

Diamond Aran

Diamond aran sweater

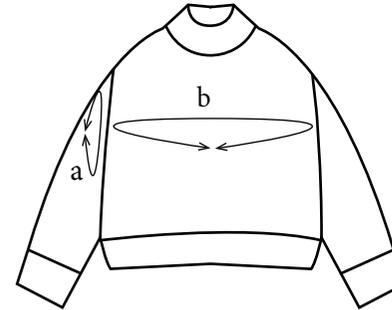


Gauge and Materials

| | |
|---------|---|
| Yarn | CASCADE YARNS Ecological Wool 437 m /250 g 620 (640) 680 (720) 760 (800) g / 1085 (1120) 1190 (1260) 1330 (1400) m Samples / White: Ecrú (8010) Brown: Ebony (8095) *If you choose another yarn, use a DK weight yarn and yardage above as a guide. Before starting to knit the sweater, please make sure to check the gauge. |
| Needles | Circular needles 4.5 mm [US7], 3.5 mm [US4] Cable length: 80 cm [32"], 100 cm, or 120 cm [40" or 47"] |
| Others | Stitch markers, Tapestry needle, Waste yarn |
| Gauge | 18.5 sts × 27 rows = 10 × 10 cm [4 × 4"] in double moss stitches on 4.5 mm [US7] needles. For reference (10 × 10 cm [4 × 4"] / 4.5 mm needles): Stockinette stitches : 18 sts × 24 rows Diamond (center) : 22 sts × 25.5 rows Diamond (shoulders & sleeves) : 23.5 sts × 25.5 rows Wave : 24.5 sts × 25.5 rows *These Aran gauges were measured in sizes XS-L. |

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Sizes (for women)



Size guide

This sweater is designed to have approx. 40 cm [15"] of positive ease.

The recommended bust size range for XS (S) M (L) XL (2XL) is 75-80 (80-85) 85-90 (90-95) 95-105(105-115) cm [29½-31½ (31½-33½) 33½-35½(35½-37½) 37½-41¼ (41¼-45¼)"].

For example, if you measure 83 cm [32¾"] around your bust (or around the widest part on your upper body), size S should work for you.

*Please check the "About Blocking" section on p.2 if you are planning to wash this sweater.

| Finished Measurements | | XS | S | M | L | XL | 2XL |
|------------------------|------------|------------|------------|------------|------------|-----------|------------|
| a (armholes) | cm inch | 40 15¾ | 40 15¾ | 44 17¼ | 44 17¼ | 48 19 | 48 19 |
| b (bust circumference) | cm inch | 118 46½ | 123 48½ | 128 50½ | 133 52½ | 140 55 | 148 58¼ |

How to Check Gauge

18.5 sts × 27 rows = 10 × 10 cm [4 × 4"] in double moss stitches on 4.5 mm [US7] needles.

【How to measure gauge】

Cast on 28 sts with your preferred method.

Work as follows:

row 1 (RS): *K1, P1*, repeat * - * to end of row.

row 2 (WS): Work as row 1

row 3 (RS): *P1, K1*, repeat * - * to end of row.

row 4 (WS): Work as row 3

Repeat rows 1-4 until your swatch measures 12 cm [4¾"] in length and bind off.

Gently steam the swatch on low (without pressing the swatch) and check the gauge.

In this pattern, you count vertically in cm [inch], so as long as the width is correct, you are fine.



=Repeat

| | | | | | |
|---|---|---|---|---|---|
| — | | — | | — | |
| — | | — | | — | |
| | — | | — | | — |
| | — | | — | | — |
| — | | — | | — | |
| — | | — | | — | |

| = Knit on RS, Purl on WS

— = Purl on RS, Knit on WS

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About Blocking

As this sweater features lovely Aran patterns, I personally recommend wearing it without washing. However, if you wish to wash it, please refer to the following.

Blocking the sweater will help the Aran pattern lay flat and give it a softer appearance. Additionally, Ecological wool will slightly expand horizontally when blocked. (Before blocking: 18.5 sts × 27 rows (moss stitch), After blocking: 17.5 sts × 27 rows).

