



# Harmony Pullover

by Laura Zukaite

**Yarnalia**



### **Close and proudly local**

We do everything that's in our hands so that the yarns that land on yours feel like what you needed to make your projects even more beautiful.

#### **Level:**

Intermediate

#### **Sizes:**

XS (S, M, L, XL, 2XL, 3XL, 4XL)

#### **Finished bust circumference:**

32.5 (36.5, 40.5, 44.5, 48.5, 52.5, 56.5, 60.5)"/ 81 (92, 104, 115, 121, 132, 143, 154) cm

Designed with 2"/5 cm positive ease.

Shown in size S.

#### **Materials:**

**Yarn A: Yarnalia COZY** (worsted weight; 100% Baby Alpaca; 219yds/200m per 100g) in Sea Foam - 5 (6, 6, 7, 8, 9, 10, 11) balls

US Size 8 (5 mm) needles OR SIZE TO OBTAIN GAUGE.

US Size 7 (4.5 mm) 24"/60 cm circular needles for hem, cuffs, and neck band.

Stitch markers, stitch holders, cable needle, tapestry needle

### Gauge:

20 sts x 24 rows = 4"/10cm in St st with larger needles, blocked.

26 sts = 3.25"/8cm in Center Cable Panel pattern with larger needles, blocked.

10 sts = 1"/2.5cm in Little Twist Cable pattern with larger needles, blocked.

15 sts = 3.25"/8cm in Hanging Berries pattern with larger needles, blocked.

### Notes:

The pullover is worked flat in pieces from the bottom up then seamed. Slip the first and knit the last stitch of every row to create a selvedge for seaming. As you shape the armholes, if you do not have enough stitches to complete a cable, work the extra stitches in stockinette or reverse stockinette as appropriate to maintain the pattern as best as possible.

### Stitch Patterns:

#### Reverse Stockinette Stitch

Purl on RS; knit on WS.

Row 3: P2, k2, RT, k2, p2.

Row 4: As Row 2.

Rep these 4 rows.

#### 1x1 Twisted Rib

(even number of sts, worked flat)

Row 1 (RS): \*K1tbl, p1; rep from \*.

Row 2 (WS): \*K1, p1tbl; rep from \*.

Rep Rows 1-2 for pattern.

#### Hanging Berries Panel (15 sts)

Row 1 (RS): P15.

Row 2 (WS): K15.

Row 3: P7, MB, p7.

Row 4: K7, p1tbl, k7.

Row 5: P4, MB, p2, k1tbl, p2, MB, p4.

Row 6: K4, p1tbl, k2, p1, k2, p1tbl, k4.

Row 7: P2, MB, p1, 1/1 LPC, p1, k1tbl, p1, 1/1 RPC, p1, MB, p2.

Row 8: K2, p1tbl, k2, [p1, k1] x3, k1, p1tbl, k2.

Row 9: P2, 1/1 LPC, p1, 1/1 LPC, k1tbl, 1/1 RPC, p1, 1/1 RPC, p2.

Row 10: K3, 1/1 RPC, k1, p3, k1, 1/1 LPC, k3.

#### 1x1 Twisted Rib in the round

(even number of sts, worked in the rnd)

All rnds: \*K1tbl, p1; rep from \* to end.

#### Little Twist Cable (10 sts)

Row 1 (RS): P2, 1/2 LC, 1/2 RC, p2.

Row 2 (WS): K2, p6, k2

Row 11: P4, 1/1 LPC, m1p, sl1-k2tog-ssso, m1p, 1/1 RPC, p4.

Row 12: K5, 1/1 RPC, p1, 1/1 LPC, k5.

Row 13: P5, pfb, sl1-k2tog-ssso, pfb, p5.

Row 14: K7, p1, k7.

Rows 15 & 16: As Rows 1 & 2.

Rep these 16 rows.

### Center Cable Panel (26 sts)

Row 1 (RS): K6, [p4, k6] x2.

Row 2 (WS): P6, [k4, p6] x2.

