

Hera

CROCHET TOP PATTERN

BY: JOY MONDRAGON



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MATERIALS:

- Size 3, DK Weight Yarn. I used 5 ply milk cotton. Approximately 100g yarn for size XS
- 3.5 mm hook
- Stitch markers
- 5.2 cm tapestry needle.
- Scissors
- Tape measure
- 10 mm Beads for the strap and back strings. I used 42 pcs. (Optional)

STITCHES AND ABBREVIATIONS:

ST/STS – stitch/stitches

CH – chain

SL ST – slip stitch

DC – double crochet

SC – single crochet

FLO – front loop only

BLO – back loop only

SM – Stitch marker

RS – Right side

WS – Wrong side

SKILL LEVEL:

- Advanced Beginner

PATTERN NOTES:

- This is a made-to-measure pattern but I suggest you use size 2 or size 3 yarn and the recommended hook size for it. However, if you are not a tight crocheter I suggest you use smaller hook size than recommended for the yarn size. It helps provide better support in the bust.
- Chain 1 at the end of the row does not count as a stitch.
- The number in parenthesis at the end of the row represent my total stitch count at the end of that row. Use that for your reference.
- Right side (RS) is the side which is outside when worn, this is the front of your work. Wrong side (WS) is the side which is inside when worn, this is the back of your work.
- The pattern is written in US American crochet terms.

OVERVIEW

The pattern is written in the next few simple steps:

- Bra cups (page 4-9)
- Joining part (page 9-11)
- Side part 1 & 2 (page 11-14)
- Bottom Part (page 15)
- String holes' part 1 & 2 and string (page 15-16)
- Straps (17)

MEASUREMENT GUIDE

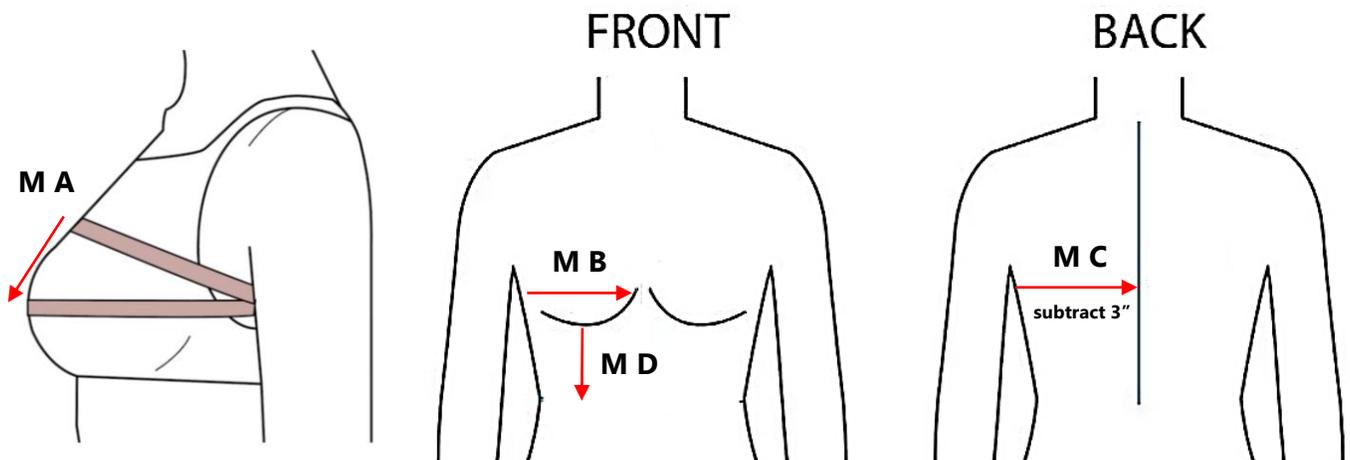
Measurement A (M A): Measure from your upper bust to your bust point/nipple.

Measurement B (M B): Measure from outside of your breast to inside of your breast along nipple.

You should follow the curve of your breast

Measurement C (M C): Measure from side of your breast to your spine then subtract 3 inches.

Measurement D (M D): From the bottom of the cup to your desired length.

