

CARRAIG FHADA



KATE DAVIES DESIGNS

CARRAIG FHADA

Striking, stranded vest with a choice of two colourways and crew and V-neck options.

SIZING TABLE

1	2	3	4	5	6	7	8	9	10	11	12	
CHEST												
81.5	84.5	91.5	97.5	101.5	107.5	112	117	122	131.5	140.5	152.5	CM
32	33¼	36	38½	40	42¼	44	46	48	51¾	55½	60	IN
BODY LENGTH TO UNDERARM												
35.5	37	38	39.5	40.5	42	42	43	43	44.5	44.5	45.5	CM
14	14½	15	15½	16	16½	16½	17	17	17½	17½	18	IN
ARMSCYE DEPTH												
18	19	20.5	21.5	22	23	23.5	24	25	25.5	26.5	28	CM
7	7½	8	8½	8¾	9	9¼	9½	9¾	10	10½	11	IN
CROSS SHOULDER												
28.5	31	33.5	34.5	34.5	35.5	37	38	39.5	40	43.5	46	CM
11¼	12¼	13¼	13½	13½	14	14½	15	15½	15¾	17	18¼	IN
BACK NECK WIDTH												
16.5	17	16.5	16.5	16.5	16.5	18	18.5	19	20	21.5	24	CM
6½	6½	6½	6½	6½	6½	7¼	7¼	7½	7¾	8½	9½	IN

FIT

Knit the size above your actual chest measurements with the amount of ease preferred (between 0 and 6.5 cm [2½ ins]). Shown in the first size with zero ease (grey / crew neck version) and fifth size with 4cm [1½ ins] of positive ease (blue / v neck version). A fitted waist can be achieved by reducing needle size and blocking the vest over a dress form (this was done in the grey sample).

YARN

Buachaille (100% Scottish Wool; 110m [120yds] per 50g skein)

Blue colourway:

Yarn A: Moonlicht Nicht; 3 (3, 3, 4, 4, 4, 4, 5, 5, 6, 6, 6) x 50g skeins

Yarn B: Ptarmigan; 3 (3, 3, 4, 4, 5, 4, 5, 6, 6, 7, 6) x 50g skeins

Yarn C: Between Weathers; 1 x 50g skeins for all sizes

Yarn D: Islay; 1 x 50g skeins for all sizes

Yarn E: Yaffle; 1 x 50g skeins for all sizes

Yarn F: Furze; 1 x 50g skeins for all sizes

Grey colourway:

Yarn A: Squall; 4 (5, 5, 6, 6, 7, 7, 7, 8, 9, 9, 9) x 50g skeins

Yarn B: Haar; 1 (2, 2, 2, 2, 2, 2, 2, 3, 3, 3) x 50g skeins

Yarn C: Ptarmigan; 1 (1, 1, 2, 2, 2, 2, 2, 2, 2, 2) x 50g skeins

Yarn D: Islay; 1 x 50g skeins for all sizes

In some cases smaller sizes require more yarn than larger sizes, this is due to the differing gauges that each size requires. Yarn quantities have been calculated to include an additional 5% for each size allowing for swatching as well as small differences in gauge and skein length.

NEEDLES AND NOTIONS

80cm [32in] Gauge-size needle for working body

80cm [32in] Below-gauge-size needle for working rib

40cm [16in] Below-gauge-size needle for working neck and armscye ribbing

Two sets of stitch markers, x and y

Crochet hook (if working crocheted steek reinforcements).

Tapestry needle. Waste yarn (for holding sts and steek reinforcements). Ribbon or tape for finishing internal steeked edges (optional)

GAUGE

You **must** match the correct gauge for your size to ensure your vest fits correctly.

Sts to 10cm [4in] (over stranded colourwork)

24 (26, 24, 25, 24, 25, 24, 25, 26, 26, 26, 24)

Rounds to 10cm [4in] (over stranded colourwork)

32 (34, 32, 33, 32, 33, 32, 33, 34, 34, 34, 32)

If you have too many sts to 10cm [4in], you need to use a larger needle. If you have too few sts to 10cm [4in], you need a smaller needle. In either case you will need to prepare a new gauge swatch as described below.

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TO SWATCH

Using (assumed) gauge-size needle, cast on 55 sts, pm and join for working in the round.

