

EASY VEST

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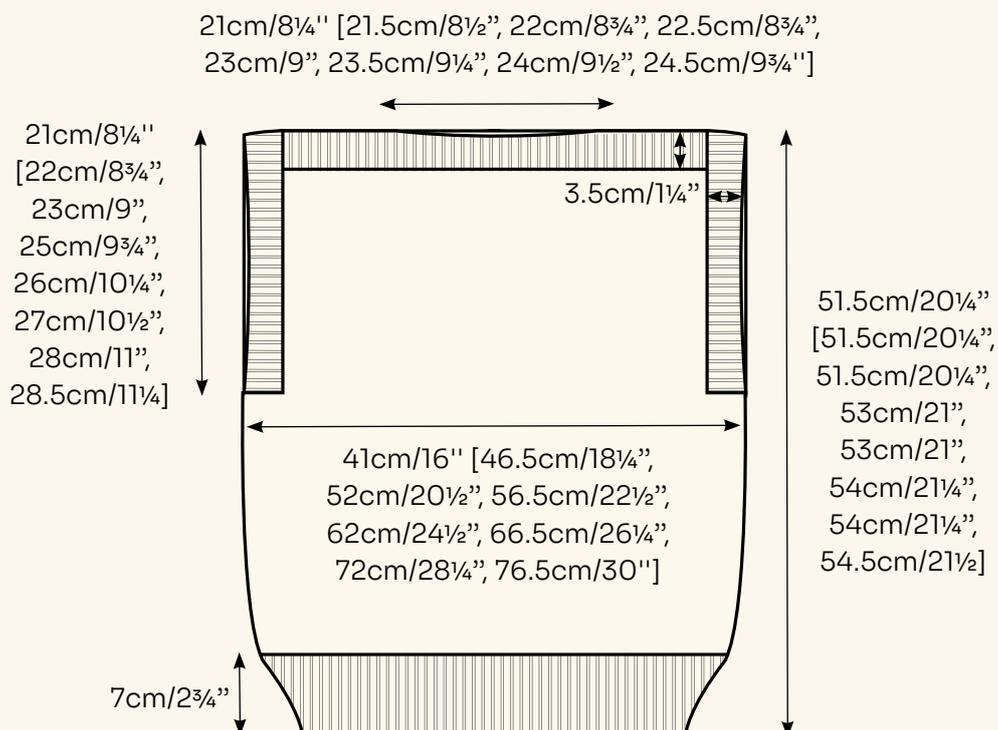
SIZING

This pattern includes 8 sizes, please use the chart below to pick your size. When the instructions differ between sizes, they will be written as follows: size 1 [size 2, size 3, size 4, size 5, size 6, size 7, size 8].

SIZE	TO FIT CHEST	UK	US	S-M-L
1	71-76cm/28-30"	2-4	0-1	XS
2	81-86 cm/32-34"	6-8	2-4	S
3	91-97cm/36-38"	10-12	6-8	M
4	102-107cm/40-42"	14-16	10-12	L
5	112-117cm/44-46"	18-20	14-16	XL/1X
6	122-127cm/48-50"	22-24	18-20	2X
7	132-137cm/52-54"	26-28	22-24	3X
8	142-147cm/56-58"	30-32	26-28	4X

MEASUREMENTS

Flat measurements (after blocking): If you are unsure which of the above sizes to pick, try measuring the chest width of a garment you like the fit of and see which is closest to the measurements below.



INFORMATION

An everyday throw over piece, the Easy Vest is all about simplicity, shape and detailed construction. An easy knit and an easy wear, we hope you enjoy making and styling this piece as much as we do.

SKILL LEVEL: Easy.

Required techniques: Long tail cast on, 1x1 rib stitch, stocking stitch, cast off, make 1, cast off in ribbing, picking up stitches. For help with techniques see useful links on page 7.

YARN: 1 strand of any DK weight yarn held together with 1 strand of any Lace weight yarn. I have used:

6 [7, 7, 8, 9, 10, 10, 11] balls of Lang Yarns Merino 120, colour 096 - 100% Merino Wool. (120m/131yds per 50g skein.)

+

3 [3, 4, 4, 5, 5, 5, 6] balls of Knitting For Olive Soft Silk Mohair, Oat. - 70% Mohair, 30% Silk. (224m/246yds per 25g skein.)

or

7 [8, 8, 9, 10, 11, 12, 13] balls of Drops Merino Extra Fine - 100% Wool. (105m/115yds per 50g skein.)

+

3 [4, 4, 4, 5, 5, 6, 6] balls of Drops Kid Silk - 73% Mohair, 25% silk. (210m/230yds per 25g skein.)

RECOMMENDED NEEDLES:

3.5mm/US 4 knitting needles

5mm/US 8 knitting needles

TENSION:

Stocking stitch on 5mm/US 8 needles:

10cm/4" x 10cm/4" = 18 stitches x 24 rows

ABBREVIATIONS

k - knit

p - purl

st(s) - stitch(es)

ws - wrong side

rs - right side

m1 - make 1 stitch, by picking up the horizontal strand before the next stitch and knitting into the back of it

USEFUL TOOLS: Tape measure, scissors, a blunt tapestry needle to seam and weave in ends and stitch markers to mark shoulder seams.

