



designs for hand knitting by
HEIDI KIRKMAIER

Giddy Up



FINISHED CHEST/BODY CIRCUMFERENCE

XXS	(XS	S1	S2)	[M1	M2	L]	(XL	2X	3X)	[4X	5X	6X]	
82	87	93	98	105	113	120	127	136	145	156	167	176	cm
32¼	34½	36½	38¾	41½	44½	47¼	50	53¾	57¼	61½	65¾	69½	inches

- Intended to fit with approximately 7 - 18 cm (3 - 7 inches) of positive ease around the chest. Shown in Size M1 with approximately 20 cm (8 inches) of positive ease.
- Please refer to diagram on Page 3 for more detailed measurements to help select a size.

MATERIALS & TOOLS

- DK weight yarn in the amount given below; shown in Queensland Collection Kathmandu DK 100 (85% Merino, 10% Silk, 5% Cashmere; 270m/100g), colour 30 (rouge)

XXS	(XS	S1	S2)	[M1	M2	L]	(XL	2X	3X)	[4X	5X	6X]	
850	900	950	1000	1075	1175	1275	1350	1425	1550	1650	1775	1850	metres
930	985	1040	1095	1175	1285	1395	1475	1560	1695	1805	1940	2025	yards

- 3.5 mm (US 4) or size to obtain gauge (=gauge needle) **and** 3.25 mm (US 3) or 1-2 sizes smaller than gauge needle (=ribbing needle):
 - circular needle of length close to but no longer than finished chest/body circumference
 - 40 cm (16 inch) circular needle
 - needle(s) for working sleeves in the round using preferred method (e.g. DPNs, short circular, magic loop, 2 circulars)
- 4 stitch markers
- 3 stitch holders (waste yarn, cords, or spare needles can also be used)

GAUGE

- 22 sts and 32 rows or rounds per 10 cm (4 inches) in st st with gauge needle, after washing and drying (as instructed on yarn label)

NOTES

- Worked seamlessly from the top down.
- First, the collar is knit in the round, then each saddle shoulder is knit flat, continuously from the collar.
- The upper front of the sweater is created using stitches picked up along the sides of the saddle shoulders, and short rows are used to shape the shoulders and front neckline. It is then knit flat to the underarms, with increases for the armholes.
- The upper back is similarly created using stitches picked up from both saddle shoulders, with short rows at the shoulders and increases for the armholes.
- The front and back body sts are joined at the underarms and knit in the round.
- Stitches for the sleeves are picked up along the vertical edges of the piece. Short rows are used to shape the sleeve caps, and then the sleeves are knit in the round.
- Diagrams are provided (on pages 4, 5, 7, 8 and 10) to help visualize the construction.
- Where bold letters or words (e.g. **A**, **B**, **C**, **Front sts**, etc.) appear in the instructions, insert the number given for your size from the accompanying table.
- Abbreviations are on Page 11.

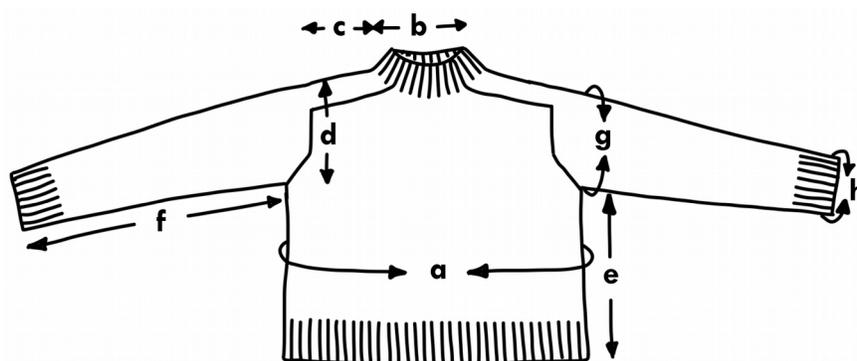
SHARE

- Please tag your projects with #GiddyUpSweater and #HeidiKDesigns on social media. Thank you!

