

COCO AMOUR KNITWEAR

# HIGHLANDS SWEATER



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Version 1.0 (English)

**Sizes:**

1 (2, 3, 4, 5) (6, 7, 8, 9) 10, 11

Sizes 1 (2, 3, 4, 5) (6, 7, 8, 9) 10, 11 are intended to fit an approximate actual bust circumference of 75 (80, 85, 90, 95) (100, 110, 120, 130) 140, 150 cm.

**Bust circumference of finished garment:**

89.5 (95, 99, 105, 110.5) (114.5, 125.5, 135, 145) 154.5, 165.5 cm

**Upper arm circumference of finished garment:**

36 (38, 38, 40, 42) (42, 45.5, 47.5, 51.5) 55, 59 cm

**Recommended length of finished garment:**

56 (57, 57, 57.5, 58) (58, 59, 60, 60.5) 61.5, 62 cm (measured mid-back excluding neck edge)

**Recommended length of finished sleeve:**

41 cm (measured from underarm cast-on edge)

**Yoke depth:**

18.5 (19.5, 19.5, 20, 20.5) (20.5, 21.5, 22.5, 23) 24, 24.5 cm

**Gauge:**

21 sts x 31 rows in stockinette stitch on 4mm needles = 10 x 10 cm after blocking

**Needles:**

Circular needles: 3mm (40 cm), 3.5mm (40-120 cm), 4mm (40 - 120 cm)

**Materials:**

200 (200, 200, 200, 200) (250, 250, 250, 300) 300, 350 g Merino Singles by Sysleriget (100g = 366m) held together with 75 (75, 75, 75, 100) (100, 100, 100, 100) 125, 125 g Silk Mohair by Isager (25g = 212m) for **main colour** and 115 (120, 120, 120, 130) (130, 140, 145, 150) 160, 170 Merino Singles by Sysleriget (100g = 366m) held together with 45 (45, 45, 45, 50) (50, 50, 55, 55) 60, 65 Le Petite Silk and Mohair by Biches et Büches (25g = 210m) for **contrast colour**. The contrast colour yarn quantities have been provided to the nearest 5g to allow for scrap yarn to be used.

If you wish to lengthen or shorten the sweater, you may require more or less yarn.

*\* Yarn used in the pictures is Merino Singles by Sysleriget in shade Undyed held together with Silk Mohair by Isager in shade E0 for main colour AND Merino Singles by Sysleriget in shade Green Tea held together with Le Petite Silk and Mohair by Biches et Büches in shade Soft Gold.*

**Size guide**

Highlands Sweater is designed to have approximately 15 cm of positive ease, meaning it is designed to be approximately 15 cm larger in circumference than your bust measurement.

The Highlands Sweater has a saddle shoulder construction paired with short rows to create a modern shape with excellent fit and drape. The construction allows for a seamless contrast colour sleeve. Small details along the neckline and before the sleeve and body ribbing provide a sporty look.

The sweater is worked from the top down. First the left and right shoulders are worked and stitches put on hold to form part of the sleeves. Stitches are then picked up along the back to work back and forth with short-row shaping. Stitches are then picked up along the left and right fronts and worked back

and forth whilst shaping the neckline before joining. The front is then joined to the back at the underarms and worked in the round until the desired length is achieved. The body is finished with ribbing. Sleeve stitches are picked up around the armhole to work with the stitches put on hold during the shoulder construction; short rows are worked to provide the perfect drape to the shoulders, followed by decreases to taper the sleeves whilst working in the round before finishing with ribbing. Finally, stitches are picked up around the neck edge to work the final ribbing.

## Abbreviations

**BOR** = beginning of round

**RS** = right side

**WS** = wrong side

**k** = knit

**p** = purl

**sl** = slip stitch purlwise

**st(s)** = stitch(es)

**sk** = slip 1 stitch knitwise, return stitch back to the left needle

**skp** = slip 1 stitch knitwise, knit the next stitch on the needle, pass the slipped stitch over the knitted stitch

**wyb** = with yarn behind

**wyf** = with yarn in front

**k2tog** = knit two stitches together

**p2tog** = purl two stitches together

**tbl** = through the back loop

**M1L** = Make 1 Left; work an increase by inserting the left needle under the strand between the stitches from front to back and knitting it through the back loop.