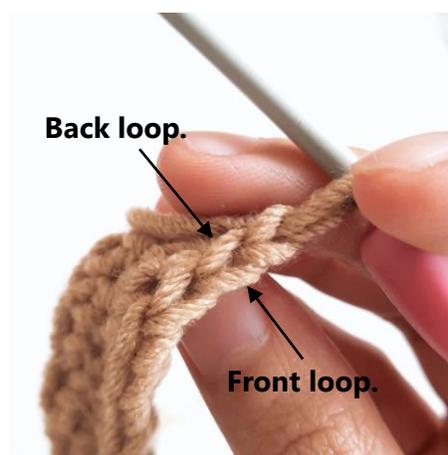


SPECIAL TECHNIQUES

When looking at the top of a stitch, you will see two loops. A **front loop** towards you and a **back loop** is away from you.

Working into front loop only (FLO) – crochet into the front loop only and leave back loop untouched.

Working into back loop only (BLO) – crochet into the back loop only and leave front loop untouched.



BRA CUPS



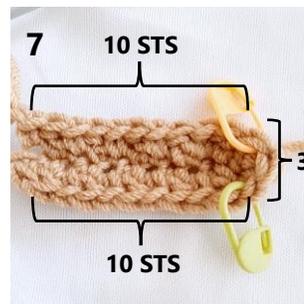
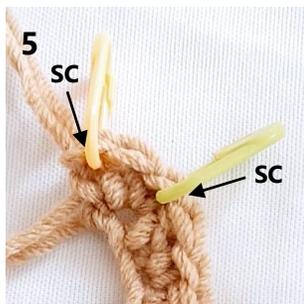
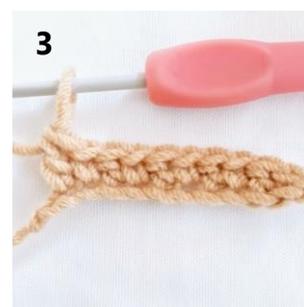
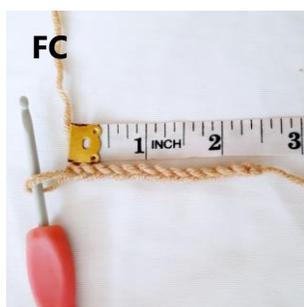
Taking your crochet hook and yarn, start off by making a slip knot.

Foundation Chain (FC):

Create an **even number** of chains based on your **Measurement A**. For reference, the length of my foundation chain is **2.5 inches with a total of 12 chains**. **Tighten the tension to avoid holes in the cups.**

Row 1:

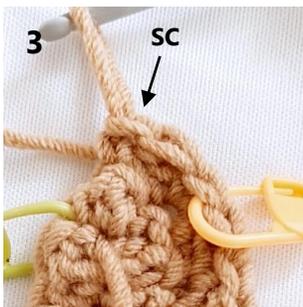
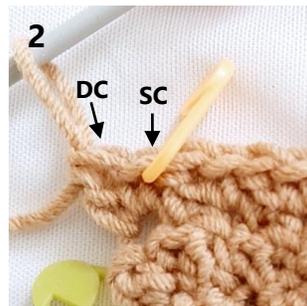
1. Starting in the 2nd chain from the hook, work 1 SC.
2. In the next chain, work 1 DC.
3. Alternate 1 SC and 1 DC until you reach the 2nd chain to the last.
4. 1 SC, 1 DC and 1 SC into the last chain.
5. Insert stitch marker into the SC stitches.
6. Now work on the other side of the chain. *Work 1 DC. In the next chain, work 1 SC.
7. Repeat from * across. **Your last stitch should be a SC.** CH 1 and turn your work. (23 STS)



For reference, I have a total of 23 STS

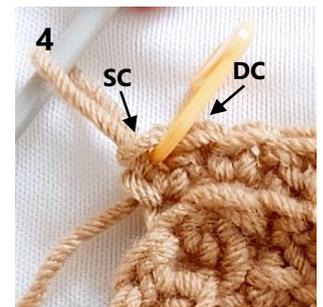
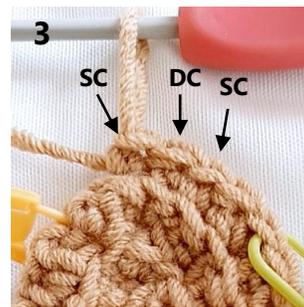
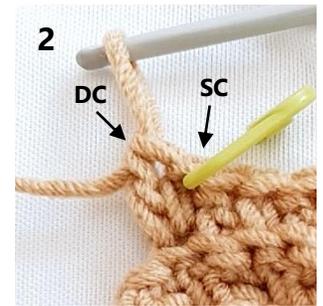
Row 2: Work into the Front loop only.

