

# My Favourite Things

~knitwear~



**BLOUSE NO. 3 #BLOUSENO3**

### **ABOUT BLOUSE NO. 3**

Blouse No. 3 is worked in a beautiful and simple textured pattern. The design features a boxy fit, short sleeves and a high neckline. The close-fitting yoke with a drop shoulder effect ensures a flattering fit for all body types. Blouse is worked from the top down, allowing you to try it on as you progress and choose the perfect length for you.

### **SIZES**

XS (S) M (L) XL (2XL) 3XL (4XL)

### **MEASUREMENTS**

Length, center front: 54 (54) 57 (57) 60 (63) 66 (66) cm [21.25 (21.25) 22.5 (22.5) 23.5 (24.75) 26 (26) inches]

Circumference: 99 (104) 111 (116) 126 (135) 146 (156) cm [39 (41) 43.75 (45.75) 49.5 (53.25) 57.5 (61.5) inches]

Check the size guide on the next page.

### **SUGGESTED NEEDLES**

3,5 mm [US 4] circular needles (40 and 80 or 100 cm) [16 and 32 or 40 inches]

### **GAUGE**

In textured pattern using 3,5 mm [US 4] needles.

23 sts / 35 rows = 10 x 10 cm [4 x 4 inches]

The given gauge is measured *after* washing and blocking.

### **MATERIALS**

225 (250) 275 (275) 300 (325) 350 (375) gr. Cashmere Premium, Lang Yarns, 25 gr. / 115 m.  
Shown in col. '0096'.

*or...*

225 (250) 275 (275) 300 (325) 350 (375) gr. Cashmere Classic, Cardiff, 25 gr. / 112 m.

*or...*

250 (275) 300 (300) 325 (350) 375 (400) gr. Cashmere Klassik, Gepard, 25 gr. / 105 m.

## BEFORE YOU BEGIN

In this section you will find practical information about the workflow and techniques used in the pattern.

### Size guide

Blouse No. 3 features an oversized fit. Calculate a positive ease of approx. 15-20 cm [6-7.75 inches] for sizes XS-XL and approx. 10-15 cm [4-6 inches] for sizes 2XL-4XL.

Sizes XS (S) M (L) XL (2XL) 3XL (4XL) correspond to the European standard sizes 34-36 (36-38) 38-40 (40-42) 42-44 (44-46) 46-48 (48-50) and a chest measurement of approx. 80-85 (85-90) 90-95 (95-100) 100-110 (110-120) 120-130 (130-140) cm [ 31.5-33.5 (33.5-35.5) 35.5-37.5 (37.5-39.5) 39.5-43.25 (43.25-47.25) 47.25-51.25 (51.25-55.25) inches].

Measure yourself before you begin to decide which size suits you best.

For example: You measure 86 cm [33.75 inches] at your widest.  $86 + 15 - 20 = 101 - 106$  cm [33.75 + 6 - 7.75 = 39.75 - 41.75 inches]. Therefore, you should knit a size S, which has a finished circumference of 104 cm [41 inches]

The model is wearing size XS.

### Increases

The increases lean either towards the right or left. Note the difference between knit and purl increases. Both knit and purl increases are worked on the RS.

*TIP! Always work M1R/M1Rp **before** the marker and M1L/M1Lp **after** the marker.*

#### Knit increases:

**M1R:** With your left needle, pick up the bar (between the sts on the right and left needles) from back to front and knit.

**M1L:** With your left needle, pick up the bar from front to back and knit through the back loop.

#### Purl increases:

**M1Rp:** With your left needle, pick up the bar from back to front and purl.

**M1Lp:** With your left needle, pick up the bar from front to back and purl through the back loop.

*Check out this video tutorial on how to make purl increases: <https://www.youtube.com/watch?v=weA353z65pA>*

Make sure to work the increases as close to the tip of the needle as possible. Also, avoid pulling the bar too much when picking it up. This way you will create the neatest shoulder line.

## TEXTURE PATTERN/GAUGE SWATCH

Blouse is worked in a simple ribbed pattern repeated over 10 rows. When making gauge swatch cast on an odd number of sts.

