



CONTRAST BLAST SWEATER

BY STEPHEN WEST

Choose two colors of DK weight yarn to knit this top-down pullover. The neckline features a folded hem in twisted ribbing followed by garter stitch short rows to raise the back of the neck. Stripes and simple slip stitches form the zig zag yoke motif. Select a contrast color or bold color pop for this geometric yoke detail. The remaining fabric is knitted in a diagonal textured rib for the body and sleeves. Twisted ribbing finished the cuffs and body ribbing for crisp clean edges. Have fun playing with color and texture for yoked Westknits sweater!



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Sizes: 1 [2, 3, 4, 5] [6, 7, 8, 9]

Finished Measurements: 36 [39, 42, 47, 50] [55, 59, 63, 68]” / 91 [99, 107, 119, 127] [140, 150, 160, 173]cm finished chest circumference.

Size 5 shown with about 6” / 15cm of positive ease.

Sleeve and body lengths are customizable.

Yarn: DK weight

Yardage: MC - approximately 1000 [1100, 1250, 1300, 1400] [1500, 1600, 1700, 1800]” / 914 [1006, 1143, 1189, 1280] [1372, 1463, 1554, 1646]m
CC - 140 [150, 160, 170, 190] [220, 230, 240, 250]” / 128 [137, 147, 155, 174] [201, 210, 219, 229]m

I recommend these skein requirements if you are using West Wool Tandem.

MC - 4 [5, 5, 6, 6] [6, 7, 7, 8] skeins

CC - 1 skein

Shown in: West Wool Tandem (100% South American Merino Wool; 254yds / 233m per 100g skein)

MC - Corduroy

CC - Sage

Needles: US 5 / 3.75mm circular in 40” / 100cm length or 1 size smaller than main needle
US 6 / 4mm circular in 40” / 100cm length or size needed to obtain gauge

Magic loop method is used for knitting smaller circumferences in the round. Watch this Westknits video to assist with the Magic Loop technique.

<https://youtu.be/hpFHbHmrCcc>

Notions: 1 stitch marker, waste yarn, tapestry needle

Gauge: 22 sts & 36 rnds = 4” / 10cm in slip stitch pattern after blocking using larger needles (US 6 / 4mm recommended)
24 sts & 32 rnds = 4” / 10cm in twisted ribbing after blocking using smaller needles (US 5 / 3.75mm recommended)

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Abbreviations

BO: bind off

CC: contrast color

CO: cast on

k: knit

k2tog: knit 2 sts together

m1: (make one) increase 1 stitch using the backwards loop cast on method

MC: main color

p: purl

rnd/s: round/s

RS: right side

sl: slip purl-wise unless instructed otherwise

ssk: (slip slip knit) slip first stitch knit-wise, slip second stitch knit-wise, knit those 2 sts together tbl

