



BEYOND BASIC SWEATSHIRT

by wool and beyond / elin berlin

Sizes: XS (S, M, L, XL) 2XL, 3XL, 4XL
Chest width (garment): 100 (107, 115, 122, 130) 140, 150, 160 cm
For this garment I recommend 20 cm ease.

Gauge: 18 sts and 22 rows = 10 x 10 cm in stockinette stitch
Needles: 5 mm and 4 mm circular needles, 60-100 cm cable
3 mm circular needles, 40-100 cm cable

Material: 250 (300, 300, 350, 350) 400, 450, 500 g Isager Tweed
(50 g = 200 m) **AND** 125 (125, 150, 150, 175) 175, 200, 225 g
Isager Silk Mohair (25 g = 212 m)
...or yarn that gives the same gauge!

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ABOUT THE PATTERN:

Beyond Basic Sweatshirt is a slightly oversized sweatshirt with a dropped shoulder and neat details. First you make the double knitted back yoke, from which you pick up and knit sts to make the shoulders towards the front which are worked separately with increases to shape the neckline. Then you join the shoulders by casting on sts for the neckline, as well as make the cross detail in the center front. The armholes are shaped with increases along both sides of the work. The neckline is worked in two steps - first you make the inner neckline in stockinette stitch, and then you pick up and knit sts along the outer edge of the inner neckline to make the outer, ribbed neckline.

After that you pick up and knit sts on the opposite side of the back yoke to make the back, which is shaped with increases and then joined with the front by casting on sts for the armholes. The body is worked in the round with a slipped stitch detail along both sides, which then go into a triangular detail along the bottom, before the body is finished with a ribbed edge.

Lastly you pick up and knit sts for the sleeves which are worked with the same slipped stitch detail along the inner seam which go into the triangular detail along the bottom. The sleeves are shaped with decreases and finished with a ribbed edge.

KNIT A SWATCH:

Cast on 26 sts on 5 mm needles. Work 8 cm in stockinette stitch before you bind off. Wash and block your swatch before you measure your gauge - you should have 18 sts per 10 cm.

TECHNIQUES:

Double knitting: <https://www.youtube.com/watch?v=iAtTtF3qTqA>

German short rows: <https://www.youtube.com/watch?v=a3S9cl47PYw&t=138s>

Italian bind off: <https://www.youtube.com/watch?v=nX1Fkf5n7v8&t=183s>

ABBREVIATIONS:

st/s = stitch/es

rnd/s = round/s

k = knit

p = purl

selv = selvedge stitch (always knitted)

Sl1wYO = slip 1 with yarn over (to create the turn stitch for german short rows)

k2tog = knit the next 2 sts together

ssk = slip 1 st knit wise, slip the next st knit wise, put the 2 sts back on left needle and k2tog tbl

tbl = through the back loop

m1l = insert left needle under strand between two sts from front to back, knit the strand tbl

m1r = insert left needle under strand between two sts from back to front, knit the strand

sl = slip

wyif = with yarn in front

RS = right side

WS = wrong side

pm = place marker

sm = slip marker

INSTRUCTIONS:

ABOUT SELVEDGE STITCHES:

At the beginning and end of each row you'll work a selvedge stitch which creates a nice edge that's easy to pick up and knit stitches along. The first and last stitch of each row is always knitted (with the exception of when you make the back yoke).

BACK YOKE:

Use the recommended size 4 mm needles and cast on 48 (48, 48, 52, 52) 54, 58, 58 sts.

Work double knit, like this: sl1wyif, *sl1wyif, k1* repeat *-* until you have 1 st left, k1.

Continue to work like this until the back yoke measures about 46 (48, 50, 52, 54) 56, 60, 62 cm.

Bind off all sts like this: sl1wyif, *k2tog, bind off previous st*, repeat *-* until you have 1 st left, k1, bind off the last st.

LEFT FRONT SHOULDER

Change to the recommended size 5 mm needles.

Place the back yoke in front of you. Start at the top left corner of one of the long sides of the back yoke, and measure to 14.5 (15, 15.5, 16, 16.5) 17, 18.5, 19.5 cm from the side towards the center.

From this point pick up and knit 26 (27, 28, 29, 30) 31, 33, 35 sts towards the side.

