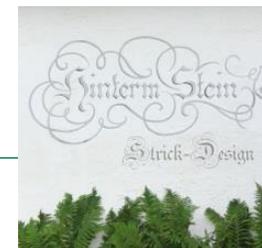


# Mon Ami Breton



Ahoy! Holidays at the seaside!

This light sweater in the style of a Breton shirt is knit seamlessly from the top down.

The unusual construction allows you to be creative with colours without the annoyance of working with multiple yarn balls and tangled threads.

Create the perfect sweater for you, choosing from 3 options for sleeve length and 3 options for body shaping.

Win a pattern!  
Post pictures of your finished cardigan at the Hinterm Stein forum and join the raffle!  
GOOD LUCK!  
[find details in my forum](#)

Sample knitted in Drops Loves You 7 (100% cotton); MC 1 white; size M – option B



## Sizes

Women's XS – S – M – L – XL – XXL

Finished Bust: 82-89-97-106-117-125cm / 32.75-35.5-39-42.5-46.5-50"

Intended to be worn with 2-3cm/1-1.25" positive ease. See page 2 for detailed measurements.

## Materials

Any yarn suitable for specified gauge (4 ply/fingering/sport/dk) 150-170m / 165-185y per 50g

Estimated yardage:

Main Colour (MC) approximately 540-590-650-715-790-870m / 590-650-715-790-870-950y

Contrasting Colour (CC) approximately 350-380-420-460-510-560m / 380-420-460-510-560-615y

Short-sleeve option requires 15-20% less.

Differences in gauge and yarn choice may affect the amount of yardage used.

3.5mm/US 4 needles or size needed to obtain gauge; two 80-100cm/32-40" circulars (required); spare circular and/or dpn's (optional)

stitch markers, tapestry needle, crochet hook

## Gauge

10 cm / 4 inches = 23 sts x 33 R in stockinette stitch

Please consider that you will spend many hours knitting this sweater  
... but **only ten minutes to make a gauge swatch....**

**...It is worth the time!**

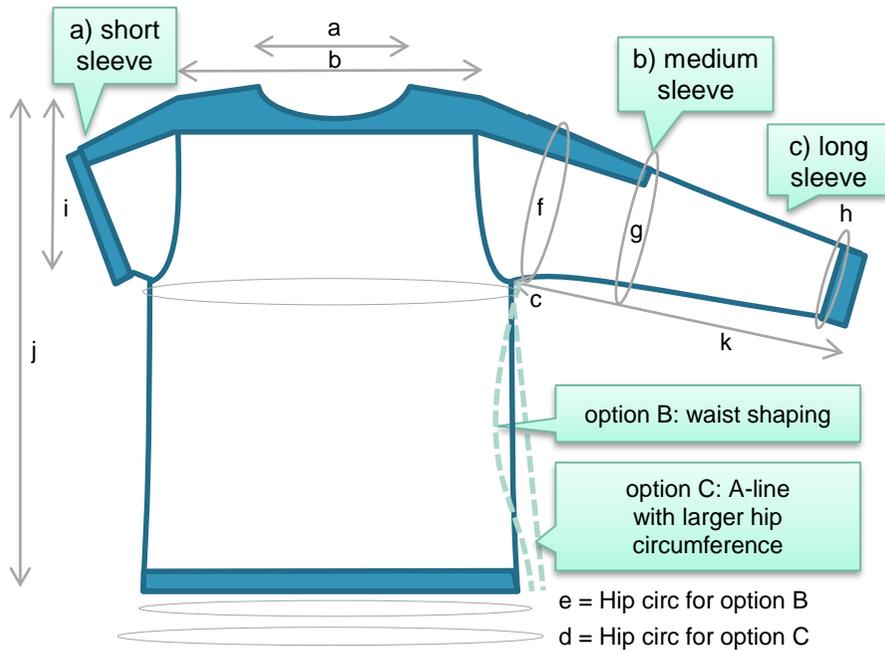
A variation of only 1 stitch may cause a difference of an entire size.

Find abbreviations and key techniques on page 3.



