

# FRAILE CARDIGAN

*by Cecilia Lalanne  
and Gabriella Calderini*



**MANOS  
DEL URUGUAY**  
— EST. 1968 —

# Fraile Cardigan

by Cecilia Lalanne and Gabriella Calderini

We wanted to design a garment that combined the qualities of our new yarn, *Ideal*, and our classic and special *Cabrito*. Using a strand of each, we knitted, in "pearl stitch", a loose-fitting cardigan with bishop sleeves, raglan armholes and a round neckline. The result is a relaxed piece, with an extra soft texture and very easy to knit. Are you up for it?

## Final measurements

### Sizes 1 (2, 3, 4, 5, 6, 7, 8)

Bust circumference: 40.75 (43.25, 45.5, 47.5, 51, 55.75, 60.75, 67.5)" / 103.5 (110, 115.5, 120.5, 129.5, 141.5, 154.5, 171.5) cm, buttoned, with 1.25" / 3 cm front bands overlapped.

This garment has a relaxed fit and is intended to be worn with about 6" / 15 cm of positive ease.

The cardigan shown in pictures is a size 4.

You can see the rest of the measurements in the measurement drawing at the end of the document.

## Yarn

**Manos del Uruguay Ideal** (100% Polwarth wool), approx. 219 yds / 200 mts per 100 g.

Quantities:

*Color A (E6543 Nectar)*: 4 (4, 4, 5, 5, 5, 6, 7) skeins.  
*Color B (E2800 Natural)*: 3 (3, 3, 3, 4, 4, 5, 6) skeins.

**Manos del Uruguay Cabrito** (80/5 kid mohair, 20% polyamide), approx. 230 yds / 210 mts per 25 g.

Quantities:

R2800 *Natural* 6 (6, 7, 7, 8, 9, 10, 12) skeins.

## Needles and Tools

- Circular knitting needle 32" to 40" / 80 to 100 cm long in size 5.5 mm / #9 US. (or size to obtain gauge)

- Circular knitting needle 16" to 20" / 40 to 50 cm long in size 6 mm / #10 US for ribbings.

- Stitch holders or waste yarn
- Five 1" / 2.5 cm buttons

## Gauge

14 sts and 32 rows = 4 x 4" [10 x 10 cm] in fisherman stitch, after blocking with 5.5 mm / #9 US needles.

## Abbreviations

**K:** Knit

**P:** Purl

**RS:** Right Side

**WS:** Wrong Side

**St/Sts:** stitch/stitches

**PM:** Place Marker

**SM:** Slip Marker

**k2tog:** knit 2 sts together

**Ssk:** Slip, slip, knit (1 st decrease)

## Special Techniques

### K1b - Knit one below

Insert the right needle into the stitch below the first stitch on the left needle, wrap the yarn around the right needle as if to knit, and pull a stitch through to the front of the work, then drop the first stitch off the left needle.

Video reference for k1b:

<https://www.youtube.com/watch?v=JlpnanVSNnk>

### Fisherman's Rib

(odd number of stitches)

Work with one strand each of *Ideal* (color A or color B) and *Cabrito* held together.

**Row 1 (RS):** Using color A, slip 1 st purlwise, p1, [k1b, p1] repeat to last st, k1.

**Row 2 (WS):** Using color A, slip 1 st purlwise, knit to end of row.

**Row 3:** Using color B, slip 1 st purlwise, p1, [k1b, p1] repeat to last st, k1.

**Row 4:** Using color B, slip 1 st purlwise, knit to end of row. Repeat these 4 rows for pattern.

### **FRinc - Fisherman's Rib Increase**

K1b, leaving the first stitch on the left needle, yo, work k1b into the same stitch again, then drop the first stitch off the left needle. You have made 3 stitches from 1 stitch.

Video reference for FRinc:

<https://www.youtube.com/watch?v=HmxWisfsjMY>

### **Fdecl - Fisherman's Rib Decrease Left**

Insert the right needle into the stitch below the first stitch on the left needle knitwise and slip the first stitch (both strands) knitwise to the right needle. Temporarily slip the next stitch to the right needle. Insert the right needle from back to front into the stitch below the first stitch on the left needle and lift both strands onto the left needle. Return the slipped stitch to the left needle and knit the double strand and the returned stitch together as if to k2tog, then pass both starting slipped strands on the right needle over the k2tog. You have decreased 2 stitches.

