

# BIFURCA PULLOVER

BY [TETI LUTSAK](#)



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Bifurca pullover is a sister design to Bifurca vest. It is a cropped pullover with modular construction and a couple of stranded colourwork sections. The pullover consists of a central panel (essentially a rectangle worked in the round) and four sides, worked sideways from the central panel and joined at the underarms. The sleeves are picked up along the armholes and worked top-down in the round. The hem is picked up along the front, back and sides and extends the length of the body.

**Bifurcation** means splitting of a larger whole into two smaller and separate units.

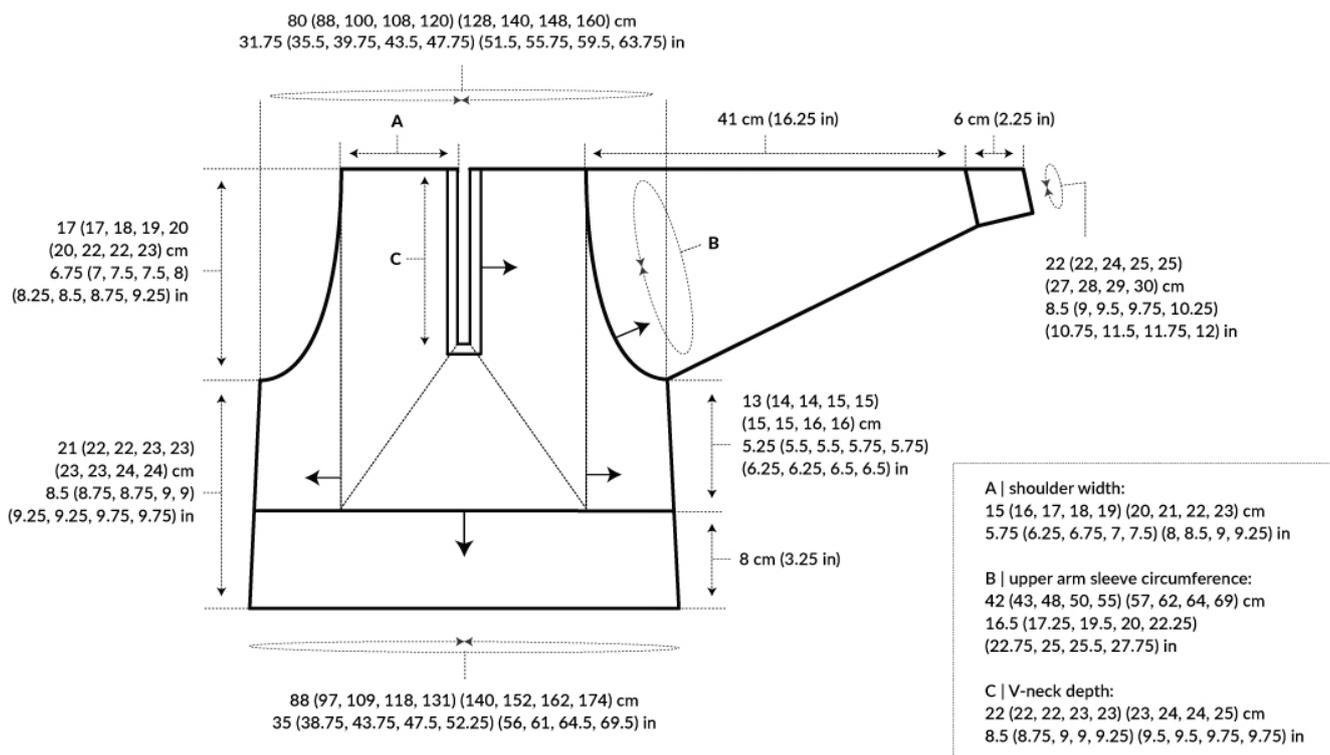
**Furca** hence means a fork. Imagine a tree that splits in the middle into two smaller branches – that's where the inspiration comes from. And since both the front and back are identical – it's bifurca – two-forked.

You can take a closer look at my sample and discover the design process [in this podcast episode](#).

## SIZES

The pattern is written for nine sizes 1 (2, 3, 4, 5) (6, 7, 8, 9) with a finished bust circumference of ca. 80 (88, 100, 108, 120) (128, 140, 148, 160) cm // 31.75 (35.5, 39.75, 43.5, 47.75) (51.5, 55.75, 59.5, 63.75) in incl. 5-20 cm (2-8 in) of recommended positive ease.

The sample is shown in size 2 on a 160 cm (5.3 ft) tall model with ca. 84-66-94 cm (33-26-39 in) body measurements. For more of the finished garment measurements, please refer to the schematic on page 2.



## YARN

### MC:

ca. 196 (206, 221, 240, 278) (299, 300, 321, 357) g or less than 2 (3, 3, 3, 3) (3, 4, 4, 4) skeins of No.3 from G-Uld, 100% New Zealand lambswool, with 450 m (492 yds) in 100 g, shown in colourway Natural Dark Brown;

or ca. 884 (926, 992, 1082, 1252) (1347, 1351, 1446, 1607) m // 967 (1013, 1086, 1184, 1370) (1473, 1478, 1582, 1758) yds of any other **fingering/sport weight yarn** with a matching gauge. The yardage estimation includes 5% extra.

**CC:** ca. 30-36 g or ca. 125-146 m (137-160 yds) of any similar yarn (G-Uld also have mini-skeins), I'm using Darnie from Studio Donegal, 100% lambswool, with 410 m (449 yds) in 100 g, in colourway Oatmeal).

## NEEDLES AND NOTIONS

- 2.5 mm (US 1.5) and 3.0 mm (US 2.5) circular needles;
- spare cables, spare circular needles or scrap yarn to keep sts on hold;

- 2.5 mm (US 1.5) double pointed needles, 2.5 mm (C/2) crochet hook or a French knitting dolly to make an i-cord;
- 8 removable stitch markers, plus a BOR marker;
- a tapestry needle for joining the sides with a kitchener stitch and weaving in the ends.

## GAUGE

- 26 sts & 36 rnds in 10 cm (4 in) on 3.0 mm (US 2.5) needles measured over stockinette stitch worked in the round after blocking;
- 26 sts & 36 rnds in 10 cm (4 in) on 3.0 mm (US 2.5) needles measured over colourwork pattern worked in the round after blocking;
- 26 sts & 40 rnds in 10 cm (4 in) on 3.0 mm (US 2.5) needles measured over half-twisted 1x1 ribbing (k1tbl, p1) worked in the round after blocking.

Adjust the needle sizes if necessary to obtain the correct gauge.

## CONSTRUCTION AND NOTES

The pullover has a modular construction, which involves working different sections in different directions, some in the round, some flat.

Please [watch this video](#) before you start.

In the video above I explain the construction, knitting directions, how to follow the charts and if necessary modify the pattern to suit your personal needs/style.

The central panel (essentially a rectangle) is worked seamlessly in the round. Starting from neckline ribbing and continuing through the colourwork section, the central panel is shaped with gradual increases along 4 increase lines.

After the central panel is done and you reached the required/desired width of the shoulders, the sts are split between four cables: for front, back and two sides. Front and back are left on hold. While the bottom part of the side sts is worked using short rows to shape the armholes and extend the sides. This part is done separately in 4 steps for each side (right back and front, left back and front). Once done, the open sts of opposite sides are seamed using kitchener st.

The remaining sts of the side, kept on hold during the armhole shaping and working the side, together with the sts picked up along the underarm, form the sleeves and are worked in the round. After the colourwork section, the sleeves are tapered with gradual decreases on the inner side of the arm.

Lastly, the open sts of the back and front as well as sts picked up along the sides are worked in the round to form a hem. The edge of the hem is finished with a touch of contrasting colour.

Recommended modifications include:

- adjusting the depth of the armhole – easily done by moving the beginning of armhole shaping a few sts up or down (page 6);
- adjusting the hem length – that's the easiest way to adjust the length;
- another way of adjusting the length would be to pick a bigger size and stop working the central panel when you reach the desired shoulder width – that way you will have a deeper v-neck and a slightly longer body from the start;
- adjusting the width of the sides and bust circumference – for more room in the bust add rows at the extending the underarm section (page 6).