# Mon Ami Breton

## Schematic



## Measurements of finished garment at specified gauge (23sts/33R)

cm	XS	S	M	L	XL	XXL	inch	XS	S	M	L	XL	XXL
a	16	16	17	18	18	19	a	6.4	6.4	6.8	7.1	7.1	7.5
b	34	37	38	39	41	42	b	13.6	14.6	15.3	15.7	16.3	16.7
c	82	89	97	106	117	125	c	32.7	35.5	39.0	42.4	46.6	50.1
d	94	101	110	118	129	137	d	37.6	40.3	43.8	47.3	51.5	55.0
e	83	90	99	108	118	127	e	33.4	36.2	39.7	43.1	47.3	50.8
f	29	30	32	36	39	43	f	11.5	11.8	12.9	14.3	15.7	17.0
g	26	27	30	33	37	40	g	10.4	11.0	12.0	13.4	14.8	16.2
h	17	19	21	24	27	31	h	7.0	7.5	8.5	9.6	11.0	12.3
i	19	20	21	23	23	24	i	7.8	8.1	8.4	9.0	9.3	9.6
j	63	63	63	63	63	63	j	25.3	25.3	25.3	25.3	25.3	25.3
k	34	34	35	37	37	37	k	13.5	13.2	14.1	14.7	14.4	14.2

Find **help and motivation** in my [ravelry-group](#).

This pattern has been carefully reviewed and tested by experienced knitters, in an attempt to ensure accuracy. Should you find any errors or have problems following the instructions, please do not hesitate to send me a personal message on [ravelry](#).

## More Design von Hinterm Stein...

<http://www.ravelry.com/designers/von-hinterm-stein>



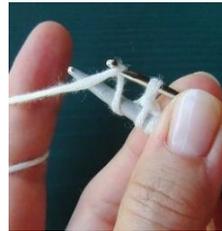
# Mon Ami Breton

## Abbreviations

*bef* = before  
*CC* = contrasting colour  
*CO* = cast on  
*dpn's* = double pointed needles  
*k* = knit  
*k2tog* = knit 2 together  
*MC* = main colour  
*m* = marker  
*m1L* = make one left  
*m1R* = make one right  
*p* = purl  
*p2tog* = purl 2 together  
*pm* = place marker  
*R* = row / round  
*RS* = right side  
*sm* = slip marker  
*ssk* = slip, slip knit  
*st sts* = stitch, stitches  
*WS* = wrong side  
*nyib* = with yarn in back  
*nyif* = with yarn in front

## Crochet (provisional) cast on

For a provisional cast on, make a slipknot with waste yarn, insert your hook, and chain 2-3 sts. With the yarn behind your knitting needle and the hook in front of the needle, hook the yarn and pull it through the loop on the crochet hook, creating a stitch on the needle. Continue until desired stitch count is on your knitting needle, then crochet 2-3 chain sts and fasten off. When working this cast on at the end of a row, use the working yarn and omit the chain sts at the beginning and end.



## Pick up stitches

Insert the right-hand needle from front to back into the gap between first and second stitch from the edge, wrap the yarn around the needle and draw the yarn through. You may find it easier to use a thinner needle.



## Decreases

k2tog: knit 2 sts together.

p2tog: purl 2 sts together.

ssk: slip 2 sts separately as if to knit, slip back to left needle and knit together through back loops.

## Increases

Left-leaning increase (m1L / m1Lp)

Insert left needle from front to back under the horizontal strand between two stitches and knit/purl through the back loop.

Right-leaning increase (m1R / m1Rp)

Insert the left needle from back to front under the horizontal strand between two stitches and knit / purl through the front loop.

## Jogless stripes

To avoid jogs while knitting stripes in the round, always knit the last stitch of the first round of the new colour through the stitch below.

## Video Help

If you need help with any of these techniques, video tutorials can easily be found on YouTube.

## More Design von Hinterm Stein...

<http://www.ravelry.com/designers/von-hinterm-stein>



# Mon Ami Breton

This sweater is knit seamlessly from the top down, starting with the upper front and back and joined in the round at the underarms. The body can be worked plain or with contrasting stripes, as you prefer.

Knitted with only one colour at a time, no threads need to be crossed. The neckline and shoulders are worked horizontally to join front and back and upper sleeves without any seams. Then body and sleeves are worked in the round to desired length.

Adjustments to circumference or in-between-sizes are easy to make – find details for adaptations on the last page. If you are not sure, I recommend starting with the smaller size and adding stitches as directed if desired.

