

Knitonomy

#FRESNOSWEATERLIGHT



KNITTING PATTERN

GENERAL INFORMATION

1

SIZE

1 (2) 3 (4) 5 (6) 7 (8)

Choose a size that is at least 30 cm wider than your bust circumference.

2

FINISHED BUST CIRCUMFERENCE

103 (114) 125 (137) 148 (160) 171 (183) cm

3

LENGTH

53 (53) 58 (58) 62 (62) 67 (67) cm

4

YARN

650 (700) 700 (750) 750 (800) 850 (900) g of a DK weight yarn [50 g / 125 m]

5

GAUGE

28 st. x 35 r.= 10x10 cm

in the cable pattern after washing and blocking

6

NEEDLES

4 mm 80 cm & 40 cm circular needles

3 mm 80 cm & 40 cm circular needles

a cable needle

a tapestry needle

OVERVIEW

The Fresno Sweater is a top down knit.

The back yoke is worked flat and shaped by increases.

The shoulders are worked separately in rows. Then, they are joined by casting on stitches at the center front.

The back and the front are joined at the underarms and the body is worked in the round.

The stitches for the neckband are picked up along the neck edge and worked in rib.

The stitches for the sleeves are picked up along the armholes and worked in the round to the cuff.

edge stitch (edge)

knit on the right side and purl on the wrong side

work as established

knit the knit stitches and purl the purl stitches.

- repeat from * to *

(RS) RIGHT SIDE

(WS) WRONG SIDE

k

knit

p

purl

CABLING

The pattern is a continuous repetition of a 16-stitch pattern working a front or a back cable every fourth row/round.

Set up row (WS): knit 4, purl 12.

Row 1 (RS): C8F, knit 4, purl 4.

Row 2 (WS): work as established.

Row 3 (RS): work as established.

Row 4 (WS): work as established.

Row 5 (RS): knit 4, C8B, purl 4.

Row 6 (WS): work as established.

Row 7 (RS): work as established.

Row 8 (WS): work as established.

C8F - FRONT (LEFT) CABLE

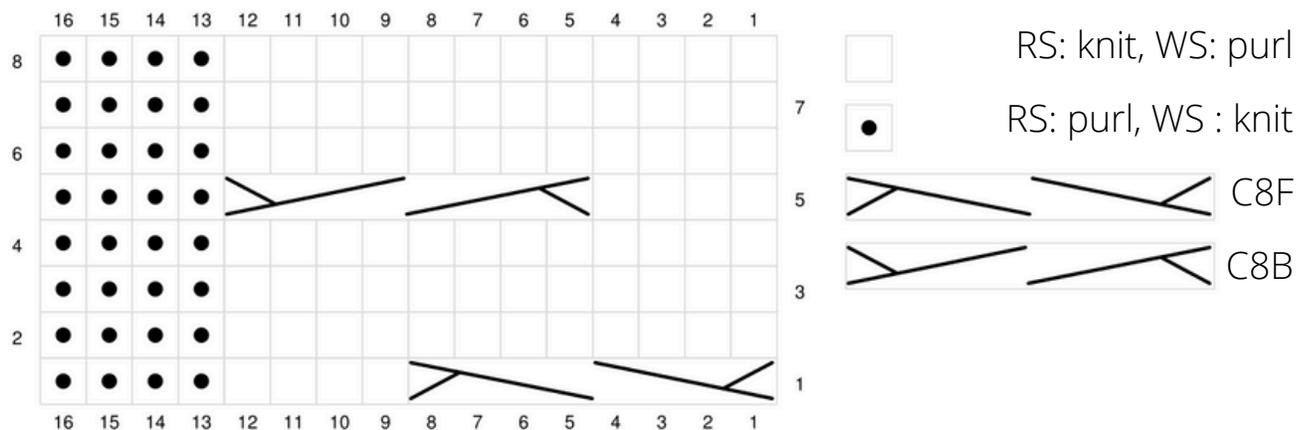
Slip 4 stitches to the cable needle and hold to the front.

With the cable needle at the front, knit the next 4 stitches from the left needle. Knit the 4 stitches from the cable needle.

C8B - BACK (RIGHT) CABLE

Slip 4 stitches to the cable needle and hold to the back.

