



Cara Wrap

- Sizes:** 1 (2, 3, 4, 5) (6, 7, 8, 9, 10)
- Finished chest circumference:** 80 (90, 100, 110, 120) (130, 140, 150, 160, 170) cm/31.5 (35.5, 39.25, 43.25, 47.25) (51.25, 55, 59, 63, 67) inches
- Yardage:**
Cropped, short sleeve: 666 (744, 817, 897, 983) (1072, 1197, 1346, 1483, 1626) m of each yarn
Cropped, long sleeve: 778 (864, 943, 1030, 1122) (1220, 1354, 1511, 1658, 1806) m of each yarn
Longer, short sleeve: 775 (866, 953, 1047, 1147) (1248, 1388, 1551, 1702, 1859) m of each yarn
Longer, long sleeve: 888 (986, 1079, 1180, 1286) (1397, 1545, 1716, 1877, 2039) m of each yarn
- Gauge:** 20 stitches and 28 rows per 10 cm/4 inches
- Suggested Needles:** 3.25mm [US3] and 2.75mm [US2] for ribbing; 3.25mm [US3] DPN or extra needle for I-cord; 2.25mm [US1] DPNs or spare needle, or needle 2 sizes smaller than gauge needle



Creabea Knitting Podcast



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NOTES

About

The wrap top is a top-down wrap cardigan with set-in sleeves and an option for short or long sleeves. The wrap can be knit to a cropped length or a fuller length. It's tied with I-cord ties and has options for bust shaping and waist shaping.

Sizing

0-5 cm/0-2 inches inches of positive ease is recommended, meaning you should pick a size that is 0-5 cm/0-2 inches inches larger than your chest measurement.

A - Finished Chest Measurement

80 (90, 100, 110, 120) (130, 140, 150, 160, 170) cm/31.5 (35.5, 39.25, 43.25, 47.25) (51.25, 55, 59, 63, 67) inches

B - Bicep Circumference

31 (34, 36, 39, 41) (45, 49, 52, 55, 56) cm/12.25 (13.5, 14.25, 15.25, 16.25) (17.75, 19.25, 20.5, 21.75, 22) inches

Yoke Depth

19.5 (20, 21, 21.5, 22) (23, 24.5, 25, 25, 26) cm/7.75 (7.75, 8.25, 8.5, 8.75) (9, 9.75, 9.75, 9.75, 10.25) inches

Body length (from underarm, customisable):

cropped - 28 (28, 28, 28, 28) (28, 28, 30, 31.5, 33.5) cm/11.25 (11.25, 11.25, 11.25, 11.25) (11.25, 11.25, 12.25, 12.75, 13.5) inches

longer - 35 (35, 35, 35, 35) (35, 35, 37, 38.5, 40.5) cm/13.75 (13.75, 13.75, 13.75, 13.75) (13.75, 13.75, 14.75, 15.25, 16) inches

Sleeve Length (customisable)

short - 8 cm/3.25 inches; *long* - 43 cm/17 inches

SHAPING

Shaping options:

You have the option to include waist and or bust shaping. If you choose to include shaping, you'll need to follow the instructions below along with the main pattern. You can include both bust and waist shaping if you wish.

Waist shaping:

The waist shaping will decrease the overall circumference of your wrap by 10 cm/4 inches.

When you are **Joining the fronts and back**, you will want to place a stitch marker in the centre of the underarm cast-on stitches on both sides.

You will work the following decrease round every 5 cm/2 inches a total of 5 times. This will decrease your total stitch count by 20 stitches.

Waist shaping: Work per main pattern until 3 stitches before first marker, k2tog, k1, sm, k1, ssk, knit until 3 stitches before marker, k2tog, k1, sm, k1, ssk, work to end per main pattern. (4 stitches decreased)

Bust shaping

This sweater is graded for a B-cup bust. To determine if you need bust shaping, you can compute the difference between your full bust measurement (at the widest part of your bust) and your upper bust measurement. If the difference is less than 5 cm/2 inches, you do not need to incorporate any bust shaping. If the difference between 5-10 cm/2-4 inches, you can follow Option 1 below. If the difference is between 10-15 cm/4-6 inches, you can follow Option 2 below. If you wish to include bust shaping, you may need a small amount of additional yarn.

This pattern uses vertical bust darts which are simple to work and to place. The bust-shaping increases will be worked on both front panels, and the additional stitches will be decreased away in the body.

The bust shaping instructions can be found at the very end of the pattern document. Please read through the bust shaping instructions before starting if you plan to work shaping.

Coverage

If you would like your wrap to have more coverage than written, this is a straightforward adjustment. You'll start working the more rapid increases earlier in the pattern. The wrap edge has three rates of increase. You can start the second rate of increases earlier and work them for longer before switching to the final rate of increase.

GLOSSARY

Abbreviations

BOR - beginning of round

DPN - double-pointed needle

DS - double stitch

k - knit

k2tog - knit two stitches together (1 stitch decreased)

M1BL - make one backwards-loop (1 stitch increased)

M1FL - make one forwards-loop (1 stitch increased)

For both forwards- and backwards-loop increases, see more [here](#).