PATTERN SUPPORT

- Please post any questions you may have in Heidi Kirrmaier's Ravelry group: <https://www.ravelry.com/groups/heidi-kirrmaier>.
- If you don't have a Ravelry account, questions may be emailed to: heidikdesigns411@gmail.com

FINISHED MEASUREMENTS



centimetres

	XXS	(XS	S1	S2)	[M1	M2	L]	(XL	2X	3X)	[4X	5X	6X]
a	82	87	93	98	105	113	120	127	136	145	156	167	176
b	17	17	17	17	17	17	17	17	19	19	19	19	19
c	10	11	12	13	14	14	15	16	17	18	20	20	21
d	15	16	17	18	18	19	19	20	21	22	23	24	24
e	35	35	35	35	35	35	35	35	35	35	35	35	35
f	44	44	44	44	46	46	46	46	46	46	46	46	46
g	30	31	34	35	36	39	41	43	46	49	52	55	57
h	24	24	25	25	25	25	27	27	27	29	29	29	31
i	1	1	1	1	1	1	1	4	4	4	6	6	6

inches

	XXS	(XS	S1	S2)	[M1	M2	L]	(XL	2X	3X)	[4X	5X	6X]
a	32.2	34.4	36.5	38.7	41.5	44.4	47.2	50.1	53.7	57.3	61.6	65.9	69.4
b	6.8	6.8	6.8	6.8	6.8	6.8	6.8	6.8	7.5	7.5	7.5	7.5	7.5
c	3.9	4.5	4.8	5.0	5.4	5.5	5.9	6.4	6.8	7.0	7.7	8.1	8.4
d	6.0	6.3	6.6	6.9	6.9	7.4	7.4	7.9	8.1	8.5	9.0	9.5	9.5
e	13.8	13.8	13.8	13.8	13.8	13.8	13.8	13.8	13.8	13.8	13.8	13.8	13.8
f	17.3	17.3	17.3	17.3	18.1	18.1	18.1	18.1	18.1	18.1	18.1	18.1	18.1
g	11.8	12.2	13.2	13.6	14.3	15.4	16.1	16.8	18.3	19.3	20.4	21.5	22.5
h	9.3	9.3	10.0	10.0	10.0	10.0	10.7	10.7	10.7	11.5	11.5	11.5	12.2
i	0.5	0.5	0.5	0.5	0.5	0.5	0.5	1.5	1.5	1.5	2.5	2.5	2.5

i = difference between front and back body width

INSTRUCTIONS

1. Collar and Saddle Shoulders

Using long-tail method and 40 cm (16 inch) circular gauge needle,

	XXS	XS	S1	S2	[M1	M2	L]	(XL	2X	3X)	[4X	5X	6X]	
CO	100	100	108	108	108	108	108	108	116	124	124	124	124	sts.

Join in the round, and pm for BOR. Change to 40 cm (16 inch) circular ribbing needle.

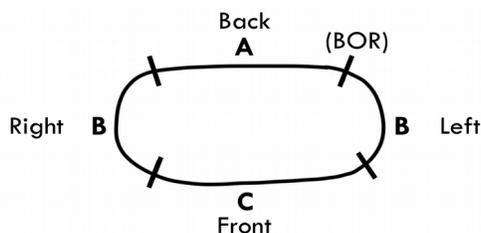
Round 1: *p2, k2; repeat from * to end.

Rounds 2-14: work in est 2x2 rib.

NOTE: Whenever instructed to rib below, continue in est 2x2 rib by working the sts as they appear (= k the k sts, and p the p sts).

Round 15 (place 3 markers): rib **A** sts, pm, rib **B** sts, pm, rib **C** sts, pm, rib **B** sts. Leave BOR marker in place.

	XXS	XS	S1	S2	[M1	M2	L]	(XL	2X	3X)	[4X	5X	6X]
A	26	26	26	26	26	26	26	26	30	30	30	30	30
B	18	18	22	22	22	22	22	22	22	26	26	26	26
C	38	38	38	38	38	38	38	38	42	42	42	42	42



Back Neck Increases

Round 16 (back neck incs): m1l, rib to next marker, m1r, sm, rib to BOR. (= 2 sts inc'd)

Round 17: k1, rib to 1 st before next marker, k1, sm, rib to BOR.

Round 18 (back neck incs): m1l, k1, rib to 1 st before next marker, k1, m1r, sm, rib to BOR. (= 2 sts inc'd)

Round 19: k2, rib to 2 sts before next marker, k2, sm, rib to BOR.

Round 20 (back neck incs): m1l-p, rib to next marker, m1r-p, sm, rib to BOR. (= 2 sts inc'd)

Round 21: p1, rib to 1 st before next marker, p1, sm, rib to BOR.