When the sweater was washed, the body circumference increased (for example, size M: before - 128 cm [50½"] after - 133 cm [52½"]). The sleeves will become longer after washing, so it is recommended to finish the sleeves slightly shorter (about -2cm [-¾"]). Because the sweater loses some volume when washed, it may become slightly larger in size. You may choose to knit one size smaller.



Before

After

How to Use This Pattern

This pattern includes instructional videos. It also includes explanations of techniques not mentioned in the pattern, so it is recommended to use both the videos and the pattern.

You can find the videos on my youtube playlist.

<https://www.youtube.com/@hellohyggelife2067>



Abbreviations

| | | |
|----------------------------|------------------------------------|----------------------------------|
| approx. - approximately | P tbl - Purl through the back loop | 2/1 LPC - 2/1 Left Purl Cross |
| BO - Bind off | P2tog - Purl 2 together | 2/1 RPC - 2/1 Right Purl Cross |
| BOR - Beginning of round | PM - Place a marker | 2/2(3/3)LC - 2/2(3/3) Left Cross |
| K - Knit | RS - Right side | 2/1 LC - 2/1 Left Cross |
| K2tog - Knit 2 together | st(s) - Stitch(es) | |
| MDS - Make a double stitch | WS - Wrong side | |
| P - Purl | | |

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How to Use Charts

The charts for the Aran patterns can be found at the end of this pattern. The chart is read from the bottom up and from right to left on right-side (RS) rows. When you're working the wrong side (WS), you don't need to follow the chart, simply continue working as established (knit on knit, purl on purl).

The stitches inside the bolded squares represent the pattern repeats.

If you are unsure about the chart or aran stitches, please take a look at the video.

<https://youtu.be/OE3yI0MrgL4>



2/2(3/3) Left Cross

place 2(3) stitches on cable needle in front of piece, knit 2(3), knit 2(3) from cable needle

Bobble Stitch

knit 1, knit 1 tbl, knit 1 into same stitch (= 3 stitches), work 5 rows stockinette stitch, knit all 3 stitches together = 1 stitch.

Note about Aran and double moss stitches

This sweater has a combination of Aran and double moss stitches. Where specified, please ensure you start on the correct starting stitch (P or K).

Aran stitches

*You can find the videos on my Youtube playlist.

2/1 LPC (=Left Purl Cross)

Slip 2 stitches to the Cable needle and hold in front, purl 1, knit 2 stitches from Cable needle.

2/1 LC (=Left Cross)

Slip 2 stitches to the Cable needle and hold in front, knit 1, knit 2 stitches from Cable needle.

2/1 RPC (=Right Purl Cross)

slip 1 stitches to the cable needle and hold in back, knit 2, purl 1 stitch from cable needle

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[START]



Back yoke *Refer to the video (1 , back yoke)

https://youtu.be/kRR8swN_0uY



< Needles >

4.5 mm [US7] with 80 cm [32"] cable

Cast on 110 (114) 118 (126) 130 (138) sts using your preferred method. Once you have cast on, leave about 10 cm [4"] and break the yarn.

Slip the first 40 (42) 44 (46) 48 (52) sts from the left needle to the right needle.

Then, join a new yarn and start with row 1.

Short rows are worked to shape the shoulder.

Use the German Short Row technique when turning.

row 1 (RS): *K1, P1,* repeat from *-* 30 (30) 30(34) 34 (34) sts, turn.

row 2 (WS): MDS, *P1, K1,* repeat from *-* to 2 sts after the st you started with, turn.

row 3 (RS): MDS, *K1, P1,* repeat from *-* to 2 sts after the last MDS st, turn.

row 4 (WS): MDS, *K1, P1,* repeat from *-* to 2 sts after the last MDS st, turn.