st/s: stitch/es

tbl: through back loop

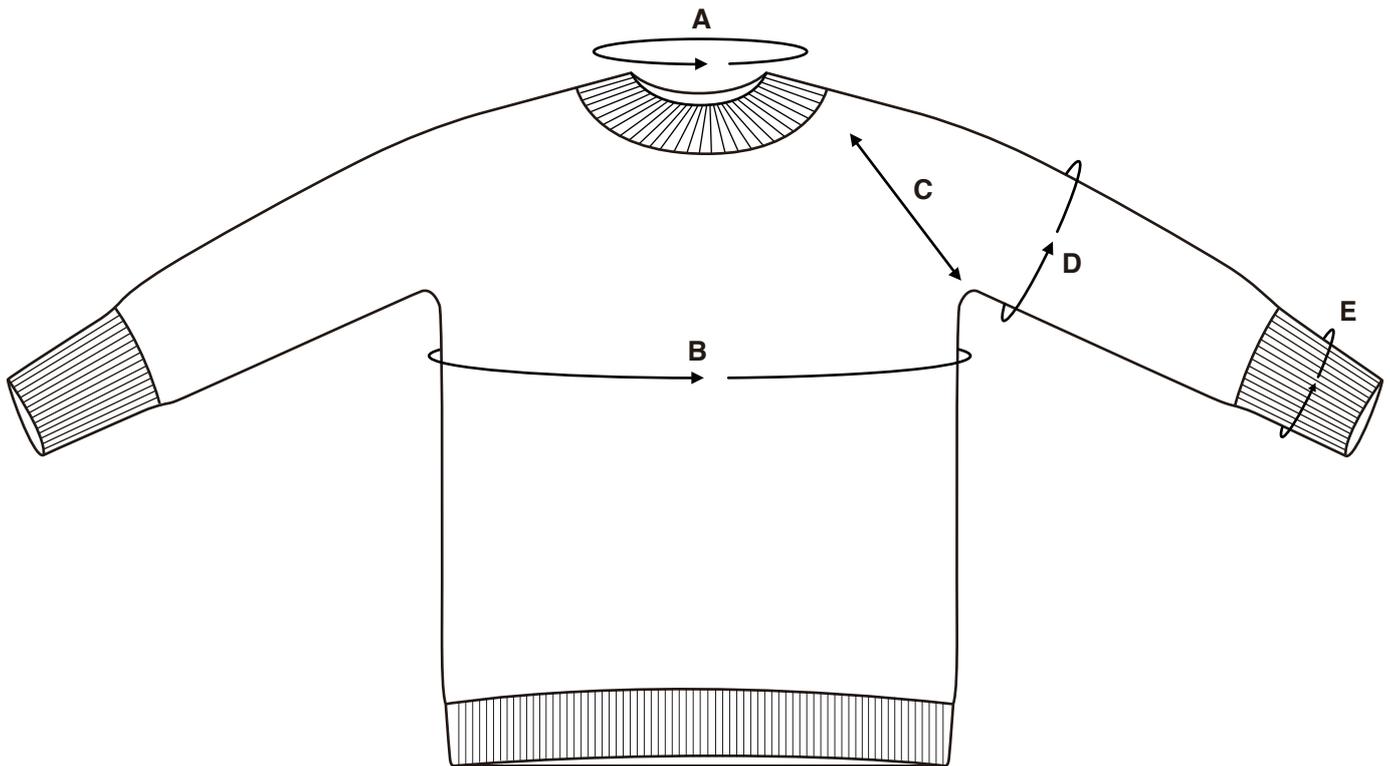
WS: wrong side

wyib: with yarn in back



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A	Neck Circumference	17 [17, 19, 19, 19] [20, 20, 20, 20]" / 43 [43, 48, 48, 48] [51, 51, 51, 51]cm
B	Chest Circumference	36 [39, 42, 47, 50] [55, 59, 63, 68]" / 91 [99, 107, 119, 127] [140, 150, 160, 173]cm
C	Yoke Depth	6 [7, 8, 8, 9] [9, 10, 10, 10.75]" / 15 [18, 20, 20, 23] [23, 25, 25, 27]cm
D	Upper Arm Circumference	14 [15, 15, 16, 16] [16, 17.5, 18, 18]" / 36 [38, 38, 41, 41] [41, 44, 46, 46]cm
E	Cuff Circumference	9 [9, 10, 10, 10.5] [10.5, 11, 11, 11]" / 23 [23, 25, 25, 27] [27, 28, 28, 28]cm

Body and Sleeve lengths are customizable.

INSTRUCTIONS

Using MC and smaller needles (US 5 / 3.75mm recommended), CO 104 [104, 112, 112, 112] [120, 120, 120, 120] sts. Place marker and join to work in the rnd, being careful not to twist sts.

(K1 tbl, p1) to end of rnd.

Repeat last rnd 31 more times or until ribbing measures approximately 4" / 10cm. Work fewer ribbed rounds for a smaller collar. The collar will be folded in half. Switch to larger needles (US 6 / 4mm recommended).

Watch this Westknits video to assist with the Folded Hem technique.

<https://youtu.be/kJLwSJIBRjQ>

Next Rnd: *K1 together with a picked-up stitch from the CO edge; repeat from * to end of rnd while attaching all live sts together with picked up sts from the CO edge for a folded collar.

Next Rnd: (P4, m1) to end of rnd. 130 [130, 140, 140, 140] [150, 150, 150, 150] sts.

