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SYLVAN TEE

design: Aneta Bleyer



Sylvan Tee features a beautiful, unusual cable line intertwining and swaying around the back, the neckline and the sleeves. The tee is easy to dress up or down, with its classy but interesting appearance. Thoughtful details and smart finishing ensure a modern look, with an elegant touch.

Its name, "of the forest", derives from the way cables flow throughout the design, which resembles how tree branches and roots entwine.

Sylvan Tee is knit top down and is completely seamless. The modified drop shoulder construction and European shoulder seam, which sits back from the natural shoulder line, provide the best fit. The tee is worked both flat and in the round.

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Sizes: 1 (2/ 3/ 4/ 5) (6/ 7/ 8/ 9) intended to be worn with approximately 10-20 cm / 4-8 in positive ease.

Finished garment bust (incl. positive ease): 97 (102.5/ 108.5/ 114/ 119.5) (125.5/ 133/ 139/ 145) cm / 38¾ (41/ 43¼/ 45½/ 47¾) (50¼/ 53¼/ 55½/ 58) in

Gauge: 21 sts x 29 rows = 10 x 10 cm / 4 x 4 in in stockinette flat and in the round after blocking on 4 mm (US size 6) needle or size needed to obtain gauge

Suggested needle: 4 mm (US size 6) circular needle (as a main needle)
3.75 mm (US size 5) circular needle for I-cord

Yarn used in the sample: light-Worsted weight

Kinu and So Asa by ITO **held together**

Kinu (100% silk) (425 m in 50 g skein) (465 yds in 1.76 oz skein),

So Asa (70% linen, 17% cotton, 13% silk) (210 m in 50 g skein) (230 yds in 1.76 oz skein)

See the last page for yarn alternatives.

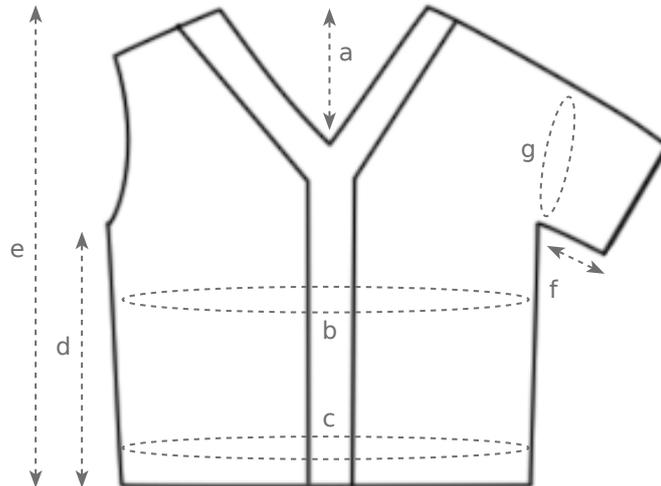
Estimated yarn usage (of each of the yarns):

800 (850/ 930/ 970/ 1050) (1100 / 1200/ 1250/ 1300) m /

875 (930/ 1020/ 1060/ 1150) (1200/ 1320/ 1370/ 1420) yds

Notions: markers, cable needle, 2 stitch holders (optional), tapestry needle

SCHEMATIC 1



tee measurements	1	2	3	4	5	6	7	8	9	
a - V-neck depth	16.5 6½	17 6¾	17 6¾	17.5 7	17.5 7	19 7½	19 7½	19.5 7¾	19.5 7¾	cm in
b - bust circumference	97 38¾	102.5 41	108.5 43¼	114 45½	119.5 47¾	125.5 50¼	133 53¼	139 55½	145 58	cm in
c - bottom circumference	same as b	same as b	same as b	same as b	same as b	same as b	same as b	same as b	same as b	cm in
d - body length from armpit*	37.5 15	37.5 15	37.5 15	37.5 15	37.5 15	37.5 15	37.5 15	37.5 15	37.5 15	cm in
e - body length*	57 22¾	57.5 23	59 23½	59.5 23¾	60.5 24¼	61 24½	62.5 25	63 25¼	64 25½	cm in
f - sleeve length*	13.5 5¼	13.5 5¼	13.5 5¼	13.5 5¼	13.5 5¼	13.5 5¼	13.5 5¼	13.5 5¼	13.5 5¼	cm in
g - upper arm circumference	37 14½	38 15	41 16½	42 16¾	44.5 17¾	45.5 18¼	48 19½	49 19¾	50 20¼	cm in

*body and sleeve length are easily adjustable

PATTERN

ABBREVIATIONS:

[...] repeat instructions in [brackets] as often as indicated after bracket

tutorial for 3-st and 12-st cables:

<https://youtu.be/DJum1T5CGDI>

3-st LPC (cable made with 3 sts, leaning to the left):

slip 2 stitches to cable needle and hold to **front**, p1, then k2 from cable needle

3-st RPC (cable made with 3 sts, leaning to the right):

slip 1 stitch to cable needle and hold to **back**, k2, then p1 from cable needle

12-st LPC (cable made with 12 sts, leaning to the left):

slip 6 stitches to cable needle and hold to **front**, k2, p2, k2, then k2, p2, k2 from cable needle

12-st RPC (cable made with 12 sts, leaning to the right):

slip 6 stitches to cable needle and hold to **back**, k2, p2, k2, then k2, p2, k2 from cable needle

BORm: Beginning-of-Round marker

dec: decrease(s)

DS: double stitch (see techniques German Short Rows)

GSR: German Short Rows (see techniques)

inc: increase(s)

k: knit

k2tog: (decrease leaning to the right) knit two stitches together

k3tog: (double decrease leaning to the right) knit three stitches together

LH: left hand

m: marker

tutorials for M1R, M1L, M1RP, M1LP:

<https://youtu.be/1w9Ox4ILOQA>

M1R (Make one (1) stitch leaning to the **Right** on the RS): Insert the LH needle under the thread between two stitches from the back and knit through the front loop.

M1L (Make one (1) stitch leaning to the **Left** on the RS): Insert the LH needle under the thread between two stitches from the front and knit through the back loop.

M1LP (Make one (1) stitch leaning to the **Left** on the WS): Insert the LH needle under the thread between two stitches from the front and purl through the back loop.

M1RP (Make one (1) stitch leaning to the **Right** on the WS): Insert the LH needle under the thread between two stitches from the back and purl through the front loop.

p: purl

p2tog: purl two stitches together

r: row/rows

rd/rds: round/rounds

RH: right hand

RS: right side of the work

s: slip stitch purlwise

sBORm: slip Beginning-of-Round marker

ssk: (slip, slip, knit): (decrease leaning to the left) slip the first stitch knitwise, slip the second stitch

knitwise, insert the left-hand needle through the front of both slipped stitches from left to right, knit both stitches together through the back loop

sssk: (slip, slip, slip, knit): (double decrease leaning to the left) slip the first stitch knitwise, slip the second stitch knitwise, slip the third stitch knitwise, insert the left-hand needle through the front of all three slipped stitches from left to right, knit three stitches together through the back loop

sm: slip marker

st/sts: stitch/stitches

tbl: through the back loop

w&t: wrap and turn (see techniques)

WS: wrong side of the work

wyf: with yarn in the front

STITCH DEFINITIONS:

stockinette (worked flat):

r1 (RS): k all sts

r2 (WS): p all sts

TECHNIQUES:

provisional cast on with a crochet chain

tutorial: https://youtu.be/B8oy8_vxPIk

picking up stitches from the cast on edge

tutorial: <https://youtu.be/X5OZYr6bKGI>

German Short Rows (GSR)

turning on a knit stitch: turn work, slip the next stitch purlwise with yarn in front, bring yarn up, over the right hand needle and back to pull on the slipped stitch until it slides around to show two legs (DS: double stitch). Later you knit both legs of the double stitch together as if it was a single stitch.

turning on a purl stitch: turn work, bring the yarn to the front, slip the next stitch purlwise with yarn in front, bring yarn up, over the right hand needle and back to pull on the slipped stitch until it slides around to show two legs (DS: double stitch). Later you purl both legs of the double stitch together as if it was a single stitch.

tutorial: <https://youtu.be/La5WcX1OMUE>

Double Twist Loop Cast On

tutorial: <https://youtu.be/tLJhjU6IIIO>

wrap and turn (w&t) short rows

Bring yarn to the front of the work, slip the next stitch purlwise from the left- to the right-hand needle, bring the yarn to the back, slip the stitch purlwise from the right- to the left-hand needle.