Row 3: 3/3 RC, [p4, 3/3 RC] x2.

Row 4: As Row 2.

Rows 5 to 8: Rep Rows 1-4.

Row 9: K3, 3/2 LPC, p2, k6, p2, 3/2 RPC, k3.

Row 10: [P3, k2] x2, p6, [k2, p3] x2.

Row 11: [3/2 LPC] x2, k6, [3/2 RPC] x2.

Row 12: K2, p3, k2, p12, k2, p3, k2.

Row 13: P2, 3/2 LPC, [3/3 LC] x2, 3/2 RPC, p2.

Row 14: K4, p18, k4.

Row 15: P4, [3/3 RC] x3, p4.

Row 16: As Row 14.

Row 17: P2, 3/2 RPC, [3/3 LC] x2, 3/2 LPC, p2.

Row 18: As Row 12.

Row 19: [3/2 RPC] x2, k6, [3/2 LPC] x2.

Row 20: As Row 10.

Row 21: K3, 3/2 RPC, p2, k6, p2, 3/2 LPC, k3.

Row 22: As Row 2.

Rep these 22 rows.

### Cable Stitches

1/1 LPC (1-over-1 Left Purl Cross): Sl next st to cn and hold in front, p1, then k1 from cn.

1/1 RPC (1-over-1 Right Purl Cross): Sl next st to cn and hold in back, k1, then p1 from cn.

1/2 LC (1-over-2 Left Cross): Sl next st to cn and hold in front, k2, then k1 from cn.

1/2 RC (1-over-2 Right Cross): Sl 2 sts to cn and hold in back, k1, then k2 from cn.

3/2 LPC (3-over-2 Left Purl Cross): Sl 3 sts to cn and hold in front, p2, then k3 from cn.

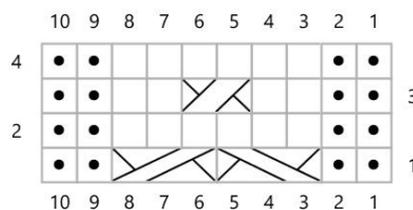
3/2 RPC (3-over-2 Right Purl Cross): Sl 2 sts to cn and hold in back, k3, then p2 from cn.

3/3 LC (3-over-3 Left Cross): Sl 3 sts to cn and hold in front, k3, then k3 from cn.

3/3 RC (3-over-3 Right Cross): Sl 3 sts to cn and hold in back, k3, then k3 from cn.

RT (Right Twist): K2tog but leave sts on needle, then knit into first st again and slip both sts from needle.