## ABBREVIATIONS AND TECHNIQUES

**BOR/EOR** – beginning/end of the row/round;

**ca.** – circa – approximately;

**colourwork** –

- if not specified otherwise, work with the mc;
- always keep mc on top of cc on the WS;
- catch the floats on the WS every 3-4 sts;

**kX** – knit X sts with mc;

**kXtbl** – knit X sts with mc through the back loop;

**kXcc** – knit X sts with cc;

**kall** – knit all to EOR with mc;

**kallcc** – knit all to EOR with cc;

**k2tog** – knit 2 sts together as if they were one;

**LH/RH** – left/right hand (needle);

**m1Lk** – with LH needle pick up the bar between the stitch you knit and the one you're about to knit, bringing the needle from front to back, insert the tip of the RH needle knitwise into the back leg of the strand and knit as usual;

**m1Rk** – with LH needle pick up the strand between the last st you knit and the one you're about to knit, bringing the needle from back to front, insert the tip of the RH needle knitwise into the front leg of the strand and knit as usual;

**m1Lp** – with LH needle pick up the bar between the stitch you knit and the one you're about to knit, bringing the needle from front to back, with RH needle purl through the back loop;

**m1Rp** – with LH needle pick up the strand between the last st you knit and the one you're about to knit, bringing the needle from back to front, with RH needle purl through the front loop;

**MC/CC** – main/contrasting colour (mc/cc);

**MOF/MOS** – middle of the front/shoulder (marker);

**p2tog** – purl 2 sts together as if they were one;

**pall** – purl all to EOR with mc;

**pX** – purl X sts with mc;

**rep** – repeat;

**R/Rnd/SR** – row/round/short row;

**RS/WS** – right/wrong side of the work;

**st(s)** – stitch(es);

**sl1yb** – slip 1 purlwise with yarn in the back;

**ssk** – slip the next 2 sts, one by one, knitwise, insert the tip of the LH needle, from left to right, into the fronts of those 2 sts and knit them together;

## ABBREVIATIONS AND TECHNIQUES

**w&t** – [wrap and turn](#) –

- at the end of the short row before a knit st (RS), with the yarn at the back, slip next st purlwise to the RH needle, bring the yarn to the front, return the last st off the RH needle to the LH needle and turn your work, bring the yarn in front and start working the following row according to the previously established pattern;
- at the end of the short row before a purl st (WS), keep the yarn in the front, slip the next st purlwise to the RH needle, turn your work, bring the yarn to the front, move the first st to the RH needle, bring the yarn to the back and start working the following row according to the previously established pattern;
- pick up wraps in the next full row [as shown](#).

## I-CORD PREPARATION

Prepare two identical i-cord strings:

- Using a long-tail cast-on with 2.5 mm (US 1.5) double pointed needles and cc yarn, cast on 4 sts and knit an i-cord [as shown](#);
- Alternatively, use any other technique or tool available to make an i-cord (here are [some ideas](#)).

You will need to pick up a total of 73 (75, 77, 79, 81) (83, 85, 87, 89) sts from each i-cord for the neckline, so it has to be approx. 100-120 cm (40-48 in) long incl. 25-30 cm (10-12 in) extra on each end.

When ready bind off, break the yarn and weave in the ends.

## CENTRAL PANEL

Using a backward loop cast-on with 2.5 mm (US 1.5) needles and cc:

- cast on 20 sts;
- from the first i-cord string, leaving free approx. 25-30 cm (10-12 in) long tail, pick up and knit 73 (75, 77, 79, 81) (83, 85, 87, 89) sts;
- cast on 39 sts;
- from the second i-cord string, leaving free approx. 25-30 cm (10-12 in) long i-cord tail, pick up and knit 73 (75, 77, 79, 81) (83, 85, 87, 89) sts;
- cast on 19 sts.

You will have a total of 224 (228, 232, 236, 240) (244, 248, 252, 256) sts.

Join to work in the round and place the BOR marker.

You can also cast on a total of 224 (228, 232, 236, 240) (244, 248, 252, 256) sts using any other method and add an i-cord later if necessary.

**Rnd 1: continue with cc**, \*k1tbl, p1; rep from \* to EOR and **at the same time** place MOF marker after the first 112 (114, 116, 118, 120) (122, 124, 126, 128) sts.

**Break cc yarn, pick up mc yarn.**

**Rnd 2 (setup round): defining the increase lines with markers M1-M4** – use a removable marker to place on each increase line stitch as described or place two markers on each side of the increase line sts and slip them as you go further:

- k1tbl, p1,
- k1tbl and mark this st with **M1**,
- \*p1, k1tbl; rep from \* till 2 sts to **MOF**,
- k1tbl and mark this st with **M2**, p1;
- k1tbl, p1,
- k1tbl and mark this st with **M3**,
- \*p1, k1tbl; rep from \* till 2 sts to **EOR**,
- k1tbl and mark this st with **M4**, p1.

**Rnd 3:** \*k1tbl, p1; rep from \* to EOR.

**Rnd 4:** k1tbl, p1,

- m1Rk, k1tbl (**M1**), m1Lk,
- \*p1, k1tbl; rep from \* till 1 st to **M2**, p1,
- m1Rk, k1tbl (**M2**), m1Lk, p1; **remove MOF**,
- k1tbl, p1,
- m1Rk, k1tbl (**M3**), m1Lk,
- \*p1, k1tbl; rep from \* till 1 st to **M4**, p1,
- m1Rk, k1tbl (**M4**), m1Lk, p1, increasing a total of 8 knit sts along the 4 increase lines.

232 (236, 240, 244, 248) (252, 256, 260, 264) sts.

**Rnd 5:** k1tbl, p1, k1tbl,

- m1Rp, k1tbl (**M1**), m1Lp,
- \*k1tbl, p1; rep from \* till 1 st to **M2**, k1tbl,
- m1Rp, k1tbl (**M2**), m1Lp,
- k1tbl, p1, k1tbl, p1, k1tbl,
- m1Rp, k1tbl (**M3**), m1Lp,
- \*k1tbl, p1; rep from \* till 1 st to **M4**, k1tbl,
- m1Rp, k1tbl (**M4**), m1Lp, k1tbl, p1, increasing a total of 8 purl sts along the 4 increase lines.

240 (244, 248, 252, 256) (260, 264, 268, 272) sts.

**Rnd 6:** \*k1tbl, p1; rep from \* to EOR.

## CENTRAL PANEL (CONTINUED)

**Rnd 7:** \*\*k1tbl, p1, k1tbl, p1,

- m1Rk, k1tbl **M1 (M3)**, m1Lk,
- \*p1, k1tbl; rep from \* till 1 st to **M2 (M4)**, p1,
- m1Rk, k1tbl **M2 (M4)**, m1Lk, p1, k1tbl, p1;
- rep from \*\* to EOR, +8 knit sts.

248 (252, 256, 260, 264) (268, 272, 276, 280) sts.

**Rnd 8:** work all as they appear.

**Rnd 9: switch to 3.0 mm (US 2.5 ) needles**

- \*\*p5, m1Rp, p1 **M1 (M3)**, m1Lp,
- p to **M2 (M4)**,
- m1Rp, p1 **M2 (M4)**, m1Lp, p4;
- rep from \*\* to EOR, +8 purl sts.

256 (260, 264, 268, 272) (276, 280, 284, 288) sts.

**Rnd 10:** sl1yb, kall.

**Rnd 11:**

- \*\*k6, m1Rk, k1 **M1 (M3)**, m1Lk,
- k to **M2 (M4)**, m1Rk, k1 **M2 (M4)**, m1Lk, k5;
- rep from \*\* to EOR, +8 knit sts.

You will have a total of

264 (268, 272, 276, 280) (284, 288, 292, 296) sts.

**Rnd 12:** kall.

**At this point before the colourwork section**

you will have:

- 13 sts on the front and back (each) between markers **M4-M1** and **M2-M3**;
- 117 (119, 121, 123, 125) (127, 129, 131, 133) sts on the sides between markers **M1-M2** and **M3-M4**;
- plus the 4 marked increase line sts.

## CENTRAL PANEL | COLOURWORK SECTION

**Rnd 13: pick up cc yarn** and follow the colourwork pattern chart for your size, using further written instructions to guide you through the setup rnd –

- **step 1:** from BOR marker in the middle of the back follow the back chart to **M1**, m1Rk, k1 (**M1**), m1Lk;
- **step 2:** from the last increase work the next 9 (10, 11, 12, 13) (14, 15, 16, 17) sts as charted and place marker **C1** to mark the beginning of the first full colourwork repeat on the right side;
- **step 3:** work the 18-st pattern repeat a total of 6 times, place **C2** marker to mark the end of the last full pattern repeat;

- **step 4:** work the next 0 (1, 2, 3, 4) (5, 6, 7, 8) sts as charted to **M2**, m1Rk, k1 (**M2**), m1Lk;
- **step 5:** work the front pattern panel as charted to **M3**, m1Rk, k1 (**M3**), m1Lk;
- **step 6:** work the next 0 (1, 2, 3, 4) (5, 6, 7, 8) sts as charted, place **C3** to mark the beginning of the first full colourwork repeat on the left side;
- **step 7:** work the 18-st pattern repeat a total of 6 times, place **C4** marker to mark the end of the last full pattern repeat;
- **step 8:** work the next 9 (10, 11, 12, 13) (14, 15, 16, 17) sts as charted to **M4**, m1Rk, k1 (**M4**), m1Lk;
- **step 9:** work as charted to EOR marker (the new one if you decide to move the marker to the right as charted or old one, if you decide not to, **+8 sts**).

You will have a total of

272 (276, 280, 284, 288) (292, 296, 300, 304) sts.