M1L - make one left (1 stitch increased)

M1Lp - make one purl left (1 stitch increased)

M1R - make one right (1 stitch increased)

M1Rp - make one purl right (1 stitch increased)

p - purl

pm - place marker

RS - right side

sl3wyif - slip 3 stitches purlwise with yarn in front

sm - slip marker

ssk - slip, slip, knit (1 stitch decreased)

WS - wrong side

INSTRUCTIONS

Start Here

Back

Using 3.25mm needles, cast on 72 (74, 76, 78, 82) (84, 86, 88, 92, 96) stitches using the long-tail cast-on or your preferred cast-on method. The back is shaped with short rows. Resolve all DS as you pass them. Markers are placed to mark where the shoulders will be.

Row 1 (WS): P17 (17, 18, 18, 20) (20, 20, 21, 22, 24), pm, p38 (40, 40, 42, 42) (44, 46, 46, 48, 48), pm, p17 (17, 18, 18, 20) (20, 20, 21, 22, 24).

Row 2 (RS): Knit to marker, sm, knit to marker, sm, knit 4 (4, 4, 4, 4) (4, 4, 5, 5, 5) stitches past the marker, turn.

Row 3 (WS): Make DS, purl to marker, sm, purl to marker, sm, purl 4 (4, 4, 4, 4) (4, 4, 5, 5, 5) stitches past the marker, turn.

Row 4 (RS): Make DS, knit to marker, sm, knit to marker, sm, knit to 4 (4, 4, 4, 4) (4, 4, 5, 5, 5) stitches past DS, turn.

Row 5 (WS): Make DS, purl to marker, sm, purl to marker, sm, purl to 4 (4, 4, 4, 4) (4, 4, 5, 5, 5) stitches past DS, turn.

Work rows 4 and 5 two more times.

Row 6 (RS): Make DS, knit to end while resolving double stitch.

You should have made a total of 8 DS, 4 on each side, and have 1 (1, 2, 2, 4) (4, 4, 1, 2, 4) unworked stitch(es) on either side. Place a removable marker on a stitch on your final row.

Work back and forth until your work measures 18 (16.5, 16.5, 17, 16.5) (16.5, 16.5, 15.5, 14.5, 14.5) cm/7 (6.5, 6.5, 6.75, 6.5) (6.5, 6.5, 6, 5.75, 5.75) inches from the removable marker. End on a WS row.

Sizes 1-3, 5, and 9:

You will begin by working increases at the armhole edges every other row.

Row 1 (RS): K1, M1L, knit until 1 stitch remains, M1R, k1. (2 stitches increased)

Row 2 (WS): Purl to end.

Work rows 1 and 2 a total of 2 (5, 4, -, 1) (-, -, -, 1, -) time(s). This is a total of 4 (10, 8, -, 2) (-, -, -, 2, -) rows. You now have a total of 76 (84, 84, -, 84) (-, -, -, 94, -) stitches on your needles.

Sizes 1 and 2 can break your yarn and place your stitches on hold. The other sizes need to work some additional increases.

Sizes 3-10:

You will work increases at the armhole edges every row.

Row 3 (RS): K1, M1L, knit until 1 stitch remains, M1R, k1. (2 stitches increased)

Row 4 (WS): P1, M1Rp, purl until 1 stitch remains, M1Lp, p1. (2 stitches increased)

Work rows 3 and 4 a total of - (-, 2, 6, 7) (9, 11, 13, 14, 16) times. This is a total of - (-, 4, 12, 14) (18, 22, 26, 28, 32) rows. You now have - (-, 92, 102, 112) (120, 130, 140, 150, 160) stitches on your needles. Break your yarn and place your stitches on hold.

INSTRUCTIONS

Right Shoulder

SEE VIDEO HERE

We'll start by working an I-cord along the back of the neck. It will be set up so that you can continue to work it down the neck edge of the right front. It may help to place some removable stitch markers along the top of the back panel to assist in picking up stitches. If so, place a marker 17 (17, 18, 18, 20) (20, 20, 21, 22, 24) stitches in from the armhole edge, 19 (20, 20, 21, 21) (22, 23, 23, 24, 24) stitches in from that marker, 19 (20, 20, 21, 21) (22, 23, 23, 24, 24) stitches in from the middle marker.

You now have 4 sections of stitches:

17 (17, 18, 18, 20) (20, 20, 21, 22, 24) (*shoulder stitches*) -- 19 (20, 20, 21, 21) (22, 23, 23, 24, 24) (*first half back neck*) -- 19 (20, 20, 21, 21) (22, 23, 23, 24, 24) (*second half back neck*) -- 17 (17, 18, 18, 20) (20, 20, 21, 22, 24) (*shoulder stitches*).

Starting at the marker in the middle of the back, start picking up stitches towards the right shoulder marker. Using your larger needles, pick up a total of 13 (13, 13, 14, 14) (15, 15, 15, 16, 16) stitches by picking up 2 in every 3 stitches along the 19 (20, 20, 21, 21) (22, 23, 23, 24, 24) stitches on the right side of the back neck. Don't knit these stitches: you'll work these together with the I-cord stitches.

On a 3.25mm DPN or an extra needle, cast on 3 stitches for your I-cord.

Row 1 (WS): Slide 3 I-cord stitches to your left needle, slip 1 of your picked-up stitches onto the DPN.

