

BomNal Sweater

By Cookie the Knitter



Size	XS · (S) · M · (L) · XL = 85 · (90) · 95 · (100) · 105cm [33½ · (35½) · 37½ · (39¼) · 41¼"]
Bust circumference	67 · (72) · 77.5 · (79) · 84.5cm [10½ · (11¼) · 12 · (12¼) · 13"] 85.5 · (92) · 99 · (101) · 108cm [26¼ · (28½) · 30½ · (31¼) · 33¼] (when gently stretched)
Length	55 · (56) · 58 · (59) · 61cm [21¾ · (22) · 22¾ · (23¼) · 24] (from edge of shoulder)
Materials & yardage	Merinocot by Lanagatto color 14393, 350g · (350g) · 400g · (400g) · 450g (50g=125m) Silk Mohair by Lanagatto color 14393, 100g · (100g) · 125g · (125g) · 150g (25g=212m) 1 strand each, worked 2 strands together
Needles	5mm/60cm [US8/24"] circular needles, 5mm/80 or 100cm [US8/32 or 40"] circular needles, 4mm/60cm [US6/24"] circular needles, 4mm/80cm [US6/32"] circular needles, 4mm [US6] double-pointed needles or long circular needles for Magic Loop method
Gauge (in pattern)	10 x 10cm [4x 4"]=23 stitches x 22 rows (18 stitches x 23 rows when gently stretched)

봄날BamNal=Bom(spring)+Nal(days)

BomNal Sweater is a cable sweater made top down with set-in sleeves which give an elegant shoulder shape. The whole process is seamless. Construct shoulder slopes with short rows on the back, and pick up stitches from the back to make shoulders. Each piece meets at underarm, where you start knitting in the round for body. After finishing the body, pick up stitches along armhole and work short rows so the sleeves perfectly fit on your shoulder. This pattern will help you knit a tailor made-like fit without a single stitch of sewing.

This pattern requires the skills of cast on, pick up, knit, purl, German short rows, increase(M1L, M1R, backwards loop cast on), decrease(k2tog, p2tog, ssk, ssp, cdd), left cross, tubular bind off. There are video and photo tutorials for beginners.

This pattern consists of the written pattern and the charts. The charts help you to understand the cable pattern and how it extends, and the written pattern explains you the overall procedure.

If you like this pattern, please follow my instagram [@cookietheknitter](https://www.instagram.com/cookietheknitter) and post pics with #BomNalSweater #봄날스웨터.

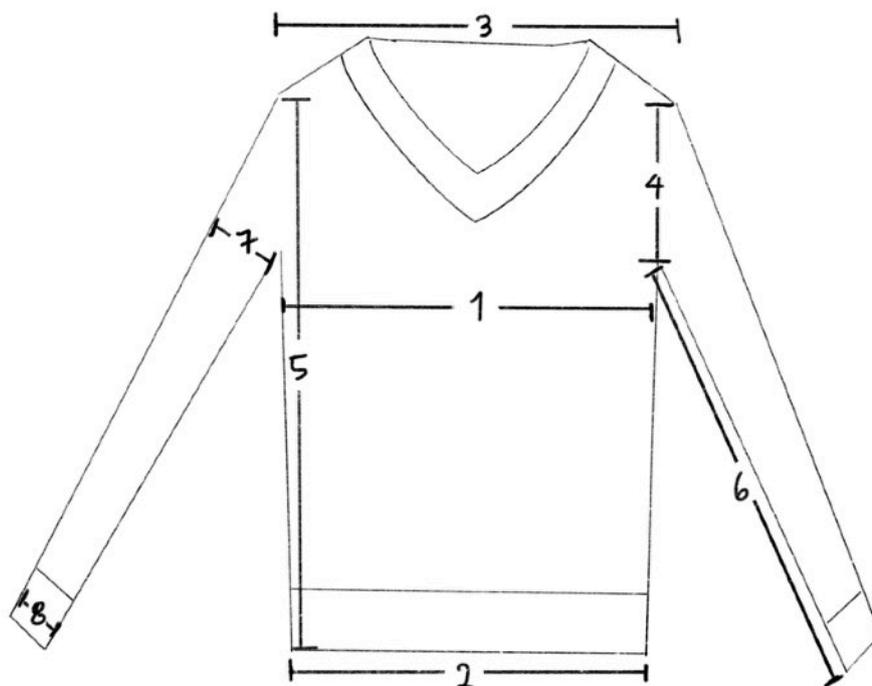
Please send me email at cookietheknitter07@gmail.com, or instagram [@cookietheknitter](https://www.instagram.com/cookietheknitter) for reporting errors and feedbacks. Ask me questions if you have any doubts but questions about techniques(i.e. what is the knit stitch?) won't be replied.