Knit 3 rounds.

Next round: Work 2 reps of row 1 of chart, pm, work 7 sts alternating MC and CC (for steek).

Cont working from chart and steek sts as set to chart row 44.

Knit 2 rounds.

Bind off all sts. Lightly steam swatch on reverse and weave in ends away from steek centre. Reinforce steek using your preferred method and cut. Lightly steam swatch once again and carefully measure the gauge. If necessary swatch again with smaller or larger needles in order to match the required gauge for your size. Whichever needle gives you the correct gauge is your gauge-size needle. Select a needle one size smaller for your below-gauge-size needle.

For reference, gauge for the fifth size (24 sts / 32 rounds to 4 ins) was achieved on a 3.5mm needle.

SPECIAL TECHNIQUES

Steek tutorials: <https://katedaviesdesigns.com/tutorials/>

PATTERN NOTES

This vest is knitted from the bottom up. The hem is worked in twisted rib, then the body is worked in stranded colourwork to the underarms. Sts are set aside at the underarms and steek bridges are created for the armscye shaping. Steek sts are added at the front neck and shaping is worked (following your choice of crew neck or V-neck instructions). Steek sts are then bound off, and shoulders joined using the three-needle bind-off method. The steeks are then cut, and reinforced before a twisted rib edging is picked up and added to neck and armscyees. Finally, the steek edges can be finished if desired by covering with a facing.

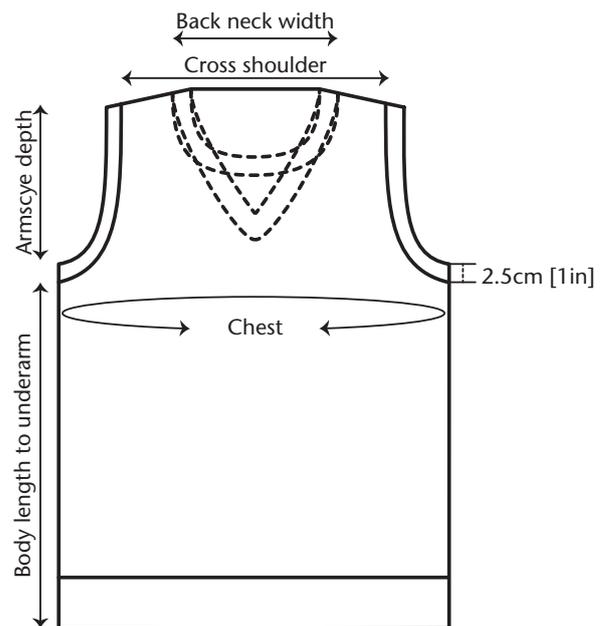
“Keeping pattern correct”

This instruction occurs in the armscye and neck shaping, where front(s) and back are separated with steeks and the front and back patterning needs to be kept separately correct. The direction of decreases can disrupt the continuity of colourwork if worked the “wrong” way. When working the armscye and neck, all decreases slants *towards* the shaping line (the opposite way to which you may be used to working them). This shift in direction means that any disruption to the colourwork pattern is minimised. Work a decrease in the correct shade from the chart, work in pattern as set until you reach the next shaping instruction, then work the next decrease in the shade indicated by the next square on the chart.

ABBREVIATIONS

CC	contrast colour
cont	continue(s) / continuing
dec	decrease(s) / decreasing
folll	follow(s) / following
k	knit
k2tog	knit next 2 stitches together (1 stitch decreased)
lh	left hand
MC	main colour (or background colour)
p	purl
pm(x)	place marker (x)
puk	pick up and knit
rem	remain(s) / remaining
rep	repeat(s) / repeating
RS	right side
skpo	slip 1 st, knit 1st, pass slipped st over (1 st dec)
sl	slip next st purlwise (unless otherwise stated)
slm(y)	slip marker (y)
ssk	slip 2 sts consecutively knitwise, k2tog tbl
st(s)	stitch(es)
tbl	through the back loop
WS	wrong side

SCHEMATIC



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INSTRUCTIONS

1

CAST ON, WORK TWISTED RIB

With below-gauge-size 80cm [32in] circular needle and yarn A, cast on 192 (216, 216, 240, 240, 264, 264, 288, 312, 336, 360, 360) sts, pm, and join for working in the round. Round 1: *K1 tbl, p1; rep from * to end. Last round sets 1x1 twisted rib pattern. Rep last round a further 19 times.