### **FdecR - Fisherman's Rib Decrease Right**

Insert the right needle into the stitch below the first stitch on the left needle knitwise and slip the first stitch (both strands) knitwise to the right needle. K1, then pass both slipped strands over the k1. Insert the right needle from back to front into the stitch below the first stitch on the left needle and lift both strands onto the left needle. Return the stitch that was knit to the left needle, pass both strands over the returned stitch, then slip the returned stitch back to the right needle. You have decreased 2 stitches.

Video reference for Fdecl and FdecR:

<https://www.youtube.com/watch?v=HAM9zB7c9Pw>

### **W&T - Wrap and Turn**

Knit stitch: With the yarn in front, slip the next stitch purlwise to the right needle, bring the yarn to the back of the work, return the slipped stitch to the left needle, then turn the work.

Purl stitch: With the yarn in back, slip the next stitch purlwise to the right needle, bring the yarn to the front, return the slipped stitch to the left needle, then turn the work. To hide a wrap when you come to it, pick up the wrap with the right needle, place it on the left needle, then knit it together with the wrapped stitch or purl it together with the wrapped stitch as required by the pattern.

Video reference for W&T:

<https://www.youtube.com/watch?v=G4GxFvi4KD0>

### **Tubular Bind Off**

Video reference: <https://www.youtube.com/watch?v=Y6NE2sTcK.mI>

## **DIRECTIONS**

Please read before starting the pattern.

- This sweater is worked from the top down, back and forth in rows, starting with the ribbed neckband. At the end of the neckband, back neck is raised using wrap and turn short rows, then the yoke is worked with raglan increases. After completing the yoke, the lower body is worked in one piece down to the lower edge, then the sleeves are worked separately down to the cuffs.

- When working in fisherman's rib, do not cut Ideal at the color changes. Carry the unused color up along the edge of the work to where it is needed again.

### **IMPORTANT**

Always work with one strand each of Ideal and Cabrito held together throughout. If the directions say to use color A, that means one strand of Ideal color A and one strand of Cabrito. If the directions say to use color B, that means one strand of Ideal color B and one strand of Cabrito.

## NECKBAND

Using color A and Cabrito held together and 6 mm / #10 US circular needle, cast on 65 (67, 71, 71, 77, 79, 83, 89) sts.

**Rib Row 1 (RS):** [K1, p1] repeat to last st, k1.

**Rib Row 2 (WS):** [P1, k1] repeat to last st, p1.

Repeat these 2 rows 2 times, then work RS Row 1 once more.

**Next row (WS):** Using color A and continuing in rib pattern, work 11 (11, 11, 11, 13, 13, 13, 15) right front sts, PM, work 3 raglan sts, PM, work 5 (5, 7, 7, 7, 7, 9, 9) right sleeve sts, PM, work 3 raglan sts, PM, work 21 (23, 23, 23, 25, 27, 27, 29) back sts, PM, work 3 raglan sts, PM, work 5 (5, 7, 7, 7, 7, 9, 9) left sleeve sts,

PM, work 3 raglan sts, PM, work 11 (11, 11, 11, 13, 13, 13, 15) left front sts.

Neckband measures approx. 1.25" / 3 cm from cast on.

Break yarns.

## RAGLAN YOKE

Change to 5.5 mm / #9 US circular needle.

**Rows 1 and 2:** Slipping markers as you come to them, work Rows 1 and 2 of Fisherman's Rib pattern (see Special Techniques) across all sts to establish the pattern, ending with a WS row.



Each marked 3-st raglan should be worked on RS rows as [p1, k1b, p1].

Continue in Fisherman's Rib pattern starting with Row 3 while working short rows with raglan increases as follows:

**Row 3 (RS):** Work in pattern to last 9 (9, 9, 9, 11, 11, 11, 13) sts, W&T (see Special Techniques).

**Row 4 (WS):** Work in pattern to last 9 (9, 9, 9, 11, 11, 11, 13) sts, W&T. The wrapped st at each side is the 3rd front st from the raglan marker.

**Row 5 (increase row):** Work in pattern to marker, SM, work 3 raglan sts, SM, work in pattern to last left sleeve st, FRinc (see Special Techniques), SM, work 3 raglan sts, SM, FRinc, work in pattern to last back st, FRinc, SM, work 3 raglan sts, SM, FRinc, work in pattern to end of right sleeve, SM, work 3 raglan sts, SM, work to previous wrapped st, hide wrap, work 1 more front st, W&T.

You now have 73 (75, 79, 79, 85, 87, 91, 97) sts: 11 (11, 11, 11, 13, 13, 13, 15) sts each front, 7 (7, 9, 9, 9, 9, 11, 11) sts each sleeve, 25 (27, 27, 27, 29, 31, 31, 33) back sts, and 12 marked raglan sts.

