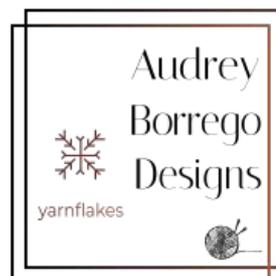


Eshi



Notes

Eshi is a colourwork yoke worked from the top down with a floral and geometric pattern as well as graphic ribbing details. With short rows on the back neck, optional short row bust darts and adjustable lengths, it's an easy project which can showcase any colour choice as the pattern provides Charts in two different contrasts.

Use the hashtag #eshisweater to share your project.

Pattern, pictures and notes © Audrey Borrego. This pattern is for personal use only.

Yarn :

You will need two colours of fingering weight yarn in the following amounts :

MC : 810 (**870** / 990 / **1085** / 1150), (**1240** / 1300 / **1395** / 1400), (**1485** / 1560 / **1620** / 1715 / **1840**) meters

886 (**953** / 1083 / **1187** / 1258), (**1356** / 1421 / **1525** / 1529), (**1624** / 1706 / **1772** / 1877 / **2012**) yards

CC : 100 (**115** / 125 / **150** / 200), (**225** / 290 / **340** / 400), (**460** / 520 / **590** / 650 / **725**) meters

109 (**126** / 137 / **164** / 219), (**246** / 317 / **372** / 437), (**503** / 568 / **645** / 711 / **792**) yards

The sample is knit with PRU Yarns Soul (400 m – 437 yds / 100 g) in Maroni (MC) and Bikini Bottom (CC).

Needles :

Main Fabric : 3.25 mm (US 3) circular needles with appropriate length to knit in the round and magic loop or DPNs.

Ribbing : 3 mm (US 2.5) circular needles with appropriate length to knit in the round and magic loop or DPNs.

or size required to get gauge

Gauge :

26 sts x 36 rnds per 10 cm – 4" with main needles in stranded knitting and stockinette after blocking

Make sure you reach correct gauge both in stranded knitting and in stockinette, changing needle sizes if necessary.

Notions :

Stitch markers, tapestry needle and scissors

Scrap yarn to place sts on hold

Row counter recommended

Techniques used :

Top down yoke sweater knitted in the round

Stranded knitting with two colours per round and few floats to catch

German short rows for the back of the neck

Simple increases and decreases

Graphic ribbing worked inside out

Straight body, tapered sleeves

Optional German short-rows bust darts (based on Cup size)

Pattern includes charted instructions

Sizes :

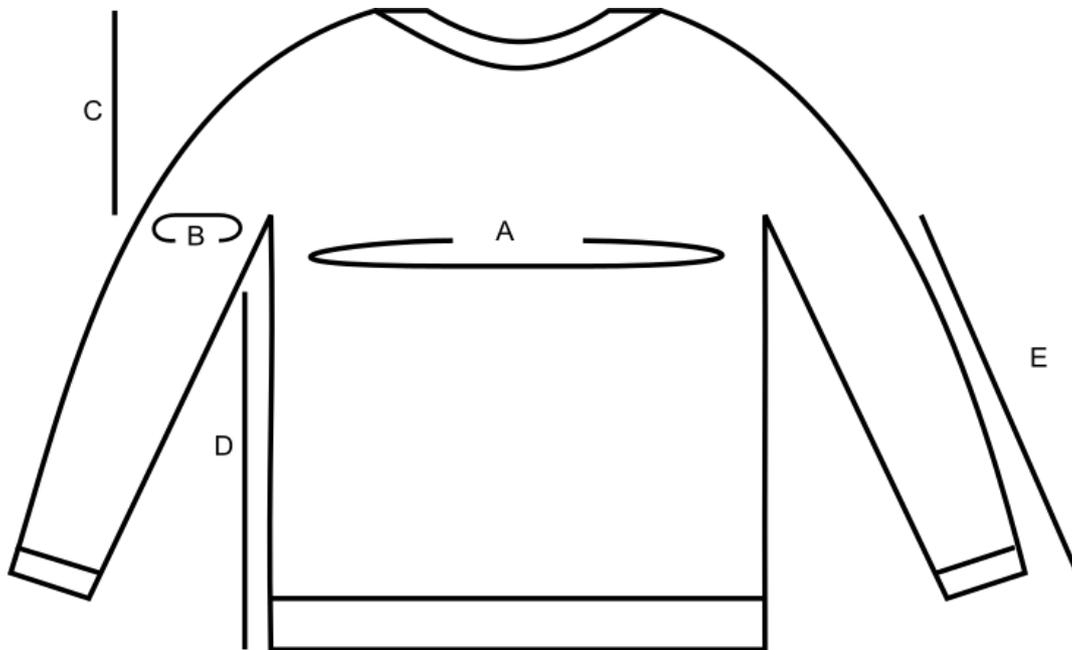
1 (2 / 3 / 4 / 5), (6 / 7 / 8 / 9), (10 / 11 / 12 / 13 / 14)

All measurements are those of the finished sweater.