With the cable needle at the back, knit the next 4 stitches from the left needle. Knit the 4 stitches from the cable needle.



INCREASES

VIDEO

M1L • make one left

This increase slants to the left on the RIGHT SIDE and slants to the right on the WRONG SIDE. Insert the left needle from front to back under the strand that runs between the stitches, knit this strand through the back loop.

VIDEO

M1Lp • make one left purl

This increase slants to the left on the RIGHT SIDE and slants to the right on the WRONG SIDE. Insert the left needle from front to back under the strand that runs between the stitches, purl this strand through the back loop

VIDEO

M1R • make one right

This increase slants to the right on RIGHT SIDE and slants to the left on the WRONG SIDE. Insert the left needle from back to front under the strand that runs between the stitches, knit this strand.

VIDEO

M1Rp • make one right purl

This increase slants to the right on the RIGHT SIDE and slants to the left on the WRONG SIDE. Insert the left needle from back to front under the strand that runs between the stitches, purl this strand.

VIDEO SUPPORT

VIDEO

front cable

VIDEO

back cable

VIDEO

double knitting

VIDEO

italian bind off

VIDEO

horizontal seaming

VIDEO

backwards-loop cast on

STEP 1 BACK

With 4 mm needles, cast on 46 (46) 46 (46) 46 (46) 46 (46) stitches using the long tail cast on. Place locking markers into the first and last stitch of the cast on edge.

Set up row (WRONG SIDE): edge, *p12, k4*, *-* to the last 13 stitches, p12, edge.

Start increasing at both sides to shape the back yoke. Increase on both the RIGHT SIDE and the WRONG SIDE.

Work the next 4 rows with purl increases on the RIGHT SIDE and knit increases on the WRONG SIDE:

Row 1 (RS): edge, **M1Lp**, *k12, p4*, *-* to the last 13 stitches, k12, **M1Rp**, edge.

Row 2 (WS): edge, **M1R**, work as established to the last stitch, **M1L**, edge.

Row 3 (RS): edge, **M1Lp**, p2, *C8F, k4, p4*, *-* to the last 15 stitches, C8F, k4, p2, **M1Rp**, edge.

Row 4 (WS): edge, **M1R**, work as established to the last stitch, **M1L**, edge.

Work the next 12 rows with knit increases on the RIGHT SIDE and purl increases on the WRONG SIDE:

Row 5 (RS): edge, **M1L**, *p4, k12*, *-* to the last 5 stitches, p4, **M1R**, edge.

Row 6 (WS) [as well as 8, 10, 12, 14 & 16]: edge, **M1Rp**, work as established to the last stitch, **M1Lp**, edge.

Row 7 (RS): edge, **M1L**, k2, *p4, k4, C8B*, *-* to the last 7 stitches, p4, k2, **M1R**, edge.

Row 9 (RS): edge, **M1L**, k4, *p4, k12*, *-* to the last 9, p4, k4, **M1R**, edge.

Row 11 (RS): edge, **M1L**, k6, *p4, C8F, k4*, *-* to the last 11 stitches, p4, k6, **M1R**, edge.

Row 13 (RS): edge, **M1L**, k8, *p4, k12*, *-* to the last 13, p4, k8, **M1R**, edge.

Row 15 (RS): edge, **M1L**, k2, C8B, *p4, k4, C8B*, *-* to the last 15 stitches, p4, k10, **M1R**, edge.

Please note that there are not enough stitches to work a back cable over the last 10 stitches. You knit 10, instead. (The first 4 stitches belong to a front cable so there are only 6 stitches left and you need 8 stitches for a C8B).

There are 78 (78) 78 (78) 78 (78) 78 (78) stitches on your needles.

Work Rows 1-16 (as seen above) **2 (2) 3 (3) 4 (4) 5 (5) more times.**

There are 142 (142) 174 (174) 206 (206) 238 (238) stitches on your needles.

Place a locking marker into the first and last stitch of the row.

Work Row 1-8 (as seen below) a total of **5 times**.

Row 1 (RS): edge, *k12, p4* to the last 13 stitches, k12, edge.

Row 2 (WS): work as established.

Row 3 (RS): edge, *C8F, k4, p4* to the last 13 stitches, C8F, k4, edge.

Row 4 (WS): work as established.

Row 5 (RS): edge, *k12, p4* to the last 13 stitches, k12, edge.