1. Starting in the first stitch, *work 1 SC. In the next stitch, work 1 DC. Repeat from * until you reach the stitch before the SM.
2. 1 SC and 1 DC into the next stitch (the stitch with a SM). Insert a SM into the SC stitch.
3. 1 SC into the next stitch
4. 1 DC and 1 SC into the next one (the stitch with a SM). Insert a SM into the SC stitch.
5. *Work 1 DC. In the next stitch, work 1 SC.
6. Repeat from * across. **Your last stitch should be a SC.** CH 1 and turn your work. (25 STS)



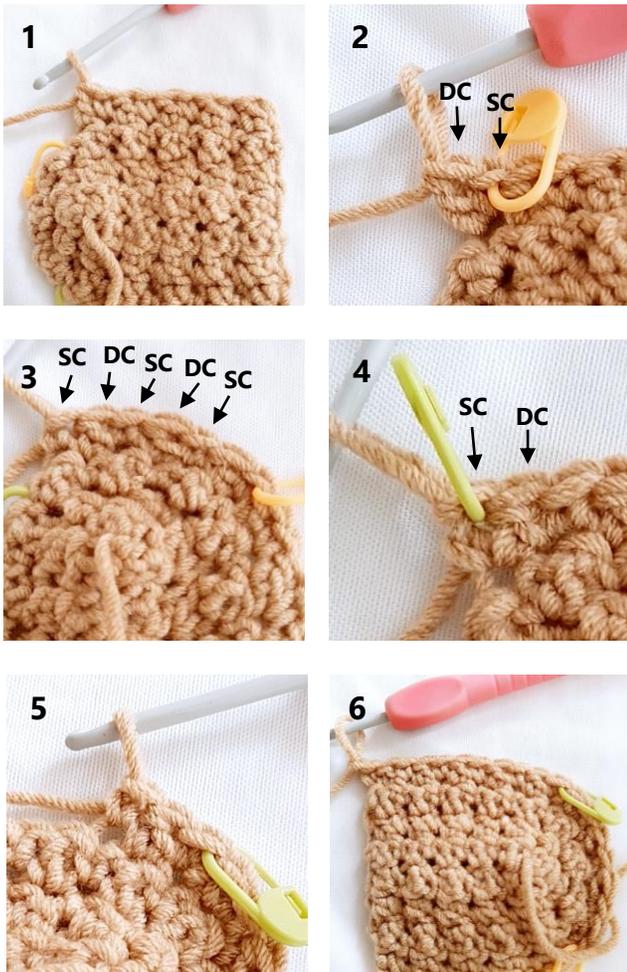
Row 3: Work into the Back Loop Only.

1. Starting in the first stitch, *work 1 SC. In the next stitch, work 1 DC. Repeat from * until you reach the stitch before the SM.
2. 1 SC and 1 DC into the next stitch (the stitch with a SM). Insert a SM into the SC stitch.
3. 1 SC. 1 DC. 1SC
4. 1 DC and 1 SC into the next one (the stitch with a SM). Insert a SM into the SC stitch.
5. *Work 1 DC. In the next stitch, work 1 SC.
6. Repeat from * across. **Your last stitch should be a SC.** CH 1 and turn your work. (27 STS)



