Heart Warmer Tee

by Justyna Lorkowska

Sizes

XS (S, M, L, XL)[2XL, 3XL, 4XL, 5XL].
Finished bust: 80 (90, 100, 110, 120)[130, 140, 150, 160] cm/32 (36, 40, 44, 48)[52, 56, 60, 64] inches.
The top is intended to be worn with 5-10 cm/2-4" of positive ease at bust.
Shown in size L with 8 cm/3.25" of positive ease.
For more detailed measurements see the schematic on page 3.

Yarn

2 (2, 3, 3, 4)[4, 5, 5, 6] skeins of Cecily Grove Yarns Merlen (90% superwash merino, 10% linen; 360m/394y per 100g).
Sample shown in colorway Jam.

Needles

3.75 mm/US #5 circular needle (80 - 150 cm/32 - 60" long, depending on garment size) and dpns, or size needed for gauge.
3.25 mm/US #3 circular needle (60 - 100 cm/24 - 40" long) or dpns, or 2 sizes smaller than gauge needles. *Adjust needle size if necessary.*

Other

spare needle for tubular CO (optional), stitch marker, scrap yarn, tapestry needle

Gauge

24 sts and 32 rounds = 10cm/4" in St st on larger needles after wet blocking. *Take time to save time - check your gauge. If necessary, adjust needle size to obtain the correct gauge.*

Pattern Stitches

Stockinette Stitch (in the round) - knit every round.
1x1 Rib (in the round) - worked over an even number of sts.

Each round: *k1, p1*, rep around.
Bobble – worked all in one stitch.
> **Row 1 (RS):** k1, yo, k1, yo, k1.
> **Row 2 (WS):** p5.
> **Row 3 (RS):** k5.
> **Row 4 (WS):** p2tog, p1, p2tog.
> **Row 5 (RS):** sl1, k2tog, psso.

Cable Stitches

2/2 LC - sl2 sts to cn, hold in front, k2, then k2 from cn.
2/2 RC - sl2 sts to cn, hold in back, k2, then k2 from cn.

Pattern Techniques

Backwards Loop Cast On - *Wrap yarn around left thumb from front to back and secure in palm with other fingers. Insert needle upwards through strand on thumb. Slip loop from thumb onto RH needle, pulling yarn to tighten*. Repeat between ** for desired number of sts.
Tubular Cast On - you may refer to: http://ysolda.com/tutorial/tubular-cast-on/
Tubular Bind Off - leave a very long tail (approx. 3-4 times longer than the edge you will BO).
Step 1: Insert tapestry needle purlwise into first knit loop on the knitting needle. Draw through, then wrap around side of fabric (not over needle) to the back.
Step 2: From the back, insert tapestry needle knitwise into the first purl loop (second loop on knitting needle) and draw it through.
Step 3: Insert tapestry needle into first knit loop knitwise, slip loop off knitting needle and onto tapestry needle. Insert tapestry needle purlwise into second knit stitch (the second loop now remaining on the knitting needle). Draw yarn through.
Step 4: Insert tapestry needle into first purl loop purlwise, slip loop off knitting needle onto tapestry needle. Wrap tapestry needle to the back of

the work, then insert knitwise into the second purl loop (the second loop now remaining on knitting needle). Draw the yarn through.

Repeat Steps 3 and 4.

You may refer to the following video for help with this technique: http://www.knittinghelp.com/video/play/tubular-bind-off

Short Rows (wrap-and-turn method):

I recommend visiting:

http://www.knitty.com/ISSUEsummer03/FEATbonnetric.html (scroll down to photo tutorial)

http://www.knittinghelp.com/videos/advanced-techniques (video, scroll down to "Short Row with Wrap")

In order to make the wrapped stitches invisible in Stockinette, you need to pick up the wrap and place it back on the needle (behind work on RS and in front of work on WS) with the stitch you will be working. Work those two stitches together.

