

# PetiteKnit

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## ESTHER SWEATER MAN

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<b>Sizes:</b>	XS (S) M (L) XL (2XL) 3XL (4XL) 5XL
<b>Bust circumference:</b>	103 (107) 111 (119) 123 (131) 135 (143) 155 cm [40½ (42¼) 43¾ (46¾) 48½ (51½) 53¼ (56¼) 61 inches]
<b>Length:</b>	68 (69) 70 (72) 74 (75) 77 (78) 79 cm [26¾ (27¼) 27½ (28¼) 29¼ (29½) 30¼ (30¾) 31 inches] measured mid back excl. neck edge
<b>Gauge:</b>	20 sts x 30 rows = 10 x 10 cm [4 x 4 inches] in texture pattern on a 4 mm [US6] needle after wash and blocking
<b>Needles:</b>	Circular needles: 4 mm [US6] / 60 and 80 or 100 cm [24 and 32 or 40 inches] and 3.5 mm [US4] / 40, 60 and 80 or 100 cm [16, 24 and 32 or 40 inches] Double-pointed needle: 3.5 mm [US4] and 4 mm [US6]
<b>Materials:</b>	850 (900) 900 (950) 950 (1000) 1000 (1050) 1100 g Peer Gynt by Sandnes Garn (50 g = 91 m [100 yds])

## PATTERN

The Esther Sweater Man is worked from the top down in a texture pattern. First, the back yoke is worked back and forth and shaped with increases. Then the shoulders are worked from stitches that are picked up and knitted along the top of the back yoke. The shoulders are then joined to form the front yoke. The front and back yoke are joined at the underarms to form the body, which is worked straight down in the round, continuing with the texture pattern. The sleeves are worked in the round on a circular needle from stitches that are picked up and knitted along the armhole openings. A ribbed edge is worked along the neck edge. Begin by knitting a swatch to determine which needle size will give you the correct gauge – note that the gauge needs to be correct for both stitches and rows before the measurements given above can be achieved. The swatch can be worked using the chart on page 10.

### Size guide

The Esther Sweater Man is designed to have approx. 10-15 cm [4-6 inches] of positive ease. The sizes XS (S) M (L) XL (2XL) 3XL (4XL) 5XL are designed to fit a bust circumference of 86-91 (91-96) 96-101 (101-107) 107-113 (113-119) 119-124 (124-132) 132-144 cm [ $33\frac{3}{4}$ - $35\frac{3}{4}$  ( $35\frac{3}{4}$ - $37\frac{3}{4}$ )  $37\frac{3}{4}$ - $39\frac{3}{4}$  ( $39\frac{3}{4}$ - $42\frac{1}{4}$ )  $42\frac{1}{4}$ - $44\frac{1}{2}$  ( $44\frac{1}{2}$ - $46\frac{3}{4}$ )  $46\frac{3}{4}$ - $48\frac{3}{4}$  ( $48\frac{3}{4}$ -52) 52- $56\frac{3}{4}$  inches]. The measurements for the finished garment are on the front page of the pattern. Before beginning your project, measure yourself to determine which size to knit. For example, if you measure 104 cm [41 inches] around your bust (or around the widest part of your upper body) you should knit a size L. A size L sweater has a bust circumference of 119 cm [ $46\frac{3}{4}$  inches] which in the given example would give you 15 cm [6 inches] of positive ease.

### About charts

The chart for the sweater's texture pattern can be found at the end of the pattern. No selvedge stitches are worked. The chart key is located on page 11. The charts are read from the bottom up, and from left to right on WS rows, and from right to left on RS rows. The bolded squares in the charts mark the pattern repeats.

### About increases

Increases are worked so they either slant to the right (M1R) or to the left (M1L) (see video at [www.petiteknit.com](http://www.petiteknit.com)).

#### M1R:

From the RS: Insert the left needle under the strand that runs between two stitches from back to front, then knit this strand.

From the WS: Insert the left needle under the strand that runs between two stitches from back to front, then purl this strand.

#### M1L:

From the RS: Insert the left needle under the strand that runs between two stitches from front to back, then knit this strand through the back loop (twisted).

