



DALA SWEATER

Design Elenor Mortensen

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SIZES

1, 2, 3 (4, 5, 6) 7 Finished bust circumference 33.4, 37, 40.8 (44, 48, 52) 55 ″, ca. 85, 94, 104 (112, 123, 132) 140 cm

Gauge

25 st x 34 rds = 4 ″ or 10 x10 cm in stockinette, in fair isle pattern and with a single colour, after wet blocking.

Should the gauge for the fair isle pattern be bigger or smaller, adapt the size of the needles.

MATERIALS

Yarn

Seide-Cashmere-BFL by Ponderosawolle, ca. 984, 1093, 1200 (1320, 1421, 1530) 1640 yards , ca. 900, 1000, 1100 (1200, 1300, 1400) 1500 m in Anthrazit (MC) and ca 174, 185, 196 (207, 218, 230) 240 yards, ca 160, 170, 180 (190, 200, 210) 220 m in Beige (CC)

Or any favourite yarn matching the gauge.

Needles

3mm 40cm- (or a set of 3mm double-pointed needles) and 80cm-long circular needles,
3.5mm 40cm- (or a set of 3.5mm double-pointed needles) and 80cm-long circular needles.

3 stitch markers, 1 tapestry needle

ABBREVIATIONS AND EXPLANATIONS

st	stitch
k	knit
p	purl
rd/rds	round(s)
RS	right side of the work
WS	wrong side of the work
BoR	beginning of round
M	stitch marker
ndl	needle(s)
MC	main color
CC	contrasting color
inc/dec	increase(s) / decrease(s)
k2tog	knit two stitches together
slM	slip the stitch marker from the left needle to the right needle
m1r (make one right)	right-leaning increase. With the left needle, lift the running thread of the indicated colour between the stitch just worked and the next stitch from back to front and knit into the front loop.
m1l (make one left)	left-leaning increase. With the left needle, lift the running thread of the indicated colour between the stitch just worked and the next stitch from front to back, and knit through the back loop (twisted st).
DS	DS: double stitch, used in German short rows. Knit the indicated number of stitches, turn your work. Bring the yarn to the front of the work, slip the first stitch as if to purl, then bring the yarn up and over the right needle to the back and pull tight to create a double stitch. When you reach this double stitch later, knit or purl through both legs of the stitches as if it were one stitch.
GSR (German short rows)	see explanations for the DS and tips below.
* _____ *	repeat the instructions between the asterisks to the end of the round.

GENERALITIES

Fair isle pattern

The motif is knitted using the fair isle stranded colourwork technique with two colours. The yarn not in use must be carried loosely across the back of the work and trapped by twisting it with the working yarn every 5 st maximum. On the following round, make sure to twist the yarns in a different place to avoid little bumps showing on the right side.

German short rows

You can find a detailed tutorial on how to work German short rows here:

<https://www.youtube.com/watch?v=4Bz7YhiXuA8>

INSTRUCTIONS

Yoke

With the MC and 3mm needles, cast on 108, 112, 116 (116, 116, 116) 116 st and join in the round, being careful not to twist the stitches.

1st Rd: k to end, place M. The beginning of the rd is in middle back, and further referred to as BoR.

Neckline:

Rds 2-10: *k2, p2*

Swap to 3.5mm shorter circular needles, then to 3.5mm longer circular needles when required by the number of st.

Rd 11: knit to end.

Rd 12 (Inc rd): (All the following increases are described in the Abbreviations and Explanations table under the entry m11)

All sizes: *k4, 1 inc* to the end (27, 28 29 (29, 29, 29) 29 inc).

There are now 135, 140, 145 (145, 145, 145) 145 st on the ndl.

Rd 13: knit to end.

Rd 14 (German short rows):

Short row 1:

RS: k33, 35, 36 (36, 36, 36) 36 turn,

WS: DS, p to BoR, slM, p33, 35, 36 (36, 36, 36) 36 turn.

Short row 2:

RS: DS, k to BoR, slM, k to DS, kDS, k4, turn.

WS: DS, p to BoR, slM, p to DS, pDS, p4, turn.

Short row 3:

RS: DS, k to BoR, slM, k to DS, kDS, k4, turn.

