



Circlet Shrug  
by Norah Gaughan

© 2017 *Norah Gaughan*  
*Photography by Carrie Bostick Hoge*



**Circllet Shrug**  
by Norah Gaughan

Seems like cables are my preferred means of expression these days. Making up new cable patterns is the most joyful part of designing for me. I chose a lovely woven fabric of tight and loose weaves to be my inspiration for my Dots cable pattern. Two-over-two cables mimic a loose weave, the illusion deepened with the additional double yarn over openwork, puncturing the spaces between the cables. Large round dots appear in the spaces between the loose weaves. If you look closely you'll spot smaller dots nestled in each larger dot. In the end, my cabled dot pattern looks very little like the woven inspiration, but I wouldn't have gotten there without it.

This shrug is meant to be an oversized piece. If you would like to make it even smaller than the smallest size you can take out one pattern repeat (24 sts) from the back neck cast on, making the back 3" [7.5 cm] narrower.

A shoutout of thanks to Mary Scott Huff for the Super Tubular cast on. We enjoyed one of those magic moments when I taught her the alternating cable cast on and she had the brilliant idea to superimpose another tubular like cast method on top of it. I'm loving the results and rarely miss a chance to use the cast on since.

**Finished measurements**

46 (58, 70)" [117 (147, 178) cm] at Bust  
Sample shown in size 58" [147 cm] with 23" [58.5 cm] positive ease  
Suggested ease: 12–24" [30–60cm] positive ease

**Yarn**

**Arbor by Brooklyn Tweed**

(100% American wool; 50 grams / 145 yards [132 meters])

- 10 (12, 17) skeins in Sashiko

OR

1450 (1740, 2465) yards [1326 (1591, 2254) meters] in DK weight yarn

**Needles**

- One 32" [80 cm] circ in size 6 US [4 mm]
- One 32" [80 cm] circ in size 4 US [3.5 mm] or 2 sizes smaller than gauge needle

Note: Both needle sizes are used at one time while working each Front and this is more easily accomplished with circular needles.

*Or size to obtain gauge*

**Notions**

- Stitch markers
- Cable needle
- Stitch holders
- Tapestry needle

**Gauge**

22 sts and 32 rows = 4" [10 cm] in St stitch with larger needles, after blocking.

Circllet Cable pattern: one repeat (24 sts) = 3" [7.5 cm]; (20 rows) = 2¼" [5.75 cm] with larger needle, after blocking.

**Techniques**

**Super Tubular cast on**

Super Tubular cast on has two parts, starting with the alternating cable cast on and then adding 2 slip stitch rows (link to alternating cable cast on: <https://youtu.be/xphGoutbgq4>).

Put a slip knot on your LH needle, use the long-tail cast on to make a second st. \*Then knit one on by putting your RH needle between the last 2 sts from Front to Back, knitting and placing that loop on the needle. Now purl one on by putting your RH needle between the first 2 sts from the back purling, and placing that loop on the needle. Repeat from \*. The last st will be a purl. There are an even number of stitches on the needle.

Work slipped rows as follows:

**RS row:** \*Sl1 as if to purl wyib, k1; rep from \* to end.

**WS row:** \*Sl1 as if to purl wyib, k1; rep from \* to end.

### Notes

Knit flat, starting in two pieces then joining to be one piece. Collar is worked along with the Fronts using two different size needles. Collar extensions are knit together at the back neck. Side seams are sewn and collar extensions are sewn to back neck.

## Shrug

### Right Front

With smaller circ, using super tubular method or your favorite cast on, CO 114 (138, 162) sts.

**Next row set-up ribbing:** (RS) K1, work rib row of Circlet Chart from B to C, two times, work from B to \*, pm, work from A to B, then [from B to C] 1(2, 3) times, work from C to D.

Work ribbing by reading your work, always knitting the knits and purling the purls, for 3" [7.5 cm], ending after a RS row.

**Next row:** (WS) With larger circ, work set-up row of Circlet Chart to m, remove m, and with smaller circ, work rem 56 sts in rib. From this point, you will be working the rib sts with smaller circ and cable sts with the larger circ.

**Next row dec row:** (RS) With smaller circ, work 10 sts in rib, ssk, work to end of rib, with larger circ work Row 1 of Circlet Chart (1 st dec'd).

Rep **dec row** every 8th row 19 times more, while working the 20 row Circlet Chart—94 (118, 142) sts.

Cont even in patts until all 20 rows of the Circlet Chart have been completed 8 (8, 9) times, then work Rows 1–4 of the Circlet Chart.

### Begin rib extensions

Work across rem 36 rib sts, cont on these sts only (on smaller needles) work even in rib for 4" [10 cm], ending after a WS row.

**Next row dec row:** (RS) Knit and dec 9 sts across row—27 sts.

Knit 2 rows.

Break yarn leaving a 12" [30 cm] end. Hold rem 27 sts.

