



Exploits Valley
Jennifer Beale

Exploits Valley

Size

170cm / 67" wide and 110cm / 43.25" deep

Yarn

Blacker Yarns St. Kilda (100% Boreray/Soay blend; 350 metres / 380 yards per 50 grams) in main colour (MC) Stac Lee (dark undyed): approximately 1220 metres / 1335 yards, and contrast colour (CC) Isle of Dún (pale undyed): approximately 950 metres / 1040 yards. If using sample yarn you will need 4 skeins of MC and 3 skeins of CC. *The Blacker Yarns Pure Blue-faced Leicester Laceweight 2-ply is the perfect substitute yarn if the St. Kilda is unavailable.*

Gauge

Lace

22 sts and 36 rows to 10cm / 4" with size A needles after blocking (or needle size required to match gauge).

Fair Isle

30 sts to 10cm / 4" and 11 rows to 3.2cm / 1.25" with size B needles after blocking (or needle size required to match gauge).

Needles and Notions

Due to the modular construction of this shawl, it is important to meet stitch gauge in both lace and Fair Isle patterns.

Size A: 3mm (US 2.5) **two** circular needles at least 80cm / 32" in length and **one** DPN

Size B: 3.5mm (US 4) circular needle at least 80cm / 32" in length

You will also need:

spare needles of size A or smaller to use to place stitches on hold, lace blocking wires, stitch markers, removable markers.

Special Techniques

Double stitch (ds) a.k.a German short row

Work in pattern to ds, work the stitch keeping in pattern, turn work, slip last stitch worked back to right needle wyif, pull yarn up over needle toward the back and continue working in pattern. Pulling the yarn up and over the needle brings the stitch up to the top of the needle forming two legs. To resolve the shortrow on the other side, work the double stitch maintaining the pattern as if it were a single stitch and keeping normal tension, then work in pattern the next 2 or 3 stitches at a tighter tension.