**M1Lp** = Make 1 Left purl; work an increase by inserting the left needle under the strand between the stitches from front to back and purling it through the back loop.

**M1R** = Make 1 Right; work an increase by inserting the left needle under the strand between the stitches from back to front and knitting it through the front loop.

**M1Rp** = Make 1 Right purl; work an increase by inserting the left needle under the strand between the stitches from back to front and purling it through the front loop.

## German Short Rows

Work to turning point. Turn the work, slip the first stitch purlwise, and bring the working yarn in front of the work and up and over the needle, pulling it tightly so that it pulls both 'legs' of the slipped stitch over the needle. Continue as the pattern describes. When working across the turning stitch, work both 'legs' of the stitch as one stitch.

# Pattern

## Right Shoulder

Cast-on 20 (20, 20, 20, 20) (20, 24, 24, 24) 24, 24 sts on a 4mm circular needle using the contrast colour yarn.

Break the yarn if required (depending on the cast-on technique you have used) so you can begin working from the RS.

You will now work German Short Rows to shape the neckline, as follows:

Row 1 (RS): Knit 4 sts, turn work.

Row 2 (WS): Purl across row.

Row 3 (RS): Knit to 4 sts after the last turn (meaning knit both 'legs' of the previous RS row turning stitch, and then knit the next 4 stitches), turn work.

Row 4 (WS): Purl across row.

Work rows 3 and 4, 3 (3, 3, 3, 3) (3, 4, 4, 4) 4, 4 times in total. On your last turn there are 4 sts left on the needle before the end of the RS row).

Work back and forth in stockinette stitch, as follows:

Row 5 (RS): Knit across row.

Row 6 (WS): Purl across row.

Work rows 5 and 6 a total of 20 (20, 20, 20, 20) (20, 21, 21, 21) 22, 22 times.

Break the yarn and put the stitches on hold.

## Left Shoulder

Cast-on 20 (20, 20, 20, 20) (20, 24, 24, 24) 24, 24 sts on a 4mm circular needle using the contrast colour yarn.

Break the yarn if required (depending on the cast-on technique you have used) so you can begin working from the WS.

You will now work German Short Rows to shape the neckline, as follows:

Row 1 (WS): Purl 4 sts, turn work.

Row 2 (RS): Knit across row.

Row 3 (WS): Purl to 4 sts after the last turn (meaning purl both 'legs' of the previous WS row turning stitch, and then purl the next 4 stitches), turn work.

Row 4 (RS): Knit across row.

Work rows 3 and 4 a total of 3 (3, 3, 3, 3) (3, 4, 4, 4) 4, 4 times. On your last turn there are 4 sts left on the needle before the end of the WS row).

Work back and forth in stockinette stitch, as follows:

Row 5 (WS): Purl across row.

Row 6 (RS): Knit across row.

Work rows 5 and 6 a total of 20 (20, 20, 20, 20) (20, 21, 21, 21) 22, 22 times.

Break the yarn and put the stitches on hold.

## Back

You will now join the right and left shoulders by picking up stitches along the back edges of each shoulder panel and casting on stitches for the back of the neck, as follows.

*Nb) The back edge of the shoulders is the longer edge.*

Using the main colour yarn and a 4mm circular needle, with the RS facing and beginning at the 'live stitch' end, pick up and knit 32 (32, 32, 32, 32) (32, 34, 34, 34) 36, 36 sts along the back edge of the left shoulder (the longer edge) – this is the equivalent of picking up approximately 2 sts for every 3 rows. Cast on 26 (26, 28, 28, 30) (30, 30, 32, 34) 34, 36 sts in extension of the sts on the needle using the backwards-loop technique. Beginning at the cast-on edge, pick up and knit 32 (32, 32, 32, 32) (32, 34, 34, 34) 36, 36 sts along the back edge of the right shoulder – this is the equivalent of picking up approximately 2 sts for every 3 rows.

There are now a total of 90 (90, 92, 92, 94) (94, 98, 100, 102) 106, 108 sts on the needle.

Break the yarn and place a BOR marker at the center of the 90 (90, 92, 92, 94) (94, 98, 100, 102) 106, 108 sts. This equates to 45 (45, 46, 46, 47) (47, 49, 50, 51) 53, 54 sts either side of the BOR marker.

Slip sts from the left needle to the right needle so you begin working from the BOR marker.