The working yarn is now wrapped around the stitch. Turn work and continue according to pattern. When you get to the wrapped stitch, work it like a regular stitch (knit or purl).

tutorial: <https://youtu.be/WXzXBhNmtpo>

knitted cast on

tutorial: <https://youtu.be/jkMhCgZKfTw>

IMPORTANT NOTES:

- Make sure you wash and block your swatch.
- The cable pattern can be worked both as a chart and as a written instruction (see last page).
- Note the difference in repeats' notation:
[k1, p1] 3 times - means you work k1, p1 **3 times in total**

k1, p1 work *to* 3 **more** times - means you work k1, p1 **4 times in total**
- Each chart can be worked flat or in the round, depending on where you are in the pattern.
When working flat:
On the RS rows, read the chart from right to left.
On the WS rows, read the chart from left to right.
When working in the round:
always read the chart from right to left
- **work as set** means you work the stitches as established, following the charts and stitch pattern at both edges (double stockinette st or knit/purl edge sts)
- When you pick up 5 stitches out of 7 rows, you first pick up 3 stitches out of 4 rows and then 2 stitches out of 3 rows.

tutorial: <https://youtu.be/X5OZYr6bKGI>

CONSTRUCTION NOTES:

The tee is worked top-down, and has a modified drop-shoulder construction. It also features a so-called European shoulder seam, which sits back from the natural shoulder line.

- First, make a cable-stripe.
- Pick up stitches for the back out of the cable-stripe, and work the back flat, shaping shoulders with short rows, and armholes with increases.
- Pick up stitches from the cable-stripe, and work the left and the right front flat, separately. Shape the V-neck at the front with increases. No extra finishing at the V-neck is necessary, because you work the edges with a double stockinette stitch. At the bottom of the V-neck, join both fronts.
- At the base of the armhole, join the front and the back and work the body in the round, finishing with an I-cord.
- Pick up stitches for sleeves and work them in the round, finishing with an I-cord.

QR codes for TUTORIALS

**provisional
cast on**



cables



**picking up sts
from cast on edge**



**German Short
Rows**



**M1R, M1L,
M1RP, M1LP**



**Double Twist
Loop Cast On**



knitted cast on



I-cord grafting



wrap & turn

CABLE-STRIPE

First, you make a cable-stripe. At first, you will work double stockinette stitch at one edge (edge A) (this means RS: k1, s1 wyf, k1; WS: s1 wyf, k1, s1 wyf). At the other edge (edge B) you will knit or purl all edge stitches. Later, you will knit or purl all edge stitches at both edges. **Edge stitches are 3 stitches at each edge.** NOTE: the final measurements of the cable-stripe are stated on page 7 (right column).

With a provisional cast on (see techniques), cast 26 sts onto the **main needle**.

Work the cable-stripe, starting with a RS row:

r1 (RS): k3 (=edge B),
[p2, k2] twice, p4, [k2, p2] twice,
k1, s1 wyf, k1 (=edge A/double stockinette)

r2 (WS): s1 wyf, k1, s1 wyf,
[k2, p2] twice, k4, [p2, k2] twice, **p3**

r3-4: work r1-2 once more

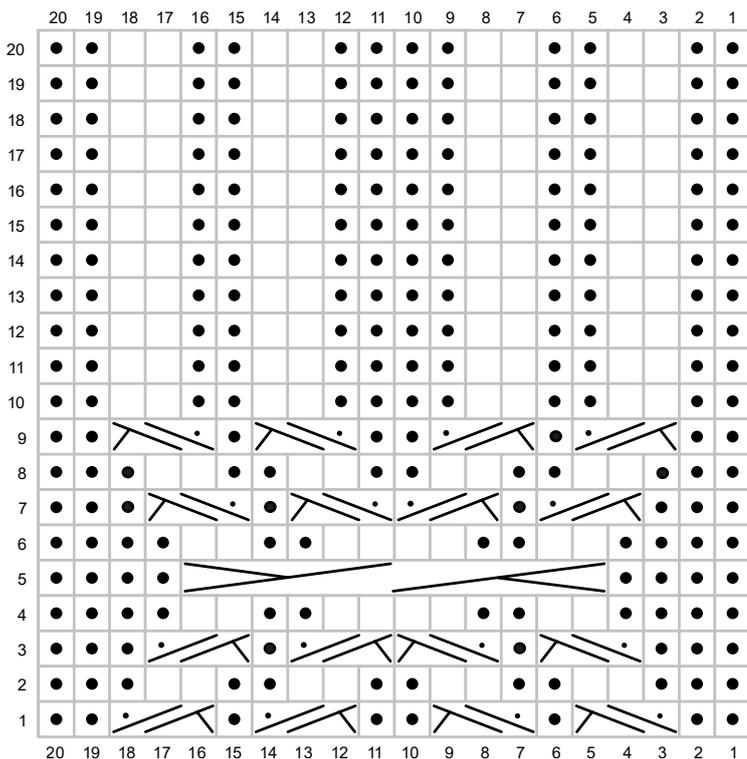
r5 (RS): work r1 once more

r6 (WS): s1 wyf, k1, s1 wyf, **place m,**
work as set to 3 sts before end, **place m, p3**

In the next part you will follow **chart A** between markers (starting with r1) and continue double stockinette stitch at edge A and work all edge stitches at edge B.

CHART A

When working **flat**, RS rows: read the chart from right to left, WS rows: read the chart from left to right. When working **in the round**, always read the chart from right to left.



Work:

r1 (RS): k3, sm, work chart A to m (over 20 sts), sm, k1, s1 wyf, k1

r2 (WS): s1 wyf, k1, s1 wyf, sm, work chart A to m (over 20 sts), sm, p3

size 1 (- / - / - / -) (- / - / - / -) only

r3-14: work as set (continue chart A)

Place a removable marker (m1) directly in the fabric at edge A (see schematic 2 on p.6)

In the next part you will continue following **chart A** between markers and **knit or purl edge stitches at both edges** (edge A and edge B).

r15 (RS): k3, sm, work chart A to m, sm, **k3**

r16 (WS): p3, sm, work chart A to m, sm, **p3**

r17-20: work as set (continue chart A)

Go to instructions for ALL sizes.

