

Biskrem Sweater Adult

NASHKNITS

Sizes:

XS (S, M, L, XL, 2XL, 3XL)

Sweater measurements

(Blocked):

Chest Circumference:

Approximately 98 (104, 107.5, 113.5, 120, 133, 139) cm/ 38½ (41, 42¼, 44¾, 47¼, 52¼, 54¾) inches.

Total length from mid back (excluding the neck):

Approximately 56 (57, 58, 59, 60, 61, 62) cm/ 22 (22½, 22¾, 23¼, 23¾, 24, 24½) inches.

Yoke depth (measured from mid back excluding the neck):

Approximately 22 (23, 23, 24, 26, 27, 27) cm/ 8¾ (9, 9, 9½, 10¼, 10¾, 10¾) inches.

Upper arm circumference:

Approximately 36 (36, 39.5, 39.5, 42.5, 42.5, 45.5) cm/ 14¼ (14¼, 15½, 15½, 16¾, 16¾, 18) inches.

Recommended needles:

- 4.5mm, 5mm circular needles, 80 cm long.
- 3.5mm, 4mm short circular needles or dpns (double pointed needles).

Yarn:

Garn studio Drops Sky color A (main color, White Fog no.25), and color B (contrast color, Dusty pink no.18)

(Content: 74% alpaca, 18% polyamide, 8% wool. Weight/Length: 50gm= Approx. 190m)

Garn studio Drops Brushed Alpaca Silk color A (main color, Off White no.01), and color B (contrast color, Pink sand no.20)

(Content: 77% alpaca, 23% silk. Weight/Length: 25gm= Approx. 140m)

Amount of yarn used:

Drops Sky color A: 200 (200, 200-250, 250-300, 300, 300-350, 350) gms

Drops Sky color B: 100 (100, 100, 100, 100-150, 150, 150) gms

Drops Brushed Alpaca Silk color A: 125 (125, 125-150, 150, 175, 175-200, 200) gms

Drops Brushed Alpaca Silk color B: 75 (75, 75, 75, 75-100, 100, 100-125) gms



Gauge/Tension (Blocked):

16 sts x 32 rows in shakers rib pattern with both Sky and Brushed alpaca silk held together on 5mm needles = 10cm x 10cm

19 sts x 20 rounds in Fair Isle pattern with both Sky and Brushed alpaca silk held together on 5mm needles = 10cm x 10cm

(Take your time to get correct stitch AND row/round gauge. You might change needles size to get the correct gauge)

Biskrem Sweater is knitted top down, starting with the back yoke which is worked back and forth (while shaping with short rows) in shakers rib pattern. After that sts are picked up across the shoulders to form the front yoke, then the rest of the body is worked in stranded colorwork pattern in the round till it's finished. Sts for sleeves are then picked up, and worked in the round.

This sweater has approximately 14-18 cm of positive ease. The sizes XS (S, M, L, XL, 2XL, 3XL) are designed to fit a chest circumference of 80-85 (85-90, 90-95, 95-100, 100-110, 110-120, 120-130) cm/ 31½-33½ (33½-35½, 35½-37½, 37½-39½, 39½-43¼, 43¼-47¼, 47¼-51¼) inches.

Gauge swatches:

Shakers Rib pattern back and forth (odd number of sts, 2 rows repeat):

Row 1 (WS): p1 (selv.), *yos, k1* repeat from * to * till last 2 sts, yos, p1 (selv.), turn.

Row 2 (RS): k1 (selv.), *Brk, p1* repeat from * to * till last 2 sts, Brk, k1 (selv.), turn.

Fair Isle pattern in the round (multiple of 6 sts, 1 round repeat):

Round1: *k3 sts with color B, k3 sts with color A*

Pattern notes:

Row gauge for shakers rib pattern:

You have to obtain the correct row gauge for shakers rib pattern, as you are going to work certain number of rows to knit your yoke, and if your gauge isn't as mentioned in the pattern, this will affect the neck depth, as well as the final length of the yoke.

Pre blocked length estimation:

Lengths mentioned in the pattern are the blocked lengths, so in order to obtain the exact length pre blocked simply you multiply your blocked round gauge (in 1 cm) by the required length, for example; the pattern's round gauge in 10 cm is 20 rows, this means that 1 cm should have 2 rounds, so if you needed to work a length of 20 cm you multiply 20 cm x 2 rounds = 40 rounds (this is the number of rounds you should work to get 20 cm when your piece is blocked)

Both yarns (Sky and Brushed alpaca silk) are held together throughout the whole sweater.