### Little Twist Cable



### Key

□ RS: knit  
WS: purl



1/2 LC

● RS: purl  
WS: knit

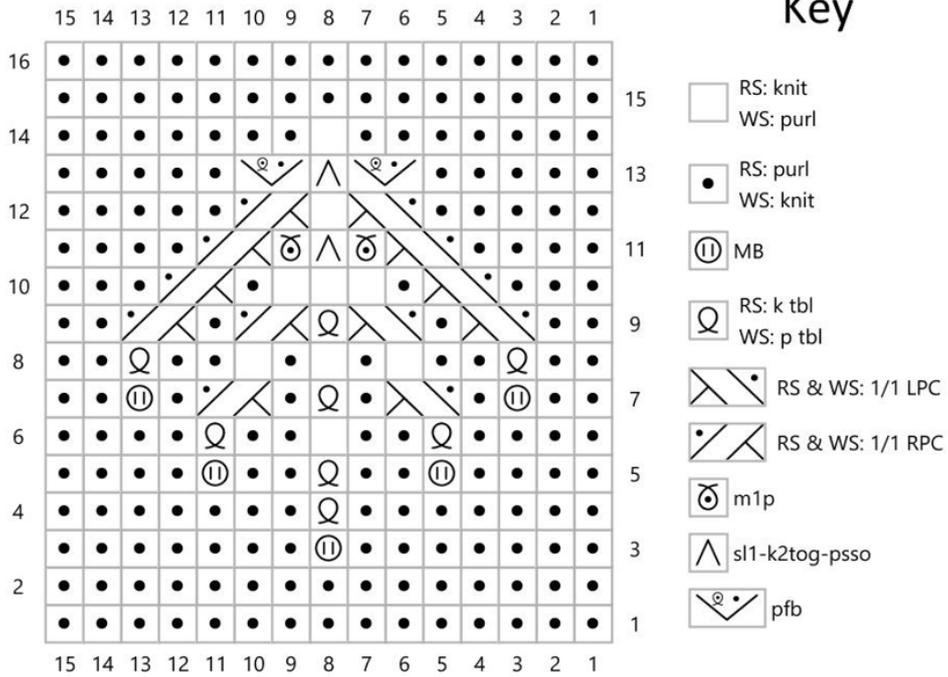


1/2 RC

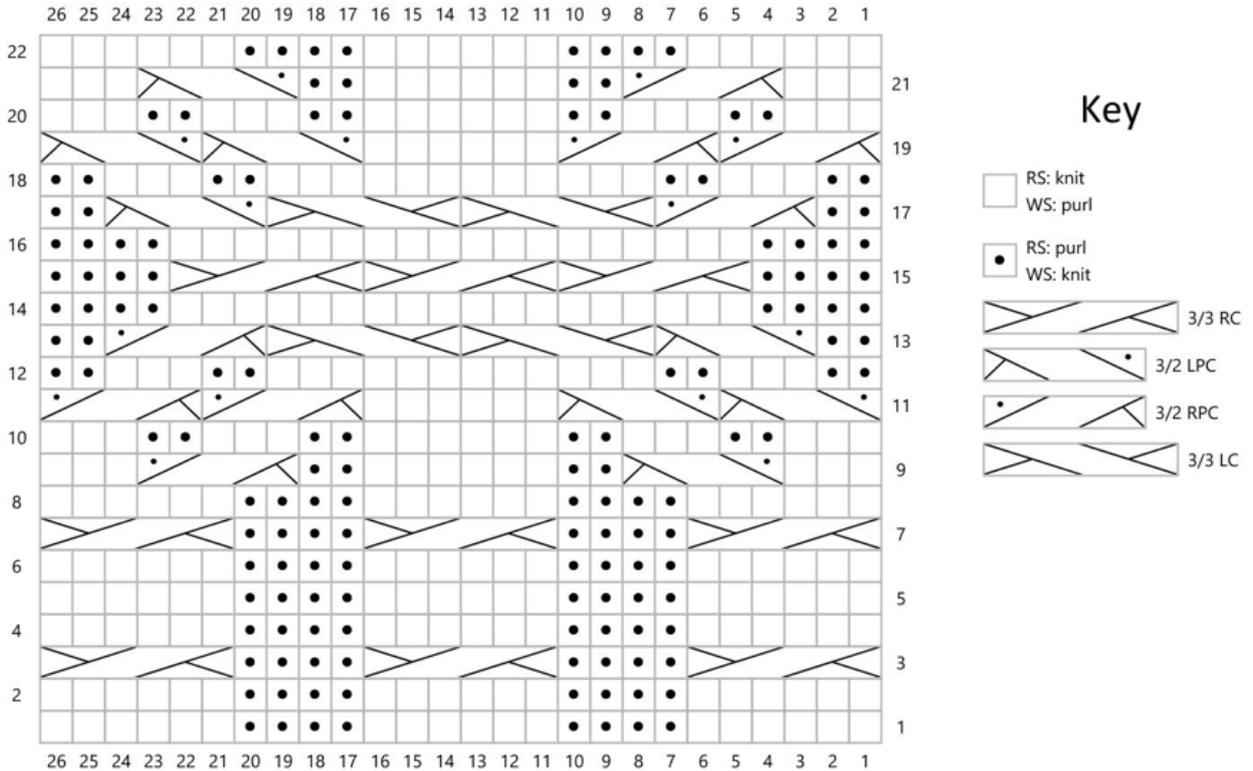


RT

# Hanging Berries Panel



# Center Cable Panel



## Instructions:

### Body (make 2 – Back and Front are identical):

With smaller needles CO 110 (120, 130, 140, 158, 168, 178, 188) sts.