Short Rows

I use this technique a lot by starting with garter stitch short rows to raise the back center of the neck and then move the beginning of rnd marker to the back. Once you just seam that front center hole closed, it looks good. The front center of the sweater may have small hole after completing short rows. You can seam this little gap close with your broken yarn tail to close this center gap.

Next Row (RS): K to 12 sts before end of rnd, turn to work WS.

Next Row (WS): K to last 12 sts before end of rnd, turn to work RS.

Next Row (RS): K to 3 sts before last turn, turn to work WS.

Next Row (WS): K to last 3 sts before last turn, turn to work RS.

Repeat last 2 rows 8 more times. There should be 11 garter ridges.

Watch this Westknits video to assist with closing the short row gaps.

<https://youtu.be/cp7gRnnxtiQ>

Next Row (RS): K to end of row (to the stitch marker) while closing the short row gaps, turn to work WS.

Next Row (WS): K to end of row (to the stitch marker) while closing the short row gaps, turn to work RS.

Break yarn. Remove marker. With RS facing, slip 65 [65, 70, 70, 70] [75, 75, 75, 75] sts onto right needle. Place marker to mark center of back as the new beginning of rnd.

YOKE

All sizes

Rnd 1: Using CC, (sl2 wyib, m1, k3, m1) to end of rnd. 182 [182, 196, 196, 196] [210, 210, 210, 210] sts.

Rnd 2: (Sl2 wyib, k5) to end of rnd.

Rnd 3: (Sl2 wyib, k5) to end of rnd.

Rnd 4: (Sl2 wyib, k5) to end of rnd.

Carry MC & CC along the inside of the sweater while striping colors.

Rnd 5: Using MC, (k2, sl2 wyib, k3) to end of rnd.

Rnd 6: (K2, sl2 wyib, k3) to end of rnd.

Rnd 7: (K2, sl2 wyib, k3) to end of rnd.

Rnd 8: (K2, sl2 wyib, k3) to end of rnd.

Rnd 9: Using CC, (k4, sl2 wyib, m1, k1) to end of rnd. 208 [208, 224, 224, 224] [240, 240, 240, 240] sts.

Rnd 10: (K4, sl2 wyib, k2) to end of rnd.

Rnd 11: (K4, sl2 wyib, k2) to end of rnd.

Rnd 12: (K4, sl2 wyib, k2) to end of rnd.

Rnd 13: Using MC, (k6, sl2 wyib) to end of rnd.

Rnd 14: (K6, sl2 wyib) to end of rnd.

Rnd 15: (K6, sl2 wyib) to end of rnd.

Rnd 16: (K6, sl2 wyib) to end of rnd.

Rnd 17: Using CC, (sl2 wyib, m1, k6) to end of rnd. 234 [234, 252, 252, 252] [270, 270, 270, 270] sts.

Rnd 18: (Sl2 wyib, k7) to end of rnd.

Rnd 19: (Sl2 wyib, k7) to end of rnd.

Rnd 20: (Sl2 wyib, k7) to end of rnd.

Rnd 21: Using MC, (k2, sl2 wyib, k5) to end of rnd.

Rnd 22: (K2, sl2 wyib, k5) to end of rnd.

Rnd 23: (K2, sl2 wyib, k5) to end of rnd.

Rnd 24: (K2, sl2 wyib, k5) to end of rnd.

Rnd 25: Using CC, (k4, sl2 wyib, m1, k3) to end of rnd. 260 [260, 280, 280, 280] [300, 300, 300, 300] sts.

Rnd 26: (K4, sl2 wyib, k4) to end of rnd.

Rnd 27: (K4, sl2 wyib, k4) to end of rnd.

Rnd 28: (K4, sl2 wyib, k4) to end of rnd.

Rnd 29: Using MC, (k6, sl2 wyib, k2) to end of rnd.

Rnd 30: (K6, sl2 wyib, k2) to end of rnd.

Rnd 31: (K6, sl2 wyib, k2) to end of rnd.

Rnd 32: (K6, sl2 wyib, k2) to end of rnd.

Rnd 33: Using CC, (m1, k8, sl2 wyib) to end of rnd. 286 [286, 308, 308, 308] [330, 330, 330, 330] sts.