From the WS: Insert the left needle under the strand that runs between two stitches from front to back, then purl this strand through the back loop (twisted).

## About decreases

Decreases are worked as double decreases centered around the middle of the 3 stitches.

**CDD:** Slip 2 sts together as if knitting them together, knit 1 stitch, pass the 2 slipped stitches over the knitted stitch the same as when binding off (2 sts have been decreased).

## Back yoke

The back yoke is worked back and forth. Stitches are cast on for the back of the neck, then increases are worked to shape the back.

Cast on 31 (31) 31 (31) 31 (31) 31 (31) 31 sts on a 4 mm [US6] / 60 cm [24 inches] circular needle.

Purl across 1 row. The next row is a RS row.

Work back and forth across the back yoke with increases following the chart on page 8. The chart only shows the first 26 increases, but after these you continue working back and forth with increases as established (meaning you work increases after the first 2 and before the last 2 sts on every row), while working the pattern repeat across the center 73 sts and working moss stitch on both sides of these center sts. Continue as established until a total of 36 (38) 40 (44) 46 (50) 52 (56) 62 increases rows have been worked. There are now a total of 103 (107) 111 (119) 123 (131) 135 (143) 155 sts on the needle.

When all the increases have been completed the first and last 2 sts are also worked in moss stitch.

The back yoke is now shaped like a trapezoid, and the work measures approx. 12 (13) 13.5 (14.5) 15 (16.5) 17 (18.5) 20.5 cm [4¾ (5) 5¼ (5¾) 6 (6½) 6¾ (7¼) 8 inches] from the cast-on edge.

Now work back and forth across the back yoke (with no more increases) in pattern as established (meaning working the charted pattern across the center 73 sts and moss stitch on both sides) until the back yoke measures 25.5 (26.5) 28 (30.5) 32 (34) 34.5 (36) 37 cm [10 (10½) 11 (12) 12½ (13½) 13½ (14¼) 14½ inches] from the cast-on edge at the back of the neck. End on a WS row, so the next row is a RS row. *Take note of which row of the pattern you have gotten to – you will need this later on when you need to join the front and back for the body.*

Break the yarn and let the sts rest, while the shoulders are being worked.

## Left shoulder

Join new yarn and pick up and knit sts from the RS with a 4 mm [US6] / 60 cm [24 inches] circular needle. Pick up and knit 37 (39) 41 (45) 47 (51) 53 (57) 63 sts along the left slanting section of the back yoke (this is equivalent to picking up and knitting 1 stitch in every stitch along the entire slanting side with increases). Start at the neck and work towards the armhole edge.

Work the shoulder back and forth following the chart with increases for the neckline on page 9. There are now a total of 43 (45) 47 (51) 53 (57) 59 (63) 69 sts on the needle.

Break the yarn and let the sts rest, while the right shoulder is being worked.

### **Right shoulder**

Join new yarn and pick up and knit sts from the RS with a 4 mm [US6] / 60 cm [24 inches] circular needle. Pick up and knit 37 (39) 41 (45) 47 (51) 53 (57) 63 sts along the right slanting section of the back yoke (this is equivalent to picking up and knitting 1 stitch in every stitch along the entire slanting side with increases). Start at the armhole edge and work towards the neck.

Work the shoulder back and forth following the chart with increases for the neckline on page 9. There are now a total of 43 (45) 47 (51) 53 (57) 59 (63) 69 sts on the needle.

Do not break the yarn as the next step follows from here.

### **Front yoke**

Now join the right and left shoulder to form the front yoke while casting on new sts between these two for the neck. This is shown on row 34 (34) 34 (34) 34 (34) 34 (34) 34 of the chart on page 9. Work the rest of the rows in the chart, then continue by working the chart on page 10 until the front yoke measures 25.5 (26.5) 28 (30.5) 32 (34) 34.5 (36) 37 cm [10 (10½) 11 (12) 12½ (13½) 13½ (14¼) 14½ inches] measured from where sts were picked up and knitted for the shoulders. End on the same row of the pattern as on the back yoke.

Do not break the yarn as the next step follows from here.