Abbreviations

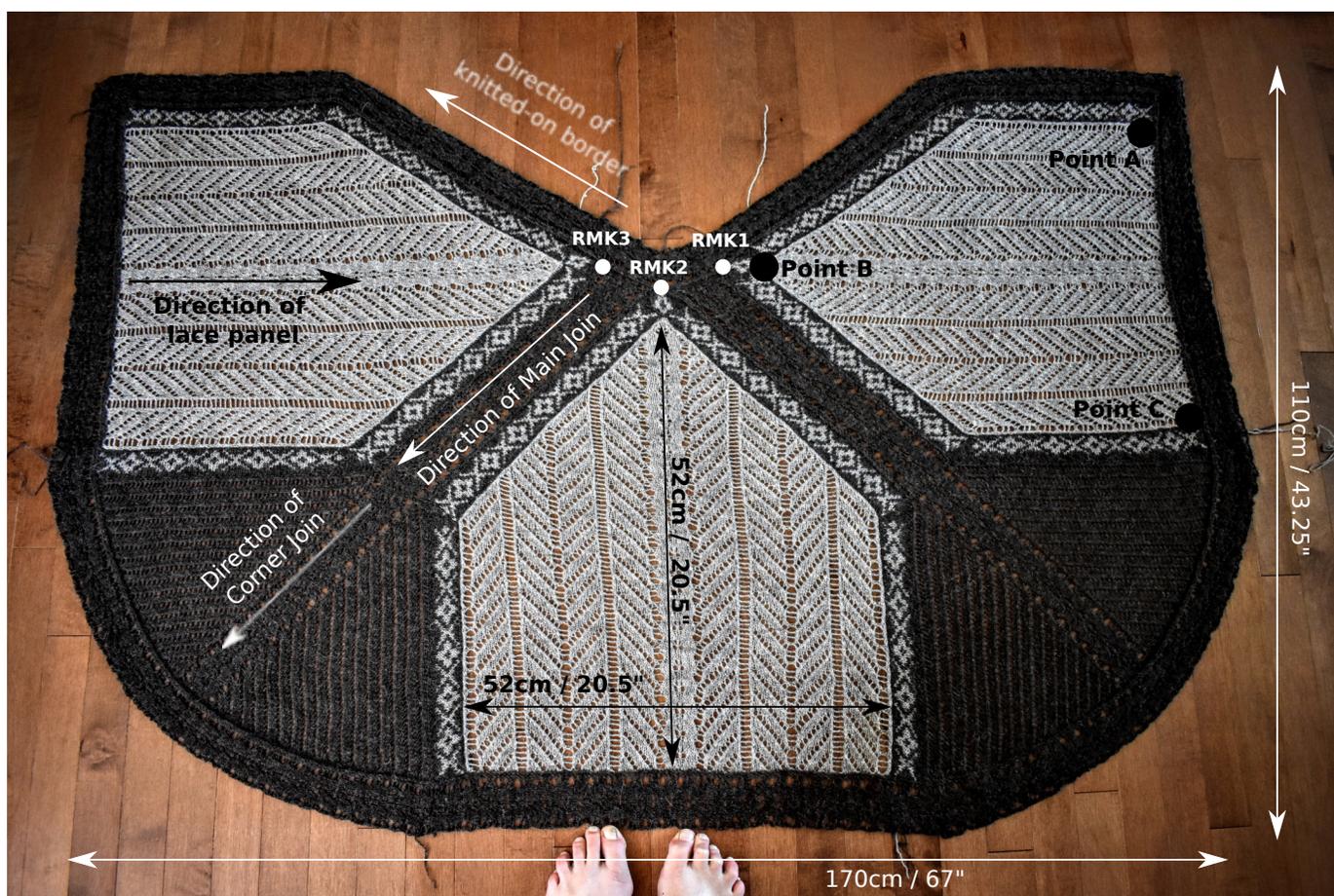
BO	bind off
CC	contrast colour
cdd	sl 1 knitwise, knit 2 sts together, pass slipped st over last stitch
cdip	central double increase purlwise: make a loop forward, p next st, make a loop backward (to make a loop forward and backward, click here: forward and backward loop increases . <i>Note: forward loop increases are also called m1t and backward loop increases are also called m1a.</i>
cm	centimetre(s)
CO	cast on
dec(s)	decreasing, decrease(s)
ds	double stitch (see Special Techniques)
inc(s)	increasing, increase(s)
k	knit
k2tog	knit two stitches together
k3tog	knit three stitches together
k4tog	knit four stitches together
LN	left needle
m1l	make one left leaning knit stitch (pick up the horizontal bar between the stitches from front to back, knit through the back leg)
m1r	make one right leaning knit stitch (pick up the horizontal bar between the stitches from back to front, knit through the front leg)
m1lp	make one left leaning knit stitch (pick up the horizontal bar between the stitches from front to back, purl through the back leg)
m1rp	make one right leaning knit stitch (pick up the horizontal bar between the stitches from back to front, purl through the front leg)
MC	main colour
mm	millimetre(s)
p	purl
p2tog	purl two stitches together
p3tog	purl three stitches together
p4tog	purl four stitches together
patt	pattern(s)
pm	place marker
pwise	purlwise
rep	repeat
rm	remove marker
RMK	removable marker
RN	right needle
rnd(s)	round(s)
RS	right side
sk2p	sl 1 knitwise, k2tog, pass slipped stitch over
sl	slip 1 stitch purlwise unless otherwise noted
ssk	slip 1 stitch knitwise, slip next stitch knitwise, knit the 2 stitches together through the back loops
ssp	slip 1 stitch knitwise, slip another stitch knitwise, pass last slipped stitch back to left needle, pass the next slipped stitch back to left needle, purl the 2 stitches together through the back loops
st(s)	stitch(es)
St st	stockinette stitch
tbl	through back loop(s)
WS	wrong side
yo	yarn over

Construction Overview

The hap is constructed modularly as follows:

1. Three centre contrast colour lace panels are knit flat from the bottom up with tapered decreases.
2. Stitches are picked up around each panel and colourwork is knit flat (you can add steeks and knit the colourwork in the round, if desired).
3. Each panel is initially joined by working lace flat and joining to the live stitches along each colourwork band.
4. The joining is finished by working a sequence of short rows and decreases along the remaining colourwork band to form the lace corners.
5. Stitches are picked up along the bottom edge of each contrast colour lace panel and each colourwork selvedge, then a knitted-on lace border is worked around the entire hap.

Diagram





Directions

Lace Panel (make 3)

With size A needles and CC, using the knitted cast-on CO 113 sts.

Set-up Row (WS): p52, pm, p9, pm, p52.

Rep rows 1 through 8 of Chart A 12 times **total** or until piece measures 27cm / 10.5" (blocked) and ending after working a Row 8. *Note: two stitch markers mark the centre of the panel. You will never have to manually move these markers since they will automatically shift positions as you work the lace.*

On the last row worked, place a RMK at each end of this row.

Work rows 1 through 110 of Chart B. *Note: you can remove markers on Row 99.*

BO and break yarn.

Make two more panels as above.

Block panels to measurements in Diagram.

Colourwork

Step 1

With size A needles and MC, and starting at Point A of the lace panel (see Diagram), pick up and k **evenly**

80 sts to RMK (roughly 5 sts for every 6 rows), remove RMK and pm, then pick up and k **evenly** 108 sts along the diagonal to Point B (roughly 1 st for every row), pm, pick up and k 1 st at the top, pm, 108 sts along the other diagonal to the next RMK (roughly 1 st for every row), remove RMK and pm, then pick up and k **evenly** 80 sts to Point C (roughly 5 sts for every 6 rows).

