

CAMISOLE NO. 8 #CAMISOLENO8



ABOUT CAMISOLE NO. 8

Camisole No. 8 is a classic singlet top decorated in cables. Decorative increases on the front provide character and a great fit. The top is worked from the top down - this means you can adjust the length to suit your exact body.

SIZES

XS (S) M (L) XL (XXL)

MEASUREMENTS

Chest circumference: 77 (84) 90 (96) 103 (109) cm [30.25 (33) 35.5 (37.75) 40.5 (43) inches]

Length, measured underneath the armhole: 27 (29) 30 (32) 34 (36) cm [10.5 (11.5) 11.75 (12.5) 13.5 (14) inches]

See the size guide on the following page.

SUGGESTED NEEDLES

3 mm [US 3] circular needles (60, 80 or 100 cm [24, 32 or 40 inches])
2.5 mm [US 2] circular needles (60, 80 or 100 cm [24, 32 or 40 inches])
Double pointed needle / cable needle, 3 mm [US 3].

GAUGE

In cabled pattern using 3 mm [US 3] needles.

28 sts / 39 rows = 10 x 10 cm [4 x 4 inches]

The given gauge is measured after washing and blocking.

NOTE! Before washing, the gauge is approx. 48 sts / 39 rows without stretching and 32 sts / 39 rows when stretched slightly.

MATERIALS

150 (150) 200 (200) 250 (250) gr. Merino, Knitting for Olive 50 gr. / 250 m.
Shown in colour 'Granite grey'.

or...

150 (150) 200 (200) 250 (250) gr. Cotton Merino, Knitting for Olive 50 gr. / 250 m.

BEFORE YOU BEGIN

Remember to work a gauge swatch to ensure that you obtain the correct gauge using the suggested needles. If your gauge differs, it will result in the wrong proportions of your finished top. The given gauge is measured after washing and blocking.

Note that the cables will be tight and 'bouncy' whilst working. They will relax when washing and the stitches will even out for a neat result. It is essential for the fit that you either wash or steam the top before use.

Size guide

Camisole No. 8 is recommended to be worked with a negative ease of approx. 5-8 cm [2-3 inches].

The sizes are equivalent to a bust circumference of approx. 80-85 (85-90) 90-95 (95-100) 100-110 (110-120) cm [31.5-33.5 (33.5-35.5) 35.5-37.5 (37.5-39.5) 39.5-43.25 (43.25-47.25) inches].

Measure yourself before you begin to ensure that you have chosen the correct size. For example: You bust circumference is 89 cm [35 inches] - 5/8 cm [2/3 inches] = 84-81 cm [38-37 inches]. Meaning you would choose a size S. If you are in between 2 sizes, choose the larger.

Introduction to the workflow

Camisole No. 8 is worked from the top down with a cabled pattern. First, work back and forth using circular needles. Work the front and back sections separately. First, work the two fronts back and forth using circular needles, then join. Next, work the back section. Join the front and back and work the remainder of the camisole in the round. To finish, work the armhole edges and neckline in rib.

Increases (inc)

The increases lean either towards the right (M1R) or left (M1L).

Right slanting increases

M1R: With your left needle, pick up the bar from back to front and knit.

M1Rp: With your left needle, pick up the bar from front to back and purl through the back loop.

Left slanting increases

M1L: With your left needle, pick up the bar from front to back and knit through the back loop.

M1Lp: With your left needle, pick up the bar from back to front and purl.

Rib

Work a classic, 1x1 rib, ie. *k1, p1*.

Edge stitches (est)

Edge stitches (est) are included in the pattern instructions and knitted on RS rows and purled on WS rows.

Cables

To twist: Noted simply as 'twist' in the pattern. Place 3 sts on a cable needle in front of the work, k3, then k3 from the cable needle.

Have a look here for how to make a cable using a cable needle:

<https://www.youtube.com/watch?v=YDyNrSgPumo>

Have a look here for how to make a cable without a cable needle:

<https://www.youtube.com/watch?v=78nFy1YGdzY>

When increasing on rows where you need to twist for the cable, use the following method to avoid any gaps in your work.

CabM1L:

Step 1: Place 3 sts on a cable needle in front of work.

Step 2: K3 sts (NOTE! the 3rd of these sts is the same one used in step 4).

Step 3: K the 3 sts from your cable needle

Step 4: With your left needle, go behind the last knitted st and catch the st behind. Lift the left leg of this stitch by inserting your needle from front to back. Then, knit tbl.