Pattern:

Back yoke:

- With **5mm** longer circular needles, cast on 77 (81, 85, 89, 97, 105, 109) sts with yarn A, using long tail cast on method, turn.
- Next row (WS): p1 *yos, k1* repeat from * to * till last 2 sts, yos, p1, turn.
- Now you are going to work **German short rows** as follows:
- Next row (RS): k1 (selv.), *Brk, p1* across the next 54 (56, 58, 60, 64, 68, 70) sts, Brk, turn.
- Next row (WS): DS, *k1, yos* across the next 34 (34, 34, 34, 34, 34) sts, k1, turn.
- Next row (RS): DS, work in pattern to 2 sts after previous DS (work DS as you go), turn.
- Next row (WS): DS, work in pattern to 2 sts after previous DS (work DS as you go), turn.
- Repeat previous 2 rows 8 (9, 10, 11, 12, 15, 16) more times, ending with WS.
- Next row (RS): DS (after your last DS you will have 2 sts left on one side and 3 sts on the other side), work in pattern to last st, k1 (selv.), turn.
- Next row (WS): p1 (selv.), work in pattern to last st, p1 (selv.), turn.
- Work in shakers rib pattern (with 1 selvedge st at each end) back and forth for 48 (50, 48, 48, 54, 50, 48) more rows ending with WS, your piece should approx. measure 22 (23, 23, 24, 26, 27, 27) cm/ 8³/₄ (9, 9, 9¹/₂, 10¹/₄, 10³/₄, 10³/₄) inches. from mid back cast on edge (when blocked), cut your yarn and place your sts onto a spare needle.

Left front:

- With RS facing and **5 mm** needles, count 22 (24, 26, 28, 32, 36, 38) sts from the outermost cast on st at the left back yoke, attach yarn A to that inner st to start your left shoulder, pick up and knit 22 (24, 26, 28, 32, 36, 38) sts, turn.
- Next row (WS): p1 (selv.), *yos, k1* repeat from * to * till last st, p1 (selv.), turn.
- Next row (RS): k1 (selv.), *p1, Brk* repeat from * to * till last st, k1 (selv.), turn
- Next row (WS): p1 (selv.), *yos, k1* repeat from * to * till last st, p1 (selv.), turn.
- Repeat previous 2 rows 5 (5, 5, 6, 7, 7, 7) more times, turn.
- Now you are going to shape neckline as follows:
- Next row (RS): k1, p1, Brk, p1, Brinc, *p1, Brk* repeat from * to * till last st, k1, turn.
- Next row (WS): p1, *yos, k1* repeat from * to * till last st, p1, turn.
- Next row (RS): k1, *p1, Brk* repeat from * to * till last st, k1, turn.
- Next row (WS): p1, *yos, k1* repeat from * to * till last st, p1, turn.

- Repeat previous 4 rows 4 more times. Total 32 (34, 36, 38, 42, 46, 48) sts, cut your yarn, place left front sts on a spare needle while working right front.

Right front:

- With RS facing and **5 mm** needles, starting at the outermost st of cast on edge at the right back yoke, pick up and knit 22 (24, 26, 28, 32, 36, 38) sts with yarn A, turn.
- Next row (WS): p1, *k1, yos* repeat from * to * till last st, p1, turn.
- Next row (RS): k1, *Brk, p1* repeat from * to * till last st, k1, turn.
- Next row (WS): p1, * k1, yos * repeat from * to * till last st, p1, turn.
- Repeat previous 2 rows 5 (5, 5, 6, 7, 7, 7) more times, turn.
- Now you are going to shape neckline as follows:
- Next row (RS): k1, *Brk, p1* repeat from * to * till last 5 sts, Brinc, p1, Brk, p1, k1, turn.
- Next row (WS): p1, *k1, yos* repeat from * to * till last st, p1, turn.
- Next row (RS): k1, *Brk, p1* repeat from * to * till last st, k1, turn.
- Next row (WS): p1, *k1, yos* repeat from * to * till last st, p1, turn.
- Repeat previous 4 rows 4 more times. Total 32 (34, 36, 38, 42, 46, 48) sts.
- Now you are going to join both front pieces together as follows: k1, *Brk, p1* repeat from * to * across right front piece till last st, k1, co 13 sts using backward loop method, k1, *p1, Brk* repeat from * to * across left front piece till last st, k1, turn. Total 77 (81, 85, 89, 97, 105, 109) sts.
- Next row (WS): p1, *yos, k1* repeat from * to * till last 2 sts, yos, p1, turn.
- Work in shakers rib pattern (with 1 selvedge st at each end) back and forth for 46 (50, 50, 50, 56, 58, 58) more rows ending with WS.