Step 2

Row 1 (WS): work Row 1 of Chart C.

Step 3

Switch to size B needles and work Rows 2 through 10 of Chart C.

Step 4

Switch to size A needles and work Row 11 of Chart C.

Step 5

Last row (RS): k to next marker, sm, k to next marker, rm, k11, place these last 209 sts just worked on hold onto spare needles (**keeping the remaining stitch marker in its place**), k1 and place a RMK through this stitch to place on hold (this stitch is at the very tip of the panel), k11, rm, k to next marker, sm, k to end and place these last 209 sts just worked on hold on another set of spare needles (**keeping the remaining stitch marker in its place**). Break yarn.

Rep Steps 1 through 5 for the two other lace panels.

Figure 1: ready to join

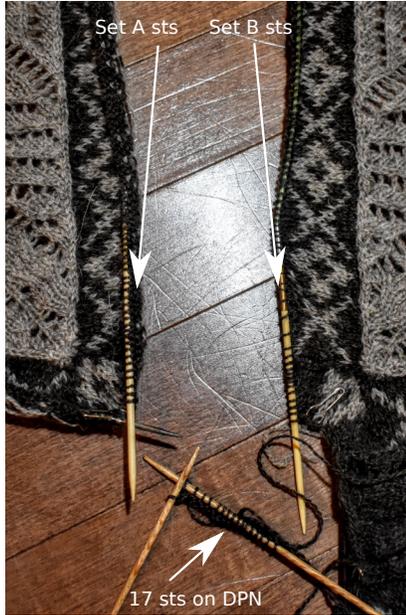
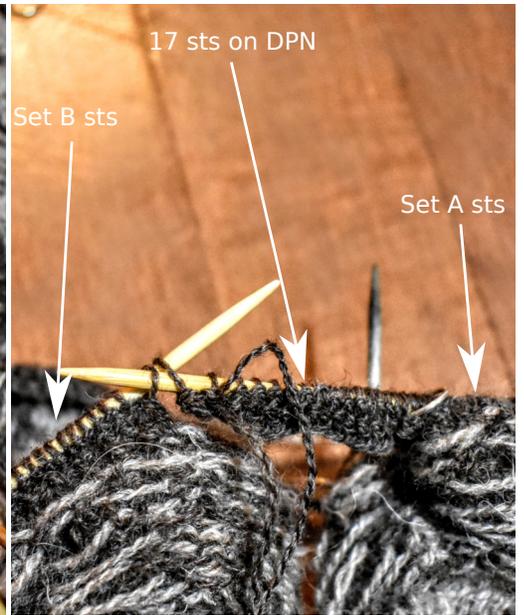


Figure 2: first join to Set A **Figure 3: then join to Set B**



Joining

Main Join

Lay out two lace panels in front of you with RS facing as shown in Figure 1 with the narrowest part of the lace panels nearest you. Note the set of sts marked Set A and the set of sts marked Set B. Make sure Set A is on a size A needle and Set B is on another size A needle. *Remember: the stitch at the very tip of each panel is held on a RMK. Keep this stitch on the RMK and do no work it while joining (it will be picked up when the border is worked).*

With a size A DPN and MC, CO 17 sts using the knitted cast-on.

Set-up Row 1 (RS): consult Figure 2 and k to 1 st before end, holding Set A with RS facing, place this final st on the Set A needle in front of the first Set A st, k this st tog with the first Set A st through the back loops, slip this st just worked back onto the Set A needle, pm on Set A needle and turn work.

Set-up Row 2 (WS): consult Figure 3 and p to 1 st before end, holding Set B with WS facing, place this final st on the Set B needle in front of the first Set

B st, p this st tog with the first Set B st, slip this st just worked back onto the Set B needle, pm, on Set B needle and turn work.

At this point, your work should look like Figure 4.

Set-up Row 3 (RS): work Row 1 of Chart D, sm, k4tog tbl, sl last st back to LN, turn work.

Set-up Row 4 (WS): sm, work Row 2 of Chart D, sm, p4tog, sl last st back to LN, turn work.

Set-up Row 5 (RS): sm, work Row 3 of Chart D, sm, k3tog tbl, sl last st back to LN, turn work.

Set-up Row 6 (WS): sm, work Row 4 of Chart D, sm, p3tog, sl last st back to LN, turn work.

You have consumed 6 sts from Set A and 6 sts from Set B.

Figure 4: after first two set-up rows in the Main Figure 5: two Main Join rows remaining before Corner Join



Now work main joining sequence:

Join Row 1 (RS): sm, work next row of Chart D, sm, k2tog tbl, sl last st back to LN, turn work.

Join Row 2 (WS): sm, work next row of Chart D, sm, p2tog, sl last st back to LN, turn work.