Have a look here for how to: <https://www.youtube.com/watch?v=oGwZhQ-54Hc>

CabM1R:

Step 1: Place 3 sts on a helping needle in front of the work.

Step 2: K2, then inc in the following st by first knitting 1 tbl and afterwards k1 in the same st.

Step 3: K the 3 sts from the cable needle.

Have a look here for how to do this:

<https://www.youtube.com/watch?v=f9nvAckPQkQ>

Gauge swatch

Cast on 35 sts using 3 mm [US 3] needles.

First row is a RS row.

1st row: 1 est, *k6, p3* to 7 sts remaining, k6, 1 est.

2nd – 10th row: Work in pattern as established, ie. knit over knit and purl over purl.

11th row: 1 est, *twist, p3* to 7 sts remaining, twist, 1 est.

Repeat **2nd – 11th row** until your swatch measures + 10 cm [+ 4 inches] long.

NOTE! Est / edge stitch = k on right side, p on wrong side.

BEGIN YOUR WORK HERE

LEFT FRONT

Begin by working the left front (left when wearing the top).

Cast on 17 (17) 17 (17) 17 (17) sts using 3 mm [US 3] needles.

First row is a WS row:

1 est, p6, k3, p6, 1 est.

Now work 8 rows as established, ie. knit over knit and purl over purl.

Now begin working cables as follows.

1st row: 1 est, twist, p3, twist, 1 est.

2nd - 10th row: Work in pattern as established.

Work **1st – 10th row** a total of 5 (4) 4 (4) 4 (4) times.

Now begin increasing to help shape the neckline. Increase to fit in with the cabled pattern. You will therefore use both knit and purl increases on RS rows as well as WS rows.

Work as follows:

1st row (RS row): 1 est, **cabM1L**, p3, twist, 1 est.

2nd row (WS row): 1 est, p6, k3, p1, **M1Lp**, p6, 1 est.

3rd row (RS row): 1 est, k6, **M1L**, k2, p3, k6, 1 est.

4th row (WS row): 1 est, p6, k3, p3, **M1Lp**, p6, 1 est.

5th row (RS row): 1 est, k6, **M1L**, k4, p3, k6, 1 est.

6th row (WS row): 1 est, p6, k3, p5, **M1Lp**, p6, 1 est.

7th row (RS row): 1 est, k6, **M1Lp**, k6, p3, k6, 1 est.

8th row (WS row): 1 est, p6, k3, p6, k1, **M1L**, p6, 1 est.

9th row (RS row): 1 est, k6, **M1Lp**, p2, k6, p3, k6, 1 est.

10th row (WS row): 1 est, p6, k3, p6, k3, p6, 1 est.

Size XS: Break the yarn and leave the work on hold.

Size S-XXL: Work another group of increases as follows.

1st row (RS row): 1 est, **cabM1L**, p3, twist, p3, twist, 1 est.

2nd row (WS row): 1 est, p6, k3, p6, k3, p1, **M1Lp**, p6, 1 est.

3rd row (RS row): 1 est, k6, **M1L**, k2, p3, k6, p3, k6, 1 est.

4th row (WS row): 1 est, p6, k3, p6, k3, p3, **M1Lp**, p6, 1 est.

5th row (RS row): 1 est, k6, **M1L**, k4, p3, k6, p3, k6, 1 est.

6th row (WS row): 1 est, p6, k3, p6, k3, p5, **M1Lp**, p6, 1 est.

7th row (RS row): 1 est, k6, **M1Lp**, k6, p3, k6, p3, k6, 1 est.

8th row (WS row): 1 est, p6, k3, p6, k3, p6, k1, **M1L**, p6, 1 est.

9th row (RS row): 1 est, k6, **M1Lp**, p2, k6, p3, k6, p3, k6, 1 est.

10th row (WS row): 1 est, p6, k3, p6, k3, p6, k3, p6, 1 est.

You now have 26 (35) 35 (35) 35 (35) sts on your needles.

Break the yarn and leave the work on hold whilst working the right front.

RIGHT FRONT

Cast on 17 (17) 17 (17) 17 (17) sts using 3 mm [US 3] needles.

First row is a WS row: 1 est, p6, k3, p6, 1 est.

Now work 8 rows as established, ie. knit over knit and purl over purl.

Now begin working cables as follows.

1st row: 1 est, twist, p3, twist, 1 est.

2nd - 10th row: Work in pattern as established.

Work **1st – 10th row** a total of 5 (4) 4 (4) 4 (4) times.

Work as follows:

1st row (RS row): 1 est, twist, p3, **cabM1R**, 1 est.

