

Heritage Wave

Sock Hat & Mittens



Designed by
Cheryl Beckerich



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Skill Level:

Intermediate

Materials:

Cascade Yarns® Heritage Wave
75% Superwash Merino Wool, 25 % Nylon
100 g (3.5 oz) / 437 yds (399.6 m)
2 skeins color #501 (Plume)
US 2 (2.75 mm) Double Point Needles
US 2 (2.75 mm)/16" Circular Knitting Needle
Stitch Markers
Tapestry Needle
Waste yarn, .5 yard
1 - 2" button
2 - 1.25" button

Gauge:

6.75 sts = 1"

Abbreviations:

BO	= Bind Off
CO	= Cast On
DPN(s)	= Double point needles
K	= Knit
K2tog	= Knit 2 together
M	= Marker
PM	= Place marker
P	= Purl
Rnd(s)	= Round(s)
RS	= Right Side
SSK	= Slip 1 st as if to knit, slip a 2 nd st as if to knit. Insert the left needle into the front of the 2 slipped sts and knit the 2 sts together.
St(s)	= Stitch(es)
St st	= Stockinette St. When working in the rnd, k every rnd.
WS	= Wrong side

Hat:

Band:

With DPNs, CO 66 sts, 22 sts on each of 3 needles.
Work in the rnd in St st until band measures 20" from CO.
BO.
Twist band then sew the ends together using mattress st.

Crown:

With circular needle, CO 136 sts.

PM for beginning of rnd.

Join to work in rnd.

Purl 1 rnd, knit 1 rnd, purl 1 rnd.

Work in St st until crown measures 3.5" from CO.

Beginning decrease as follows, changing to DPNs when necessary.

When you change to DPNs, place each of the 4 sections on separate needles.

Rnd 1: *K34, PM; repeat from * to end of rnd.

Rnd 2: *K1, SSK, knit to 3 sts before the M or end of DPN, K2tog, K1; repeat from * to end of rnd.

Rnd 3: Knit.

Repeat rounds 2 & 3 nine times, then repeat round 2 three times.

16 sts remain, 4 sts on each needle.

Place the sts from needles 1 & 2 on one needle, and sts from needles 3 & 4 on one needle.

Join sts using the Kitchener st.

Sew the crown into the band, situating the bottom of the crown ½" below the top of the twist in the front of the hat. The seam of the band should be in the back of the hat. At this point, it is your decision as to exactly where you want the twist to be. It can be in the center, or to the right or left of center. The crown should be sewn evenly and straight around the inside of the band with a 2 inch overlap of the band over the crown where the band is lying flat.

Sew the button to the band at the center of the twist, and tack down the overlapping portion of the band to the crown about ½" from the top of the band at the band seam (WS of the band, RS of the crown.)

Work in all loose ends.

Mitten (make 2):**Band:**

With DPNs, CO 44 sts.

Work in the rnd until band measures 8 inches.

BO.

Twist band then sew the ends tog using mattress st.

Mitten:

With DPNs, CO 52.

Arrange sts on 4 needles, 13 sts on each needle.

Join to work in rnd. Purl 1 rnd, knit 1 rnd, purl 1 rnd.

Work in St st until mitten measure 1.25" from CO.

Thumb Gusset:

At beginning of rnd, KFB, PM for thumb gusset, work to end of rnd.

Knit 2 rnds.

Rnd 1: KFB in the first st of the rnd, work to the last st before the M, KFB, knit to end of rnd.

Note: *On the first round of the thumb gusset, the 2 KFB increases are on adjacent sts.*



Rnds 2 & 3: Knit.

Repeat rnds 1-3 until there are 20 sts before the M for thumb gusset, ending with rnd 2.

Place the thumb gusset sts on waste yarn.

Once the top of the mitten is complete, you will finish the thumb.

Continue working the mitten in the round in St st, joining the sts on either side of the thumb gusset.

On the next rnd KFB in the first st of the rnd. You should now have 13 sts on each needle.

Work until mitten measures 3" from top of thumb gusset. Begin decreases as follows.

Rnd 1: K1, SSK, K10 (needle 1), K10, K2tog, K1 (needle 2), K1, SSK, K10 (needle 3), K10, K2tog, K1 (needle 4).

Rnd 2: Knit.

Rnd 3: K1, SSK, K9 (needle 1), K9, K2tog, K1 (needle 2), K1, SSK, K9 (needle 3), K9, K2tog, K1 (needle 4).

Rnd 4: Knit.

Repeat rounds 3 & 4, working 1 less st after the SSK and before the K2tog every other rnd until you have 4 sts on each needle. Place the sts on needles 1 & 2 on one needle, and the sts on needles 3 & 4 on one needle.

Join the 8 sts on each side of the mitten with the Kitchener st.

Thumb

Transfer the 20 thumb sts from waste yarn to DPNs. Pick up 4 additional sts on the inside of the thumb.

Arrange sts on 3 needles with 12 sts on needle 1 beginning on one side of the inner thumb and 6 sts on needles 2 and 3.

The sts should be arranged so that the thumb can lay flat alongside the rest of the mitten.

Work in St st in the round for 1.25".

Beginning decreases as done at the top of the mitten.

Rnd 1: K1, SSK, knit until 3 sts remain on needle 1, K2tog, K1, K1, SSK, knit until 3 sts remain on needle 3, K2tog, K1.

Rnd 2: Knit.

Repeat rnds 1 & 2 until 8 sts remain.

Join the 8 sts, 4 on each side, with the Kitchener st.

Sew band to the bottom of the mitten $\frac{1}{2}$ " from the top of the twist. Sew button to the band at the center of the twist.

The 2 mittens are the same until sewn to the bands.

Be careful to put the mittens together with the thumbs of each mitten into the center when the mittens are laying side by side. Work in all loose ends.