172 (176) 188 (196) sts on the needle. Join in the round and place a marker for the beginning of the round (right underarm).

Work straight in stockinette stitch with stripes until the work measures 24 (26) 29 (31) 31 (33) cm [9½ (10¼) 11½ (12¼) 12¼ (13) inches] measured mid back from the cast-on edge. End with a whole stripe.

Change to a 2.5 mm [US1½] / 40 or 60 cm [16 or 24 inches] circular needle and the color for the rib hem. Knit across 1 round.

Work 2 (2) 2 (2) 3 (3) cm [$\frac{3}{4}$ ($\frac{3}{4}$) $\frac{3}{4}$ ($\frac{3}{4}$) 1¼ (1¼) inches] in the round in 1 x 1 rib (k1, p1).

End by working 2 rounds in double knitting before binding off using the Italian bind-off technique as follows (see video at www.petiteknit.com):

Round 1: * K1, slip 1 stitch purl-wise with the yarn held in front *, repeat from * to * to end of round.

Round 2: * Slip 1 stitch purl-wise with the yarn held in back, p1 *, repeat from * to * to end of round.

Bind off using the Italian bind-off technique (see video at www.petiteknit.com).

Sleeves

The sleeves are worked in the round on 3 mm [US2½] double-pointed needles or on a circular needle using the *Magic Loop* technique. Each sleeve is worked in a different color.

Pick up and knit 64 (68) 74 (78) 80 (82) sts from the RS around the armhole with 3 mm [US2½] double-pointed needles, while picking up and knitting 2 sts for every 3 rows (see video at www.petiteknit.com).

Start and end at the underarm. Join in the round and place a marker for the beginning of the round.

Work in the round in stockinette stitch until the sleeve measures 11 (13) 15 (17) 20 (22) cm [4¼ (5) 6 (6¾) 7¾ (8¾) inches], **while at the same time** working decreases every 5th (5th) 6th (6th) 7th (8th) round a total of 8 (9) 10 (11) 11 (11) times by working a decrease round as follows: K1, **k2tog**, knit to the last 3 sts of the round, **skp**, k1.

There are now a total of 48 (50) 54 (56) 58 (60) sts on the needles.

Work 2 (2) 2 (2) 2 (2) cm [$\frac{3}{4}$ ($\frac{3}{4}$) $\frac{3}{4}$ ($\frac{3}{4}$) $\frac{3}{4}$ ($\frac{3}{4}$) inches] in the round in 1 x 1 rib (k1, p1) on 2.5 mm [US1½] double-pointed needles.

End by working 2 rounds in double knitting before binding off using the Italian bind-off technique the same as for the hem.

Neck edge

The neck edge is worked in the round on 2.5 mm [US1½] double-pointed needles.

Pick up and knit 82 (84) 86 (92) 96 (102) sts from the RS along the neck opening using 2.5 mm [US1½] double-pointed needles. Start and end in the center of the back of the neck. The rate for picking up and knitting sts is approx. 1 stitch in every stitch along the back of the neck, the front of the neck, and the slanting sections of the sides, while picking up 2 sts for every 3 rows along the straight sections of the sides.

Work as follows:

Rounds 1-7: * K1, p1 *, repeat from * to * to end of round.

Rounds 8-10: * K1, slip 1 stitch purl-wise with the yarn held in front *, repeat from * to * to end of round.

Rounds 11-15: * K1, p1 *, repeat from * to * to end of round.

Now the rib edge is folded double and knitted together by knitting every other stitch of the next round together with a stitch from the round where stitches were picked up and knitted, while at the same time binding them off. Work as follows (see video at www.petitekmit.com):

* Pick up a stitch from the round where stitches were picked up and knitted and place it on the left needle. Knit the picked-up stitch together with the first stitch on the left needle. Pass the second stitch on the right needle over the stitch that was just knitted (i.e. bind off the stitch). Knit 1 stitch. Pass the second stitch on the right needle over the stitch that was just knitted (i.e. bind off the stitch). *

Repeat from * to * to the end of the round.

Take care that the neck edge doesn't become twisted – make sure to check along the way that each stitch is knitted together with the stitch directly below it.

Weave in all ends.

PANTS

The pants are worked from the top down. The back of the pants is made longer using short rows. A narrow casing for the drawstring is worked at the waist.

Cast on 116 (124) 128 (132) 140 (148) sts on a 2.5 mm [US1½] / 40 cm [16 inches] circular needle. Join in the round and place a marker for the beginning of the round (left side of pants).

Work a folding edge with two holes for the drawstring casing as follows:

Rounds 1- 5: Knit across.