Row 2 (RS): K2tog (one I-cord stitch with one of your picked-up stitches), k2. (1 stitch decreased)

Repeat rows 1 and 2 until all 13 (13, 13, 14, 14) (15, 15, 15, 16, 16) back right neck stitches have been worked. Break yarn, place 3 I-cord stitches on hold.

Using the short tail of your yarn (not the end going into the ball) and larger needles, and working from the right armhole edge, pick up and knit 1 stitch in every stitch for 17 (17, 18, 18, 20) (20, 20, 21, 22, 24) stitches.

Slide stitches along, ready to start a RS row, and place the 3 I-cord stitches on your needles.

You may want to place a marker to denote where the 3 I-cord stitches are. You now have 20 (20, 21, 21, 23) (23, 23, 24, 25, 27) stitches on your needles.

A wedge of short rows are worked to shape the shoulder.

Row 1 (RS): Knit to end.

Row 2 (WS): Sl3wyif, p4 (4, 4, 4, 4) (4, 4, 5, 5, 5), turn.

Row 3 (RS): Make DS, knit to end.

Row 4 (WS): Sl3wyif, purl to DS, work DS, p4 (4, 4, 4, 4) (4, 4, 5, 5, 5), turn.

Work rows 3 and 4 another two times.

INSTRUCTIONS

Row 5 (RS): Make DS, knit to end.

You should now have worked 3 DS and have 1 DS remaining.

Row 6 (WS): Sl3wyif, purl to end while resolving last double stitch.

The short rows are now complete.

Sizes 1, 3, 5, and 8 only:

Now work back and forth, maintaining the I-cord, until your right shoulder measures 1 cm/0.5 inch at the armhole edge. At the pattern row gauge, this is 2 rows. End with a WS row.

All sizes:

You'll now start working increases to shape the neckline. These are worked along the inside of the I-cord edge. Neckline increases are worked with a forwards-loop increase.

Note: If your row gauge is different from the pattern row gauge, you may need to work the neckline increases more or less frequently.

Size 9 only:

Note (Size 9 only): If you are working Bust shaping Option 2, you should begin your bust shaping here.

Row 1 (RS): Knit to end.

Row 2 (WS): Sl3wyif, M1FL, purl to end. (1 stitch increased)

Work rows 1-2 a total of - (-, -, -, -) (-, -, -, 1, -) time. You have worked 1 increase and have - (-, -, -, -) (-, -, -, 26, -) stitches on your needles.

All sizes:

You will work the bust-shaping increases over the final 20 rows (7 cm/2.75 inches) of the armhole shaping near the armhole edge. You may need to count backwards on the armhole shaping to determine the best place to start the bust shaping for your size.

Note: If you are working Bust shaping Option 1, you will begin your bust shaping after 7 (6, 9, 7, 6) (6, 6, 5, 4, 5) repeats of rows 3-6.

If you are working Bust shaping Option 2, you will begin your bust shaping after working 2 (1, 2, 5, 1, 1) (1, 0, -, 0) repeat(s) of rows 3-6. Size 9 should have already begun their bust shaping; sizes 8 and 10 should start the bust shaping the first time working Row 3 below.

If you are starting your bust shaping earlier or later, adjust the placement accordingly.

Row 3 (RS): Knit to end.

Row 4 (WS): Sl3wyif, M1FL, purl to end. (1 stitch increased)

Row 5 (RS) : Knit to end.

Row 6 (WS): Sl3wyif, purl to end.

INSTRUCTIONS

Work rows 3-6 a total of 12 (11, 11, 12, 11) (11, 11, 10, 9, 10) times. You have increased by 12 (11, 11, 12, 11) (11, 11, 10, 9, 10) stitches and your work should measure 18 (15.5, 16.5, 17, 16.5) (15.5, 15.5, 15, 13.5, 14.5) cm/7 (6.25, 6.5, 6.75, 6.5) (6.25, 6.25, 6, 5.25, 5.5) inches along the armhole edge. You should have 32 (31, 32, 33, 34) (34, 34, 34, 35, 37) stitches on your needles.

You'll now increase at the armhole edge in the same way you did for the back, whilst also working the neckline increases.

Sizes 1-3 only:

Row 7 (RS): K1, M1L, knit to end. (1 stitch increased)

Row 8 (WS): Sl3wyif, M1FL, purl to end. (1 stitch increased)

Row 9 (RS) : K1, M1L, knit to end. (1 stitch increased)

Row 10 (WS): Sl3wyif, purl to end.

Work rows 7-10 a total of 1 (2, 2, -, -) (-, -, -, -, -) time(s). You've increased by 3 (6, 6, -, -) (-, -, -, -, -) stitches and now have 35 (37, 38, -, -) (-, -, -, -, -) stitches on your needles.

Size 1 can proceed to All sizes below. **Sizes 2-3** have additional increases to make.

Size 5 only:

Row 11 (RS): K1, M1L, knit to end. (1 stitch increased)

Row 12 (WS): Sl3wyif, M1FL, purl to end. (1 stitch increased)

Row 13 (RS): K1, M1L, knit to end. (1 stitch increased)

Row 14 (WS): Sl3wyif, purl until 1 stitch remains, M1Lp, p1. (1 stitch increased)

Work rows 11-14 a total of - (-, -, -, 1) (-, -, -, -, -) time. You have increased by - (-, -, -, 4) (-, -, -, -, -) stitches and have - (-, -, -, 38) (-, -, -, -, -) stitches on your needles.