WS: DS, p to BoR, slM, p to DS, pDS, p4, turn.

Short row 4:

RS: DS, k to BoR, slM.

Rd 15: k to end (knitting the DS as you reach them).

Rd 16: k to end

Rd 17 (inc rd):

Size 1: k5, *k5, 1 inc* k5 (25, -, - (-, -, -) st increased)

Size 2: *k5, 1 inc* to the end (28 st increased)

Sizes -, -, 3 (4, 5, 6) 7: k1, *1 inc, k4* (-, -, 36 (36, 36, 36) 36 st increased)

There are now 160, 168, 181 (181, 181, 181) 181 st on the ndl.

Rd 18 to 21: knit.

Size 1 -, - (-, -, -) only:

Now work **CHART** .

The pattern is repeated 10, -, - (-, -, -) - times around.

In rds 1, 5, 9, 13, 17, 21 as indicated, work two inc per each pattern repeat.

In rds 25 and 29, as indicated, work one inc per each pattern repeat.

In rd 30 there are now 300, -, - (-, -, -) - st on the ndl.

Carry on with **All sizes** below.

Sizes -, 2, 3 (4, 5, 6) 7:

Rd 22 (inc rd):

Size 2: *k21, 1 inc* to the end (8 st increased)

Size 3: k10, *1 inc, k16* (10 times), 1 inc, k11 (11 st increased)

Size 4: k6, *1 inc, k6, 1 inc, k7* (13 times), 1 inc, k6 (27 st increased)

Sizes 5, 6, 7: k1, *1 inc, k5* to the end (36 st increased)

There are now -, 176, 192 (208, 217, 217) 217 st on the ndl.

Rds 23 to 25: knit.

Sizes -, 2, 3 (4, -, -) - only:

Now work **CHART** .

The pattern is repeated -, 11, 12 (13, -, -) - times around.

In rds 1, 5, 9, 13, 17, 21 as indicated, work two inc per each pattern repeat.

In rds 25 and 29, as indicated, work one inc per each pattern repeat.

In rd 30 there are now -, 330, 360 (390, -, -) - st on the ndl.

Carry on with **All sizes** below.

Sizes -, -, - (-, 5, 6) 7 only:

Rd 26 (inc rd):

Size 5: *1 inc, k31* to the end (7 st increased)

Size 6: k10, *1 inc, k9* to the end (23 st increased)

Size 7: k3, *1 inc, k5, 1 inc, k6* (19 times), 1 inc, k5 (39 st increased)

There are now -, -, - (-, 224, 240,) 256 st on the ndl.

Rd 27 to 29: knit.

Now work **CHART** .

The pattern is repeated -, -, - (-, 14, 15) 16 times around.