Round 6: Knit 83 (89) 92 (95) 101 (107) sts, **k2tog**, yarn over, k4, yarn over, **skp**, knit to end of round.

Rounds 7-8: Knit across.

Round 9: * Pick up a stitch from the cast on edge and place it on the left needle, knit the picked-up stitch together with the first stitch on the left needle *, repeat from * to * to end of round.

Change to a 3 mm [US2½] / 40 cm [16 inches] circular needle and change to the pant legs color.

Knit across 3 rounds.

The back of the pants are now raised using short rows. You can use whichever short row technique you prefer – I recommend the *German Short Row* technique. Work as follows:

Row 1 (RS): Knit 38 (42) 44 (41) 45 (47) sts, turn.

Row 2 (WS): Purl 18 (22) 24 (16) 20 (20) sts, turn.

Row 3 (RS): Knit to 5 sts after the last RS turn (meaning knit the turning stitch from the last RS row then knit 5 more sts), turn.

Row 4 (WS): Purl to 5 sts after the last WS turn, turn.

Work Rows 1-4, then work Rows 3 and 4 another 3 (3) 3 (4) 4 (4) times. The next row is a RS row.

Knit to beginning of round.

Continue in the round in stockinette stitch until the pants measure 14 (14) 14 (15) 15 (16) cm [5½ (5½) 5½ (6) 6 (6¼) inches] mid front – measured from the folded edge.

Now work increases for the crotch on both sides of the 4 sts mid front and mid back. Divide the sts with stitch markers (a total of 4 markers) for the increases as follows:

27 (29) 30 (31) 33 (35) sts, place marker, 4 sts (mid back), place marker, 54 (58) 60 (62) 66 (70) sts, place marker, 4 sts (mid front), place marker, 27 (29) 30 (31) 33 (35) sts.

Work increases for the crotch as follows:

Round 1: * Knit to marker, **M1R**, slip marker, k4, slip marker, **M1L** *, work from * to * twice, knit to end of round. (4 sts have been increased)

Round 2: Knit across.

Work Rounds 1 and 2 a total of 3 times for all sizes. There are now a total of 128 (136) 140 (144) 152 (160) sts on the needle.

Bind off sts for the crotch on the next round as follows:

Round 1: * Knit to marker, remove marker, bind off 4 sts, remove marker *, work from * to * twice, knit to end of round.

There are now a total of 120 (128) 132 (136) 144 (152) sts on the needle. There are 60 (64) 66 (68) 72 (76) sts for each pant leg.

The pant's legs are worked separately. Let the sts for the right leg rest, while the left leg is being worked in the round on double-pointed needles or on a circular needle using the *Magic Loop* technique. Place a marker for the beginning of the round at the "inseam".

Work in the round in stockinette stitch on a 3 mm [US2½] needle until the "inseam" measures 15 (19) 21 (24) 26 (28) cm [6 (7½) 8¼ (9½) 10¼ (11) inches], **while at the same time** working decreases on every 5th (6th) 7th (8th) 8th (8th) round a total of 10 (11) 11 (12) 13 times by working a decrease round as follows: K1, **k2tog**, knit to the last 3 sts of the round, **skp**, k1.

There are now a total of 40 (42) 44 (46) 48 (50) sts on the needle.

Change to 2.5 mm [US1½] needles and to the cuff color.

Knit across 1 round.

Work 8 (8) 8 (10) 10 (10) rounds in 1 x 1 rib (k1, p1).

End by working 2 rounds in double knitting before binding off using the Italian bind-off technique the same as for the sweater.

Work the second leg the same way as the first. Weave in all ends.

Work an i-cord drawstring for the casing as follows:

Cast on 3 sts on a 2.5 mm [US1½] double-pointed needle.

* Push the sts to the opposite end of the needle, do not turn the needle, bring the yarn behind the sts, knit 3 sts from the RS *, repeat from * to * until the i-cord measures approx. 45-50 cm [17¾-19¾ inches].

Break the yarn and weave in the ends.

Thread the drawstring through the casing. Sew the seam at the crotch using Kitchener stitch.

Abbreviations

k	knit
k2tog	decrease (right-leaning); knit two stitches together
M1L	increase, make one left; insert the left needle under the strand between the stitches from front to back, then knit this strand through the back loop (twisted).
M1R	increase, make one right; insert the left needle under the strand between the stitches from back to front, then knit this strand.
p	purl
RS	right side of your work
skp	decrease (left-leaning); slip 1 stitch knit-wise, k1, pass the slipped stitch over the knitted stitch.
st(s)	stitch(es)
WS	wrong side of your work



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Happy knitting!