### Pattern worked flat on circular needles

**1st - 5th row:** K all sts.

**6th row (WS):** \*P1, k1\* until 1 st remains, p1.

**7th row (RS):** \*K1, p1\* until 1 st remains, k1.

**8th row (WS):** \*P1, k1\* until 1 st remains, p1.

**9th row (RS):** \*K1, p1\* until 1 st remains, k1.

**10th row (WS):** \*P1, k1\* until 1 st remains, p1.

### Pattern worked in the round on circular needles

**1st rnd:** K all sts.

**2nd rnd:** P all sts.

**3rd - 4th rnds:** Work like rnds 1st - 2nd.

**5th rnd:** K all sts

**6th - 10th rnds:** \*K1, p1\* to the end of rnd.

*Remember to wash and block your gauge swatch.*

## BEGIN YOUR WORK HERE

### YOKE

Cast on 92 (96) 96 (100) 100 (104) 104 (108) sts using 3,5 mm [US 4] circular needles (40 cm [16 inches]). Place a marker, M1, at the beginning of rnd.

From here, work in the round on circular needles.

Begin by working **rnds 2nd - 10th** once. Then, work **rnds 1st - 10th** once.

**1st rnd:** K all sts

**2nd rnd:** P all sts

**3rd - 4th rnds:** Work like **rnds 1st - 2nd**.

**5th rnd:** K all sts

**6th - 10th rnds:** \*K1, p1\* to the end of rnd.

You have now worked a total of 2 repeats.

### Shoulder increases

Now, begin working increases to shape the shoulders and the yoke.

To maintain the textured pattern work both knit and purl increases on the RS.

Begin by placing 3 extra markers (M2-M4), before you continue.

NOTE! If using closed stitch markers, place them by slipping stitches from left to the right needle.. *Do not work the sts while placing the markers.*

Place the markers as follows:

**M1** (beginning of rnd), 1 st (right shoulder), **M2**, 45 (47) 47 (49) 49 (51) 51 (53) sts (front), **M3**, 1 st (left shoulder), **M4**, 45 (47) 47 (49) 49 (51) 51 (53) sts (back).

Now, work increases.

**1st rnd:** SM1, k1, SM2, **M1L**, k to M3, **M1R**, SM3, k1, SM4, **M1L**, k to M1, **M1R**.

**2nd rnd:** SM1, k1, SM2, **M1Lp**, p to M3, **M1Rp**, SM3, k1, SM4, **M1Lp**, p to M1, **M1Rp**.

**3rd - 4th rnds:** Work like **rnds 1st - 2nd**.

**5th rnd:** SM1, k1, SM2, **M1L**, k to M3, **M1R**, SM3, k1, SM4, **M1L**, k to M1, **M1R**.

**6th rnd:** SM1, k1, SM2, **M1Lp**, work \*k1, p1\* to 1 st before M3, k1, **M1Rp**, SM3, k1, SM4, **M1Lp**, work \*k1, p1\* to 1 st before M1, k1, **M1Rp**.

**7th rnd:** SM1, k1, SM2, **M1L**, work \*p1, k1\* to 1 st before M3, p1, **M1R**, SM3, k1, SM4, **M1L**, work \*p1, k1\* to 1 st before M1, p1, **M1R**.

**8th - 9th rnds:** Work like **rnds 6th - 7th**.

**10th rnd:** SM1, k1, SM2, **M1Lp**, work \*k1, p1\* to 1 st before M3, k1, **M1Rp**, SM3, k1, SM4, **M1Lp**, work \*k1, p1\* to 1 st before M1, k1, **M1Rp**.

You have now worked 10 rnds with increases. There are 40 sts added to your work and you have 132 (136) 136 (140) 140 (144) 144 (148) sts on your needles.

*TIP! As your work progresses and more sts are added, you can switch to longer circular needles.*

Work **rnds 1st - 10th** another 2 (2) 3 (3) 3 (4) 4 (5) times.

**XS, S, XL** and **3XL**, work **rnds 1st - 4th** once more.

**M, L, 2XL** and **4XL**, increases are finished.

You have now worked 34 (34) 40 (40) 44 (50) 54 (60) rnds with increases.

You have now 228 (232) 256 (260) 276 (304) 320 (344) sts on your needles.

Shoulder section is now completed.

On the next rnd, divide the front and back while placing shoulder sts on hold.

SM1, k shoulder st and place it on hold on a piece of leftover yarn or a stitch holder. Remove M2. K to M3. Remove M3. K shoulder st and place it on hold on a piece of leftover yarn or a stitch holder. Remove M4. K to M1. Remove M1.