Row 6 (WS): work as established.

Row 7 (RS): edge, *k4, C8B, p4* to the last 13 stitches, k4, C8B, edge.

Row 8 (WS): work as established.

In the last repeat, end with Row 6.

Sizes 1 (-) 3 (-) 5 (-) 7 (-): Break the yarn. Go to STEP 2.

Sizes - (2) - (4) - (6) - (8): Work the next 4 rows increasing for the armholes:

Row 1 (RS): edge, **M1Lp**, *k4, C8B, p4*, *-* to the last 13 stitches, k4, C8B, **M1Rp**, edge.

Row 2 (WS): work as established.

Row 3 (RS): edge, **M1Lp**, p1, *k12, p4*, *-* to the last 14 stitches, k12, p1, **M1Rp**, edge.

Row 4 (WS): work as established.

There are - (146) - (178) - (210) - (242) stitches on your needles.

Break the yarn and put the stitches on hold while working the shoulders.

STEP 2 LEFT SHOULDER

If you want a visible, store-bought looking shoulder seam: with the larger needles, cast on 50 (50) 66 (66) 82 (82) 98 (98) stitches using the long tail cast on (this requires sewing the shoulders together using the Horizontal Seaming or a crochet hook - see the videos).

If you don't mind a less visible shoulder seam: with the larger needles and the **RIGHT SIDE** facing you, pick up and knit 50 (50) 66 (66) 82 (82) 98 (98) stitches along the left shoulder (start at the locking marker at the left corner of the back cast on and continue until the locking marker at the end of the increases on the left shoulder).

Set up row (WS): edge, *p12, k4*, *-* to the last stitch, edge.

Round the neckline by decreasing on the neck side in the following way:

Row 1 (RS): edge, [p1, **pass the edge stitch over the purl stitch** (as you would when binding off)]x2, p2, *k12, p4*, *-* to the last 13 stitches, k12, edge.

Row 2 (WS): work as established.

Row 3 (RS): edge, [p1, **pass the edge stitch over the purl stitch** (as you would when binding off)]x2, *C8F, k4, p4*, *-* to the last 13 stitches, C8F, k4, edge.

Row 4 (WS): work as established.

Row 5 (RS): work as established.

Row 6 (WS): work as established.

There are 46 (46) 62 (62) 78 (78) 94 (94) stitches on your needles.

Continue working the 8-row pattern straight down. Work Row 1-8 (as seen below) **twice**.

Row 1 (RS): edge, *k4, C8B, p4* to the last 13 stitches, k4, C8B, edge.

Row 2 (WS): work as established.

Row 3 (RS): work as established.

Row 4 (WS): work as established.

Row 5 (RS): edge, *C8F, k4, p4* to the last 13 stitches, C8F, k4, edge.

Row 6 (WS): work as established.

Row 7 (RS): work as established.

Row 8 (WS): work as established.

Start shaping the neckline, work the next 8 rows increasing 4 times on the **RIGHT SIDE**.

Work purl increases in the following way:

Row 1 (RS): edge, **M1Lp**, *k4, C8B, p4*, *-* to the last 13 stitches, k4, C8B, edge.

Row 2 (WS): work as established.

Row 3 (RS): edge, **M1Lp**, p1, *k12, p4*, *-* to the last 13 stitches, k12, edge.

Row 4 (WS): work as established.

Row 5 (RS): edge, **M1Lp**, p2 *C8F, k4, p4*, *-* to the last 13 stitches, C8F, k4, edge.

Row 6 (WS): work as established.

Row 7 (RS): edge, **M1Lp**, p3, *k12, p4*, *-* to the last 13 stitches, k12, edge.

Row 8 (WS): work as established.

Keep shaping the neckline increasing on **both** the RIGHT SIDE and the WRONG SIDE.

Work the next 12 rows with knit increases on the RIGHT SIDE and purl increases on the WRONG SIDE:

Row 1 (RS): edge, **M1L**, *p4, k4, C8B*, *-* to the last stitch, edge.

Row 2 (WS) and all the WS rows in this section: edge, work as established to the last stitch, **M1Lp**, edge.

Row 3 (RS): edge, **M1L**, k2, *p4, k12*, *-* to the last stitch, edge.

