

Book Club pullover

Cable pullover pattern by Sari Nordlund



#BookClubPullover



The Book Club pullover has a relaxed and slightly boxy fit. It is knitted seamlessly top down with a diamond cable pattern that is a lot easier than it first appears and is suitable for knitters who are just learning to knit cables.

The pullover is started at the back neck and then increased to the full width of the back. After that stitches are picked up along the sloped shoulders for the fronts. The front and back are joined at the underarm and the body is then knitted in the round. The sleeves and the neckband stitches are then picked up from the body and worked in the round. The beautiful cable pattern is worked on the front and the back as well as on the sleeves.

The length of the body and sleeves are easily modified to suit your own body measurements. I recommend trying the pullover on every now and then while working on it to make sure you get the perfect length for your style.

Sizes

- 1 (2, 3, 4, 5) (6, 7, 8, 9)
- Finished bust circumference: 95 (105, 115, 125, 135) (145, 155, 165, 175) cm / 37.5 (41.25, 45.25, 49.25, 53.25) (57, 61, 65, 69) inches, including the intended positive ease of 20 cm / 8 inches (choose the size that is closest to your bust + the intended ease)
- Length from hem to underarm (adjustable): 30 (30, 30, 30, 33) (33, 33, 35, 35) cm / 11.75 (11.75, 11.75, 13) (13, 13, 13.75, 13.75) inches
- Sleeve length from cuff to underarm (adjustable): 45 cm / 17.75 inches
- Upper arm circumference: 36 (37, 38, 40, 43) (46, 49, 52, 55) cm / 14.25 (14.5, 15, 15.75, 17) (18, 19.25, 20.5, 21.75) inches

Note: Please be aware that adjusting the lengths of the garment will also affect the amount of yarn needed to finish the project.

Yarn

880 (970, 1060, 1170, 1290) (1420, 1560, 1710, 1890) m / 960 (1060, 1160, 1280, 1410) (1550, 1710, 1880, 2060) yards of worsted weight yarn.

Sample: 5 (6, 6, 7, 7) (8, 9, 9, 10) skeins of Magpie Fibers Nest Worsted (100% Corriedale wool; 192 m / 210 yards per 100g), shown in colorway Twilight Honey.

Needles

For the ribbing:

- 3 mm / US 2.5 circular needles with a cable of 40 cm / 16 inches for the neck ribbing
- 3 mm / US 2.5 DPNs or circular needles with a cable suitable for small circumference knitting for the cuffs
- 3 mm / US 2.5 circular needles with a cable of at least 80 cm / 32 inches for the hem

For the main part:

- 4 mm / US 6 DPNs or circular needles with a cable suitable for small circumference knitting for the sleeves
- 4 mm / US 6 circular needles with a cable of 40 cm / 16 inches for the top of the yoke
- 4 mm / US 6 circular needles with a cable of at least 80 cm / 32 inches for the body

Gauge

19 sts and 26 rows = 10 cm / 4 inches of Moss stitch on larger needles, after blocking.

21 sts and 26 rows = 10 cm / 4 inches of Main Chart on larger needles, after blocking.

Always use the needle size that gets you the right gauge!

Notions

- 8 stitch markers
- 4 locking markers
- cable needle, if using
- waste yarn
- tapestry needle
- blocking tools

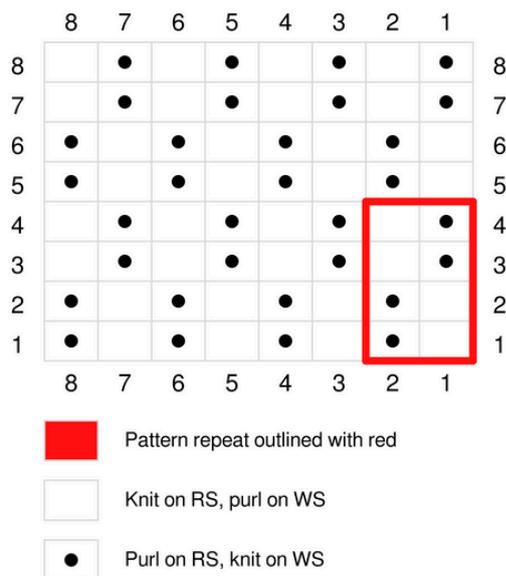
Abbreviations

| | |
|---------|---|
| BOR | Beginning of the round |
| dec'd | Decreased |
| DPNs | Double Pointed Needles |
| inc'd | Increased |
| k | Knit |
| m1L | Make 1 knit stitch (left leaning) |
| m1LP | Make 1 purl stitch (left leaning) |
| m1R | Make 1 knit stitch (right leaning) |
| m1Rp | Make 1 purl stitch (right leaning) |
| p | Purl |
| p2tog | Purl 2 sts together |
| pm | Place marker |
| RS | Right side |
| sl1 | Slip 1 st |
| sm | Slip marker |
| ssp | (Slip knitwise) x 2, purl the slipped stitches together through the back loop |
| st(s) | Stitch(es) |
| WS | Wrong side |
| 2/1 LCP | 2 over 1 left cable purl: slip 2 sts to cable needle at front, p1, then k2 from cable needle. |
| 2/1 RCP | 2 over 1 right cable purl: slip 1 st to cable needle at back, k2, then p1 from cable needle. |
| 2/2 LC | 2 over 2 left cable: slip 2 sts to cable needle at front, k2, then k2 from cable needle. |
| 2/2 RC | 2 over 2 right cable: slip 2 sts to cable needle at back, k2, then k2 from cable needle. |

Stitch patterns

Note: The collar is worked in moss stitch (i.e. alternating between k1 and p1, with always two knit stitches and two purl stitches stacked over one another), do not mistake it for seed stitch or double moss stitch.