Sizes 6 and 8 only:

Row 15 (RS): Knit to end.

Row 16 (WS): Sl3wyif, M1FL, purl to end. (1 stitch increased)

Row 17 (RS): K1, M1L, knit to end. (1 stitch increased)

Row 18 (WS): Sl3wyif, purl until 1 stitch remains, M1Lp, p1. (1 stitch increased)

Work rows 15-18 a total of - (-, -, -, -) (1, -, 1, -, -) time. You have increased by - (-, -, -, -, -) (3, -, 3, -, -) stitches and have - (-, -, -, -) (37, -, 37, -, -) stitches on your needles.

Size 7 only:

Row 19 (RS): Knit to end.

Row 20 (WS): Sl3wyif, M1FL, purl to end. (1 stitch increased)

Work rows 19-20 a total of - (-, -, -, -) (-, 1, -, -, -) time. You have increased by - (-, -, -, -) (-, 1, -, -, -) stitch and have - (-, -, -, -) (-, 35, -, -, -) stitches on your needles.

INSTRUCTIONS

Sizes 2 and 9 only:

Row 21 (RS): Knit to end.

Row 22 (WS): Sl3wyif, M1FL, purl to end. (1 stitch increased)

Row 23 (RS) : K1, M1L, knit to end. (1 stitch increased)

Row 24 (WS): Sl3wyif, purl to end.

Work rows 21-24 a total of - (1, -, -, -) (-, -, -, 1, -) time. You have increased by - (2, -, -, -) (-, -, -, 2, -) stitches and have - (39, -, -, -) (-, -, -, 37, -) stitches on your needles.

Size 2 can proceed to All sizes below. **Size 9** has additional increases to make.

Sizes 3-6 and 9-10 only:

Row 25 (RS): K1, M1L, knit to end. (1 stitch increased)

Row 26 (WS): Sl3wyif, M1FL, purl until 1 stitch remains, M1Lp, p1. (2 stitches increased)

Row 27 (RS): K1, M1L, knit to end. (1 stitch increased)

Row 28 (WS): Sl3wyif, purl until 1 stitch remains, M1Lp, p1. (1 stitch increased)

Work rows 25-28 a total of - (-, 1, 3, 3) (4, -, -, 1, 2) time(s). You have increased by - (-, 5, 15, 15) (20, -, -, 5, 10) stitches and have - (-, 43, 48, 53) (57, -, -, 42, 47) stitches on your needles (plus any stitches added during bust shaping)

Sizes 3-6 can proceed to All sizes. **Sizes 9-10** have additional increases to make.

Sizes 7-10 only:

Row 29 (RS): K1, M1L, knit to end. (1 stitch increased)

Row 30 (WS): Sl3wyif, M1FL, purl until 1 stitch remains, M1Lp, p1. (2 stitches increased)

Work rows 29-30 a total of - (-, -, -, -) (-, 11, 12, 12, 12) times. You have increased by - (-, -, -, -) (-, 33, 36, 36, 36) stitches and have - (-, -, -, -) (-, 68, 73, 78, 83) stitches on the needles.

All sizes:

Break yarn, place stitches on hold.

Left shoulder

VIDEO HERE

You'll now continue the I-cord down the left shoulder.

Starting at the centre back and using your larger needle and the short tail of the yarn, pick up a total of 13 (13, 13, 14, 14) (15, 15, 15, 16, 16) stitches by picking up 2 in every 3 stitches along the 19 (20, 20, 21, 21) (22, 23, 23, 24, 24) stitches of the left side of the back neck. Using a spare needle or a DPN and your working end of your yarn, pick up 1 stitch in each of the 3 I-cord cast-on stitches (from the right shoulder cast-on).

Slide 4 stitches to other side of DPN (3 I-cord stitches and 1 picked-up stitch) *OR* Slide 3 stitches from DPN onto a regular needle.

INSTRUCTIONS

Row 1: K2, ssk (one I-cord stitch with one of your picked up stitches). (1 stitch decreased)

Row 2: Slide 3 I-cord stitches to the other end of your needle, slip 1 of your picked-up stitches onto the DPN *OR* Slide 3 stitches back onto regular needle.

Repeat rows 1 and 2 until all picked-up stitches have been worked. End with a Row 1. Don't break yarn.

Pick up 1 stitch in each of the 17 (17, 18, 18, 20) (20, 20, 21, 22, 24) stitches across the left shoulder with your working end of yarn. You now have 20 (20, 21, 21, 23) (23, 23, 24, 25, 27) stitches on your needles. Place marker between I-cord stitches and shoulder stitches. Next, we'll add a wedge of short-row shapening to the neck.

Row 1 (WS): Purl until 3 stitches remain, sm, sl3wyif.

Row 2 (RS): K3, sm, k4 (4, 4, 4, 4) (4, 4, 5, 5, 5), turn.

Row 3 (WS): Make DS, purl to marker, sm, sl3wyif.

Row 4 (RS): K3, sm, knit to DS, work DS, k4 (4, 4, 4, 4) (4, 4, 5, 5, 5), turn.

