



# Foliosa

by Justyna Lorkowska

## Size

**One:** approx. 180 cm/72" wide and 55 cm/22" long at center.

## Yarn

2 skeins of Goya Merino by Cecily Grove Yarns (100% merino; 400m/437y per 100g) or any other fingering weight yarn which gives you the correct gauge. *Shown in colorway Nostalgia.*

## Needles

3.5 mm/US #4 circular needle (100 cm/40" long), or size needed for gauge.

## Other

2 stitch markers, 2 cable needles, tapestry needle for weaving.

## Gauge

22 sts and 34 rows = 10 cm/4" in St st measured flat after wet blocking.

*The gauge isn't crucial on this project, but differences will affect the finished size as well as the required yardage, so I strongly recommend making a swatch and adjusting the needle size as necessary.*

## Cable Stitches

**1/1 LPT** – sl1 st to cn, hold in front, p1, then k1tbl from cn.

**1/1 RPT** – sl1 st to cn, hold in back, k1tbl, then p1 from cn.

**1/1/1 LPT** - sl1 st to cn, hold in front, sl1 st to 2<sup>nd</sup> cn and hold in back, k1tbl, then p1 from back cn and k1tbl from front cn.

**Bobble** – worked all in one stitch.

**Row 1 (RS):** k1, yo, k1, yo, k1, turn.

**Row 2 (WS):** p5, turn.

**Row 3 (RS):** k5, turn.

**Row 4 (WS):** p2tog, p1, p2tog, turn.

**Row 5 (RS):** sl1 st, k2tog, pssso.

## Abbreviations

**BO** - bind off; **cn** - cable needle; **CO** - cast on; **inc** - increased; **k** - knit; **kfb** - knit one stitch through the front and back loop to make two stitches; **kfbf** - knit one stitch through the front, then back then front loop again to make three stitches; **k2tog** - knit 2 stitches together as one; **k3tog** - knit 3 stitches together as one; **LH** – left hand; **m** - marker; **m1R** - **make one right** - lift loop between stitches from the back, knit into front of loop; **mB** - make bobble; **p** - purl; **p2tog** - purl 2 stitches together as one; **pm** - place marker; **pssso** - pass slipped stitch over; **p2sso** – pass 2 slipped stitches over; **rep** - repeat; **RH** – right hand; **RS** - right side; **sl** - slip; **sm** - slide marker; **ssk** - slip 2 stitches individually as if to knit, then knit them together through the back loops; **sssk** - slip 3 stitches individually as if to knit, then knit them together through the back loops; **st, sts** - stitch, stitches; **tbl** – through back loop; **WS** - wrong side, **wyf** - with yarn in front; **yo** - yarn over; **\*\*** - repeat as noted between asterisks.

## Pattern Techniques

**Cable Cast-On** - \*Insert RH needle between the first two stitches on LH needle, wrap and bring through. Transfer the newly created stitch onto the LH needle. Rep from \* until you have cast on the specified number.

## Construction

*The shawl begins at the top center and is worked outwards to the border. There are two yarn-over increases in every row which create a long banana-like shape. The shawl is worked in alternating sections of Garter stitch, twisted ribbing, and lace.*

*The lacy border is worked sideways at the end and knitted on to the body as you go by means of simple decreases and slipped stitches.*

## Instructions

### Garter Tab

Using needle, 3.5 mm/US #4, CO 3.

Knit 6 rows.

At the end of last row, do not turn work to other side, but rotate piece 90 degrees clockwise so that the long side of the Garter rectangle is at the top. Pick up and knit 3 sts along this edge (1 st in each purl bump of the Garter ridges). Rotate piece another 90 degrees. Pick up and knit 3 sts along the CO edge = 9 sts. Turn work.

### Garter Center

**Set-up Row (WS):** k3, pm, kfb, kfbf, kfb, pm, k3.  
13 sts

**Row 1 (RS):** k3, sm, yo, k to m, yo, sm, k3. 2 sts  
inc

**Row 2 (WS):** k3, sm, yo, k to m, yo, sm, k3. 2 sts  
inc

Work **Rows 1 and 2** eight times more. 49 sts

**Next row – increase (RS):** k3, sm, yo, k2, m1R,  
(k3, m1R) x13, k2, yo, sm, k3. 65 sts

**Next row (WS):** k3, sm, yo, k1, \*p1tbl, k1\*, rep  
to m, yo, sm, k3. 67 sts

### Twisted Rib

**Row 1 (RS):** k3, sm, yo, k1tbl, \*p1, k1tbl\*, rep to  
m, yo, sm, k3. 2 sts inc

**Row 2 (WS):** k3, sm, yo, k1, \*p1tbl, k1\*, rep to  
m, yo, sm, k3. 2 sts inc

Rep **Rows 1 and 2** six times more. 95 sts

**Next row – increase (RS):** k3, sm, yo, k3, (m1R,  
k4) x21, m1R, k2, yo, sm, k3. 119 sts

**Next row (WS):** k3, sm, yo, p to m, yo, sm, k3.  
121 sts

*Note: All following rows in all sections increase 2  
sts unless otherwise noted.*

### Flowers

Work from *Flowers Chart* on page 5 or follow  
written instructions below.