2nd row (WS row): 1 est, p6, **M1Rp**, p1, k3, p6, 1 est.

3rd row (RS row): 1 est, k6, p3, k2, **M1R**, k6, 1 est.

4th row (WS row): 1 est, p6, **M1Rp**, p3, k3, p6, 1 est.

5th row (RS row): 1 est, k6, p3, k4, **M1R**, k6, 1 est.

6th row (WS row): 1 est, p6, **M1Rp**, p5, k3, p6, 1 est.

7th row (RS row): 1 est, k6, p3, k6, **M1Rp**, k6, 1 est.
8th row (WS row): 1 est, p6, **M1R**, k1, p6, k3, p6, 1 est.
9th row (RS row): 1 est, k6, p3, k6, p2, **M1Rp**, k6, 1 est.
10th row (WS row): 1 est, p6, k3, p6, k3, p6, 1 est.

Size XS: Proceed to the section on joining the two fronts on the following page.

Size S-XXL: Work another group of increases as follows.

1st row (RS row): 1 est, twist, p3, twist, p3, **cabM1R**, 1 est.
2nd row (WS row): 1 est, p6, **M1Rp**, p1, k3, p6, k3, p6, 1 est.
3rd row (RS row): 1 est, k6, p3, k6, p3, k2, **M1R**, k6, 1 est.
4th row (WS row): 1 est, p6, **M1Rp**, p3, p6, k3, p6, 1 est.
5th row (RS row): 1 est, k6, p3, k6, p3, k4, **M1R**, k6, 1 est.
6th row (WS row): 1 est, p6, **M1Rp**, p5, k3, p6, k3, p6, 1 est.
7th row (RS row): 1 est, k6, p3, k6, p3, k6, **M1Rp**, k6, 1 est.
8th row (WS row): 1 est, p6, **M1R**, k1, p6, k3, p6, k3, p6, 1 est.
9th row (RS row): 1 est, k6, p3, k6, p3, k6, p2, **M1Rp**, k6, 1 est.
10th row (WS row): 1 est, p6, k3, p6, k3, p6, k3, p6, 1 est.

You now have 26 (35) 35 (35) 35 (35) sts on your needles.

Now join the right and left fronts.

At the same time, cast on stitches at the center front.

Work as follows:

1 est, *twist, p3* to 1 st remaining, p1, cast on 19 (10) 10 (10) 19 (19) sts in extension using the backwards loop method, proceed to work the left front and p1, *twist, p3* to 7 sts remaining, twist, 1 est.

You now have 71 (80) 80 (80) 89 (89) sts remaining.

The right and left fronts are now joined. Continue working back and forth using circular needles.

2nd - 10th row: Work in pattern as established.

*NOTE! The newly cast on 19 (10) 10 (10) 19 (19) sts and the 2 former edge stitches at the center front are incorporated into the pattern; *k3, p6* (as worked on a WS row)*

Size M, XL and XXL

Continue working back and forth across the stitches and work **1st - 10th row** *another* - (-) 1 (-) 1 (1) time.

1st row: 1 est, *twist, p3* to 7 sts remaining, twist, 1 est.

2nd - 10th row: Work in pattern as established.

All sizes

Now increase to shape the armholes. Work two sequences following one another. The first one with increases, then another without.

1st sequence:

1st row (RS row): 1 est, **cabM1L**, *p3, twist* to 10 sts remaining, p3, **cabM1R**, 1 est.

Work as follows:

2nd row (WS row): 1 est, p6, **M1Rp**, *work in pattern as established* to 7 sts remaining, **M1Lp**, p6, 1 est.

3rd row (RS row): 1 est, k6, **M1L**, *work in pattern as established* to 7 sts remaining, **M1R**, k6, 1 est.

4th - 5th row: Repeat **2nd - 3rd row**.

6th row (WS row): 1 est, p6, **M1Rp**, *work in pattern as established* to 7 sts remaining, **M1Lp**, p6, 1 est.

7th row (RS row): 1 est, k6, **M1Lp**, *work in pattern as established* to 7 sts remaining, **M1Rp**, k6, 1 est.

8th row (WS row): 1 est, p6, **M1R**, *work in pattern as established* to 7 sts remaining, **M1L**, p6, 1 est.

9th row (RS row): 1 est, k6, **M1Lp**, *work in pattern as established* to 7 sts remaining, **M1Rp**, k6, 1 est.

10th row (WS row): Work in pattern as established.

You now have 89 (98) 98 (98) 107 (107) sts on your needles.

Now work a sequence without increases.

