

Schachenmayr 
SINCE 1822
REGIA



R0275 B

Greta

Recommended Yarn

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R0275 B

V.1/KD/MD

Greta

Knit

Intermediate



Design: Design: Schachenmayr Designteam

SIZE

36/37 and 40/41

Instructions are for smallest size, with changes for larger sizes noted in different colors. When only one figure is given, it applies for all sizes.

MATERIALS

Schachenmayr REGIA PREMIUM Merino Yak,
4-ply, 100 g ball

Col. 07507 (himbeer meliert) balls 1 1

Double pointed Needles 2.5 mm

1 stitchholder or cable needle

1 tapestry needle yarn needle for weaving in ends

The amount of yarn needed can vary from person to person.

BASIC PATTERN

Stockinette stitch:

In rows: RS: knit, WS: purl.

In rounds: knit all st.

Ribbed pattern: (k2, p2) to the end of rnd.

Seed stitch: (k1, p1) to the end of rnd.

On all foll rows, purl the knit sts and knit the purl sts.

Basic pattern A + B:

Work pattern chart A or B in Rds. All rounds are shown in the chart; always read the chart from right to left.

Work the 32/34 or 30/32 st of the pattern repeat once each.

See the instructions for the distribution of patterns over the length of the piece.

Basic pattern C:

Work according to pattern chart C in rows.

Read RS rows from right to left;

read WS rows from left to right.

Work the 31/33 st of the pattern repeat once.

Work Rows 1 to 28/1 to 30 once.

Slip 1, k1, pss0 (skp):

slip 1 st as if to knit, k the following st, then pass the slipped st over the knitted st.

GAUGE

Stockinette stitch:

30 sts and 42 rows = 10 x 10 cm

INSTRUCTIONS

Cast on 60/64 st and divide over 4 double-pointed needles (15/16 st per needle), join to work in the round and place a marker to indicate the beginning of a Rd. For the **cuff**, work in the ribbed pattern for 3.5 cm (=16 Rd).

For the **braided band**, in the next Rd, from the horizontal bar before the first st, k 1 st through the back loop. Place this st on the left needle. *Insert the right needle behind this st and k the next st through the back loop, but do not remove it from the left needle. Then k the previous st, and slide both st off the left needle. Place the last st back onto the left needle. Repeat from * to the end of the Rd. At the end of the Rd, lift the first st of the previous Rd onto the last needle and pass the last st over the first st = 60/64 st.

Then redistribute the st as follows: on Needle 1: 15/16 st; on Needle 2: 16/17 st; on Needle 3: 15/16 st; on Needle 4: 14/15 st. For the **leg shaft**, beginning with the next Rd, work the front of the leg over Needles 1 and 2, following pattern chart A. From the horizontal bar after the 14th st, k 1 st through the back loop = 32/34. Then work the back of the leg over Needles 3 and 4, following pattern chart B. From the horizontal bar after the 12th st, k 1 st through the back loop = 30/32 st.

On the front of the leg, work Rds 1-24 twice, then work Rds 1-16 once = 64 Rd. On the back of the leg, work Rds 1 and 2 a total of 6x, then work Rds 13-43. When the tree motif is completed, continue working in stockinette st, continuing to work in seed stitch on the side over the last 5/7 st. In the last Rd, slide the last 2/3 st from Needle 4 onto Needle 1 without working them. They will become part of the instep. Turn your work, work the **heel flap** in rows over the first 31/33 st, following Pattern Chart C; the first R is a WS row. Place the remaining 31/33 st on a holder. The heel flap is finished after 28/30 R. Then work the **cap heel**: divide the 31/33 st into sections of 10/11/10 st or 11/11/11 st. In the following RS row, work up to the last heel cap st. * Work the last heel cap st together with the following st in the outer section as skp:

slip the last heel cap st as if to knit, k the next st of the outer section, pass the slipped st over the knitted st and turn your work. Slip the first heel cap st as if to purl (with the yarn in front of your work), then p all st up to the last heel cap st. Purl the last st together with the following st from the outer section and turn your work. Slip the first heel cap st purlwise with the yarn behind your work, then k all heel cap st up to the last st.