Work rows 3 and 4 another two times.

Row 5 (WS): Make DS, purl to marker, sm, sl3wyif.

You should now have worked 3 DS and have 1 DS remaining.

The short rows are now complete and the final DS will be resolved in the following row.

Sizes 1, 3, 5, and 8 only:

Now work back and forth, continuing to slip the I-cord on the WS and knit on the RS until your work measures 1 cm/0.5 inch at the armhole edge. End on a WS row. At the pattern row gauge, this is 2 rows.

All sizes:

You'll now start working increases to shape the neckline. These are worked along the inside of the I-cord edge. Neckline increases are worked with a backwards-loop increase

Note: If your row gauge is different from the pattern row gauge, you may need to work the neckline increases more or less frequently.

Size 9 only:

Note (Size 9 only): If you are working Bust shapening Option 2, you should begin your bust shapening here.

Row 1 (RS): K3, M1BL, knit to end. (1 stitch increased)

Row 2 (WS): Purl until 3 stitches remain, sl3wyif.

Work rows 1-2 a total of - (-, -, -, -) (-, -, -, 1, -) time. You have worked 1 increase and have - (-, -, -, -) (-, -, -, 26, -) stitches on your needles.

INSTRUCTIONS

All sizes:

Note: If you are working Bust shaping Option 1, you will begin your bust shaping after 7 (6, 9, 7, 6, 6) (6, 5, 4, 5) repeats of rows 3-6.

If you are working Bust shaping Option 2, you will begin your bust shaping after working 2 (1, 1, 5, 1, 1) (1, 0, -, 0) repeats of rows 3-6. Size 9 should have already begun their bust shaping; sizes 8 and 10 should start the bust shaping the first time working Row 3 below.

If you are starting your bust shaping earlier or later, adjust the placement accordingly.

Row 3 (RS): K3, M1BL, knit to end. (1 stitch increased)

Row 4 (WS): Purl until 3 stitches remain, sl3wyif.

Row 5 (RS): Knit to end.

Row 6 (WS): Purl until 3 stitches remain, sl3wyif.

Work rows 3-6 a total of 12 (11, 11, 12, 11) (11, 11, 10, 9, 10) times. You have increased by 12 (11, 11, 12, 11) (11, 11, 10, 9, 10) stitches and your work should measure 18 (15.5, 16.5, 17, 16.5) (15.5, 15.5, 15, 13.5, 14.5) cm/7 (6.25, 6.5, 6.75, 6.5) (6.25, 6.25, 6, 5.25, 5.5) inches along the armhole edge. You should have 32 (31, 32, 33, 34) (34, 34, 34, 35, 37) stitches on your needles.

You'll now increase at the armhole edge in the same way you did for the back, whilst also working the neckline increases.

Sizes 1-3 only:

Row 7 (RS): K3, M1BL, knit until 1 stitch remains, M1R, k1. (2 stitches increased)

Row 8 (WS): Purl until 3 stitches remain, sl3wyif.

Row 9 (RS): Knit until 1 stitch remains, M1R, k1. (1 stitch increased)

Row 10 (WS): Purl until 3 stitches remain, sl3wyif.

Work rows 7-10 a total of 1 (2, 2, -, -) (-, -, -, -, -) time(s). You've increased by 3 (6, 6, -, -) (-, -, -, -, -) stitches and now have 35 (37, 38, -, -) (-, -, -, -, -) stitches on your needles.

Size 1 can proceed to All sizes below. **Sizes 2-3** have additional increases to make.

Size 5 only:

Row 11 (RS): K3, M1BL, knit until 1 stitch remains, M1R, k1. (2 stitches increased)

Row 12 (WS): Purl until 3 stitches remain, sl3wyif.

Row 13 (RS): Knit until 1 stitch remains, M1R, k1. (1 stitch increased)

Row 14 (WS): P1, M1Rp, purl until 3 stitches remain, sl3wyif. (1 stitch increased)

Work rows 11-14 a total of - (-, -, -, 1) (-, -, -, -, -) time. You have increased by - (-, -, -, 4) (-, -, -, -, -) stitches and have - (-, -, -, 38) (-, -, -, -, -) stitches on your needles.

Sizes 6 and 8 only:

Row 15 (RS): K3, M1BL, knit to end. (1 stitch increased)

Row 16 (WS): Purl until 3 stitches remain, sl3wyif.

Row 17 (RS): Knit until 1 stitch remains, M1R, k1. (1 stitch increased)

Row 18 (WS): P1, M1Rp, Purl until 3 stitches remain, sl3wyif. (1 stitch increased)

INSTRUCTIONS

Work rows 15-18 a total of - (-, -, -, -) (1, -, 1, -, -) time. You have increased by - (-, -, -, -, -) (3, -, 3, -, -) stitches and have - (-, -, -, -) (37, -, 37, -, -) stitches on your needles.

Size 7 only:

Row 19 (RS): K3, M1BL, knit to end. (1 stitch increased)

Row 20 (WS): Purl until 3 stitches remain, sl3wyif.

Work rows 19-20 a total of - (-, -, -, -) (-, 1, -, -, -) time. You have increased by - (-, -, -, -) (-, 1, -, -, -) stitch and have - (-, -, -, -) (-, 35, -, -, -) stitches on your needles.