### **Body**

Now join the front and back yoke to form the body, which is worked in the round on a 4 mm [US6] / 80 or 100 cm [32 or 40 inches] circular needle. Work as follows:

Round 1: Work in pattern across the front yoke, cast on 1 stitch in extension of the sts on the needle using the backward loop method, work in pattern across the back yoke. There are now a total of 207 (215) 223 (239) 247 (263) 271 (287) 311 sts on the needle.

Join in the round and place a marker for the beginning of the round at the right underarm. Note that you only cast on 1 stitch at one of the underarms, so the moss stitch can be worked continuously on both sides.

Work in the round in pattern as established (meaning work moss stitch on the sides and the pattern repeat in the middle) until the sweater measures 63 (64) 65 (67) 69 (70) 72 (73) 74 cm [24¾ (25¼) 25½ (26½) 27¼ (27½) 28¼ (28¾) 29¼ inches] measured mid back – or to the desired length. Adjust the length so you end with either a half or a complete length-wise pattern repeat (marked with the bold frame in the chart).

Before working the ribbed hem, reduce the number of sts by 1 to an even number of sts, by working two stitches together anywhere on the last round.

Change to a 3.5 mm [US4] / 80 or 100 cm [32 or 40 inches] circular needle and work 5 cm [2 inches] in the round in 1 x 1 rib (k1, p1), while making sure the rib pattern is staggered in relation to the moss stitch when setting up the rib pattern on the first round.

Work 2 rounds in double knitting before binding off using the Italian bind-off technique (see video at [www.petitekmit.com](http://www.petitekmit.com)):

Round 1: \* K1, slip 1 stitch purl-wise with the yarn held in front of the work \*, repeat from \* to \* to end of round.

Round 2: \* Slip 1 stitch purl-wise with the yarn held behind the work, p1 \*, repeat from \* to \* to end of round.

Bind off using the Italian bind-off technique (see video at [www.petitekmit.com](http://www.petitekmit.com)).

## Sleeves

The sleeves are worked in the round on 4 mm [US6] double-pointed needles or on a circular needle using the *Magic Loop* technique.

Pick up and knit sts from the RS along the armhole opening with a 4 mm [US6] needle. Pick up and knit a total of 76 (78) 84 (90) 98 (100) 100 (104) 104 sts starting and ending at the underarm. The rate for picking up and knitting sts is approx. 2 sts for every 3 rows. Join in the round and place a marker for the beginning of the round.

Along the center of the underside of the sleeve a stitch is worked as a knit stitch on every round, and the decreases are centered around this stitch.

Join in the round and work as follows:

K1, work in moss stitch across the first 25 (26) 29 (32) 36 (37) 37 (39) 39 sts (beginning with a knit (purl) knit (purl) purl (knit) knit (knit) knit stitch), work in pattern from chart on 11 across the next 25 sts, work in moss stitch across the last 25 (26) 29 (32) 36 (37) 37 (39) 39 sts of the round (beginning with a knit stitch).

Continue as established until the sleeve measures 49 cm [19¼ inches] along the underside, measured from the underarm – or to the desired length, **while at the same time** working a double decrease (**CDD**) across the beginning of the round, so the decrease is centered around the stitch that is worked as a knit stitch throughout. Work the decrease on every 13th (13th) 11th (9th) 7th (7th) 7th (6th) 6th round a total of 10 (10) 12 (15) 18 (19) 19 (20) 20 times.

There are now a total of 56 (58) 60 (60) 62 (62) 62 (64) 64 sts on the needle.

Adjust the length so you end with either a half or a complete length-wise pattern repeat.

Change to 3.5 mm [US4] double-pointed needles and work 4 cm [1½ inches] in the round in 1 x 1 rib (k1, p1), while making sure the rib pattern is staggered in relation to the moss stitch on the sleeve when setting up the rib pattern on the first round.

Work 2 rounds in double knitting before binding off using the Italian bind-off technique the same way as on the hem.

Work the second sleeve the same way as the first.

### **Neck edge**

The neck edge is worked in the round in rib on 3.5 mm [US4] / 40 cm [16 inches] circular needles.