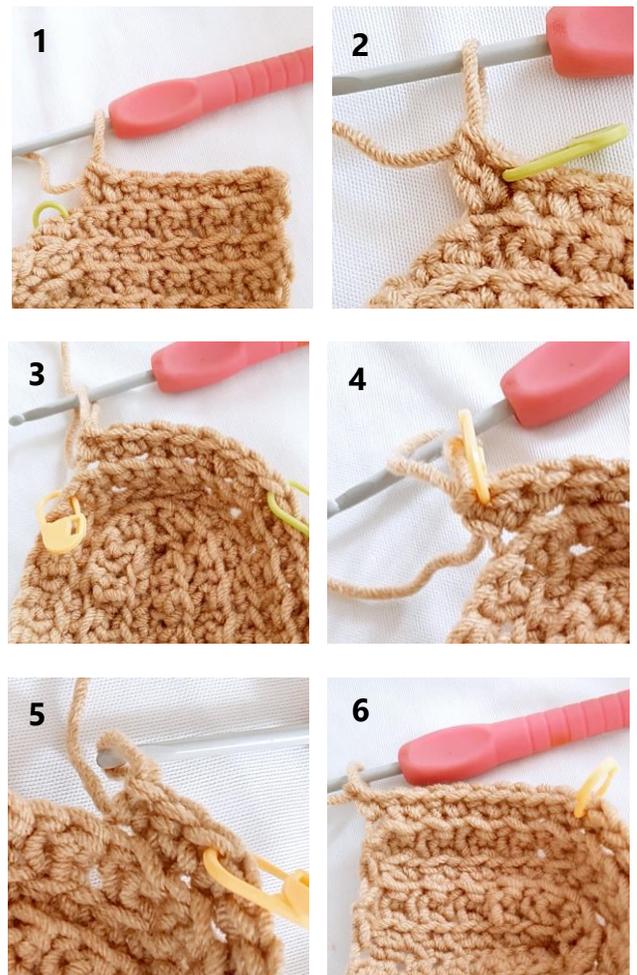
Row 4: Work into the Front loop only.

1. Starting in the first stitch, *work 1 SC. In the next stitch, work 1 DC. Repeat from * until you reach the stitch before the SM.
2. 1 SC and 1 DC into the next stitch (the stitch with a SM). Insert a SM into the SC stitch.
3. Alternate 1 SC and 1 DC. **Your last stitch before the SM should be a SC.**
4. 1 DC and 1 SC into the next one (the stitch with a SM). Insert a SM into the SC stitch.
5. *Work 1 DC. In the next stitch, work 1 SC.
6. Repeat from * across. **Your last stitch should be a SC.** CH 1 and turn your work. (29 STS)



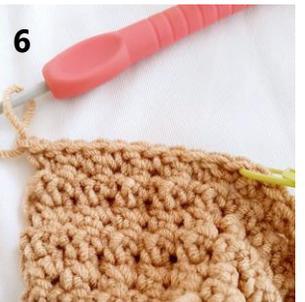
Row 5: Work into the Back loop only.

1. Starting in the first stitch, *work 1 SC. In the next stitch, work 1 DC. Repeat from * until you reach the stitch before the SM.
2. 1 SC and 1 DC into the next stitch (the stitch with a SM). Insert a SM into the SC stitch.
3. Alternate 1 SC and 1 DC. **Your last stitch before the SM should be a SC.**
4. 1 DC and 1 SC into the next one (the stitch with a SM). Insert a SM into the SC stitch.
5. *Work 1 DC. In the next stitch, work 1 SC.
6. Repeat from * across. **Your last stitch should be a SC.** CH 1 and turn your work. (31 STS)



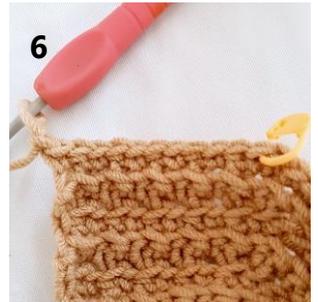
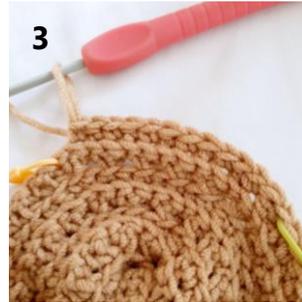
Row 6: Work into the Front loop only.

1. Starting in the first stitch, *work 1 SC. In the next stitch, work 1 DC. Repeat from * until you reach the stitch before the SM.
2. 1 SC and 1 DC into the next stitch (the stitch with a SM). Insert a SM into the SC stitch.
3. Alternate 1 SC and 1 DC. **Your last stitch before the SM should be a SC.**
4. 1 DC and 1 SC into the next one (the stitch with a SM). Insert a SM into the SC stitch.
5. *Work 1 DC. In the next stitch, work 1 SC.
6. Repeat from * across. **Your last stitch should be a SC.** CH 1 and turn your work. (33 STS)



Row 7: Work into the Back loop only.