Join Row 3 (RS): rep Join Row 1.

Join Row 4 (WS): rep Join Row 2.

Join Row 5 (RS): sm, work next row of Chart D, sm, k3tog, tbl, sl st back to LN, turn work.

Join Row 6 (WS): sm, work next row of Chart D, sm, p3tog, sl last st back to LN, turn work.

Join Row 7 (RS): rep Join Row 5.

Join Row 8 (WS): rep Join Row 6.

Join Row 9 (RS): rep Join Row 5.

Join Row 10 (WS): rep Join Row 6.

You have consumed 8 more sts from Set A and 8 more sts from Set B.

Rep these ten Join Rows until you are 1 st from the stitch marker on both Set A and Set B (see Figure 5). You should 18 full repeats of Row 1 through 8 of Chart D from the start of the join. You should also be about to work Row 7 of Chart D.

Next Join Row (RS): sm, work Row 7 of Chart D, sm, removing the Set A stitch marker k2tog tbl, sl

last st back to LN, turn work.

Next Join Row (WS): sm, work Row 8 of Chart D, sm, removing the Set B stitch marker, p2tog, sl st back to LN, turn work.

Corner Join

Work Rows 1 through 143 of Chart E. **Caution! There are 4 short rows symbols in Chart E: two symbols for a short row turn on a normal stitch and two symbols for a short row turn on a decreased stitch. Consult the Lace Key accordingly.**

Last Row (WS): p to end, purling any remaining ds as you come to them and removing the two centre stitch markers.

Place sts on hold and break yarn.

Rep this entire Joining section to connect the third lace panel.

Edging

Set-up

With size A needles and MC, pick up and k 13 sts along one of the colourwork selvages. Break yarn and place sts on hold. Rep for the remaining 5 colourwork selvages.

With size A needles and CC, pick up and k 113 sts along the bottom of a lace panel. Break yarn and place sts on hold. Rep for the remaining 2 lace panel bottoms.

Consult Diagram. With size A needles and MC, and removing the RMKs as you go, starting at RMK1, place the st with the RMK1 through it onto a needle and k the st, pick up and k **evenly** 17 sts to RMK2, place the st with the RMK2 through it onto a needle and k the st, pick up and k **evenly** 17 sts to RMK3, place the st with the RMK3 through it onto a needle and k the st. Do not break yarn.

Place the next 209 sts onto size A needles. You will now start working the attached lace border starting at the first st of these next 209 sts.

Using the knitted cast-on, CO 16 sts.

Starting at Row 1 of Chart F, work the following sequence of rows to attach the border as you go:

Border Row Sequence Along Colourwork

Colourwork Border Row 1 (RS): work next row of Chart F, k2tog tbl, sl last st back to LN, turn work.

Colourwork Border Row 2 (WS): work next row of Chart F.

Colourwork Border Row 3 (RS): rep Colourwork Border Row 1.

Colourwork Border Row 4 (WS): rep Colourwork Border Row 2.

Colourwork Border Row 5 (RS): work next row of Chart F, k3tog tbl, sl last st back to LN, turn work.

Colourwork Border Row 6 (WS): rep Colourwork Border Row 2.

Colourwork Border Row 7 (RS): rep Colourwork Border Row 5.

Colourwork Border Row 8 (WS): rep Colourwork Border Row 2.

Colourwork Border Row 9 (RS): rep Colourwork Border Row 5.

Colourwork Border Row 10 (WS): rep Colourwork Border Row 2.

Rep Colourwork Border Rows 1 through 10 until 1 or 2 sts before next marker.

Border Row Sequence At Turn

Short row 1 (RS): work in patt for 15 sts, turn work and make a ds out of the last st worked.

Short row 2 (WS): work in patt to end.

Work two Colourwork Border Rows cont in patt.

Then rep Short Rows 1 and 2 one time.

End of Border Row Sequence Turn.

Border Row Sequence Along Colourwork

Work in Border Row Sequence Along Colourwork (keeping in patt, rep Colourwork Border Rows 1 through 10) until you reach approx 5 sts before corner.

Border Row Sequence At Corner

Short row 3 (RS): work in patt for 15 sts, turn work and make a ds out of the last st worked.

Short row 4 (WS): work in patt to end.

Short row 5 (RS): work in patt for 4 sts, turn work and make a ds out of the last st worked.

Short row 6 (WS): work in patt to end.

Short row 7 (RS): work in patt to next ds, work in the ds in patt, work next st in patt, turn work and make a ds out of the last st worked.

Short row 8 (WS): work in patt to end.

Short row 9 (RS): work in patt to next ds, work in the ds in patt, work next st in patt, turn work and make a ds out of the last st worked.

Short row 10 (WS): work in patt to end.

Short row 11 (RS): work in patt for 4 sts, turn work and make a ds out of the last st worked.