Pick up and knit 104 (104) 104 (106) 106 (108) 108 (108) 110 sts from the RS around the neck opening with a 3.5 mm [US4] / 40 cm [16 inches] circular needle. Start and end at the back of the neck. The rate for picking up and knitting sts is 1 stitch in every stitch along the back of the neck, the front of the neck and along the slanting sections of the sides, while 2 sts are picked up for every 3 sts along the straight sections of the sides.

Work as follows:

Rounds 1-7: \* K1, p1 \*, repeat from \* to \* to end of round.

Rounds 8-10: \* K1, slip 1 stitch purl-wise with the yarn held in front \*, repeat from \* to \* to end of round.

Rounds 11-15: \* K1, p1 \*, repeat from \* to \* to end of round.

Now the rib edge is folded double and knitted together by knitting every other stitch of the next round together with a stitch from the round where stitches were picked up and knitted, while at the same time binding them off. Work as follows (see video at [www.petitekmit.com](http://www.petitekmit.com)):

\* Pick up a stitch from the round where stitches were picked up and knitted and place it on the left needle. Knit the picked-up stitch together with the first stitch on the left needle. Pass the second stitch on the right needle over the stitch that was just knitted (i.e. bind off the stitch). Knit 1 stitch. Pass the second stitch on the right needle over the stitch that was just knitted (i.e. bind off the stitch). \*

Repeat from \* to \* to the end of the round.

*Take care that the neck edge doesn't become twisted – make sure to check along the way that each stitch is knitted together with the stitch directly below it.*