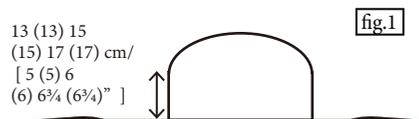
row 5 (RS): MDS, *P1, K1,* repeat from *-* to 2 sts after the last MDS sts, turn.

row 6 (WS): MDS, *P1, K1,* repeat from *-* to 2 sts after the last MDS st, turn.

Repeat rows 3-6 until you reach the end of the side.

After reaching the end of the side, continue in double moss stitch until the piece measures 13 (13) 15 (15) 17 (17) cm [5 (5) 6 (6) 6¾ (6¾)] from cast on sts. (fig.1)

*It's helpful to place a marker on RS to easily distinguish it from WS.



*Note: After reaching the end of the side, you don't need MDS st anymore. Continue working in double moss stitch below:

RS: K on P, P on K.

WS: Work as RS (K on K, P on P).

End with a WS row.

Break the working yarn and leave the sts on waste yarn or a stitch holder.



Left shoulder *Refer to the video (2 , Left shoulder)

<https://youtu.be/zKhbcfcq-o>



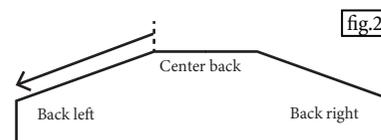
< Needles >

4.5 mm [US7] with 80 cm [32"] cable

With RS facing you, measure yarn 4 times the width of the left shoulder, plus a bit of extra length.

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Use this short end of the yarn to pick up 50 (52) 54 (56) 60 (64) sts along the cast on edge (fig.2).



To obtain the right number of the stitches, pick up 5 sts every 4 sts.

Once you have picked up the sts, pull the needle and start working from the center (neck) of RS.

*By using the short end of the yarn, start row can be worked from the RS.

The next row is row 1 (RS).

Continue working the chart for your size.

Start increases at row 20 (20) 20 (22) 22 (22).

row 20(22) (WS): Cast on 1 new stitch using the backward loop method at the end of this row.

row 21(23) (RS): Knit the cast on stitch and continue working the sts according to the chart.

Repeat these 2 rows a total of 4 times.

There are now a total of 54 (56) 58 (60) 64 (68) sts.

Once you've completed the next WS row (Row 28 (30)), break the yarn and leave the sts on a stitch holder or a yarn.



Right shoulder

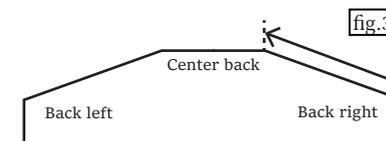
*Refer to the video (3 , Right shoulder ~ Body)

<https://youtu.be/JCbLgEomGBg>



< Needles >

4.5 mm [US7] with 80 cm [32"] cable



With the RS facing you, measure yarn 4 times the width of the left shoulder, plus a bit of extra length. Use this short end of the yarn to pick up 50 (52) 54(56) 60 (64) sts (fig.3).

To obtain the right number of sts, pick up 5 sts every 4 sts (same as the left).

Once you have picked up the sts, pull the needle and start working from the right edge with RS.

The next row is row 1 (RS).

Continue working with the chart .

Start increases at row 21 (21) 21 (23) 23 (23).

row 21(23) (RS): Continue working with the chart, cast on 1 new stitch with backward loop method at the end of this row.

row 22(24) (WS): P tbl the cast-on stitch and continue working the rest same as the last row.

Repeat these 2 rows a total of 4 times.

There are now total of 54 (56) 58 (60) 64 (68) sts.

The next step is the front (= row 29(31) (RS)).

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□Front

*Refer to the video (3, Right shoulder ~body)
<https://youtu.be/JCbLgEOmGBg>



< Needles >

4.5 mm [US7] with 80 cm [32"] cable

Now join the right and left shoulder to form the front, while casting on new sts between the two shoulders.

Work as follows:

XS (S) M: row 29 (RS) / (L) XL (2XL): row 31 (RS):

Work on the right shoulder according to the chart, cast on 24 (24) 24 (28) 30 (30) new sts using the backward loop method, work the left shoulder according to the chart.