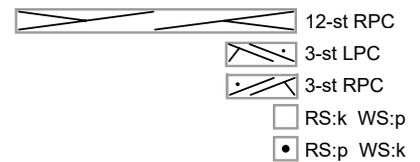
size - (2 / 3 / 4 / 5) (- / - / - / -) only

r3-20: work as set (continue chart A)

Place a removable marker (m1) directly in the fabric at edge A (see schematic 2 on p.6)

Go to instructions for ALL sizes.

repeat



size - (- / - / - / -) (6 / 7 / 8 / 9) only

r3-20: work as set (continue chart A)

r1-2: work as set (starting chart A with r1)

Place a removable marker (m1) directly in the fabric at edge A (see schematic 2 below)

*In the next part you will continue following **chart A** between markers and **knit or purl edge stitches at both edges** (edge A and edge B).*

r3 (RS): k3, sm, work chart A to m, sm, **k3**

r4 (WS): p3, sm, work chart A to m, sm, **p3**

r5-20: work as set (continue chart A)

Go to instructions for ALL sizes.

ALL sizes

*In the next part you will follow **chart A** between markers (starting with r1) and **knit or purl edge stitches at both edges** (edge A and edge B).*

r1 (RS): k3, sm, work chart A to m, sm, **k3**

r2 (WS): p3, sm, work chart A to m, sm, **p3**

r3-20: work as set (continue chart A)

Work **r1-20** 1 (1 / 1 / 1 / 1) (0 / 0 / 0 / 0) more time(s).

*In the next part you will work only a part of **chart A**, depending on your size.*

size 1 (- / - / - / -) (- / - / - / -) only

Work **r1-4** once more.

Go to instructions for ALL sizes.

size - (2 / 3 / - / -) (- / - / - / -) only

Work **r1-8** once more.

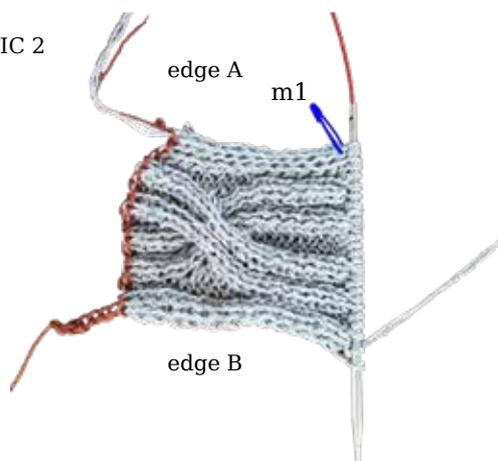
Go to instructions for ALL sizes.

size - (- / - / 4 / 5) (- / - / - / -) only

Work **r1-10** once more.

Go to instructions for ALL sizes.

SCHEMATIC 2



size - (- / - / - / -) (6 / 7 / - / -) only

Work **r1-16** once more.

Go to instructions for ALL sizes.

size - (- / - / - / -) (- / - / 8 / 9) only

Work **r1-20** once more.

Go to instructions for ALL sizes.

ALL sizes

NOTE:

size:	1	2	3	4	5	6	7	8	9
ends on row:	r4	r8	r8	r10	r10	r16	r16	r20	r20

Put live sts onto a stitch holder or waste yarn. Cut the thread. Keep m1 in the fabric. Remove other markers.

With a new thread and RS facing, pick up 26 sts from the provisional cast on (see techniques) and work the cable-stripe in the other direction, starting with a WS row:

r1 (WS): p3 (=edge B),

[k2, p2] twice, k4, [p2, k2] twice,

s1 wyf, k1, s1 wyf (=edge A)

r2 (RS): k1, s1 wyf, k1,

[p2, k2] twice, p4, [k2, p2] twice, **k3**

r3-6 (4 rows): work **r1-2** twice more

r7 (WS): p3, place m,

work as set to 3 last sts, **place m**, s1 wyf, k1, s1 wyf

*In the next part you will follow **chart A** between markers (starting with r1) and continue double stockinette stitch at edge A and work all edge stitches at edge B.*

Work:

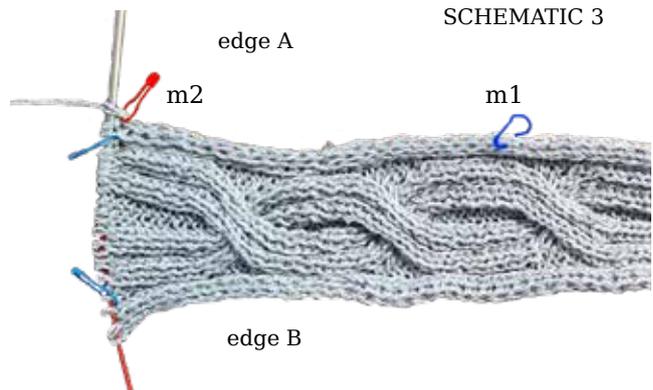
r1 (RS): k1, s1 wyf, k1, sm,

work chart A to m (over 20 sts), sm, **k3**

r2 (WS): p3, sm, work chart A to m (over 20 sts), sm,

s1 wyf, k1, s1 wyf

SCHEMATIC 3



size 1 (- / - / -) (- / - / -) only

r3-14: work as set (continue chart A)

Place a removable marker (m2) directly in the fabric at edge A (see schematic 3 on p.6)

*In the next part you will continue following **chart A** between markers and **knit or purl edge stitches at both edges** (edge A and edge B).*

r15 (RS): k3, sm, work chart A to m, sm, k3

r16 (WS): p3, sm, work chart A to m, sm, p3

r17-20: work as set (continue chart A)

Go to instructions for ALL sizes.

size - (2 / 3 / 4 / 5) (- / - / -) only

r3-20: work as set (continue chart A)

Place a removable marker (m2) directly in the fabric at edge A (see schematic 3 on p.6)
Go to instructions for ALL sizes.

size - (6 / 7 / 8 / 9) (- / - / -) only

r3-20: work as set (continue chart A)

r1-2: work as set (starting chart A with r1)

Place a removable marker (m2) directly in the fabric at edge A (see schematic 3 on p.6)

*In the next part you will continue following **chart A** between markers and **knit or purl edge stitches at both edges** (edge A and edge B).*

r3 (RS): k3, sm, work chart A to m, sm, k3

r4 (WS): p3, sm, work chart A to m, sm, p3

r5-20: work as set (continue chart A)

Go to instructions for ALL sizes.

ALL sizes

*In the next part you will follow **chart A** between markers (starting with r1) and **knit or purl edge stitches at both edges** (edge A and edge B).*

r1 (RS): k3, sm, work chart A to m, sm, k3

r2 (WS): p3, sm, work chart A to m, sm, p3

r3-20: work as set (continue chart A)

Work **r1-20** 1 (1 / 1 / 1 / 1) (0 / 0 / 0 / 0) more time(s).

*In the next part you will work only a part of **chart A**, depending on your size. You will end with the row listed in the table below (same as when working in the other direction):*

size:	1	2	3	4	5	6	7	8	9
ends on row:	r4	r8	r8	r10	r10	r16	r16	r20	r20

Put live sts onto a stitch holder or waste yarn. Cut the thread. Keep m1, and m2 in the fabric. Remove other markers.

The cable-stripe is approx. 8 cm / 3¼ in wide and 50 (53 / 53 / 55 / 55) (59.5 / 59.5 / 62.5 / 62.5) cm / 20 (21 / 21 / 22 / 22) (23¾ / 23¾ / 25 / 25) in long.