Choose a size with -5 to +2 cm – -2 to +3/4" ease at bust.

If you are in between sizes, size down for the yoke and eventually catch up to the desired size for the body and sleeves when casting-on stitches at the underarms.

Shown in size 4 on a 96 cm – 37 3/4" bust and a 35 cm – 13 3/4" upper arm.



Size	1	2	3	4	5	6	7
A Bust Circ	80 cm 31 1/2"	86 cm 33 3/4"	92 cm 36 1/4"	98 cm 38 1/2"	104 cm 41"	110 cm 43 1/4"	117 cm 46"
B Upper arm circ	30 cm 11 3/4"	30 cm 11 3/4"	34 cm 13 1/2"	34 cm 13 1/2"	37 cm 14 1/2"	37 cm 14 1/2"	40 cm 15 3/4"
C Yoke depth (adjustable)	21 cm 8 1/4"	22 cm 8 3/4"	22 cm 8 3/4"	23 cm 9"	23 cm 9"	24 cm 9 1/2"	24 cm 9 1/2"
D Body length (adjustable)	27 cm 10 1/2"	27 cm 10 1/2"					
E Sleeve length (adjustable)	47 cm 18 1/2"	47 cm 18 1/2"					
Size	8	9	10	11	12	13	14
A Bust Circ	123 cm 48 1/2"	129 cm 50 3/4"	135 cm 53 1/4"	141 cm 55 1/2"	147 cm 57 3/4"	154 cm 60 1/2"	160 cm 63"
B Upper arm circ	43 cm 17"	43 cm 17"	46 cm 18"	46 cm 18"	49 cm 19 1/4"	52 cm 20 1/2"	55 cm 21 3/4"
C Yoke depth (adjustable)	24 cm 9 1/2"	25 cm 9 3/4"	25 cm 9 3/4"	25 cm 9 3/4"	26 cm 10 1/4"	26 cm 10 1/4"	27 cm 10 1/2"
D Body length (adjustable)	27 cm 10 1/2"	27 cm 10 1/2"					
E Sleeve length (adjustable)	47 cm 18 1/2"	47 cm 18 1/2"					

Abbreviations :

- CO : cast-on / st(s) : stitch(es) / rnd(s) : round(s)
- MC : main colour / CC : contrast colour
- BOR : beginning of round / RS : right side / WS : wrong side
- m : marker / pm : place marker / sm : slip marker
- inc : increase / dec : decrease
- k : knit stitch / p : purl stitch
- m1L : make 1 left, lift the bar between the stitches onto the left needle from front to back, knit through the back loop (1 inc)
- m1R : make 1 right, lift the bar between the stitches onto the left needle from back to front, knit through the front loop (1 inc)
- k2tog : knit the next 2 sts together (1 dec)
- ssk : slip the next 2 sts separately knitwise and knit them together through the back loops (1 dec)
- DS : double stitch for German short rows (counts as only 1 st)
- *-* : repeat instructions between asterisks

Reading the Chart

Knitting in the round, always read the Chart from right to left.

You will find two sets of Charts in the pattern with opposite contrasts : one with a light background colour (MC) and one with a dark background colour. Follow the one closer to your colour choice.

Chart List :

Light MC :

- Yoke Sizes 1 to 3 page 8,
- Yoke Sizes 4 to 9 page 9,
- Yoke Sizes 10 to 14 page 10,

Dark MC :

- Yoke Sizes 1 to 3 page 11,
- Yoke Sizes 4 to 9 page 12,
- Yoke Sizes 10 to 14 page 13,

Colourwork

Catching floats : in fingering weight, you can catch floats when skipping more than 7 stitches. You may do it more often if you prefer, just make sure not to catch a float in the same place in two consecutive rounds.

Colour dominance : CC will form the motifs while MC will be the background colour. To have consistent colour dominance : hold CC to the left and always carry it under MC without twisting the strands.

In order to have the neater ribbing side on the RS, you will work the collar, hem & cuffs inside out.

Collar

If you would like a wider neckline, consider casting on a number of sts between the cast-on instruction and the number obtained after the first inc rnd on the Yoke section. Cast-on a multiple of 4 sts and catch up to the required number of sts before the back neck shaping.

Loosely CO 108 (**108** / 108 / **108** / 108), (**108** / 112 / **112** / 112), (**116** / 120 / **120** / 120 / **120**) sts with smaller needles and MC using the [German Twisted Cast-on](#).

(German Twisted Cast-on tutorial by Very Pink Knits)

Make sure to leave space between each st as you cast-on to improve horizontal elasticity.

Being careful not to twist the sts, join to work in the rnd and PM for BOR.

rnd 1 : *k1, p1* to end

Work rnd 1 for 5 total rnds.

rnd 6 : purl to end

rnd 7 : *k2, p2* to end

Work rnd 7 for 5 total rnds.

rnd 12 : purl to end

rnd 13 : *k3, p1* to end

Work rnd 13 for 5 total rnds.