Short row 12 (WS): work in patt to end.

Work two Colourwork Border Rows cont in patt then rep Short Rows 3 through 12 one time.

Rep * to * 1 more time.

End of Border Row Sequence at Corner.

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Border Row Sequence Along Colourwork

Work in Border Row Sequence Along Colourwork (keeping in patt, rep Colourwork Border Rows 1 through 10) until you reach the sts picked up along the lace edge. Work the following sequence of rows to attach the border as you go:

Border Row Sequence Along Lace

Lace Border Row 1 (RS): work next row of Chart F, k3tog tbl, sl last st back to LN, turn work.

Lace Border Row 2 (WS): work next row of Chart F.

Lace Border Row 3 (RS): work next row of Chart F, k2tog tbl, sl last st back to LN, turn work.

Lace Border Row 4 (WS): rep Lace Border Row 2.

Lace Border Row 5 (RS): rep Lace Border Row 3.

Lace Border Row 6 (WS): rep Lace Border Row 2.

Lace Border Row 7 (RS): rep Lace Border Row 3.

Lace Border Row 8 (WS): rep Lace Border Row 2.

Lace Border Row 9 (RS): rep Lace Border Row 3.

Lace Border Row 10 (WS): rep Lace Border Row 2.

Rep Lace Border Rows 1 through 10 until you reach the other colourwork edge.

Remaining Border

Rep the Border Row Sequence Along Colourwork along the sts that were picked up along colourwork and rep the Border Row Sequence Along Lace along the lace sts until 5 sts before next corner.

Work Border Row Sequence at Corner.

Work Border Row Sequence Along Colourwork until 1 or 2 sts before next marker.

Work Border Row Sequence at Turn (removing marker).

Rep the Border Row Sequence Along Colourwork along the sts that were picked up along colourwork and rep the Border Row Sequence Along Lace until border is complete and ending after working a Row 7 of the Chart F. Break yarn leaving a tail approximately 30cm / 12" for grafting.

Graft ends of border together

With RS facing and oriented such that the cast on border sts lay above the live border stitches, carefully graft the live sts to the cast on sts as follows: Insert darning needle through both legs of the first st of the cast on sts (as if you were mattress stitching), then insert darning needle into first live st pwise and slide off knitting needle, *insert darning needle through both legs of the next cast on st as if you were mattress stitching, then insert darning needle into next live st pwise and slide off knitting needle*, rep * to * to end.

Finishing

Using lace blocking wires, block to measurements in Diagram and weave in ends.

For pattern support:
please contact the designer at knitjbeale@gmail.com

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Lace Key

-  RS: k
WS: p
-  RS: p
WS: k
-  ssk
-  k2tog
-  yo
-  no stitch
-  k3tog
-  sk2p
-  cdd
-  ds kwise
-  ds pwise
-  ssk and make a ds
-  p2tog and make a ds
-  sl1 wyif
-  sm
-  rep

Colourwork Key

-  MC
-  CC
-  no stitch
-  RS: m1r in MC
WS: m1rp in MC
-  RS: m1l in MC
WS: m1lp in MC
-  WS: cdip in MC 1
-  rep
-  sm