Round 22 (back neck incs): m1l-p, p1, rib to 1 st before next marker, p1, m1r-p, sm, rib to BOR. (= 2 sts inc'd)

	XXS	XS	S1	S2	[M1	M2	L]	(XL	2X	3X)	[4X	5X	6X]
back neck sts	34	34	34	34	34	34	34	34	38	38	38	38	38

Divide Collar Stitches

TIP: Whenever instructed to move sts onto holder below, a spare short circular needle, stitch holder, piece of waste yarn, or cord can be used. It may be easiest to turn work to WS while moving the sts, but make sure to turn it back to RS before continuing to follow the instructions!

Round 23: p2, rib to 2 sts before next marker, p2, remove marker, move sts from RH needle up to BOR onto holder (= back collar sts), m1r, rib to next marker, m1l, remove marker, move sts from RH needle onto a second holder (= right saddle sts), rib to next marker, remove marker, move sts from RH needle onto a third holder (= front collar sts), m1r, rib to BOR marker, m1l, remove BOR marker.

Left Saddle

Turn work to WS.

Change to circular gauge needle.

Work **D** rows in st st over left saddle sts (beginning and ending with WS row).

	XXS	(XS	S1	S2)	[M1	M2	L]	(XL	2X	3X)	[4X	5X	6X]
D	33	37	39	41	43	45	49	53	55	57	63	67	69

Next row (RS): k2 tog, k to last 2 sts, ssk. (= 2 sts dec'd)

Move sts onto holder. Cut yarn.

TIP: You can leave yarn attached instead of cutting it, and then it will be at the correct place when beginning the Upper Back (part 3).

Right Saddle

NOTE: Before knitting held sts, they need to be on a needle that can be knit from. Unless sts are being held on a spare needle, this means they either need to be moved onto a spare needle, or needle tips need to be attached to the cord. Once the sts are knit, the spare needle or cord should be removed and set aside.

Turn work to WS. Join new yarn at right edge of held right saddle sts.

With gauge needle, work **D** rows in st st over right saddle sts (same as Left Saddle, beginning and ending with WS row).

Next row (RS): k2 tog, k to last 2 sts, ssk. (= 2 sts dec'd)

Move sts back onto holder. Leave yarn attached.

2. Upper Front

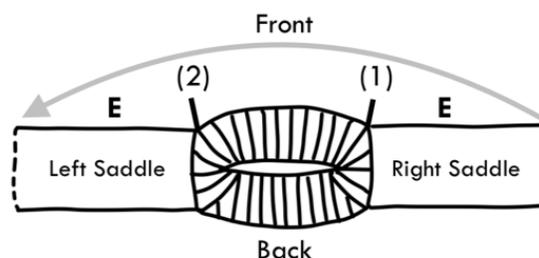
Hold work with RS facing and yarn attached at top right corner. Continue with gauge needle.

Set-up row (RS): backward loop CO 1 st, pick up and knit **E** sts along edge of Right Saddle, pm (1), knit front collar sts from holder, pm (2), pick up and knit **E** sts along edge of Left Saddle, backward loop CO 1 st.

TIP 1: Pick up approx 2 sts every 3 rows to achieve correct number of sts.

TIP 2: Pick up exactly 1 st in from the edge to ensure a neat finish.

	XXS	(XS	S1	S2)	[M1	M2	L]	(XL	2X	3X)	[4X	5X	6X]
E	22	25	27	28	30	31	33	36	38	39	43	45	47
total front sts	84	90	94	96	100	102	106	112	120	122	130	134	138



Short Rows for Shoulders and Front Neckline

TIP: The instructions are for German short rows. This video may be helpful: https://www.youtube.com/watch?v=Jf37k_VVohg.

Short row 1 (WS): k1, p to marker (2), sm, p2, TW.

Short row 2 (RS): mDS, k to marker (2), sm, kF, TW.

Short row 3 (WS): mDS, p3 sts past DS, TW.

Short row 4 (RS): mDS, kF sts past DS, TW.

NOTE: Whenever you come to a DS in the previous row, work together the 2 legs of the DS (= k tog on RS rows, and p tog on WS rows).

Short row 5 (WS): mDS, p3 sts past DS, TW.

Short row 6 (RS): mDS, kF sts past DS, TW.