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**to left handed knitters: follow the pattern in order, but knit right shoulder first in the 'left shoulder' section and knit left. Shoulder in the 'right shoulder' section.

Before we start

1. Size (when worn or gently stretched)



Size	XS · (S) · M · (L) · XL =
	85 · (90) · 95 · (100) · 105cm [33½ · (35½) · 37½ · (39¼) · 41¼"]
1. Bust circumference	67 · (72) · 77.5 · (79) · 84.5cm [26¼ · (28½) · 30½ · (31¼) · 33¼"] (rested)
2. Bottom circumference	75.5 · (82) · 88 · (90) · 95.5cm [30¼ · (32¼) · 34½ · (35½) · 37½"]
3. Shoulder width	35 · (36) · 37 · (38.5) · 39.5cm [13¾ · (14¼) · 14¾ · (15¼) · 15½"]
4. Armhole length	18.5 · (19) · 21 · (21.5) · 23.5cm [7¼ · (7½) · 8¼ · (8½) · 9¼"]
5. Length	55 · (56) · 57 · (59) · 61cm [21¾ · (22) · 22¾ · (23¼) · 24"]
6. Sleeve length	51 · (52) · 53.5 · (54.5) · 56cm [20 · (20½) · 21 · (21½) · 22"]
7. Sleeve circumference	26 · (27) · 28 · (29.5) · 30.5cm [10¼ · (10½) · 11 · (11¾) · 12"] (rested) 33.5 · (34.5) · 35.5 · (37.5) · 39cm [13 · (13½) · 14 · (14¾) · 15¼"]
8. Wrist circumference	20 · (21) · 22 · (23.5) · 24.5cm [7¾ · (8¼) · 8¾ · (9¼) · 9½"]

2. Size guide

BomNal Sweater is form-fitting, which means it stretches when you put the sweater on. It highlights your body shape in a sophisticated way with 20cm [8"] of negative ease.

Choose a size that is same as your bust circumference or has 2–5cm [$\frac{3}{4}$ –2"] of positive ease when you lightly stretch the sweater.

3. Gauge

The pattern of BomNal Sweater contracts like rib stitch since it is a repetition of knits and purls. So when you measure gauge, the swatch should be horizontally stretched.



When rested

10cm x 10cm=23 sts x 22 rows



When gently stretched

10cm x 10cm=18 sts x 23 rows

4. Pattern

BomNal Sweater has a 2 over 2 left cross cable(2/2 LC, [ref #1, click to move](#)) which means the right 2 stitches go onto the left 2 stitches. The cables are worked every 12th row. The 4 stitches establishing a cable are called a ‘cable column’ in this pattern.

When ‘cable’ is mentioned, it always means 2/2 left cross. You can see the overall flow on the written pattern, and the charts show how to establish in pattern. Once you get used to the flow, the written pattern would be enough to follow the process.

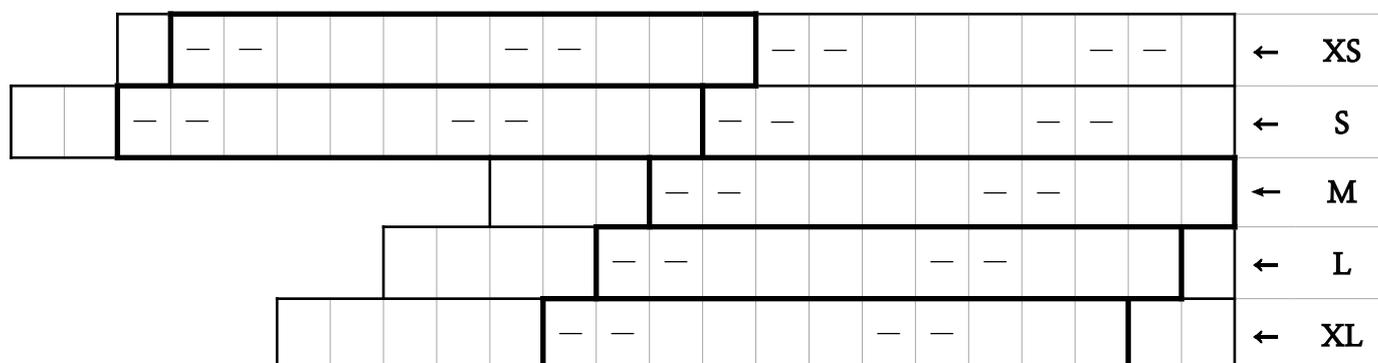
Always work in pattern as established, even when there aren’t explanations saying that. (pictures on the next page)

Back

Work short rows to make a shoulder slope and knit in pattern until armhole increases.