Row 5 (RS): edge, **M1L**, k4, *p4, C8F, k4*, *-* to the last stitch, edge.

Row 7 (RS): edge, **M1L**, k6, *p4, k12*, *-* to the last stitch, edge.

Row 9 (RS): edge, **M1L**, C8B, *p4, k4, C8B*, *-* to the last stitch, edge.

Row 11 (RS): edge, **M1L**, k10, *p4, k12*, *-* to the last stitch, edge.

There are 62 (62) 78 (78) 94 (94) 110 (110) stitches on your needles.

Break the yarn and put the the stitches on hold while working the right shoulder.

STEP 3 RIGHT SHOULDER

If you want a visible, store-bought looking shoulder seam: with the larger needles, cast on 50 (50) 66 (66) 82 (82) 98 (98) stitches using the long tail cast on (this requires sewing the shoulders together using the Horizontal Seaming or a crochet hook - see the videos).

If you don't mind a less visible shoulder seam: with the larger needles and the RIGHT SIDE facing you, pick up and knit 50 (50) 66 (66) 82 (82) 98 (98) stitches along the right shoulder (start at the locking marker at the end of increases on the right shoulder and continue until the locking marker at the right corner of the back cast on).

Set up row (WS): edge, *k4, p12*, *-* to the last stitch, edge.

Round the neckline by decreasing on the neck side in the following way:

Row 1 (RS): edge, *k12, p4*, *-* to the last stitch, edge.

Row 2 (WS): edge, [k1, **pass the edge stitch over the knit stitch**]**x2**, work as established to the end of the row.

Row 3 (RS): edge, *C8F, k4, p4*, *-* to the last 15 stitches, C8F, k4, p2, edge.

Row 4 (WS): edge, [k1, **pass the edge stitch over the knit stitch**]**x2**, work as established to the end of the row.

Row 5 (RS): work as established.

Row 6 (WS): work as established.

There are 46 (46) 62 (62) 78 (78) 94 (94) stitches on your needles.

Continue working the 8-row pattern straight down. Work Row 1-8 (as seen below) **twice**.

Row 1 (RS): edge, *k4, C8B, p4* to the last 13 stitches, k4, C8B, edge.

Row 2 (WS): work as established.

Row 3 (RS): work as established.

Row 4 (WS): work as established.

Row 5 (RS): edge, *C8F, k4, p4* to the last 13 stitches, C8F, k4, edge.

Row 6 (WS): work as established.

Row 7 (RS): work as established.

Row 8 (WS): work as established.

Start shaping the neckline, work the next 8 rows increasing 4 times on the RIGHT SIDE.

Work purl increases in the following way:

Row 1 (RS): edge, *k4, C8B, p4*, *-* to the last 13 stitches, k4, C8B, **M1Rp**, edge.

Row 2 (WS): work as established.

Row 3 (RS): edge, *k12, p4*, *-* to the last 14 stitches, k12, p1, **M1Rp**, edge.

Row 4 (WS): work as established.

Row 5 (RS): edge, *C8F, k4, p4*, *-* to the last 15 stitches, C8F, k4, p2, **M1Rp**, edge.

Row 6 (WS): work as established.

Row 7 (RS): edge, *k12, p4*, *-* to the last 16 stitches, k12, p3, **M1Rp**, edge.

Row 8 (WS): work as established.

Keep shaping the neckline increasing on **both** the RIGHT SIDE and the WRONG SIDE.

Work the next 12 rows with knit increases on the RIGHT SIDE and purl increases on the WRONG SIDE:

Row 1 (RS): edge, *k4, C8B, p4*, *-* to the last stitch, **M1R**, edge.

Row 2 (WS) and all the WS rows in this section: edge, **M1Rp**, work as established to the end of the row.

Row 3 (RS): edge, *k12, p4*, *-* to the last 3 stitches, k2, **M1R**, edge.

Row 5 (RS): edge, *C8F, k4, p4*, *-* to the last 5 stitches, k4, **M1R**, edge.

Row 7 (RS): edge, *k12, p4*, *-* to the last 7 stitches, k6, **M1R**, edge.

Row 9 (RS): edge, *k4, C8B, p4*, *-* to the last 9 stitches, k8, **M1R**, edge.

Row 11 (RS): edge, *k12, p4*, *-* to the last 11 stitches, k10, **M1R**, edge.