Body:

- Next row (RS): now you are going to join both front and back pieces together as follows: k1, *Brk, p1* repeat from * to * till last 2 sts of front piece, Brk, k1, co 1 st using backward loop method, k1, *Brk, p1* repeat from * to * till last 2 sts of back piece, Brk, k1, co 1 st using backward loop method, pm (BOR). Total 156 (164, 172, 180, 196, 212, 220) sts
- Next round: you will start to weave in yarn B while knitting this round with yarn A as follows; k1, *bring yarn B at front, k1 with yarn A, bring yarn B at back, k1 with yarn A* repeat from * to * till last st of round, bring yarn B at front, k1 with yarn A, bring yarn B at back [make sure to leave a long tail of yarn B as you might need to adjust the tension of your weave later].

- Next round (inc. round): knit with yarn A while increasing 30 (34, 32, 36, 32, 40, 44) sts evenly across the round by m1L (or your favorite way of increasing). Total 186 (198, 204, 216, 228, 252, 264) sts.
- Next round: knit with yarn A.
- Next round: k3 (3, 1, 1, 1, 1, 1) sts with yarn B, *k3 sts with yarn A, k3 sts with yarn B* repeat across till last 3 (3, 5, 5, 5, 5, 5) sts, k 3 sts with yarn A, k 0 (0, 2, 2, 2, 2, 2) sts with yarn B.
- Repeat previous round till your piece approx. measures 52 (53, 54, 55, 56, 57, 58) cm/ 20½ (20¾, 21¼, 21¾, 22, 22½, 22¾) inches from mid back cast on edge (when blocked) or to your desired length leaving 4 cm/ 1½ inches for edging. Cut yarn B
- Next 2 rounds: knit across with yarn A.
- Next round: switch to **4.5 mm** needles and knit across with yarn A.
- Start *k1, p1* ribbing repeat from * to * till end of round, work in ribbing pattern till it measures approx. 3 cm/ 1¼ inches.
- Next round: *k1, bring yarn at front, sl1pw, bring yarn at back* repeat from * to * till end of round.
- Next round: *bring yarn at back, sl1pw, bring yarn at front, p1* repeat from * to * till end of round.
- Bind off using Italian bind off technique.

Sleeves (make 2):

- With **5 mm** short circular needles or magic loop technique or dpns and with RS facing, starting at one side of the casted on st at the under arm, pick up and k 69 (69, 75, 75, 81, 81, 87) sts with both yarns (A&B) across the armhole opening as follows: *pick up and knit 3 sts with yarn A, pick up and knit 3 sts with yarn B* repeat from * to * 10 (10, 11, 11, 12, 12, 13) more times, pick up and knit 3 sts with yarn A (ending at the other side next to the under arm casted on st), pm (BOR) [you will approx. pick up and knit 1 st every 2 rows, however you might need to pick and knit 2 sts every 3 rows few times].
- Next round: work in fair isle pattern till end of round.
- Repeat previous round 7 (7, 8, 8, 7, 7, 7) more times.
- Next round (dec. round): work in pattern till last 2 sts, ssk with yarn A.
- Next round (dec. round): k2tog with yarn A, work in pattern till end of round. (Please note that you always decrease with the color of the st next to the last st of the round, and the color of the st next to the 1st st of the next round, also after decreasing, work each st in its corresponding color)