1. Starting in the first stitch, *work 1 SC. In the next stitch, work 1 DC. Repeat from * until you reach the stitch before the SM.
2. 1 SC and 1 DC into the next stitch (the stitch with a SM). Insert a SM into the SC stitch.
3. Alternate 1 SC and 1 DC. **Your last stitch before the SM should be a SC.**
4. 1 DC and 1 SC into the next one (the stitch with a SM). Insert a SM into the SC stitch.
5. *Work 1 DC. In the next stitch, work 1 SC.
6. Repeat from * across. **Your last stitch should be a SC.** CH 1 and turn your work. (35 STS)



Do not turn your work if this is your last row.

For reference, the width of my cup is **5.5 inches with a total of 7 rows**. Please **consider the stretchiness of your work**. Don't just measure the width of your bra cup, **try it on to check if it fits well on your boob**.



For bigger size, alternate the **pattern 1 and pattern 2** until you reach the measurement needed for your cup. Please refer to **measurement B**.

Note: Your last row should be **Pattern 2**. Do not turn your work on your last row.

Pattern 1: Front Loop Only

1. Starting in the first stitch, *work 1 SC. In the next stitch, work 1 DC. Repeat from * until you reach the stitch before the SM.
2. 1 SC and 1 DC into the next stitch (the stitch with a SM). Insert a SM into the SC stitch.
3. Alternate 1 SC and 1 DC. **Your last stitch before the SM should be a SC.**
4. 1 DC and 1 SC into the next one (the stitch with a SM). Insert a SM into the SC stitch.
5. *Work 1 DC. In the next stitch, work 1 SC.
6. Repeat from * across. **Your last stitch should be a SC.** CH 1 and turn your work.

Pattern 2: Back Loop Only

1. Starting in the first stitch, *work 1 SC. In the next stitch, work 1 DC. Repeat from * until you reach the stitch before the SM.
2. 1 SC and 1 DC into the next stitch (the stitch with a SM). Insert a SM into the SC stitch.
3. Alternate 1 SC and 1 DC. **Your last stitch before the SM should be a SC.**
4. 1 DC and 1 SC into the next one (the stitch with a SM). Insert a SM into the SC stitch.
5. *Work 1 DC. In the next stitch, work 1 SC.
6. Repeat from * across. **Your last stitch should be a SC.** CH 1 and turn your work.

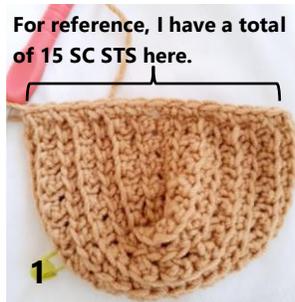
Edging: Tighten your tension

1. SC into the top edge of the cup. Work 1 SC into each row including the middle loop. For reference I have a total of 15 SC stitches.

Total number of your row x 2 + 1 middle loop
= total of SC STS on the top edge of the cup.
(Mine is, 7 rows x 2 = 14 + 1 = 15 SC STS)

2. 1 SC (BLO) into each stitch across.
3. Slip stitch into the first stitch.
4. Chain 1 and cut your yarn. (50 STS)

Make 1 more cup with the same pattern of the 1st cup, **but don't cut the yarn of the 2nd cup.**

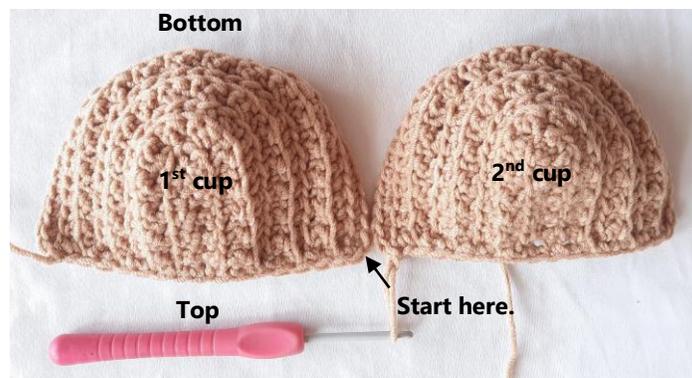


JOINING PART

Watch video tutorial here: <https://drive.google.com/file/d/1sMYU0Y5-OlqiMhpp4viSBZRyyFCztgPw/view?usp=drivesdk> or <https://youtu.be/F-FNmE0VDHw>



Position your cup like this. You should face the RS. A **top** towards you and a **bottom** is away from you.