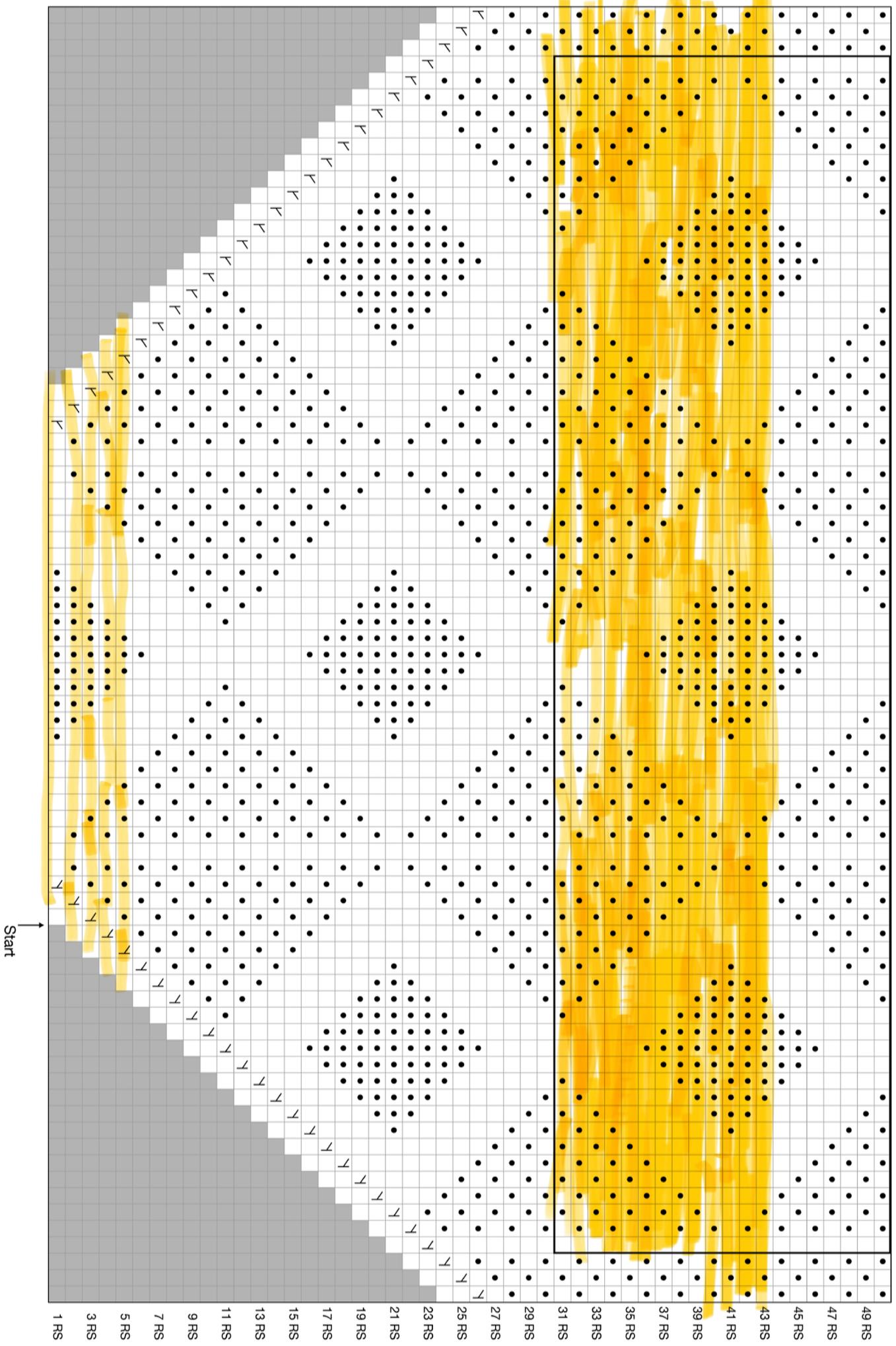
### **Finishing**

Weave in all ends.

## Abbreviations

CDD	centered double decrease; slip 2 sts together as if knitting them together, knit 1 stitch, pass the 2 slipped stitches over the knitted stitch the same as when binding off
k	knit
M1L	make one left; from the RS: Insert the left needle under the strand that runs between two stitches from front to back, then knit this strand through the back loop (twisted).
M1L	make one left; from the WS: Insert the left needle under the strand that runs between two stitches from front to back, then purl this strand through the back loop (twisted)
M1R	make one right; from the RS: Insert the left needle under the strand that runs between two stitches from back to front, then knit this strand
M1R	make one right; from the WS: Insert the left needle under the strand that runs between two stitches from back to front, then purl this strand
p	purl
RS	right side of your work
st(s)	stitch(es)
WS	wrong side of your work