Rnd 34: (K9, sl2 wyib) to end of rnd.

Rnd 35: (K9, sl2 wyib) to end of rnd.

Rnd 36: (K9, sl2 wyib) to end of rnd.

Rnd 37: Using MC, (sl2 wyib, k9) to end of rnd.

Rnd 38: (Sl2 wyib, k9) to end of rnd.

Rnd 39: (Sl2 wyib, k9) to end of rnd.

Rnd 40: (Sl2 wyib, k9) to end of rnd.

Size 1 Only

Rnd 41: Using CC, (k2, sl2 wyib, k7) to end of rnd.

Rnd 42: (K2, sl2 wyib, k7) to end of rnd.

Rnd 43: (K2, sl2 wyib, k7) to end of rnd.

Rnd 44: (K2, sl2 wyib, k7) to end of rnd.

Rnd 45: Using MC, (k4, sl2 wyib, k5) to end of rnd.

Rnd 46: (K4, sl2 wyib, k5) to end of rnd.

Rnd 47: (K4, sl2 wyib, k5) to end of rnd.

Rnd 48: (K4, sl2 wyib, k5) to end of rnd.

If you are happy with the length of your Yoke depth, then skip ahead to BODY instructions. Otherwise, continue knitting Rnds 49 – 56.

Rnd 49: Using CC, (k6, sl2 wyib, k3) to end of rnd.

Rnd 50: (K6, sl2 wyib, k3) to end of rnd.

Rnd 51: (K6, sl2 wyib, k3) to end of rnd.

Rnd 52: (K6, sl2 wyib, k3) to end of rnd.

Rnd 53: Using MC, (k8, sl2 wyib, k1) to end of rnd.

Rnd 54: (K8, sl2 wyib, k1) to end of rnd.

Rnd 55: (K8, sl2 wyib, k1) to end of rnd.

Rnd 56: (K8, sl2 wyib, k1) to end of rnd.

Break CC. Skip ahead to BODY instructions. You should have 286 sts.

Sizes -- [2, 3, 4, 5] [6, 7, 8, 9] Only

Rnd 41: Using CC, (k2, sl2 wyib, m1, k7) to end of rnd. -- [312, 336, 336, 336] [360, 360, 360, 360] sts.

Rnd 42: (K2, sl2 wyib, k8) to end of rnd.

Rnd 43: (K2, sl2 wyib, k8) to end of rnd.

Rnd 44: (K2, sl2 wyib, k8) to end of rnd.

Rnd 45: Using MC, (k4, sl2 wyib, k6) to end of rnd.

Rnd 46: (K4, sl2 wyib, k6) to end of rnd.

Rnd 47: (K4, sl2 wyib, k6) to end of rnd.

Rnd 48: (K4, sl2 wyib, k6) to end of rnd.

Sizes 2 & 3 Only

Rnd 49: Using CC, (k6, sl2 wyib, k4) to end of rnd.

Rnd 50: (K6, sl2 wyib, k4) to end of rnd.

Rnd 51: (K6, sl2 wyib, k4) to end of rnd.

Rnd 52: (K6, sl2 wyib, k4) to end of rnd.

Rnd 53: Using MC, (k8, sl2 wyib, k2) to end of rnd.

Rnd 54: (K8, sl2 wyib, k2) to end of rnd.

Rnd 55: (K8, sl2 wyib, k2) to end of rnd.

Rnd 56: (K8, sl2 wyib, k2) to end of rnd.

If you are happy with the length of your Yoke depth, then skip ahead to BODY instructions. Otherwise, continue knitting Rnds 57 – 64.

Rnd 57: Using CC, (k10, sl2 wyib) to end of rnd.

Rnd 58: (K10, sl2 wyib) to end of rnd.

Rnd 59: (K10, sl2 wyib) to end of rnd.

Rnd 60: (K10, sl2 wyib) to end of rnd.

Rnd 61: Using MC, (sl2 wyib, k10) to end of rnd.

Rnd 62: (Sl2 wyib, k10) to end of rnd.

Rnd 63: (Sl2 wyib, k10) to end of rnd.