Both halves of the cable-stripe should be the same length. 12-st cable was worked 6 (8 / 8 / 8 / 8) (8 / 8 / 8 / 8) times.

BACK

With the **smaller needle**, new thread and RS facing, evenly pick up 100 (106 / 106 / 108 / 108) (116 / 116 / 122 / 122) sts alongside edge B of the cable-stripe (approx. 5 sts out of each 7 rows, see important notes and schematic 4 below). Switch to the **main needle**.

Work:

next-r (WS): p35 (35 / 35 / 36 / 36) (39 / 39 / 41 / 41), **place m3**,

p30 (36 / 36 / 36 / 36) (38 / 38 / 40 / 40), **place m4**, p to end (see schematic 4)

In the next part you will shape the back with German Short Rows.

Work:

r1 (RS): [k to m, sm] twice, k1, turn

r2 (WS): DS, **remove m3**, p to m, **remove m4**, p1, turn

r3 (RS): DS, k to DS, k 2 legs of DS tog, k3, turn

r4 (WS): DS, p to DS, p 2 legs of DS tog, p3, turn

Work **r3-4** 8 (8 / 8 / 8 / 8) (9 / 9 / 9 / 9) more times.

next-r (RS): DS, k to DS, k 2 legs of DS tog, k to end

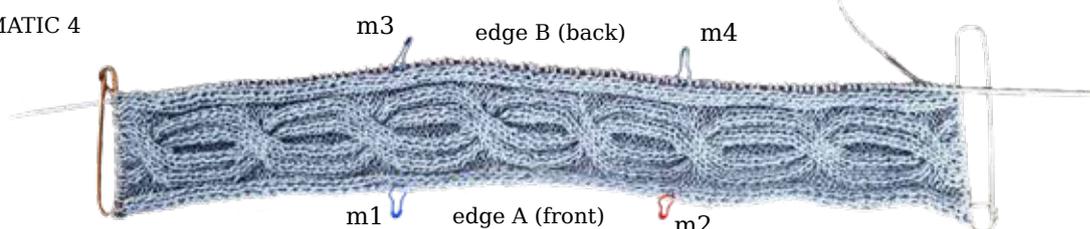
next-r (WS): p to DS, p 2 legs of DS tog, p to end

End of short rows.

Work 20 (22 / 22 / 22 / 22) (22 / 22 / 22 / 22) rows in stockinette, ending with WS row.

(always knit the first and the last st at the RS and purl them at the WS).

SCHEMATIC 4



size 1 (2/ -/ -/ -) (-/ -/ -/ -) only

You have 100 (106/ -/ -/ -) (-/ -/ -/ -) sts for the back.
Go to instructions for ALL sizes.

size - (-/ 3/ -/ -) (-/ -/ -/ -) only

In the next part you will add increases for armholes in r1.

Work:

r1 (RS): k2, **M1L**, k to 2 last sts, **M1R**, k2 (2 inc)
r2 (WS): p all sts

You have - (-/ 108/ -/ -) (-/ -/ -/ -) sts for the back.
Go to instructions for ALL sizes.

size - (-/ -/ 4/ 5) (6/ 7/ 8/ 9) only

In the next part you will add increases for armholes in each row (RS and WS).

Work:

r1 (RS): k2, **M1L**, k to 2 last sts, **M1R**, k2 (2 inc)
r2 (WS): p2, **M1RP**, p to 2 last sts, **M1LP**, p2 (2 inc)

Work r1-2 - (-/ -/ 1/ 1) (1/ 2/ 2/ 3) more time(s).
(- (-/ -/ 4/ 4) (4/ 8/ 8/ 12) inc)

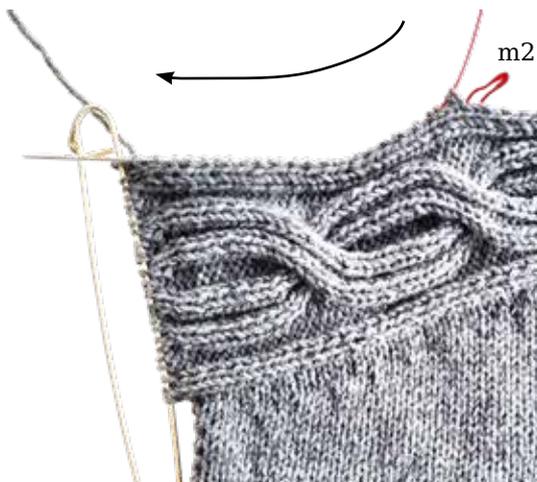
You have - (-/ -/ 116/ 116) (124/ 128/ 134/ 138) sts for the back.
Go to instructions for ALL sizes.

ALL sizes

Cut the thread. Place live sts onto a spare cable or waste yarn.

You have 100 (106/ 108/ 116/ 116) (124/ 128/ 134/ 138) sts for the back.

SCHEMATIC 5

**FRONT****LEFT front**

With the **smaller needle**, a new thread and the RS facing, evenly pick up 35 (35/ 35/ 36/ 36) (39/ 39/ 41/ 41) sts (approx. 5 sts out of each 7 rows) alongside edge A of the cable-stripe, starting at m2, ending at the stitch holder (see schematic 5). Remove m2. Switch to the **main needle**.

Work (starting with a WS row):

r1 (WS): p12 (12/ 12/ 13/ 13) (16/ 16/ 18/ 18), **place m**, [k2, p2] twice, k4, [p2, k2] twice, **place m**, s1 wyf, k1, s1 wyf

r2 (RS): k1, s1 wyf, k1, sm, [p2, k2] twice, p4, [k2, p2] twice, sm, k to end
r3 (WS): p to m, sm, [k2, p2] twice, k4, [p2, k2] twice, sm, s1 wyf, k1, s1 wyf

Work r2-3 6 (5/ 5/ 6/ 6) (7/ 7/ 7/ 7) more times.

In the next part you will add increases for the V-neck. *NOTE: Increases are made after the wide cable-stripe. Its width stays the same throughout. Therefore at the beginning, it looks like increases are being worked at the armhole.*

Work:

r1 (RS): k1, s1 wyf, k1, sm, work as set to m, sm, k2, **M1L**, k to end (1 inc)

r2 (WS): p to m, sm, work as set to m, sm, s1 wyf, k1, s1 wyf

Work r1-2 4 (7/ 7/ 7/ 7) (8/ 8/ 9/ 9) more times
(4 (7/ 7/ 7/ 7) (8/ 8/ 9/ 9) inc)

You have 40 (43/ 43/ 44/ 44) (48/ 48/ 51/ 51) sts for the left front.

In the next part you will follow **chart A** between markers (starting with r1), and continue adding increases for V-neck (in RS rows).

Work:

r1 (RS): k1, s1 wyf, k1, sm, work chart A to m (over 20 sts), sm, k2, **M1L**, k to end (1 inc)

r2 (WS): p to m, sm, work chart A to m (over 20 sts), sm, s1 wyf, k1, s1 wyf

r3-20: work r1-2 9 more times, continue chart A to the end (9 inc)

Work r1-16 once more (8 inc). End on WS row.

You have 58 (61/ 61/ 62/ 62) (66/ 66/ 69/ 69) sts for the left front.

Cut the thread. Place live sts onto a spare cable or waste yarn.