You will flip the work inside out so the interior (WS) of the collar will now be on the exterior (RS) of the sweater. To do so, you'll create a short row at the BOR.

Here is a [helpful tutorial](#) on how to make Double Stitches.

(German short-rows tutorial by Very Pink Knits)

See this [video tutorial](#) for the following rnd.
<https://youtu.be/99Xa8YbuQcQ>

rnd 18 : turn the work, so you are facing the interior of your previous work (WS of the collar), DS on the first st of the rnd, knit to BOR

Yoke

Switch to larger needles.

Resolve the DS on the next rnd by knitting it normally as one st.

Sizes 1, 2, 5, 6, 9, 12 and 13 ONLY :

next rnd : *k9 (6 / - / - / 3), (3 / - / - / 2), (- / - / 15 / 10 / -), m1L* to end

Size 3 ONLY :

next rnd : *k4, m1L, k5, m1L* to end

Size 4 ONLY :

next rnd : k3, *k3, m1L, k4, m1L* to end

Size 7 ONLY :

next rnd : k2, *k2, m1L, k3, m1L* to end

Size 8 ONLY :

next rnd : k6, *k2, m1L* to last 6 sts, k6

Sizes 10 and 11 ONLY :

next rnd : knit

Size 14 ONLY :

next rnd : *k7, m1L, k8, m1L* to end

120 (**126** / 132 / **138** / 144), (**144** / 156 / **162** / 168), (**116** / 120 / **128** / 132 / **136**) sts

Back neck shaping :

short row 1 (RS) : k36 (**38 / 38 / 40 / 44**), (**44 / 44 / 46 / 48**), (**36 / 38 / 38 / 40 / 40**), turn

short row 2 (WS) : DS, purl to m, sm, p36 (**38 / 38 / 40 / 44**), (**44 / 44 / 46 / 48**), (**36 / 38 / 38 / 40 / 40**), turn

short row 3 : DS, knit to m, sm, knit to DS, knit DS normally as one st, k2, turn

short row 4 : DS, purl to m, sm, purl to DS, purl DS normally as one st, p2, turn

Work short rows 3-4 a total of 5 times (10 rows).

next row (RS) : DS, knit to BOR m

next rnd : knit all sts, closing the remaining short rows by knitting the DS normally as one st

Sizes 10 to 14 ONLY :

inc rnd : *k2, m1R, k1, m1L, k1* to end

... (**174 / 180 / 192 / 198 / 204**) sts

Yoke Colourwork :

To help you keep track of the repeats, you can place markers every 6 sts before starting the Chart.

Work the Yoke Chart corresponding to your size and contrast, increasing as indicated.

320 (**336 / 352 / 368 / 384**), (**384 / 416 / 432 / 448**), (**464 / 480 / 512 / 528 / 544**) sts

You may find that your tension changes when working in plain stockinette compared to stranded knitting. Adjust needle size as necessary to maintain the correct gauge.

Once you have completed the Yoke Chart, continue in MC in stockinette (knitting every rnd) until the yoke measures about 21 (**22 / 22 / 23 / 23**), (**24 / 24 / 24 / 25**), (**25 / 25 / 26 / 26 / 27**) cm

8 ¼ (**8 ¾ / 8 ¾ / 9 / 9**), (**9 ½ / 9 ½ / 9 ½ / 9 ¾**), (**9 ¾ / 9 ¾ / 10 ¼ / 10 ¼ / 10 ½**)"

from cast-on, measuring along the center front (opposite of the BOR m).

Separate Body and Sleeves

You will place sts on hold for the sleeves and cast-on new sts at the underarm using a [backwards loop cast-on](#).

(Backwards Loop Cast-on tutorial by Very Pink Knits)

next rnd : k47 (**51 / 53 / 56 / 59**), (**60 / 64 / 67 / 71**), (**73 / 77 / 81 / 82 / 84**),

place the next 66 (**66 / 70 / 72 / 74**), (**72 / 80 / 82 / 82**), (**86 / 86 / 94 / 100 / 104**) sts on hold and CO 10 (**10 / 14 / 16 / 18**), (**24 / 24 / 26 / 26**), (**26 / 26 / 30 / 36 / 40**) sts,

k94 (**102 / 106 / 112 / 118**), (**120 / 128 / 134 / 142**), (**146 / 154 / 162 / 164 / 168**),

place the next 66 (**66 / 70 / 72 / 74**), (**72 / 80 / 82 / 82**), (**86 / 86 / 94 / 100 / 104**) sts on hold and CO 10 (**10 / 14 / 16 / 18**), (**24 / 24 / 26 / 26**), (**26 / 26 / 30 / 36 / 40**) sts,

knit to end

208 (**224 / 240 / 256 / 272**), (**288 / 304 / 320 / 336**), (**352 / 368 / 384 / 400 / 416**) sts

Body

Bust darts :

If you wear a cup size greater than B or your full bust measurement is more than 8 cm – 3 ¼" larger than your upper chest measurement, consider adding bust darts on the body. See instructions on page 14.