**From Rnd 14 till Rnd 32** follow the chart provided for your size as previously described. Return to written instructions after Rnd 32.

## CENTRAL PANEL AFTER COLOURWORK

**After the colourwork section** you will have:

- 33 sts on the front and back (each) between markers **M4-M1** and **M2-M3**;
- 137 (139, 141, 143, 145) (147, 149, 151, 153) sts on the sides between markers **M1-M2** and **M3-M4**;
- plus the 4 marked increase line sts.

**Break cc yarn. Remove C1-C4 markers.**

**Rnd 33:** sl1yb, kall + increase (**+8 sts**).

You will have a total of

352 (356, 360, 364, 368) (372, 376, 380, 384) sts.

**Rnd 34:** kall.

**Rnd 35:** kall + increase (**+8 sts**).

360 (364, 368, 372, 376) (380, 384, 388, 392) sts.

**Rnd 36:** pall.

**Rnd 37:** sl1yb, kall.

**Rnd 38:** kall + increase (**+8 sts**).

368 (372, 376, 380, 384) (388, 392, 396, 400) sts.

**Rnd 39:** kall.

**Rnd 40:** kall + increase (**+8 sts**).

376 (380, 384, 388, 392) (396, 400, 404, 408) sts.

## **CENTRAL PANEL (CONTINUED)**

### **Rnd 41: pick up cc yarn,**

\*k1cc, k1; rep from \* to EOR, **break cc yarn.**

### **Rnd 42: sl1yb, kall + increase (+8 sts).**

384 (388, 392, 396, 400) (404, 408, 412, 416) sts.

### **Rnd 43: kall.**

### **Rnd 44: kall + increase (+8 sts).**

392 (396, 400, 404, 408) (412, 416, 420, 424) sts.

### **Rnd 45: kall.**

### **Rep Rnds 44 and 45 for a total of:**

- **Size 1:** 4 more times;
- **Size 2:** 6 more times;
- **Size 3:** 8 more times;
- **Size 4:** 10 more times;
- **Size 5:** 12 more times;
- **Size 6:** 14 more times;
- **Size 7:** 16 more times;
- **Size 8:** 18 more times;
- **Size 9:** 20 more times;

finishing in **Rnd 53 (57, 61, 65, 69) (73, 77, 81, 85)**

with a total of 424 (444, 464, 484, 504)

(524, 544, 564, 584) sts.

### **At this point you will have:**

- 53 (57, 61, 65, 69) (73, 77, 81, 85) sts on the front and back (each) between markers **M4-M1** and **M2-M3**;
- 157 (163, 169, 175, 181) (187, 193, 199, 205) sts on the sides between markers **M1-M2** and **M3-M4**;
- plus the 4 marked increase line sts.

Add more rnds if necessary to adjust the size of the rectangle (remember that it will grow bigger in all directions) and move to the next section.

## **PREPARATIONS TO WORKING THE SIDES**

- Break mc yarn in the middle of the back or prepare a new skein of MC for the sides;
- Move all sts between BOR and **M1** incl. the increase line st (M1) onto a spare cable, stitch holder or scrap yarn and leave on hold;
- Move the next 157 (163, 169, 175, 181) (187, 193, 199, 205) right side sts (all sts from **M1** to **M2**) onto another spare cable and leave on hold;
- Move the next 55 (59, 63, 67, 71) (75, 79, 83, 87) front sts incl. 2 increase line sts (**M2** and **M3**) onto a separate cable and leave on hold;

- Move the next 157 (163, 169, 175, 181) (187, 193, 199, 205) left side sts (**M3** to **M4**) onto a separate cable and leave on hold;
- Move the remaining back sts from **M4** incl. increase line st to EOR onto a separate cable and leave on hold;
- Prepare to work the right side sts (**M1-M2**);
- In order to adjust the depth of the armholes, try the rectangle on and see where you'd like your armhole to end, mark that point with a removable marker for further reference. Note that armhole shaping will start ca. 2 cm (0.75 in) above the underarm.
- Or trust the pattern, I've got you!

## **RIGHT BACK SIDE**

### ***Shaping the armhole:***

**SR1 (RS):** join mc yarn on the RS at the bottom of the right back side (right after M1), k40 (42, 42, 44, 44) (46, 46, 48, 48) sts, w&t.

See how far this first wrap is from your desired armhole depth marker and adjust if necessary. The armhole will be 2 cm (0.75 in) under the wrapped st.

**SR2 (WS):** p to end, turn.

**SR3 (RS):** k till 2 sts to previous wrap, w&t.

**SR4 (WS):** p to end, turn.

**SR5 (RS):** k till 2 sts to previous wrap, w&t.

**SR6 (WS):** p to end, turn.

**SR7 (RS):** k till 2 sts to previous wrap, w&t.

**SR8 (WS):** p to end, turn.

**SR9 (RS):** k to previous wrap, turn.

**SR10 (WS):** p to end, turn.

### ***Extending the underarm:***

**SR11 (RS):** k34 (36, 36, 38, 38) (40, 40, 42, 42), turn.

**SR12 (WS):** p to end, turn.

- **Size 1:** rep SR11-SR12 (5) more times;
- **Size 2:** rep (7) more times;
- **Size 3:** rep (10) more times;
- **Size 4:** rep (12) more times;
- **Size 5:** rep (15) more times;
- **Size 6:** rep (17) more times;
- **Size 7:** rep (20) more times;
- **Size 8:** rep (22) more times;
- **Size 9:** rep (25) more times.

**(continue to page 7)**

## **RIGHT BACK SIDE (CONTINUED)**

### ***Shaping the waistline:***

(working across the 34 (36, 36, 38, 38) (40, 40, 42, 42) sts of the underarm extension to give the hem line a bit of a flare).

**Next SR (RS):** k till 7 sts to end, w&t.

**Next SR (WS):** p to end, turn.

**Next SR (RS):** k till 7 sts to previous wrap, w&t.

**Next SR (WS):** p to end, turn.

**Next SR (RS):** k till 7 sts to previous wrap, w&t.

**Next SR (WS):** p to end, turn.

**Next SR (RS):** k to end and **at the same time**

resolve the 3 wrapped sts by knitting the wrapped sts together with their wraps), turn.

**Next SR (WS):** p to end.

Break the yarn and leave all sts as they are on hold.

## **RIGHT FRONT SIDE**

### ***Shaping the armhole:***

**SR1 (WS):** join mc yarn on the WS at the bottom of the right front side, p40 (42, 42, 44, 44) (46, 46, 48, 48) sts (or as many sts as on the back side), w&t.

**SR2 (RS):** k to end, turn.

**SR3 (WS):** p till 2 sts to previous wrap, w&t.

**SR4 (RS):** k to end, turn.

**SR5 (WS):** p till 2 sts to previous wrap, w&t.

**SR6 (RS):** k to end, turn.

**SR7 (WS):** p till 2 sts to previous wrap, w&t.

**SR8 (RS):** k to end, turn.

**SR9 (WS):** p to previous wrap, turn.

**SR10 (RS):** k to end, turn.

### ***Extending the underarm:***

**SR11 (WS):** p34 (36, 36, 38, 38) (40, 40, 42, 42), turn.

**SR12 (RS):** k to end, turn.

- **Size 1:** rep SR11-SR12 (5) more times;
- **Size 2:** rep (7) more times;
- **Size 3:** rep (10) more times;
- **Size 4:** rep (12) more times;
- **Size 5:** rep (15) more times;
- **Size 6:** rep (17) more times;
- **Size 7:** rep (20) more times;
- **Size 8:** rep (22) more times;
- **Size 9:** rep (25) more times.

### ***Shaping the waistline:***

**Next SR (WS):** p till 7 sts to end, w&t.

**Next SR (RS):** k to end, turn.

**Next SR (WS):** p till 7 sts to previous wrap, w&t.

**Next SR (RS):** k to end, turn.

**Next SR (WS):** p till 7 sts to previous wrap, w&t.

**Next SR (RS):** k to end, turn.

**Next SR (WS):** p to end and **at the same time**

resolve the last 3 wrapped sts by purling the wrapped sts together with the wraps), turn.

**Next SR (RS):** k to end, leave ca. 50 cm (20 in) long tail for grafting the sides and break the yarn.

With a tapestry needle or a crochet hook, using the yarn tail left on the front side and [kitchener stitch](#), graft the open 34 (36, 36, 38, 38) (40, 40, 42, 42) sts of the sides from the bottom up. Keep the remaining tail to use for picking up sts for the sleeve and weave in all other ends.

Move to the sleeve section or leave all remaining sts of the right side on hold and work the left side of the body.

## **LEFT FRONT AND BACK SIDES**

Return to the left side sts (**M3-M4**) and follow the written instructions as for the right side with one exception:

- for the **left front side** – follow instructions for right back side (starting on the RS) and
- for the **left back side** – follow right front side instructions (starting on the WS).

## **HEM**

Once both sides are finished, return to the 55 (59, 63, 67, 71) (75, 79, 83, 87) front and back sts (between **M1-M4** and **M2-M3**) you left on hold. Move them onto one 3.0 mm (US 2.5) circular needle.