There are 62 (62) 78 (78) 94 (94) 110 (110) stitches on your needles.

STEP 4 FRONT

Join the left shoulder and the right shoulder in the following way:

Row 1 (RS): *work the stitches of the right shoulder* - edge, *C8F, k4, p4*, to the last 13 stitches, C8F, k4, **M1Rp**, purl the edge stitch, cast on 16 stitches using backwards-loop cast on, *work the stitches of the left shoulder* - purl the edge stitch, **M1Lp**, *C8F, k4, p4*, *-* to the last 13 stitches, C8F, k4, edge.

Row 2 (WS): work as established: edge, *p12, k4*, *-* to the last 13 stitches, p12, edge.

Row 3 (RS): work as established.

Row 4 (WS): work as established:

There are 142 (142) 174 (174) 206 (206) 238 (238) stitches on your needles.

Work Row 1-8 (as seen below) **5 (5) 7 (7) 9 (9) 11 (11) times**.

Row 1 (RS): edge, *k4, C8B, p4* to the last 13 stitches, k4, C8B, edge.

Row 2 (WS): work as established.

Row 3 (RS): work as established.

Row 4 (WS): work as established.

Row 5 (RS): edge, *C8F, k4, p4* to the last 13 stitches, C8F, k4, edge.

Row 6 (WS): work as established.

Row 7 (RS): work as established.

Row 8 (WS): work as established.

Sizes 1 (-) 3 (-) 5 (-) 7 (-): Don't break the yarn. Go to STEP 5.

Sizes - (2) - (4) - (6) - (8): Work the next 4 rows increasing for the armholes:

Row 1 (RS): edge, **M1Lp**, *k4, C8B, p4*, *-* to the last 13 stitches, k4, C8B, **M1Rp**, edge.

Row 2 (WS): work as established.

Row 3 (RS): edge, **M1Lp**, p1, *k12, p4*, *-* to the last 14 stitches, k12, p1, **M1Rp**, edge.

Row 4 (WS): work as established.

There are - (146) - (178) - (210) - (242) stitches on your needles. Don't break the yarn.

STEP 5 BODY

Join the front and the back in the following way:

Sizes 1 (-) 3 (-) 5 (-) 7 (-):

Round 1: work the stitches of the front - purl the edge stitch, **M1Lp**, *k4, C8B, p4*, *-* to the last 13 stitches, k4, C8B, **M1Rp**, purl the edge stitch, work the stitches of the back - purl the edge stitch, **M1Lp**, *k4, C8B, p4*, *-* to the last 13 stitches, k4, C8B, place a stitch marker to mark the beginning of the round, **M1Rp**, purl the edge stitch. Join to work in the round.

Sizes - (2) - (4) - (6) - (8):

Round 1: work the stitches of the front - purl the edge stitch, **M1Lp**, p2, *C8F, k4, p4*, *-* to the last 15 stitches, C8F, k4, p2, **M1Rp**, purl the edge stitch, cast on 12 stitches using backwards-loop cast on, work the stitches of the back - purl the edge stitch, **M1Lp**, p2, *C8F, k4, p4*, *-* to the last 15 stitches, C8F, k4, p2, **M1Rp**, purl the edge stitch, cast on 12 stitches using backwards-loop cast on. Join to work in the round. Place a stitch marker to mark the beginning of the round.

All sizes:

There are 288 (320) 352 (384) 416 (448) 480 (512) stitches on your needles.

Work Rounds 1-8 (as seen below) a total of **11 times**.

Sizes - (2) - (4) - (6) - (8): in the first repeat, skip Rounds 1-4.

Round 1: work as established: *p4, k12*, *-* to the end of the round.

Round 2: work as established.

Round 3: work as established.

Round 4: *p4, C8F, k4*, *-* to the end of the round.

Round 5: work as established.

Round 6: work as established.

Round 7: work as established.

Round 8: *p4, k4, C8B*, *-* to the end of the round.

Your sweater measures about 50 (50) 55 (55) 60 (60) 64 (64) cm from the cast on edge.

Change to 3 mm 80 cm circular needles.

Move your beginning of round marker 3 stitches forward so that your round ends with 3 purls and work one round decreasing: *[k2tog, p1, k1, p1]x2, k1, p1, ssk, p2tog*, *-* to the end of the round.