## 1. Upper Front to armhole

80-86-90-92-96-98 sts provisional cast on in MC  
(Crochet cast on, see page 3)

- R1 (RS) k
- R2 (WS) p1, pm, p to 1 bef end, pm, p1
- R3 (RS) k to m, m1R, sm, k to m, sm, m1L, k to end  
(2sts increased)
- R4 (WS) p

Repeat R3-4 for 17 more times  
= 19 sts per sleeve  
= 78-84-88-90-94-96 sts body (between markers)

### 1.1. Armhole

- R5 (RS) k to m, m1R, sm, k2, m1L, k to 2 bef m, m1R, k2, sm, m1L, k to end (4sts increased)
- R6 (WS) p

Repeat R5-6 for 2-3-3-4-5-5 more times

**At the same time:**

If desired, work stripes as follows:

24R MC (white)

3R CC (blue), 6R MC (white), 3R CC (blue)

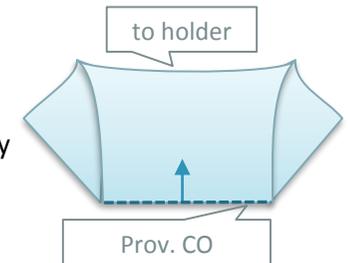
24R MC (white)

(The armhole starts in R3 of the 2<sup>nd</sup> wide MC stripe and ends with 14-12-10-6-4-2 MC rows remaining.)

- R7 = R5 (4sts increased)
- R8 (WS) p to m, m1Lp, sm, p2, m1Rp, p to 2 bef m, m1Lp, p2, sm, m1Rp, p to end (4sts increased)

Repeat R7-8 for 0-0-1-2-2-3 more times  
= 24-25-27-30-31-33 sts per sleeve  
= 88-96-104-112-118-124 sts body

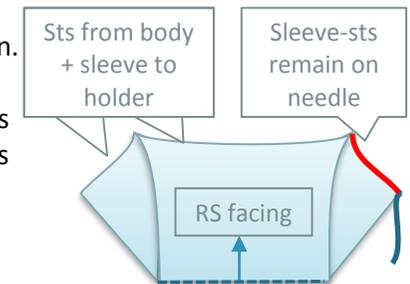
Place sts on holder, cut yarn.



## 2. Upper Back to armhole

Repeat step 1 as for Upper Front. Do not cut yarn.

Leave the first 24-25-27-30-31-33 right sleeve sts on working needle; place back and left sleeve sts on holder.

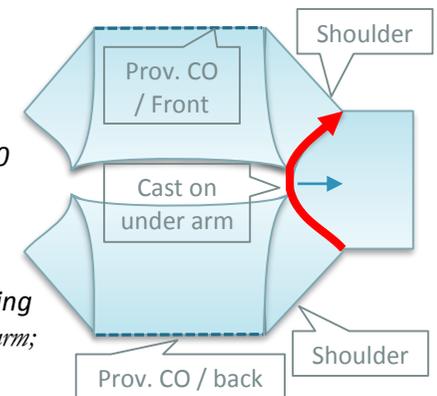


## 3. Upper Sleeves

### 3.1. Right Sleeve

- R1 (RS) with working yarn (MC): knit 24-25-27-30-31-33 sts, co 3-3-4-5-8-10 (under arm), pm, co 3-3-4-5-8-10, slip 24-25-27-30-31-33 front right sleeve sts from holder onto spare needle, working from edge to m, then knit the sts onto the working needle from m to edge (you have joined underarm; the upper sleeve/shoulder remains open)  
= 54-56-62-70-78-86 sts

R2 (WS) purl



# Mon Ami Breton

Continue in Stockinette stitch.

## Option a) short sleeves:

Work even for 12-10-8-4-2-0 R (*plus optional 9R for Size XL and XXL*), then place all sts on holder and cut yarn.

## Options b) medium + c) long sleeves:

Work even for 30-28-35-31-29-27 R, then place all sts on holder and cut yarn.

### At the same time:

Work in MC for 12-10-8-4-2-0 R more (=24R MC stripe begun in steps 1-2), then

### Option a)

Continue at step 4.

*Option for Size XL and XXL: you may add 3R in CC and 6R in MC*

### Options b) + c)

Stripes: [3R in CC, 6R in MC]

Repeat for 1-1-2-2-2-2 more times.