Work the 1st row like this:

selv, purl until the last st, selv.

Shape the shoulder using german short rows, like this:

Row 1 (RS): Selv, k3, turn.

Row 2 (WS): Sl1wYO, purl until the last st, selv.

Row 3 (RS): Selv, knit until the last turn, knit the turn st, knit 4 (4, 4, 4, 4) 4, 5, 5 sts, turn.

Row 4 (WS): Sl1wYO, purl until the last st, selv.

Repeat row 3-4 four more times.

Continue to work straight in stockinette stitch until the right side of your work (towards the neckline) measures about 9 (9, 9, 8.5, 8) 8, 8, 8 cm.

On the next row from the RS you'll begin to make increases along the right side of your work to shape the neckline.

inc-Row 1 (RS): Selv, k2, m1l, knit until the last st, selv.

inc-Row 2 (WS): Selv, purl until the last st, selv.

Repeat inc-Row 1-2 a total of 7 (8, 8, 9, 10) 10, 12, 12 times = 33 (35, 36, 38, 40) 41, 45, 47 sts.

Break the yarn and put the left front shoulder on hold while you work on the right front shoulder.

You can either leave the sts on the cable or put them on a stitch wire or scrap yarn.



RIGHT FRONT SHOULDER

Place your work in front of you with the RS facing upwards and the back yoke towards you.

Start at the opposite corner of where you picked up and knitted sts for the left right shoulder.

Measure to 14.5 (15, 15.5, 16, 16.5), 17, 18.5, 19.5 cm from the edge towards the center.

Pick up and knit 26 (27, 28, 29, 30) 31, 33, 35 sts within this part.

Shape the shoulder using german short rows, like this:

Row 1 (WS): Selv, p3, turn.

Row 2 (RS): Sl1wYO, knit until the last st, selv.

Row 3 (WS): Selv, purl until the last turn, purl the turn st, p4, turn.

Row 4 (RS): Sl1wYO, knit until the last st, selv.

Repeat row 3-4 four more times.

Continue to work straight in stockinette stitch until the left side of your work (towards the neckline) measures about 9 (9, 9, 8.5, 8) 8, 8, 8. On the next row from the RS you'll begin to make increases along the left side of your work to shape the neckline.

inc-Row 1 (RS): Selv, knit until you have 3 sts left, m1r, k2, selv.

inc-Row 2 (WS): Selv, purl until the last st, selv.

Repeat inc-Row 1-2 a total of 7 (8, 8, 9, 10) 10, 12, 12 times = 33 (35, 36, 38, 40) 41, 45, 47 sts.

On the next row from the RS you'll join the right front shoulder with the left front shoulder by casting on sts for the neckline, like this: (right front shoulder) selv, knit until you have 3 sts left, m1r, k3, cast on 0 (0, 0, 0, 0), 1, 1, 1 st, PM, cast on 15 sts, PM, cast on 0 (0, 0, 0, 0), 1, 1, 1 st, k3, m1l, knit until the last st, selv = 83 (87, 89, 93, 97), 101, 109, 113 sts.

Work the next row from the WS like this: Selv, purl until the last st, selv.

FRONT

Work the front back and forth while you make the cross detail according to x-Row 1-18 below.

x-Row 1 (RS): Selv, knit until the 1st marker, sm, k1, m1r, ssk, knit until you have 3 sts left before the 2nd marker, k2tog, m1l, k1, sm, knit until the last st, selv.

x-Row 2 (WS): Selv, purl until the 1st marker, sm, p2, sl1, purl until you have 3 sts left before the 2nd marker, sl1, purl until the last st, selv.

x-Row 3 (RS): Selv, knit until the 1st marker, sm, k2, m1r, ssk, knit until you have 4 sts left before the 2nd marker, k2tog, m1l, knit until the last st, selv.

x-Row 4 (WS): Selv, purl until the 1st marker, sm, p3, sl1, purl until you have 4 sts left before the 2nd marker, sl1, purl until the last st, selv.

x-Row 5 (RS): Selv, knit until the 1st marker, sm, k3, m1r, ssk, knit until you have 5 sts left before the 2nd marker, k2tog, m1l, knit until the last st, selv.