Work in stockinette until the body measures about 21 cm – 8 ¼" from the underarm or 6 cm – 2 ¼" less than desired length.

Hem :

Switch to smaller needles.

Flip the sweater like you did at the end of the collar to work the hem inside out.

rnd 1 : turn the work, so you are facing the interior of your previous work (WS of the body), DS on the first st of the rnd, purl to BOR

rnd 2 : *p1, k3* to end, resolving the DS by purling it normally as one st

Work rnd 2 for 8 total rnds.

rnd 10 : purl to end

rnd 11 : *p2, k2* to end

Work rnd 11 for 8 total rnds.

rnd 19 : purl to end

rnd 20 : *p1, k1* to end

Work rnd 20 for 8 total rnds.

Loosely bind-off all sts in pattern.

Sleeves

You may find that your tension changes when working smaller circumferences. Adjust needle size as necessary to maintain the correct gauge.

With larger needles, RS facing and MC, starting in the middle of the underarm pick up and knit :

5 (5 / 7 / 8 / 9), (12 / 12 / 13 / 13), (15 / 15 / 15 / 18 / 20) sts from the underarm cast-on,

2 sts in the gap.

Knit the 66 (66 / 70 / 72 / 74), (72 / 80 / 82 / 82), (86 / 86 / 94 / 100 / 104) held sleeve sts.

Pick up and knit again 2 sts in the gap and

5 (5 / 7 / 8 / 9), (12 / 12 / 13 / 13), (15 / 15 / 15 / 18 / 20) sts from the rest of the underarm cast-on.

Join to work in the round and PM for BOR.

80 (80 / 88 / 92 / 96), (100 / 108 / 112 / 112), (120 / 120 / 128 / 140 / 148) sts

Work in stockinette until the sleeve measures 4 (4 / 2 / 5 / 5), (3.5 / 0.5 / 0.5 / 0.5), (5 / 5 / 4 / 2 / 0) cm

1 1/2 (1 1/2 / 3/4 / 2 / 2), (1 1/4 / 1/4 / 1/4 / 1/4), (2 / 2 / 1 1/2 / 3/4 / 0)"

from the underarm.

dec rnd : k1, k2tog, knit to last 3 sts, ssk, k1 (2 dec)

Continue in stockinette repeating the dec rnd every 2 (2 / 2 / 1.5 / 1.5), (1.5 / 1.5 / 1.5 / 1.5), (1 / 1 / 1 / 1 / 1) cm

3/4 (3/4 / 3/4 / 1/2 / 1/2), (1/2 / 1/2 / 1/2 / 1/2), (1/4 / 1/4 / 1/4 / 1/4)"

15 (15 / 17 / 19 / 19), (21 / 25 / 25 / 25), (29 / 29 / 31 / 35 / 39) more times.

48 (48 / 52 / 52 / 56), (56 / 56 / 60 / 60), (60 / 60 / 64 / 68 / 68) sts

Work in stockinette until the sleeve measures about 41 cm – 16 1/4" or 6 cm – 2 1/4" less than desired length.

Cuff :

Switch to smaller needles.

Flip the sleeve to work the cuff inside out.

rnd 1 : turn the work, so you are facing the interior of your previous work (WS of the sleeve), DS on the first st of the rnd, purl to BOR

rnd 2 : *p1, k3* to end, resolving the DS by purling it normally as one st

Work rnd 2 for 8 total rnds.

rnd 10 : purl to end

rnd 11 : *p2, k2* to end

Work rnd 11 for 8 total rnds.

rnd 19 : purl to end

rnd 20 : *p1, k1* to end

Work rnd 20 for 8 total rnds.