## 3.2. Left Sleeve

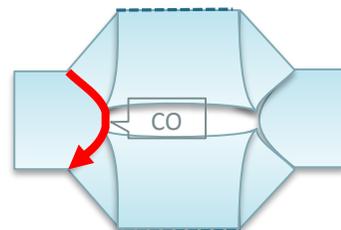
R1 (RS) slip 24-25-27-30-31-33 front left sleeve sts (edge to m) from holder to knitting needle then pull needle through, join MC and knit these sts, co 3-3-4-5-8-10 under arm, pm, co 3-3-4-5-8-10, then slip 24-25-27-30-31-33 back left sleeve sts (edge to m) to left needle, and knit to end.

=54-56-62-70-78-86 sleeve sts

*Be careful not to twist!*



Purl 1R (WS), then continue in Stockinette Stitch as described for right sleeve. Place sts on holder, cut yarn.



## 4. Neckline and shoulders

The neckline and shoulders are worked sideways in garter stitch, beginning at the centre and working outwards, and will join front and back as well as the upper part of the sleeves.

**Don't worry – the instructions seem much more complicated than they really are! Just follow step-by-step and have a look at the drawings.**

### 4.1. Left Front Neckline

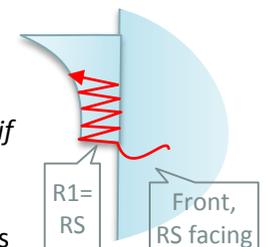
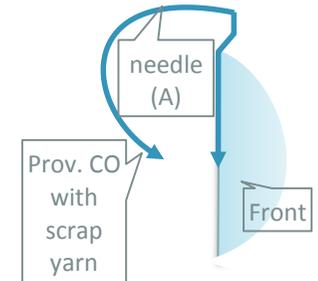
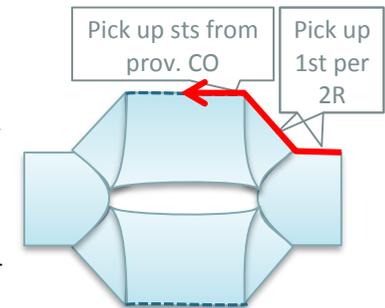
With Needle (A) and using CC, pick up and knit 1 st per 2R from end of left front sleeve to provisional cast on (=30sts for Option a); 35 sts for Option a plus 9R (XL, XXL); 38-38-43-43-43-43sts for Options b) +c)), then pick up and knit 40-43-45-46-48-49 sts from provisional cast on, ending at centre front.

Cut yarn, leaving a tail of 1.5m/60" - long enough to pick up the second side later.

Using scrap yarn and the provisional crochet cast-on method (see pg. 3), cast on 6 sts onto the free needle end for garter rib neckline.

R1 (RS) With new yarn in CC: k6 from provisional cast on, turn  
 R2 (WS) k5, p2tog (joining last garter rib st to body st), turn  
 R3 (RS) slip1 wyib (tighten yarn), k to 1 bef end, slip1 wyif

Repeat R2-3 for 11-11-12-13-13-14 more times  
 =25-25-27-29-29-31R = 12-12-13-14-14-15 ribs



# Mon Ami Breton

- R4 (WS) k2, m1R, k to 1 bef end of garter rib, p2tog, turn (1st increased)  
 R5 (RS) slip1 wyib (tighten yarn), k to 1 bef end, slip1 wyif  
 R6 (WS) k to 1 bef end of garter rib, p2tog, turn  
 R7 (RS) slip1 wyib (tighten yarn), k to 1 bef end, slip1 wyif

R8-11 = repeat R4-5 (only R4-5!) for 2 more times

- R12 (WS) k2, m1R, k to 1 bef end of garter rib, p2tog, turn (1st increased)  
 R13 (RS) slip1 wyib (tighten yarn), k to 2 bef end, m1R, k1, slip1 wyif (1st increased)

Repeat R12-13 once then  
 CO 3-4-4-5-5-5 sts at the end of the last row, using the last st as a loop for a crochet cast on (crochet cast on provides the same appearance as the chain stitch edges).