Sizes 2 and 9 only:

Row 21 (RS): K3, M1BL, knit to end. (1 stitch increased)

Row 22 (WS): Purl until 3 stitches remain, sl3wyif.

Row 23 (RS): Knit until 1 stitch remains, M1R, k1. (1 stitch increased)

Row 24 (WS): Purl until 3 stitches remain, sl3wyif.

Work rows 21-24 a total of - (1, -, -, -) (-, -, -, 1, -) time. You have increased by - (2, -, -, -) (-, -, -, 2, -) stitches and have - (39, -, -, -) (-, -, -, 37, -) stitches on your needles.

Size 2 can proceed to All sizes below. **Size 9** has additional increases to make.

Sizes 3-6 and 9-10 only:

Row 25 (RS): K3, M1BL, knit until 1 stitch remains, M1R, k1. (2 stitches increased)

Row 26 (WS): P1, M1Rp, purl until 3 stitches remain, sl3wyif. (1 stitch increased)

Row 27: K3, M1BL, knit to end. (1 stitch increased)

Row 28 (WS): P1, M1Rp, purl until 3 stitches remain, sl3wyif. (1 stitch increased)

Work rows 25-28 a total of - (-, 1, 3, 3) (4, -, -, 1, 2) time(s). You have increased by - (-, 5, 15, 15) (20, -, -, 5, 10) stitches and have - (-, 43, 48, 53) (57, -, -, 42, 47) stitches on your needles (plus any stitches increased with bust shaping).

Sizes 3-6 can proceed to All sizes. **Sizes 9-10** have additional increases to make.

Sizes 7-10 only:

Row 29 (RS): K3, M1BL, knit until 1 stitch remains, M1R, k1. (2 stitches increased)

Row 30 (WS): P1, M1Rp, purl until 3 stitches remain, sl3wyif. (1 stitch increased)

Work rows 29-30 a total of - (-, -, -, -) (-, 11, 12, 12, 12) times. You have increased by - (-, -, -, -) (-, 33, 36, 36, 36) stitches and have - (-, -, -, -) (-, 68, 73, 78, 83) stitches on the needles.

All sizes:

Do not break yarn.

Joining fronts and back

You'll now join the three panels together.

If you are choosing to work the *waist shaping*, this is where you'll place markers. Refer to the body shaping section for more detail.

If you are choosing to work the *bust shaping*, this is where you'll place markers for the decreases. Refer to the bust shaping section for more detail.

INSTRUCTIONS

Next row (RS): K3, M1BL, knit across front left panel, cast on 4 (6, 8, 8, 8) (10, 10, 10, 10, 10) stitches using the backwards-loop method or your preferred cast-on, work across the back panel, cast on 4 (6, 8, 8, 8) (10, 10, 10, 10, 10) stitches, work across the front right panel until 3 stitches remain, M1FL, k3.

You now have 156 (176, 196, 216, 236) (256, 288, 308, 328, 348) stitches on your needles.

Body

If working waist shaping, start the decreases 5 cm/2" from the underarm; if working bust shaping, start the decreases 2.5 cm/1" from the underarm, or just past the fullest part of your bust.

Sizes 1-8 only:

The cardigan is now worked back and forth, working an increase at the start of every row.

Row 1 (WS): Sl3wyif, M1FL, purl until 3 stitches remain, sl3 wyif. (1 stitch increased)

Row 2 (RS): K3, M1BL, knit to end. (1 stitch increased)

Work rows 1 and 2 a total of 26 (22, 17, 11, 5) (1, 1, 1, -, -) time(s). Your work should measure approximately 18.5 (15.5, 12, 8, 3.5) (0.5, 0.5, 0.5, -, -) cm/7.25 (6.25, 4.75, 3, 1.5) (0.25, 0.25, 0.25, -, -) inch(es) from the underarm cast-on.

You now have 208 (220, 230, 238, 246) (258, 290, 310, -, -) stitches on your needles.

All sizes:

You will now work back and forth whilst increasing at the start *and end* of every row.

Row 3 (WS): Sl3wyif, M1FL, purl until 3 stitches remain, M1BL, sl3wyif. (2 stitches increased)

Row 4 (RS): K3, M1BL, knit until 3 stitches remain, M1FL, k3. (2 stitches increased)

Work rows 3 and 4 for a total of 9 (13, 18, 24, 30) (34, 34, 37, 40, 43) times. Your work should measure approximately 25 (25, 25, 25, 25) (25, 25, 27, 28.5, 30.5) cm/9.75 (9.75, 9.75, 9.75, 9.75) (9.75, 9.75, 10.75, 11.25, 12) inches from the underarm cast-on.

You now have 244 (272, 302, 334, 366) (394, 426, 458, 488, 520) stitches on your needles (plus any stitches added during bust shaping).

Switch to your smaller needles.

Next row (WS): Sl3wyif, purl all stitches, sl3wyif.

The body is finished off by working 1x1 rib.

Row 1 (RS): K3, *k1, p1; repeat from * until 3 stitches remain, k3.

Row 2 (WS): Sl3wyif, *k1, p1; repeat from * until 3 stitches remain, sl3wyif.

Cropped version: Work rows 1 and 2 until ribbing measures 3 cm/1.5 inches. Bind off all stitches in pattern or using your preferred bind-off method.