**Row 1 (RS):** k3, sm, yo, k3, \*k5, yo, sl2, k1, p2sso,  
yo, k4\*, rep to 4 sts before m, k4, yo, sm, k3.

**Row 2 and all WS rows (WS):** k3, sm, yo, p to m,  
yo, sm, k3.

**Row 3 (RS):** k3, sm, yo, k1, yo, k2tog, k2, \*k3, ssk,  
yo, k3, yo, k2tog, k2\*, rep to 6 sts before m, k3,  
ssk, yo, k1, yo, sm, k3.

**Row 5 (RS):** k3, sm, yo, k1, ssk, yo, k4, \*k5, yo,  
sl2, k1, p2sso, yo, k4\*, rep to 8 sts before m, k5,  
yo, k2tog, k1, yo, sm, k3.

**Row 7 (RS):** k3, sm, yo, k to m, yo, sm, k3.

**Row 9 (RS):** as Row 7.

**Row 11 (RS):** k3, sm, yo, k1, k2tog, yo, k4, \*k5,  
yo, sl2, k1, p2sso, yo, k4\*, rep to 8 sts before m,  
k5, yo, ssk, k1, yo, sm, k3.

**Row 13 (RS):** k3, sm, yo, ssk, yo, k3, yo, k2tog, k2,  
\*k3, ssk, yo, k3, yo, k2tog, k2\*, rep to 10 sts  
before m, k3, ssk, yo, k3, yo, k2tog, yo, sm, k3.

**Row 15 (RS):** k3, sm, yo, k4, yo, sl2, k1, p2sso, yo,  
k4, \*k5, yo, sl2, k1, p2sso, yo, k4\*, rep to m, yo,  
sm, k3.

**Row 17 (RS):** as Row 7.

**Row 19 (RS):** as Row 7.

**Row 21 (RS):** as Row 15.

**Row 23 (RS):** k3, sm, yo, k1, \*k3, ssk, yo, k3, yo,  
k2tog, k2\*, rep to 2 sts before m, k2, yo, sm, k3.

**Row 25 (RS):** as Row 1.

**Row 27 (RS):** as Row 7.

**Row 29 (RS):** as Row 7.

**Row 30 (WS):** k3, sm, yo, p to m, yo, sm, k3.

Work **Rows 1-8** once more.  
197 sts

### Twisted Rib

**Row 1 (RS):** k3, sm, yo, k1tbl, \*p1, k1tbl\*, rep to  
m, yo, sm, k3.

**Row 2 (WS):** k3, sm, yo, k1, \*p1tbl, k1\*, rep to  
m, yo, sm, k3.

Rep **Rows 1 and 2** six times more. 225 sts

**Row 3 (RS):** k3, sm, yo, k to m, yo, sm, k3.

**Row 4 (WS):** k3, sm, yo, p to m, yo, sm, k3.  
229 sts

### Flowers

Work through *Flowers Chart* **Rows 1-30** once,  
then **Rows 1-8** once.

305 sts

### Twisted Rib

Work **Rows 1&2** from previous *Twisted Rib*  
section seven times total.

333 sts

### Leafy Border

With RS facing and using Cable Cast-On  
method, CO 30 sts.

Work *Leafy Border chart* on page 6 or follow  
written directions below. The last stitch of each  
RS row is joined to the body by working an ssk,  
then you turn and work the next WS row to the  
edge. Stitch counts are for the border only,  
including the joining stitch.