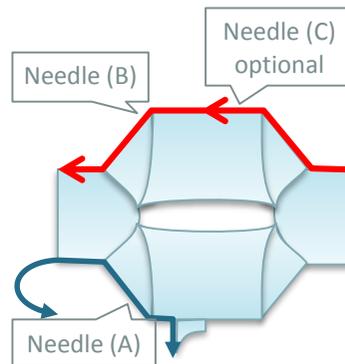
=16-17-17-18-18-18 garter rib sts

Cut yarn, leave sts on needle (A).

## 4.2. Left Back Neckline

With Needle (C)\* and using CC, pick up and knit 1 st per 2R from end of back right sleeve to provisional cast on (=30sts for Option a); 35 sts for Option a) plus 9R (XL, XXL); 38-38-43-43-43-43sts for Options b) +c)), then pick up and knit 40-43-45-46-48-49 sts from provisional cast on, ending at centre back.

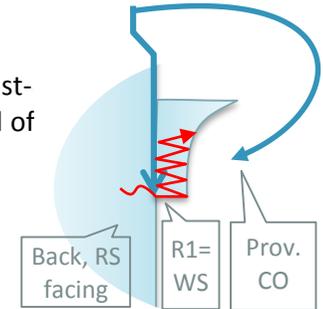
\*If you don't have a spare needle, use needle B, then place sts onto holder or scrap yarn to be picked up later.



With needle (B) pick up the remaining 39-42-44-45-47-48 sts (= 1st less than other side, due to the provisional cast on), then pick up and knit 1 st per 2R along edge of back left sleeve (=30sts for Option a); 35 sts for Option a) plus 9R (XL, XXL); 38-38-43-43-43-43sts for Options b) +c)). Cut yarn.

Pull the needle through, so that the tip is at the centre back.

Using scrap yarn and the provisional crochet cast-method (see pg. 3), cast on 10 sts onto the free end of needle (B) for back neck garter rib.



- R1 (WS) With new yarn in CC: k10 from provisional cast on, turn  
 R2 (RS) k to 1 bef end of garter rib, ssk (joining last garter rib st to body st), turn  
 R3 (WS) slip1 wyif (tighten yarn), k to 1 bef end, slip1 wyif

Repeat R2-3 for 14-14-15-16-16-17 more times

=31-31-33-35-35-37R = 16-16-17-18-18-19 ribs

- R4 (RS) k2, m1L, k to 1 bef end of garter rib, ssk, turn (1st increased)  
 R5 (WS) slip1 wyif (tighten yarn), k to 1 bef end, slip1 wyif

Repeat R4-5 for 2 more times, knit final stitch at the end of last row. Do not cut yarn.

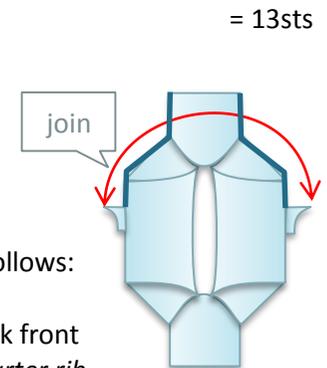
## 4.3. Left Shoulder

Make sure that you have the same remaining stitch count on both needles (not including the garter rib)!

Join front and back necklines and work shoulder as follows:

- R1 (WS) continuing last R from back neckline, work front neckline sts as follows: pm, k to 1 bef end of garter rib, p2tog, turn

= 29-30-30-31-31-31 garter rib sts



# Mon Ami Breton

- R2 (RS) *slip1 wyib (tighten yarn), k to m, sm, k to 1 bef end of garter rib, ssk, turn*  
 R3 (WS) *slip1 wyif (tighten yarn), k to m, sm, k to 1 bef end of garter rib, p2tog, turn*  
 R4-5 = R2-3  
 R6 = R2  
 R7 (WS) *slip1 wyif, k to m, sm, k2tog, k to 1 bef end of garter rib, p2tog, turn (1st decreased)*  
 R8-12 = R2-6  
 R13 (WS) *slip1 wyif, k to 2 bef m, ssk, sm, k to 1 bef end of garter rib, p2tog, turn (1st decreased)*

Repeat R2-13 until you have worked all sts and the sleeves are joined (*does not end with R13*).

Place remaining sts on holder.