Here's an example of moss stitch for you to visualize it more easily:



Moss stitch knitted flat:

On RS: If the next stitch on the left needle is a knit stitch, then knit it. If it's a purl stitch, then purl it.

On WS: If the next stitch on the left needle is a knit stitch, then purl it. If it's a purl stitch, then knit it.

Moss stitch in the round over odd stitch count

Round 1: *P1, k1; rep from * until 1 st rem, p1.

Round 2: As Round 1.

Round 3: *K1, p1; rep from * until 1 st rem, k1.

Round 4: As Round 3.

Moss stitch in the round over even stitch count

Round 1: *P1, k1; rep from * until end.

Round 2: As Round 1.

Round 3: *K1, p1; rep from * until end.

Round 4: As Round 3.

Decreasing in moss stitch pattern:

At the beginning of the moss stitch section: If you would work the next stitch as k1, then p2tog. If you would work it as p1, then k2tog.

At the end of the moss stitch section: If you would work the next stitch as k1, then ssk. If you would work it as p1, then ssp.

Instructions

BACK INCREASES

Cast on 38 sts for the back neck on the larger needles. Do not join in the round. Place locking markers into the cast on edge below the first and last stitch of the row. These markers will guide you when picking up stitches for the fronts.

Note: When working the charts on the WS rows, remember to read them from left to right and check the changed abbreviations for the stitches when working on the WS. The first row of the chart is worked from the WS!

Row 1 (WS): Work Row 1 of the Back Increase Chart indicated for your size.

Row 2 (RS): Work Row 2 of the Back Increase Chart indicated for your size.

Continue as established until you have worked the whole Back Increase Chart. 94 (94, 100, 100, 100) (100, 100, 100, 100) sts on needles.

Then continue with the cable pattern in the middle and start increasing in moss stitch on each side as follows:

Sizes 1 and 2 only:

Row 1 (RS): P1, m1L, pm, work Row 1 of the Main Chart indicated for your size, pm, m1R, p1. 2 sts inc'd.

Row 2 (WS): K1, m1Rp, p1, sm, work Row 2 of the Main Chart until next marker, sm, p1, m1Lp, k1. 2 sts inc'd.

Row 3 (RS): P1, m1L, p1, k1, sm, work next row of the

Main Chart until next m, sm, k1, p1, m1R, p1. 2 sts inc'd.

Row 4 (WS): K1, m1Rp, k1, p1, k1, sm, work next row of the Main Chart until next marker, sm, k1, p1, k1, m1Lp, k1. 2 sts inc'd.

Sizes 3-9 only:

Row 1 (WS): K1, m1R, pm, work Row 1 of the Main Chart indicated for your size, pm, m1L, k1. 2 sts inc'd.

Row 2 (RS): P1, m1Rp, k1, sm, work Row 2 of the Main Chart until next marker, sm, k1, m1Lp, p1. 2 sts inc'd.

Row 3 (WS): K1, m1Lp, k1, p1, sm, work next row of the Main Chart until next m, sm, p1, k1, m1Rp, k1. 2 sts inc'd.

Row 4 (RS): P1, m1R, p1, k1, p1, sm, work next row of the Main Chart until next marker, sm, p1, k1, p1, m1L, p1. 2 sts inc'd.

All sizes resume:

Continue increasing at the beginning and the end of each row as established in moss stitch pattern another 0 (4, 6, 10, 15) (20, 25, 29, 34) times. *Note: When you reach the end of the Main Chart, start again on Row 1.*

At the end you have 102 (110, 120, 128, 138) (148, 158, 166, 176) sts on your needles, 1 purled edge stitch on each side, 4 (8, 10, 14, 19) (24, 29, 33, 38) sts in moss stitch on each side and 92 (92, 98, 98, 98) (98, 98, 98, 98) sts for the cable pattern in the middle. **Continue to the instructions for the Back, do not work any more increases.**

BACK

Place a locking marker at the first and last stitch of the row.

Then continue without any further increases by working the side sts as p1 on RS and k1 on WS, the next 4 (8, 10, 14, 19) (24, 29, 33, 38) sts on each side in moss stitch and work the charted pattern as established between the markers. Continue as established until the piece measures 10 (9.5, 8.5, 9, 9.5) (10, 10.5, 11.5, 11.5) cm / 4 (3.75, 3.25, 3.5, 3.75) (4, 4.24, 4.5, 4.5) inches from the locking marker at the end of the increases, ending with a WS row.

Make a note which row of the Main Chart you ended

with, as you will need this information for the front later on. Break yarn and put the sts on hold on a piece of waste yarn.

LEFT FRONT SHOULDER

With the RS facing you and starting at the locking marker at the left corner of the back neck cast on, pick up and knit 34 (38, 42, 46, 51) (56, 61, 65, 70) sts (= 1 st per each row) along the left shoulder line until the locking marker at the end of increases on the left shoulder.

Row 1 (WS): K1, work the next 4 (8, 10, 14, 19) (24, 29, 33, 38) sts in moss stitch, pm, work Row 1 of the Left Front Chart indicated for your size until end.

Row 2 (RS): Work Row 2 of the Left Front Chart until next m, sm, work in moss stitch until 1 st remains, p1.

Continue working the Left Front Chart as established until you have worked the end of the Row 39 (39, 47, 47, 47) (47, 47, 47, 47). The last row will be worked only after finishing the Right Front and joining the neck. 45 (49, 53, 57, 62) (67, 72, 76, 81) sts on needles. Break yarn and put the sts on hold on a piece of waste yarn.

RIGHT FRONT SHOULDER

With the RS facing you and starting at the locking marker at the end of increases on the right shoulder, pick up and knit 34 (38, 42, 46, 51) (56, 61, 65, 70) sts (= 1 st per each row) along the right shoulder line until the locking marker at the right corner of the back neck cast on.