With the RS facing, re-join new yarn in the main colour and work German Short Rows to shape the back, as follows:

Row 1 (RS): Knit 13 (13, 14, 14, 15) (15, 15, 16, 17) 17, 18 sts, turn work.

Row 2 (WS): Purl to the BOR marker, then purl 13 (13, 14, 14, 15) (15, 15, 16, 17) 17, 18 sts, turn work.

Row 3 (RS): Knit to 4 sts after the last turn (meaning knit both 'legs' of the previous RS row turning stitch, and then knit the next 4 stitches), turn work.

Row 4 (WS): Purl to 4 sts after the last turn (meaning purl both 'legs' of the previous WS row turning stitch, and then purl the next 4 stitches), turn work.

Work rows 3 and 4 a total of 7 (7, 7, 7, 7) (7, 8, 8, 8) 8, 8 times. On your last turn there are 4 (4, 4, 4, 4) (4, 2, 2, 2) 4, 4 sts left on the needle before the end of the WS row).

Row 5 (RS): Knit to BOR marker.

Work back and forth in stockinette stitch, as follows:

Row 6 (RS): Knit to end of row.

Row 7 (WS): Purl across row.

Row 8 (RS): Knit to BOR marker.

Work rows 6 to 8 a total of 20 (19, 18, 17, 16) (16, 16, 16, 17) 18, 17 times. Counting from the outer shoulder edge, you have worked a total of 40 (38, 36, 34, 32) (32, 32, 32, 34) 36, 34 rows.

You will now work underarm increases every other row as follows:

Row 9 (RS): Knit across row until 5 sts remain on the needle, **M1R**, k5. (1 st increased)

Row 10 (WS): Purl across row until 5 sts remain on the needle, **M1Lp**, p5. (1 st increased)

Row 11 (RS): Knit to BOR marker.

Work rows 9 to 11 a total of 1 (3, 4, 6, 8) (6, 4, 4, 2) 1, 1 time(s). Counting from the outer shoulder edge, you have worked a total of 42 (44, 44, 46, 48) (44, 40, 40, 38) 38, 36 rows.

There are now a total of 92 (96, 100, 104, 110) (106, 106, 108, 106) 108, 110 sts on the needle.

*Sizes 6, 7, 8, 9, 10, and 11 only:*

You will now work underarm increases every row as follows:

Row 12 (RS): Knit across row until 5 sts remain on the needle, **M1R**, k5. (1 st increased)

Row 13 (WS): P5, **M1Rp**, purl across row until 5 sts remain on the needle, **M1Lp**, p5. (2 sts increased)

Row 14 (RS): K5, **M1L**, knit to BOR marker. (1 st increased)

Work rows 12 to 14 a total of x (x, x, x, x) (2, 4, 6, 8) 9, 11 times. Counting from the outer shoulder edge, you have worked a total of x (x, x, x, x) (48, 48, 52, 54) 56, 58 rows.

There are now a total of x (x, x, x, x) (114, 122, 132, 138) 144, 154 sts on the needle.

*All sizes.*

Break the yarn and put the stitches on hold.

## Left Front

Using the main colour yarn and a 4mm circular needle pick up stitches as follows.

With the RS facing and using the **short tail of the yarn** (so you can begin knitting with the RS facing with the long end of yarn that comes from the yarn skein), pick up and knit 26 (26, 26, 26) (26, 28, 28, 28) 30, 30 sts along the front edge of the left shoulder using a 4mm needle 40 cm or larger and the main colour yarn. This is the equivalent of picking up approximately 2 sts for every 3 rows. The direction of picking up stitches is from the neck along to the shoulder.

*Nb) The front edge of the shoulder is the shorter edge.*

*Tip) Ensure the stitch right before the live stitches is picked up for a neat end result.*

You will now work German Short Rows to shape the shoulder as follows:

Row 1 (RS): Knit 6 sts, turn work.

Row 2 (WS): Purl across row.

Row 3 (RS): Knit to 4 sts after the last turn (meaning knit both 'legs' of the previous RS row turning stitch, and then knit the next 4 stitches), turn work.

Row 4 (WS): Purl across row.

Work rows 3 and 4 a total of 2 (3, 2, 2, 1) (1, 3, 3, 2) 4, 3 time(s).