## 4.4. Right Front Neckline

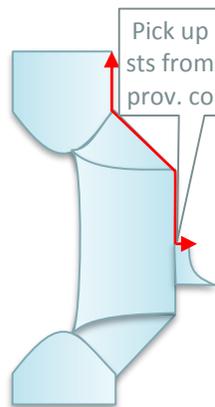
Using CC and needle (A), starting at front centre, pick up and knit remaining sts from front provisional cast on, then pick up and knit 1 st per 2R along edge of right front sleeve (*same st counts as left sleeve*). Pull the needle through, so that the tip is at the centre front.

Unravel the garter rib provisional cast on and slip sts to the working needle. (*Due to the prov. CO you will have only 5 sts on the needle. Pick up a 6th st from the row below, where rib and front meet; see picture*).

- R1 (RS) *k5, ssk (joining last garter rib st to next body st), turn*  
 R2 (WS) *slip1 wyif (tighten yarn), k to 1 bef end, slip1 wyif*  
 R3 (RS) *k to 1 bef end of garter rib, ssk, turn*

Repeat R2-3 for 11-11-12-13-13-14 more times

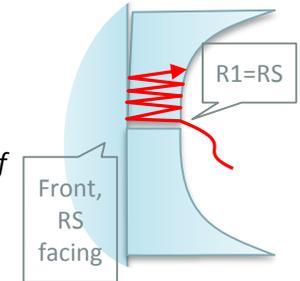
=25-25-27-29-29-31R = 12-12-13-14-14-15 ribs



- R4 (WS) *slip1 wyif (tighten yarn), k to 1 bef end, slip1, wyif*  
 R5 (RS) *k2, m1L, k to 1 bef end of garter rib, ssk (1st increased)*

Repeat R2-5 once, then R4-5 once

- R6 (WS) *slip1 wyif, k to 2 bef end, m1L, k1, slip1 wyif (1st increased)*  
 R7 (RS) *k2, m1L, k to 1 bef last st from rib, ssk (1st increased)*



Repeat R6-7 once, then R6 once, then CO 2-3-3-4-4-4 sts at the end of the row, using the last st as a loop for a crochet cast on.

=16-17-17-18-18-18 garter rib-sts

Cut yarn, leave sts on needle (A).

## 4.5. Right Back Neckline

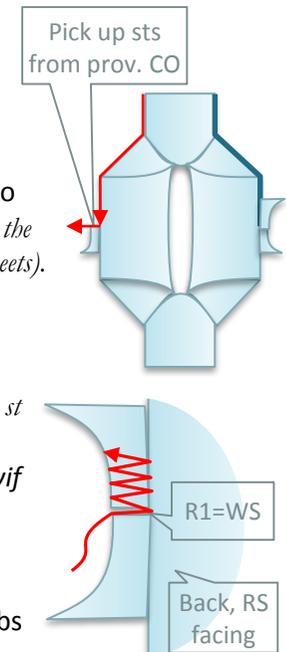
Work with needle (C) or transfer held sts to needle (B).

Unravel the garter rib provisional cast on and slip sts to needle (B/C). (*Due to the prov. CO you will have only 9 sts on the needle. Pick up a 10th st from the row below, where back and rib meets*).

- R1 (WS) *With new yarn in CC k to 1 bef end of garter rib, ssk (joining last garter rib st to next body st), turn*  
 R2 (RS) *slip1 wyib (tighten yarn), k to 1 bef end, slip1 wyif*  
 R3 (WS) *k to 1 bef end of garter rib, p2tog, turn*

Repeat R2-3 for 14-14-15-16-16-17 more times

=31-31-33-35-35-37R = 16-16-17-18-18-19 ribs



# Mon Ami Breton

- R4 (RS) *slip1 wyib (tighten yarn), k to 2 bef end, m1L, k1, slip1 wyif (1st increased)*  
 R5 (WS) *k to 1 bef end of garter rib, p2tog*

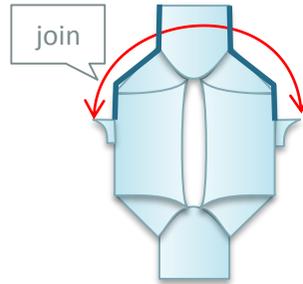
Repeat R4-5 twice.