Short row 7 (WS): mDS, p4 sts past DS, TW.

Short row 8 (RS): mDS, k to marker (2), remove marker, k to end.

Short row 9 (WS): p to marker (1), sm, pF, p1, TW.

Short row 10 (RS): mDS, k to marker (1), sm, k2, TW.

Short row 11 (WS): mDS, pF sts past DS, TW.

Short row 12 (RS): mDS, k3 sts past DS, TW.

Short row 13 (WS): mDS, pF sts past DS, TW.

Short row 14 (RS): mDS, k3 sts past DS, TW.

Short row 15 (WS): mDS, p to end.

Short row 16 (RS): k to marker (1), remove marker, k4 sts past DS, TW.

Short Row 17 (WS): mDS, p to end.

	XXS	(XS	S1	S2)	[M1	M2	L]	(XL	2X	3X)	[4X	5X	6X]
F	6	7	7	7	8	8	8	9	10	10	11	11	12

Work **G** rows straight in st st.

	XXS	(XS	S1	S2)	[M1	M2	L]	(XL	2X	3X)	[4X	5X	6X]
G	20	22	22	20	20	20	16	16	18	14	10	6	6

Armhole Shaping

Next row (RS): k3, m1l, k to last 3 sts, m1r, k3. (= 2 sts inc'd)

Next row (WS): p all.

Repeat previous 2 rows **H** more times.

	XXS	(XS	S1	S2)	[M1	M2	L]	(XL	2X	3X)	[4X	5X	6X]
H	3	3	3	5	5	7	9	11	11	13	17	21	21
front sts	92	98	102	108	112	118	126	136	144	150	166	178	182

Cut yarn.

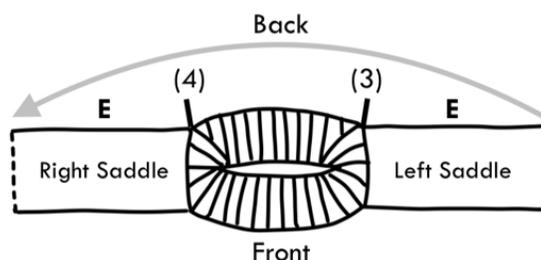
Move sts onto waste yarn, cord, or spare needle of same or smaller size than gauge needle.

3. Upper Back

Hold work with RS facing and Left Saddle to your right. Join new yarn at right edge (or use yarn still attached). Use long circular gauge needle.

Set-up row (RS): backward loop CO 1 st, pick up and knit **E** sts along edge of Right Saddle (approx 2 sts per 3 rows), pm (3), knit back collar sts from holder, pm (4), pick up and knit **E** sts along edge of Left Saddle, backward loop CO 1 st.

	XXS	(XS	S1	S2)	[M1	M2	L]	(XL	2X	3X)	[4X	5X	6X]
E	22	25	27	28	30	31	33	36	38	39	43	45	47
total back sts	80	86	90	92	96	98	102	108	116	118	126	130	134



Short row 1 (WS): k1, p to marker (3), sm, p**F**, p1, TW.

Short row 2 (RS): mDS, k to marker (4), sm, k**F**, k1, TW.

Short row 3 (WS): mDS, p**F** sts past DS, TW.

Short row 4 (RS): mDS, k**F** sts past DS, TW.

NOTE: Whenever you come to a DS in the previous row, work together the 2 legs of the DS (= k tog on RS rows, and p tog on WS rows).

Short row 5 (WS): mDS, p**F** sts past DS, TW.

Short row 6 (RS): mDS, k**F** sts past DS, TW.

Short row 7 (WS): mDSp to end, and remove both markers.

	XXS	(XS	S1	S2)	[M1	M2	L]	(XL	2X	3X)	[4X	5X	6X]
F	6	7	7	7	8	8	8	9	10	10	11	11	12

Work **J** rows straight in st st.

	XXS	(XS	S1	S2)	[M1	M2	L]	(XL	2X	3X)	[4X	5X	6X]
J	30	32	32	30	30	30	26	34	36	32	36	32	32

Armhole Shaping

Next row (RS): k3, m1l, k to last 3 sts, m1r, k3. (= 2 sts inc'd)

Next row (WS): p all.

Repeat previous 2 rows **M** more times.