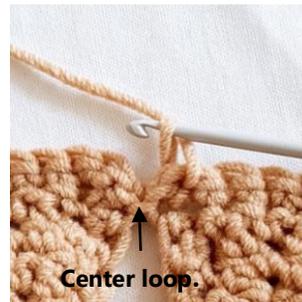


1. Insert the hook into the SC stitch on the corner of the cup. It is the SC into the stitch not the SC into the row.
2. Then slip stitch.
3. Slip stitch into the next stitch then turn your work.



Row 1:

1. Work 1 SC into the center loop. (1 ST)
2. Slip stitch into the SC stitch on the edge of the cup. Slip stitch into the next stitch then turn your work.



Row 2: Start of increasing.

1. To increase, work 1 SC into the slip stitch. 1 SC into the SC stitch. (2 STS)
2. Slip stitch into the SC stitch on the edge of the cup. Slip stitch into the next stitch then turn your work.



Row 3:

1. To increase, work 1 SC into the slip stitch. 1 SC into the next 2 SC stitches. (3 STS)
3. Slip stitch into the SC stitch on the edge of the cup. Slip stitch into the next stitch then turn your work.



Row 4 to the bottom of the cup:

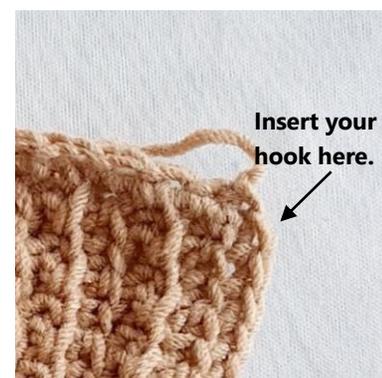
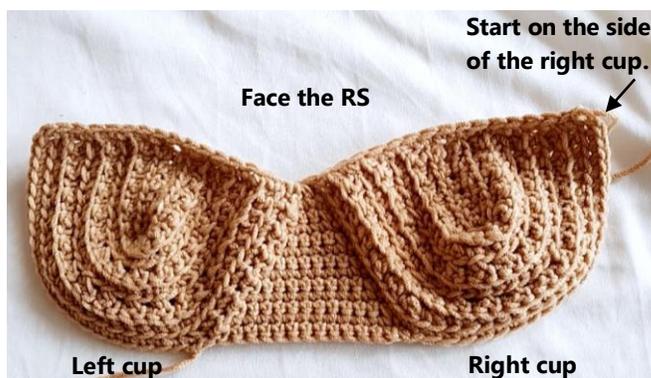
Repeat the process of **increasing stitches** until you reach the bottom of the cups or until the bottom is straight like this. To end the row, just slip stitch into a SC stitch on the edge of the cup once. CH 1, turn your work and cut your yarn. Your last row should **end on the right cup for left-handed crocheter and on the left cup for right-handed crocheter (flat lay position)**. For your reference I have a total of **13 rows**.



SIDE PART 1



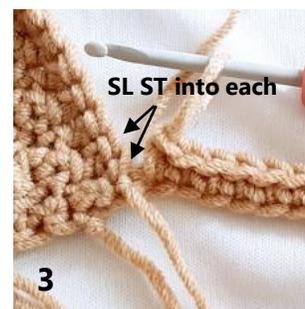
Taking your crochet hook and yarn, start off by making a slip knot. Insert your hook into the corner of the cup or into the 1st SC stitch on the side of the cup. Pull up the loop.



Create a chain based on your **Measurement C**. For reference, the length of my side part 1 is **4 inches with a total of 17 chains**.

Row 1:

1. Starting in the 2nd chain from the hook, work 1 SC into each chain. (16 STS)
2. Flip the cups vertically to **face the WS**. Please refer to the **image no. 2, flip the cups only do not include the side part**.
3. Slip stitch into the SC stitch on the edge of the cup. Slip stitch into the next stitch then turn your work.



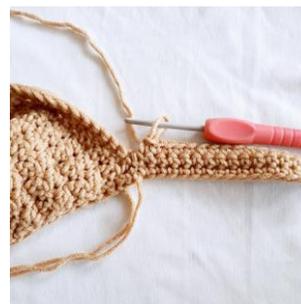
Row 2:

1. Starting in the 1st SC stitch, work 1 SC into each stitch across (do not make SC into the SL ST). Chain 1 and turn your work. (16 STS)



Row 3:

1. Work 1 SC into each SC stitch. (16 STS)
2. Slip stitch into the SC stitch on the edge of the cup. Slip stitch into the next stitch then turn your work.

