Heartbeat Mitts

designed by Katya Gorbacheva

Heartbeat mitts is the perfect Valentine's Day gift. The mitts are knit in the round. The pattern has both written and charted instructions. These are quick and simple to make, look great in DK weight yarn, and are sure to be loved and worn out.
I hope Heartbeat mitts could steal your heart away.

FINISHED MEASUREMENTS (unstretched)

Length 8 ½" / 22 cm
Circumference at wrist 6 ¾" / 17 cm

YARN

1 skein of **Plucky Sweater DK** by **The Plucky Knitter** (90% merino, 10% nylon; 270 yards / 247 m / 115 grams) in Grandma Bev
or 270 yards of any DK weight yarn

TOOLS

• US 6 (4.0 mm) DPNs (or circular for magic loop)
• Two cable needles
• Tapestry needle

GAUGE

24 sts x 27 rnds = 4" / 10 cm in Twisted Rib on US 6 (4.0 mm) needles

23 sts x 28 rnds = 4" / 10 cm in Stockinette stitch on US 6 (4.0 mm) needles
Or needle size as necessary to obtain gauge.

Pattern Notes

Twisted Rib (multiple of 2 sts)
Rnd 1: [K1tbl, p1] rep to end.
Rep **Rnd 1** for pattern.

DIRECTIONS

Right mitt

Cuff

CO 40 sts onto 1 DPN. Divide sts onto three DPNs as follows:

20 sts on first needle, 10 sts on second and third needles.

Pm, join for working in the rnd being careful not to twist sts.

Work in Twisted Rib until piece measures approximately 1" / 2.5 cm from CO.

Next rnd: [K1tbl, p1] rep 4 times, k1tbl, p2tog, p1, [k1tbl, p1] rep to end. – 1 st decreased.

39 sts on the needles.

Hand

Setup rnd: work Rnd 1 of Heart pattern (20 sts), p1, knit to last 1 st before m, p1.

Work even in established pattern until piece measures 4 ½" / 11.5 cm from CO (approximately 30 rnds).

Create thumb opening

Next rnd: work across next rnd of Heart pattern, p1, k3, pm, k1, pm, knit to last 1 st before m, p1.

Rnd 1: Work in pattern to first m, sl m, M1L, knit to next m, M1R, sl m, work to end – 2 sts increased in gusset.

Rnd 2: Work even in pattern.

Rep last 2 rnds 5 more times – 13 sts between m for gusset.

Next rnd: Work in pattern to first m, place 13 sts on holder, CO 1 st over gap using the backward-loop method, work to end – 39 sts remaining for hand.

Work even in established pattern until piece measures 7 ¼" / 18.5 cm from CO – 52 rnds.

Next rnd: [K1tbl, p1] rep 4 times, k1tbl, p1, M1R, p1, [k1tbl, p1] rep to end. – 1 st increased.

40 sts on the needles.

Work in Twisted Rib pattern for 1" / 2.5 cm.

BO all sts in pattern.

Thumb

Place 13 held sts onto needles. Pick up and knit 1 st from gap at base of thumb, pm, and join in the rnd.

14 sts on the needles.

Work even in Twisted Rib for 1" / 2.5 cm – 6 rnds.

BO all sts in pattern.

Left mitt

Cuff and Hand

Work as for right mitt.

Create thumb opening

Next rnd: work across next rnd of Heart pattern, p1, knit to last 5 sts before m, pm, k1, pm, k3, p1.

Rnd 1: Work in pattern to first m, sl m, M1L, knit to next m, M1R, sl m, work to end – 2 sts increased in gusset.

Rnd 2: Work even in pattern.