OVERVIEW: The Easy Vest is worked flat in two identical pieces to create the front and the back. Starting at the bottom of the vest, 1x1 rib stitch is used to create the ribbed hem. The body of the vest is then knitted in stocking stitch until reaching the armhole, a few stitches are then cast off each side. Stocking stitch continues until reaching the shoulders where 1x1 rib stitch is used to create the neckline. The neckline is then folded in half and sewn down, then the front and back shoulder seams joined together. The armhole trims are picked up from the body and knitted in 1x1 rib stitch, then folded in half and sewn down. The side seams are then joined together to complete the Easy Vest!

INSTRUCTIONS

Follow the instructions twice to make the front and back of your vest.

1. Cast on 76 [86, 96, 104, 114, 122, 132, 140]sts using 3.5mm/US 4 needles and the long tail cast on technique.
2. (WS) *K1, p1* repeat section in stars (*) until end of row.
3. Repeat step 2, working in 1x1 rib st until your piece measures 7cm/2¾" (approx 24 more rows).
4. (RS) With 5mm/US 8 needles, starting with a k row, work in stocking st until your piece measures 30.5cm/12" [29.5cm/11½", 28.5cm/11¼", 28cm/11", 27cm/10½", 27cm/10½", 26cm/10¼", 26cm/10¼"] from the cast on edge (approx. 56 [54, 52, 50, 48, 48, 46, 46] rows). Make sure the last row worked is a p row.
5. Cast off 6sts, k to end of row. (70 [80, 90, 98, 108, 116, 126, 134]sts.)
6. Cast off 6sts, p to end of row. (64 [74, 84, 92, 102, 110, 120, 128]sts.)
7. Starting with a k row, work in stocking st until your piece measures 48cm/19" [48cm/19", 48cm/19", 49.5cm/19½", 49.5cm/19½", 50.5cm/19¾", 50.5cm/19¾", 51cm/20"] from the bottom cast on edge (approx. 40 [42, 44, 50, 52, 54, 56, 58] rows). Make sure the last row worked is a p row.

SIZE 1 ONLY:

8. With 3.5mm/US 4 needles, p1, k1, p1, k1, p1. *M1, p1, k1, p1* repeat section in stars (*) until 2sts left of row. K1, p1. (83sts.)

SIZES 2, 4, 6 AND 8 ONLY:

9. With 3.5mm/US 4 needles, p1, k1, p1. *M1, p1, k1, p1* repeat section in stars (*) until 2sts left of row. K1, p1. ([97, 121, 145, 169]sts.)

SIZES 3, 5 AND 7 ONLY:

10. With 3.5mm/US 4 needles, p1, k1, p1, k1, p1. *M1, p1, k1, p1* repeat section in stars (*) until 4sts left of row. K1, p1, k1, p1. ([109, 133, 157] sts.)

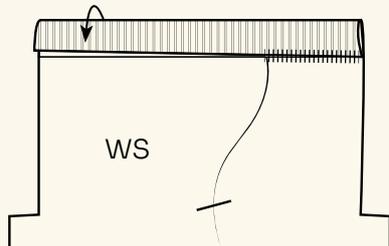
ALL SIZES:

11. (WS) *K1, p1* repeat section inside stars (*) until 1st left of row, k1.
12. *P1, k1* repeat section inside stars (*) until 1st left of row, p1.
13. Repeat steps 11 and 12, working in 1x1 rib st until your rib measures 7cm/2¾" (approx 21 more rows). Make sure last row is a ws row.
14. Cast off very loosely in ribbing.

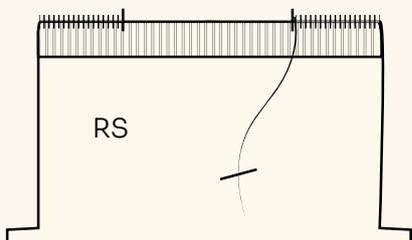
ASSEMBLY & FINISHING

Shoulders:

1. WS facing outwards, take one side of your vest (the front) and fold the top 1x1 rib trim in half so the cast off edge sits on top of the first row of 1x1 rib.