	XXS	(XS	S1	S2)	[M1	M2	L]	(XL	2X	3X)	[4X	5X	6X]
M	3	3	3	5	5	7	9	7	7	9	9	13	13
total back sts	88	94	98	104	108	114	122	124	132	138	146	158	162

4. Body (worked in the round)

Continue with long circular gauge needle and yarn attached.

Set-up round: k back sts, backward loop CO **N** sts, k front sts, backward loop CO **N** sts and pm (BOR) in the middle of these CO sts.

	XXS	(XS	S1	S2)	[M1	M2	L]	(XL	2X	3X)	[4X	5X	6X]
N	0	0	2	2	6	8	8	10	12	16	16	16	22
<i>total body sts</i>	180	192	204	216	232	248	264	280	300	320	344	368	388

Knit straight until body measures 27.5 cm (11 inches), or 7.5 cm (3 inches) short of desired length, ending at BOR.

Change to long circular ribbing needle.

Next round: *k2, p2; repeat from * to end.

Work est 2x2 rib for 22 more rounds.

BO in rib.

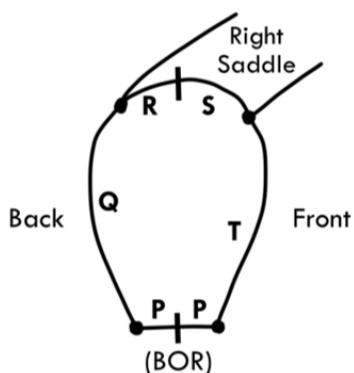
5. Sleeves

Right Sleeve

Join new yarn at middle of right underarm body sts.

For sizes XXS – M2, use long circular gauge needle. For Sizes L – 6X, use 40 cm (16 inch) circular gauge needle.

Set-up round: pick up and knit **P** sts from body underarm, pick up and knit **Q** sts (approx 2 sts per 3 rows) from upper back to beginning of saddle, knit **R** held saddle sts, pm, knit remaining **S** held saddle sts, pick up and knit **T** sts (approx 2 sts per 3 rows) from upper front, pick up and knit **P** sts from body underarm ending in the middle (=BOR).



	XXS	(XS	S1	S2)	[M1	M2	L]	(XL	2X	3X)	[4X	5X	6X]
P	0	0	1	1	3	4	5	5	7	8	8	8	11
Q	27	28	28	29	29	31	32	34	36	36	39	42	42
R	6	6	8	8	8	8	8	8	8	10	10	10	10
S	12	12	14	14	14	14	14	14	14	16	16	16	16
T	21	22	22	23	23	25	26	28	30	30	33	36	36
<i>total sleeve sts</i>	66	68	74	76	80	86	90	94	102	108	114	120	126

TIP: For sizes XXS – M2, it may be easier to use a second needle (e.g. 40 cm (16 inch) circular gauge needle) to work the short rows below. It may also help to pull out some of the cord of the long circular needle between the sts when working the last few short rows.

For sizes L – 6X, the same 40 cm (16 inch) needle that was used for the set-up round can be used for the short rows.

Short row 1 (RS): k5 sts past marker, k1, TW.

Short row 2 (WS): mDS, p5 sts past marker, remove marker, p1, TW.

Work next 2 short rows 3 times:

Next short row (RS): mDS, k6 sts past DS, TW.

Next short row (WS): mDS, p6 sts past DS, TW.

NOTE: Whenever you come to a DS in the previous row, work together the 2 legs of the DS (= k tog on RS rows, and p tog on WS rows).

Work next 2 short rows **U** times:

Next short row (RS): mDS, k2 sts past DS, TW.

Next short row (WS): mDS, p2 sts past DS, TW.

Next short row (RS): mds, k to BOR.

	XXS	(XS	S1	S2)	[M1	M2	L]	(XL	2X	3X)	[4X	5X	6X]
U	0	1	1	2	2	3	4	5	5	6	7	9	9
sts remaining before BOR after last DS	2	1	2	1	3	4	3	4	7	7	8	7	10

Change to preferred gauge needle(s) for working sleeves in the round.

Knit 8 rounds straight.

TIP: In the first of these rounds, you will come to the last DS. For an extra neat finish (instead of k tog the 2 legs of the DS): k to one st before DS, sl1 knitwise, sl first leg of DS purlwise, k tog tbl the 2 slipped sts, k tbl second leg of DS.