2

BEGIN WORKING FROM BODY CHART

Change to gauge-size 80cm [32in] circular needle. Changing shades as indicated, work in pattern as foll:
Round 1: Starting and ending as indicated for your size, work across row 1 of chart, repeating the marked section 7 (8, 8, 9, 9, 10, 10, 11, 12, 13, 14, 14) times in total.
Cont to work from chart as set by last round until chart round 44 is complete. Begin from round 1 again, and cont as set, until work measures 35.5 (37, 38, 39.5, 40.5, 42, 42, 43, 43, 44.5, 44.5, 45.5) cm [14 (14½, 15, 15½, 16, 16½, 16½, 17, 17, 17½, 17½, 18) in], or desired length to underarm.

3

DIVIDE FOR FRONT AND BACK; CREATE ARMSCYE STEEKS

Keeping pattern correct and removing markers when you encounter them create armscye steeks as foll:
Round 1: Work 87 (97, 97, 107, 107, 119, 119, 129, 141, 151, 161, 161) sts across back, bind off 9 (11, 11, 13, 13, 13, 13, 15, 15, 17, 19, 19) sts for underarm, work until you have 87 (97, 97, 107, 107, 119, 119, 129, 141, 151, 161, 161) sts across front following those bound off, bind off 9 (11, 11, 13, 13, 13, 13, 15, 15, 17, 19, 19) sts for underarm.
Round 2: *Work 87 (97, 97, 107, 107, 119, 119, 129, 141, 151, 161, 161) sts in pattern, pmx, cast on 7 steek sts using alternating colours and the backwards-loop method, pmx; rep from * once more. Back and front are now divided and 2 sets of armscye steeks are set up between x-markers. Beginning of the round is at start of back sts. 174 (194, 194, 214, 214, 238, 238, 258, 282, 302, 322, 322) body sts, plus 14 steek sts.

4

ARMSCYE SHAPING

Keeping pattern correct as set, and knitting steek sts in alternating colours, commence armscye shaping as foll:
Round 1: *K2tog, knit to 2 sts before next marker, ssk, slmx, k7 steek sts in alternating shades, slmx; rep from * once more. 4 sts dec. Rep last round a further 9 (8, 8, 10, 12, 15, 15, 17, 19, 23, 24, 25) times. 40 (36, 36, 44, 52, 64, 64, 72, 80, 96, 100, 104) sts dec; 134 (158, 158, 170, 162, 174, 174, 186, 202, 206, 222, 218) body sts rem, plus 14 steek sts.

If making crew neck, move to step 5a, if making V-neck, move to step 5b.

5^A

CREW NECK: FRONT STEEK & SHAPING

Cont as set until fabric from underarm measures 12.5 (13.5, 14, 14.5, 14.5, 15, 16, 16.5, 17, 18, 19, 19.5) cm [5 (5¼, 5½, 5¾, 5¾, 6, 6¼, 6½, 6¾, 7, 7½, 7¾) in].
Keeping chart pattern and armscye steek stripes correct, create front steek as foll:
Next round: Work 67 (79, 79, 85, 81, 87, 87, 93, 101, 103, 111, 109) back sts, slmx, k7 steek sts, slmx, work 19 (23, 25, 27, 26, 28, 27, 30, 32, 33, 36, 35) front sts, pmy, slip next 29 (33, 29, 31, 29, 31, 33, 33, 37, 37, 39, 39) sts to waste yarn, cast on 7 neck steek sts using alternating shades and the backwards loop method, pmy, work 19 (23, 25, 27, 26, 28, 27, 30, 32, 33, 36, 35) front sts, slmx, k7 steek sts, slmx. Front neck steek is now set up between y-markers. 105 (125, 129, 139, 133, 143, 141, 153, 165, 169, 183, 179) sts rem, plus 21 steek sts.