Establish Twisted Rib as follows: Sl1, work 1x1 Twisted Rib to last st, k1.

Cont in patt until ribbing measures 1"/2.5 cm, ending with a WS row.

Change to larger needles and establish pattern as follows:

Row 1 (RS): Sl1, p6 (11, 16, 21, 5, 10, 15, 20), PM, [work Little Twist Cable over next 10 sts, PM, work Hanging Berries Panel over next 15 sts, PM] x1 (1, 1, 1, 2, 2, 2, 2), work Little Twist Cable over next 10 sts, PM, work Center Cable Panel over next 26 sts, PM, work Little Twist Cable over next 10 sts, PM, [work Hanging Berries Panel over next 15 sts, PM, work Little Twist Cable over next 10 sts, PM] x1 (1, 1, 1, 2, 2, 2, 2), p6 (11, 16, 21, 5, 10, 15, 20), k1.  
Row 2 (WS): Sl1, k to m, SM, [work Little Twist Cable to m, SM, work Hanging Berries Panel to m, SM] x1 (1, 1, 1, 2, 2, 2, 2), work Little Twist Cable to m, SM, work Center Cable Panel to m, SM, work Little Twist Cable to m, SM, [work Hanging Berries Panel to m, SM, work Little Twist Cable to m, SM] x1 (1, 1, 1, 2, 2, 2, 2), k to end.

Work in pattern as established until piece measures 13.5 (14, 14.5, 15, 15.5, 16, 16.5, 17)"/34.5 (35.5, 37, 38, 39.5, 40.5, 42, 43) cm or desired length to underarm, ending with a WS row.

### Shape armholes:

Row 1 (RS): BO 3 sts, work to end. 3 sts decreased

Row 2 (WS): BO 3 sts, work to last 2 sts, k2tog. 4 sts decreased

Rows 3 & 4: BO 2 sts, work to last 2 sts, k2tog. 3 sts decreased each row; 6 sts decreased total

Rows 5 & 6: BO 1 st, work to last 2 sts, k2tog. 2 sts decreased each row; 4 sts decreased total

Row 7: Work to last 2 sts, k2tog. 92 (102, 112, 122, 140, 150, 160, 170) sts

Work 1 WS row in patt.

Dec Row 1 (RS): Sl1, ssk, work in patt last 3 sts, k2tog, k1. 2 sts decreased

Cont in patt and rep Dec Row 1 every RS row another 7 (6, 5, 6, 7, 8, 5, 4) times. 76 (88, 100, 108, 124, 132, 148, 160) sts

Work 1 WS row in patt.

Dec Row 2 (RS): Sl1, sssk, work in patt to last 4 sts, k3tog, k1. 4 sts decreased

Cont in patt and rep Dec Row 2 every RS row another 7 (9, 11, 12, 15, 16, 19, 21) times. 44 (48, 52, 56, 60, 64, 68, 72) sts

Work even in patt until armhole measures 8.5 (9, 9.5, 10, 10.5, 11, 11.5, 12)"/21.5 (23, 24, 25.5, 26.5, 28, 29, 30.5) cm.

Place sts on holder.

### Sleeves (make 2):

With smaller needles CO 42 (44, 46, 48, 50, 52, 54, 56) sts.

Work in Twisted Rib as for Body until cuff measures 2"/5 cm, ending with a RS row.

Change to larger needles.

Next row (WS): Sl1, k to end increasing 20 (22, 24, 26, 28, 30, 32, 34) sts evenly across the row. 62 (66, 70, 74, 78, 82, 86, 90) sts

Establish pattern as follows:

Row 1 (RS): Sl1, p7 (9, 11, 13, 15, 17, 19, 21), PM, work Little Twist Cable over next 10 sts, PM, work Center Cable Panel over next 26 sts, PM, work Little Twist Cable over next 10 sts, PM, p7 (9, 11, 13, 15, 17, 19, 21), kl.