First, cast on 65 · (67) · 69 · (71) · 73 stitches on 5mm/60cm [US8/24”] needles and set up the pattern on the next row:

Set up (WS) XS · (S):
 P 1 · (2), k2, p4, k2, rep *p3, k2, p4, k2* 5 times, p 1 · (2)
 M · (L) · XL:
 P 0 · (1) · 2, rep *p3, k2, p4, k2* 6 times, p 3 · (4) · 5



Begin German short rows^(ref #2) on the next row. Do as follow while working in pattern as established:

- Row 1 (RS)** Work 50 · (50) · 52 · (52) · 54 (=15 · (17) · 17 · (19) · 19 left on LH), turn
- Row 2 (WS)** DS, 34 · (32) · 34 · (32) · 34 (=15 · (17) · 17 · (19) · 19 left on LH), turn
- Row 3 (RS)** DS, work until last turn, work 3 · (4) · 4 · (4) · 4 more, turn
- Row 4 (WS)** DS, work until last turn, work 3 · (4) · 4 · (4) · 4 more, turn
- Row 5 (RS)** DS, work until last turn, work 4 · (4) · 4 · (5) · 5 more, turn
- Row 6 (WS)** DS, work until last turn, work 4 · (4) · 4 · (5) · 5 more, turn
- Row 7 (RS)** DS, work until last turn, work 4 · (4) · 4 · (5) · 5 more, turn
- Row 8 (WS)** DS, work until last turn, work 4 · (4) · 4 · (5) · 5 more, turn

Note: pull the working yarn tight after slip&yarn over for DS. And work 3–4 stitches tighter than other stitches so the stitches look even.

Face the RS after the last turn with 4 · (5) · 5 · (5) · 5 stitches on the RH. Slip the first stitch(DS) and work to end. We have worked 1 row counting from the edge of the work and the next row is the WS. Work 5 more rows in pattern. It starts and ends on the WS:

RS XS · (S):
 K 1 · (2), p2, k4, p2, rep *k3, p2, k4, p2* 5 times, k 1 · (2)
 M · (L) · XL:
 K 0 · (1) · 2, rep *k3, p2, k4, p2* 6 times, k 3 · (4) · 5

WS XS · (S):
 P 1 · (2), k2, p4, k2, rep *p3, k2, p4, k2* 5 times, p 1 · (2)
 M · (L) · XL:
 P 0 · (1) · 2, rep *p3, k2, p4, k2* 6 times, p 3 · (4) · 5

The work ends on the WS with 6 rows along the edge. On the next row, the 7th row, work a left cross in every ‘cable column’:

Cross (Row 7) XS · (S):
 K 1 · (2), p2, cross, p2, rep *k3, p2, cross, p2* 5 times, k 1 · (2)
 M · (L) · XL:
 K 0 · (1) · 2, rep *k3, p2, cross, p2* 6 times, k 3 · (4) · 5

WS (Row 8) XS · (S):
 P 1 · (2), k2, p4, k2, rep *p3, k2, p4, k2* 5 times, p 1 · (2)
 M · (L) · XL:
 P 0 · (1) · 2, rep *p3, k2, p4, k2* 6 times, p 3 · (4) · 5

We have worked 2 rows including a Cable Row. Work 10 more rows in pattern and work another Cable Row on the 19th row. After this Cable Row, work 3 · (1) · 3 · (5) · 5 more rows.

Now begin armhole increases on the next row. Work in pattern and M1L or M1pL, M1R or M1pR, assuming that the work is extended 1 stitch at each end maintaining the pattern *k4, p2, k3, p2*:

Increases (RS) k1, M1L, work to last 1, M1R, k1

WS Work in pattern

XL: On the first armhole increase row k1, M1pL, p1, work to last 2, p1, M1pR, k1 so the 2 knit stitches change to purl stitches to stay in line with the pattern.

Repeat the two Rows above 4·(6)·7·(7)·9 times total. Don't forget to work a Cable Row on the 31st row(except size XS). There are 73·(79)·83·(85)·91 stitches now.

When increases are done, cut the working yarn and transfer stitches onto waste yarn.

Left Shoulder

Pick up stitches from the back piece and work left shoulder until the both shoulders are joined together. Left side is the side when the sweater is worn.

Pick up with the end of the working yarn(ref #3) with 5mm/60cm [US8/24"] circular needles. With RS facing, grab the yarn long enough and pick up 15·(17)·17·(19)·19 stitches from the gaps between the stitches of the back piece(ref #4) end. After then, slide the stitches onto the other needle. So the next row is the RS.