RIGHT front

With the **smaller needle**, a new thread and the RS facing, evenly pick up 35 (35/ 35/ 36/ 36) (39/ 39/ 41/ 41) sts (approx. 5 sts out of each 7 rows) alongside edge A of the cable-stripe, starting at the stitch holder, ending at m1 (see schematic 6). Remove m1. Switch to the **main needle**.

Work (starting with WS row):

r1 (WS): s1 wyf, k1, s1 wyf, **place m**, [k2, p2] twice, k4, [p2, k2] twice, **place m**, p to end

r2 (RS): k to m, sm, [p2, k2] twice, p4, [k2, p2] twice, sm, k1, s1 wyf, k1

r3 (WS): s1 wyf, k1, s1 wyf, sm, [k2, p2] twice, k4, [p2, k2] twice, sm, p to end

Work r2-3 6 (5/ 5/ 6/ 6) (7/ 7/ 7/ 7) more times.

In the next part you will add increases for the V-neck. NOTE: Increases are made before the wide cable-stripe. Its width stays the same throughout. Therefore at the beginning, it looks like increases are being worked at the armhole.

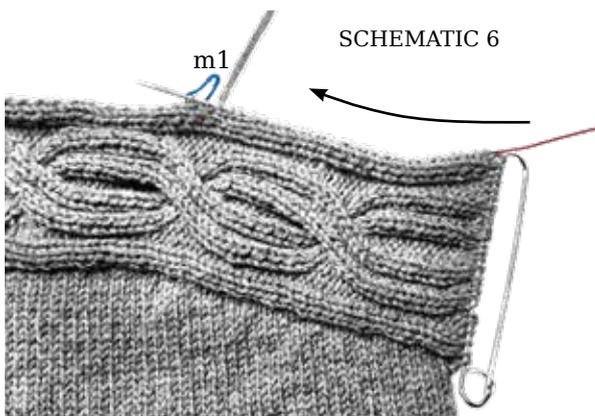
Work:

r1 (RS): k to 2 sts before m, **M1R**, k2, sm, work as set, sm, k1, s1 wyf, k1 (1 inc)

r2 (WS): s1 wyf, k1, s1 wyf, sm, work as set, sm, p to end

Work r1-2 4 (7/ 7/ 7/ 7) (8/ 8/ 9/ 9) more times. (4 (7/ 7/ 7/ 7) (8/ 8/ 9/ 9) inc)

You have 40 (43/ 43/ 44/ 44) (48/ 48/ 51/ 51) sts for the right front.



*In the next part you will follow **chart A** between markers (starting with r1), and continue adding increases for V-neck (in RS rows).*

Work:

r1 (RS): k to 2 sts before m, **M1R**, k2, sm, work chart A to m (over 20 sts), sm, k1, s1 wyf, k1 (1 inc)

r2 (WS): s1 wyf, k1, s1 wyf, sm, work chart A to m (over 20 sts), sm, p to end

r3-20: work r1-2 9 more times, continue chart A to the end (9 inc)

Work r1-16 once more (8 inc). End on WS row. Don't cut the thread.

You have 58 (61/ 61/ 62/ 62) (66/ 66/ 69/ 69) sts for the right front.

In the next part you will JOIN both fronts.

Place the left front stitches onto the main needle behind the right front stitches, so the cable-stripes are next to each other.

Work:

r1 (RS):

- work across the **right front**: k to 2 sts before m, **M1R**, k2, sm, [p2, k2] twice, p4, [k2, p2] twice, **remove m**, **sssk** (2 dec, 1 inc)
- with the same thread work across the **left front**: **k3tog**, **remove m**, [p2, k2] twice, p4, [k2, p2] twice, sm, k2, **M1L**, k to end (2 dec, 1 inc)

You have 114 (120/ 120/ 122/ 122) (130/ 130/ 136/ 136) sts for the front.

r2 (WS): p to m, sm, [k2, p2] twice, k4, [p2, k2] twice, p2, [k2, p2] twice, k4, [p2, k2] twice, sm, p to end

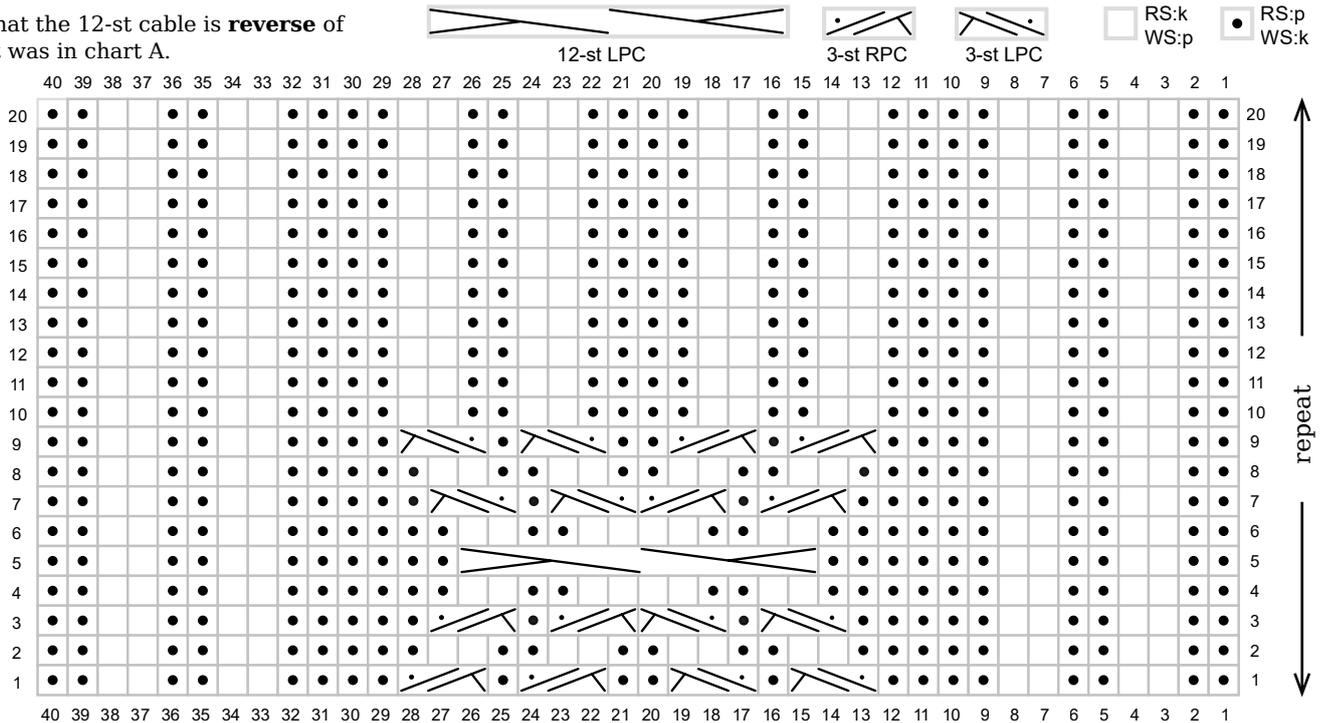
r3 (RS): k to 2 sts before m, **M1R**, k2, sm, [p2, k2] twice, p4, k2, p2, k2, p1, **[p2tog] twice**, p1, k2, p2, k2, p4, [k2, p2] twice, sm, k2, **M1L**, k to end (2 dec, 2 inc)

r4 (WS): p to m, sm, [k2, p2] twice, k4, [p2, k2, p2, k4] twice, [p2, k2] twice, sm, p to end

CHART B

When working **flat**, RS rows: read the chart from right to left, WS rows: read the chart from left to right.
When working **in the round**, always read the chart from right to left.