Row 2 (WS): Sl1, k to m, SM, work Little Twist Cable to m, SM, work Center Cable Panel to m, SM, work Little Twist Cable to m, SM, k to end.

Work even in patt until sleeve measures 3.5"/9 cm from CO, ending with a WS row.

Inc Row (RS): Sl1, p1, m1p, work to last 2 sts, m1p, p1, kl. 2 sts increased

Cont in patt and rep Inc Row every 1.5 (1.5, 1.5, 1.5, 1.5, 1.25, 1)"/4 (4, 4, 4, 4, 4, 3, 2.5) cm another 5 (5, 5, 5, 7, 9, 11, 14) times. 74 (78, 82, 86, 94, 102, 110, 120) sts

Work even in patt until sleeve measures 15.5 (16, 16.5, 17, 17.5, 18, 18.5, 19)"/39.5 (40.5, 42, 43, 44.5, 45.5, 47, 48.5) cm or desired length to underarm, ending with a WS row.

### Shape armholes:

Row 1 (RS): BO 3 sts, work to end. 3 sts decreased

Row 2 (WS): BO 3 sts, work to last 2 sts, k2tog. 4 sts decreased

Rows 3 & 4: BO 2 sts, work to last 2 sts,

k2tog. 3 sts decreased each row; 6 sts decreased total

Rows 5 & 6: BO 1 st, work to last 2 sts, k2tog 2 sts decreased each row; 4 sts decreased total

Row 7: Work to last 2 sts, k2tog. 56 (60, 64, 68, 76, 84, 92, 102) sts

Work 1 WS row in patt.

Dec Row 1 (RS): Sl1, ssk, work in patt last 3 sts, k2tog, kl. 2 sts decreased

Cont in patt and rep Dec Row 1 every RS row another 12 (13, 14, 15, 18, 21, 24, 28) times. 30 (32, 34, 36, 38, 40, 42, 44) sts

Work even in patt until armhole measures 8.5 (9, 9.5, 10, 10.5, 11, 11.5, 12)"/21.5 (23, 24, 25.5, 26.5, 28, 29, 30.5) cm.

Place sts on holder.

### Finishing:

Block all pieces to specified measurements.

Sew the side seams and attach the sleeves.

### Neck Band:

Using smaller needles, place live stitches on the needle in the following order, working from right to left: 44 (48, 52, 56, 60, 64, 68, 72) front sts, then 30 (32, 34, 36, 38, 40, 42, 44) sleeve sts, then 44 (48, 52, 56, 60, 64, 68, 72) back sts, then 30 (32, 34, 36, 38, 40, 42, 44) sleeve sts. PM and join to work in the rnd. 148 (160, 172, 184, 196, 208, 220, 232) sts

Knit 1 rnd decreasing 10 (14, 18, 22, 26,

30, 34, 38) sts evenly. 138 (146, 154, 162, 170, 178, 186, 194) sts

Work 1x1 Twisted Rib in the rnd for 1"/2.5 cm.