Now decrease to shape back neck(ref #5). K2tog or p2tog as same shape as the third stitch, while working in pattern as established on the back piece:

RS k1, dec 1, work to end

WS Work in pattern

Repeat the two Rows above 3 times total. There are now 12·(14)·14·(16)·16 stitches on the needle. Work a Cable Row on the next row, the 7th row, and work 5 more rows in pattern.

Now begin with front neck. Placing a row marker, work 2 rows without increases. And increase from the next row. M1L or M1pL maintaining the pattern *k4, p2, k3, p2*. Think that the pattern is expanded 1 stitch at each end:

- Row 3 (RS)** k1, M1L, work to end
- Row 4 (WS)** Work in pattern
- Row 5** Work in pattern
- Row 6** Work in pattern

Repeat the four Rows 0 · (2) · 1 · (3) · 2 times total to increase every 4th row. And repeat only the Rows 3&4 16 · (11) · 14 · (11) · 13 times total to increase every other row. While at the same time work a Cable Row on the 7th, 19th and 31st rows counting from the beginning of front neck.

When done with the repeating the two Rows, there are 28 · (27) · 29 · (30) · 31 stitches and 34 · (32) · 34 · (36) · 36 rows. From the next row, increase for neckline and armhole at the same time:

- Armhole · neckline increase (RS)** k1, M1L, work to last 1, M1R, k1
- Next row (WS)** Work in pattern

XL: On the first armhole increase row k1, M1L, work to last 2, p1, M1pR, k1 so the knit stitch before the armhole increase changes to a purl.

Repeat the two Rows 4 · (6) · 5 · (5) · 5 times total. At the same time, work a Cable Row on the 43rd row(except size XS). There are now 36 · (39) · 39 · (40) · 41 stitches on the needle.

For size XS and S, make right shoulder first, and join left shoulder, right shoulder and back pieces altogether. For size M, L, and XL, join the two shoulders and continue increasing for armholes, and then join with back piece at underarm.

Cut the working yarn and hold the stitches on waste yarn.

Right shoulder & front

RS facing, pick up stitches with 5mm/80cm [US8/32"] circular needles. Pick up from the gaps between the stitches of the back piece.

Same as left shoulder, pick up 15·(17)·17·(19)·19 stitches with the end of the working yarn and move the stitches onto the opposite side of the circular needles. Right shoulder is constructed the same as left shoulder but mirror-reversed.

Shape back neck by decreasing. Ssk or ssp as same as the shape of the third stitch from the end while working in pattern as established on the back piece:

RS Work to last 3, dec 1, k1

WS Work in pattern

Repeat the two Rows 3 times total until there are 12·(14)·14·(16)·16 stitches. Work a Cable Row on the next row, the 7th row, and work even 5 more rows in pattern.

Begin to shape front neck. Placing a row marker, work 2 rows even. From the next row, increase for neckline while working in pattern:

Row 3 (RS) Work to last 1, M1R, k1

Row 4 (WS) Work in pattern

Row 5 Work in pattern

Row 6 Work in pattern

M1R or M1pR in line with the pattern *k4, p2, k3, p2*. Repeat the four Rows above 0·(2)·1·(3)·2 times total.

Then, repeat only the Rows 3&4 16·(11)·14·(11)·13 times total. While at the same time work a Cable Row on the 7th, 19th and 31rd rows.

There are now 28·(27)·29·(30)·31 stitches and 34·(32)·34·(36)·36 rows. From the next row, work in pattern while at the same time increase both for neckline and armhole:

Armhole·neckline increase (RS) k1, M1L, work to last 1, M1R, k1

Next row (WS) Work in pattern

XL: On the first armhole increase row k1, M1pL, p1, work to last 1, M1R, k1 so the knit stitch after the armhole increase changes to a purl.

Repeat the two Rows 4 · (6) · 5 · (5) · 5 times, while at the same time work a Cable Row on the 43rd row(except size XS). There are 36 · (39) · 39 · (40) · 41 stitches now.

For XS and S, skip to the Body section below. For M, L, XL continue armhole increases after joining the two shoulders as follows, working as established:

Join shoulders Right shoulder k1, M1L, work to end, CO1, left shoulder work to last
M · (L) · XL 1, M1R, k1

Next row (WS) Work in pattern

Continue increasing at each end for armhole:

Increases (RS) k1, M1L, work to last 1, M1R, k1

Next row (WS) Work in pattern

Repeat the two Rows 1 · (1) · 3 times total. There are 83 · (85) · 91 stitches on the needle.