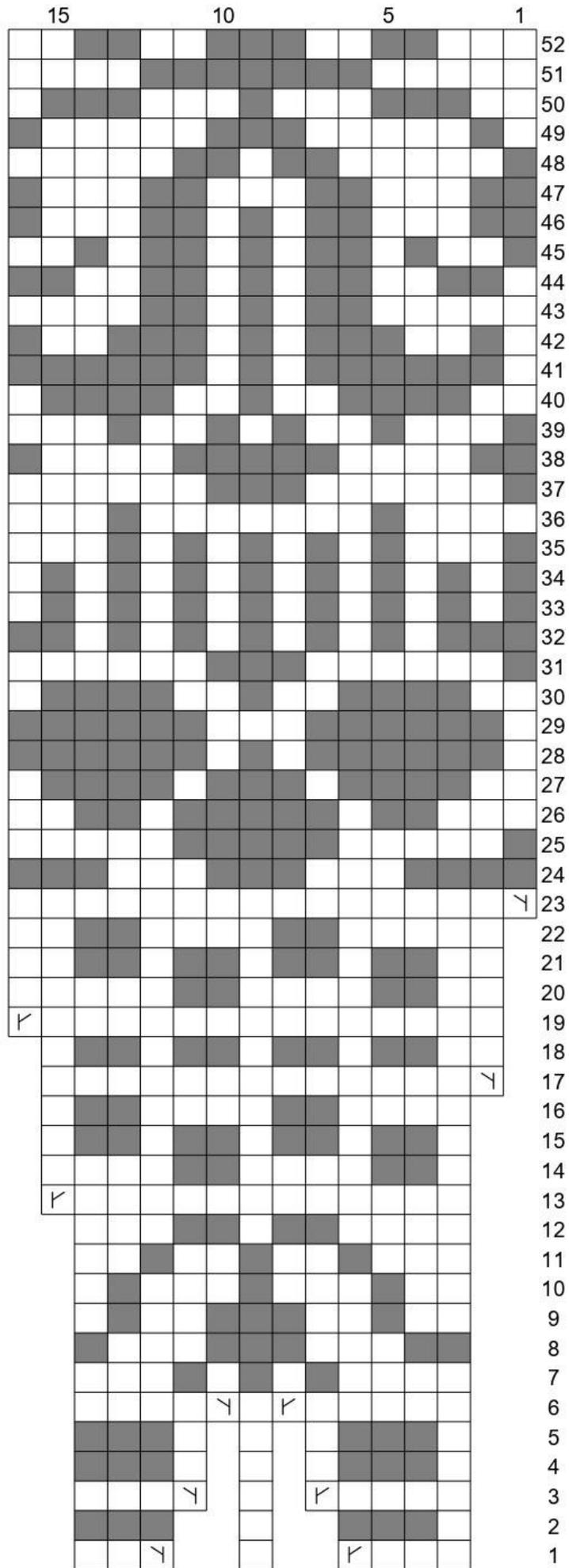
Loosely bind-off all sts in pattern.

Repeat for second sleeve.

Finishing

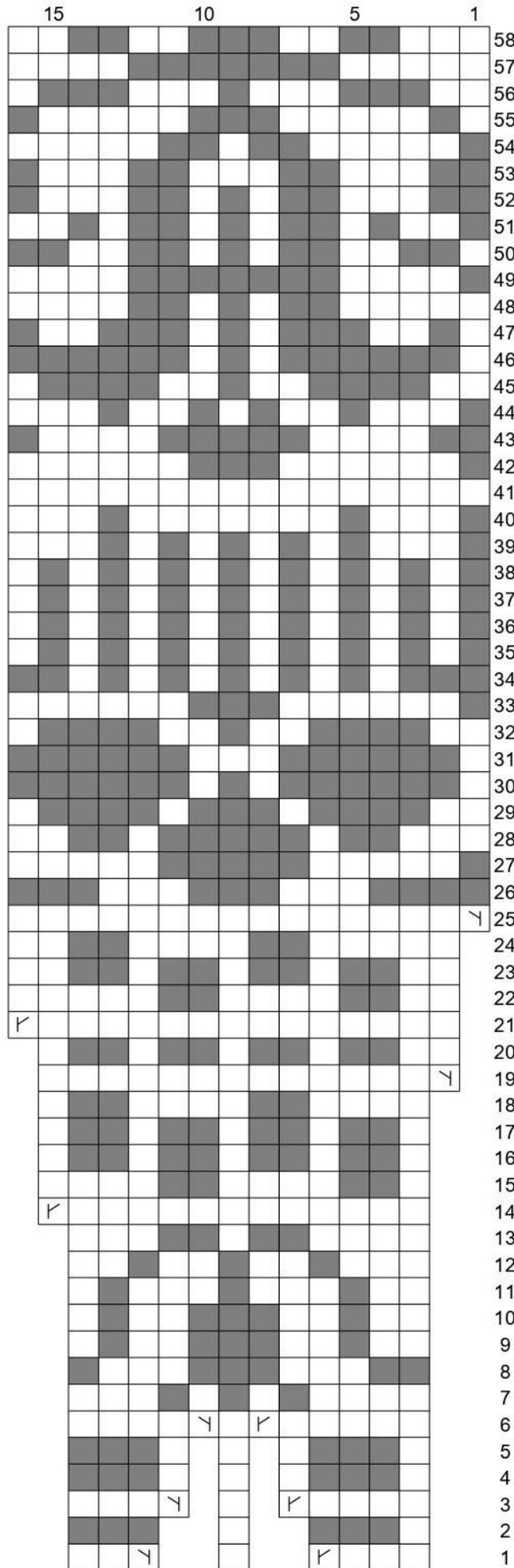
Weave in all ends and block the sweater.