Longer version: Work rows 1 and 2 until ribbing measures 10 cm/4 inches. Bind off all stitches in pattern or using your preferred bind-off method.

INSTRUCTIONS

Ties

The wrap is closed with I-cord ties. These are worked on the long “tails” of the wrap and on the side seams of the wrap. One on the inside and one on the outside. You can decide which way you want the wrap to “wrap”.

For the inside ties, you may want to reduce bulk to have them lie flatter. If using two strands of yarn held together, try holding just one strand for the inside ties. You can also use a thinner yarn in a similar colour (they'll be hidden, so it's okay if they don't match).

Inside ties - Side tie

From the middle of the underarm, track down your stitches to the top of the ribbing. Place a stitch marker. Using a DPN/spare needle 2 sizes smaller than the needle you used for the body, pick up and knit three stitches on the inside of the cardigan.

Row 1 (RS): K3.

Row 2 (RS): Slide all stitches back to working side of row, k3.

Repeat row 2 until your I-cord measures 18 cm/7 inches or your preferred tie length. Cast off in pattern or using your preferred cast-off method.

Inside ties - Tip tie

Identify what side of your wrap will be tied on the inside. Using a DPN/spare needle 2 sizes smaller than the needle you used for the body, pick up and knit 3 stitches behind your I-cord edging.

Row 1 (RS): K3.

Row 2 (RS): Slide all stitches back to working side of row, k3.

Repeat row 2 until your I-cord measures 18 cm/7 inches or your preferred tie length. Cast off in pattern or using your preferred cast-off method.

Outside Ties - Side Tie

From the middle of the underarm, track down your stitches to the top of the ribbing. Place a stitch marker. Using a DPN/spare needle the same size as you used for the body, pick up and knit three stitches on the outside of the cardigan.

Row 1 (RS): K3.

Row 2 (RS): Slide all stitches back to working side of row, k3.

Repeat row 2 until your I-cord measures 18 cm/7 inches or your preferred tie length. Cast off in pattern or using your preferred cast-off method.

Outside ties - Tip tie

Using the larger DPN/spare needle, pick up 3 stitches behind your I-cord edging.

Row 1 (RS): K3.

Row 2 (RS): Slide all stitches back to working side of row, k3.

INSTRUCTIONS

Repeat row 2 until your I-cord measures 18 cm/7 inches or your preferred tie length. Cast off in pattern or using your preferred cast-off method.

Sleeves

Using your larger needles and starting at the underarm, pick up and knit 62 (68, 72, 78, 82) (90, 98, 104, 110, 112) stitches evenly around the armhole edge. Place a removable stitch marker at the top of the sleeve (31 (34, 36, 39, 41) (45, 49, 52, 55, 56) stitches either side). Place a BOR marker.

The sleeve cap is now shaped with short rows.

Row 1 (RS): Knit to top-of-sleeve marker, k7 (8, 8, 9, 9) (10, 11, 12, 12, 12), turn.

Row 2 (WS): Make DS, purl to top-of-sleeve marker, p7 (8, 8, 9, 9) (10, 11, 12, 12, 12), turn.

Row 3 (RS): Make DS, knit to previous DS, work DS, k2, turn.

Row 4 (WS): Make DS, purl to previous DS, work DS, p2, turn.

Work rows 3 and 4 a total of 3 (4, 5, 5, 6) (7, 8, 9, 10, 10) times.

Row 5 (RS): Make DS, knit to previous DS, k1, turn.

Row 6 (WS): Make DS, purl to previous DS, p1, turn.

Work rows 5 and 6 a total of 8 (9, 9, 10, 10) (11, 12, 13, 14, 14) times

Row 7 (RS): Make DS, knit to previous DS, k3, turn.

Row 8 (WS): Make DS, purl to previous DS, p3, turn.

Row 9 (RS): Make DS, knit to previous DS, k4, turn.

Row 10 (WS): Make DS, purl to previous DS, p4, turn.

Row 11 (RS): Make DS, knit back to BOR.

SHORT SLEEVE

The sleeve is now worked in the round.

Work the sleeve until it measures 2.5 cm/1 inch at the centre of the underarm, resolving the final DS as you go.

Decrease round: K1, ssk, knit until 3 stitches remain, k2tog, k1. (2 stitches decreased)

You now have 60 (66, 70, 76, 80) (88, 96, 102, 108, 110) stitches.

Continue working in the round until the sleeve measures 5 cm/2 inches or desired length from the underarm. Change to your smaller needles and knit 1 round.

Next round: *K1, p1; repeat from * to end.

Repeat above round until sleeve measures 8 cm/3 inches from underarm, or desired length. Bind off in pattern or using your preferred bind-off method.

INSTRUCTIONS

LONG SLEEVE

The sleeve is now worked in the round.

Work a total of 9 (11, 12, 14, 15) (18, 21, 23, 24, 24) decrease rounds by decreasing every 12th (10th, 8th, 8th, 8th) (6th, 6th, 6th, 4th, 4th) round 3 (4, 12, 6, 3) (12, 6, 2, 24, 24) times and then every 10th (8th, -, 6th, 6th) (4th, 4th, 4th, -, -) round 6 (7, -, 8, 12) (6, 15, 21, -, -) times.