**Row 6:** Work in pattern to previous wrapped st on left front, hide wrap, work 1 more front st, W&T. The wrapped st at each side is the 5th front st from the raglan marker.

**Rows 7 and 8:** Work in pattern to previous wrapped st, hide wrap, work 1 more front st, W&T. The wrapped st at each side is the 7th front st from the raglan marker after completing Row 8.

**Row 9 (increase row):** [Work in pattern to 1 st before marker, FRinc, SM, work 3 raglan sts, SM, Frinc] 4 times, work in pattern to previous wrapped st, hide wrap, W&T.

You now have 89 (91, 95, 95, 101, 103, 107, 113) sts: 13 (13, 13, 13, 15, 15, 15, 17) sts each front, 11 (11, 13, 13, 13, 13, 15, 15) sts each sleeve,

29 (31, 31, 31,33, 35, 35, 37) back sts, and 12 marked raglan sts.

**Row 10:** Work in pattern to previous wrapped st, hide wrap, W&T. The wrapped st at each side is the 8th front st from the raglan marker.

**Rows 11 and 12:** Work in pattern to previous wrapped st, hide wrap, W&T. The wrapped st at each side is the 9th front st from the raglan marker after completing Row 12.

**Row 13 (increase row):** [Work in pattern to 1 st before marker, FRinc, SM, work 3 raglan sts, SM, Frinc] 4 times, work in pattern to previous wrapped st, hide wrap, W&T.

You now have 105 (107, 111, 111, 117, 119, 123, 129) sts: 15 (15, 15, 15, 17, 17, 17, 19) sts each front, 15 (15, 17, 17, 17, 17, 19, 19) sts each sleeve, 33 (35, 35, 35, 37, 39, 39, 41) back sts, and 12 marked raglan sts.

**Row 14:** Work in pattern to previous wrapped st, hide wrap, W&T. The wrapped st at each side is the 10th front st from the raglan marker.

**Rows 15 and 16:** Work in pattern to end of row, hiding previous wraps.

The yoke measures 2" / 5 cm from end of neckband rib at center back, and approx. 0.25" / 6 mm from end of neckband at front edges.

**Row 17 (increase row):** [Work in pattern to 1 st before marker, FRinc, SM, work 3 raglan sts, SM, Frinc] 4 times, work in pattern to end.

You have increased 16 sts: 2 sts each front, 4 sts each sleeve, and 4 back sts.

**Rows 18–20:** Work even in pattern.

Repeat the last 4 rows 8 (9, 10, 11, 12, 14, 16, 18) more times.

You now have 249 (267, 287, 303, 325, 359, 395, 433) sts: 33 (35, 37, 39, 43, 47, 51, 57) sts each front, 51 (55, 61, 65, 69, 77, 87, 95) sts each sleeve, 69 (75, 79, 83, 89, 99, 107, 117) back sts, and 12 marked raglan sts.

The yoke measures 6.5 (7, 7.5, 8, 8.5, 9.5, 10.5, 11.5)” / 16.5 (17.5, 19, 20, 21.5, 24, 26.5, 29) cm from end of neckband center back, and 1.75” / 4.5 cm less at front edges.

## LOWER BODY

We will divide the sleeve and body stitches while casting on extra stitches at the underarms.

Remove the raglan markers as you work the next row, and continue the fisherman’s rib pattern as established.

**Dividing row (RS):** Work 33 (35, 37, 39, 43, 47, 51, 57) left front sts and 3 raglan sts in pattern, place the next 51 (55, 61, 65, 69, 77, 87, 95) sts on a stitch holder for left sleeve, cast on 3 (3, 3, 3, 3, 5, 7) underarm sts using the backward loop method, work 3 raglan sts, work 69 (75, 79, 83, 89, 99, 107, 117) back sts, work 3 raglan sts, place the next 51 (55, 61, 65, 69, 77, 87, 95) sts on a stitch holder for right sleeve, cast on 3 (3, 3, 3, 3, 5, 7) underarm sts using the backward loop method, work 3 raglan sts and 33 (35, 37, 39, 43, 47, 51, 57) right front sts in pattern to end.

You now have 153 (163, 171, 179, 193, 211, 231, 257) sts.

Continue working in the established pattern until the lower body measures 10.5 (10.5, 11, 11, 12, 12, 13.5, 13.75)” /

26.5 (27, 28, 28.5, 30.5, 31, 34.5, 35) cm from the dividing row, or 2” / 5 cm less than desired length, ending with as WS row using color B.

Break color B, but do not break Cabrito.