Keeping pattern correct, commence neck shaping as foll:
Next round: Work in pattern to x-marker, slmx, k7 steek sts, slmx, work in pattern to 2 sts before y-marker, ssk, slmy, k7 steek sts, slmy, k2tog, work in pattern to x-marker, slmx, k7 steek sts, slmx. 2 sts dec.
Rep last round a further 4 (4, 4, 4, 4, 4, 5, 5, 6, 7, 8) times. 10 (10, 10, 10, 10, 10, 12, 12, 14, 16, 18) sts dec; 95 (115, 119, 129, 123, 133, 131, 141, 153, 155, 167, 161) sts rem, plus 21 steek sts.

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All sizes work a further 18 (22, 22, 25, 26, 27, 26, 26, 27, 26, 25, 24) rounds in pattern. Move to step 6.

5^B

V-NECK: FRONT STEEK & SHAPING

Keeping chart pattern and armscye steek stripes correct as set, create front steek as foll:
Next round: K67 (79, 79, 85, 81, 87, 87, 93, 101, 103, 111, 109) back sts, slmx, k7 steek sts, slmx, k33 (39, 39, 42, 40, 43, 43, 46, 50, 51, 55, 54) front sts, bind off 1 st, work in pattern to x-marker, slmx, k7 steek sts, slmx.
Next round: K67 (79, 79, 85, 81, 87, 87, 93, 101, 103, 111, 109) back sts, slmx, k7 steek sts, slmx, k33 (39, 39, 42, 40, 43, 43, 46, 50, 51, 55, 54) front sts, pmy, cast on 7 neck steek sts using alternating colours and the backwards-loop method, pmy, k33 (39, 39, 42, 40, 43, 43, 46, 50, 51, 55, 54) front sts, slmx, k7 steek sts, slmx. Front neck steek is now set up between y-markers. 133 (157, 157, 169, 161, 173, 173, 185, 201, 205, 221, 217) sts rem, plus 21 steek sts.

Keeping pattern correct, commence neck shaping as foll:

Step A: Work in pattern to x-marker, slmx, k7 steek sts, slmx, k in pattern to 2 sts before y-marker, ssk, slmy, k7 steek sts, slmy, k2tog, work in pattern to x-marker, slmx, k7 steek sts. 2 sts dec.

Step B: Work in pattern for 1 round.

Rep steps A and B a further 18 (20, 18, 19, 18, 19, 20, 21, 23, 24, 26, 27) times. 38 (42, 38, 40, 38, 40, 42, 44, 48, 50, 54, 56) sts dec; 95 (115, 119, 129, 123, 133, 131, 141, 153, 155, 167, 161) sts rem plus 21 steek sts.

Work in pattern as set until fabric from underarm measures 20.5 (21.5, 23, 24, 25, 25.5, 26, 26.5, 27.5, 28, 29, 30.5) cm [8 (8½, 9, 9½, 9¾, 10, 10¼, 10½, 10¾, 11, 11½, 12) in].

Move to step 6.

6

BOTH VERSIONS: BIND OF STEEK STS, JOIN SHOULDERS, CUT STEEKS

Keeping pattern correct as set, and removing all markers when you encounter them, work as foll:
Next round: K14 (18, 20, 22, 21, 23, 22, 24, 26, 26, 28, 26) back shoulder sts, pm, work across 39 (43, 39, 41, 39, 41, 43, 45, 49, 51, 55, 57) back neck sts, and slip these last 39 (43, 39, 41, 39, 41, 43, 45, 49, 51, 55, 57) worked sts to

waste yarn, work across 14 (18, 20, 22, 21, 23, 22, 24, 26, 26, 28, 26) back shoulder sts, bind off 7 armscye steek sts, work in pattern across front shoulder sts to y-marker, bind off 7 neck steek sts, work in pattern across front shoulder sts to x-marker, bind off 7 armscye steek sts. Break yarns.

Turn work to the WS. Place 2 sets of 14 (18, 20, 22, 21, 23, 22, 24, 26, 26, 28, 26) shoulder sts parallel to one another on below-gauge-size needles for left shoulder. Using the relevant background shade from the last round, work three-needle bind off across these sts as foll: Use a third gauge-size needle to knit together the first st on the front needle with the first st on the rear needle. *Knit together the next st on the front needle with the next st on the rear needle. You have 2 sts on your rh needle. Bind off 1 st by lifting one over the other.* Rep from * to * until all sts are bound off. Break yarn and fasten off through last st.