Rnd 64: (Sl2 wyib, k10) to end of rnd.

Size 2 Only

Break CC. Skip ahead to BODY instructions. You should have 312 sts.

Size 3 Only

If you are happy with the length of your Yoke depth, then skip ahead to BODY instructions. Otherwise, continue knitting Rnds 65 – 72.

Rnd 65: Using CC, (k2, sl2 wyib, k8) to end of rnd.

Rnd 66: (K2, sl2 wyib, k8) to end of rnd.

Rnd 67: (K2, sl2 wyib, k8) to end of rnd.

Rnd 68: (K2, sl2 wyib, k8) to end of rnd.

Rnd 69: Using MC, (k4, sl2 wyib, k6) to end of rnd.

Rnd 70: (K4, sl2 wyib, k6) to end of rnd.

Rnd 71: (K4, sl2 wyib, k6) to end of rnd.

Rnd 72: (K4, sl2 wyib, k6) to end of rnd.

Break CC. Skip ahead to BODY instructions. You should have 336 sts.

Sizes -- [--, --, 4, 5] [6, 7, 8, 9] Only

Rnd 49: Using CC, (k6, sl2 wyib, m1, k4) to end of rnd.
-- [--, --, 364, 364] [390, 390, 390, 390] sts.

Rnd 50: (K6, sl2 wyib, k5) to end of rnd.

Rnd 51: (K6, sl2 wyib, k5) to end of rnd.

Rnd 52: (K6, sl2 wyib, k5) to end of rnd.

Rnd 53: Using MC, (k8, sl2 wyib, k3) to end of rnd.

Rnd 54: (K8, sl2 wyib, k3) to end of rnd.

Rnd 55: (K8, sl2 wyib, k3) to end of rnd.

Rnd 56: (K8, sl2 wyib, k3) to end of rnd.

Size 4 Only

Rnd 57: Using CC, (k10, sl2 wyib, k1) to end of rnd.

Rnd 58: (K10, sl2 wyib, k1) to end of rnd.

Rnd 59: (K10, sl2 wyib, k1) to end of rnd.

Rnd 60: (K10, sl2 wyib, k1) to end of rnd.

Rnd 61: Using MC, (sl1 wyib, k11, sl1 wyib) to end of rnd.

Rnd 62: (Sl1 wyib, k11, sl1 wyib) to end of rnd.

Rnd 63: (Sl1 wyib, k11, sl1 wyib) to end of rnd.

Rnd 64: (Sl1 wyib, k11, sl1 wyib) to end of rnd.

If you are happy with the length of your Yoke depth, then skip ahead to BODY instructions. Otherwise, continue knitting Rnds 65 – 72.

Rnd 65: Using CC, (k1, sl2 wyib, k10) to end of rnd.

Rnd 66: (K1, sl2 wyib, k10) to end of rnd.

Rnd 67: (K1, sl2 wyib, k10) to end of rnd.

Rnd 68: (K1, sl2 wyib, k10) to end of rnd.

Rnd 69: Using MC, (k3, sl2 wyib, k8) to end of rnd.

Rnd 70: (K3, sl2 wyib, k8) to end of rnd.

Rnd 71: (K3, sl2 wyib, k8) to end of rnd.

Rnd 72: (K3, sl2 wyib, k8) to end of rnd.

Break CC. Skip ahead to BODY instructions. You should have 364 sts.

Sizes -- [--, --, --, 5] [6, 7, 8, 9] Only

Rnd 57: Using CC, (k10, sl2 wyib, m1, k1) to end of rnd.
-- [--, --, --, 392] [420, 420, 420, 420] sts.

Rnd 58: (K10, sl2 wyib, k2) to end of rnd.

Rnd 59: (K10, sl2 wyib, k2) to end of rnd.

Rnd 60: (K10, sl2 wyib, k2) to end of rnd.

Rnd 61: Using MC, (k12, sl2 wyib) to end of rnd.

Rnd 62: (K12, sl2 wyib) to end of rnd.

Rnd 63: (K12, sl2 wyib) to end of rnd.

Rnd 64: (K12, sl2 wyib) to end of rnd.