You will now continue to work German Short Rows, whilst working increases to shape the neckline, as follows:

Row 5 (RS): K5, **MIL**, knit to 4 sts after the last turn (meaning knit both 'legs' of the previous RS row turning stitch, and then knit the next 4 stitches), turn work. (1 st increased)

Row 6 (WS): Purl across row.

Work rows 5 and 6 a total of 2 (1, 2, 2, 3) (3, 2, 2, 3) 1, 2 time(s). On your last turn there are 4 (4, 4, 4, 4) (4, 2, 2, 2) 4, 4 sts left on the needle before the end of the RS row).

The German Short Rows are now finished. You will continue to work increases to shape the neckline.

Row 7 (RS): K5, **MIL**, knit to end of row. (1 st increased)

Row 8 (WS): Purl across row.

Work rows 7 and 8 a total of 6 (7, 7, 7, 7) (7, 7, 8, 8) 9, 9 times.

There are now a total of 34 (34, 35, 35, 36) (36, 37, 38, 39) 40, 41 sts on the needle.

Break the yarn and put the sts on hold.

## Right Front

Using the main colour yarn and a 4mm circular needle pick up stitches as follows.

With the RS facing and using the **long tail of the yarn** (so you can begin knitting with the WS facing), pick up and knit 26 (26, 26, 26, 26) (26, 28, 28, 28) 30, 30 sts along the front edge of the right shoulder using a 4mm needle 40 cm or larger and the main colour yarn. This is the equivalent of picking up approximately 2 sts for every 3 rows. The direction of picking up stitches is from the shoulder edge towards the neck.

*Nb) The front edge of the shoulder is the shorter edge.*

*Tip) Ensure the stitch right before the live stitches is picked up for a neat end result.*

You will now work German Short Rows to shape the shoulder as follows:

Row 1 (WS): Purl 6 sts, turn work.

Row 2 (RS): Knit across row.

Row 3 (WS): Purl to 4 sts after the last turn (meaning purl both 'legs' of the previous WS row turning stitch, and then purl the next 4 stitches), turn work.

Row 4 (RS): Knit across row.

Work rows 3 and 4 a total of 2 (3, 2, 2, 1) (1, 3, 3, 2) 4, 3 time(s).

You will now continue to work German Short Rows, whilst working increases to shape the neckline, as follows:

Row 5 (WS): P5, **MIRp**, purl to 4 sts after the last turn (meaning knit both 'legs' of the previous WS row turning stitch, and then purl the next 4 stitches), turn work. (1 st increased)

Row 6 (RS): Knit to end of row.

Work rows 5 and 6 a total of 2 (1, 2, 2, 3) (3, 2, 2, 3) 1, 2 time(s). On your last turn there are 4 (4, 4, 4, 4) (4, 2, 2, 2) 4, 4 sts left on the needle before the end of the WS row).

The German Short Rows are now finished. You will continue to work increases to shape the neckline.

Row 7 (WS): P5, **M1Rp**, purl to end of row. (1 st increased)

Row 8 (RS): Knit across row.

Work rows 7 and 8 a total of 6 (7, 7, 7, 7) (7, 7, 8, 8) 9, 9 times.

There are now a total of 34 (34, 35, 35, 36) (36, 37, 38, 39) 40, 41 sts on the needle.

Break the yarn, so you can begin work from the RS again.

## Front

The right and left fronts are now joined together, as follows:

Row 1 (RS): Re-join new yarn in the main colour and knit across right front until 5 sts remain, **M1R**, k5, cast on 20 (20, 20, 20) (20, 22, 22, 22) 24, 24 sts using the backwards-loop method, k5 across the left front, **M1L**, knit across the remaining left front row. (2 sts increased)

There are now a total of 90 (90, 92, 92, 94) (94, 98, 100, 102) 106, 108 sts on needle.

Row 2 (WS): Purl across row.

Row 3 (RS): Knit across row.

Row 4 (WS): Purl across row.

Work rows 3 and 4 a total of 13 (11, 10, 9, 8) (8, 8, 7, 8) 8, 7 times. Counting from the outer shoulder edge you have worked a total of 40 (38, 36, 34, 32) (32, 32, 32, 34) 36, 34 rows.

You will now work underarm increases every other row as follows:

Row 5 (RS): K5, **M1L**, knit across row until 5 sts remain on the needle, **M1R**, k5. (2 sts increased)

Row 6 (WS): Purl across row.