Change to 6 mm / #10 US circular needle.

Continue to the end with color A.

**Rib Row 1 (RS):** [K1, p1] repeat to last st, k1.

**Rib Row 2 (WS):** [P1, k1] repeat to last st, p1.

Repeat these 2 rows 3 more times for a total of 8 rib rows.

**Next row (RS):** K1, [slip 1 purlwise with yarn in front, k1] repeat to end.

**Next row (WS):** Slip 1 purlwise with yarn in front, [k1, slip 1 purlwise with yarn in front] repeat to end.

Lower body measures 12.5 (12.5, 13, 13, 14, 14, 15.5, 15.75)” / 31.5 (32, 33, 33.5, 35.5, 36, 39.5, 40) cm, and piece measures 19 (19.5, 20.5, 21, 22.5, 23.5, 26, 27.25)” / 48 (49.5, 52, 53.5, 57, 60, 66, 69) cm total from end of neckband at center back.

Bind off using the tubular bind off method.

## SLEEVES

(make two)

Place 51 (55, 61, 65, 69, 77, 87, 95) held sleeve sts on the 5.5 mm / #9 US circular needle.

Join yarns in color to continue the pattern in the center of the underarm cast on sts.

3 (3, 3, 3, 3, 3, 5, 7)

**Next row (RS):** Pick up and knit 2 (2, 2, 2, 2, 2, 4, 4) sts from first half of underarm, work in pattern to end of sleeve sts, then pick up and knit 2 (2, 2, 2, 2, 2, 4, 4) sts from other half of underarm.

You now have 55 (59, 65, 69, 73, 81, 95, 103) sts.

Do not join in the round. Starting with a WS row, work fisherman's rib back and forth in rows as established until sleeve measures 5.5" / 14 cm for all sizes (about 44 rows), ending with a WS row.

**Decrease Row (RS):** Slip 1 st purlwise, p1, k1b, p1, FdecL (see Special Techniques), work in pattern to last 7 sts, FdecR (see Special Techniques), p1, k1b, p1, k1. You have decreased 4 sts.

**Next 3 rows:** Work even in established pattern, beginning and ending with a WS row.

Repeat the last 4 rows 1 (1, 1, 1, 1, 1, 2, 2) more time(s), then work 1 more decrease row once more.

You now have 43 (47, 53, 57, 61, 69, 79, 87) sts.

Work even in established pattern until sleeve measures 15.5 (15.5, 16, 16, 16.5, 16.5, 17, 17)" / 39.5 (39.5, 40.5, 40.5, 42, 42, 43.5, 43.5) cm, or 2" / 5 cm less than desired length, ending with a WS row using color B.

Break color B, but do not break Cabrito.

Change to 6 mm / #10 US circular needle. Continue to the end with color A.

**Next row (RS):** K4 (2, 0, 0, 0, 0, 2, 2), repeat ssk to last st, k3 (1, 1, 1, 1, 1, 1, 1).

You now have 25 (25, 27, 29, 31, 35, 41, 45) sts.

**Rib Row 1 (WS):** [P1, k1] repeat to last st, p1.

**Rib Row 2 (RS):** [K1, p1] repeat to last st, k1.

Repeat these 2 rows 4 more times for a total of 10 rib rows.

Sleeve measures 17.5 (17.5, 18, 18, 18.5, 18.5, 19, 19)" / 44.5 (44.5, 45.5, 45.5, 47, 47, 48.5, 48.5) cm, or desired length.

Bind off using the tubular bind off method.

## BUTTON BAND

(left front)

With color A and 6 mm / #10 US circular needle, starting at the neckband cast on edge of left front, pick up and knit 7 sts from side of neckband, 63 (65, 69, 71, 77, 81, 91, 95) sts along fisherman's rib pattern (about 1 st for each visible k1b), and 9 sts from side of lower edge rib.

You now have 79 (81, 85, 87, 93, 97, 107, 111) sts.

**Rib Row 1 (WS):** [P1, k1] repeat to last st, p1.

**Rib Row 2 (RS):** [K1, p1] repeat to last st, k1.

Repeat these 2 rows 2 more times for a total of 6 rib rows.

Bind off using the tubular bind off method.

## BUTTONHOLE BAND

(right front)

Mark positions for 5 buttonholes on the right front, with the lowest about 1" / 2.5 cm up from the lower edge, the highest centered on the neckband, and the remaining 3 buttonholes evenly spaced in between.