LIGHT MC
YOKE CHART
 Sizes 1 to 3



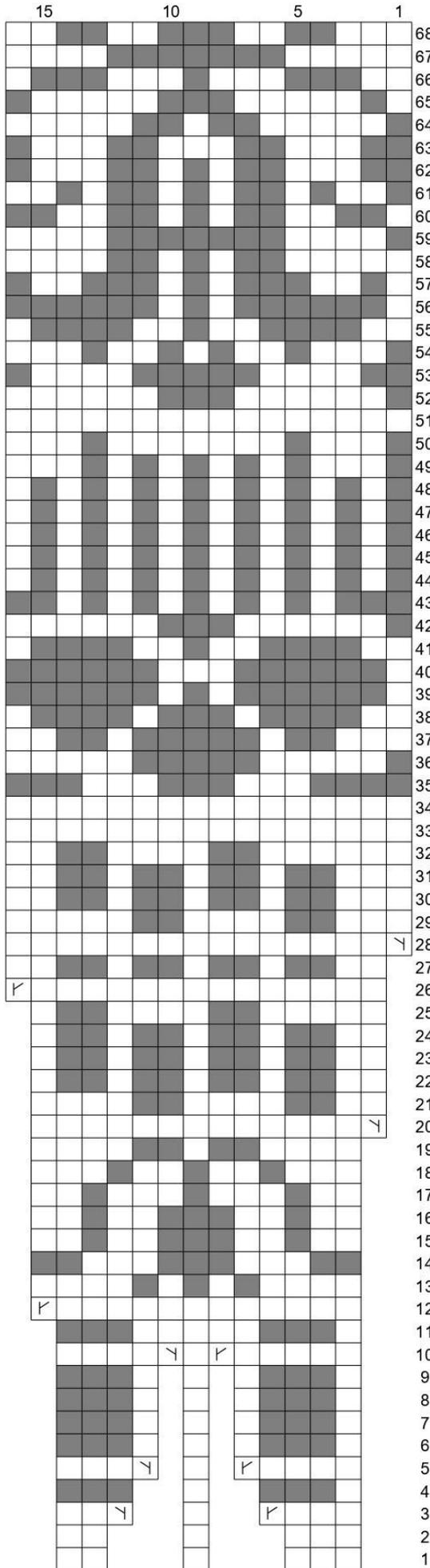
-  m1L
-  m1R
-  MC
-  CC

LIGHT MC
YOKE CHART
 Sizes 4 to 9



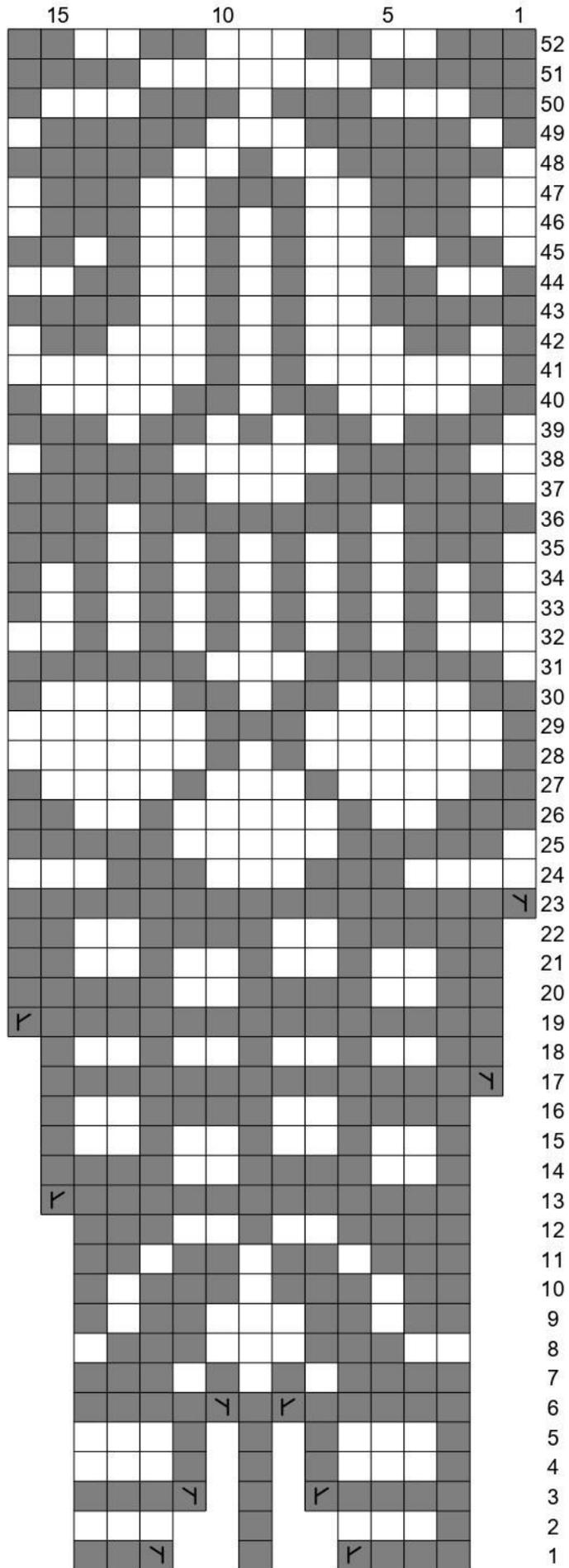
-  m1L
-  m1R
-  MC
-  CC

LIGHT MC
YOKE CHART
 Sizes 10 to 14



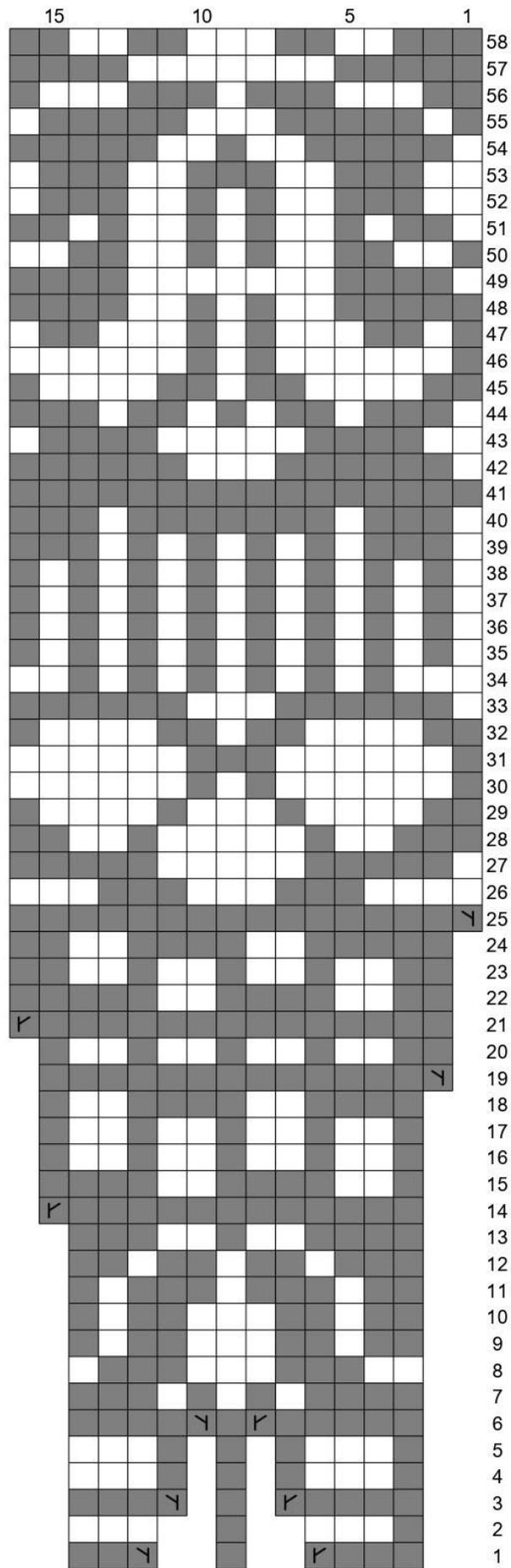
-  m1L
-  m1R
-  MC
-  CC

DARK MC
YOKE CHART
 Sizes 1 to 3



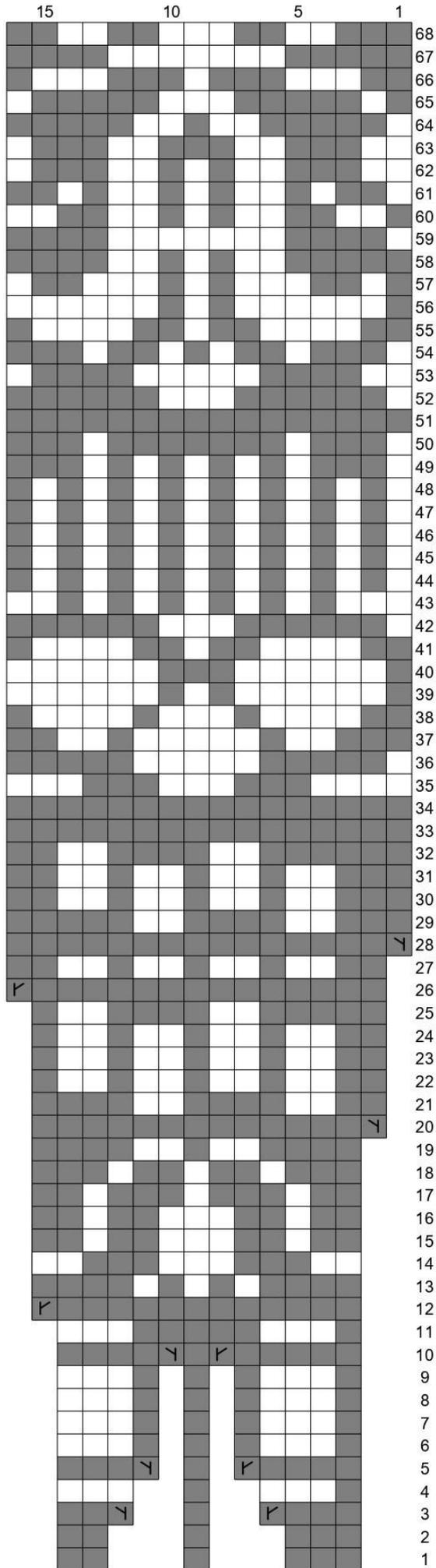
- Y m1L
- r m1R
- MC
- CC

DARK MC
YOKE CHART
 Sizes 4 to 9



- Y m1L
- R m1R
- MC
- CC

DARK MC
YOKE CHART
 Sizes 10 to 14



- Y m1L
- Y m1R
- MC
- CC

Bust darts instructions :

Work the body until it measures about 2 cm – ¾" from the underarm, or until you reach the fullest part of your bust.

CUP C AND D ONLY

Full bust measurement at least 8 cm – 3 ¼" more than upper chest measurement.

short row 1 (RS) : k156 (168 / 180 / 192 / 204), (216 / 228 / 240 / 252), (264 / 276 / 288 / 300 / 312), turn

short row 2 (WS) : DS, p103 (111 / 119 / 127 / 132), (143 / 151 / 159 / 167), (175 / 183 / 191 / 199 / 207), turn

short row 3 : DS, knit to 3 (4 / 4 / 4 / 5), (5 / 6 / 6 / 6), (7 / 7 / 7 / 8 / 8) sts before last DS, turn