Chart A

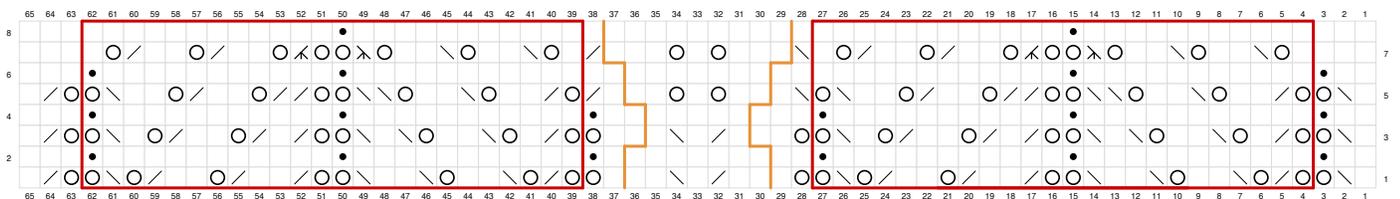


Chart B

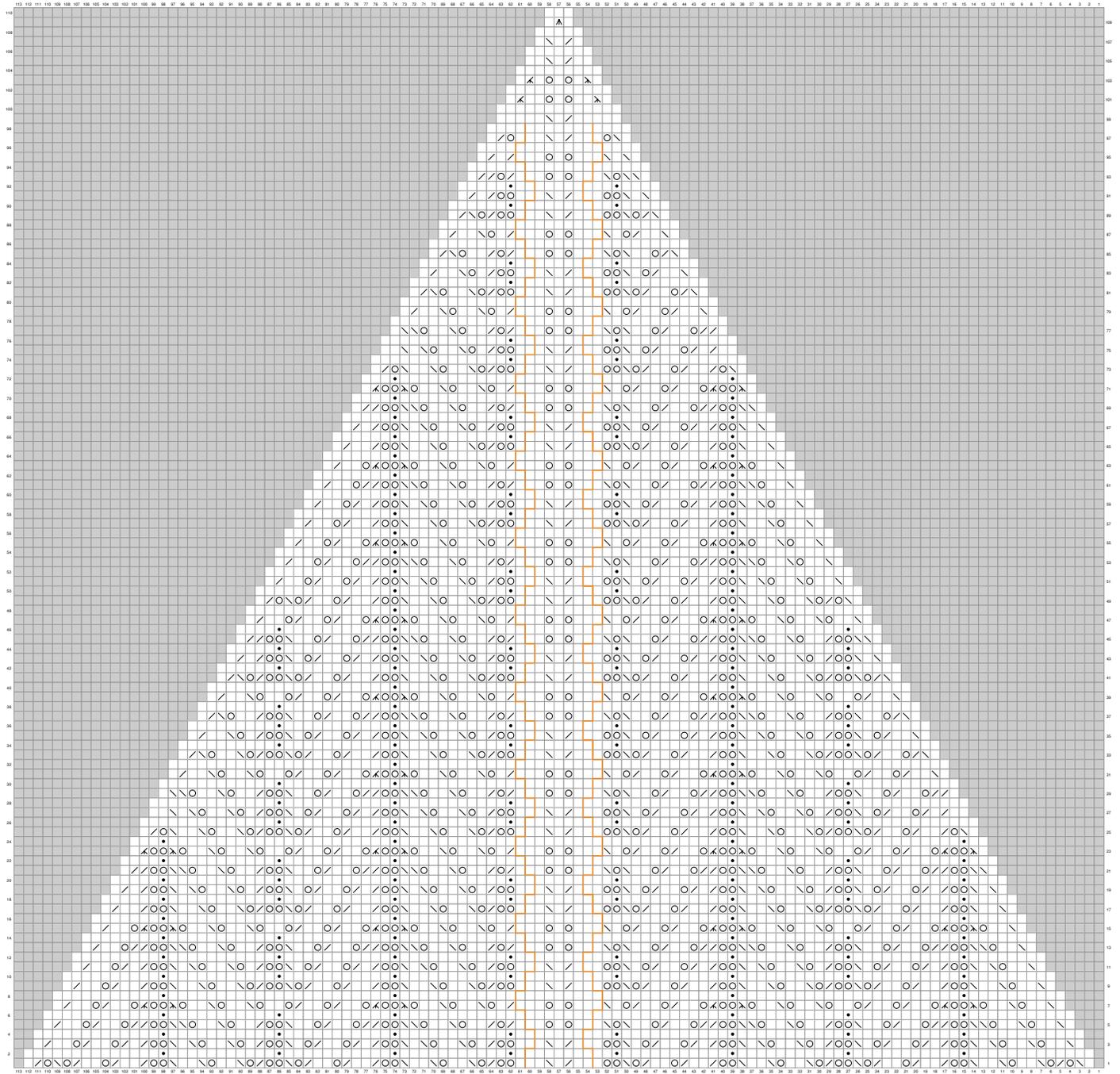


Chart C

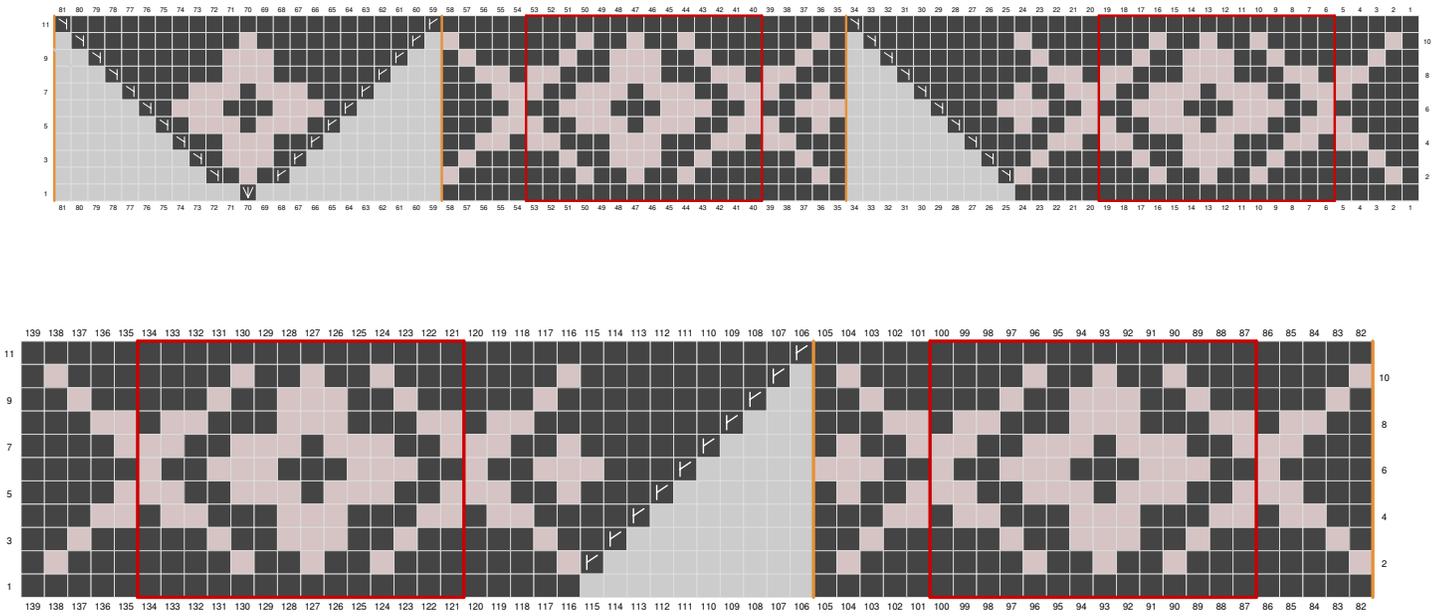


Chart D

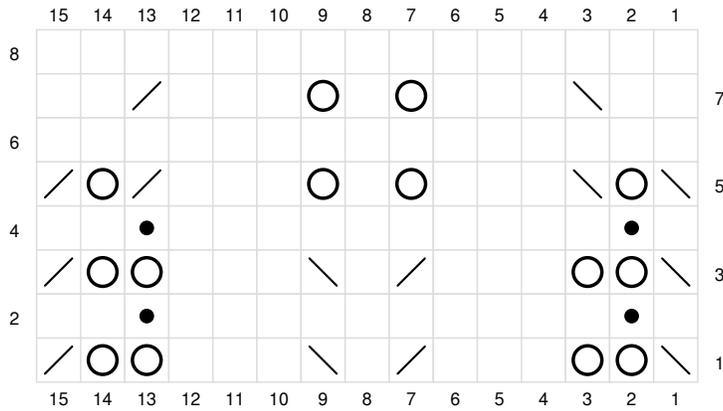


Chart E: part 1