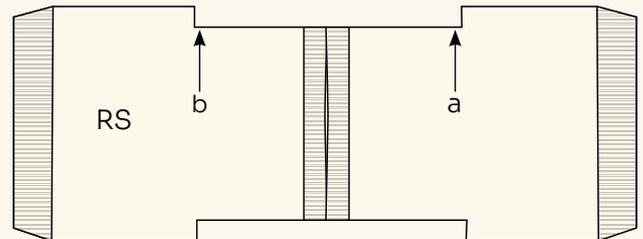


2. Use the whip stitch technique and a single strand of yarn to sew the cast off edge to the first row of purl bumps below the 1x1 rib. Take care to align the stitches and sew loosely so the rib can still stretch to 34.5cm/13½ [40cm/15¾", 45.5cm/18", 50cm/19¾", 55.5cm/21¾", 60cm/23½", 65.5cm/25¾", 70cm/27½].
3. Repeat steps 1 and 2 for the back piece.
4. Take the front piece, rs facing outwards and pin out the top rib so it measures in width 34.5cm/13½ [40cm/15¾", 45.5cm/18", 50cm/19¾", 55.5cm/21¾", 60cm/23½", 65.5cm/25¾", 70cm/27½]. You can do this on a blocking board or a towel. Now measure 6.75cm/2¾" [9.25cm/3½", 11.75cm/4½", 13.75cm/5½", 16.25cm/6½", 18.25cm/7¼", 20.75cm/8¼", 22.75cm/9"] inwards from the side edges and place a stitch marker or tie a piece of yarn to mark the two points. These are your shoulder seams. Repeat for the back piece.
5. Place the front piece on top of the back, with ws touching. Starting from the outside edge, use the horizontal invisible seam technique to sew the shoulder seams together until you reach your yarn markers.

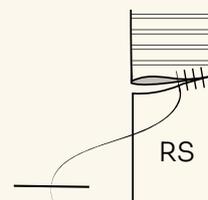


Armhole ribs:

1. RS facing outwards, position vest as diagram below. With 3.5mm/US4 needles pick up and k a total of 101 [105, 111, 121, 125, 129, 135, 137] sts working from right to left from arrow a to b. Go through both layers of rib when picking up sts at shoulders. (101 [105, 111, 121, 125, 129, 135, 137] sts.)



2. (WS) *K1, p1* repeat section in stars until 1st left of row, k1.
3. *P1, k1* repeat section in stars until 1st left of row, p1.
4. Repeat steps 2 and 3, working in 1x1 rib st until your rib measures 7cm/2¾" (approx 23 more rows). Make sure last row is a ws row.
5. Cast off very loosely in ribbing.
6. WS facing outwards as step 1, fold the 1x1 rib trim in half so the cast off edge sits on top of the first row of 1x1 rib.
7. Use the whip stitch technique to sew the cast off edge to the ridge below the 1x1 rib. Take care to align the stitches and sew loosely so the rib can still stretch to 42cm/16½ [44cm/17¼", 46cm/18", 50cm/19¾", 52cm/20½, 54cm/21¼, 56cm/22", 57cm/22½"].
8. The sides of your armhole rib now need attaching to the body of the vest. To do this, RS facing outwards, use the perpendicular invisible seam technique to join just the outside layer of rib to the cast off section.



USEFUL LINKS

9. Turn your work so the WS is now facing outwards and use the whip stitch technique to sew the inside layer of rib to the seam in step 8.
10. Repeat steps 1 to 9 for the second armhole.

Side Seams:

RS facing outwards, starting from the hem, sew the side seams using the vertical invisible seam technique, stop when you reach the armhole rib. Weave in any loose ends.

Blocking:

We strongly recommend blocking your vest to achieve the correct measurements for the neckline and armhole ribs. Refer to the blocking instructions for the yarn you are using or follow the instructions below:

1. Fill a basin with cold water, submerge vest for 15 minutes.
2. Lift out of water, supporting weight evenly, gently squeeze to remove excess water.
3. Roll between clean towels to remove most of the moisture.
4. Place on a blocking mat or board.
5. Pin out to measurements.
6. Leave until completely dry.

Knitting Techniques:

Knitting with 2 strands of yarn held together:

<https://www.youtube.com/watch?v=5LLxTlJAUNA>

Long tail cast on: <https://www.youtube.com/watch?v=T-gdAUEjQjU>

Knit: <https://www.youtube.com/watch?v=esEtUaa-Pwg>

Purl: https://www.youtube.com/watch?v=bbtnjHrb_Hg

1x1 rib stitch: <https://www.youtube.com/watch?v=ykoeMeelluc>

Stocking stitch: https://www.youtube.com/watch?v=3tW_Ck9PemM

Cast off: <https://www.youtube.com/watch?v=F9b7KS9jaAo>

M1: <https://www.youtube.com/watch?v=EtFm56tJ5Nk>

Cast off in ribbing: https://www.youtube.com/watch?v=TC_qvdOqmnk

Picking up sts: <https://www.youtube.com/watch?v=p9XQxUAvtMM>

Top knitting tips: <https://youtu.be/Q-279QBUWoU>

Finishing Techniques:

Whip Stitch: <https://www.youtube.com/watch?v=L3OZ6aSCdnI>

Horizontal invisible seam: https://www.youtube.com/watch?v=NhbM_ZsoOgE

Perpendicular invisible seam: <https://www.youtube.com/watch?v=GWqFIXGja-w>

Vertical invisible seam: <https://www.youtube.com/watch?v=PbgYNvkEZQM>

Weaving in loose ends: https://www.youtube.com/watch?v=ohtv2fyd_IY

Blocking: <https://brooklyntweed.com/pages/blocking-101>

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