Note that the 12-st cable is **reverse** of what it was in chart A.



size 1 (2/ -/ -/ -) (-/ -/ -/ -) only

In the next part you will follow **chart B** between markers (starting with r1).

Important: in chart B the 12-st cable is leaning to the left (12-st LPC), and is **reverse** of what it was in chart A.

Work:

r1 (RS): k to m, sm,
work chart B to m (over 40 sts), sm, k to end

r2 (WS): p to m, sm,
work chart B to m (over 40 sts), sm, p to end

Work r1-2 1 (0/ -/ -/ -) (-/ -/ -/ -) more time(s).

You have 114 (120/ -/ -/ -) (-/ -/ -/ -) sts for the front.
Go to instructions for ALL sizes.

size - (-/ 3/ -/ -) (-/ -/ -/ -) only

In the next part you will follow **chart B** between markers (starting with r1).

Important: in chart B the 12-st cable is leaning to the left (12-st LPC), and is **reverse** of what it was in chart A.

Work:

r1 (RS): k to m, sm,
work chart B to m (over 40 sts), sm, k to end

r2 (WS): p to m, sm,
work chart B to m (over 40 sts), sm, p to end

In the next part you will add increases for armholes in r3. Continue **chart B** between markers.

Work:

r3 (RS): k2, **M1L**, k to m, sm,
continue chart B to m (over 40 sts), sm,
k to 2 last sts, **M1R**, k2 (2 inc)

r4 (WS): p to m, sm,
continue chart B to m (over 40 sts), sm, p to end

You have - (-/ 122/ -/ -) (-/ -/ -/ -) sts for the front.
Go to instructions for ALL sizes.

size - (-/ -/ 4/ 5) (6/ 7/ 8/ 9) only

In the next part you will add increases for armholes in each row (RS and WS). Follow **chart B** between markers (starting with r1).

Important: in chart B the 12-st cable is leaning to the left (12-st LPC), and is **reverse** of what it was in chart A.

Work:

r1 (RS): k2, **M1L**, k to m, sm,
work chart B to m (over 40 sts), sm,
k to 2 last sts, **M1R**, k2 (2 inc)

r2 (WS): p2, **M1RP**, p to m, sm,
work chart B to m (over 40 sts), sm,
p to 2 last sts, **M1LP**, p2 (2 inc)

Work r1-2 - (-/ -/ 1/ 1) (1/ 2/ 2/ 3) more time(s).
(- (-/ -/ 4/ 4) (4/ 8/ 8/ 12) inc)

You have - (-/ -/ 130/ 130) (138/ 142/ 148/ 152) sts for the front.
Go to instructions for ALL sizes.

ALL sizes

In the next part you will *JOIN* the back and front.

Place the back stitches onto the main needle behind the front stitches.

- Work across the **front**: k to m, sm, work chart B as set (depending on your size, see note/table below) to m (over 40 sts), sm, k to end **Important**: in chart B the 12-st cable is leaning to the left (12-st LPC), and is **reverse** of what it was in chart A.

NOTE:

size:	1	2	3	4	5	6	7	8	9
starts on row:	r5	r3	r5	r5	r5	r5	r7	r7	r9

- with a *Double Twist Loop Cast On* (see techniques) cast 0 (0/ 4/ 2/ 8) (6/ 10/ 10/ 12) sts onto the RH needle
- with the same thread work across the **back**: k all sts
- with a *Double Twist Loop Cast On* cast 0 (0/ 4/ 2/ 8) (6/ 10/ 10/ 12) sts onto the RH needle
- place BORM.**

You have 214 (226/ 238/ 250/ 262) (274/ 290/ 302/ 314) sts for the body.

BODY

NOTE: From now on you will work **chart B in the round.**

size:	1	2	3	4	5	6	7	8	9
starts on round:	rd6	rd4	rd6	rd6	rd6	rd6	rd8	rd8	rd10

Work:

all-rds: k to m, sm, work chart B as set (depending on your size, see the note and table above) to m (over 40 sts), sm, k to BORM, sBORM

Continue as set until you work 12-st cable (12-st LPC) in the middle of the front 3 times in total (this means 3 chart B repeats).

After that you continue as set, but working only rd10-20 of chart B (without cabling) until the body measures 36.5 cm / 14½ in or 1 cm / ½ in less than the desired length measured from the armpit.

Switch to the **smaller needle** and work:

next-rd: k to m, **remove m**, [p2tog, k2] twice, ***[p2tog] twice**, k2, **p2tog**, k2*, work *to* twice more, **p2tog**, **remove m**, k to BORM, **remove BORM** (12 dec)

You have 202 (214/ 226/ 238/ 250) (262/ 278/ 290/ 302) sts for the I-cord.

Next you bind off with an I-cord, incorporating some decreases. You make a decrease row every 4th row (you always repeat: 3 basic rows, 1 decrease row). Basic rows consist only of 4 first sts, decrease rows consist of 5 sts.

tutorial I-cord bind off: <https://youtu.be/JE6E1zXQPEI>

With the RS facing, use *knitted cast on* to cast 3 sts onto the LH needle.

Work:

r1-3 (basic-r): k2, **k2tog tbl**, slip 3 sts from RH needle onto LH needle

r4 (decrease-r): k2, **k3tog tbl**, slip 3 sts from RH needle onto LH needle

Work **r1-4** until you have 2 (4/ 1/ 3/ 0) (2/ 3/ 0/ 2) body-st(s) left. Work basic-r to end.

Graft live stitches to the cast on edge.

tutorial: <https://youtu.be/10uwEuJQrCE>

SLEEVE**LEFT sleeve**

With the **smaller needle**, new thread and the RS facing, work across the front edge first, starting in the middle of the armpit (see schematic 7 on p.12) and:

- pick up 0 (0/ 2/ 1/ 4) (3/ 5/ 5/ 6) sts out of the cast on edge (A)
- pick up 35 (36/ 38/ 39/ 39) (43/ 44/ 45/ 46) sts with the frequency of 5 sts out of each 7 rows (B)
- place m**
- pick up 10 sts with the frequency of 1 st out of each 2 rows (you pick up 10 sts out of the last 20 rows of the front) (C)

Continue across the back edge as follows:

- work the sts from the holder: k3, **place m**, work chart A as set (depending on your size, see the note and table below) over 20 sts, **place m**, k3 (D)

NOTE: From this place onwards you will work **chart A in the round.**

size:	1	2	3	4	5	6	7	8	9
starts on round:	rd5	rd9	rd9	rd11	rd11	rd17	rd17	rd1	rd1

- pick up 16 (17/ 18/ 20/ 20) (20/ 22/ 22/ 23) sts with the frequency of 5 sts out of each 7 rows (E)
- pick up 0 (0/ 2/ 1/ 4) (3/ 5/ 5/ 6) sts out of the cast on edge (F)
- place BORM**

You have 87 (89/ 96/ 97/ 103) (105/ 112/ 113/ 117) sts for the left sleeve.

Switch to the **main needle**.

In the next part you will continue **chart A** between markers.

Work:

rd1: [k to m, sm] twice,
work chart A as set to m (over 20 sts) (depending on the size), sm, k to BORm, sBORm

Work **rd1** 4 (0/ 0/ 0/ 0) (0/ 0/ 0/ 0) more time(s).