Next round (dec): k1, k2 tog, k to last 3 sts, ssk, k1. (= 2 sts dec'd)

Continue knitting straight and dec again on following:

	XXS	(XS	S1	S2)	[M1	M2	L]	(XL	2X	3X)	[4X	5X	6X]	
	16 th	14 th	12 th	10 th	10 th	8 th	8 th	8 th	6 th	5 th	5 th	4 th	4 th	rounds
	6	7	8	9	7	9	10	5	6	21	9	27	28	times,
then on	-	-	-	-	8 th	6 th	6 th	6 th	5 th	-	4 th	-	-	rounds
	-	-	-	-	4	5	4	11	14	-	15	-	-	times.
resulting sts	52	52	56	56	56	56	60	60	60	64	64	64	68	

Work straight until sleeve measures approx 36.5 (36.5) [38.5] (38.5) [38.5] cm (14¼ (14¼) [15] (15) [15] inches) from underarm, or 7.5 cm (3 inches) short of desired length.

Change to preferred ribbing needle(s) for working sleeve cuffs in the round.

Next round: *k2, p2; repeat from * to end.

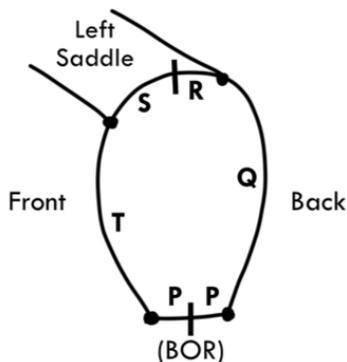
Work est 2x2 rib for 22 more rounds.

BO in rib.

Left Sleeve

Join new yarn at middle of right underarm body sts. Use same gauge needle as for right sleeve set-up.

Set-up round: pick up and knit **P** sts from body underarm, pick up and knit **T** sts (approx 2 sts per 3 rows) from upper front to beginning of saddle, knit **S** held saddle sts, pm, knit remaining **R** held saddle sts, pick up and knit **Q** sts (approx 2 sts per 3 rows) from upper back, pick up and knit **P** sts from body underarm ending in the middle (=BOR).



	XXS	(XS)	S1	S2)	[M1	M2	L]	(XL	2X	3X)	[4X	5X	6X]
P	0	0	1	1	3	4	5	5	7	8	8	8	11
Q	27	28	28	29	29	31	32	34	36	36	39	42	42
R	6	6	8	8	8	8	8	8	8	10	10	10	10
S	12	12	14	14	14	14	14	14	14	16	16	16	16
T	21	22	22	23	23	25	26	28	30	30	33	36	36
<i>total sleeve sts</i>	<i>66</i>	<i>68</i>	<i>74</i>	<i>76</i>	<i>80</i>	<i>86</i>	<i>90</i>	<i>94</i>	<i>102</i>	<i>108</i>	<i>114</i>	<i>120</i>	<i>126</i>

To complete left sleeve, follow all instructions on page 9.

FINISHING

Weave in ends, and close any holes under the arms. Wash and dry as instructed on yarn label.



ABBREVIATIONS

approx = approximately

BO = bind off

BOR = beginning of rounds

CO = cast on

dec('d)(s) = decrease(d)(s)

DS = double stitch

est = established

inc('d)(s) = increase(d)(s)

k = knit

LH = left hand

mDS = make double stitch: sl1 wyif, lift yarn over RH needle and pull towards the back until slipped st appears as two vertical legs

m1l = make one left knitwise: with RH needle lift bar between needles onto the LH needle so the right side of it is at the front, then knit into the back of it

m1l-p = make one left purlwise: with RH needle lift bar between needles onto the LH needle so the right side of it is at the front, then purl into the back of it

m1r = make one right knitwise: with RH needle lift bar between needles onto the LH needle so the left side of it is at the front, then knit into the front of it

m1r-p = make one right purlwise: with RH needle lift bar between needles onto the LH needle so the left side of it is at the front, then purl into the front of it

p = purl

pm = place marker

RH = right hand

RS = right side

sl = slip purlwise, unless otherwise noted

sm = slip marker

ssk = slip 2 sts separately as if to knit, then knit together through back loops

st st = stocking stitch - if working flat: knit on RS, purl on WS; if working in the round: knit all

st(s) = stitch(es)

tog = together

WS = wrong side

wyif= with yarn in front

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