Body

Join the back with the both shoulders(XS, S) or with the front(M, L, XL) together to work in the round. Join the pieces as follows:

Joining body (XS, S) Work right shoulder to end, CO1, work left shoulder to end, CO4, work back to end, CO4 pm for BOR

XS: Join the pieces while at the same time work a Cable Row since the joining row is the 43rd row.

Joining body (M, L, XL) Work front to end, CO6, work back to end, CO6, pm for BOR

XL: Join the pieces while at the same time work a Cable Row since the joining row is the 55th row.

There are now 154 · (166) · 178 · (182) · 194 stitches on the needle. Work the next row in pattern while setting up pattern for the new 4 · (4) · 6 · (6) · 6 stitches at underarm:

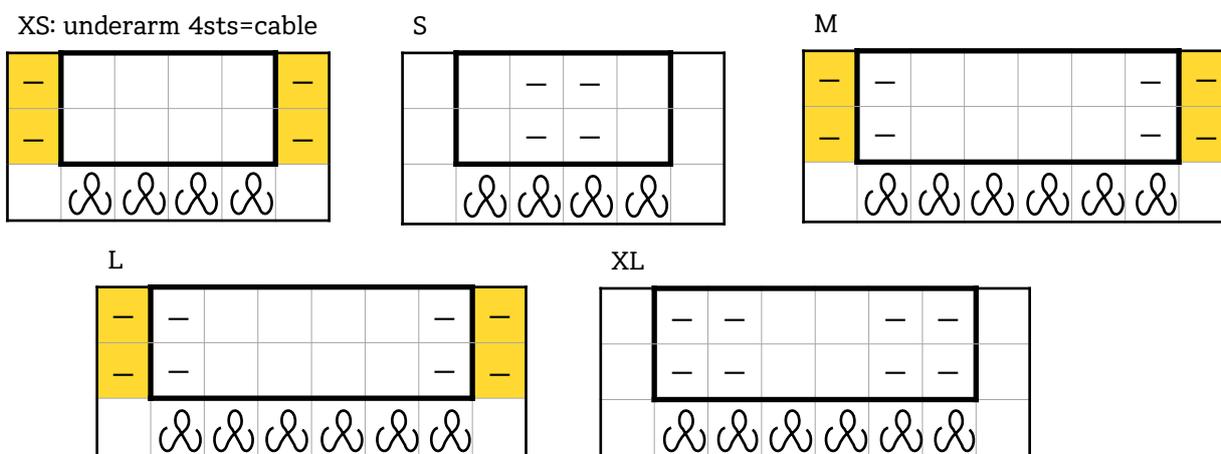
Pattern for underarm

XS: p1, work to last 1 before underarm sts, p1, k4, p1, work to last 5 before marker, p1, k4

S: work to underarm sts, k1, p2, k1, work to last 4 before marker, k1, p2, k1

M, L: p1, work to last 1 before underarm sts, p2, k4, p2, work to last 7 before marker, p2, k4, p1

XL: work to underarm sts, p2, k2, p2, work to last 6 before marker, p2, k2, p2



(The yellow cells are where you change a knit to a purl.)

Work for 31 · (31) · 31 · (31) · 32cm [12¼ · (12¼) · 12¼ · (12¼) · 12⅝”] from the underarm edge or until desired length, at the same time working Cable Rows every 12th row. Skip a Cable Row 4 rows before starting rib.

Example: Cable Row, work 11 rows, Cable Row, work 3 more rows, rib (X)

Cable Row, work 11 rows, work 4 more rows, rib (O)

For ribbing, change to 4mm/80cm [US6/32”] circular needles and decrease stitches as follows:

Decreases

XS · (S) · L:

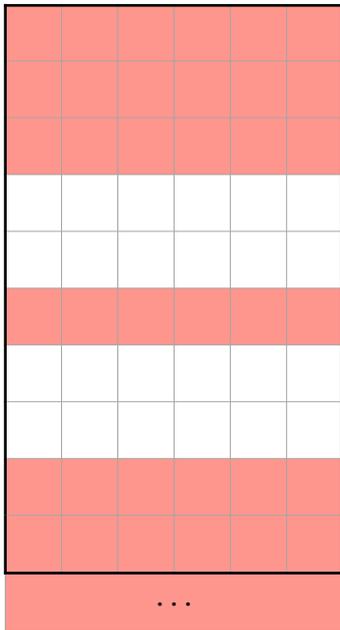
before ribbing

Rep *k1, p1* 5 · (2) · 1 times, rep [*k1, p1* 3 times, k1, p2tog] to end

M · (XL):