Row 1 (WS): Work Row 1 of the Right Front Chart indicated for your size over the next 29 (29, 31, 31, 31) (31, 31, 31, 31) sts, pm, work in moss stitch until 1 st remains, k1.

Row 2 (RS): P1, work in moss stitch until next m, sm, work Row 2 of the Right Front Chart until end.

Work as established until you have worked Row 39 (39, 47, 47, 47) (47, 47, 47, 47) of the Right Front Chart. 45 (49, 53, 57, 62) (67, 72, 76, 81) sts on needles.

Next row (RS): P1, work in moss stitch until next m, sm, work last row of the Right Front Chart. Then cast on 12 (12, 14, 14, 14) (14, 14, 14, 14) sts using the Back Loop Cast On method or the Cable Cast On method. Take the sts held for the left front back on your needles, and work last row of Left Front Chart until the next m, sm, work in moss stitch until 1 st remains and p1. 102 (110, 120, 128, 138) (148, 158, 166, 176) sts on your needles.

FRONT

Row 1 (WS): K1, work in moss stitch until next m, sm, work Row 2 (2, 5, 5, 5) (5, 5, 5, 5) of the Main Chart indicated for your size until next m, sm, work in moss stitch until 1 st remains and k1.

Row 2 (RS): P1, work in moss stitch until next m, sm, work next row of the Main Chart until next m, sm, work in moss stitch until 1 st remains and p1.

Work as established until the front measures 26 (27.5, 29.5, 31, 33.5) (36, 38.5, 40.5, 43.5) cm / 10.25 (10.75, 11.5, 12.25, 13.25) (14.25, 15.25, 16, 17.25) inches from the shoulder line, and you are on the same row of the Main Chart that you ended the back with.

JOINING THE FRONT AND THE BACK.

Next Row (RS): P1, pm for BOR, work in moss stitch until next m, sm, work next row of the Main Chart until next m, sm, work in moss stitch until 1 st remains, pm. P1, then cast on 1 st using the Back Loop Cast On method or the Cable Cast On method. Take the sts held for the back on your needles, and p1, pm, work in moss stitch until next m, sm, work the same row of the Main Chart as you did for the front until next m, sm, work in moss stitch until 1 st remains and pm. P1, cast on 1 st using the Back Loop Cast On method or the Cable Cast On method, then p1 (the same stitch you purled at the beginning of this row). 206 (222, 242, 258, 278) (298, 318, 334, 354) sts on needles.

Next round: *Work in moss stitch until next m, sm, work next row of the Main Chart until next m, sm, work in moss stitch until next m, sm, p1, k1, p1, sm; repeat from * until end.

Continue as established until the body measures 26 (26, 26, 26, 29) (29, 29, 31, 31) cm / 10.25 (10.25, 10.25, 10.25, 11.5) (11.5, 11.5, 12.25, 12.25) inches from the underarm or 4 cm / 1.5 inches less than the desired length for the body, ending with a WS row.

HEM

Change to smaller needles. On the next round, you can remove all markers, except the BOR m.

Round 1: *K1, p1; repeat from * until end.

Continue as established until the hem measures 4 cm / 1.5 inches or the desired length.

Bind off all sts using the Sewn Tubular Bind Off, or other bind off method of your choice.

SLEEVES

Use the larger needles. Starting at the underarm cast on stitch, pick up and knit 67 (69, 71, 75, 81) (87, 93, 97, 103) sts along the sleeve opening. Pm for BOR.

Round 1: K1, p1, work the next 12 (13, 13, 15, 18) (21, 24, 26, 29) sts in Moss stitch, pm, work Round 1 of the Sleeve Chart indicated for your size, pm, work the next 12 (13, 13, 15, 18) (21, 24, 26, 29) sts in Moss stitch, p1.

Round 2: K1, p1, work in Moss stitch until next m, sm, work Round 2 of the Main Chart, sm, work in Moss stitch until 1 st remains, p1.

Work 3 more rounds as established.

Decrease Round: K1, ssp, work in Moss stitch until next m, sm, work next round of the Main Chart, sm, work in Moss stitch until 2 st remains, p2tog. 2 sts dec'd.

Repeat the Decrease Round every 5.5 (5, 5, 4, 3) (2.5, 2.5, 2, 2) cm / 2.25 (2, 2, 1.5, 1.25) (1, 1, 0.75, 0.75) inches another 5 (6, 6, 8, 10) (13, 14, 16, 18) more times. 55 (55, 57, 57, 59) (59, 63, 63, 65) sts remain on the sleeve.

Work as established without any further decreases

until the sleeve measures 40 cm / 15.75 inches or 5 cm / 2 inches less than the desired length.

CUFFS

Change to smaller needles.

Decrease Round: *K1, p1; repeat from * until 3 sts remain, k1, p2tog. 54 (54, 56, 56, 58) (58, 62, 62, 64) sts on needles.

Ribbing Round: *K1, p1; repeat from * until end.

Continue in ribbing as established until the cuff measures 5 cm / 2 inches or the desired length. Bind off all sts using the Sewn Tubular Bind Off, or other bind off method of your choice. Work the second sleeve accordingly.

NECKBAND

Using the smaller needles and starting at the right corner of the neck cast on, pick up and knit 26 sts along the back neck, then approximately 30 (30, 31, 31, 31) (31, 31, 31, 31) stitches along the left side of the neck. Then pick up and knit 12 (12, 14, 14, 14) (14, 14, 14, 14) sts along the front neck and another 30 (30, 31, 31, 31) (31, 31, 31, 31) stitches along the right side of the neck. Pm for BOR and continue working in the round. Approximately 108 (108, 112, 112, 112) (112, 112, 112, 112) sts on needles.