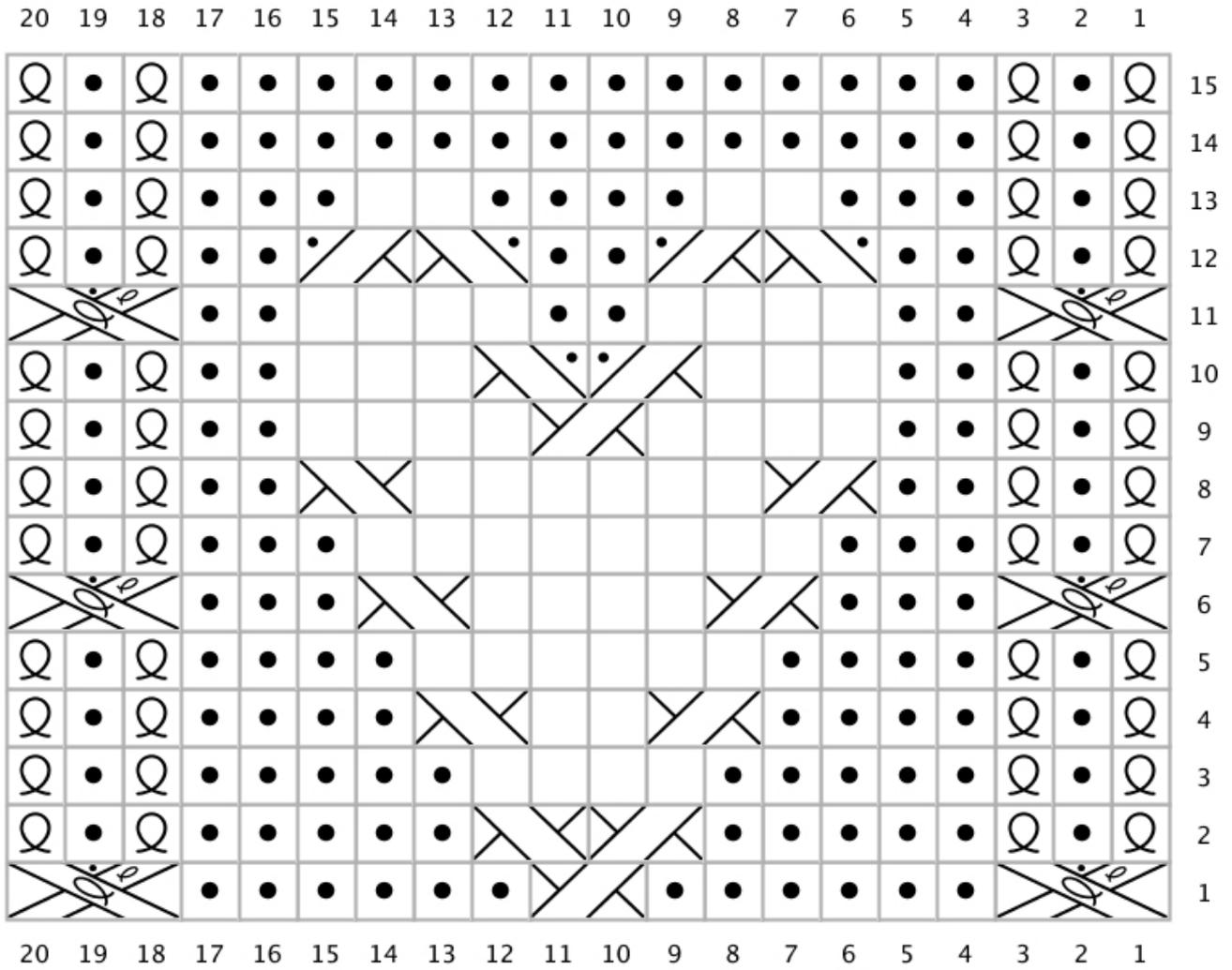Rep last 2 rnds 5 more times – 13 sts between m for gusset.

Next rnd: Work in pattern to first m, place 13 sts on holder, CO 1 st over gap using the backward-loop method, work to end – 39 sts remaining for hand.

Complete as for right mitt.

FINISHING

Weave in all loose ends. Block lightly if desired.