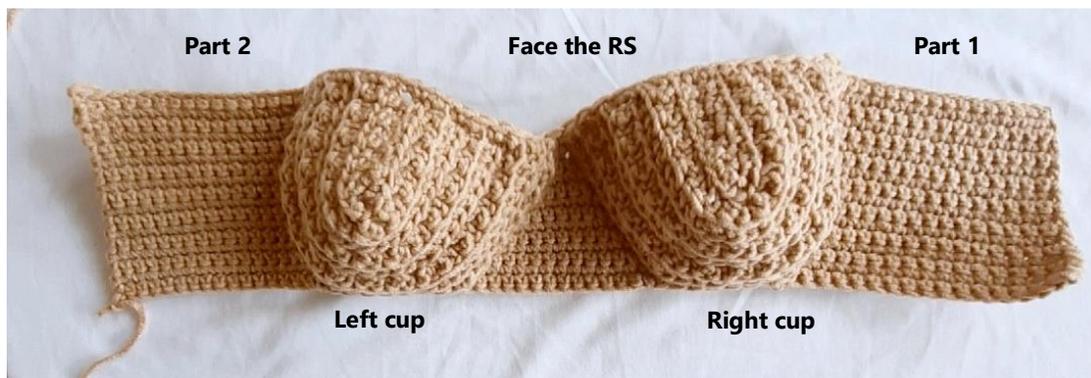


Row 4 - to the bottom of the cup:

Repeat the pattern of **row 2 and row 3** until you reach the bottom of the cup or the until the bottom is straight like this. Your last row should be the **pattern of row 3**. To end the row, just slip stitch into a SC stitch on the edge of the cup once. CH 1, turn your work and cut your yarn. For reference I have a total of **17 rows**.



SIDE PART 2



Taking your crochet hook and yarn, start off by making a slip knot. **Chain 16 or a number of chains on the side part 1 minus 1** ($17-1=16$ chains). Insert your hook into the corner of the cup (It is the SC into the stitch not the SC into the row). Pull the yarn, chain 1, slip stitch into the next SC stitch on the edge of the cup



Row 1:

1. Flip your work vertically to **face the WS**. Starting in the 1st chain, work 1 SC into each chain across. Chain 1 and turn your work. (16 STS).

Make sure that the total number of stitches here are similar to the 1st side.



Row 2:

1. Work 1 SC into each SC stitch. (16 STS)
2. Slip stitch into the SC stitch on the edge of the cup. Slip stitch into the next stitch then turn your work.



Row 3:

1. Starting in the 1st SC stitch, work 1 SC into each stitch across (do not make SC into the SL ST). Chain 1 and turn your work. (16 STS)



Row 4 - to the bottom of the cup:

Repeat the pattern of **row 2 and row 3** until you reach the bottom of the cup or the until the bottom is straight like this. Your last row should be the **pattern of row 3**. Make sure that the number of rows on this side are similar to the 1st side. For reference I have a total of **17 rows**.



BOTTOM PART

Row 1: Work 1 SC into each stitch across. Chain 1 and turn your work.

Row 2 to Your desired length: Repeat the previous pattern until you reach your desired length but don't turn your work on the last row. Your last row should **end on the left side for left-handed crocheter and on the right side for right-handed crocheter (flat lay position)**. For reference I have a total of **11 rows**.