Abbreviations

Approx - approximately; **BO** - bind off; **BOR** - beginning of the round; **cn** - cable needle; **CO** - cast on; **dpns** - double pointed needles; **inc** - increase(d); **k** - knit; **k2tog** - knit 2 stitches together as one; **LH** - left hand; **m1R** - **make one right** - lift running strand between stitches from the back, knit into front of loop; **mB** - make bobble; **p** - purl; **p2tog** - purl 2 stitches together as one; **pfb** - purl through the front and back loop to make 2 sts out of one; **psso** - pass slipped stitch over; **PU** - pick up; **rep** - repeat; **RH** - right hand; **rnd, rnds** – round, rounds; **RS** - right side; **sl** - slip; **ssk** - slip 2 stitches individually as if to knit, then knit them together through the back loops; **st, sts** - stitch, stitches; **St st** - Stockinette Stitch; **w&t** - **wrap-and-turn:** bring yarn to front of work between needles, slip next st to RH needle, bring yarn around this st to back of work, slip st back to LH needle, turn work to begin working back in other direction; **WS** - wrong side; **yo** - yarn over; ****** - repeat as noted between asterisks.

Finished Size
Measured flat and unstretched.

Neck opening circumference: 53.5 (55, 56.5, 58.5, 60)[60, 63.5, 66.5, 66.5] cm/21.25 (22, 22.75, 23.25, 24)[24, 25.25, 26.75, 26.75] inches.

Yoke depth: 25.5 (26, 26.5, 27, 28.5)[31, 31.5, 33, 34] cm/10 (10.25, 10.5, 10.75, 11.25)[12.25, 12.5, 13, 13.5] inches.

Length from underarm: 24.5 (24.5, 28, 28, 28)[28, 31.5, 31.5, 31.5] cm/9.75 (9.75, 11, 11, 11)[11, 12.5, 12.5, 12.5] inches.

Sleeve circumference: 26.5 (27.5, 29, 31, 36)[41, 44, 48.5, 50] cm/10.75 (11, 11.75, 12.25, 14.25)[16.25, 17.75, 19.25, 20] inches.

Bust circumference: 80 (90, 100, 110, 120)[130, 140, 150, 160] cm/32 (36, 40, 44, 48)[52, 56, 60, 64] inches.

Instructions

The tee is worked in the round, from top to bottom. You will begin at the neck opening with a ribbed hem. Next, there is a short-row section at the back neck for better fit. The yoke is shaped with numerous increases incorporated in the sections.

The top is worked in a fun variety of stitch patterns. After dividing the body from the sleeves, you work in the round down to the ribbed hem. The short sleeves are worked last. They are worked in the round and finished with ribbed hem to match the body.

Yoke

With smaller size needle, 3.25 mm/US #3, and using Tubular Cast-On, CO 128 (132, 136, 140, 144)[144, 152, 160, 160] sts. Place BOR marker and join for working in the round.
Work in 1x1 Rib for 3 cm/1.25".

Change to larger size needle, 3.75 mm/US #5.
Knit one round.
Increase rnd for all sizes:
Size XS: k2, (m1R, k4) x5, (m1R, k5) x8, (m1R, k4) x6, (m1R, k5) x8, m1R, k2. *28 sts inc*
Size S: k2, *(m1R, k4) x10, (m1R, k3) x8*, rep once more, m1R, k2. *37 sts inc*
Size M: k1, (m1R, k3) x22, m1R, k2, (m1R, k3) x22, m1R, k1. *46 sts inc*
Size L: k2, (m1R, k4) x6, (m1R, k3) x14, (m1R, k4) x7, (m1R, k3) x14, m1R, k2. *42 sts inc*
Sizes XL & 2XL: k1, *(m1R, k2) x4, (m1R, k3) x21*, rep once more, m1R, k1. *51 sts inc*
Size 3XL: k1, (m1R, k2) x7, (m1R, k3) x20, (m1R, k2) x8, (m1R, k3) x20, m1R, k1. *56 sts inc*
Size 4XL: k1, *(m1R, k2) x11, (m1R, k3) x19*, rep once more, m1R, k1. *61 sts inc*

Size 5XL: k1, (m1R, k2) x30, (m1R, k3) x6, (m1R, k2) x31, (m1R, k3) x6, m1R, k1. *74 sts inc*
156 (169, 182, 182, 195)[195, 208, 221, 234] sts