x-Row 6 (WS): Selv, purl until the 1st marker, sm, p4, sl1, purl until you have 5 sts left before the 2nd marker, sl1, purl until the last st, selv.

x-Row 7 (RS): Selv, knit until the 1st marker, sm, k4, m1r, ssk, knit until you have 6 sts left before the 2nd marker, k2tog, m1l, knit until the last st, selv.

x-Row 8 (WS): Selv, purl until the 1st marker, sm, p5, sl1, purl until you have 6 sts left before the 2nd marker, sl1, purl until the last st, selv.

x-Row 9 (RS): Selv, knit until the 1st marker, sm, k5, m1r, ssk, knit until you have 7 sts left before the 2nd marker, k2tog, m1l, knit until the last st, selv.

x-Row 10 (WS): Selv, purl until the 1st marker, sm, p6, sl1, purl until you have 7 sts left before the 2nd marker, sl1, purl until the last st, selv.

x-Row 11 (RS): Selv, knit until the 1st marker, sm, k6, place 2 sts onto a cable needle behind your work, k1, put the 2nd st on the cable needle back onto the left needle, place the cable needle in front of your work, k1, put the 1st st on the cable needle back onto the left needle, knit until the last st, selv.

x-Row 12 (WS): Selv, purl until the 1st marker, sm, p6, sl1, p1, sl1, purl until the last st, selv.

x-Row 13 (RS): Selv, knit until the 1st marker, sm, k5, k2tog, m1l, k1, m1r, ssk, knit until the last st, selv.

x-Row 14 (WS): Selv, purl until the 1st marker, sm, p5, sl1, p3, sl1, purl until the last st, selv.

x-Row 15 (RS): Selv, knit until the 1st marker, sm, k4, k2tog, m1l, k3, m1r, ssk, knit until the last st, selv.

x-Row 16 (WS): Selv, purl until the 1st marker, sm, p4, sl1, p5, sl1, purl until the last st, selv.

x-Row 17 (RS): Selv, knit until the 1st marker, sm, k3, k2tog, m1l, k5, m1r, ssk, knit until the last st, selv.

x-Row 18 (WS): Selv, purl until the last st while removing markers, selv.

AT THE SAME TIME - when the right side of your work (towards the armhole) measures about 24.5 (24.5, 25, 25.5, 25.5) 25, 25, 25 cm you'll begin to shape the armholes by making increases along both sides of your work, like this:

inc-Row 1 (RS): Selv, k2, m1l, knit until you have 3 sts left, m1r, k2, selv.

inc-Row 2 (WS): Selv, purl until the last st, selv.

Repeat inc-Row 1-2 a total of 1 (3, 3, 3, 4) 7, 7, 9 times = 85 (93, 95, 99, 105) 115, 123, 131 sts.

Break the yarn and put the front on hold while you work on the neckline and the back. You can either leave the sts on the cable or put them on a stitch wire or scrap yarn.



NECKLINE

Inner neckline:

Use the recommended size 3 mm needles.

Start from the corner where the right front shoulder meets the back yoke and pick up and knit an even amount of sts all around the neckline, like this:

ALONG THE BACK YOKE:

Pick up and knit 1 st along each st/row.

ALONG THE SIDES OF THE NECKLINE:

Pick up and knit along 3 sts/rows, skip the 4th.

ALONG THE BOTTOM OF THE NECKLINE:

Pick up and knit 1 st along each st/row.

Once you reach the point where you started to pick up and knit sts - place a marker to mark the beginning/end of the rnd. Then start to work in the round, like this:

Rnd 1: Purl until the end of the rnd.

Rnd 2-5: Knit until the end of the rnd.

Rnd 6: Purl until the end of the rnd.

Rnd 7-10: Knit until the end of the rnd.

Bind off all sts. Fold the inner neckline towards the inside of your work and sew the bind off edge to the edge that was formed when you previously picked up sts.

Outer neckline:

Start at the same corner as you did before. Pick up and knit 1 st along each st of the inner neckline.

Once you reach the point where you started to pick up and knit sts - place a marker to mark the beginning/end of the rnd. Then start to work in the round, like this:

k1, p1 repeat *-* until the end of the rnd.