Sizes 5 & 6 Only

Rnd 65: Using CC, (Sl2 wyib, k12) to end of rnd.

Rnd 66: (Sl2 wyib, k12) to end of rnd.

Rnd 67: (Sl2 wyib, k12) to end of rnd.

Rnd 68: (Sl2 wyib, k12) to end of rnd.

Rnd 69: Using MC, (k2, sl2 wyib, k10) to end of rnd.

Rnd 70: (K2, sl2 wyib, k10) to end of rnd.

Rnd 71: (K2, sl2 wyib, k10) to end of rnd.

Rnd 72: (K2, sl2 wyib, k10) to end of rnd.

If you are happy with the length of your Yoke depth, then skip ahead to BODY instructions. Otherwise, continue knitting Rnds 73 – 80.

Rnd 73: Using CC, (K4, sl2 wyib, k8) to end of rnd.

Rnd 74: (K4, sl2 wyib, k8) to end of rnd.

Rnd 75: (K4, sl2 wyib, k8) to end of rnd.

Rnd 76: (K4, sl2 wyib, k8) to end of rnd.

Rnd 77: Using MC, (k6, sl2 wyib, k6) to end of rnd.

Rnd 78: (K6, sl2 wyib, k6) to end of rnd.

Rnd 79: (K6, sl2 wyib, k6) to end of rnd.

Rnd 80: (K6, sl2 wyib, k6) to end of rnd.

Break CC. Skip ahead to BODY instructions. Size 5 should have 392 sts. Size 6 should have 420 sts.

Sizes 7, 8, & 9 Only

Rnd 65: Using CC, (sl2 wyib, m1, k12) to end of rnd. -- [--, --, --, --] [--, 450, 450, 450] sts.

Rnd 66: (Sl2 wyib, k13) to end of rnd.

Rnd 67: (Sl2 wyib, k13) to end of rnd.

Rnd 68: (Sl2 wyib, k13) to end of rnd.

Rnd 69: Using MC, (k2, sl2 wyib, k11) to end of rnd.

Rnd 70: (K2, sl2 wyib, k11) to end of rnd.

Rnd 71: (K2, sl2 wyib, k11) to end of rnd.

Rnd 72: (K2, sl2 wyib, k11) to end of rnd.

Size 7 Only

Rnd 73: Using CC, (k4, sl2 wyib, k9) to end of rnd.

Rnd 74: (K4, sl2 wyib, k9) to end of rnd.

Rnd 75: (K4, sl2 wyib, k9) to end of rnd.

Rnd 76: (K4, sl2 wyib, k9) to end of rnd.

Rnd 77: Using MC, (k6, sl2 wyib, k7) to end of rnd.

Rnd 78: (K6, sl2 wyib, k7) to end of rnd.

Rnd 79: (K6, sl2 wyib, k7) to end of rnd.

Rnd 80: (K6, sl2 wyib, k7) to end of rnd.

If you are happy with the length of your Yoke depth, then skip ahead to BODY instructions. Otherwise, continue knitting Rnds 81 – 88.

Rnd 81: Using CC, (k8, sl2 wyib, k5) to end of rnd.

Rnd 82: (K8, sl2 wyib, k5) to end of rnd.

Rnd 83: (K8, sl2 wyib, k5) to end of rnd.

Rnd 84: (K8, sl2 wyib, k5) to end of rnd.

Rnd 85: Using MC, (k10, sl2 wyib, k3) to end of rnd.

Rnd 86: (K10, sl2 wyib, k3) to end of rnd.

Rnd 87: (K10, sl2 wyib, k3) to end of rnd.

Rnd 88: (K10, sl2 wyib, k3) to end of rnd.

Break CC. Skip ahead to BODY instructions. You should have 450 sts.

Sizes 8 & 9 Only

Rnd 73: Using CC, (k4, sl2 wyib, m1, k9) to end of rnd. -- [--, --, --, --] [--, --, 480, 480] sts.

Rnd 74: (K4, sl2 wyib, k10) to end of rnd.

Rnd 75: (K4, sl2 wyib, k10) to end of rnd.

Rnd 76: (K4, sl2 wyib, k10) to end of rnd.