Decrease round: K1, ssk, knit until 3 stitches remain, k2tog, k1. (2 stitches decreased)

You now have 44 (46, 48, 50, 52) (54, 56, 58, 62, 64) stitches on your needles.

Work the sleeve without any further decreases until sleeve measures 39 cm/15.5 inches from the underarm. Change to smaller needles and knit 1 round.

Next round: *K1, p1; repeat from * to end.

Repeat above round until sleeve measures 43 cm/17 inches from underarm, or desired length. Bind off in pattern or using your preferred bind-off method.

Repeat for second sleeve.

Finishing

Wash and block your wrap, weave in all ends and trim.

The I-cord edging should keep the wrap from gaping at the neckline, but if you've used a particularly drapery yarn or you'd just like some more security, thread some shirring elastic from one tip of the wrap, all the way round the back edge of the I-cord and down to the opposite edge. Ensure it's not pulled too tightly. Weave in ends discreetly.

BUST SHAPING

Option 1:

The goal is to add 10 stitches (or 5 cm/2 inches of additional room) at the bust by creating a series of increases parallel to the armhole edges.

The bust-shaping increases will be worked every 4 rows 5 times. **You will work the bust-shaping increases over the final 20 rows (7 cm/2.75 inches) of the armhole shaping near the armhole edge. You may need to count backwards on the armhole shaping to determine the best place to start the bust shaping for your size.** If your bust tends to sit higher, you may wish to start the bust shaping even sooner.

Right Front:

Bust-shaping increase: K1, work any armhole increase as indicated in the pattern, k4, M1L, work to end of row per pattern. (+1 bust stitch)

Left Front:

Bust-shaping increase : Work per pattern until 5 stitches remain, M1R, work to end of row per pattern. (+1 bust stitch)

When you **Join the fronts and back**, you will need to place two markers to locate where your bust-shaping decreases will go.

Start by placing a temporary marker in the centre of the underarm cast-on stitches on both sides.

Your first decrease marker will be placed 22 (23, 25, 28, 30) (32, 35, 37, 40, 42) stitches before the first temporary marker in the centre of the first set of underarm cast-on stitches. The second decrease marker will be placed 22 (23, 25, 28, 30) (32, 35, 37, 40, 42) stitches after the second temporary marker in the centre of the second set of underarm cast-on stitches.

You will begin working the bust shaping with decreases approximately 2.5 cm/1 inch into the body. This should be just after the fullest part of your bust. You may wish to start the decreases lower depending on your body shape and preference.

Bust-shaping decrease: Work per pattern until 2 stitches before first decrease marker, k2tog, knit to second decrease marker, sm, ssk, work per pattern to end of row. (2 bust stitches decreased)

Work the bust-shaping decrease every 4th row a total of 5 times. You have now decreased away the 10 "extra" bust stitches.

Your bust shaping is now complete.

BUST SHAPING

Option 2:

The goal is to add 20 stitches (or 10 cm/4 inches of additional room) at the bust by creating a series of increases parallel to the armhole edges.

The bust-shaping increases will be worked every 4 rows 10 times. **You will work the bust-shaping increases over the final 40 rows (14.5 cm/5.75 inches) of the armhole shaping near the armhole edge. You may need to count backwards on the front shaping to determine the best place to start the bust shaping for your size.** If your bust tends to sit higher, you may wish to start the bust shaping even sooner.

Right Front:

Bust-shaping increase: K1, work any armhole increase as indicated in the pattern, k4, M1L, work to end of row per pattern. (+1 bust stitch)

Left Front:

Bust-shaping increase: Work per pattern until 5 stitches remain, M1R, work to end of row per pattern. (+1 bust stitch)

When you **Join the fronts and back**, you will need to place four markers to locate where your bust-shaping decreases will go.

Start by placing a temporary marker in the centre of the underarm cast-on stitches on both sides.

Your first decrease marker will be placed (25, 25, 25, 30, 31) (32, 35, 37, 40, 42) stitches before the first temporary marker in the centre of the first set of underarm cast-on stitches. The second decrease marker will be placed (13, 13, 13, 15, 16) (16, 18, 19, 20, 21) stitches closer to the first temporary stitch marker. (You should have (12, 12, 12, 15, 15) (16, 17, 18, 20, 21) sts between this second marker and the first temporary marker.)

The third decrease marker will be placed (12, 12, 12, 15, 15) (16, 17, 18, 20, 21) stitches after the second temporary marker in the centre of the second set of underarm cast-on stitches. The final decrease marker will be placed (13, 13, 13, 15, 16) (16, 18, 19, 20, 21) stitches after this third marker.

You will begin working the bust shaping approximately 2.5 cm/1 inch into the body. This should be just after the fullest part of your bust. You may wish to start the decreases lower depending on your body shape and preference.

Bust-shaping decrease: Work per pattern until 2 stitches before decrease marker, k2tog, knit to 2 stitches before second decrease marker, k2tog, sm, knit to third decrease marker, sm, ssk, knit to fourth decrease marker, sm, ssk, work per pattern to end of row. (4 bust stitches decreased)

Work the bust shaping decrease every 4th row a total of 5 times. You have now decreased away the 20 "extra" bust stitches.

Your bust shaping is now complete.