Short Rows to Shape Back Neck
Short row 1 (RS): k58 (63, 67, 67, 72)[72, 76, 81, 85], w&t.
Short row 2 (WS): p to m, p58 (63, 67, 67, 72)[72, 76, 81, 85], w&t.
Short row 3 (RS): k to 5 sts before last wrapped stitch, w&t.
Short row 4 (WS): p to 5 sts before last wrapped stitch, w&t.
Rep the last 2 rows 3 (3, 3, 4, 4)[4, 4, 5, 5] more times.
Next row (RS): k to m.
Next rnd (resume circular knitting): k to the end of rnd, picking up each wrap and knitting it together with its wrapped st.

Lace and Cables
All sizes:
Rnds 1-2: *p1, k4, p1, k7*, rep around.
Rnd 3: *p1, 2/2 RC, p1, yo, ssk, k3, k2tog, yo*, rep around.
Rnd 4: as Rnd 1.
Rnd 5: *p1, k4, p1, k1, yo, ssk, k1, k2tog, yo, k1*, rep around.
Rnd 6: as Rnd 1.
Rnd 7: *p1, 2/2 LC, p1, k2, yo, sl1, k2tog, psso, yo, k2*, rep around.
Rnd 8: as Rnd 1.
Rnd 9: *pfb, k4, pfb, k7*, rep around.
180 (195, 210, 210, 225)[225,240, 255, 270] sts
Rnd 10: *p2, k4, p2, k7*, rep around.
Rnd 11: *p2, 2/2 RC, p2, yo, ssk, k3, k2tog, yo*, rep around.
Rnd 12: as Rnd 10.
Rnd 13: *p2, k4, p2, k1, yo, ssk, k1, k2tog, yo, k1*, rep around.
Rnd 14: as Rnd 10.
Rnd 15: *p2, 2/2 LC, p2, k2, yo, sl1, k2tog, psso, yo, k2*, rep around.
Rnd 16: as Rnd 10.
Sizes 2XL-5XL only:
Rnd 17: *pfb, p1, k4, pfb, p1, k7*, rep around.

[255, 272, 289, 306] sts
Rnd 18: *p3, k4, p3, k7*, rep around.
Rnd 19: *p3, 2/2 RC, p3, yo, ssk, k3, k2tog, yo*, rep around.
Rnd 20: as Rnd 18.
Rnd 21: *p3, k4, p3, k1, yo, ssk, k1, k2tog, yo, k1*, rep around.
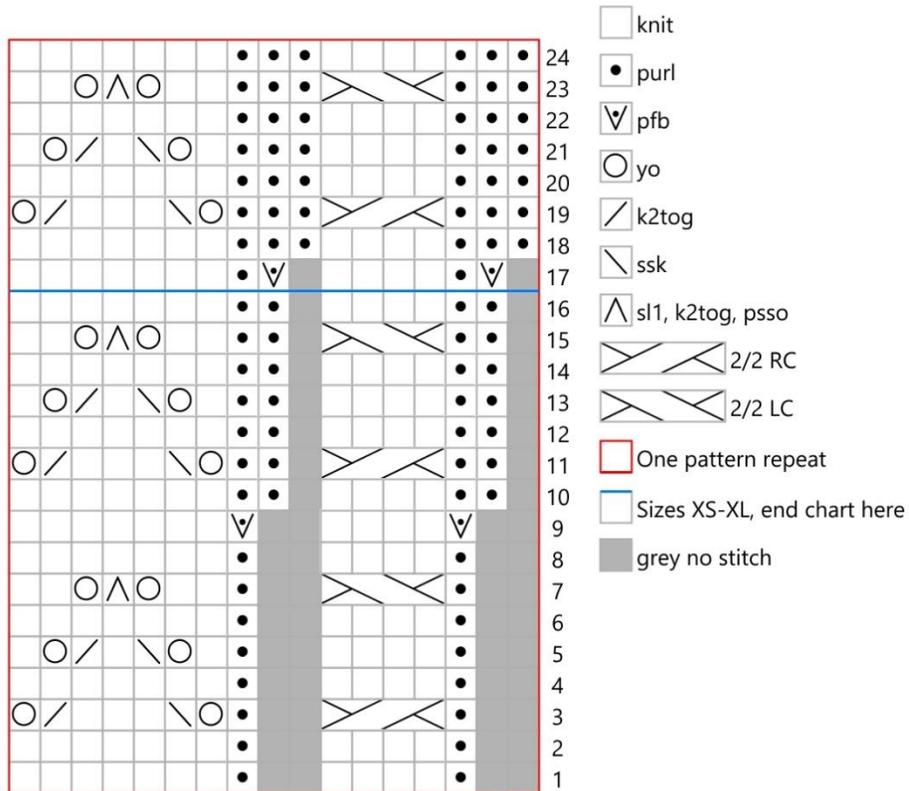**Rnd 22:** as Rnd 18.
Rnd 23: *p3, 2/2 LC, p3, k2, yo, sl1, k2tog, psso, yo, k2*, rep around.
Rnd 24: as Rnd 18.