Ribbing Round: *K1, p1; repeat from * until end.

Work as established until the neck measures 10 cm / 4 inches. Bind off all sts loosely in pattern. Fold the neckband double and seam on the inside of the sweater using whip stitch.

FINISHING

Weave in all remaining yarn ends. Wet block to measurements.

ABBREVIATIONS FOR THE CABLES

2/1 LCP 2 over 1 left cable purl: slip 2 sts to cable needle at front, p1, then k2 from cable needle.

2/1 RCP 2 over 1 right cable purl: slip 1 st to cable needle at back, k2, then p1 from cable needle.

2/2 LC 2 over 2 left cable: slip 2 sts to cable needle at front, k2, then k2 from cable needle.

2/2 RC 2 over 2 right cable: slip 2 sts to cable needle at back, k2, then k2 from cable needle.



RS: Knit
WS: Purl



RS: Purl
WS: Knit



RS: m1R
WS: m1Rp



RS: m1L
WS: m1Lp



RS: m1Rp
WS: m1R



RS: m1Lp
WS: m1L



2/1 LCP



2/1 RCP



2/2 LC



2/2 RC

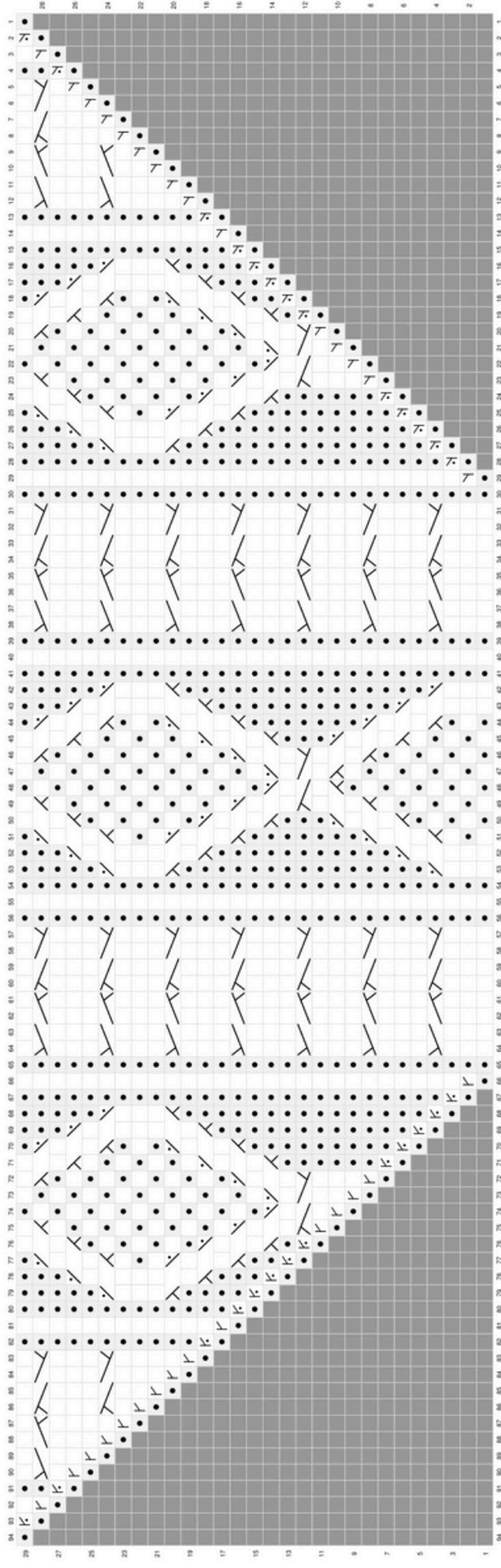


No stitch

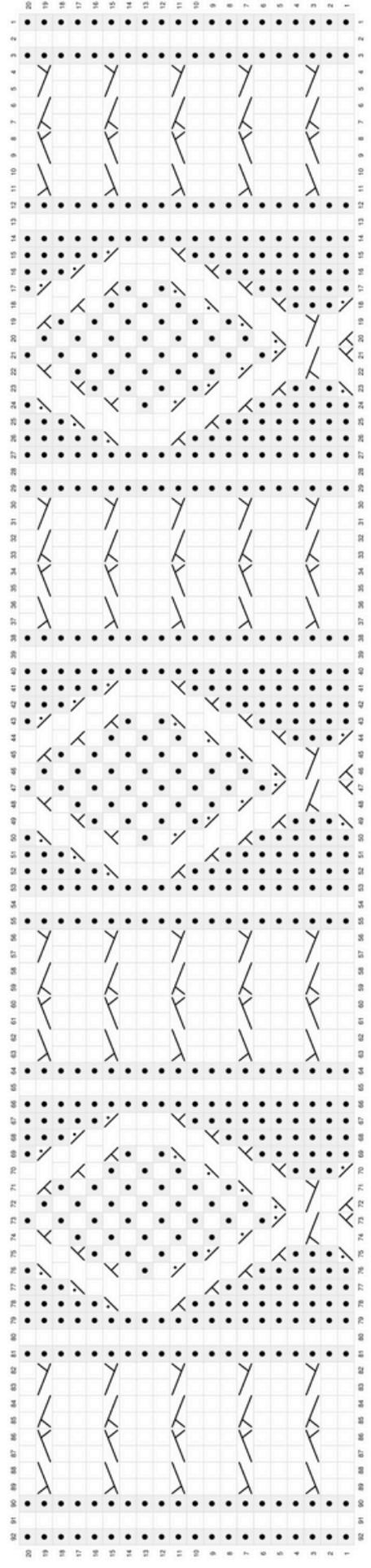


work the last row of the Left Front Chart only after finishing the right front

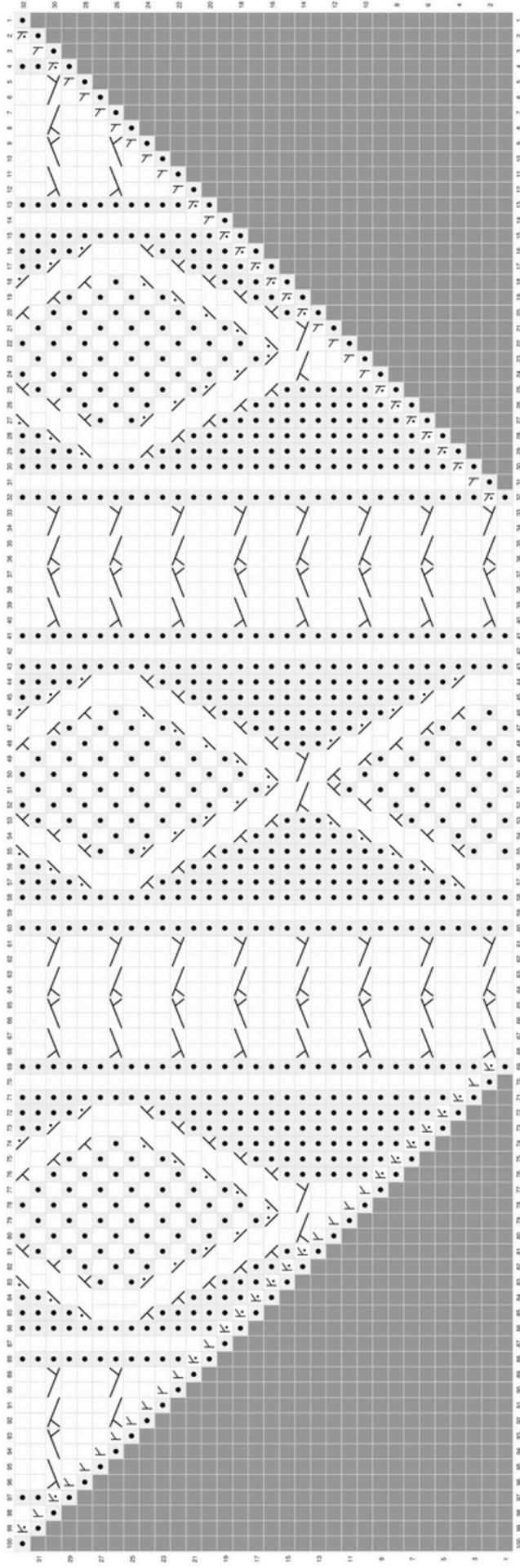
Back Increase chart for sizes 1-2