### **Rnd 1:**

**starting from the original BOR in the middle of the back**

- k28 (30, 32, 34, 36) (38, 40, 42, 44) sts of the back (**BOR to M1**),
- pick up 1 extra st in the corner after **M1**,
- pick up and k63 (69, 83, 91, 103) (111, 123, 131, 143) sts of the right body side (one st from every row),

**(continue to page 8)**

## HEM (CONTINUED)

### Rnd 1:

- pick up 1 extra st in the corner before **M2**,
  - k55 (59, 63, 67, 71) (75, 79, 83, 87) sts of the front (**M2 to M3**),
  - pick up 1 extra st in the corner after **M3**,
  - pick up and k63 (69, 83, 91, 103) (111, 123, 131, 143) sts of the left body side (**M3 to M4**),
  - pick up 1 extra st in the corner before **M4**,
  - k27 (29, 31, 33, 35) (37, 39, 41, 43) sts of the back (**M4 to EOR**).
- 236 (260, 292, 316, 348) (372, 404, 428, 460) sts.  
Join to work in the round.

### Rnd 2: decrease extra corner sts –

- k to M1, ssk, remove M1 marker;
  - k till 1 st to M2, k2tog, remove M2 marker;
  - k to M3, ssk, remove M3;
  - k till 1 st to M4, k2tog, remove M4 marker;
  - k to EOR. (-4 sts)
- 232 (256, 288, 312, 344) (368, 400, 424, 456) sts.

Rnd 3: \*k1, p1; rep from \* to EOR.

### Rnd 4 – Rnd 32 (28 rnds or ca. 7 cm (2.75 in)):

\*k1tbl, p1; rep from \* to EOR.

Add more rnds if necessary to adjust the length.

Next rnd: kall, **break mc yarn**.

Next rnd: **pick up cc yarn**, kallcc.

Bind off with cc using a purl bind-off or any other method of your choice and weave in the ends.

## SLEEVES

Return to the sts left on hold around the armhole and the freshly finished underarms. Follow these instructions twice to make two identical sleeves. I would recommend working the colourwork sections separately on both sleeves and then using [a magic loop technique](#) to work both simultaneously.

### Rnd 1:

**starting in the middle of the underarm with mc and 3.0 mm (US 2.5) needles**

- from every other row pick up and k9 (11, 14, 16, 19) (21, 24, 26, 29) sts of the underarm;
- **in sizes 1 (3, 5, 7, 9)** pick up and k 1 extra st;
- k the next 7 sts and resolve wrapped sts by knitting them together with their wraps;

- k75 (77, 83, 85, 91) (93, 99, 101, 107) remaining sts of the side (this number will be different if you moved the beginning of the armhole);
- k the next 7 sts and resolve wrapped sts (ssk looks better than k2tog on this side),
- **in sizes 1 (3, 5, 7, 9)** pick up and k 1 extra st;
- from every other row pick up and k8 (10, 13, 15, 18) (20, 23, 25, 28) more sts.

You will have a total of

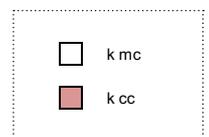
108 (112, 126, 130, 144) (148, 162, 166, 180) sts.  
Join to work in the round and place a BOR marker.

Rnd 2: kall.

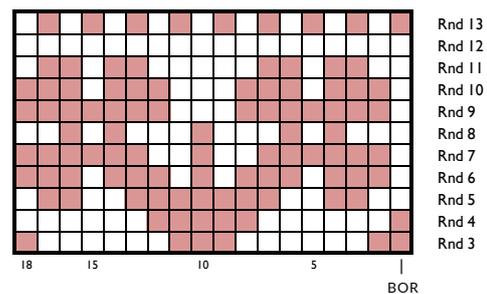
## SLEEVES | COLOURWORK SECTION

Rnd 3: **pick up cc yarn** and follow the colourwork pattern chart provided for your size.

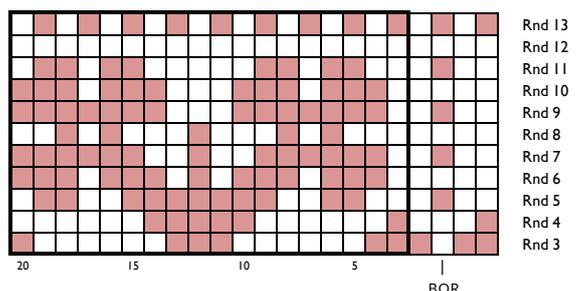
- **In sizes 1 (3, 5, 7, 9)** you will have a total of 6 (7, 8, 9, 10) full 18-st pattern repeats.
- **In sizes 2 (4, 6, 8)** there will be a little 4-st insertion in the middle of the underarm between the first and last pattern repeats.



### SIZES 1 (3, 5, 7, 9)



### SIZES 2 (4, 6, 8)



## **SLEEVES (CONTINUED)**

After **Rnd 13, break cc yarn.**

Then work in stockinette st a total of 5 (4, 4, 4, 3) (3, 3, 2, 2) rnds.

**Next rnd:** decrease 2 sts on the inner side of the arm as follows —

- **right sleeve:**  
k2, **k2tog**, k till 3 sts to EOR, **k2tog**, k1;
- **left sleeve:**  
k2, **ssk**, k till 3 sts to EOR, **ssk**, k1.

Continue decreasing by 2 sts on the inner side of the sleeve:

- **Size 1:**  
in every 6th rnd 4 more times,  
then in every 5th rnd 21 times until 56 sts left;
- **Size 2:**  
in every 5th rnd 26 more times until 58 sts left;
- **Size 3:**  
in every 5th rnd 6 more times,  
then in every 4th rnd 25 times until 62 sts left;
- **Size 4:**  
in every 5th rnd 2 more times,  
then in every 4th rnd 30 times until 64 sts left;
- **Size 5:**  
in every 4th rnd 17 more times,  
then in every 3rd rnd 21 times until 66 sts left;
- **Size 6:**  
in every 4th rnd 17 more times,  
then in every 3rd rnd 21 times until 70 sts left;
- **Size 7:**  
in every 4th rnd 2 more times,  
then in every 3rd rnd 41 times until 74 sts left;
- **Size 8:**  
in every 3rd rnd 44 more times until 76 sts left;
- **Size 9:**  
in every 3rd rnd 32 more times,  
then in every 2nd rnd 18 times until 78 sts left.

That makes for a total of 148 rnds (incl. colourwork) and ca. 41 cm (16.25 in) of sleeve length.

Add more rnds if necessary to adjust the length of the sleeve, given that the cuff will add another 6 cm (2.25 in).

## **CUFFS**

**Rnd 1: switch to 2.5 mm (US 1.5) needles if necessary for a tighter cuff or continue with 3.0 mm (US 2.5) needles,**

\*k1, p1; rep from \* to EOR.

**Rnd 2 – Rnd 22 (21 rnds):**

\*k1tbl, p1; rep from \* to EOR.

Add more rnds if necessary to adjust the length.

**Rnd 23:** kll, **break mc yarn** (optional, continue with mc if necessary).

**Rnd 24: pick up cc yarn,** kallcc.

Bind off with cc (or mc) using a purl bind-off or any other method of your choice and weave in the ends.

## **FINISHING AND BLOCKING**

Weave in the remaining ends. Soak the garment in lukewarm water. Gently squeeze to remove most of the water and then roll in a towel to dry. Pin out to measurements or desired size/shape and leave flat to dry.

## **SHARING AND FEEDBACK**

If you feel like sharing pictures or your thoughts about the design, please do so in your projects on [Ravelry](#) and/or under [#bifurcapullover](#) hashtag on [Instagram](#)/[Facebook](#).

***I am always thrilled to see your projects!***

If you wish to stay in touch and see what I'm up to, follow me on [Instagram](#) or support my work via [Patreon](#) to get an early access to test knit calls, exclusive discounts and videos.

You can also keep an eye on the upcoming test knit calls and new releases by signing up for [my newsletter](#).

My knitting patterns are available on [my website](#), [Ravelry](#), [Etsy](#) and [Payhip](#).