In the next part you will work some short rows for a better fit of the sleeve. To make sure the turning point is as invisible as possible, you will work w&t when turning on the purl stitches at the RS within the cable-stripe, and GSR when turning on the purl stitches at the WS. At the same time you will make some decreases in RS rows.

Work:

r1 (RS): k to m, sm, k to 3 sts before m, **k2tog**, k1, sm, w&t (1 dec)

r2 (WS): sm, p to m, **remove m**, p2, turn

r3 (RS): DS, k to 3 sts before m, **k2tog**, k1, sm, p2, k2, w&t (1 dec)

r4 (WS): p2, k2, sm, p to DS, p 2 legs of DS tog, p3, turn

r5 (RS): DS, k to 3 sts before m, **k2tog**, k1, sm, [p2, k2] twice, w&t (1 dec)

r6 (WS): [p2, k2] twice, sm,
p to DS, p 2 legs of DS tog, p3, turn

r7 (RS): DS, k to 3 sts before m, **k2tog**, k1, sm, [p2, k2] twice, p2, w&t (1 dec)

r8 (WS): k2, [p2, k2] twice, sm,
p to DS, p 2 legs of DS tog, p3, turn

r9 (RS): DS, k to 3 sts before m, **k2tog**, k1, sm, [p2, k2] twice, p4, k2, w&t (1 dec)

r10 (WS): p2, k4, [p2, k2] twice, sm,
p to DS, p 2 legs of DS tog, p3, turn

r11 (RS): DS, k to 3 sts before m, **k2tog**, k1, sm, [p2, k2] twice, p4, k2, p2, k2, w&t (1 dec)

r12 (WS): p2, k2, p2, k4, [p2, k2] twice, sm,
p to DS, p 2 legs of DS tog, p3, turn

next-r (RS): DS, k to m, sm, work as set to m, sm, k to BORm, sBORm

next-rd: k to DS, k 2 legs of DS tog, k to m, sm, work as set to m, sm, k to BORm, sBORm

End of short rows.

You have 81 (83/ 90/ 91/ 97) (99/ 106/ 107/ 111) sts for the left sleeve.

Continue in the round as set, but working only rd10-20 of chart A (without cabling) until the sleeve measures 12.5 cm / 5¼ or 1 cm / ½ in less than the desired length, measured at the bottom of the sleeve, from the armpit.

In the next part you will add some decreases.

Switch to the **smaller needle** and work:

next-rd: k to m, **remove m**,
[p2tog, k2] twice, [p2tog] twice,
[k2, p2tog] twice, **remove m**,
k to BORm, **remove BORm** (6 dec)

You have 75 (77/ 84/ 85/ 91) (93/ 100/ 101/ 105) sts for the I-cord.

Next you bind off with an I-cord, incorporating some decreases. You make a decrease row every 4th row (you always repeat: 3 basic rows, 1 decrease row).

With the RS facing, use *knitted cast on* to cast 3 sts onto the LH needle.

Work:

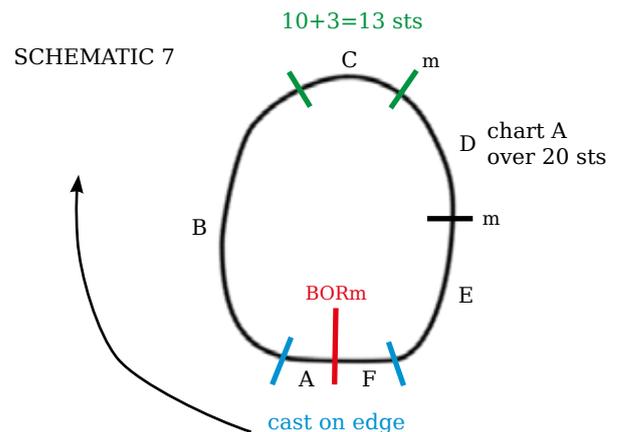
r1-3 (basic-r): k2, **k2tog tbl**,
slip 3 sts from RH needle onto LH needle

r4 (decrease-r): k2, **k3tog tbl**,
slip 3 sts from RH needle onto LH needle

Work **r1-4** until you have 0 (2/ 4/ 0/ 1) (3/ 0/ 1/ 0) sleeve-st(s) left. Work basic-r to end.

Graft live stitches to the cast on edge.

tutorial: <https://youtu.be/10uwEuJOrCE>



RIGHT sleeve

With the **smaller needle**, new thread and the RS facing work across the back edge first, starting in the middle of the armpit (see schematic 8) and:

- pick up 0 (0/ 2/ 1/ 4) (3/ 5/ 5/ 6) sts out of the cast on edge (F)
- pick up 16 (17/ 18/ 20/ 20) (20/ 22/ 22/ 23) sts with the frequency of 5 sts out of each 7 rows (E)
- work the sts from the holder: k3, **place m**, work chart A as set (depending on your size) over 20 sts, **place m**, k3 (D)

NOTE: From this place onwards you will work **chart A in the round**.

size:	1	2	3	4	5	6	7	8	9
starts on round:	rd5	rd9	rd9	rd11	rd11	rd17	rd17	rd1	rd1

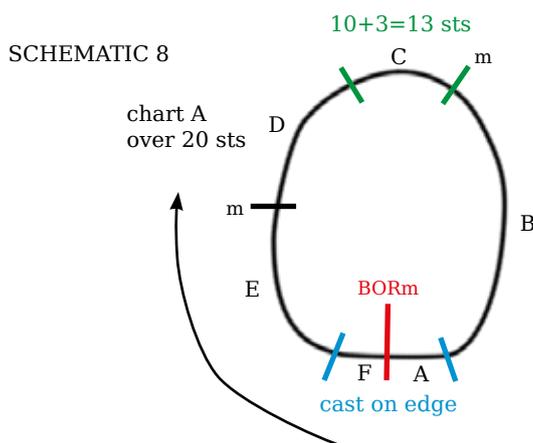
Continue across the front edge:

- pick up 10 sts with the frequency of 1 st out of each 2 rows (you pick up 10 sts out of the first 20 rows of the front) (C)
- place m**
- pick up 35 (36/ 38/ 39/ 39) (43/ 44/ 45/ 46) sts with the frequency of 5 sts out of each 7 rows (B)
- pick up 0 (0/ 2/ 1/ 4) (3/ 5/ 5/ 6) sts out of the cast on edge (A)
- place BORm**

You have 87 (89/ 96/ 97/ 103) (105/ 112/ 113/ 117) sts for the right sleeve.

Switch to the **main needle**.

In the next part you will follow **chart A** between markers.



Work:

rd1: k to m, sm, work chart A as set to m (over 20 sts), (depending on the size), sm, k to m, sm, k to BORm, sBORm

Work rd1 4 (0/ 0/ 0/ 0) (0/ 0/ 0/ 0) more time(s).

In the next part you will work some short rows for a better fit of the sleeve. To make sure the turning point is as invisible as possible, you will work w&t when turning on the knit stitches at the WS, and GSR when turning on the knit stitches at the RS. At the same time you will make some decreases in RS rows.