Columns (top): 20 19 18 17 16 15 14 13 12 11 10 9 8 7 6 5 4 3 2 1

Rows (right side): 15 14 13 12 11 10 9 8 7 6 5 4 3 2 1

Columns (bottom): 20 19 18 17 16 15 14 13 12 11 10 9 8 7 6 5 4 3 2 1

Key

Symbol	Meaning
□	knit
•	purl
Ϙ	k1tbl
1/1 RC	Sl st to cn and place at back of work, k1, then k1 from cn
1/1 LC	Sl st to cn and place at front of work, k1, then k1 from cn
1/1 LPC	Sl st to cn and place at front of work, p1, then k1 from cn
1/1 RPC	Sl st to cn and place at back of work, k1, then p1 from cn
1/1/1 LPT	sl st to cn and place at front of work, sl next st to second cn and place at back of work, k1tbl, p1 from back cn, then k1tbl from front cn

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HEART PATTERN
Written Instruction

Rnd 1: 1/1/1 LPT, p6, 1/1 RC, p6, 1/1/1 LPT.

Rnd 2: K1tbl, p1, k1tbl, p5, 1/1 RC, 1/1 LC, p5, k1tbl, p1, k1tbl.

Rnd 3: K1tbl, p1, k1tbl, p5, k4, p5, k1tbl, p1, k1tbl.

Rnd 4: K1tbl, p1, k1tbl, p4, 1/1 RC, k2, 1/1 LC, p4, k1tbl, p1, k1tbl.

Rnd 5: K1tbl, p1, k1tbl, p4, k6, p4, k1tbl, p1, k1tbl.

Rnd 6: 1/1/1 LPT, p3, 1/1 RC, k4, 1/1 LC, p3, 1/1/1 LPT.

Rnd 7: K1tbl, p1, k1tbl, p3, k8, p3, k1tbl, p1, k1tbl.

Rnd 8: K1tbl, p1, k1tbl, p2, 1/1 RC, k6, 1/1 LC, p2, k1tbl, p1, k1tbl.

Rnd 9: K1tbl, p1, k1tbl, p2, k4, 1/1 RC, k4, p2, k1tbl, p1, k1tbl.

Rnd 10: K tbl, p1, k tbl, p2, k3, 1/1 RPC, 1/1 LPC, k3, p2, k tbl, p1, k tbl.

Rnd 11: 1/1/1 LPT, [p2, k4] twice, p2, 1/1/1 LPT.

Rnd 12: K1tbl, p1, k1tbl, [p2, 1/1 LPC, 1/1 RPC] twice, p2, k1tbl, p1, k1tbl.

Rnd 13: K1tbl, p1, k1tbl, p3, k2, p4, k2, p3, k1tbl, p1, k1tbl.

Rnds 14-15: K1tbl, p1, k1tbl, p14, k1tbl, p1, k1tbl.

Rep **Rnds 1-15** for pattern.

ABBREVIATIONS

[ ]: repeat between [ ] as many times as noted after [ ]

1/1 LC: sl st to cn and place at front of work, k1, then k1 from cn

1/1 LPC: sl st to cn and place at front of work, p1, then k1 from cn

1/1/1 LPC: sl st to cn and place at front of work, sl next st to second cn and place at back of work, k1, p1 from back cn, then k1 from front cn

1/1 RC: sl st to cn and place at back of work, k1, then k1 from cn

1/1 RPC: sl st to cn and place at back of work, k1, then p1 from cn

cn: cable needle

CO: cast on

DPNs: double-pointed needles

k: knit

k1tbl: knit 1 st through back loop

m: marker

M1L: (make 1 left) insert LH needle under horizontal bar between st just worked and next st from front to back, knit through the back loop (1 st increased)

M1R: (make 1 right) insert LH needle under horizontal bar between st just worked and next st from back to front, knit through the front loop (1 st increased)

p: purl

pm: place marker

rep: repeat

rnd(s): round(s)

sl: slip

st(s): stitch(es)