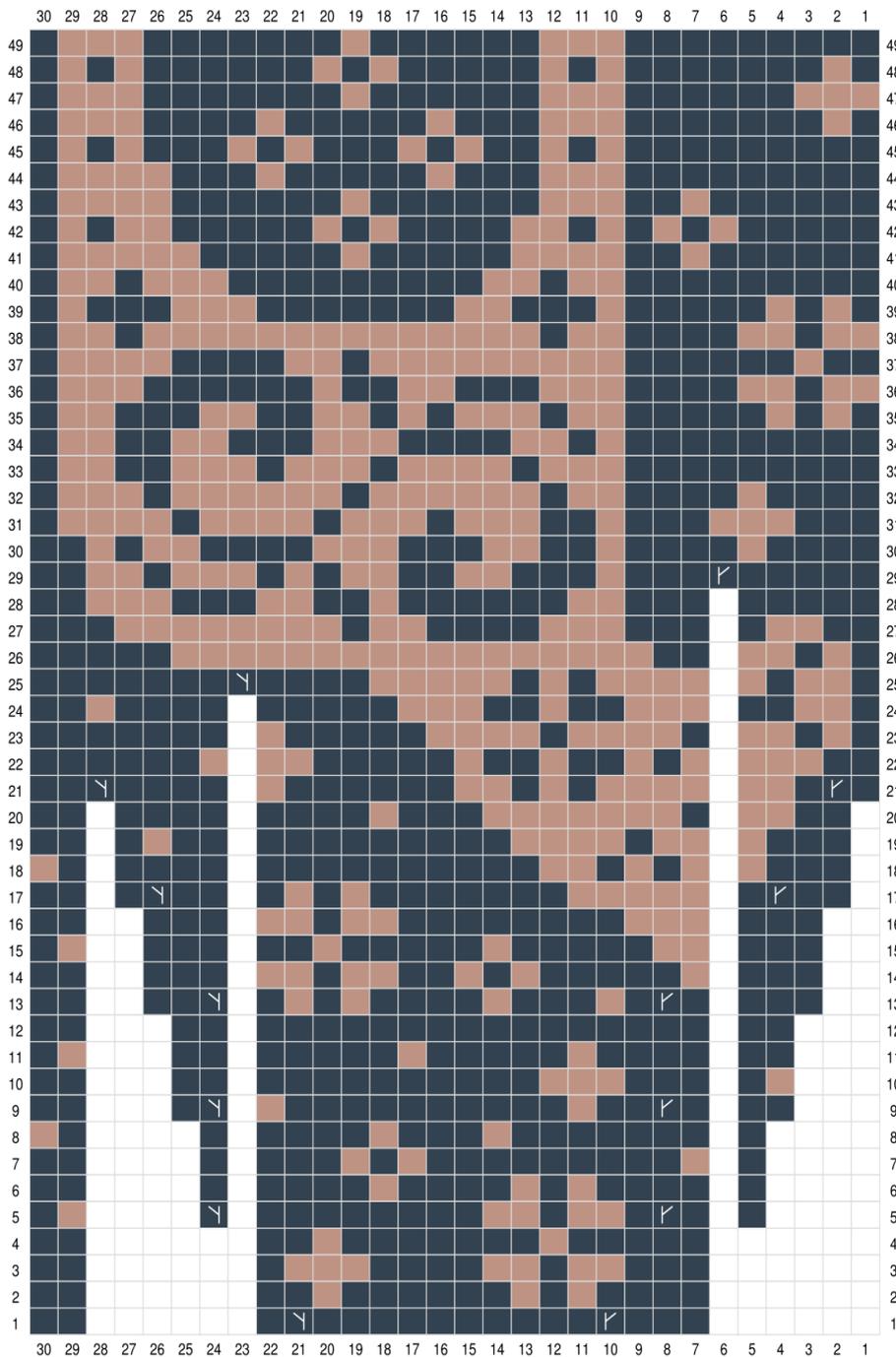
In rds 1, 5, 9, 13, 17, 21 as indicated, work two inc per each pattern repeat.

In rds 25 and 29, as indicated, work one inc per each pattern repeat.

In rd 30 there are now -, -, - (-, 420, 450) 480 st on the ndl.

Carry on with **All sizes** below.

CHART



LEGEND

-  Gray / MC
-  Beige / CC
-  no stitch
-  m1r
-  m1l



All sizes:

After rd 49 break CC yarn.

Carry on in MC in stockinette in rounds, until the yoke measures 7.5, 7.9, 8.3 (8.8, 9.5, 9.9) 10.3'',
19, 20, 21 (22.5, 24, 25) 26 cm (measured at the centre front, including ribbing).

This could now be the good time for a first try-on.

Separate the sleeves

There are now 300, 330, 360 (390, 420, 450) 480 st on the ndl.

Remove the M.

k46, 51, 57 (62, 68, 73) 79 (1st half-back),

transfer 58, 62, 66 (70, 74, 78) 82 st for the first sleeve on a piece of scrap yarn with a tapestry needle, or on a stitch holder,

cast on 7, 7, 8 (8, 8, 9) 9 new st, place M (new BoR), cast on a further 7, 7, 8 (8, 8, 9) 9 new st, k92, 103, 114 (125, 136, 147) 158 (front),

transfer 58, 62, 66 (70, 74, 78) 82 st for the second sleeve on a piece of scrap yarn with a tapestry needle, or on a stitch holder,

cast on 14, 14, 16 (16, 16, 18) 18 new st,

k46, 52, 57 (63, 68, 74) 79 (2nd half-back).