short row 4 : DS, purl to 3 (4 / 4 / 4 / 5), (5 / 6 / 6 / 6), (7 / 7 / 7 / 8 / 8) sts before last DS, turn

Repeat short rows 3-4 a total of 3 times.

short row 9 (RS) : DS, knit to end, closing the short-rows by knitting the DS normally as one st

CUP E AND F ONLY

Full bust measurement at least 12 cm – 4 ¾" more than upper chest measurement.

short row 1 (RS) : k156 (168 / 180 / 192 / 204), (216 / 228 / 240 / 252), (264 / 276 / 288 / 300 / 312), turn

short row 2 (WS) : DS, p103 (111 / 119 / 127 / 132), (143 / 151 / 159 / 167), (175 / 183 / 191 / 199 / 207), turn

short row 3 : DS, knit to 2 (3 / 3 / 3 / 3), (4 / 4 / 5 / 5), (6 / 6 / 6 / 7 / 7) sts before last DS, turn

short row 4 : DS, purl to 2 (3 / 3 / 3 / 3), (4 / 4 / 5 / 5), (6 / 6 / 6 / 7 / 7) sts before last DS, turn

Repeat short-rows 3-4 a total of 4 times.

short row 11 (RS) : DS, knit to end, closing the short-rows by knitting the DS normally as one st

CUP G AND H ONLY

Full bust measurement at least 16 cm – 6 ¼" more than upper chest measurement.

short row 1 (RS) : k156 (168 / 180 / 192 / 204), (216 / 228 / 240 / 252), (264 / 276 / 288 / 300 / 312), turn