Chart for back yoke all sizes



# Chart for shoulders and front yoke for all sizes

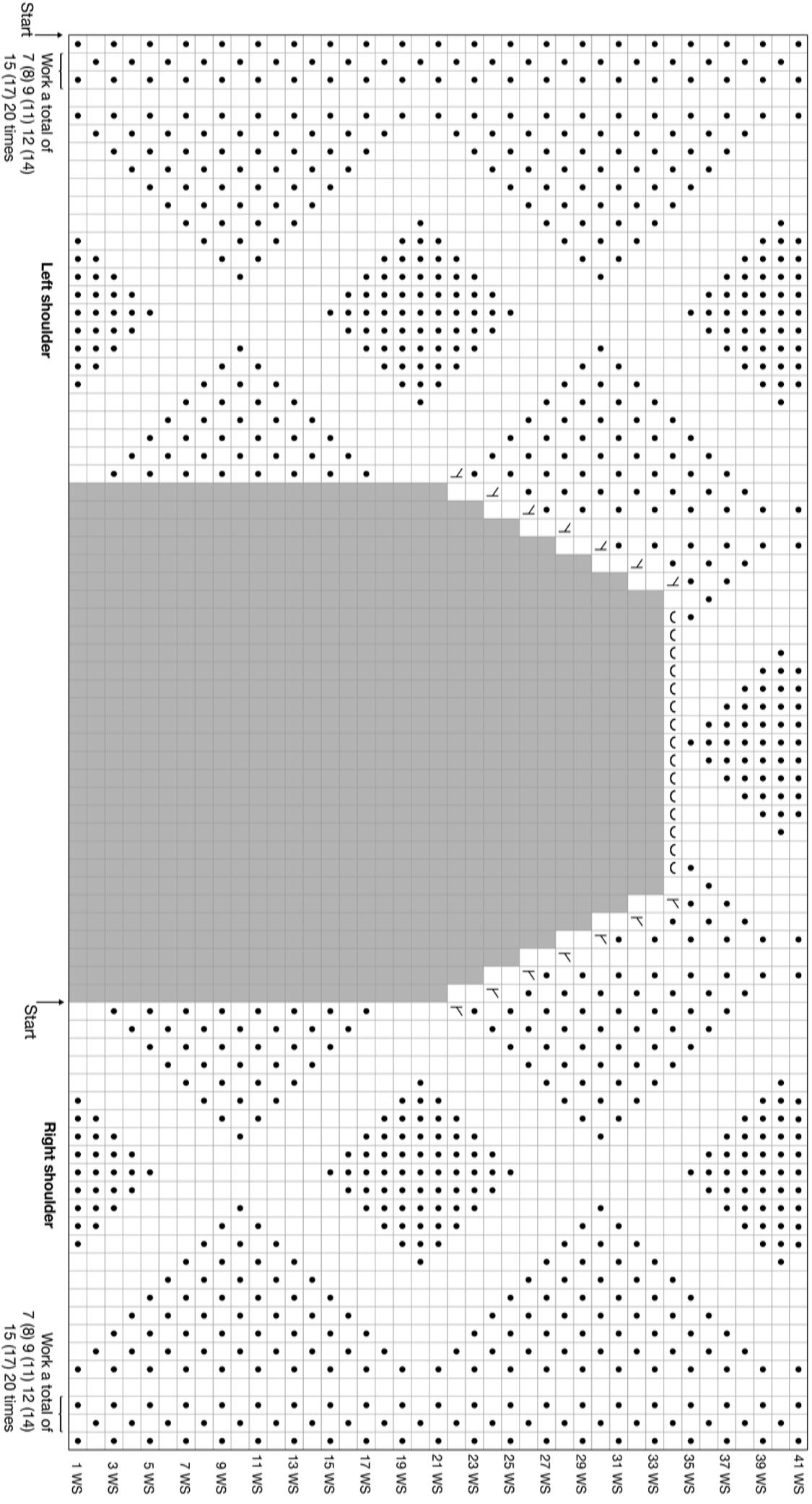
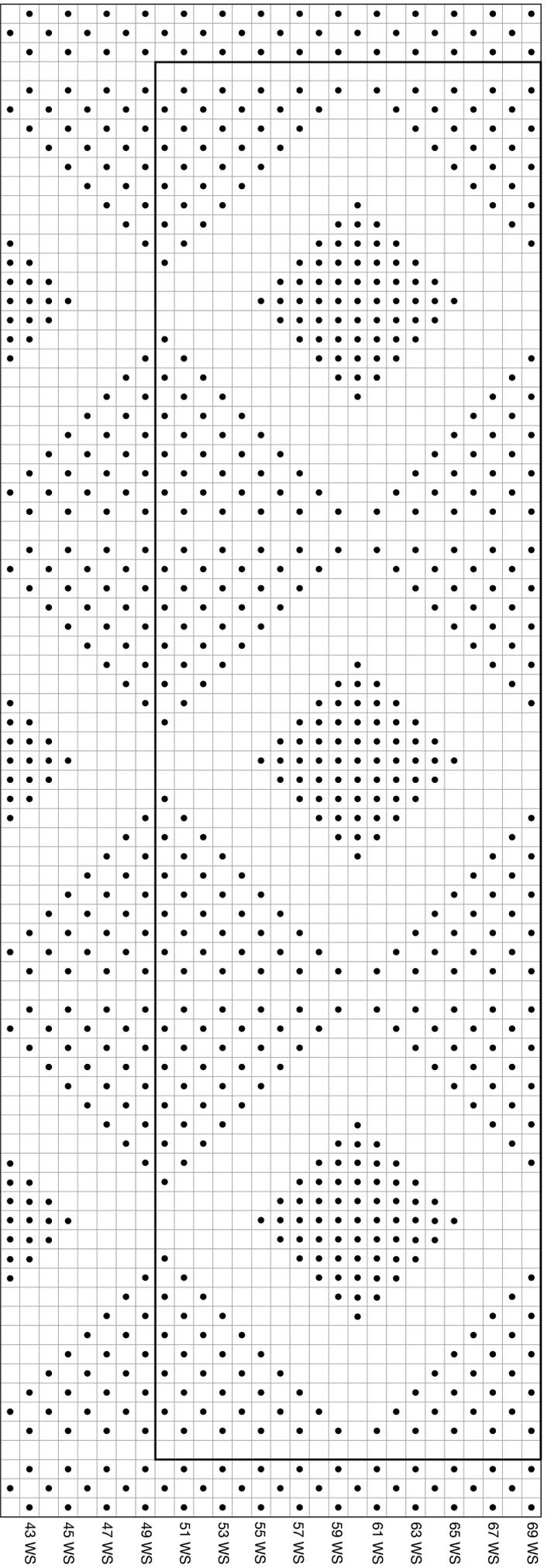