Work:

r1 (RS): k to m, sm, work as set to m, sm, k1, **ssk**, k to m, sm, k2, turn (1 dec)

r2 (WS): DS, p to m, **remove m**, p to m, sm, w&t

r3 (RS): sm, k1, **ssk**, k to DS, k 2 legs of DS tog, k3, turn (1 dec)

r4 (WS): DS, p to m, sm, k2, p2, w&t

r5 (RS): k2, p2, sm, k1, **ssk**, k to DS, k 2 legs of DS tog, k3, turn (1 dec)

r6 (WS): DS, p to m, sm, [k2 p2] twice, w&t

r7 (RS): [k2, p2] twice, sm, k1, **ssk**, k to DS, k 2 legs of DS tog, k3, turn (1 dec)

r8 (WS): DS, p to m, sm, [k2, p2] twice, k2, w&t

r9 (RS): p2, [k2, p2] twice, sm, k1, **ssk**, k to DS, k 2 legs of DS tog, k3, turn (1 dec)

r10 (WS): DS, p to m, sm, [k2, p2] twice, k4, p2, w&t

r11 (RS): k2, p4, [k2, p2] twice, sm, k1, **ssk**, k to DS, k 2 legs of DS tog, k3, turn (1 dec)

r12 (WS): DS, p to m, sm, [k2, p2] twice, k4, p2, k2, p2, w&t

next-r (RS): k2, p2, k2, p4, [k2, p2] twice, sm, k to DS, k 2 legs of DS tog, k to BORm, sBORm

next-rd: k to m, sm, work as set to m, sm, k to BORm, sBORm

End of short rows.

You have 81 (83/ 90/ 91/ 97) (99/ 106/ 107/ 111) sts for the right sleeve.

Continue, working in the round, as in instructions for the left sleeve, finishing with an I-cord.

FINISHING

Weave in all the loose ends. Wash the tee and block it to measurements.

YARN ALTERNATIVES

single thread: Line (Sandnes) / Belle (Drops)

double thread: Kinu (ITO)+Tynn Line (Sandnes) / Kinu (ITO)+Pure Silk (Kfo)

WRITTEN INSTRUCTIONS FOR CHARTS

chart A flat

r1 (RS): p2, 3-st LPC, p1, 3-st LPC, p2, 3-st RPC, p1, 3-st RPC, p2

r2 (WS): k3, p2, k2, p2, k2, p2, k2, p2, k3

r3 (RS): p3, 3-st LPC, p1, 3-st LPC, 3-st RPC, p1, 3-st RPC, p3

r4 (WS): k4, p2, k2, p4, k2, p2, k4

r5 (RS): p4, 12-st RPC, p4

r6 (WS): k4, p2, k2, p4, k2, p2, k4

r7 (RS): p3, 3-st RPC, p1, 3-st RPC, 3-st LPC, p1, 3-st LPC, p3

r8 (WS): k3, p2, k2, p2, k2, p2, k2, p2, k3

r9 (RS): p2, 3-st RPC, p1, 3-st RPC, p2, 3-st LPC, p1, 3-st LPC, p2

r10 (WS): k2, p2, k2, p2, k4, p2, k2, p2, k2

r11 (RS): p2, k2, p2, k2, p4, k2, p2, k2, p2

r12 (WS): k2, p2, k2, p2, k4, p2, k2, p2, k2

r13-20 (8 rows): work r11-12 4 more times

chart A in the round

rd1: p2, 3-st LPC, p1, 3-st LPC, p2, 3-st RPC, p1, 3-st RPC, p2

rd2: p3, k2, p2, k2, p2, k2, p2, k2, p3

rd3: p3, 3-st LPC, p1, 3-st LPC, 3-st RPC, p1, 3-st RPC, p3

rd4: p4, k2, p2, k4, p2, k2, p4

rd5: p4, 12-st RPC, p4

rd6: p4, k2, p2, k4, p2, k2, p4

rd7: p3, 3-st RPC, p1, 3-st RPC, 3-st LPC, p1, 3-st LPC, p3

rd8: p3, k2, p2, k2, p2, k2, p2, k2, p3

rd9: p2, 3-st RPC, p1, 3-st RPC, p2, 3-st LPC, p1, 3-st LPC, p2

rd10-20 (11 rds): p2, k2, p2, k2, p4, k2, p2, k2, p2

chart B flat

r1 (RS): p2, k2, p2, k2, p4, 3-st LPC, p1, 3-st LPC, p2, 3-st RPC, p1, 3-st RPC, p4, k2, p2, k2, p2

r2 (WS): k2, p2, k2, p2, k5, p2, k2, p2, k2, p2, k2, p2, k5, p2, k2, p2, k2

r3 (RS): p2, k2, p2, k2, p5, 3-st LPC, p1, 3-st LPC, 3-st RPC, p1, 3-st RPC, p5, k2, p2, k2, p2

r4 (WS): k2, p2, k2, p2, k6, p2, k2, p4, k2, p2, k6, p2, k2, p2, k2

r5 (RS): p2, k2, p2, k2, p6, 12-st LPC, p6, k2, p2, k2, p2

r6 (WS): k2, p2, k2, p2, k6, p2, k2, p4, k2, p2, k6, p2, k2, p2, k2

r7 (RS): p2, k2, p2, k2, p5, 3-st RPC, p1, 3-st RPC, 3-st LPC, p1, 3-st LPC, p5, k2, p2, k2, p2

r8 (WS): k2, p2, k2, p2, k5, p2, k2, p2, k2, p2, k2, p2, k5, p2, k2, p2, k2

r9 (RS): p2, k2, p2, k2, p4, 3-st RPC, p1, 3-st RPC, p2, 3-st LPC, p1, 3-st LPC, p4, k2, p2, k2, p2

r10 (WS): k2, p2, k2, p2, k4, p2, k2, p2, k4, p2, k2, p2, k4, p2, k2, p2, k2

r11 (RS): p2, k2, p2, k2, p4, k2, p2, k2, p4, k2, p2, k2, p4, k2, p2, k2, p2

r12 (WS): k2, p2, k2, p2, k4, p2, k2, p2, k4, p2, k2, p2, k4, p2, k2, p2, k2

r13-20 (8 rows): work r11-12 4 more times

chart B in the round

rd1: p2, k2, p2, k2, p4, 3-st LPC, p1, 3-st LPC, p2, 3-st RPC, p1, 3-st RPC, p4, k2, p2, k2, p2

rd2: p2, k2, p2, k2, p5, k2, p2, k2, p2, k2, p2, k2, p5, k2, p2, k2, p2

rd3: p2, k2, p2, k2, p5, 3-st LPC, p1, 3-st LPC, 3-st RPC, p1, 3-st RPC, p5, k2, p2, k2, p2

rd4: p2, k2, p2, k2, p6, k2, p2, k4, p2, k2, p6, k2, p2, k2, p2

rd5: p2, k2, p2, k2, p6, 12-st LPC, p6, k2, p2, k2, p2

rd6: p2, k2, p2, k2, p6, k2, p2, k4, p2, k2, p6, k2, p2, k2, p2

rd7: p2, k2, p2, k2, p5, 3-st RPC, p1, 3-st RPC, 3-st LPC, p1, 3-st LPC, p5, k2, p2, k2, p2

rd8: p2, k2, p2, k2, p5, k2, p2, k2, p2, k2, p2, k2, p5, k2, p2, k2, p2

rd9: p2, k2, p2, k2, p4, 3-st RPC, p1, 3-st RPC, p2, 3-st LPC, p1, 3-st LPC, p4, k2, p2, k2, p2

rd10-20 (11 rds): p2, k2, p2, k2, p4, k2, p2, k2, p4, k2, p2, k2, p4, k2, p2, k2, p2