Repeat these decreases from \times until all st from the outer sections have been worked and only the 11 heel cap st remain. After finishing the heel cap, k 6 st (= center of the heel cap = new beginning of a round).

Continue working the **gusset** as follows:

Round 1:

Needle 1: k5, pick up 14/15 st from the side of the heel flap.

Needles 2 + 3: pick up 1 st from the horizontal bar between Needles 1 and 2, continue working the instep following Pattern Chart A, working the first 2/3 st in seed stitch, pick up 1 st from the horizontal bar between Needles 3 and 4.

Needle 4: pick up 14/15 st from the other side of the heel flap, k6 = 72/76 st total.

Round 2:

Needle 1: k5, k 14/15 st through the back loop.

Needles 2 + 3: work 2 st together in pattern, continue working the instep according to the pattern chart, work 2 st together in pattern.

Needle 4: k 14/15 st through the back loop, k6 = 70/74 st total.

Round 3:

Needle 1: knit all st.

Needles 2 + 3: continue working the instep according to the pattern chart.

Needle 4: knit all st.

Round 4:

Needle 1: k to 3 st before the end of the needle, k2tog, k1.

Needles 2 + 3: continue working the instep according to the pattern chart.

Needle 4: k1, skp, k the remaining st.

68/72 st total.

Repeat Rds **3 and 4** 4x more = 60/64 st.

Then continue working the **foot** in Rds over all st, working the 29/31 st on Needles 1 and 4 in stockinette st, and continue following the pattern chart over the 31/33 st on Needles 2 and 3. When you have worked the 5th anchor motif after the cuff, continue working the middle of the instep in stockinette st, with the seed st pattern and the cable on each side until the foot measures approx. 18.5/21 cm long. Then work 2 more Rds in stockinette st over all st, dividing the st evenly over the 4 needles = 15/16 st per needle. Work the toe shaping in stockinette st in Rds, following the tutorial on page 4.

Cut the yarn and draw the end through the 8 remaining st and pull snugly. Total foot length: 23.5/26.5cm. Work the 2nd sock in the same way.

ABBREVIATIONS

- k = knit
- p = purl
- RS = right side
- st(s) = stitch(es)
- WS = wrong side

Chart A front

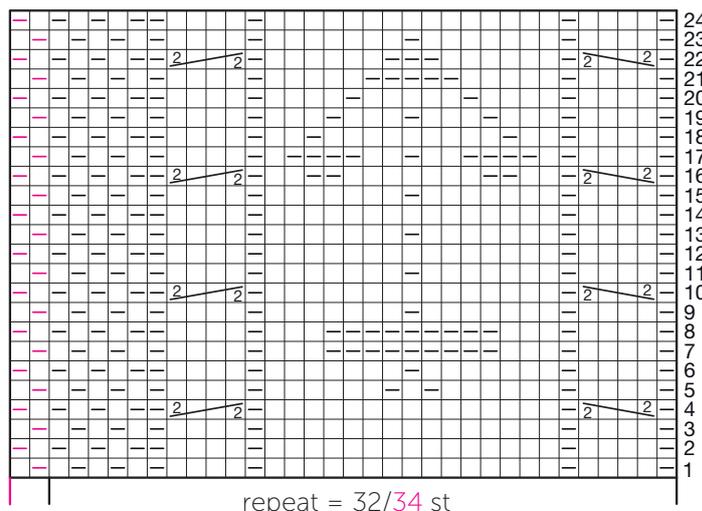


Chart B back (tree)