Sts are divided as follows: 1 shoulder st, 113 (115) 127 (129) 137 (151) 159 (171) front sts, 1 shoulder st, 113 (115) 127 (129) 137 (151) 159 (171) back sts.

In next sections, you will work the upper part of the back and front. They are worked back and forth on circular needles.

### **BACK**

Turn your work so the first row is worked from the WS.

**XS, S, XL, 3XL:** P1, work \*p1, k1\* over the next 113 (115) - ( - ) 137 ( - ) 159 ( - ) sts, until 2 sts remain, p2.

**M, L, 2XL, 4XL:** P1, k over the next - ( - ) 127 (129) - (151) - (171) sts, p1.

The work is now divided into two; front and back.

Place the front sts and the two shoulder sts on hold.

Work back and forth across the 113 (115) 127 (129) 137 (151) 159 (171) back sts.

The stitch count remains constant. *NOTE! The first repetition begins with the **7th (7th) 3rd (3rd) 7th (3rd) 7th (3rd) row.***

Work rows **7th- 10th (7th - 10th) 3rd - 10th (3rd- 10th) 7th - 10th (3rd - 10th) 7th - 10th (3rd - 10th).**

Then, work rows **1st - 10th** another 5 (5) 5 (5) 5 (5) 6 (6) times.

**1st row (RS):** K all sts

**2nd row (WS):** P1, k until 1 st remains, p1.

**3rd row (RS):** K all sts

**4th rows (WS):** P1, k until 1 st remains, p1

**5th row (RS):** K all sts.

**6th row (WS):** P1, \*p1, k1\* until 2 sts remain, p2.

**7th row (RS):** K1, \*k1, p1\* until 2 sts remain, k2.

**8th row (WS):** P1, \*p1, k1\* until 2 sts remain, p2.

**9th row (RS):** K1, \*k1, p1\* until 2 sts remain, k2.

**10th row (WS):** P1, \*p1, k1\* until 2 sts remain, p2.

You have now worked 55 (55) 59 (59) 55 (59) 65 (69) rows since dividing the work into front and back.

The armhole measures approx. 15 (15) 17 (17) 15 (17) 18 (19) cm [6 (6) 6.75 (6.75) 6 (6.75) 7 (7.5) inches].

Break the yarn and place the sts on hold while working the front.

### **FRONT**

Join in the new yarn and turn your work so that the first row is worked from the WS.

**XS, S, XL, 3XL:** P1, work \*p1, k1\* over the next 113 (115) - ( - ) 137 ( - ) 159 ( - ) sts, until 2 sts remain, p2.

**M, L, 2XL, 4XL:** P1, k the next - ( - ) 127 (129) - (151) - (171) sts, p1.

Work back and forth across the 113 (115) 127 (129) 137 (151) 159 (171) front sts. The stitch count remains constant.

*NOTE! The first repetition begins with the 7th (7th) 3rd (3rd) 7th (3rd) 7th (3rd) row.*

Work rows **7th – 10th (7th – 10th) 3rd – 10th (3rd – 10th) 7th – 10th (3rd – 10th) 7th – 10th (3rd – 10th)**.

Then, work rows **1st – 10th** another 5 (5) 5 (5) 5 (5) 6 (6) times.

**1st row (RS):** K all sts

**2nd row (WS):** P1, k until 1 st remains, p1.

**3rd row (RS):** K all sts

**4th row (WS):** P1, k until 1 st remains, p1.

**5th row (RS):** K all sts

**6th row (WS):** P1 \*p1, k1\* until 2 sts remain, p2

**7th row (RS):** K1 \*k1, p1\* until 2 sts remain, k2.

**8th row (WS):** P1, \*p1, k1\* until 2 sts remain, p2.

**9th row (RS):** K1, \*k1, p1\* until 2 sts remain, k2.

**10th row (WS):** P1, \*p1, k1\* until 2 sts remain, p2.

You have now worked 55 (55) 59 (59) 55 (59) 65 (69) rows since dividing the work into front and back.

The armhole measures approx. 15 (15) 17 (17) 15 (17) 18 (19) cm [6 (6) 6.75 (6.75) 6 (6.75) 7 (7.5) inches].

## **BODY**

Now, you will work the body. Join in the front and back in the round on circular needles.