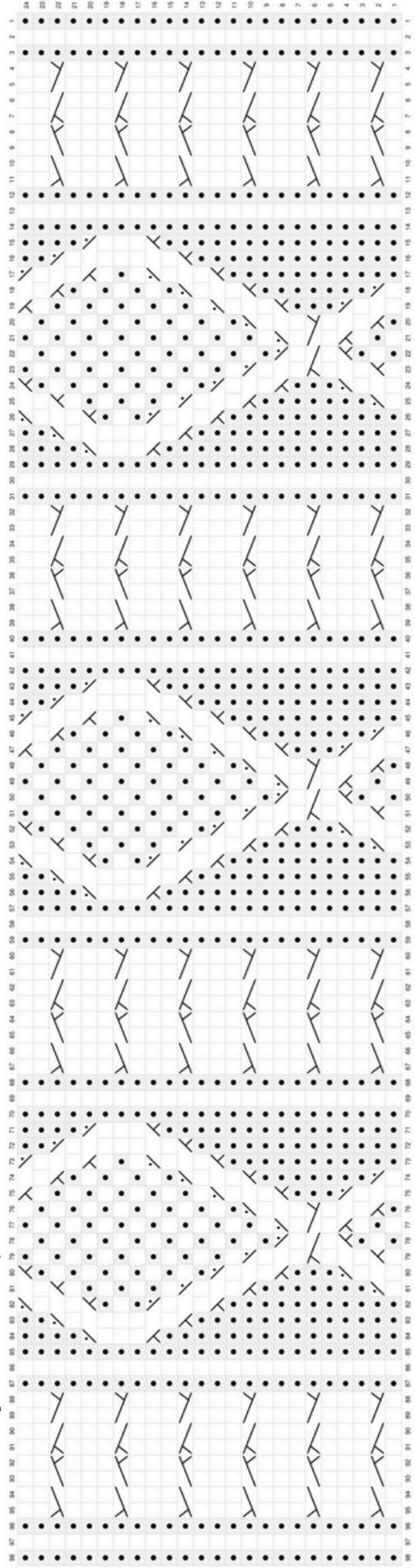
Main chart for sizes 1-2



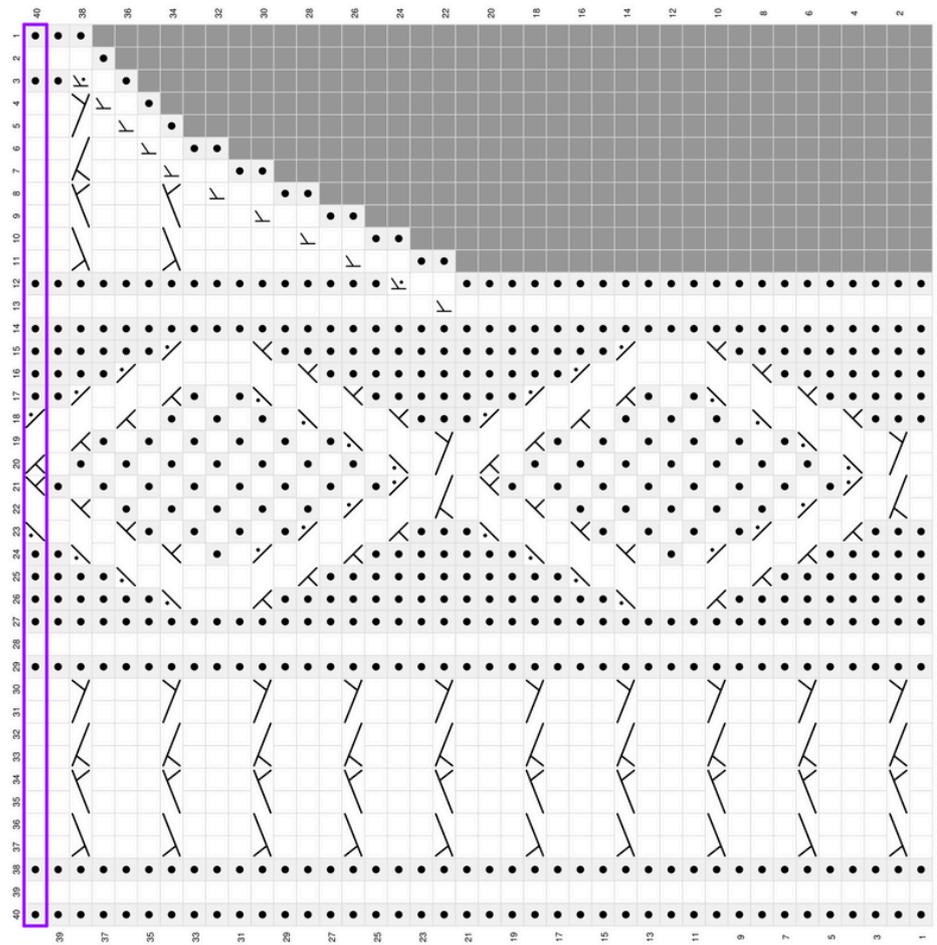
Back Increase chart for sizes 3-9



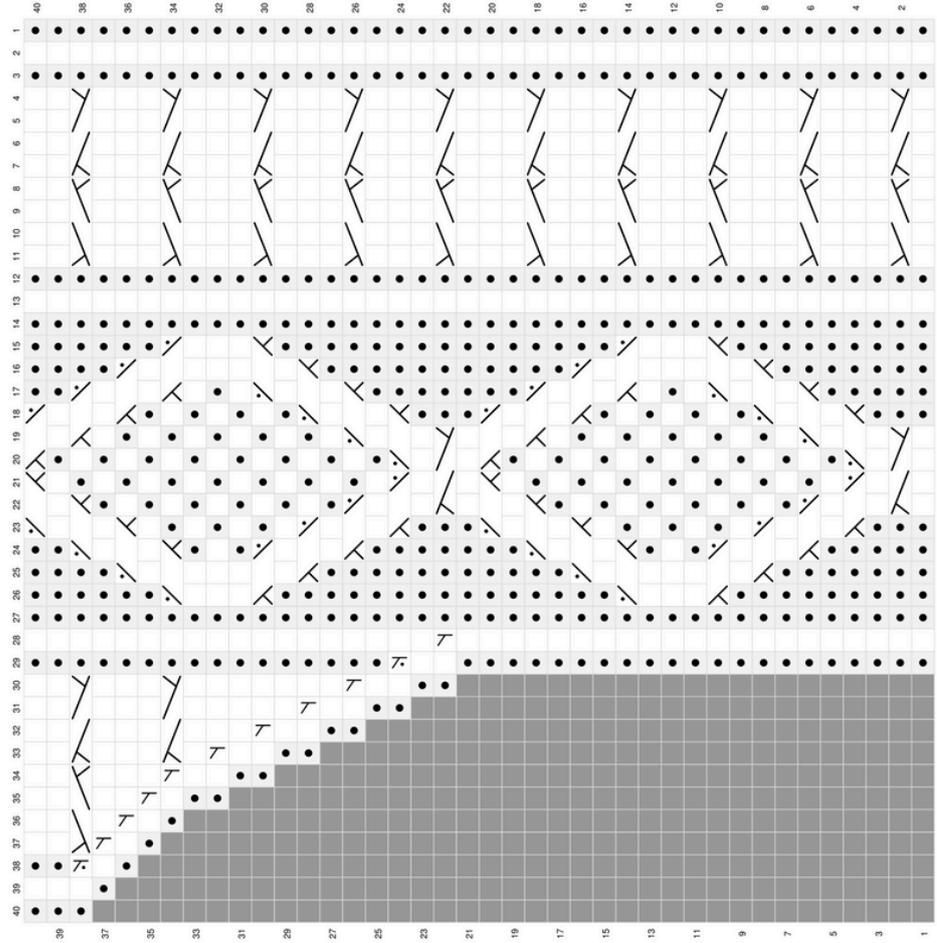
Main chart for sizes 3-9



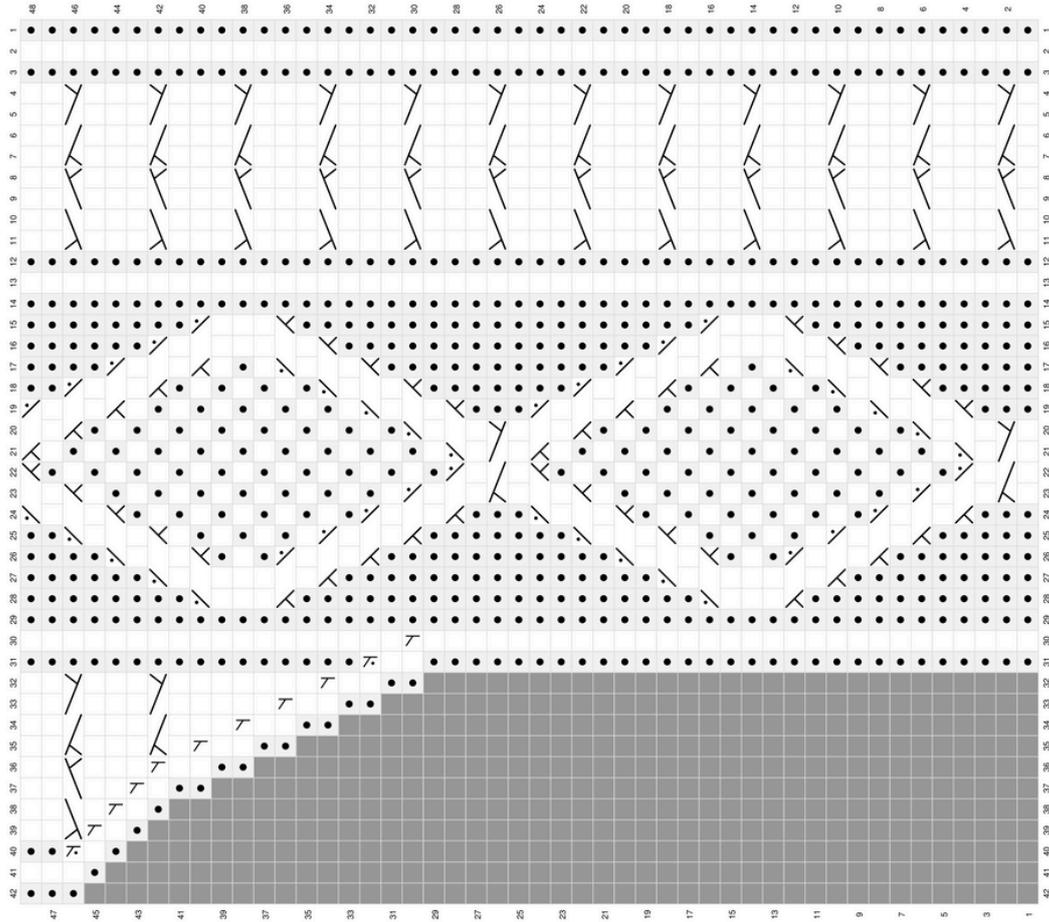
Left front chart for sizes 1-2



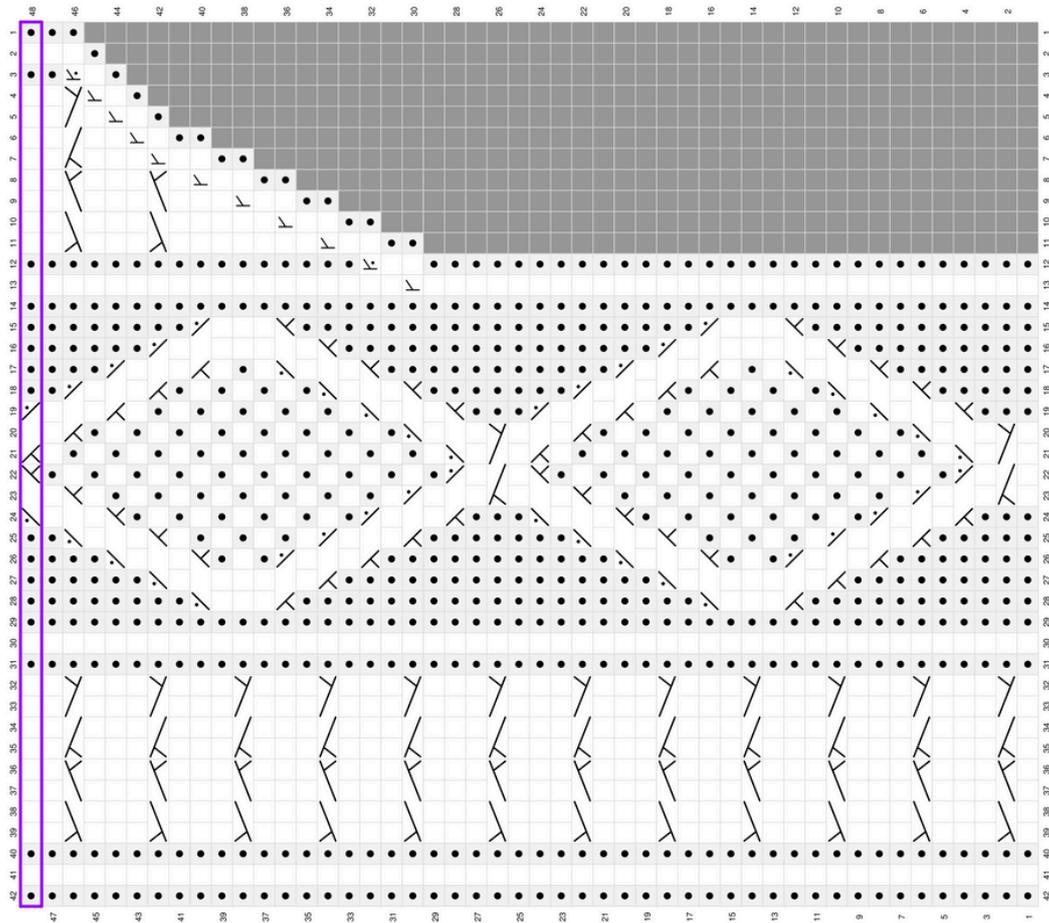
Right front chart for sizes 1-2