Work rows 5 and 6 a total of 1 (3, 4, 6, 8) (6, 4, 4, 2) 1, 1 time(s). Counting from the outer shoulder edge, you have worked a total of 42 (44, 44, 46, 48) (44, 40, 40, 38) 38, 36 rows.

There are now a total of 92 (96, 100, 104, 110) (106, 106, 108, 106) 108, 110 sts on the needle.

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*Sizes 6, 7, 8, 9, 10, and 11 only:*

You will now work underarm increases every row as follows:

Row 7 (RS): K5, **M1L**, knit across row until 5 sts remain on the needle, **M1R**, k5. (2 sts increased)

Row 8 (WS): P5, **M1Rp**, purl across row until 5 sts remain on the needle, **M1Lp**, P5. (2 sts increased)

Work rows 7 and 8 a total of x (x, x, x, x) (2, 4, 6, 8) 9, 11 times. Counting from the outer shoulder edge, you have worked a total of x (x, x, x, x) (48, 48, 52, 54) 56, 58 rows.

There are now a total of x (x, x, x, x) (114, 122, 132, 138) 144, 154 sts on the needle.

## Body

The front is now joined with the back to knit in the round.

With the RS facing, knit across all sts on the front, cast on 2 (4, 4, 6, 6) (6, 10, 10, 14) 18, 20 sts using the backwards-loop method, knit across the held sts for the back, cast on 1 (2, 2, 3, 3) (3, 5, 5, 7) 9, 10 st(s) using the backwards-loop method, place a BOR marker, cast on 1 (2, 2, 3, 3) (3, 5, 5, 7) 9, 10 st(s) using the backwards-loop method, join to knit in the round.

If required to accommodate the larger number of sts, change to a longer circular needle.

There are now a total 188 (200, 208, 220, 232) (240, 264, 284, 304) 324, 348 sts on the needle.

Work stockinette stitch in the round until the sweater measures approximately 47 (48, 48, 48.5, 49) (49, 50, 51, 51.5) 52.5, 53 cm, measured from the mid-back cast-on edge.

It is recommended to try on your sweater here and lengthen the sweater if that is your preference before working the ribbing. You may require more yarn.

Continue using 4mm circular needles and knit 1 round in the main colour yarn whilst holding a different coloured sewing thread together with your yarn. This will be useful later when picking up sts in the same place on the WS.

*Nb) This coloured sewing thread will be removed from the garment during finishing.*

Continue using the 4mm circular needles and main colour yarn and knit 2 more rounds **without** the coloured sewing thread.

Break the yarn and leave the sts on hold.

Turn the sweater inside out.

Using a new 4mm circular needle and the main colour yarn, pick up and knit 188 (200, 208, 220, 232) (240, 264, 284, 304) 324, 348 sts from the WS, 3 rows down from where you finished the body on the RS, **i.e. in the sts with the coloured sewing thread.**

Knit 2 rounds.

Turn the sweater to the right side again.

You will now knit the sts on both needles together using a 3.5mm circular needle, as follows:

With the RS facing, hold both 4mm needles together and knit the sts off in pairs using a 3.5mm circular needle by \*inserting the 3.5mm needle into the first st on the front needle knitwise, then inserting the 3.5mm needle into the first st on the back needle knitwise, then knit these two sts together\*, repeat between \* to \* until all sts are knit together.

Continue using 3.5mm circular needles and the main colour yarn and work \*k1, p1\*, repeat between \* to \* until the end of the round.

Work ribbing for 7.5 cm.

Work 2 rounds of double knitting before binding off using the Italian bind-off technique:

Round 1: \*K1, sl1 wyf\*, repeat between \* to \* until end of round.

Round 2: \*Sl1 wyb, p1\*, repeat between \* to \* until end of round.

Bind-off using the Italian bind-off technique.

## Sleeves

The sleeves are now worked in the round using the shoulder sts that were placed on hold during the shoulder construction and sts picked up around the armhole edge at a rate of approximately 2 sts for every 3 rows along the sides and 1 st for each cast-on st at the underarm.