Rnd 77: Using MC, (k6, sl2 wyib, k8) to end of rnd.

Rnd 78: (K6, sl2 wyib, k8) to end of rnd.

Rnd 79: (K6, sl2 wyib, k8) to end of rnd.

Rnd 80: (K6, sl2 wyib, k8) to end of rnd.

Size 8 Only

If you are happy with the length of your Yoke depth, then skip ahead to BODY instructions. Otherwise, continue knitting Rnds 81 – 88.

Rnd 81: Using CC, (k8, sl2 wyib, k6) to end of rnd.

Rnd 82: (K8, sl2 wyib, k6) to end of rnd.

Rnd 83: (K8, sl2 wyib, k6) to end of rnd.

Rnd 84: (K8, sl2 wyib, k6) to end of rnd.

Rnd 85: Using MC, (k10, sl2 wyib, k4) to end of rnd.

Rnd 86: (K10, sl2 wyib, k4) to end of rnd.

Rnd 87: (K10, sl2 wyib, k4) to end of rnd.

Rnd 88: (K10, sl2 wyib, k4) to end of rnd.

Skip ahead to BODY instructions. You should have 480 sts.

Size 9 Only

Rnd 81: Using CC, (k8, sl2 wyib, m1, k6) to end of rnd. -- [--, --, --, --] [--, --, --, 510] sts.

Rnd 82: (K8, sl2 wyib, k7) to end of rnd.

Rnd 83: (K8, sl2 wyib, k7) to end of rnd.

Rnd 84: (K8, sl2 wyib, k7) to end of rnd.

Rnd 85: Using MC, (k10, sl2 wyib, k5) to end of rnd.

Rnd 86: (K10, sl2 wyib, k5) to end of rnd.

Rnd 87: (K10, sl2 wyib, k5) to end of rnd.

Rnd 88: (K10, sl2 wyib, k5) to end of rnd.

If you are happy with the length of your Yoke depth, then skip ahead to BODY instructions. Otherwise, continue knitting Rnds 89 – 96.

Rnd 89: (K12, sl2 wyib, k3) to end of rnd.

Rnd 90: (K12, sl2 wyib, k3) to end of rnd.

Rnd 91: (K12, sl2 wyib, k3) to end of rnd.

Rnd 92: (K12, sl2 wyib, k3) to end of rnd.

Rnd 85: Using MC, (k14, sl2 wyib, k1) to end of rnd.

Rnd 86: (K14, sl2 wyib, k1) to end of rnd.

Rnd 87: (K14, sl2 wyib, k1) to end of rnd.

Rnd 88: (K14, sl2 wyib, k1) to end of rnd.

Continue with BODY instructions. You should have 510 sts.

BODY

You do not need the CC anymore, so you can break the CC. Watch this Westknits video to assist with the Cable Cast On.

<https://youtu.be/5AbRtzGFQmk>

Rnd 1: Using MC, k42 [45, 50, 56, 61] [68, 73, 78, 86] Back sts.

Place 60 [66, 68, 70, 74] [74, 80, 84, 83] sts onto waste yarn for Right sleeve. Turn to work WS.

CO 15 [16, 16, 16, 14] [16, 17, 16, 14] sts using the Cable CO method. Turn to work RS.

K83 [90, 100, 112, 122] [136, 145, 156, 172] Front sts.

Place next 60 [66, 68, 70, 74] [74, 80, 84, 83] sts onto waste yarn for Left sleeve. Turn to work WS.

CO 15 [16, 16, 16, 14] [16, 17, 16, 14] sts using the Cable CO method. Turn to work RS.

K41 [45, 50, 56, 61] [68, 72, 78, 86] Back sts.

196 [212, 232, 256, 272] [304, 324, 344, 372] sts.

Pattern Repeat

Rnd 2: (K2, p2) to end of rnd.

Rnd 3: (K2, p2) to end of rnd.

Rnd 4: (K1, p2, k1) to end of rnd.

Rnd 5: (K1, p2, k1) to end of rnd.

Rnd 6: (P2, k2) to end of rnd.

Rnd 7: (P2, k2) to end of rnd.