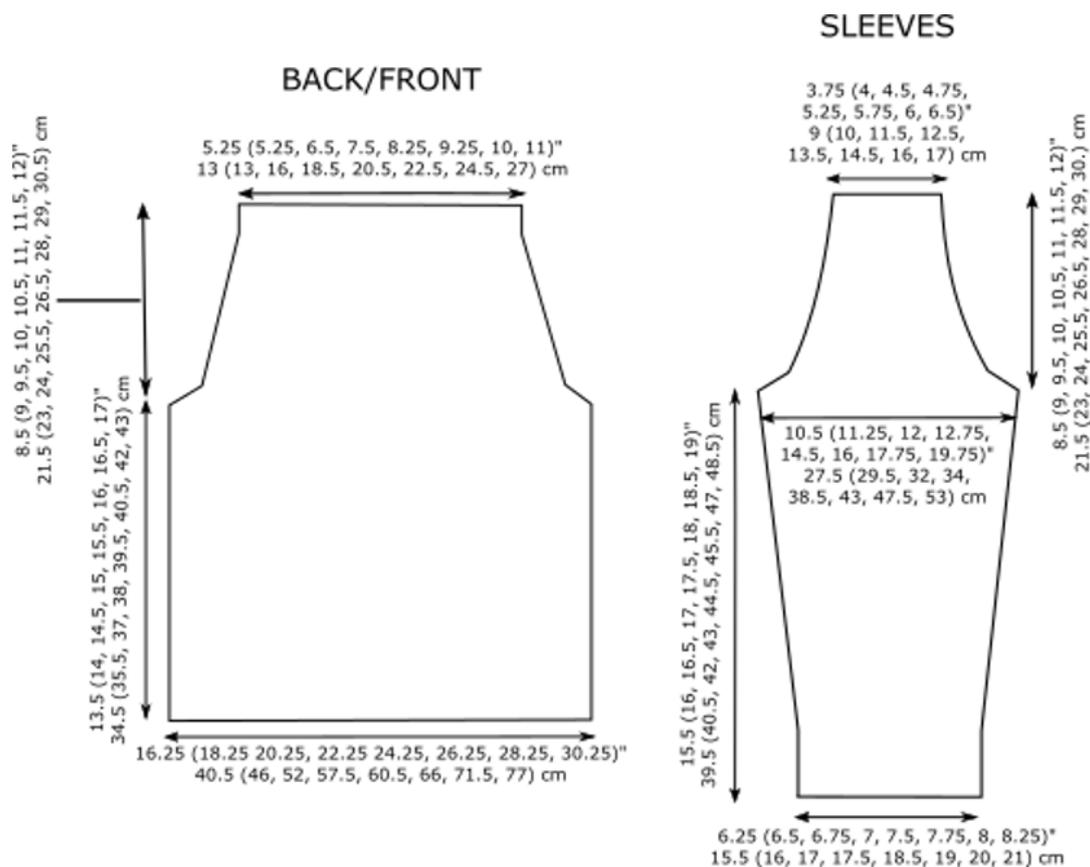
Purl 1 rnd.

Work 1x1 Twisted Rib in the rnd for another 1"/2.5 cm.

BO all sts.

Fold the neck band towards the inside along the purl ridge and tack in place.

Weave in all ends.



## Abbreviations:

**BO:** bind off

**cn:** cable needle

**CO:** cast on

**cont:** continue

**dec:** decrease

**inc:** increase

**k:** knit

**k2tog:** knit 2 stitches together (1 st decreased)

**k3tog:** knit 3 stitches together (2 sts decreased)

**m:** marker

**MB:** make bobble - (k1, yo, k1, yo, k1) into the next stitch, turn and p5, turn and k5, turn and p2tog, p1, p2tog, turn and sl1-k2tog-pss.

**m1p:** make 1 purlwise - lift strand between stitches from front to back and purl into back loop.

**p:** purl

**p2tog:** purl 2 stitches together (1 st decreased)

**patt:** pattern

**pfb:** purl into the front and back of next stitch (1

st increased)

**PM:** place marker

**rep:** repeat

**rnd(s):** round(s)

**RS:** right side

**RT:** right twist (see Cable Stitches)

**sl:** slip purlwise

**sl1-k2tog-pss:** slip 1 knitwise, knit next 2 stitches together, then pass the slipped stitch over (2 sts decreased, left-leaning)

**SM:** slip marker

**ssk:** slip 1 knitwise twice then knit the 2 stitches together through back loops (1 st decreased)

**sssk:** slip 1 knitwise x3 then knit the 3 stitches together through back loops (2 sts decreased)

**st(s):** stitch(es)

**St st:** Stockinette stitch (knit on RS, purl on WS)

**tbl:** through the back loop

**WS:** wrong side

**yo:** yarn over