Do the same for the 2 sets of sts for other shoulder.

Weave in all ends to the back of the work and away from the centre of the steeks. With iron on wool setting, and without touching the fabric, lightly steam the work from the WS to allow the sts to relax a little. Using your preferred method (see special techniques), reinforce and cut the steeks at front neck and armscyces.

If making crew neck, move to step 7a, if making V-neck, move to step 7b.

7^A

CREW NECK: WORK NECK EDGING

With yarn A and below-gauge-size 40cm [16in] circular needle, beginning at left shoulder, puk 14 (16, 16, 18, 19, 19, 19, 19, 20, 20, 20, 20) sts down left front neck, slip 29 (33, 29, 31, 29, 31, 33, 33, 37, 37, 39, 39) sts held for front neck to lh needle and k across them, puk 14 (16, 16, 18, 19, 19, 19, 19, 20, 20, 20, 20) sts up right front neck, sl 39 (43, 39, 41, 39, 41, 43, 45, 49, 51, 55, 57) sts held for back neck to lh needle and k across them, pm for start of round. 96 (108, 100, 108, 106, 110, 114, 116, 126, 128, 134, 136) sts.

Work 1x1 twisted rib, as set above, for 8 rounds. Bind off all sts. Move to step 8.

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7^B

V-NECK: WORK NECK EDGING

With yarn A and below-gauge-size 40cm [16in] circular needle, beginning at left shoulder, puk 31 (37, 37, 39, 38, 39, 38, 40, 42, 41, 43, 41) sts down left front neck, pmx, puk 1 st at centre of V, pmx, puk 31 (37, 37, 39, 38, 39, 38, 40, 42, 41, 43, 41) sts up right front neck, sl 39 (43, 39, 41, 39, 41, 43, 45, 49, 51, 55, 57) sts held for back neck to lh needle and k across them, pmy for start of round. 102 (118, 114, 120, 116, 120, 120, 126, 134, 134, 142, 140) sts.

Round 1: P1 (1, 1, 1, 0, 1, 0, 0, 0, 1, 1, 1), [k1 tbl, p1] 16 (18, 17, 18, 18, 18, 18, 19, 20, 19, 20, 19) times, skpo, slmx, k1, slmx, k2tog, *p1, k1 tbl; rep from * to last 0 (0, 0, 0, 1, 0, 1, 1, 1, 0, 0, 0) st, p0 (0, 0, 0, 1, 0, 1, 1, 1, 0, 0, 0). 2 sts dec; 100 (116, 112, 118, 114, 118, 118, 124, 132, 132, 140, 138) sts rem.

Step A: Work 1x1 twisted rib as set to 1 st before x-marker, k1, slmx, k1, slmx, k1, work in 1x1 twisted rib as set to end.

Step B: Work 1x1 twisted rib as set above to 2 sts before x-marker, skpo, slmx, k1, slmx, k2tog, work in 1x1 twisted rib as set to end. 2 sts dec. Rep steps A and B a further 3 times. 8 sts dec; 92 (108, 104, 110, 106, 110, 110, 116, 124, 124, 132, 130) sts rem.

Bind off all sts. Move to step 8.

8

WORK ARMSCYE EDGINGS

With yarn A and below-gauge-size 40cm [16in] circular needle, beginning at centre of underarm, puk 44 (50, 50, 55, 55, 58, 57, 61, 68, 69, 70, 71) sts to shoulder top, then puk 44 (50, 50, 55, 55, 58, 57, 61, 68, 69, 70, 71) sts to underarm, pm for start of round. 88 (100, 100, 110, 110, 116, 114, 122, 136, 138, 140, 142) sts.

Work in 1x1 twisted rib, as set in step 1, for 8 rounds.

Bind off all sts.

Do the same for the second armscye.

9

FINISHING

Weave in all ends to the back of the work.

Soak vest in cool water and wool wash for 30 minutes. Rinse and remove water between dry

towels. Shape and pin to dimensions given in sizing table (or over dress form if preferred). Carefully smooth the fabric, and ensure that the ribbing lies flat. Allow to dry completely. (Optional) Finish steek edges by trimming and slip stitching them to the WS, or by covering them with a band of narrow grosgrain ribbon, hand-stitching this neatly to the WS of the work.