With color A and 6 mm / #10 US circular needle, starting at the lower bind off edge of the right front, pick up and knit 9 sts from side of lower edge rib, 63 (65, 69, 71, 77, 81, 91, 95) sts along fisherman's rib pattern (about 1 st for each visible k1b), and 7 sts from side of neckband. You now have 79 (81, 85, 87, 93, 97, 107, 111) sts.

**Rib Row 1 (WS):** [P1, k1] repeat to last st, p1.

**Rib Row 2 (RS):** [K1, p1] repeat to last st, k1.

**Rib Row 3 (buttonhole row):** [Work in pattern to the purl stitch closest to the marked buttonhole position, work the next 2 sts as yarnover, k2tog] repeat 4 more times, then work in pattern to end. You have completed 5 buttonholes.

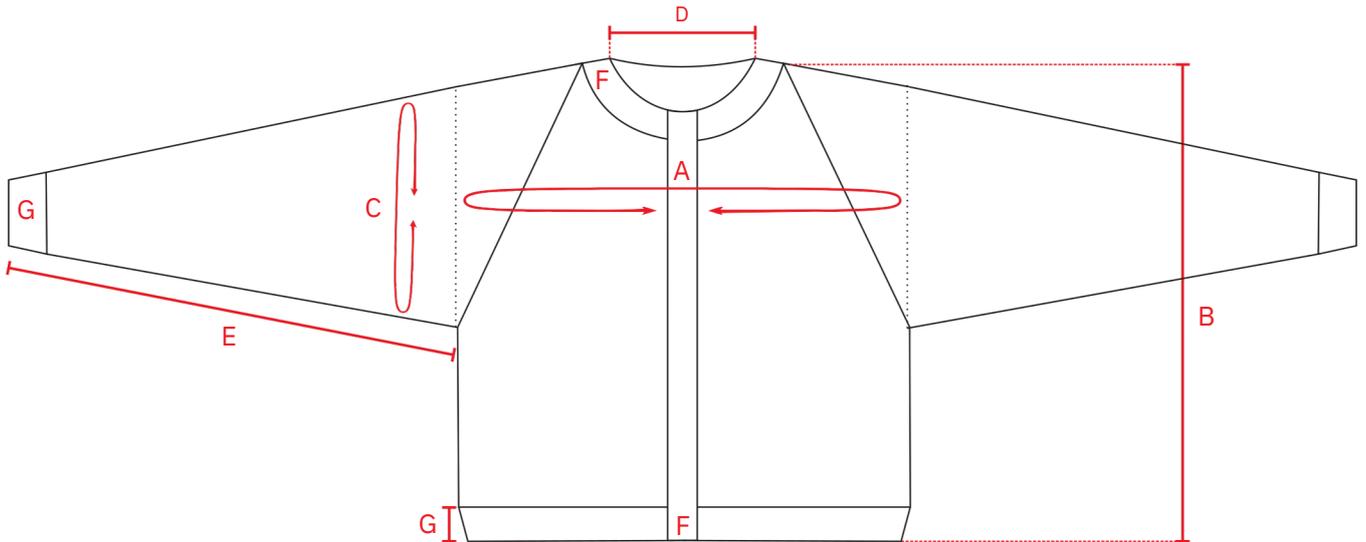
**Rib Rows 4–6:** Work all sts in rib pattern.

Bind off using the tubular bind off method.

## FINISHING

- Sew sleeve seams
- Weave in ends
- Steam- or wet-block piece to finished measurements
- Sew buttons to left front button band

## MEASURES



### **A- Bust circumference**

40.75 (43.25, 45.5, 47.5, 51, 55.75, 60.75, 67.5)" / 103.5 (110, 115.5, 120.5, 129.5, 141.5, 154.5, 171.5) cm

### **B- Length center back neck to lower edge**

(not including neckband) 19 (19.5, 20.5, 21, 22.5, 23.5, 26, 27.25)" / 48 (49.5, 52, 53.5, 57, 60, 66, 69) cm

### **C- Upper arm circumference 1**

4.25 (15.25, 16.75, 17.75, 18.75, 21, 24.5, 26.5)" / 35.5 (38, 42, 44.5, 47, 52.5, 61.5, 66.5) cm

### **D- Back neck width**

5.5 (6, 6, 6, 6.5, 7, 7, 7.5)" / 13.5 (15, 15, 15, 16, 17.5, 17.5, 18.5) cm

### **E- Sleeve length**

17.5 (17.5, 18, 18, 18.5, 18.5, 19, 19)" / 44.5 (44.5, 45.5, 45.5, 47, 47, 48.5, 48.5) cm

### **F- Neckband and center front band ribs**

1.25" / 3 cm

### **G- Lower edge rib**

2" / 5 cm



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