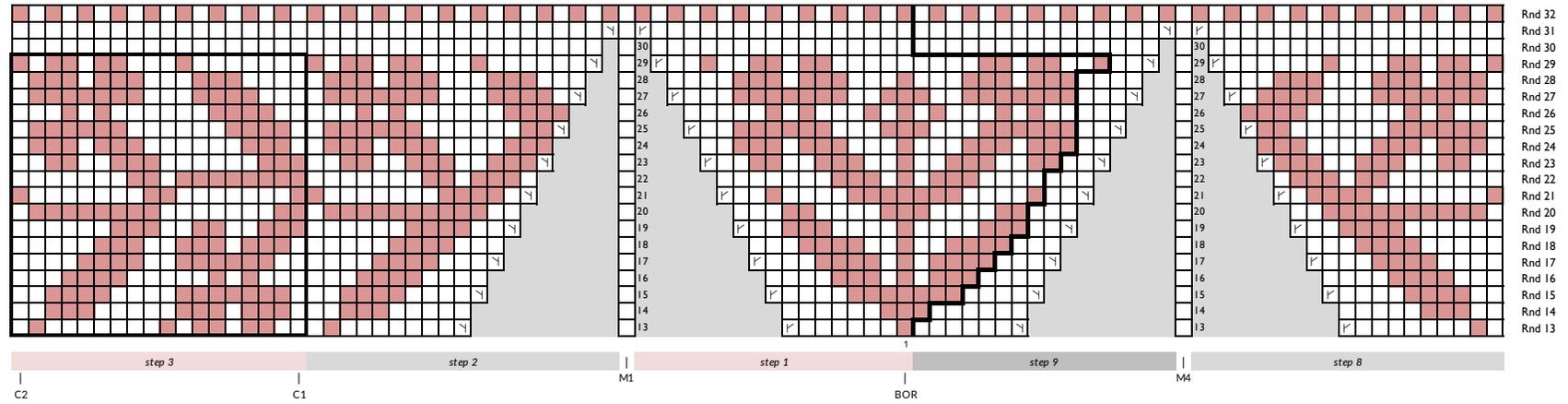
I also regularly discuss my designs and work in progress on my [YouTube channel](#), feel free to stop by.

If you have questions or found a mistake, please contact me via email at [tetilutsak@gmail.com](mailto:tetilutsak@gmail.com) and I will do my best to help you.

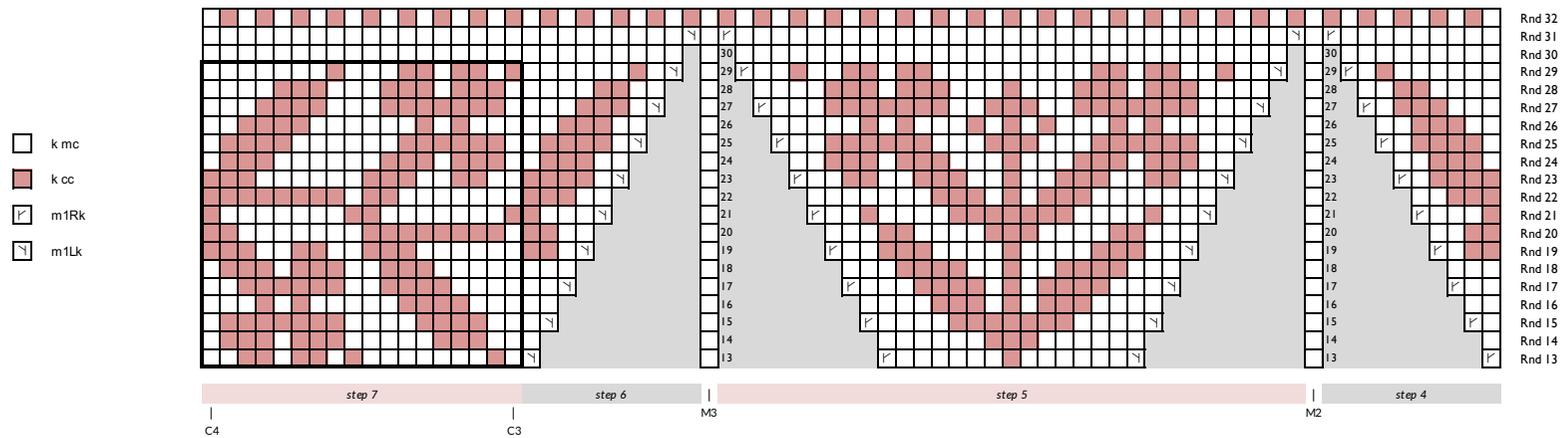
Happy knitting and thank you for supporting my work,  
Teti