Lace & Cables

Key

☐	knit
•	purl
V	pfb
O	yo
/	k2tog
\	ssk
∧	sl1, k2tog, psso
⟩⟨	2/2 RC
⟨⟩	2/2 LC
▭ (red)	One pattern repeat
(blue line)	Sizes XS-XL, end chart here
▨ (grey)	grey no stitch

Interrupted Rib

Rnd 1 – Increase rnd:
Size XS: k2, (m1R, k4) x14, (m1R, k3) x10, (m1R, k4) x15, (m1R, k3) x10, m1R, k2. *50 sts inc*
Size S: k2, *(m1R, k4) x15, (m1R, k5) x7*, rep once more, m1R, k3. *45 sts inc*
Size M: k2, (m1R, k5) x41, m1R, k3. *42 sts inc*
Size L: k2, (m1R, k4) x19, (m1R, k5) x5, (m1R, k4) x20, (m1R, k5) x5, m1R, k2. *50 sts inc*
Size XL: k2, *(m1R, k5) x14, (m1R, k4) x10*, rep once more, m1R, k3. *49 sts inc*
Size 2XL: k2, *(m1R, k5) x19, (m1R, k6) x5*, rep once more, m1R, k3. *49 sts inc*
Size 3XL: k2, (m1R, k4) x13, (m1R, k5) x16, (m1R, k4) x14, (m1R, k5) x16, m1R, k2. *60 sts inc*
Size 4XL: k2, *(m1R, k5) x26, (m1R, k4) x3*, rep once more, m1R, k3. *59 sts inc*
Size 5XL: k2, (m1R, k4) x11, (m1R, k5) x21, (m1R, k4) x12, (m1R, k5) x21, m1R, k2. *66 sts inc*
230 (240, 252, 260, 274)[304, 332, 348, 372] sts
Rnd 2: purl around.
Rnd 3: knit around.
Rnd 4: purl around.
Rnd 5: knit around.
Rnds 6-10: *k1, p1*, rep around.
Rnd 11 – Increase rnd:
Size XS: k3, (m1R, k6) x10, (m1R, k7) x7, (m1R, k6) x11, (m1R, k7) x7, m1R, k3. *36 sts inc*
Size S: k3, (m1R, k6) x39, m1R, k3. *40 sts inc*
Size M: k3, (m1R, k6) x15, (m1R, k5) x6, (m1R, k6) x16, (m1R, k5) x6, m1R, k3. *44 sts inc*
Size L: k3, (m1R, k6) x9, (m1R, k5) x14, (m1R, k6) x10, (m1R, k5) x14, m1R, k3. *48 sts inc*

Sizes XL: k3, m1R, k6, (m1R, k5) x25, (m1R, k6) x2, (m1R, k5) x25, m1R, k3. *54 sts inc*

Size 2XL: k3, (m1R, k6) x11, (m1R, k5) x16, (m1R, k6) x12, (m1R, k5) x16, m1R, k3. *56 sts inc*

Size 3XL: k3, (m1R, k6) x15, (m1R, k7) x10, (m1R, k6) x16, (m1R, k7) x10, m1R, k3. *52 sts inc*

Size 4XL: k3, (m1R, k6) x13, (m1R, k5) x18, (m1R, k6) x14, (m1R, k5) x18, m1R, k3. *64 sts inc*

Size 5XL: k3, (m1R, k6) x23, (m1R, k7) x6, (m1R, k6) x24, (m1R, k7) x6, m1R, k3. *60 sts inc*

266 (280, 296, 308, 328)[360, 384, 412, 432] sts

Rnds 12-20: as Rnds 2-10.