**Row 1 (RS):** k2, double yo, k1, p2, k1tbl, yo, ssk,  
k1tbl, p3, mB, p1, 1/1 RPT, p1, 1/1 LPT, p1, mB,  
p3, k1tbl, k2tog, yo, k1tbl, p2, ssk. 33 sts

**Row 2 (WS):** sl1 wyf, k2, p1tbl, p2, p1tbl, k5,  
p1tbl, k3, p1tbl, k5, p1tbl, p2, p1tbl, k4, p1, k2.

**Row 3 (RS):** BO 2 sts (1 st on RH needle), k2, p2,  
k1tbl, k2tog, yo, k1tbl, p2, mB, p2, k1tbl, p3,

k1tbl, p2, mB, p2, k1tbl, yo, ssk, k1tbl, p2, ssk. 31 sts

**Row 4 (WS):** sl1 wyf, k2, p1tbl, p2, p1tbl, k5, p1tbl, k3, p1tbl, k5, p1tbl, p2, p1tbl, k5.

**Row 5 (RS):** k2, double yo, k1, p2, k1tbl, yo, ssk, k1tbl, p4, k2tog, yo, p3, yo, ssk, p4, k1tbl, k2tog, yo, k1tbl, p2, ssk. 33 sts

**Row 6 (WS):** sl1 wyf, k2, p1tbl, p2, p1tbl, k4, p1, p1tbl, k3, p1tbl, p1, k4, p1tbl, p2, p1tbl, k4, p1, k2.

**Row 7 (RS):** BO 2 sts, k2, p2, k1tbl, k2tog, yo, k1tbl, p2, k3tog, yo, k1, yo, p3, yo, k1, yo, sssk, p2, k1tbl, yo, ssk, k1tbl, p2, ssk. 31 sts

**Row 8 (WS):** sl1 wyf, k2, p1tbl, p2, p1tbl, k2, p4, k3, p4, k2, p1tbl, p2, p1tbl, k5.

**Row 9 (RS):** k2, double yo, k1, p2, k1tbl, yo, ssk, k1tbl, k3tog, (k1, yo) ×2, k1, p3, (k1, yo) ×2, k1, sssk, k1tbl, k2tog, yo, k1tbl, p2, ssk. 33 sts

**Row 10 (WS):** sl1 wyf, k2, p1tbl, p2, p1tbl, p6, k3, p6, p1tbl, p2, p1tbl, k4, p1, k2.

**Row 11 (RS):** BO 2 sts, k2, p2, k1tbl, k1, k3tog, k2, yo, k1, yo, k2, p3, k2, yo, k1, yo, k2, sssk, k1, k1tbl, p2, ssk. 31 sts

**Row 12 (WS):** sl1 wyf, k2, p1tbl, p9, k3, p9, p1tbl, k5.

**Row 13 (RS):** k2, double yo, k1, p2, k3tog, k3, yo, k1, yo, k3, p3, k3, yo, k1, yo, k3, sssk, p2, ssk. 33 sts



**Row 14 (WS):** sl1 wyf, k2, p10, k3, p10, k4, p1, k2.

**Row 15 (RS):** BO 2 sts, k2, p2, yo, ssk, k8, p3, k8, k2tog, yo, p2, ssk. 31 sts

**Row 16 (WS):** sl wyf, k2, p10, k3, p10, k5.

**Row 17 (RS):** k2, double yo, k1, p2, k1tbl, yo, ssk, k5, k2tog, yo, p3, yo, ssk, k5, k2tog, yo, k1tbl, p2, ssk. 33 sts

**Row 18 (WS):** sl1 wyf, k2, p1tbl, p9, k3, p9, p1tbl, k4, p1, k2.

**Row 19 (RS):** BO 2 sts, k2, p2, k1tbl, k1, yo, ssk, k3, k2tog, yo, k1tbl, p3, k1tbl, yo, ssk, k3, k2tog, yo, k1, k1tbl, p2, ssk. 31 sts

**Row 20 (WS):** sl1 wyf, k2, p1tbl, p7, k1, p1tbl, k3, p1tbl, k1, p7, p1tbl, k5.

**Row 21 (RS):** k2, double yo, k1, p2, k1tbl, (yo, ssk) ×2, k1, k2tog, yo, p1, 1/1 LPT, p1, 1/1 RPT, p1, yo, ssk, k1, (k2tog, yo) ×2, k1tbl, p2, ssk. 33 sts

**Row 22 (WS):** sl1 wyf, k2, p1tbl, p6, k3, p1tbl, k1, p1tbl, k3, p6, p1tbl, k4, p1, k2.

**Row 23 (RS):** BO 2 sts, k2, p2, k1tbl, k2tog, yo, k1tbl, yo, sl1, k2tog, pssso, yo, p3, 1/1/1 LPT, p3, yo, sl1, k2tog, pssso, yo, k1tbl, yo, ssk, k1tbl, p2, ssk. 31 sts

**Row 24 (WS):** sl1 wyf, k2, p1tbl, p2, p1tbl, k6, p1tbl,

k1, p1tbl, k6, p1tbl, p2, p1tbl, k5.