There are 216 (240) 264 (288) 312 (336) 360 (384) stitches on your needles.

STEP 6 RIB

With 3 mm circular needles, work **12 rounds (3 cm)** in rib in the following way:

Round 1-12: *k1, p1*, *-* to the end of the round.

Work double knitting in the following way:

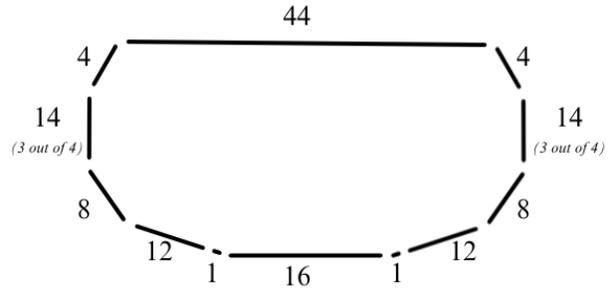
Round 1: *k1, slip 1 purlwise with yarn in front*, *-* to the end of the round.

Round 2: *slip 1 purlwise with yarn in back, p1*, *-* to the end of the round.

Bind off using the Italian bind-off.

STEP 7 NECKBAND

With 3 mm 40 cm circular needles, pick up and knit 138 stitches along the neckline. Start at the right corner of the back. Pick up and knit 1 stitch in every stitch along the neckline except for along the straight side of the front neck edge where you pick up and knit 3 out of every 4 stitches. Join to work in the round. Place a stitch marker to mark the beginning of the round.



Work 12 rounds in rib:

k1, p1, *-* to the end of the round.

To give your neckband a defined folding point, work double knitting in the following way:

Round 1: *k1, slip 1 purlwise with yarn in front*, *-* to the end of the round.

Round 2: repeat Round 1.

Work 10 more rounds in rib: *k1, p1*, *-* to the end of the round.

Fold the neckband towards the wrong side. Start attaching and at the same time binding off the stitches. To do so, knit together 1 stitch from your left needle and 1 stitch from the cast on edge. Every time there are 2 stitches on your right needle, pass the first one over the newly added one. Place a thin elastic thread inside the neckband.

STEP 8 SLEEVES

With 4 mm 40 cm circular needles, pick up and knit **96 (112) 112 (128) 128 (144) 144 (160)** stitches along the armhole. Start at the bottom of the armhole making sure that your first 4 stitches are 4 purl stitches along the underarm. *Sizes - (2) - (4) - (6) - (8): your last 12 stitches are 12 knit stitches along the underarm cable.*

All sizes: for neatest results, pick up and knit 4 (20) 4 (20) 4 (20) 4 (20) along the rounded underarm [*1 stitch in every stitch along the rounded underarm*], 28 stitches along the straight back edge [*about 3 out of every 4 stitches along the straight back edge*] and 64 (64) 80 (80) 96 (96) 112 (122) stitches along the straight front edge [*about 4 out of every 5 stitches along the straight front edge*]. Place a stitch marker to mark the beginning of the round.

Work the 8-round pattern (as seen below) **a total of 18 (18) 17 (17) 16 (16) 15 (15) times.**

Round 1: *p4, k12*, *-* to the end of the round.

Round 2: *p4, k12*, *-* to the end of the round.

Round 3: *p4, k12*, *-* to the end of the round.

Round 4: *p4, C8F, k4*, *-* to the end of the round.

Round 5: *p4, k12*, *-* to the end of the round.

Round 6: *p4, k12*, *-* to the end of the round.

Round 7: *p4, k12*, *-* to the end of the round.

Round 8: *p4, k4, C8B*, *-* to the end of the round.

Your sleeve measures about 41 (41) 39 (39) 37 (37) 35 (35) cm.

Change to 3 mm 40 cm circular needles.

Move your beginning of round marker 3 stitches forward so that your round ends with 3 purls and work one round decreasing: *[k2tog, p2tog]x3, ssk, p2tog*, *-* to the end of the round.

There are 48 (56) 56 (64) 64 (72) 72 (80) stitches on your needles.

Work STEP 6 RIB.

Wash and block your sweater.

Happy knitting!

Please share your work on Instagram
using the hashtag #fresnosweaterlight
and tagging @knitonomy

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