The next is row 30(32)(WS), work on the front sts as follows:

XS(S)M: K10, P tbl 4, K10

(L): P2, K10, P tbl 4, K10, P2

XL(2XL): P2, K 11, P tbl 4, K 11, P2

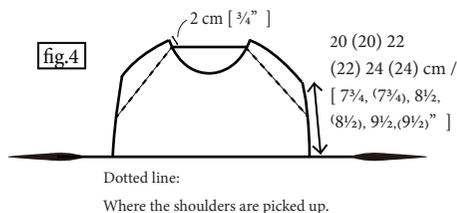
The next is row 31(33). Both shoulders and the front are worked according to the chart.

Continue working according to the chart until the front is the same length as the back. The fold should be 2 cm [¾"] above the join between the shoulder and the back.

End with a WS row.

Before starting the next step, ensure that the height of the armhole is 20 (20) 22 (22) 24 (24) cm [7¾, (7¾), 8½, (8½), 9½,(9½)"] (fig.4).

If it's too short, adjust the fold position slightly to make it the correct height.



Next, ensure the double moss stitch pattern continues where the front and back pieces join. Check the sts on the edge of the front and back pieces.

If the K joins to a P, or the P joins to a K:

You're ready to start the body.

If the K joins to a K, or the P joins to a P:

Work 2 more rows on the front piece to ensure the stitches align in the double moss pattern.



□Body

*Refer to the video (3,Right shoulder ~body)
<https://youtu.be/JCbLgEOmGBg>



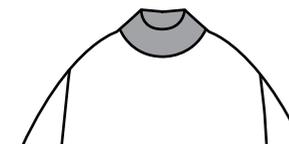
< Needles >

4.5 mm [US7] with 100 or 120 cm [40 or 47"] cable

(Rib: 3.5 mm [US4])

Start from the right edge, work on the front piece until you reach the left edge, work across the back piece.

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Once you've finished the back piece, PM at the BOR.

There are a total of 242 (250) 258 (274) 288 (304) sts on the needle.

From this point, start working in the round.

Work round 1-2 as follows:

round 1: Work with cabling

round 2: Work as round 1 (K on K, P on P)

Continue working the front piece according to the chart, and the back piece in double moss stitch.

Work until 52 (52) 54 (56) 58 (60) cm [20½ (20½) 21¼ (22) 22¾ (23½)"] or your desired length from mid back of the neck line.

Switch to needle 3.5 mm [US4].

In the next round, you will decrease while working 1 × 1 rib.

Repeat the following pattern:

K1, P1, K1, P1, K2tog, P1, K1, P1, K1, P2tog, repeat * - * this round.

For sizes S, M and L, make the following adjustments:

S, L: P2tog at the last 2sts

M: When you have 5 sts remaining, P2tog, K1, P2tog.

You have decreased to 202 (208) 214 (228) 240 (254) sts.

Continue working on 1 × 1 rib. When you have reached 6 cm [2¼"] (or your desired length),

BO sts with italian bind off.

□Neck edge

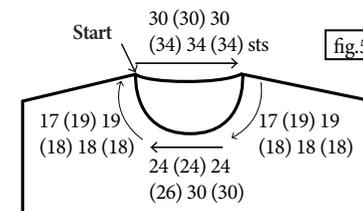
*Refer to the video (4, Neck)
<https://youtu.be/cL80FtG8Tlc>



< Needles >

3.5 mm [US4] with 80 cm [32"] cable

Beginning at the right back, pick up 88 (92) 92(96) 100 (100) sts.



To pick up the correct number of sts, pick up as follows:

For the back side and front, pick up 1 st every 1 st. For the rest, pick up approx. 2 sts from every 3 rows.

*Note: In size L, Pick up 26 sts from 28 sts along the front.

*Note: There are suggested stitch counts. For a closely fitting collar, pick up less sts. For a loosely fitting collar, pick up more sts. You just need to pick up a stitch number which is a multiple of 4.

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PM at the BOR, *K2, P2* repeat * - * until the neck edge measures 13 cm [5"] (or your desired length).