2nd sequence

1st row: 1 est, *twist, p3* to 7 sts remaining, twist, 1 est.

2nd - 10th row: Work in pattern as established.

Work **1st - 2nd sequence** *another* 1 (1) 1 (2) 2 (2) time(s).

You now have 107 (116) 116 (134) 143 (143) sts on your needles.

You have now completed the front section. Break the yarn and leave the work on hold whilst working the back.

BACK

Begin with the right shoulder (right when wearing the top).

Pick up and knit 17 (17) 17 (17) 17 (17) sts along the right front cast on edge using 3 mm [US 3] circular needles. Use the short end of the yarn to be able to work the first row as a RS row.

Work as follows:

1st row (RS row): 1 est, **cabM1L**, p3, twist, 1 est.

2nd row (WS row): 1 est, p6, k3, p1, **M1Lp**, p6, 1 est.

3rd row (RS row): 1 est, k6, **M1L**, k2, p3, k6, 1 est.

4th row (WS row): 1 est, p6, k3, p3, **M1Lp**, p6, 1 est.

5th row (RS row): 1 est, k6, **M1L**, k4, p3, k6, 1 est.

6th row (WS row): 1 est, p6, k3, p5, **M1Lp**, p6, 1 est.

7th row (RS row): 1 est, k6, **M1Lp**, k6, p3, k6, 1 est.

8th row (WS row): 1 est, p6, k3, p6, k1, **M1L**, p6, 1 est.

9th row (RS row): 1 est, k6, **M1Lp**, p2, k6, p3, k6, 1 est.

10th row (WS row): 1 est, p6, k3, p6, k3, p6, 1 est.

Break the yarn and leave the work on hold whilst working the left shoulder. Pick up and knit 17 (17) 17 (17) 17 (17) sts along the left front cast on edge using 3 mm [US 3] circular needles. Use the short end of the yarn to be able to work the first row as a RS row.

Work increases as follows:

1st row (RS row): 1 est, twist, p3, **cabM1R**, 1 est.

2nd row (WS row): 1 est, p6, **M1Rp**, p1, k3, p6, 1 est.

3rd row (RS row): 1 est, k6, p3, k2, **M1R**, k6, 1 est.

4th row (WS row): 1 est, p6, **M1Rp**, p3, k3, p6, 1 est.

5th row (RS row): 1 est, k6, p3, k4, **M1R**, k6, 1 est.

6th row (WS row): 1 est, p6, **M1Rp**, p5, k3, p6, 1 est.

7th row (RS row): 1 est, k6, p3, k6, **M1Rp**, k6, 1 est.

8th row (WS row): 1 est, p6, **M1R**, k1, p6, k3, p6, 1 est.

9th row (RS row): 1 est, k6, p3, k6, p2, **M1Rp**, k6, 1 est.

10th row (WS row): 1 est, p6, k3, p6, k3, p6, 1 est.

Now join the two back sections.

Work as follows:

1 est, *twist, p3* to 1 st remaining, p the est, then cast on 19 (28) 28 (28) 37 (37) new sts in extension using the knit cast on method, proceed straight to the right shoulder, p the est, *twist, p3* to 7 sts remaining, twist, 1 est.

You have now joined the two backs and have 71 (80) 80 (80) 89 (89) sts on your needles.

*NOTE! The newly cast on 19 (28) 28 (28) 37 (37) sts and the 2 former edge stitches at the center back are incorporated into the pattern from the following row; *k3, p6* (as worked on a WS row).*

2nd - 10th row: Work in pattern as established.

Continue working back and forth across the sts and work **1st - 10th row a total of 1 (1) 2 (2) 1 (1) time(s):**

1st row: 1 est, *twist, p3* to 7 sts remaining, twist, 1 est.

2nd - 10th row: Work in pattern as established.

Now increase to shape the armholes. Work two sequences following one another. First one with increases, then another without.

1st sequence

1st row (RS row): 1 est, **cabM1L**, *p3, twist* to 10 sts remaining, p3, **cabM1R**, 1 est.

Work as follows:

2nd row (WS row): 1 est, p6, **M1Rp**, *work in pattern as established* to 7 sts remaining, **M1Lp**, p6, 1 est.

3rd row (RS row): 1 est, k6, **M1L**, *work in pattern as established* to 7 sts remaining, **M1R**, k6, 1 est.

4th - 5th row: Repeat **2nd - 3rd row**.

6th row (WS row): 1 est, p6, **M1Rp**, *work in pattern as established* to 7 sts remaining, **M1Lp**, p6, 1 est.