short row 2 (WS) : DS, p103 (111 / 119 / 127 / 132), (143 / 151 / 159 / 167), (175 / 183 / 191 / 199 / 207), turn

short row 3 : DS, knit to 2 (2 / 3 / 3 / 3), (3 / 4 / 4 / 4), (5 / 5 / 5 / 6 / 6) sts before last DS, turn

short row 4 : DS, purl to 2 (2 / 3 / 3 / 3), (3 / 4 / 4 / 4), (5 / 5 / 5 / 6 / 6) sts before last DS, turn

Repeat short-rows 3-4 a total of 5 times.

short row 13 (RS) : DS, knit to end, closing the short-rows by knitting the DS normally as one st

ALL CUPS RESUME

When knitting the next rnd, close the remaining short rows by knitting the DS normally.

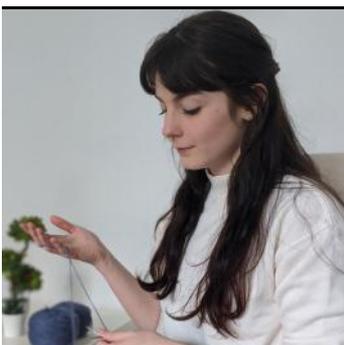
Continue with the body per main instructions.

Thank you

for choosing a Yarnflakes pattern !

I hope you enjoyed your project and will love the finished piece. If you have any questions or suggestions, please contact me on Ravelry (Yarnflakes).

I love to see you knit my designs. If you want to share pictures of your progress you can join me on my Ravelry group : www.ravelry.com/discuss/yarnflakes and tag me on Instagram @yarnflakes.



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