### Begin Back Neck shaping

Return to Circlet sts on larger circ. Join yarn ready to work a RS row.

**Next row:** (Row 5, RS) and work following the Right Neck Chart.

(RS) Work Row 5 of Right Neck Chart, repeating the sections same as in Circlet Chart.

Cont in patt until all 12 rows of the chart have been completed—73 (97, 121) sts. Place sts on a spare needle or holder.

### Left Front

With smaller circ, using super tubular method or your favorite cast on, CO 114 (138, 162) sts.

**Next row set-up ribbing:** (RS) Work rib row of Circlet Chart from A to B, [work from B to C] 1(2, 3) times, work from C to D, pm, work from \* to B, then work from B to C two times, k1. Work ribbing by reading your work, always knitting the knits and purling the purls, for 3" [7.5 cm], ending after a RS row.

**Next row:** (WS) With smaller circ, cont rib for 56 sts, then with larger circ, work set-up row of Circlet Chart to end. From this point, you will be working the rib sts with smaller circ and cable sts with the larger circ.

**Next row dec row:** (RS) With larger circ work Circlet Chart to end of needle, with smaller circ, work in rib to last 12 sts, k2tog, rib to end.

Rep **dec row** every 8th row 19 times more, while repeating the 20 row Circlet Chart—94 (118, 142) sts. Cont even in patts until all 20 rows of the Circlet Chart have been completed 8 (8, 9) times, place a removable marker somewhere on this row, then work Rows 1–3 of the Circlet Chart.

### Begin rib extensions

Work across rem 36 rib sts, cont on these sts only (on smaller needles) work even in rib for 4" [10 cm], ending after a WS row.

**Next row:** (RS) Knit and dec 9 sts across row—27 sts.

Knit 2 rows.

Do not break yarn. Return sts for right rib to circ. With WS of pcs tog, join using the three-needle bind off. Break yarn leaving a 12" [30 cm] end.

### Begin Back Neck shaping

Return to Circllet sts on larger circ. Join yarn ready to work a RS row.

**Next row:** (RS) Work Row 4 of Left Neck Chart, (see chart pg 122), repeating the sections same as in Circllet Chart.

Cont in patt through Row 11 of the chart—73 (97, 121) sts.

**Next row:** (WS) CO 32 sts, p32, then work Row 12 of left Neck Chart to end—105 (129, 153) sts.

### Join Left and Right Front

**Next row:** (RS) Work Row 13 of Circllet Chart to end, with RS facing, return sts for right front to LH needle, cont working in patt to end—178 (226, 274) sts. (Note: 24 st rep is now worked 6 (8, 10) times.)

### Back

Cont even in cable pattern until Row 20 of the Circllet Chart has been completed 8 (8, 9) times from removeable marker at Back Neck.

Work Rows 1–5.

Change to smaller needles.

Work Row 6 of Circllet Chart. Work rib row.

Cont in ribbing by reading your work, always knitting the knits and purling the purls, for 3" [7.5 cm], ending after a WS row.

### Bind off to match Super Tubular cast on

**RS row:** \*Sl1 as if to purl wyib, k1; rep from \* to end.

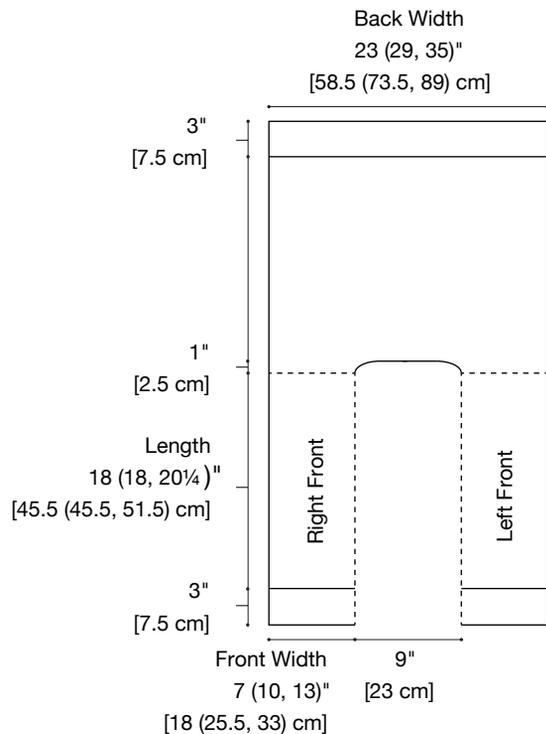
**WS row:** \*Sl1 as if to purl wyib, k1; rep from \* to end.

BO using the tubular bind off.