Rnd 8: (P1, k2, p1) to end of rnd.

Rnd 9: (P1, k2, p1) to end of rnd.

Repeat Rnds 2 – 9 of Pattern Repeat until the Body measures 2" / 5cm less than your desired finished length. Switch to smaller needles (US 5 / 3.75mm recommended).

Ribbing

Rnd 1: K all sts.

Rnd 2: (K1 tbl, p1) to end of rnd.

Repeat last rnd until ribbing measures approximately 4" / 10cm. The next rnd will create the folded hem using the same technique as the Collar. Each stitch will be knitted together with a picked-up stitch from the WS. Be careful not to bind off too tight. There should be a bit of stretch to the hem as you bind off so the ribbing isn't too tight around your waist.

Next Rnd: K1 together with a picked up st from the beginning of the ribbing, *k next st together with a picked up st from the beginning of the ribbing, pass first st over; repeat from * until all sts are bound off to create the folded hem. Break yarn and pull it through the last st.



SLEEVES

Rnd 1: Place 60 [66, 68, 70, 74] [74, 80, 84, 83] sts onto larger needles (US 6 / 4mm recommended).

Using MC, pick up and k8 [7, 8, 9, 7] [7, 8, 8, 9] sts along the underarm starting in the middle of cable cast on edge from the body.

K60 [66, 68, 70, 74] [74, 80, 84, 88].

Pick up and k8 [7, 8, 9, 7] [7, 8, 8, 8] sts from the underarm of the body.

Place marker and join to work in the rnd.

76 [80, 84, 88, 88] [88, 96, 100, 100] sts.

Rnd 2: (K2, p2) to end of rnd.

Rnd 3: (K2, p2) to end of rnd.

Rnd 4: (K1, p2, k1) to end of rnd.

Rnd 5: (K1, p2, k1) to end of rnd.

Rnd 6: (P2, k2) to end of rnd.

Rnd 7: (P2, k2) to end of rnd.

Rnd 8: (P1, k2, p1) to end of rnd.

Rnd 9: (P1, k2, p1) to end of rnd.

Pattern Repeat Note: Continue working in the diagonal stitch pattern just like you did for the Body. You will begin decreasing sts to shape the sleeve, which will require you to read and visualize the st pattern in your knitting. Maintain the diagonal stitch pattern while you are decreasing stitches. The first 2 sts and last 2 sts will always be knit sts.

Pattern Repeat

Decrease Rnd: K1, ssk, work in diagonal pattern to last 3 sts, k2tog, k1. 2 sts decreased.

Next 7 [7, 7, 7, 7] [7, 5, 5, 5] Rnds: K2, work in diagonal pattern to last 2 sts, k2.

Read the next two paragraphs before completing the sleeve to get the best sleeve fit for your sweater.

For a fitted sleeve, repeat last 8 [8, 8, 8, 8] [8, 6, 6, 6] rnds of the Pattern Repeat 10 [12, 11, 13, 11] [11, 13, 15, 15] more times. 54 [54, 60, 60, 64] [64, 68, 68, 68] sts. For more gradual decreases, you can occasionally skip a decrease rnd, so you only decrease 2 sts every 16 rnds or every 12 rnds. This rate of sleeve shaping would make a more relaxed fit for the sleeve. If you work more gradual decreases, you may need to work a final decrease rnd before knitting the cuff to reach the final recommended stitch count for a fitted cuff.

The sleeve should measure approximately 6" / 15cm less than your desired finished sleeve length. If you reach the final recommended stitch count and wish to make the sleeve longer, then you can work more rnds without decreases before working the Cuff instructions.

Switch to smaller needles (US 5 / 3.75mm recommended).

Cuff

Rnd 1: K all sts.

Rnd 2: (K1 tbl, p1) to end of rnd.

Repeat last rnd until cuff measures approximately 6" / 15cm or until the sleeve is your desired finished length.

BO all sts loosely on the next rnd.

Repeat all Sleeve instructions for the other Sleeve.



FINISHING

Weave in ends and steam or wet block the finished sweater to smooth the fabric.

Watch this Westknits video to assist with weaving in the ends.

<https://youtu.be/33NkCgk27rQ>