Loosely BO, and loosely sew the finished edge to the pick up edge on the inside.

Remember to BO and sew loosely, so that your head fits through the opening.

*Note: This is a suggested collar measurement. You can adjust the length to your preference by trying it on as you knit.



▣Sleeves *Refer to the video (5, Sleeves)

<https://youtu.be/1sfGvU1ONGA> 

< Needle >
4.5 mm [US7] with 80 cm [32"] cable
(Rib : 3.5 mm [US4])

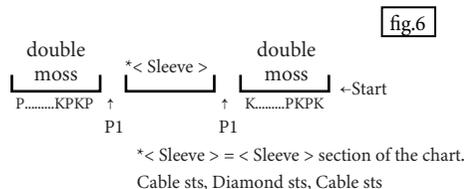
The sleeves are worked in the round. With RS facing and starting at the bottom of the armhole opening, use 4.5 mm [US7] needles to pick up 84 (84) 88 (88) 92 (92) sts.

To ensure that the Aran pattern places at the top of the sleeves, it is important to pick up sts evenly. You can use some evenly placed stitch markers to help you.

When you have picked up sts, PM at the BOR.

Work in double moss stitch and < Sleeve > portion of the cable pattern on fig. 6.

Start on round 1.



round 1: Work 27 (27) 29 (27) 27 (27) sts in double moss sts (starting with K), P1, work with the chart for <Sleeve>, P1, work 27 (27) 29 (27) 27 (27) sts in double moss sts (start with P).

round 2: work as round 1 (K on K, P on P).

round 3 and 4 are decrease rounds, as follows:

round 3: Work double moss sts, P1, < Sleeve >, P1, double moss sts to the last 2 sts, P2tog. (decrease 1 st)

round 4: K2tog, work as the previous row.(decrease 1 st)

Continue working as follows:

round 1: Work double moss sts, P1, < Sleeve >, P1, double moss sts.

round 2: Work as the previous row.

round 3: Work double moss sts, P1, < Sleeve >, P1, double moss sts to the last 2 sts, K2tog or P2tog.

*Decrease using either K2tog or P2tog in the double moss pattern, depending on the 3rd stitch from the end:

If it is K: P2tog

If it is P: K2tog

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round 4: K2tog or P2tog, work as round3.

*Decrease using either K2tog or P2tog in the double moss pattern, depending on the 3rd stitch from the start:

If it is K: P2tog

If it is P: K2tog

Work round 1-4 until 60 (60) 62 (62) 64 (64) sts remaining.

You have now completed the decreases.

Continue round 1- 2 until the length is 1 cm [½"] shorter than your wrist.

Switch to needle 3.5 mm [US4].

*For those planning to block with CASCADE YARNS Ecological Wool: Finish it with a length 2-3 cm [¾- 1¼"] shorter than your wrist.

In the next round, you will decrease sts while working 1 × 1 rib as follows:

* K1, P1, K1, P1, K2tog, P1, K1, P1, K1, P2tog, * repeat * - * this round. Now you have 50 (50) 52 (52) 54 (54) sts.

Continue working 1 × 1 rib until the cuff measures 9 cm [3½"] (or your desired length).

BO sts with italian bind-off.

▣Finishing

Weave in all ends.

To finish, you may steam your garment gently (without pressing the garment) if desired.

And that's it! You're done.

I hope it becomes your favorite.