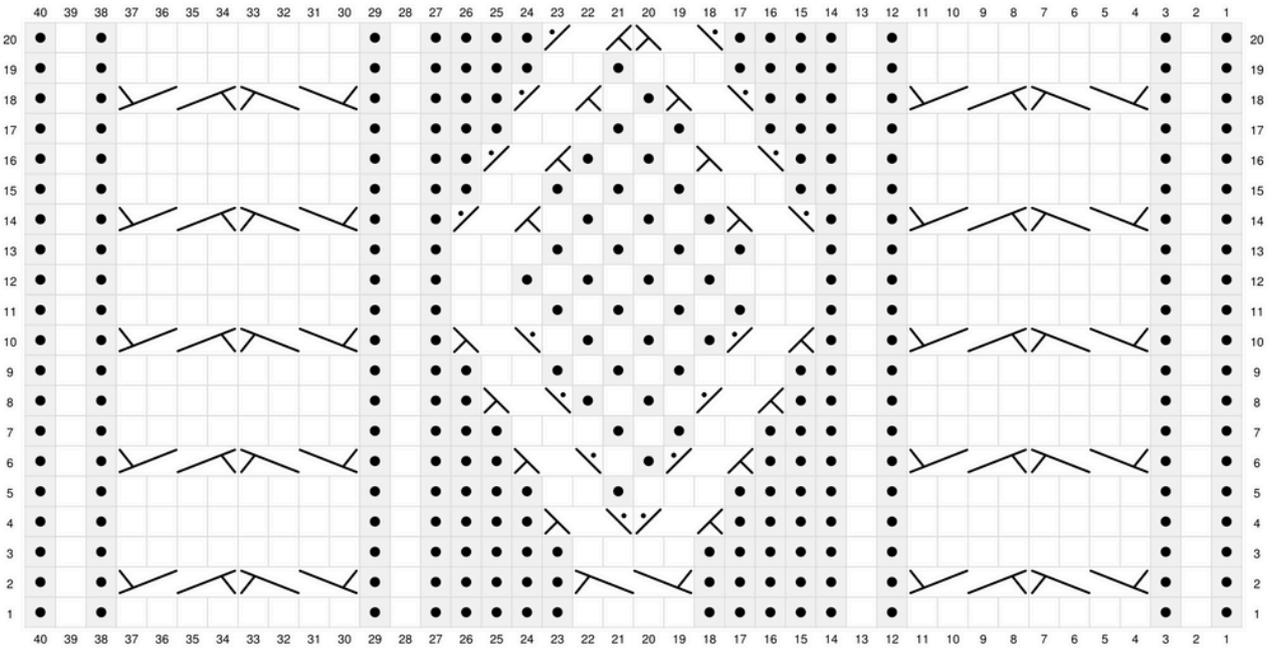
Right front chart for sizes 3-9



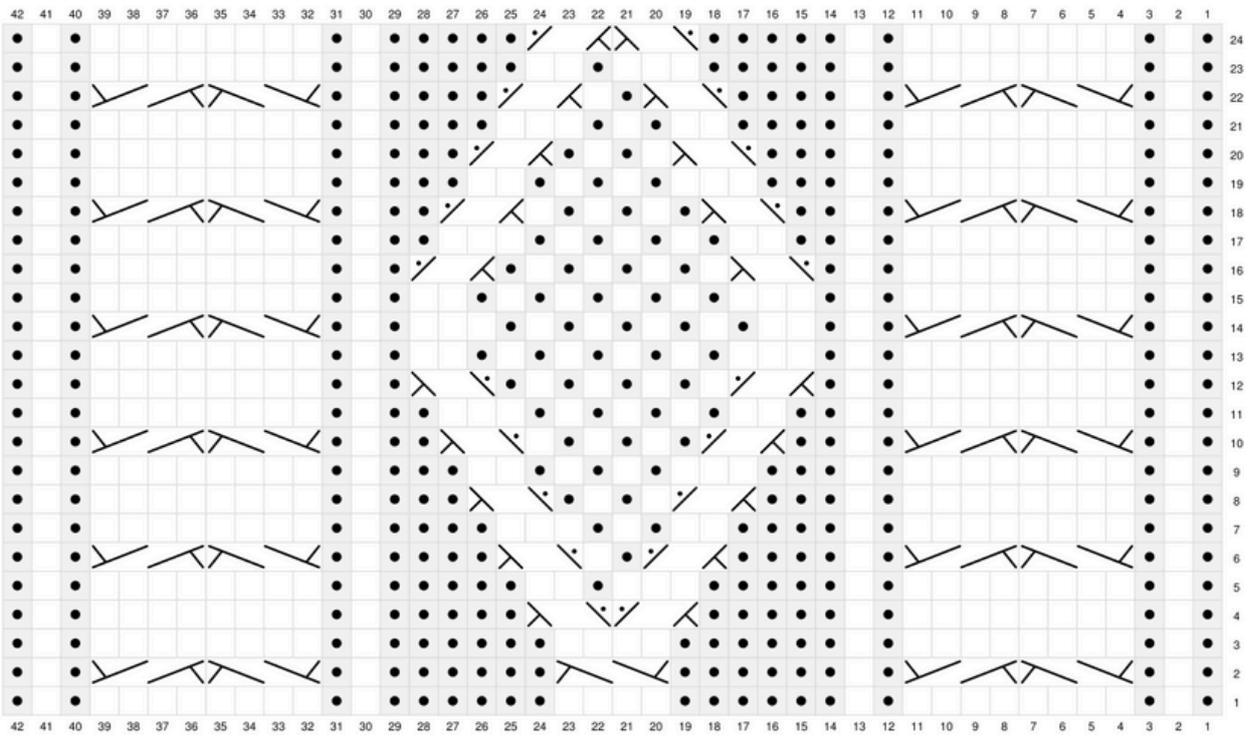
Left front chart for sizes 3-9



Sleeve chart for sizes 1-2



Sleeve chart for sizes 3-9





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Ravelry:

<https://www.ravelry.com/designers/sari-nordlund>

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