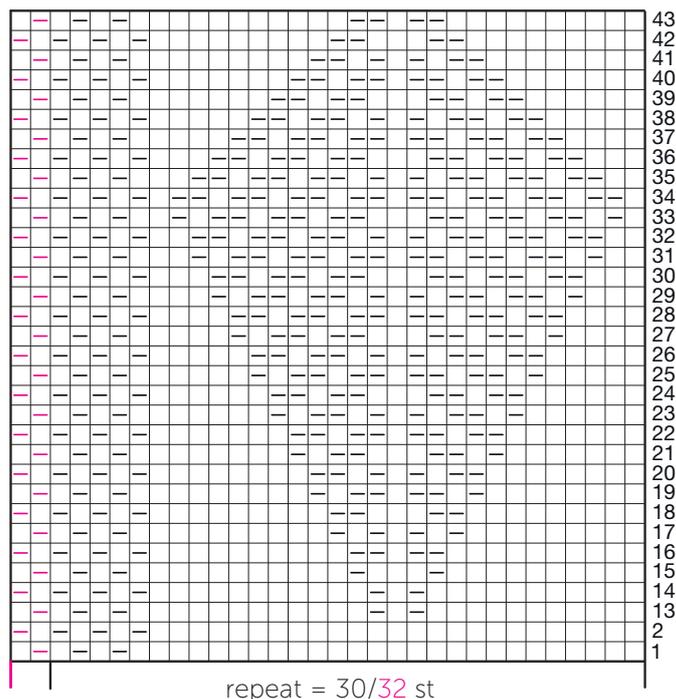
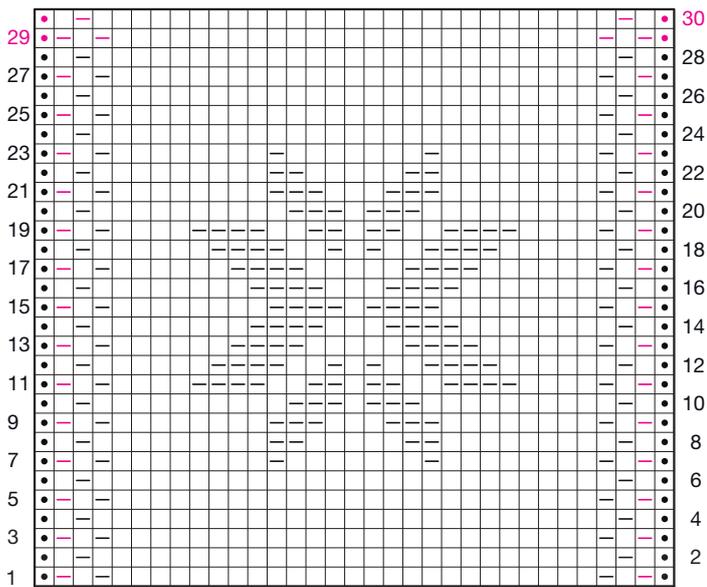


Chart C heel

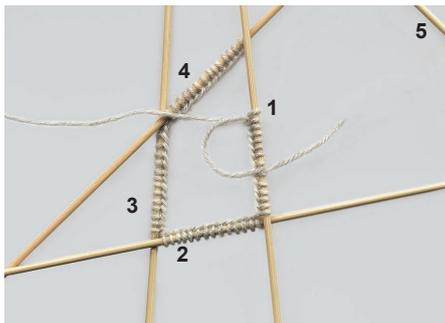


repeat = 31/33 st

Key

- ◼ = selvage st
- ◻ = RS: knit; WS: purl; in rounds: knit all sts
- ◻ = RS: purl; WS: knit; in rounds: purl all sts
- = place 2 st on a cable needle and hold behind the work, then k the st from the cable needle
- = place 2 st on a cable needle and hold in front of the work, k2, then k the st from the cable needle.

KNITTING SOCKS WITH A CAP HEEL



Cast-on:

Divide the required number of stitches evenly (or according to the instructions) over 4 double-pointed needles. The beginning of the round is in the center back of the sock – that is, between Needles 4 and 1. The tail of the cast-on yarn marks the beginning of the round.



Now work the **leg shaft** in rounds. If you choose, you can work a cuff in a ribbed pattern for a few centimeters (for example, alternating k1, p1 or k2, p2). The alternation of knit and purl stitches makes the cuff more elastic. You can then continue working the shaft entirely in a ribbed pattern, in stockinette stitch, or in another stitch pattern. For some stitch patterns, you will need more stitches than the number listed in the table.

CAP HEEL



Stockinette heel flap:

Work the heel flap in stockinette stitch, working only the stitches on Needles 1 and 4. You can work the first and last stitches in garter stitch: this will create a ribbed pattern, which makes it easier to count the rows. Place the stitches from the other two needles on a holder. If necessary, decrease any excess number of stitches in the first row of the heel. The table indicates the height of the heel flap in rows.