Chart for front yoke for all sizes

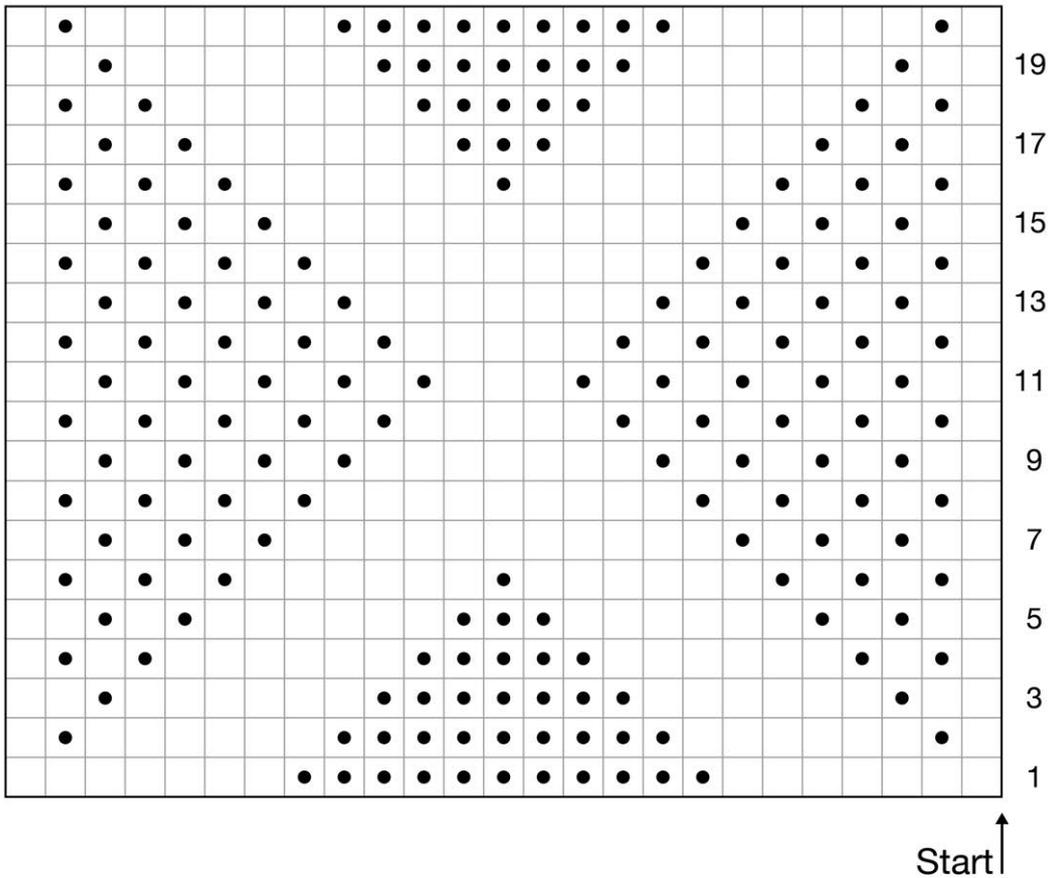


Work a total of  
7 (8) 9 (11) 12 (14)  
15 (17) 20 times

Work a total of  
7 (8) 9 (11) 12 (14)  
15 (17) 20 times

# Chart for sleeves

All sizes



- knit on RS, purl on WS
- purl on RS, knit on WS
- no stitch
- cast on a backward loop stitch
- M1R
- M1L



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Happy knitting!