Place the 20 (20, 20, 20, 20) (20, 24, 24, 24) 24, 24 sts for one shoulder on a 4mm 40 cm circular needle. Starting to the left of the shoulder sts and using the contrast colour yarn, pick up and knit 28 (29, 29, 30, 32) (32, 32, 34, 36) 38, 41 sts along the first side of the armhole, pick up and knit 2 (4, 4, 6, 6) (6, 10, 10, 14) 18, 20 sts in the underarm cast-on sts, then pick up and knit 28 (29, 29, 30, 32) (32, 32, 34, 36) 38, 41 sts along the

remaining side of the armhole, **k2tog** (the first 2 shoulder sts), k16 (16, 16, 16, 16) (16, 20, 20, 20) 20, 20, **skp** (the last 2 shoulder sts).

Break the yarn.

There are now a total 76 (80, 80, 84, 88) (88, 96, 100, 108) 116, 124 sts on the needle.

Short rows are now worked to shape the shoulders, as follows:

Place a BOR marker at the center of the underarm cast-on sts, then place two markers as follows: **place M1** 28 (30, 30, 32, 34) (34, 36, 38, 42) 46, 50 sts after the BOR, and **place M2** 28 (30, 30, 32, 34) (34, 36, 38, 42) 46, 50 sts before the BOR marker.

Slip sts from the left needle to the right needle until you reach M1.

Row 1 (RS): Knit to M2, turn work.

Row 2 (WS): Purl to M1, turn work.

Row 3 (RS): Knit to 4 sts after the last turn (meaning knit both 'legs' of the previous RS row turning stitch, and then knit the next 4 stitches), turn work.

Row 4 (WS): Purl to 4 sts after the last turn (meaning purl both 'legs' of the previous WS row turning stitch, and then purl the next 4 stitches), turn work.

Work rows 3 and 4 a total of 7 (7, 7, 8, 8) (8, 9, 9, 10) 11, 12 times.

*Sizes 1, 4, and 7 only:* On the last turn you should be at the BOR marker.

*Sizes 2, 3, 5, 6, 8, 9, 10, and 11 only:*

You will continue working short rows as follows:

Row 5 (RS): Knit to 2 sts after the last turn (meaning knit both 'legs' of the previous RS row turning stitch, and then knit the next 2 stitches), turn work.

Row 6 (WS): Purl to 2 sts after the last turn (meaning purl both 'legs' of the previous WS row turning stitch, and then purl the next 2 stitches), turn work.

Work rows 5 and 6 a total of x (1, 1, x, 1) (1, x, 1, 1) 1, 1 time. On the last turn you should be at the BOR marker.

*All sizes.*

The short rows are now complete, and you can remove M1 and M2.

Knit in the round until the sleeve measures approximately 32 cm from the underarm cast-on edge **while at the same time working decreases** every 24<sup>th</sup> (16<sup>th</sup>, 16<sup>th</sup>, 14<sup>th</sup>, 12<sup>th</sup>) (12<sup>th</sup>, 10<sup>th</sup>, 8<sup>th</sup>, 8<sup>th</sup>) 6<sup>th</sup>, 6<sup>th</sup> round a total of 4 (6, 6, 7, 8) (8, 5, 12, 3) 12, 7 times **and** every x (x, x, x, x) (x, 8<sup>th</sup>, x, 6<sup>th</sup>) 4<sup>th</sup>, 4<sup>th</sup> round a total of x (x, x, x, x) (x, 6, x, 12) 6, 14 times.

**Decrease rounds** are worked as follows:

K2tog, knit until 2 stitches before marker, sk k2tog tbl. (2 sts decreased)

You will have worked a total of 4 (6, 6, 7, 8) (8, 11, 12, 15) 18, 21 decrease rounds, and there are now a total of 68 (68, 68, 70, 72) (72, 74, 76, 78) 80, 82 sleeve sts on the needle.

It is recommended to try on your sweater here and lengthen the sleeves if that is your preference. You may require more yarn.

Continue using 4mm circular needles and knit 1 round in the contrast colour yarn whilst holding a different coloured sewing thread together with your yarn. This will be useful later when picking up sts in the same place on the WS.

*Nb) This coloured sewing thread will be removed from the garment during finishing.*

Continue using the 4mm circular needles and contrast colour yarn and knit 2 more rounds **without** the coloured sewing thread.

Break the yarn and leave the sts on hold.

Turn the sweater inside out.