For the **three-part heel cap**, divide the stitches into 3 sections as indicated in the table under "Stitch division for cap heel:" the number of stitches used for the cap appears in between the two slashes; the numbers of stitches for the outer sections appear before and after the slashes. In the following right-side row, knit up to the last stitch of the cap section.

* Work the last cap stitch together with the following stitch from the outer section as s1, k1, pss0 (skp): Slip the last cap stitch knitwise, knit the next stitch from the outer section, then pass the slipped stitch over the knitted stitch; turn your work. Slip the first cap stitch purlwise (with the yarn in front of your work) and purl all stitches up to the last cap stitch. Purl this stitch together with the following stitch from the outer section; turn your work.

Slip the first cap stitch purlwise (with the yarn behind your work) and knit all stitches up to the last stitch. Repeat these decreases from the * until you have worked all the stitches from the outer sections and only the cap stitches remain.



Continue working in rounds over all stitches: work the stitches on Needles 1 and 4 in stockinette stitch; work the stitches on Needles 2 and 3 in the desired pattern or in stockinette stitch.

Work across the cap stitches and divide them evenly between Needles 4 and 1. Then, using Needle 1, work 1 stitch from each edge stitch of the heel flap (1 stitch for every 2 rows of the heel flap); knit the horizontal bar between Needles 1 and 2 through the back loop. Now work the stitches on Needles 2 and 3 (instep). Then knit the horizontal bar between Needles 3 and 4 through the back loop and work 1 stitch through each edge stitch from the heel flap; then work the remaining stitches.

You will now have more stitches on Needles 1 and 4 than on Needles 2 and 3 (= the number of cap stitches).



These extra stitches will be decreased in the **gusset**: in the following 3rd round (or as indicated in the table), knit the second- and third-to-last stitches on Needle 1 together, knit the last stitch. On Needle 4, knit the first stitch, then work the second and third stitches as skp. Repeat these gusset decreases on Needles 1 and 4 until you have returned to your original number of stitches.



Now work the **foot** to the length given in the table under "Foot length to toe shaping;" then begin the toe shaping.

TOE SHAPING



For the **toe shaping**, on Needles 1 and 3, work to 3 stitches before the end of the needle; then knit two stitches together and knit the last stitch. On Needles 2 and 4, knit the first stitch, then work the next two stitches as skp. Repeat these decreases as indicated in the table until only 8 stitches remain. Draw a double thickness of yarn through these stitches and pull snugly, or graft the stitches together using the Kitchener stitch.

Size Table for Socks with Regia 4-ply
Gauge, size 2 - 3 mm needle 30 sts. and 42 rows/rounds, each to 10 cm [4"]

Size	22/23	24/25	26/27	28/29	30/31	32/33	34/35	36/37	38/39	40/41	42/43	44/45	46/47	48/49	50/51
Cast on/sts per needle	44/11	48/12	48/12	52/13	52/13	56/14	56/14	60/15	60/15	64/16	64/16	68/17	72/18	72/18	76/19
Sts for heel	22	24	24	26	26	28	28	30	30	32	32	34	36	36	38
Cap heel															
Heel height, rnds	20	22	22	24	24	26	26	28	28	30	30	32	34	34	36
Sts for heel	7/8/7	8/8/8	8/8/8	8/10/8	8/10/8	9/10/9	9/10/9	10/10/10	10/10/10	10/12/10	10/12/10	11/12/11	12/12/12	12/12/12	13/12/13
Pick up sts, both sides	11	12	12	13	13	14	14	15	15	16	16	17	18	18	19
Decreases for toes after 1st decrease rnd															
In 4th round	0x	0x	0x	0x	0x	0x	0x	1x							
In 3d rnd	1x	1x	1x	2x	2x	2x	2x	2x	2x	2x	2x	2x	2x	2x	2x
In 2d rnd	3x	3x	3x	3x	3x	3x	3x	3x	3x	3x	3x	4x	4x	4x	5x
In every rnd	4x	5x	5x	5x	5x	6x	6x	6x	6x	7x	7x	7x	8x	8x	8x
Length of foot (cm)	14.5	15.5	17	18	19.5	21	22	23.5	25	26.5	27.5	28.5	30	31	32