Rep *k1, p1* 2 · (1) times, k1, p2tog, rep [*k1, p1* 3 times, k1, p2tog] to end

There are 138 · (148) · 158 · (162) · 172 stitches now. Work *k1, p1* rib for 6cm [2¼"].
 If you want to add stripes on rib, change colors of working yarn as follows:



Work 4 rows while changing yarn to the main yarn

Work 2 rows changing back to the other yarn

Work 1 row changing back to the main yarn

Work 2 rows while changing yarn in the other color

Rib for 3.5cm

Before binding off, do as follows for a neat and stretchy edge:

Row 1 Rep *k1, wyif sl1 purlwise* to end

Row 2 Rep *wyib sl1 purlwise, p1* to end

After the two rows, tubular bind off or use other stretchy bind off methods such as Jeny's Surprisingly Stretchy Bind Off.

Sleeves

RS facing, pick up stitches along the armhole. Start in the middle of the underarm stitches. Pick up all the stitches from the underarm, 1 stitch every 2 rows on the armhole increase rows, and 2 stitches every 3 rows on the even-worked rows.

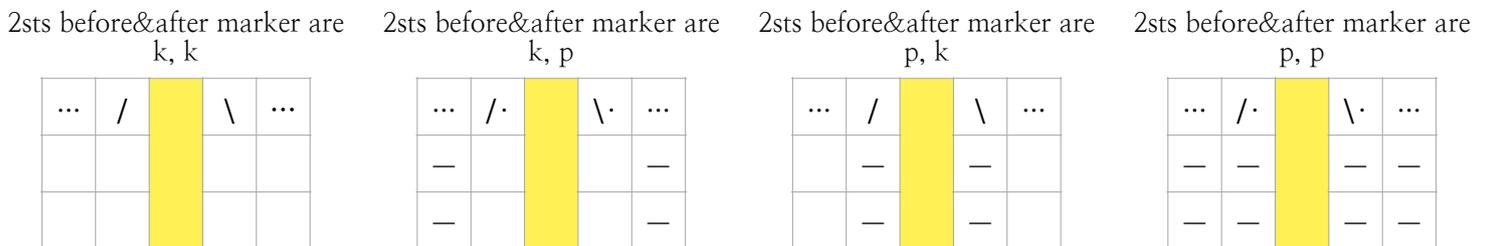
There are 60 · (62) · 64 · (68) · 70 stitches total. Place a marker at the beginning of the round. Work a set up row in the round:

After the last turn, there are $2 \cdot (2) \cdot 3 \cdot (3) \cdot 4$ stitches on RH needle after BOR marker. Slip the first stitch(DS) and work in pattern to end while removing the marker on the top of the sleeve.

From the next row, work in the round in pattern while decreasing every 8th row:

Sleeve decreases Dec1, work to last 2 before marker, dec1
(2 stitches decreased)

The first decrease is k2tog or p2tog, and the second decrease is ssk or ssp, depending on the shape of the second stitches from the BOR marker:



Work sleeve decreases $10 \cdot (10) \cdot 10 \cdot (11) \cdot 11$ times total.

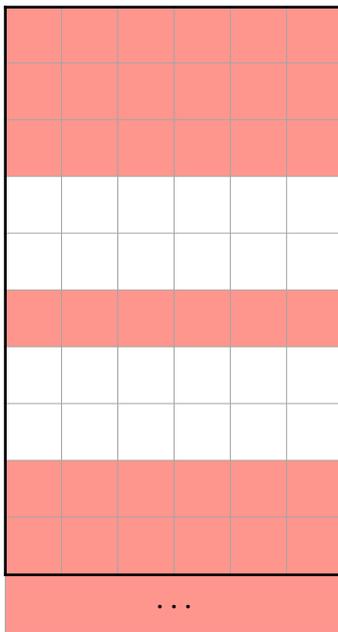
If two cable columns meet between the marker, skip making cables in these columns.

Change 1 stitch each side of the marker to a purl as you prefer.

When you have finished decreasing, the sleeve measures $35 \cdot (35) \cdot 35 \cdot (38.5) \cdot 38.5$ cm [$13\frac{3}{4} \cdot (13\frac{3}{4}) \cdot 13\frac{3}{4} \cdot (15\frac{1}{4}) \cdot 15\frac{1}{4}$ ”] and there are $40 \cdot (42) \cdot 44 \cdot (46) \cdot 48$ stitches left on the needle. Work without further decreases for $10 \cdot (11) \cdot 13 \cdot (10) \cdot 12$ cm [$4 \cdot (4\frac{1}{4}) \cdot 5 \cdot (4) \cdot 4\frac{3}{4}$ ”] or until desired length.