Rep the last 24 rows twenty-six more times, then work **Rows 1-14** once more.

BO knitwise on RS, joining the last st of body to the border.

## Finishing

Weave in ends. Wash the shawl and block it giving it a banana-like shape. Pin the shawl body to the blocking board, stretching the shawl from the middle outwards and pinning it in all eyelets along the edge. Make sure to open up lace sections. Enjoy!

## Contact

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## Charts

Chart notes:

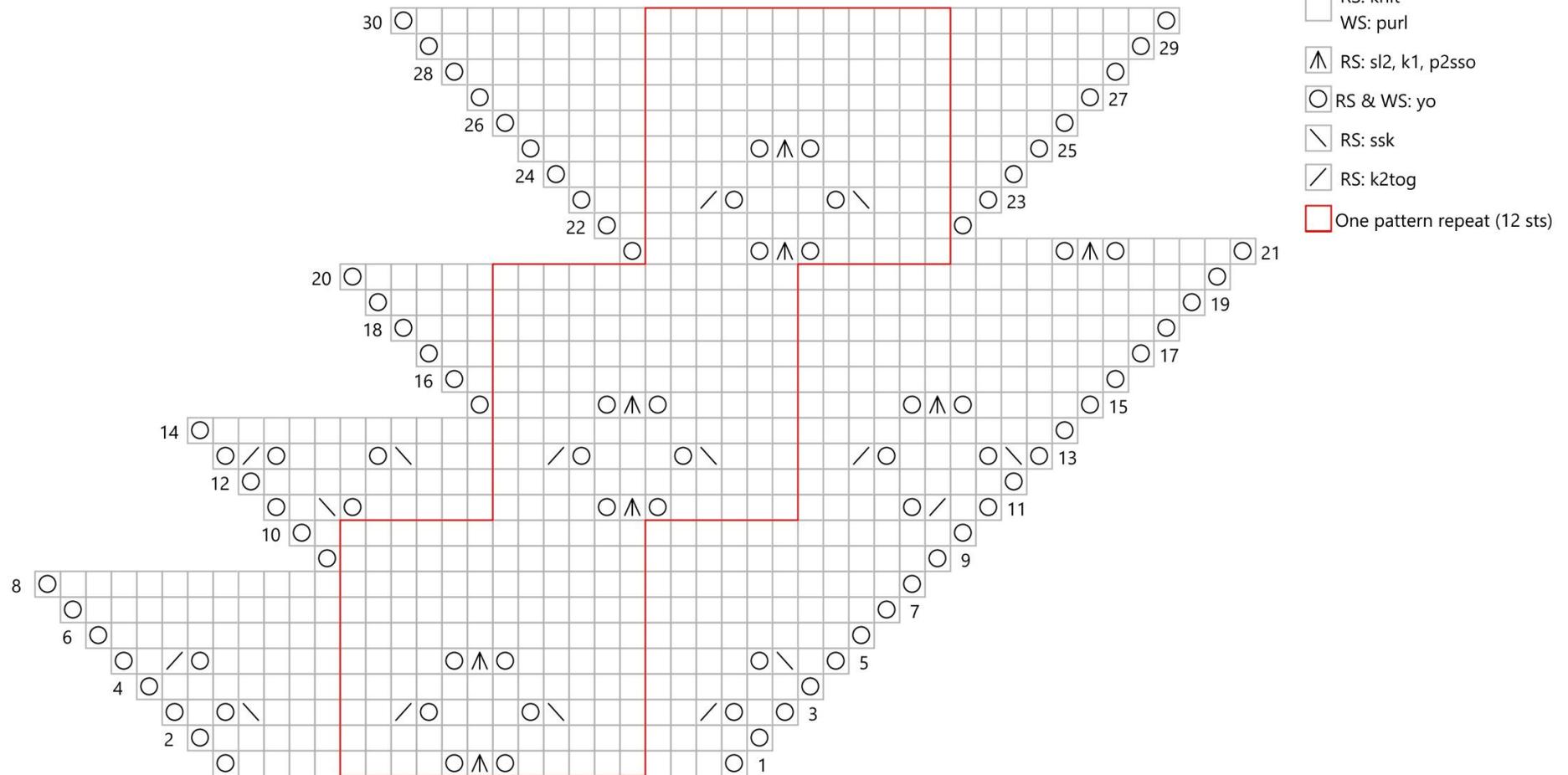
Flowers Chart does not include 3-st Garter edges.