Rnd 21 – Increase rnd:

Size XS: k3, (m1R, k6) x17, (m1R, k5) x5, (m1R, k6) x18, (m1R, k5) x5, m1R, k3. *46 sts inc*

Size S: k3, (m1R, k6) x14, (m1R, k5) x10, (m1R, k6) x15, (m1R, k5) x10, m1R, k3. *50 sts inc*

Size M: k3, (m1R, k6) x12, (m1R, k7) x10, (m1R, k6) x13, (m1R, k7) x10, m1R, k3. *46 sts inc*

Size L: k3, (m1R, k6) x8, (m1R, k5) x20, (m1R, k6) x9, (m1R, k5) x20, m1R, k3. *58 sts inc*

Sizes XL: k3, (m1R, k6) x8, (m1R, k5) x22, (m1R, k6) x9, (m1R, k5) x22, m1R, k3. *62 sts inc*

Size 2XL: k3, (m1R, k6) x59, m1R, k3. *60 sts inc*

Size 3XL: k4, (m1R, k8) x47, m1R, k4. *48 sts inc*

Size 4XL: k4, (m1R, k8) x18, (m1R, k9) x6, (m1R, k8) x19, (m1R, k9) x6, m1R, k4. *50 sts inc*

Size 5XL: k4, (m1R, k8) x53, m1R, k4. *54 sts inc*

312 (330, 342, 366, 390)[420, 432, 462, 486] sts

Rnd 22: purl around.

Rnd 23: knit around.

Rnd 24: purl around.

Bobbles

All sizes:

Rnds 1-3: knit around.

Rnd 4: *k3, mB, k2*, rep around.

Rnds 5-9: knit around.

Rnd 10: *mB, k5*, rep around.

Rnds 11-13: knit around.

Sizes 4XL & 5XL only:

Rep Rnds 2-7 once more.

Sizes 3XL-5XL only (all other sizes skip to Broken Rib):

Increase rnd:

Size 3XL: k6, (m1R, k12) x4, (m1R, k13) x12, (m1R, k12) x5, (m1R, k13) x12, m1R, k6. *34 sts inc*

Size 4XL: k8, (m1R, k16) x5, (m1R, k15) x9, (m1R, k16) x6, (m1R, k15) x9, m1R, k8. *30 sts inc*

Size 5XL: k7, (m1R, k14) x8, (m1R, k13) x9, (m1R, k14) x9, (m1R, k13) x9, m1R, k7. *36 sts inc*

- (-, -, -, -)[-, 466, 492, 522] sts

Broken Rib

Rnd 1: *k1, p1*, rep around.

Rnd 2: knit around

Rep Rnds 1-2: 1 (2, 3, 3, 5)[5, 5, 4, 5] time(s) more.

Note: If you wish to lengthen the yoke depth, you can add extra knit rounds now.

Divide for Body and Sleeves

Next rnd: Continuing in Broken Rib pattern, work 47 (52, 55, 60, 63)[67, 74, 78, 83], place 62 (61, 61, 63, 69)[76, 85, 90, 95] sleeve sts on scrap yarn, using Backwards Loop method CO 2 (5, 9, 11, 17)[22, 21, 26, 25] sts, work 94 (104, 110, 120, 126)[134, 148, 156, 166] front sts, place 62 (61, 61, 63,

69)[76, 85, 90, 95] sleeve sts on scrap yarn, using Backwards Loop method CO 2 (5, 9, 11, 17)[22, 21, 26, 25] sts, work to end.
192 (218, 238, 262, 286)[312, 338, 364, 382] sts total
Next rnd: knit around.
Work 8 (6, 4, 4, 4)[4, 4, 6, 4] more rnds in Broken Rib as established, continuing the pattern across the underarm sts.