Enjoy your Carraig Fhada!

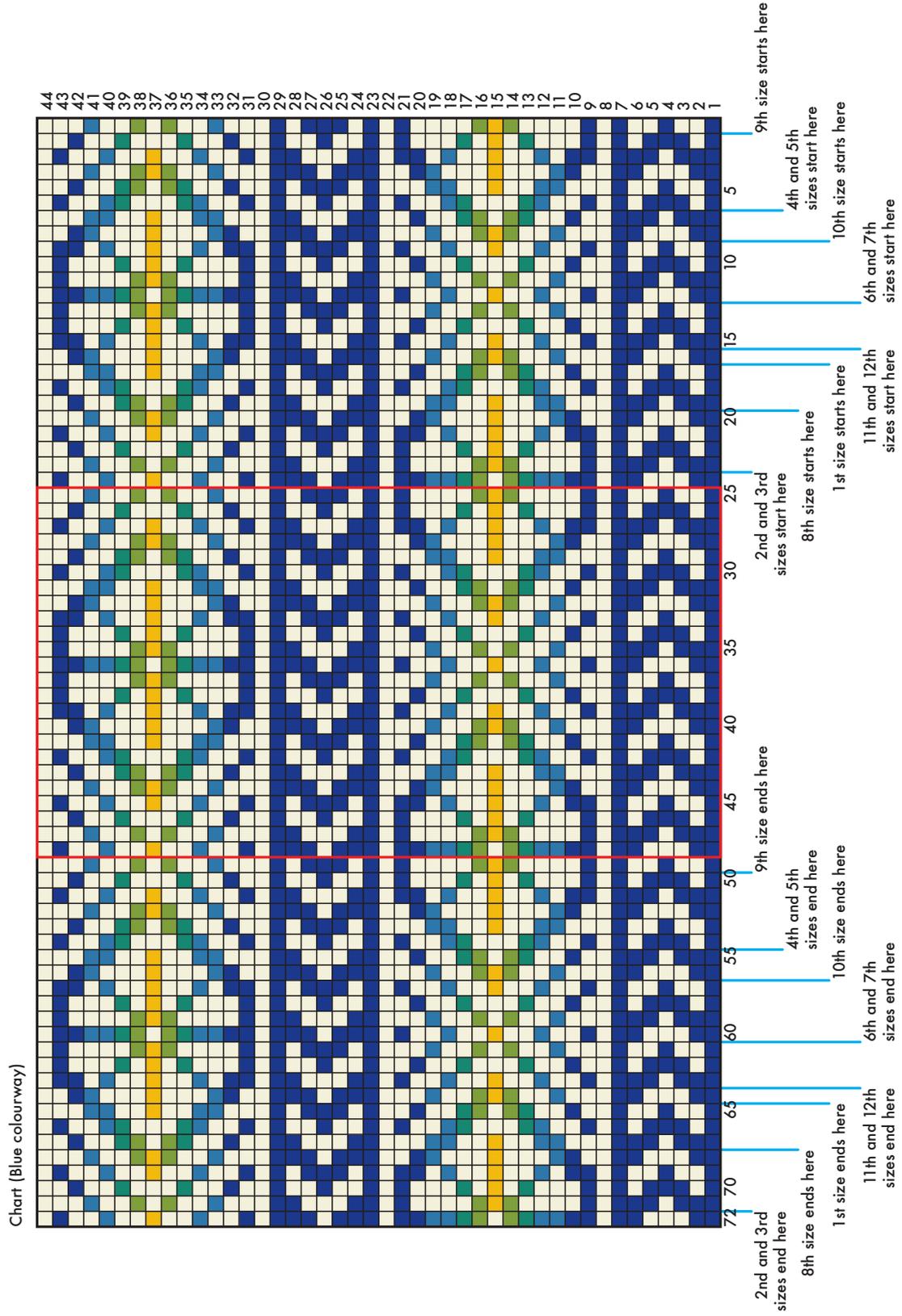
KEY: BLUE COLOURWAY

-  with yarn A (Moonlicht Nicht); k
-  with yarn B (Ptarmigan); k
-  with yarn C (Between Weathers); k
-  with yarn D (Islay); k
-  with yarn E (Yaffle); k
-  with yarn F (Furze); k
-  pattern repeat