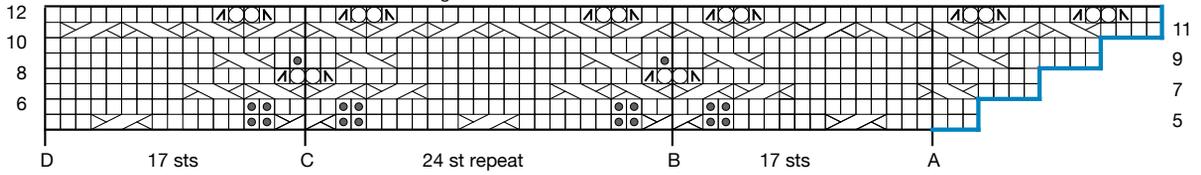
### Finishing

Block pc to measurements. Sew Back Neck extensions down to Back Neck. Sew side seams.

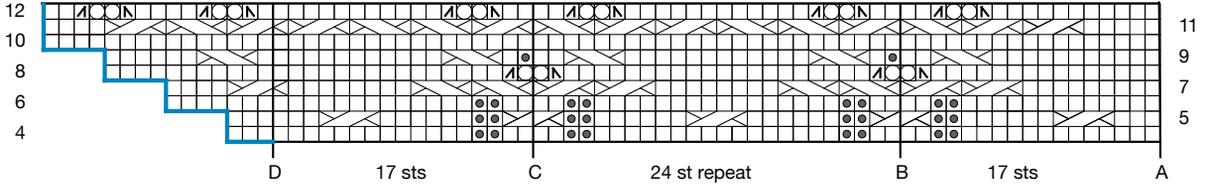
Norah is a knitwear designer and author of *Knitted Cable Sourcebook*, living in New Hampshire.  
[norahgaughan.net](http://norahgaughan.net) / Instagram: [norahgn](https://www.instagram.com/norahgn)



Right Neck Chart



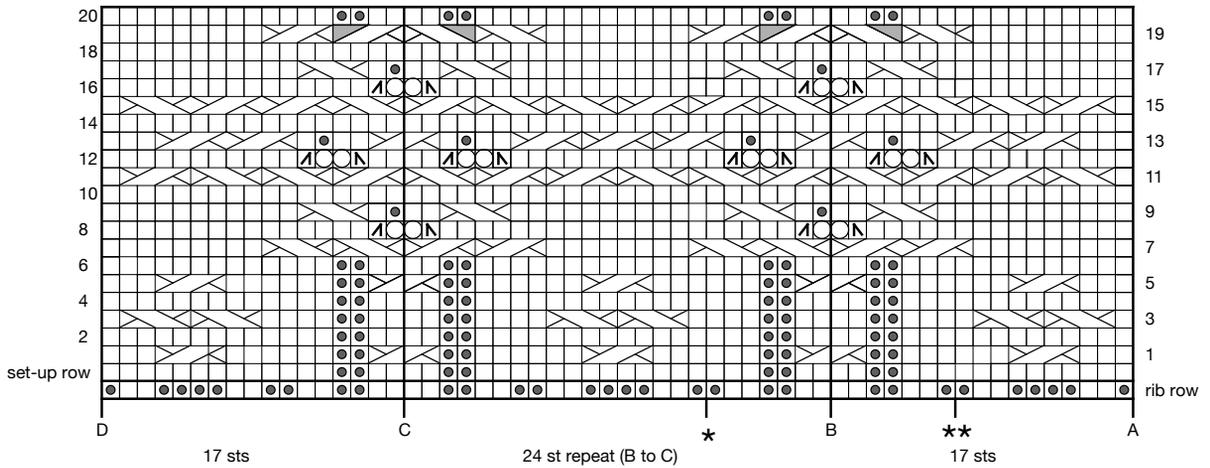
Left Neck Chart



KEY

- knit on RS, purl on WS
- ⊙ purl on RS, knit on WS
- cable cast on specified number of stitches
- ▤ 2 on CN in front, k2, k2 from CN
- ▥ 2 on CN in back, k2, k2 from CN
- ▦ 2 on CN in front, p2, k2 from CN
- ▧ 2 on CN in back, k2, p2 from CN
- yo (on WS)
- ▩ on WS, p2tog
- on WS, ssp

Circler Chart



## abbreviations

**approx:** approximately

**beg:** begin(ning)

**BO:** bind off

**circ:** circular

**CO:** cast on

**dec('d):** decrease(d)

**k:** knit

**p:** purl

**patt:** pattern

**pc(s):** piece(s)

**LH:** left hand

**m:** marker

**rep:** repeat

**RH:** right hand

**rnd(s):** round(s)

**RS:** right side

**sl:** slip

**st(s):** stitch(es)

**St st:** stockinette stitch

**wyib:** with yarn in back

**WS:** wrong side

**yo:** yarn over

### **Tubular bind off**

[www.youtube.com/watch?v=FNbanIVzbxw&feature=youtu.be](http://www.youtube.com/watch?v=FNbanIVzbxw&feature=youtu.be)



Circlet Shrug was originally published in Making's No. 3 / DOTS issue / [makingzine.com](http://makingzine.com)