For ribbing, change needles to 4mm [US6] double-pointed needles or long circular needles for Magic Loop method. Work 1 row of *k1, p1* rib, while at the same time k2tog or p2tog every $9 \cdot (9) \cdot 10 \cdot (10) \cdot 11$ th stitch to decrease 4 stitches total. And work even until the rib measures 6cm [$2\frac{1}{4}$ ”].

If you'd like stripes on rib, change colors of working yarn as follows:



Work 4 rows while changing yarn to the main yarn

Work 2 rows changing back to the other yarn

Work 1 row changing back to the main yarn

Work 2 rows while changing yarn in the other color

Rib for 3.5cm

Before binding off, do as below:

Row 1 Rep *k1, wyif sl1 purlwise* to end

Row 2 Rep *wyib sl1 purlwise, p1* to end

Finally, tubular bind off with a tapestry needle or use other stretchy bind off techniques.

Neck ribbing

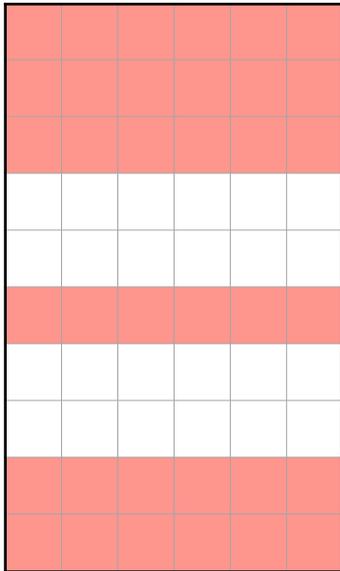
RS facing, with 4mm/60cm [US6/24"] needles, pick up stitches from every row along the neck, except for 1 stitch at each corner between back neck and each shoulder. Start at the back so the seam is not visible. If the number of stitches is not an even number, skip picking up 1 stitch or k2tog once on the next row to make it an even number. There are 140 · (142) · 144 · (146) · 148 stitches total.

Repeat *k1, p1* until 1 stitch before the v-neck center stitch. And then, CDD_(ref #7) the center stitch and 1 stitch on each side:

V-neck decrease Slip the center st & 1st before the center st together knitwise, knit the next st, pass the two slipped sts together over the st just knitted

Work rib for 4cm [1½"], while decreasing every row as described above. Pay attention to keep the stitches between the center stitch symmetric. If you use a tubular bind off method, finish the center stitch and the stitches at each side to be purl, knit, purl on the last row.

If you want stripes on the rib, do as follows:



Work 4 rows while changing yarn to the main yarn

Work 2 rows changing back to the other yarn

Work 1 row changing back to the main yarn

Work 2 rows while changing yarn in the other color

Pick up stitches and work 1 row

When ribbing is done, bind off in a stretchy method.

Finishing

Add detergent for wool or delicates into cold or lukewarm water, and soak the finished work for 10 minutes. Wash off the work gently and press it carefully with hands or towel. If you use washing machine to remove water, put the work in a small laundry net and spin on delicate cycle. After removing water, spread the work out on a towel or a blocking board.

Pull the work vertically to keep the contracted shape and fully dry it. So the sweater stretches as you put it on and fits nicely on body.

Take pics of your awesome new sweater and post them on Instagram with hashtags #BomNalSweater #봄날스웨터 to show off your masterpiece!