Front and back

There are now 212, 234, 260 (282, 304, 330) 352 st on the ndl

Carry on knitting in the round in stockinette until the body measures 11.2 '' or 29 cm measured from the underarm, or to the desired length minus 2.3 '' or 6 cm.

Now sizes -, 2, - (4, -, 6) - only (adjustment rd):

k2tog, k -, 115, - (139, -, 163) -, k2tog, k to end (2 st decreased).

Ribbing

All sizes:

switch to 3 mm needles

Next rd: *k2, p2* to Bor.

Repeat this rd until ribbing measures 2.3 '' or 6cm (or desired length).

Then knit 1 rd, removing all the M.

On the next rd bind off all stitches by knitting them.

Sleeves

With the shorter 3.5mm circular ndl (or a set of double-pointed needles), and beginning at the centre of the underarm, pick up and knit 7, 7, 8 (8, 8, 9) 9 st, being careful not to create any hole. Transfer the 58, 62, 66 (70, 74, 78) 82 st on hold for the sleeve back on the needle and knit them, then pick up and knit 7, 7, 8 (8, 8, 9) 9 st at the second half of the underarm (again being careful not to create any hole). Join in the round, place M (BoR).

There are now 72, 76, 82 (86, 90, 96) 100 st on the ndl.

Knit 8 rds in stockinette.

Then begin the dec for the sleeve shaping:

Rd 1 (first decr): k to 3 st before M, k2tog, k1, slM.

Rd 2 (second decr): k1, slip 1 st as if to knit, k1, pass slipped stitch over knit stitch, k to M.

Repeat these rds again:

Size 1: 5 times every 15 and 16 rd

Size 2: 7 times every 11 and 12 rd

Size 3: 8 times every 10 and 11 rd

Size 4: 10 times every 8 and 9 rd

Size 5: 10 times every 8 and 9 rd

Size 6: 13 times every 6 and 7 rd

Size 7: 13 times every 6 and 7 rd

There are now 60, 60, 64, (64, 68, 68) 72 st on the ndl.

Carry on in stockinette until the sleeve reaches the desired length minus 2.3'' or 6 cm.

Cuff:

Switch to 3 mm needles.

1st rd: *k2, p2* to Bor.

Repeat this rd until cuff measures 2.3'' or 6 cm.

Then knit 1 rd, removing all the M.

On the next rd bind off all stitches by knitting them.

Cut and carefully weave in all yarn ends. Wet block your knitting.

SCHEMATIC

A: Bust circumference

33.4, 37, 40.8 (44, 48, 52) 55''

44.5, 47, 52 (56, 61, 66) 70 cm

B: Sleeve circumference

11.3, 12, 13 (13.5, 14.1, 15.1) 15.7''

28.8, 30.4, 32.8 (34.4, 36, 38.4) 40 cm

C: length from underarm

13.4''

35 cm

D: Sleeve length from underarm

17.7''

45 cm

E: Total length:

21.2, 21.6, 22 (22.6, 23.2, 23.6) 24''

54, 55, 56 (57.5, 59, 60) 61 cm



I would like to heartily thank my dear test team!

You can find the works of my test knitters on Instagram under the following accounts:

Agnieszka	@z_drutami
Anna	@annalein_werkelt
Basriye	@knittingandembroideringhobby
Carrie	@jrtnbc
Daniela	@daniela_muehlbauer
Esther	@esther_strickt
Jennifer	@jensdreamyarn
Katerina	@ivf_knitter
Margot	@margotmlang
Maria-Jose	@k2togatos
Marsha	@fracrayola
Martina	@ullbacka
Meike	@craftymeike
Melanie	@seidenerfaden
Neelya	@neelyakrikke
Rosemary	@gypsyroselee59
Sabine	@bilaknits
Shirley	@s_durmaz
Sonja	@sonjasstrick
Steffi	@zauberkunstgarne
Susan	@sayers292
Susan	@susanleichsenring
Susanne	@sanlein
Susanne	@lenyaduluoaz
Susanne	@esli_78
Tina	@bellanordica
Ulla	@ponykuh_diy
	@aro,knits.n.purls

I will be very happy to see photos of your sweater on Instagram using hashtag #dalasweater