**SIZE 1**

**CENTRAL PANEL CHART | BACK**

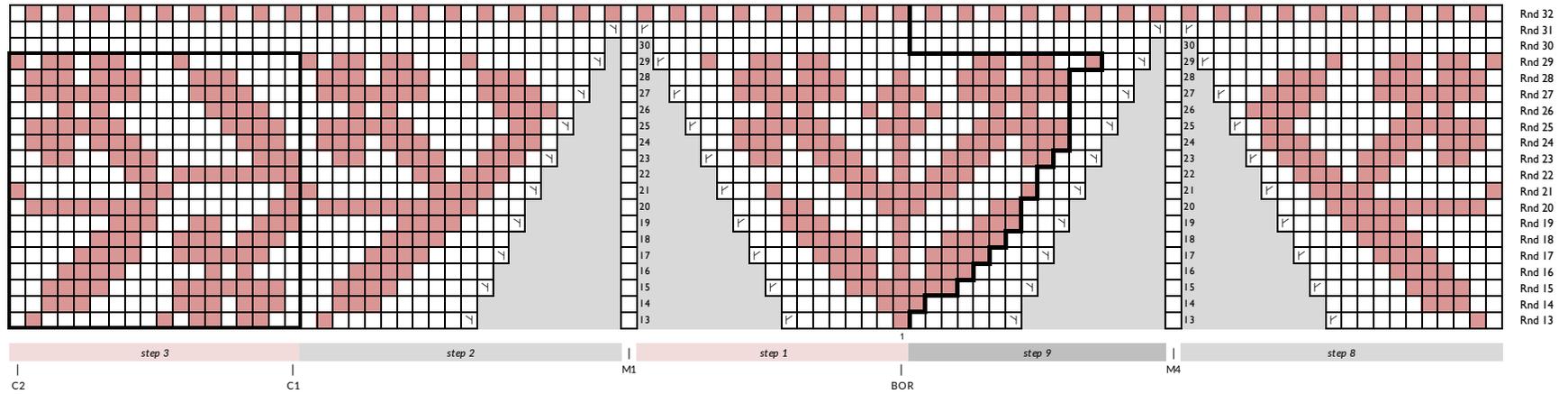


**CENTRAL PANEL CHART | FRONT**

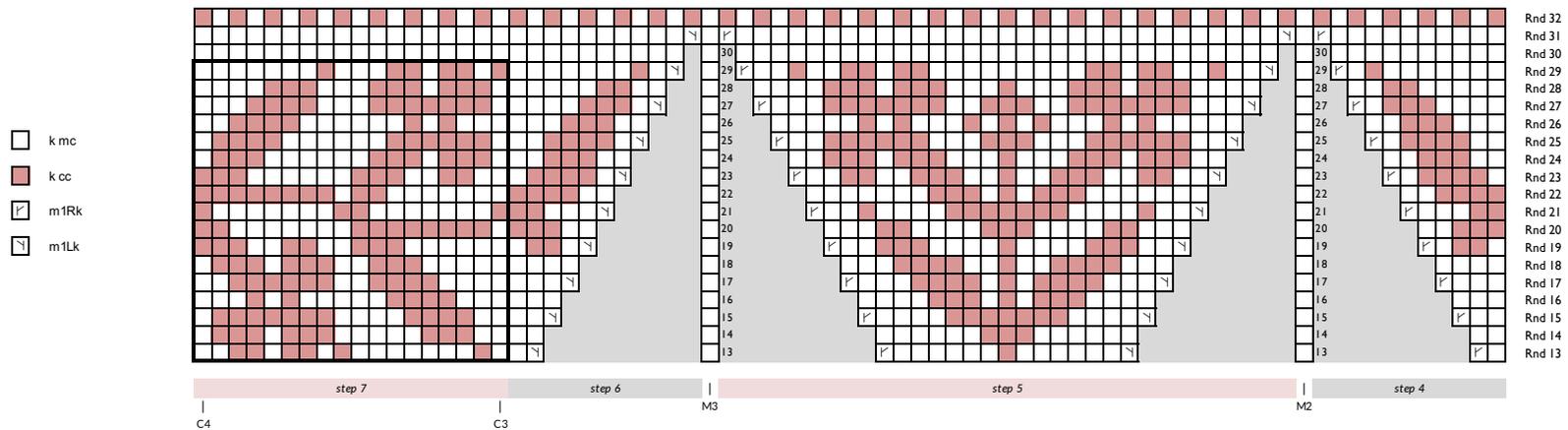


**SIZE 2**

**CENTRAL PANEL CHART | BACK**

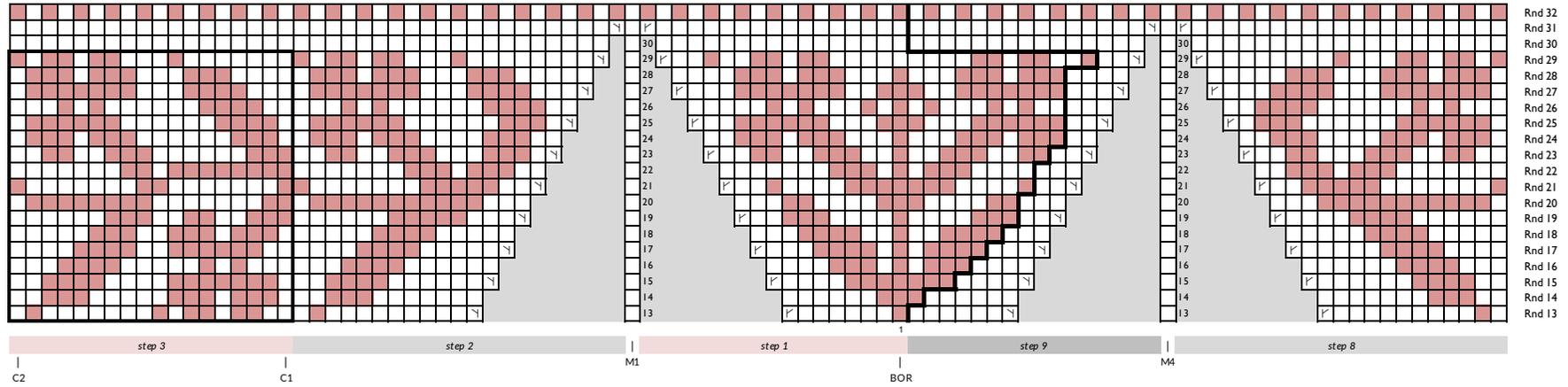


**CENTRAL PANEL CHART | FRONT**

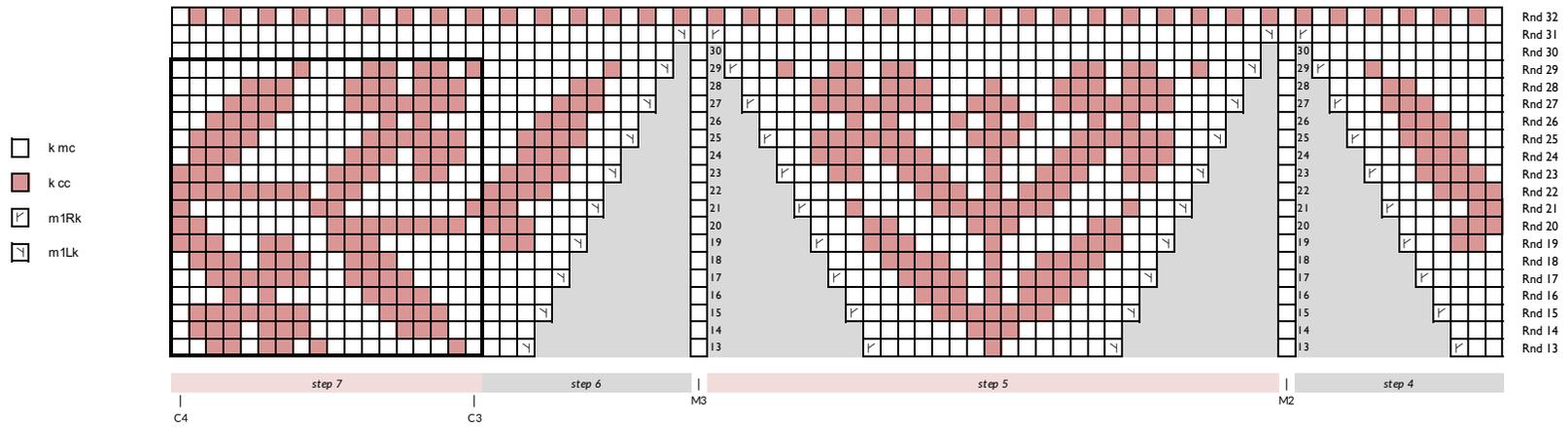


**SIZE 3**

**CENTRAL PANEL CHART | BACK**



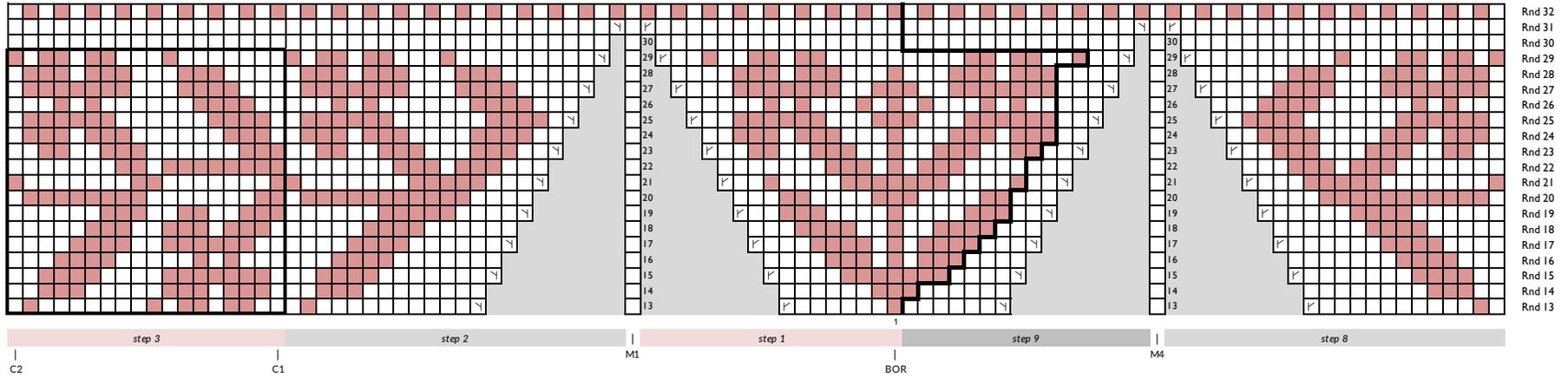
**CENTRAL PANEL CHART | FRONT**



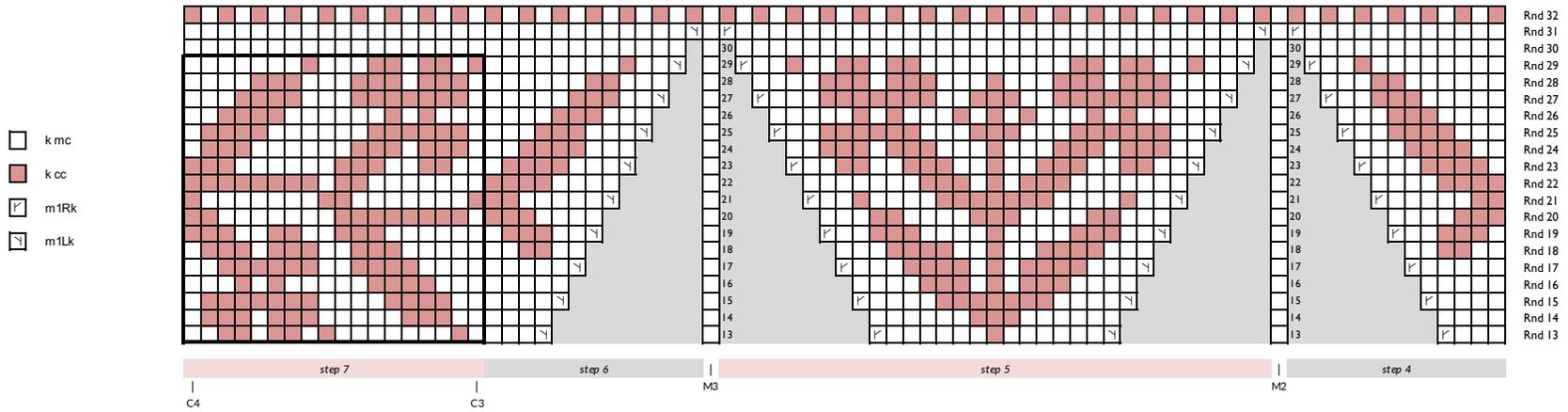
- k mc
- k cc
- m1Rk
- m1Lk

**SIZE 4**

**CENTRAL PANEL CHART | BACK**

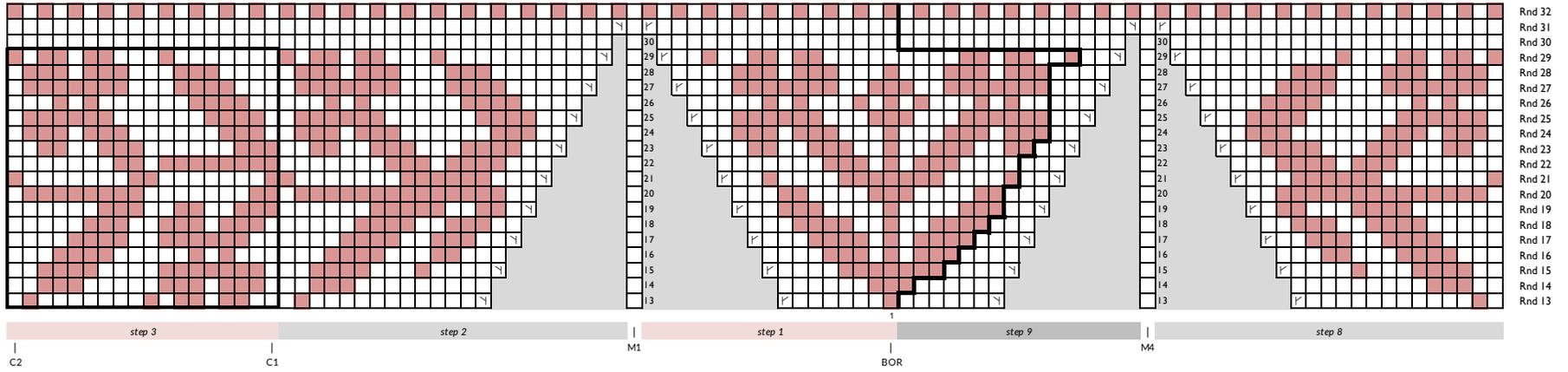