References

1. 2 over 2 left cross



<http://m.site.naver.com/0LsDW>

2. How to German short row



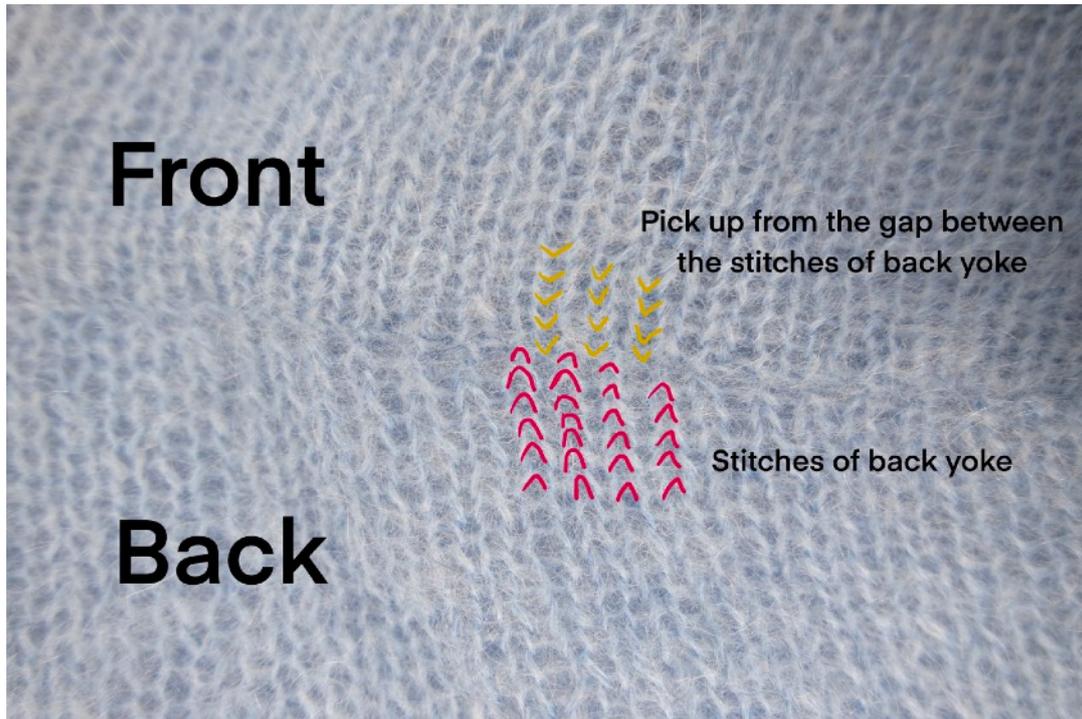
<http://m.site.naver.com/0FkJ0>

3. How to pick up stitches for shoulder

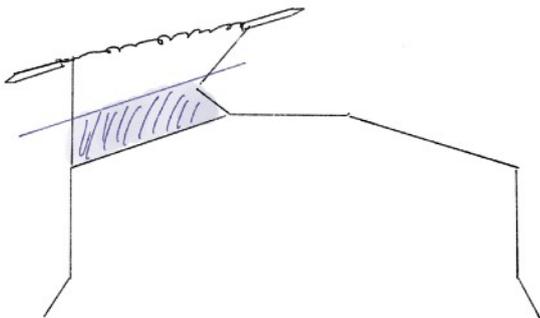


<http://m.site.naver.com/0LsEn>

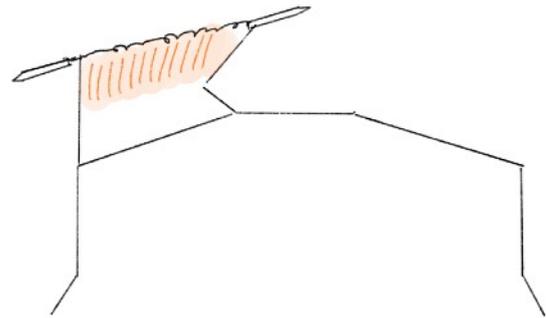
4. How to pick up stitches between gaps



5. Shoulder piece(left, front)

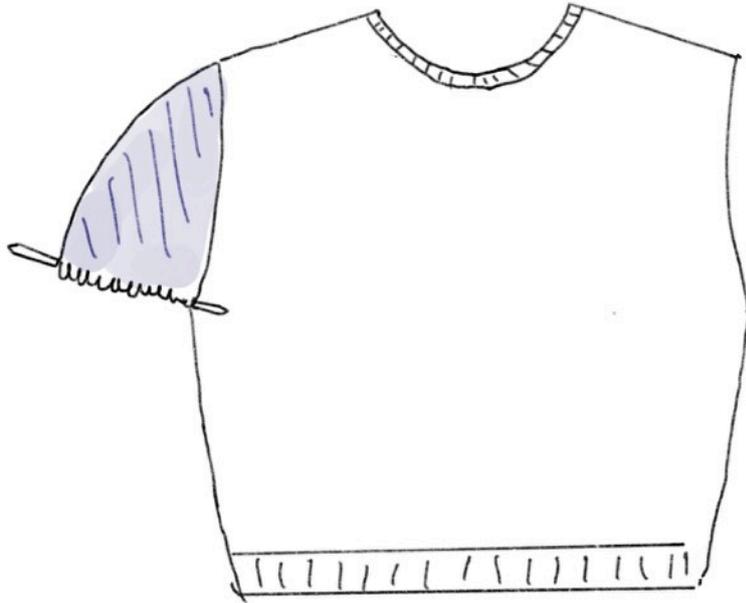


Back neck shaping



Front neck shaping

6. How a sleeve cap looks like



7. Center Double Decrease(CDD)



<http://m.site.naver.com/OLsE3>