- Repeat previous 10 (10, 11, 11, 10, 10, 10) rounds 6 more times. Total 55 (55, 61, 61, 67, 67, 73) sts
- Continue working in pattern till your sleeve measures approx. 40 (40, 41, 42, 41, 40, 40) cm/ 15³/₄ (15³/₄, 16, 16¹/₂, 16, 15³/₄, 15³/₄) inches from your pick up and knit round or to your desired length leaving 4 cm/ 1¹/₂ inches for edging.
- Next 2 rounds: knit with yarn A.
- Next round (dec. round): switch to **4.5 mm** needles and knit across with yarn A while decreasing 1 (1, 3, 1, 5, 5, 9) sts evenly across the round by k2tog. Total 54 (54, 58, 60, 62, 62, 64) sts
- Start *k1, p1* ribbing repeat from * to * till end of round, work in ribbing pattern till it measures approx. 3 cm/ 1¹/₄ inches.
- Next round: *k1, bring yarn at front, sl1pw, bring yarn at back* repeat from * to * till end of round.
- Next round: *bring yarn at back, sl1pw, bring yarn at front, p1* repeat from * to * till end of round.
- Bind off using Italian bind off technique.

Neck edging:

- With **4 mm** short circular needles or magic loop technique or dpns and yarn A (starting at right back neck with RS facing), pick up and knit 33 sts across the back neck edge, pick and knit 19 (21, 21, 23, 23, 25, 25) sts across the selvedge sts of the left front neck edge, pick and knit 13 sts across the middle front neck edge, pick and knit 19 (21, 21, 23, 23, 25, 25) sts across the selvedge sts of the right front neck edge, pm, join in the round. Total 84 (88, 88, 92, 92, 96, 96) sts.
 - Rounds 1-7: *p1, k1* repeat from * to * till end of round.
 - Rounds 8-11: switch to **3.5 mm** needles, *p1, k1* repeat from * to * till end of round.
 - Rounds: 12-14: *bring yarn forward, sl1pw, bring yarn at the back of your work, k1* repeat from * to * till end of round.
 - Rounds 15-18: *p1, k1* repeat from * to * till end of round.
 - Rounds 19-23: switch to **4 mm** needles, *p1, k1* repeat from * to * till end of round.
- Bind off **loosely** for double neck as follows: using **4mm** needles, p1, fold your neck edge inwards, and with your RHN pick up the 1st stitch (purl bump) of your pick up and knit row (very 1st row) from WS, and place this stitch onto your LHN, k2tog (picked up st together with the next knit st of your neck ribbing), pass the 1st st on your RHN over the 2nd st (bind off), *purl next st, pass the 1st st on your RHN over the 2nd st (bind off), with your RHN pick up next st (purl bump) of your pick up and knit row from WS, place this st onto your LHN, k2tog, pass the 1st st on your RHN over the 2nd st (bind off)* repeat from * to * till end of round.

Finishing:

Weave in your ends, and block your sweater to measurements.

Abbreviations:

- **BOR:** beginning of round
- **pm:** place Marker
- **sts:** stitches
- **k:** knit
- **p:** purl
- **Yos:** yarn at front, slip next stitch purl wise, place working yarn over the top of the RHN
- **Brk:** knit the slipped st from previous row together with its paired yarn over.
- **Brinc:** brioche increase, (Brk, yo, Brk) into the same stitch (2 sts increased)
- **sl1pw:** slip 1 st purl wise
- **k2tog:** knit 2 sts together (1 st decreased)
- **ssk:** slip, slip, knit (1 st decreased)
- **WS:** wrong side of the work
- **RS:** right side of the work
- **LHN:** left hand needle
- **RHN:** right hand needle
- **Co:** cast on
- **M1L:** make 1 left; insert your left needle, from front to back, under that horizontal bar, knit through short leg in the back
- **DS:** with yarn at front, slip the 1st st on your LHN to your RHN, pull your working yarn to the back and over the slipped st to create a yarn over (double stitch), then continue working as instructed in pattern.

Useful tutorials:

- German short rows:
<https://www.youtube.com/watch?v=feR9Mk60NIo&t=56s>
- Italian bind off:
<https://www.youtube.com/watch?v=183MPw2xPas>
- Knitting calculator (for decreasing or increasing evenly across rounds):
<https://www.worldknits.com/knitting-calculators>
- Brioche increase (Brinc):
<https://www.youtube.com/watch?v=angQ538DZFg>
- Shakers Rib (back and forth):
https://www.youtube.com/watch?app=desktop&v=6_H_8ImOXak&fbclid=IwAR1gac1FVSLO4HMASalpWFO2qQhqrarj2xT1lR3NdrO4ECsu7wRbbOVVYQc
- Yos and Brk:
<https://www.youtube.com/watch?v=QKSYbWV3fcg>