All odd-numbered rows are RS (read right to left); even-numbered are WS (read left to right).

Work Rows 1-30, then repeat Rows 1-8.

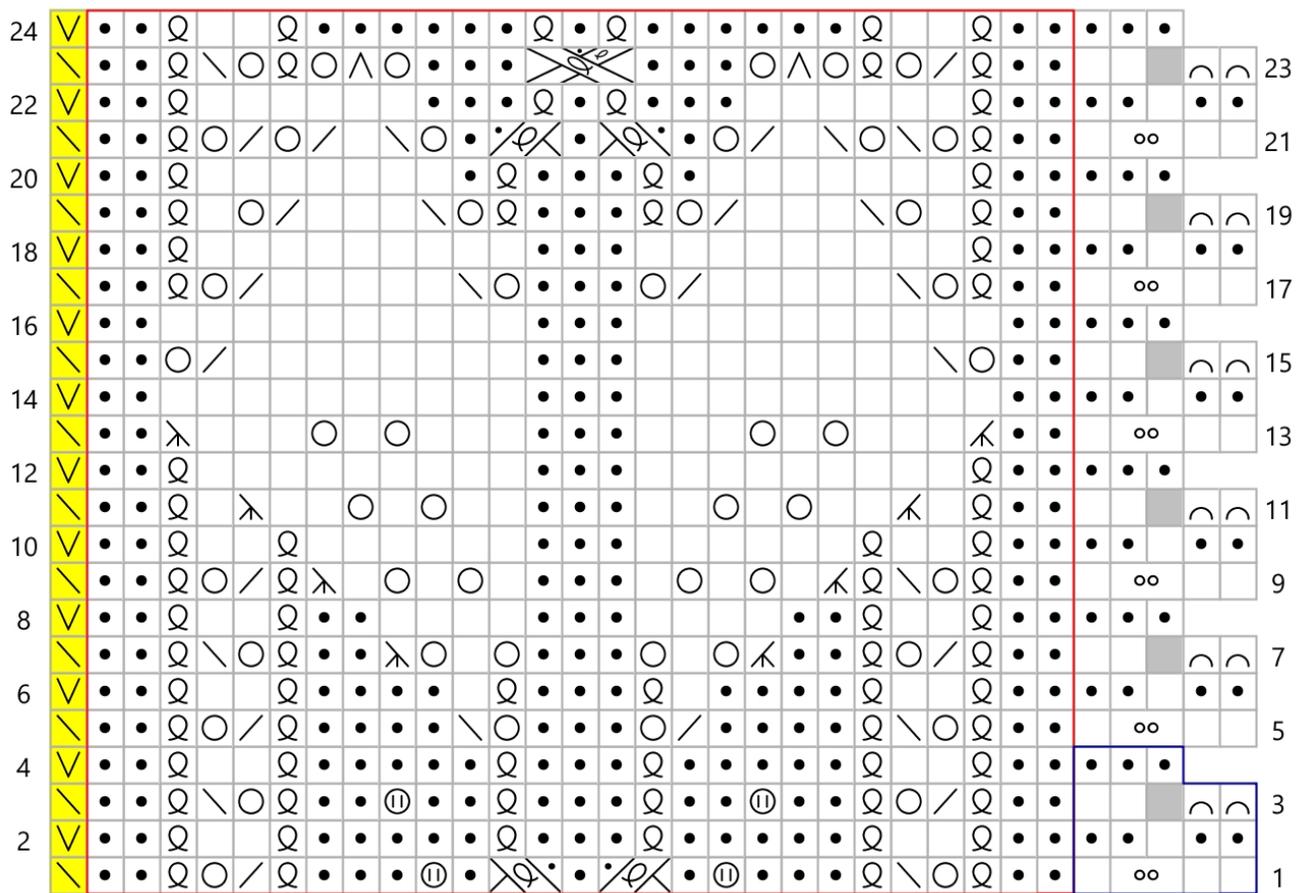
## Flowers Chart

Key



# Leafy Border

Key



- RS: knit  
WS: purl
- RS: purl  
WS: knit
- RS: k tbl  
WS: p tbl
- WS: sl wyf
- RS: bind off
- RS: bobble
- RS: yo
- RS: double yo
- RS: k2tog
- RS: ssk
- RS: sssk
- RS: k3tog
- RS: sl1, k2tog, pssso
- 1/1 LPT
- 1/1 RPT
- 1/1/1 LPT
- Joining st (1 border st + 1 shawl st)
- St that remains after BO
- One Leafy Border repeat
- One edging repeat