**CENTRAL PANEL CHART | FRONT**



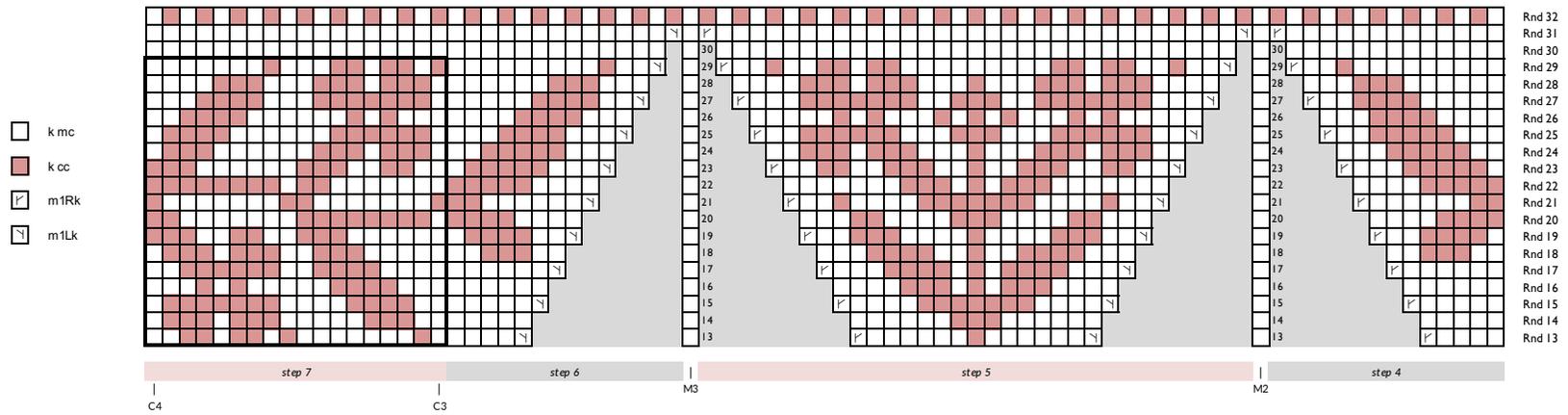
**SIZE 5**

**CENTRAL PANEL CHART | BACK**



Rnd 32  
 Rnd 31  
 Rnd 30  
 Rnd 29  
 Rnd 28  
 Rnd 27  
 Rnd 26  
 Rnd 25  
 Rnd 24  
 Rnd 23  
 Rnd 22  
 Rnd 21  
 Rnd 20  
 Rnd 19  
 Rnd 18  
 Rnd 17  
 Rnd 16  
 Rnd 15  
 Rnd 14  
 Rnd 13

**CENTRAL PANEL CHART | FRONT**

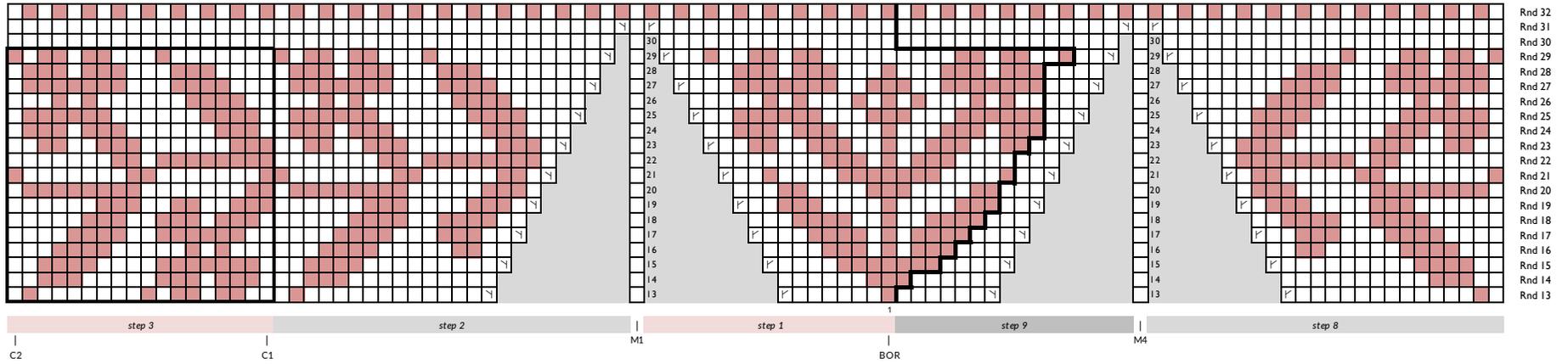


- k mc
- k cc
- / m1Rk
- \ m1Lk

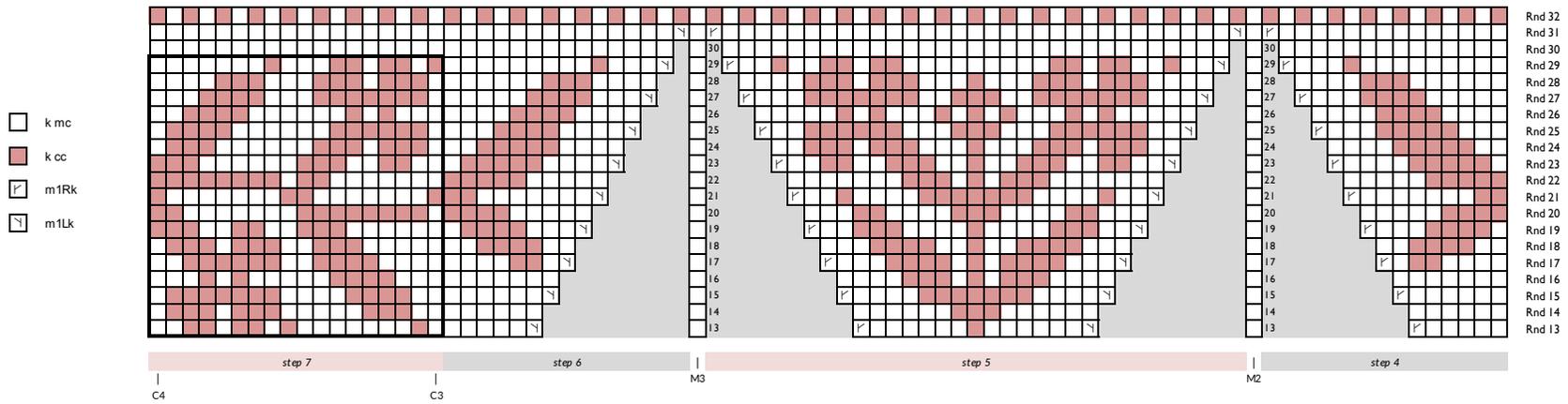
Rnd 32  
 Rnd 31  
 Rnd 30  
 Rnd 29  
 Rnd 28  
 Rnd 27  
 Rnd 26  
 Rnd 25  
 Rnd 24  
 Rnd 23  
 Rnd 22  
 Rnd 21  
 Rnd 20  
 Rnd 19  
 Rnd 18  
 Rnd 17  
 Rnd 16  
 Rnd 15  
 Rnd 14  
 Rnd 13