=13 sts

## 4.6. Right Shoulder

*Make sure that you have the same remaining stitch count on both needles (not including the garter rib)!*

Join front and back necklines and work shoulder as follows:



- R1 (RS) continue at back: *slip1 wyib, k to end*, then work front sts from needle (A) as follows:  
*pm, k to 1 bef end of garter rib, ssk, turn*  
 = 29-30-30-31-31-31 garter rib sts

- R2 (WS) *slip1 wyif (tighten yarn), k to m, sm, k to 1 bef end of garter rib, p2tog, turn*

- R3 (RS) *slip1 wyib (tighten yarn), k to m, sm, k to 1 bef end of garter rib, ssk, turn*

R4-5 = R2-3

R6 = R2

- R7 (RS) *slip1 wyib, k to m, sm k2tog, k to 1 bef end of garter rib, ssk, turn (1st decreased)*

R8-12 = R2-6

- R13 (RS) *slip1 wyib, k to 2 bef m, ssk, sm, k to 1 bef end of garter rib, ssk, turn (1st decreased)*

Repeat R2-13 until you have worked all sts and the sleeves are joined (*does not end with R13*).

Place remaining sts on holder.

## 5. Body

Beginning at the centre of either underarm with MC, *[pm, pick up and knit 3-3-4-5-8-10 sts, transfer and knit body sts to knitting needle, pick up and knit 3-3-4-5-8-10 sts] 2 times.*

= 188-204-224-244-268-288 sts

Continue knitting in the round, working stripes as described at right.

### Option A (straight):

Work until a total of 177R from initial cast on.

### Option B (waist shaping):

Decrease in R2 as follows: *[sm, k2, k2tog, k to 4 bef m, ssk, k2] 2 times (4sts decreased)*

Repeat decreases every 12R, 4 more times.

=168-184-204-224-248-268 sts

Work straight to waist (*try on!*)

Then increase as follows: *[sm, k2, m1R, k to 2 bef m, m1L, k2] 2 times (4sts increased)*

Repeat increases every 10R, 5 more times.

= 192-208-228-248-272-292 sts

*For larger hip circumference, increase 7-8 times every 8R.*

### Option C (A-line):

Increase in R10 as follows: *[sm, k2, m1R, k to 2 bef m, m1L, k2] 2 times (4sts increased)*

Repeat increases every 18R, 6 more times.

= 216-232-252-272-296-316 sts

### At the same time:

#### Continue stripes

*(see technique for jogless stripes on page 3).*

Continue stripe in MC for 13-11-9-5-3-1 more rounds, for a total of 24R

Then:

*3R in CC, 6R in MC, 3R in CC, 6R in MC, 3R in CC, 24R in MC*

*3R in CC, 6R in MC, 3R in CC, 6R in MC, 3R in CC, 6R in MC, 3R in CC, 24R in MC*

*3R in CC, 6R in MC, 3R in CC, 6R in MC*

# Mon Ami Breton

## 5.1. Bottom Band

Separate work into front and back and work back and forth in garter stitch as follows:

R1 in CC: *k to m, turn*

R2 *k to m, turn*

Repeat R1-2 for 8 more times, then bind off.

Work remaining sts in the same way.

## 6. Sleeves Finishing

### Options a) short- and b) medium-length sleeves:

Transfer sts from holder to needles, beginning at centre underarm (marker), then continue with step 6.1.

### Option c) long sleeves:

Transfer sts from holder to needles, beginning at centre underarm (marker).

Work stripes as follows:

3R in CC and 6R in MC alternating (*or any other sequence, as you like*)

At the same time, decrease every 9R as follows:

*sm, k2, k2tog, k to 4 bef m, ssk, k2 (2 sts decreased)*

Work a total of 90-90-90-99-99-99 R or to desired length (*leaving 4cm/1.5" for cuff*).

### 6.1. Cuff (all Options)

R1 *k*

R2 *p*

Repeat R1-2 for 7 more times, then bind off.

## 7. Finishing

Weave in ends.

**and have fun with  
Mon Ami Breton!** 😊



### Size modifications:

Easy options for additional width at body and sleeves:

Underarm (step 3.1)

-CO 1 additional st (2 sts each side = 4 sts in total = +1.7cm/.75")

-CO 2 additional sts (4 sts each side = 8 sts in total = +3.4cm/1.5")

-CO 3 additional sts (6 sts each side = 12 sts in total = +5cm/2")

For additional width at body only (sleeves as stated):

At step 1, repeat R3-4 only 15 times instead of 17 times, then repeat R5-6 (step 1.1) 2 times more. (=4 sts more at body, 0 more at sleeves.)