7th row (RS row): 1 est, k6, **M1Lp**, *work in pattern as established* to 7 sts remaining, **M1Rp**, k6, 1 est.

8th row (WS row): 1 est, p6, **M1R**, *work in pattern as established* to 7 sts remaining, **M1L**, p6, 1 est.

9th row (RS row): 1 est, k6, **M1Lp**, *work in pattern as established* to 7 sts remaining, **M1Rp**, k6, 1 est.

10th row (WS row): Work in pattern as established.

You now have 89 (98) 98 (98) 107 (107) sts on your needles.

Now work a sequence without increases.

2nd sequence

1st row: 1 est, *twist, p3* to 7 sts remaining, twist, 1 est.

2nd - 10th row: Work in pattern as established.

Work **1st – 2nd sequence** another 1 (1) 1 (2) 2 (2) time(s).

You have now completed working the back section.

You now have 107 (116) 116 (134) 143 (143) sts on your needles.

On the following row, join the front and back sections. Then work the remainder of the body in the round.

BODY

Begin with the RS of the back section.

P1, place a marker – from the next rnd onwards, this marks the beginning of rnd - twist, *p3, twist* to 1 st remaining, p1, cast on 1 (1) 10 (1) 1 (10) new sts in extension using the backwards loop method.

Now continue working across the front stitches. P1, twist, *p3, twist* to 1 st remaining, p1, cast on 1 (1) 10 (1) 1 (10) new sts in extension using the backwards loop method, p1.

You have now joined the work and are at the beginning of round.

You now have 216 (234) 252 (270) 288 (306) sts on your needles.

Continue working the cabled pattern in the round until your work measures approx. 25 (27) 28 (30) 32 (34) cm [10 (10.5) 11 (11.75) 12.5 (13.5) inches] measured underneath the armhole. Finish with a cabling round.

Change to 2.5 mm [US 2] needles. Now work 9 (9) 9 (9) 11 (11) rnds of 1x1 rib *k1, p1*.

Bind off using the Italian/tubular bind off.

NECK RIB

The neck rib is worked in the round using 2.5 mm [US 2] circular needles (40 cm [16 inches]) in 1x1 rib *k1, p1*.

Pick up and knit 166 (166) 166 (166) 184 (184) sts around the neckline. This is equivalent to picking up in 1 st for each knitted stitch/row along the horizontal edges (front and back) and 8 out of 10 along the vertical edges (straps). I.e.: Pick up and knit in 4 sts, skip 1 st, pick up and knit in 4 sts, skip 1 st.

Begin at the left shoulder seam.

TIP! Make sure that you pick up your stitches right after your edge stitch. This results in the neatest pick up edge.

Now work 9 (9) 9 (9) 11 (11) rnds of 1x1 rib *k1, p1*.

Now work 2 rnds of double knitting:

1st rnd: *k1, slip 1 purlwise with the yarn in front* repeat to 2 sts remaining, k1, p1.

2nd rnd: *slip 1 st purlwise with the yarn in back, p1* repeat to 2 sts remaining, k1, p1.

Then work another 9 (9) 9 (9) 11 (11) rnds of 1x1 rib *k1, p1*

Now finish your neck rib.

Fold over the ribbed edge towards the back and attach by knitting 1 st from your needle together with 1 st from the pick up edge.

Remember to bind off loosely, so you can still fit your head through.

Have a look here for how to:

<https://www.youtube.com/watch?v=Tq2mO5gYVHs>

TIP! Make sure that you attach the neckline straight, so the rib is not twisted. It can be an advantage to use a couple of pins to help the fold stay in place whilst knitting.

Attaching a knitting elastic in the neck rib can help maintain the shape with use.

ARMHOLE RIB

Work the armhole ribs in the round using 2.5 mm [US 2] circular needles (40 cm [16 inches]) in 1x1 rib *k1, p1*.

Pick up and knit 152 (152) 178 (184) 200 (210) sts around the armhole. This is equivalent to 8 out of 10 sts along the vertical edges and 1 in every stitch below the armhole.

I.e.: Pick up and knit in 4 sts, skip 1 st, pick up and knit in 4 sts, skip 1 st.

Begin right underneath the armhole.

TIP! Make sure that you pick up your stitches right after your edge stitch. This results in the neatest pick up edge.

Now work 9 (9) 9 (9) 11 (11) rnds of 1x1 rib *k1, p1*.

Bind off using the Italian/tubular bind off.

Work the opposite armhole rib in the same way.

FINISHING

Now weave in all loose ends. Wash and block the camisole before use for an even neater result.

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