Body

Knit 1 rnd increasing or decreasing 0 (-2, +2, +2, +2)[0, -2, -4, +2] sts evenly using m1R or k2tog.
192 (216, 240, 264, 288)[312, 336, 360, 384] sts

Grapes
Rnds 1-2: knit around.
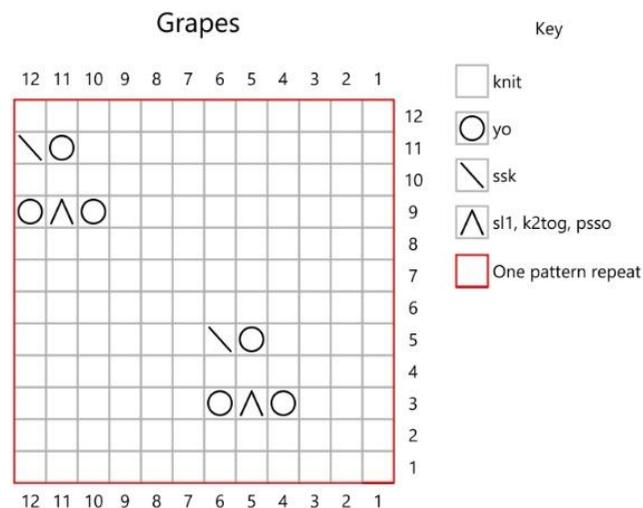**Rnd 3:** *k3, yo, sl1, k2tog, psso, yo, k6*, rep around.
Rnd 4: knit around.
Rnd 5: *k4, yo, ssk, k6*, rep around.
Rnds 6-8: knit around.
Rnd 9: *k9, yo, sl1, k2tog, psso, yo*, rep around.
Rnd 10: knit around.

Rnd 11: *k10, yo, ssk*, rep around.
Rnd 12: knit around.
Rep **Rnds 1-12** until body measures approx. 21.5 (21.5, 25, 25, 25)[25, 28.5, 28.5, 28.5] cm/8.5 (8.5, 9.75, 9.75, 9.75)[9.75, 11.25, 11.25, 11.25]" from underarm, or 3 cm/1.25" less than desired length, ending with a Rnd 1, 2, 7 or 8.

Bottom Hem

Change to smaller needle, 3.25 mm/US #3. Work in 1x1 Rib for approx. 3 cm/1.25" then BO sts in pattern using Tubular BO method.

Sleeves

Place the 62 (61, 61, 63, 69)[76, 85, 90, 95] sts of one sleeve on larger dpns, 3.75 mm/ US #5. Attach yarn and starting from middle of underarm, PU 1 (2, 4, 5, 8)[11, 10, 13, 12] st(s), work in pattern across sleeve sts, PU 1 (3, 5, 6, 9)[11, 11, 13, 13] st(s), place BOR marker and join for working in the round. *64 (66, 70, 74, 86)[98, 106, 116, 120] sts*
Work 5 rnds in Broken Rib as previously established.
Change to smaller dpns, 3.25 mm/US #3, and work in 1x1 Rib for approx. 3 cm/1.25" then BO sts in pattern using Tubular BO method.
Rep instructions for the other sleeve.

Finishing

Weave in all ends. Block the top to dimensions in the schematic making sure to even out the lace yoke.

Contact & Support

email: support@justynaknits.com
website - http://justynaknits.com
Ravelry ID - Lete
Ravelry Group - Lete's Knits

Grapes

Key: knit; O yo; \ ssk; ∧ sl1, k2tog, psso; One pattern repeat

Copyright Agreement

This pattern is the property of Justyna Lorkowska. It is copyrighted, and is for personal and non-profit use only. This means you can knit for yourself, for a gift or for charity. You may not sell a top made from this pattern. You may not reproduce this pattern on, or distribute it from a website. This pattern may not be translated, reproduced or circulated in another language. Downloading or printing the pattern constitutes agreement within these terms. Thank you and enjoy your Heart Warmer Tee! Justyna Lorkowska, Piła, Poland, July, 2022.