Using a new 4mm circular needle and the contrast colour yarn, pick up and knit 68 (68, 68, 70, 72) (72, 74, 76, 78) 80, 82 sts from the WS, 3 rows down from where you finished the sleeve on the RS, **i.e. in the sts with the coloured sewing thread.**

Knit 2 rounds.

Turn the sweater to the right side again.

You will now knit the sts on both needles together using a 3.5mm circular needle, as follows:

Hold both 4mm needles together and knit the sts off in pairs using a 3.5mm circular needle by \*inserting the 3.5mm needle into the first st on the front needle knitwise, then inserting the

3.5mm needle into the first st on the back needle knitwise, then knit these two sts together\*, repeat between \* to \* until all sts are knit together.

Continue using 3.5mm circular needles and the contrast colour yarn and work \*k1, p1\*, repeat between \* to \* until the end of the round.

Work ribbing for 7.5 cm.

Work 2 rounds of double knitting before binding off using the Italian bind-off technique:

Round 1: \*K1, sl1 wyf\*, repeat between \* to \* until end of round.

Round 2: \*Sl1 wyb, p1\*, repeat between \* to \* until end of round.

Bind-off using the Italian bind-off technique.

## Neck

The neck edge is worked in the round. Using 3.5mm 40 cm needles, start at the one side of the neck with the RS facing and pick up and knit 112 (116, 118, 118, 120) (120, 132, 136, 138) 144, 146 sts along the neck edge using the main colour yarn, whilst holding a different colour sewing thread together with your yarn. This will be useful later when picking up sts in the same place on the WS.

This works out as picking up one stitch for every stitch/row along the back of the neck, along the cast-on edges of the shoulder, and along the cast-on sts to join the left and right fronts, whilst picking up approximately 2 sts out of every 3 rows along the straight sides of the neckline and the slanted edges where the increases were worked to shape the neckline at the front.

*Nb) This coloured sewing thread will be removed from the garment during finishing.*

For example, pick up and knit 26 (26, 28, 28, 30) (30, 30, 32, 34) 34, 36 sts along the cast-on edge of the back, 19 (19, 19, 19, 19) (19, 23, 23, 23) 23, 23 sts along the cast-on edge of the left shoulder, 14 (16, 16, 16, 16) (16, 17, 18, 18) 20, 20 sts along the straight sides of the neck and the slanted edge where the neckline increases were worked on the left side of the neck, 20 (20, 20, 20, 20) (20, 22, 22, 22) 24, 24 sts along the cast-on edge between the front left and right, 14 (16, 16, 16, 16) (16, 17, 18, 18) 20, 20 sts along the straight sides of the neck and the slanted edge where the neckline increases were worked on the right side of the neck, 19 (19, 19, 19, 19) (19,

23, 23, 23) 23, 23 sts along the cast-on edge of the right shoulder.

Place a BOR marker.

Continue using the 3.5mm circular needles and main colour yarn and knit 2 more rounds **without** the coloured sewing thread.

Break the yarn and leave the sts on hold.

Turn the sweater inside out.

Using a new 3.5mm circular needle and the main colour yarn, pick up and knit 112 (116, 118, 118, 120) (120, 132, 136, 138) 144, 146 sts from the WS, 3 rows down from where you finished the neck on the RS, **i.e. in the sts with the coloured sewing thread.**

*Nb) Pick up the stitches here below the neck cast-on edges for a neat finish and a 'fuller' double knit neck detail.*

Knit 2 rounds.

Turn the sweater to the right side again.

You will now knit the sts on both needles together using a 3mm circular needle, as follows:

Hold both 3.5mm needles together and knit the sts off in pairs using a 3mm circular needle by \*inserting the 3mm needle into the first st on the front needle knitwise, then inserting the 3mm needle into the first st on the back needle knitwise, then knit these two sts together\*, repeat between \* to \* until all sts are knit together.

Continue using 3mm needles and the main colour yarn, and work \*k1, p1\*, repeat between \* to \* until the end of the round.

Work 8 rounds of ribbing in total.

Work 2 rounds of double knitting before binding off using the Italian bind-off technique:

Round 1: \*K1, sl1 wyf\*, repeat between \* to \* until end of round.

Round 2: \*Sl1 wyb, p1\*, repeat between \* to \* until end of round.

Bind-off using the Italian bind-off technique.

## Finishing

Weave in all ends.

Remove any coloured sewing thread.