You are now on the RS.

Cast on 1 (3) 1 (3) 5 (3) 5 (5) st(s) at the beginning of the row, k across the front sts, cast on 0 (2) 0 (2) 4 (2) 4 (4) sts, place a marker M2, cast on another 1 (3) 1 (3) 5 (3) 5 (5) sts, k across the back sts, cast on 0 (2) 0 (2) 4 (2) 4 (4) sts, place a marker M1.

*TIP! See here how to cast on stitches at the beginning/end of the row:*

<https://www.garnstudio.com/video.php?id=94&lang=dk>

The work is now joined in the round. You have now 228 (240) 256 (268) 292 (312) 336 (360) sts on your needles.

Work the textured pattern in the round (begin with the **2nd rnd** in the first repetition) until blouse measures approx. 54 (54) 57 (60) 63 (66) 69 (69) cm [21.25 (21.25) 22.5 (23.5) 24.75 (26) 27.25 (27.25) inches] measured center front from the cast-on edge.

*NOTE! On the very last repetition of the textured pattern finish with the **4th rnd**.*

**1st rnd:** K all sts

**2nd rnd:** Slip 1 st purlwise with yarn in the back, p to M2, SM2, slip 1 st purlwise with yarn in the back, p to M1.

**3rd – 4th rnds:** Work like **rnds 1st – 2nd**.

**5th rnd:** K all sts.

**6th rnd:** Slip 1 st purlwise with yarn in the back, \*p1, k1\* to 1 st before M2, p1, SM2, slip 1 st purlwise with yarn in the back, \*p1, k1\* to 1 st before M1, p1.

**7th rnd:** Work \*k1, p1\* to M1.

**8th – 9th rnds:** Work like **rnds 6th – 7th**.

**10th rnd:** Sl 1 st purlwise with yarn in the back, \*p1, k1\* to 1 st before M2, p1, SM2, slip 1 st purlwise with yarn in the back, \*p1, k1\* to 1 st before M1, p1.

When the body reaches the specified length, bind off the sts using a regular bind-off method..

Make sure to bind off relatively tightly.

## **SLEEVES**

Now, work the sleeves. Sleeves are worked in the round in the textured pattern.

Begin at the centre under the armhole and pick up 1 st for each of the 1 (3) 1 (3) 5 (3) 5 (5) st(s). Pick up along the front and back at a frequency of approx. 4 out of 5 sts. The shoulder st you put on hold when dividing the work into front and back is included during the stitch pick-up, then pick up the remaining (2) 0 (2) 4 (2) 4 (4) sts under the armhole.

Sts are now divided as follows:

1 (5) 1 (5) 9 (5) 9 (9) sts under the armhole, 44 (45) 47 (47) 45 (49) 49 (51) sts along the front and back, 1 st in the shoulder st.

There are now 90 (94) 96 (100) 100 (104) 108 (112) sts on the needles.

Join the work and place a marker, M1 at the beginning of rnd just before the centre st under the armhole. From here, work in the round in textured pattern.

First, work **rnds 6th – 10th**.

Then, work **rnds 1st – 10th** 4 (4) 4 (5) 5 (4) 4 (4) times.

Then, work **rnds 1st – 4th** once. The sleeve now measures approx. 15 (15) 15 (18) 18 (15) 15 (15) cm [6 (6) 6 (7) 7 (6) 6 (6) inches].

**1st rnd:** K all sts.

**2nd rnd:** Slip 1 st purlwise with yarn in the back, p to M1.

**3rd– 4th rnds:** Work like **rnds 1st – 2nd**.

**5th rnd:** K all sts.

**6th rnd:** Slip 1 st purlwise with yarn in the back, \*p1, k1\* until 1 st before M1, p1.

**7th rnd:** \*K1, p1\* to M1.

**8th – 9th rnds:** Work like **rnds 6th – 7th**.

**10th rnd:** Slip 1 st purlwise with yarn in the back, \*p1, k1\* until 1 st before M1, p1

When the sleeve reaches the specified length, bind off the sts using a regular bind-off method. Make sure to bind off relatively tightly.

Work the second sleeve in the same way.

## FINISHING

Weave in all ends using duplicate stitches.

Wash and block the blouse to the given measurements.

Washing and blocking is extra important, as this makes the textured pattern settle down and look even more beautiful.