**SIZE 6**

**CENTRAL PANEL CHART | BACK**

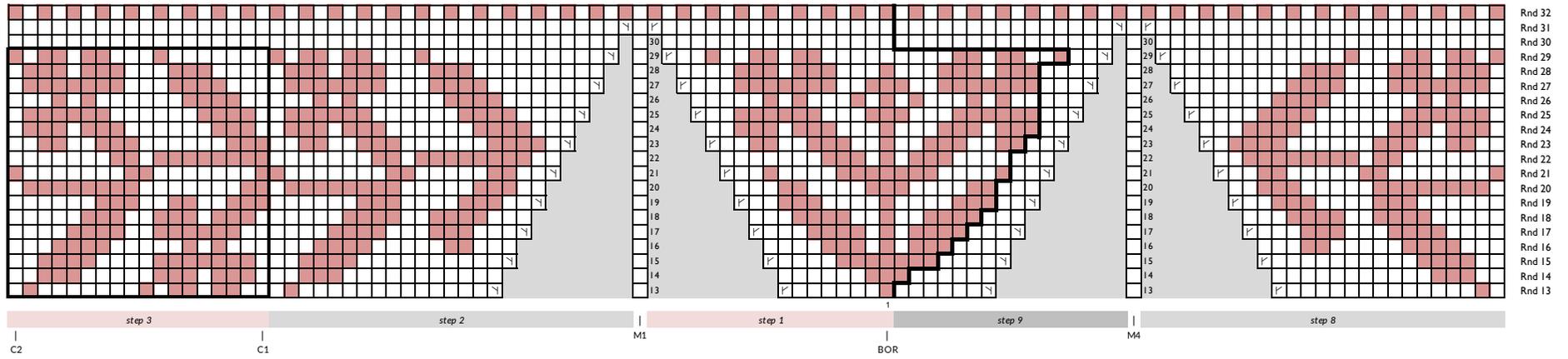


**CENTRAL PANEL CHART | FRONT**

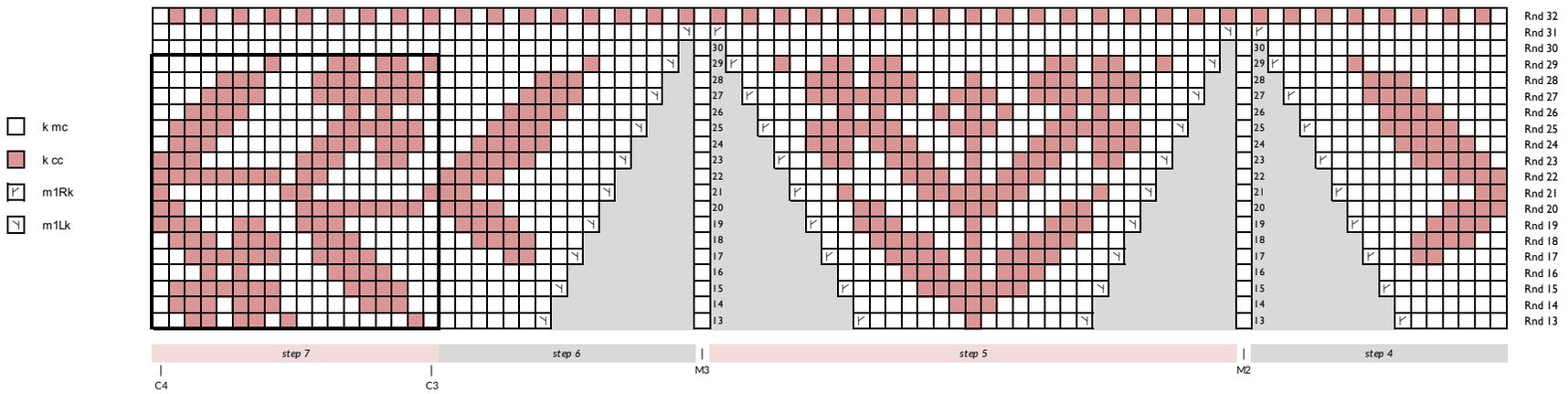


SIZE 7

CENTRAL PANEL CHART | BACK

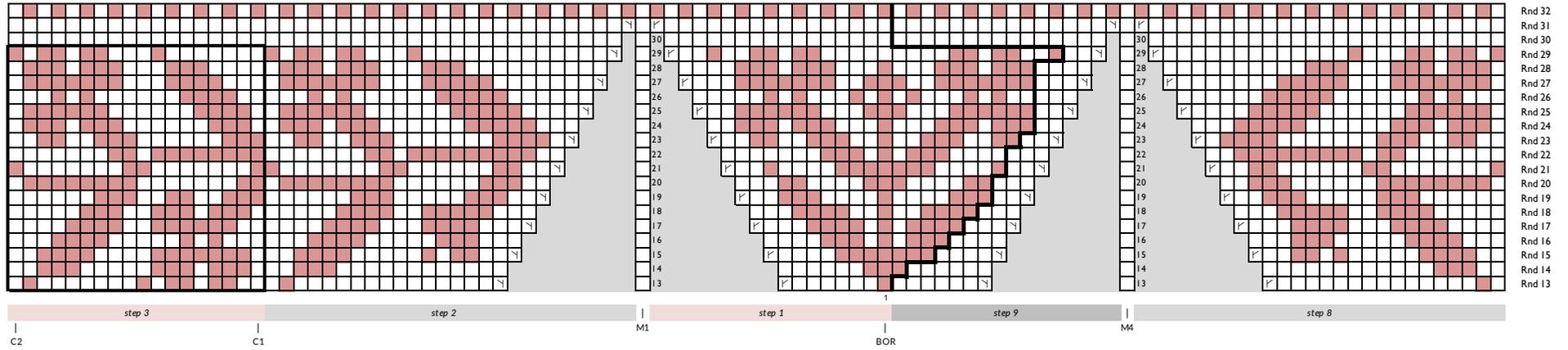


CENTRAL PANEL CHART | FRONT

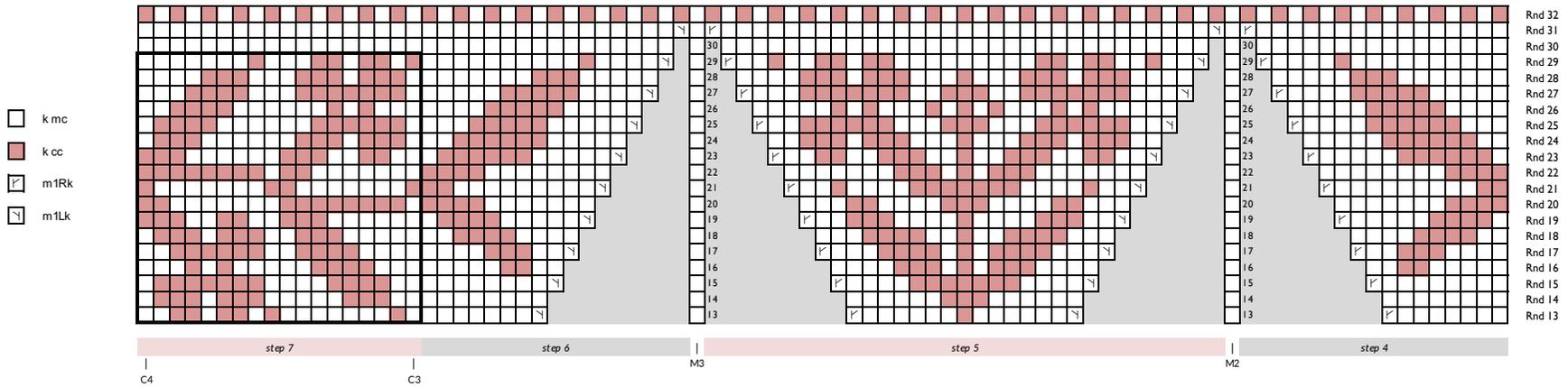


SIZE 8

CENTRAL PANEL CHART | BACK

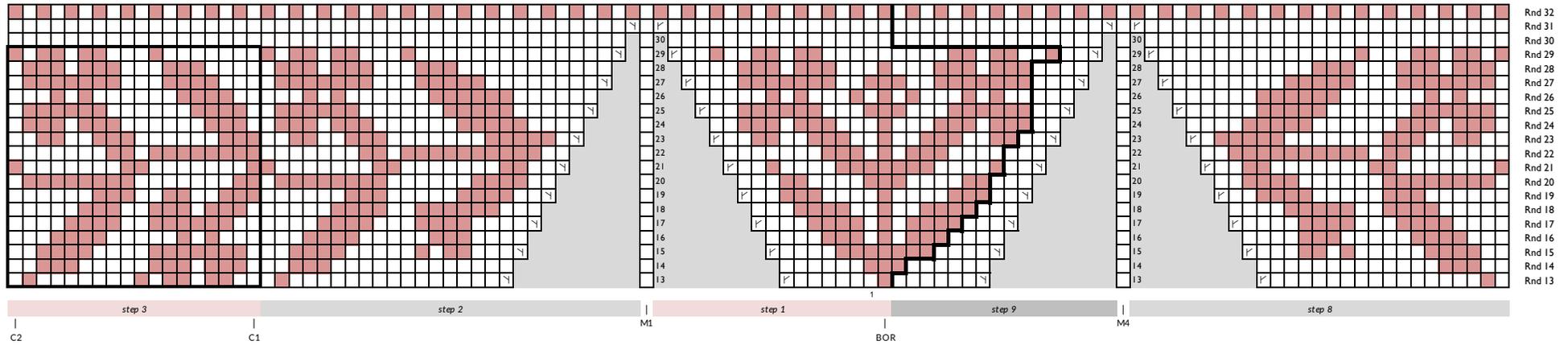


CENTRAL PANEL CHART | FRONT



# SIZE 9

## CENTRAL PANEL CHART | BACK



## CENTRAL PANEL CHART | FRONT