STRING HOLES PART 1

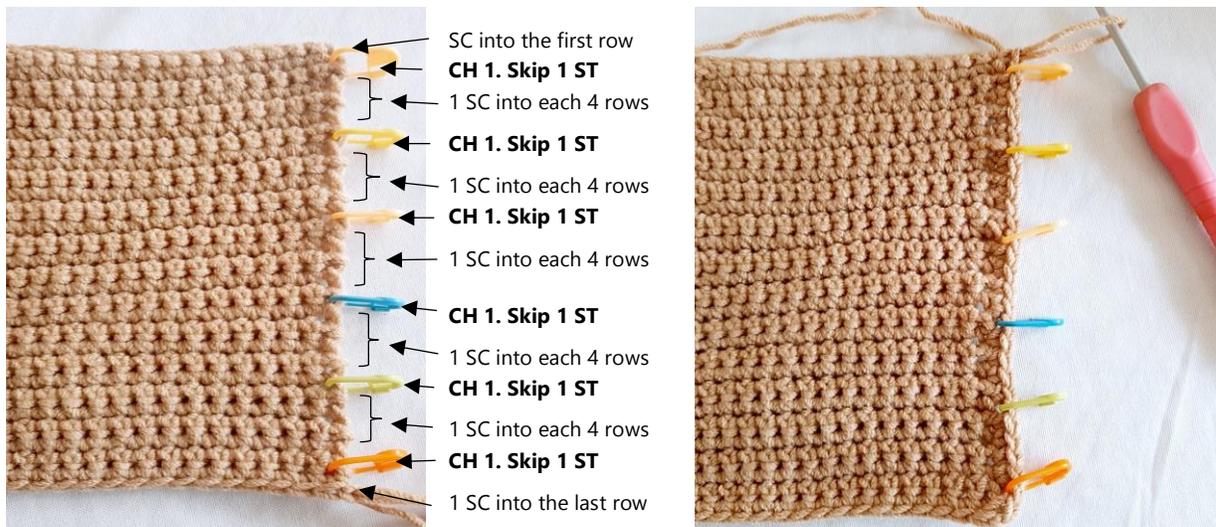
Plan the placement of your string holes using a stitch marker. I have 28 rows and I made 6 holes for my string.

To create a hole, after your SC stitch, **CH 1 then skip 1 ST**.

This is my pattern for your reference:

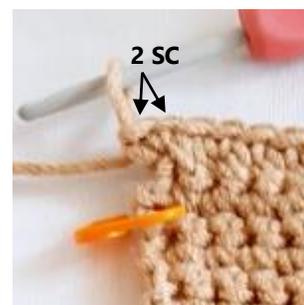
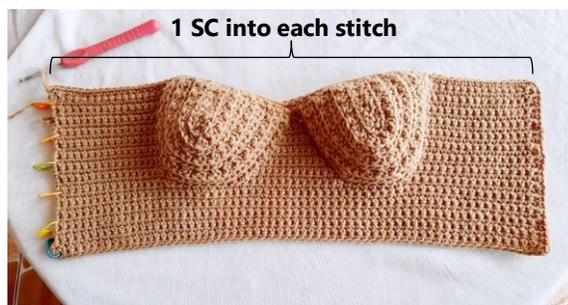
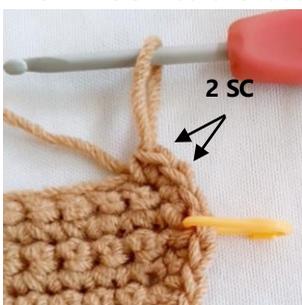
Starting in the first row, work 1 SC. Repeat (**CH 1. Skip 1 ST**. 1 SC into each of the next 4 rows) 5 times. **CH 1. Skip 1 stitch**. 1 SC into the last row.

The holes are not visible in the photo, that's why I put stitch marker for you to identify where my string holes are.



Edging:

- Work 2 SC into the first stitch.
- 1 SC into each stitch across.
- Work 2 SC into the last stitch.



STRING HOLES PART 2

Repeat the instructions under the **part 1 of your string holes (page 14)**.



STRING

1. Create 350 chains or your desired length for the string. Double the yarn for extra thickness. If you are using a size 2 yarn.
2. Insert it into the string holes.
3. You may add beads or tassels.



STRAPS

Try on your top and insert stitch markers where you are most comfortable with your straps. Mine is in the **corner of the top and in the 4th row of the bra cup**.



1. Create a chain corresponding to half of your armhole. Cut the yarn and fasten off, leaving a long tail for the other half of the strap. For reference, I have a total of 20 chains.
2. Stretch your yarn to the fullest then using a tapestry needle insert the beads into the yarn tail.
3. Insert it into the 4th row of the cup or where you inserted the stitch marker.
4. Pull the yarn very tight then triple knot. Cut the yarn and weave in the ends.
5. Do the same process on the other side of the top.

Note: Double the yarn for extra thickness If you are using a size 2 yarn.



Weave in the ends and you are done with your Hera Crochet Top!