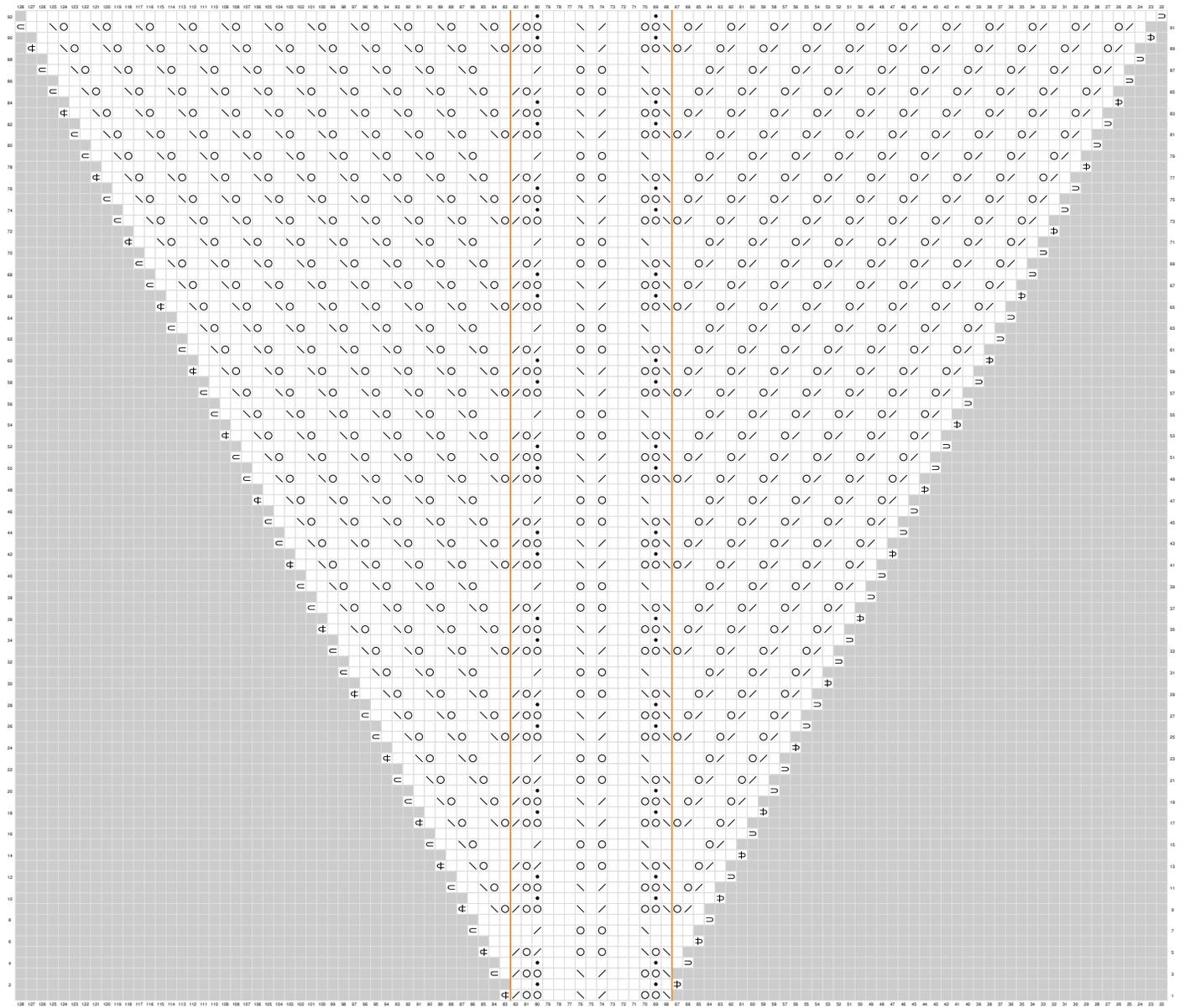


Chart E: part 2

Note. Chart E: part 2 is rotated and is a continuation of Chart E: part 1.

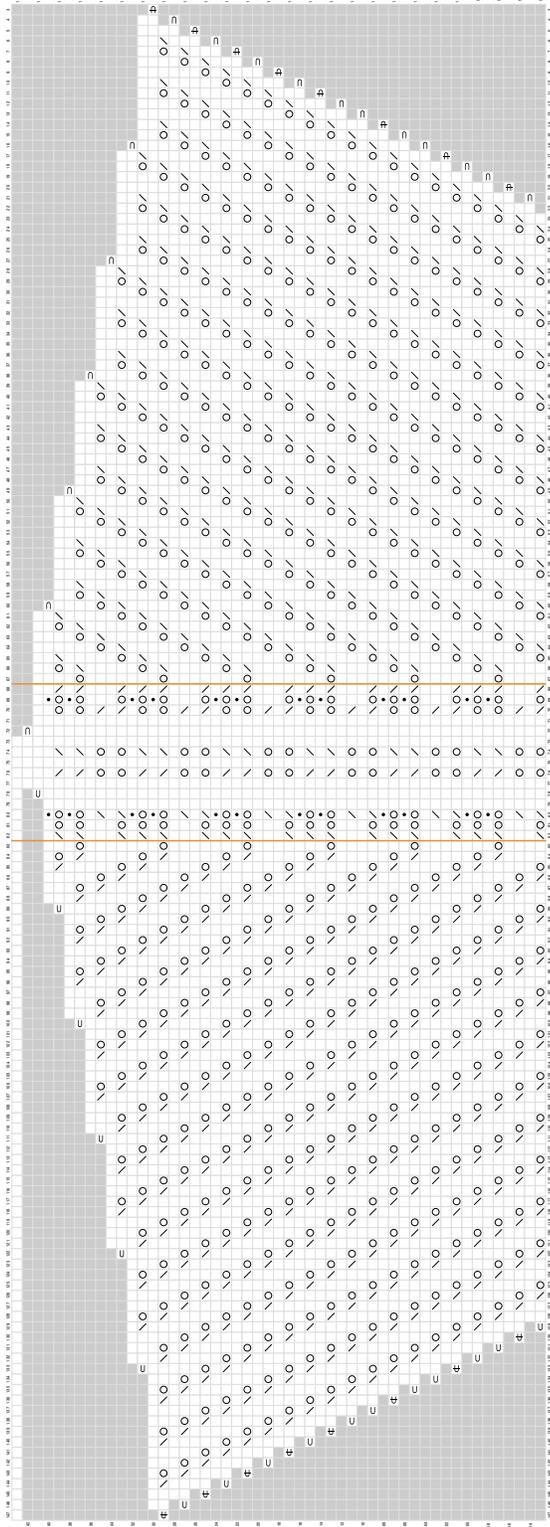


Chart F

	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1	
8															∇	
			/				○		○					\		7
6															∇	
	/	○	/				○		○				\	○	\	5
4			•											•	∇	
	/	○	○				\		/				○	○	\	3
2			•											•	∇	
	/	○	○				\		/				○	○	\	1
	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1	