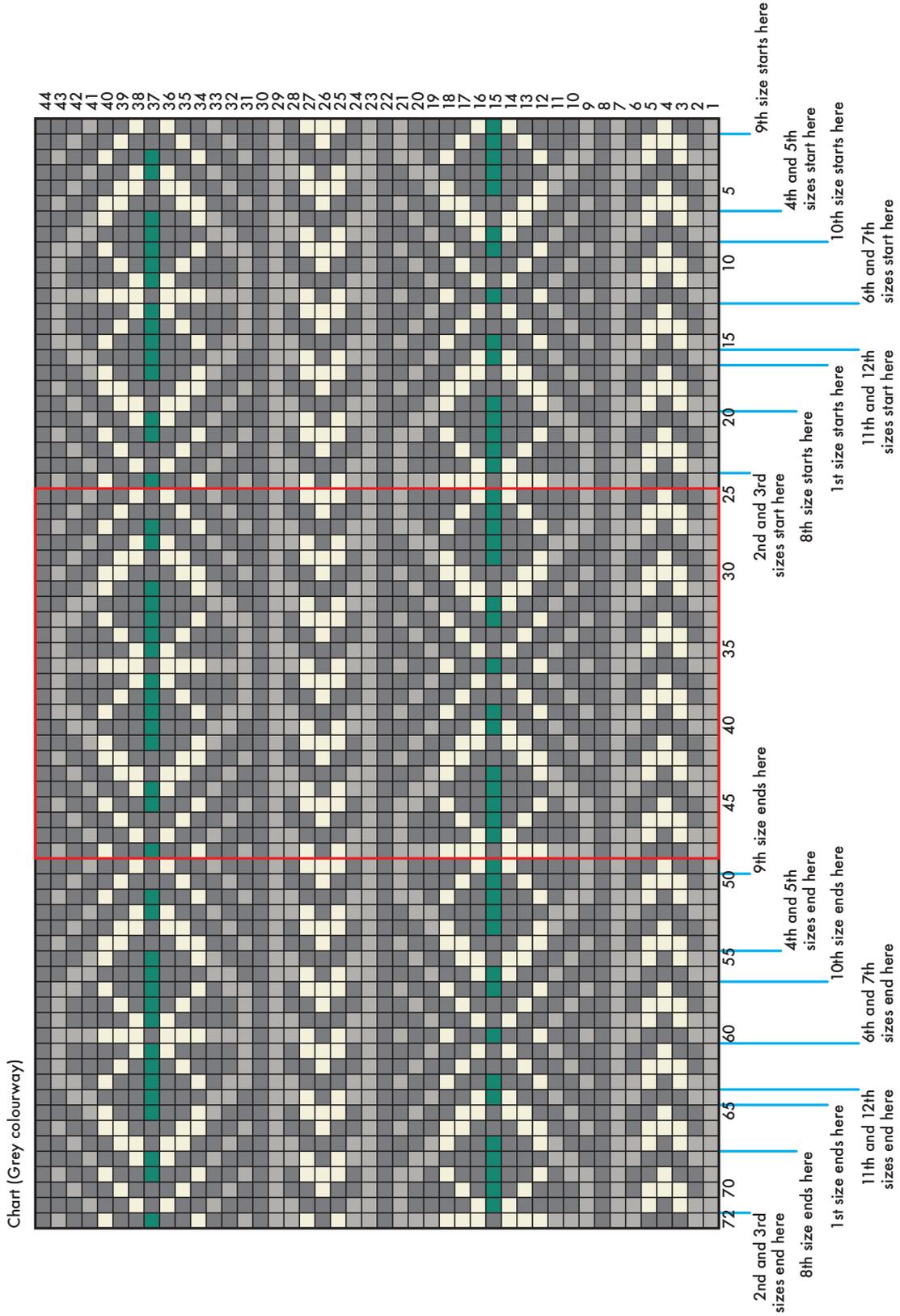
KEY: GREY COLOURWAY

-  with yarn A (Squall); k
-  with yarn B (Haar); k
-  with yarn C (Ptarmigan); k
-  with yarn D (Islay); k
-  pattern repeat

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