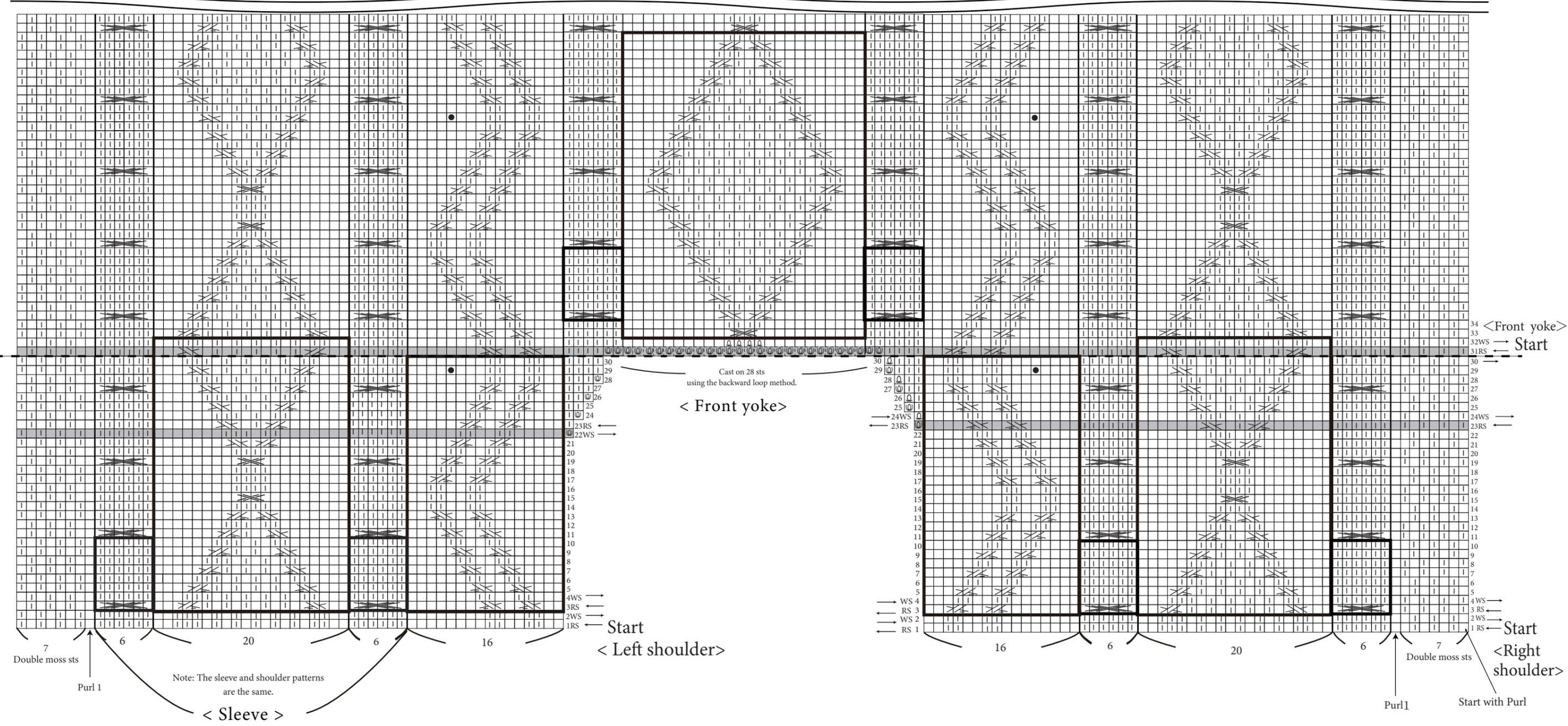
HELLO, HYGGE LIFE

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---Chart (L)---

[] = Knit [] = Purl
 = 2/1 RPC(=Right Purl Cross)
 = 2/1 LPC(=Left Purl Cross)
 = 2/1 LC(=Left Cross)
 = 2/2 Left Cross
 = 3/3 LC(=Left Cross)
 = Backward loop cast on
 = K tbl
 = Bobble Stitch
 = Pattern repeat

※Repeat with each stitch pattern in .



[] = Knit [] = Purl
 [X] = 2/1 RPC(=Right Purl Cross)
 [X] = 2/1 LPC(=Left Purl Cross)
 [X] = 2/1 LC(=Left Cross)
 [X] = 2/2 Left Cross
 [X] = 3/3 LC(=Left Cross)
 [O] = Backward loop cast on
 [O] = K tbl
 [●] = Bobble Stitch
 [] = Pattern repeat



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---Chart XL(2XL)---

※Repeat with each stitch pattern in [] .