Continue to work the outer neckline in 1:1 rib (k1, p1), until it measures about 2 cm.

For the bind off I recommend tubular italian bind off, which creates a neat and stretchy edge.

Start off with the two set-up rnds, like this:

Rnd 1: *k1, sl1wyif* repeat *-* until the end of the rnd.

Rnd 2: *sl1, p1* repeat *-* until the end of the rnd.

Bind off all sts using Italian bind off.

BACK

Change back to the recommended size 5 mm needles. Place your work in front of you with the front towards you and the RS facing upwards. Start at the upper right corner of the back yoke, and pick up and knit 83 (85, 89, 93, 97) 101, 107, 111 sts along the long side. Pick up along 4 st and skip the 5th. Work the 1st row from the WS like this: selv tbl, purl tbl until the last st, selv tbl.

Continue to work straight in stockinette stitch with selvedge sts along both sides until the *ENTIRE* back (back yoke + back) measures about 22.5 (22.5, 23, 23.5, 23.5) 23, 23, 23 cm. On the next row from the RS you'll begin to make increases along both sides of your work to shape the armholes.

inc-Row 1 (RS): Selv, k2, m1l, knit until you have 3 sts left, m1r, k2, selv.

inc-Row 2 (WS): Selv, purl until the last st, selv.

Repeat inc-Row 1-2 a total of 1 (3, 3, 3, 4) 7, 7, 9 times = 85 (93, 95, 99, 105) 115, 123, 131 sts.

BODY

On the next row from the RS you'll join the front and the back by casting on sts for the armholes. Start to work on the back: k3, m1l, knit until you have 3 sts left, m1r, k3, cast on 1 (1, 2, 3, 3) 4, 5, 6 sts, pm, cast on 2 (2, 3, 4, 5) 5, 6, 7 sts, start to work on the front: k3, m1l, knit until you have 3 sts left, m1r, k3, cast on 1 (1, 2, 3, 3) 4, 5, 6 sts, pm, cast on 2 (2, 3, 4, 5) 5, 6, 7 sts, pm to mark the beginning/end of the round = 180 (196, 204, 216, 228) 252, 272, 292 sts.

Continue to work the body in the round with the slipped stitch details at the sides, like this:

Rnd 1: Knit until the end of the rnd.

Rnd 2: Knit until the 1st marker, sm, sl1, knit until the 2nd marker, sm, sl1, knit until the end of the rnd.

Repeat row 1-2 until your work measures about 18-24 cm from the bottom of the armhole, or as long as you want the body minus 12 cm (4 cm for the bottom detail of the sweater and 8 cm for the ribbed edge). Finish with rnd 2.

Then make the bottom detail of the sweater, like this:

Rnd 1: Knit until the 1st marker, sm, k1, m1l, slip the next st knit wise and put it back on the left needle, pick up the left leg of the st that's 2 sts below the 2nd st on the right needle by inserting the left needle from the back to the front, k2tog tbl, knit until the 2nd marker, sm, k1, m1l, slip the next st knit wise and put it back on the left needle, pick up the left leg of the st that's 2 sts below the working st on the right needle by inserting the left needle from the back to the front, k2tog tbl, knit until the end of the rnd.

Rnd 2: Knit until you have 1 st left before the 1 st marker, slip the next st and remove the 1st marker, put the slipped st back onto the left needle, pm, k1, sl1, k1, sl1, knit until you have 1 st left before the 2nd marker, slip the next st and remove the 1st marker, put the slipped st back onto the left needle, pm, k1, sl1, k1, sl1, knit until the end of the rnd.

Rnd 3: Knit until the 1 st marker, sm, k2tog, m1l, k1, m1r, ssk, knit until the 2nd marker, sm, k2tog, m1l, k1, m1r, ssk, knit until the end of the rnd (For each rnd you'll get closer to the marker that marks the beginning/end of the rnd - once you reach it, simply move the marker one st to the left to be able to ssk. The new beginning/end of the rnd will be right after the last ssk).

Rnd 4: Knit until you have 1 st left before the 1 st marker, slip the next st and remove the 1st marker, put the slipped st back onto the left needle, pm, k1, sl1, k3, sl1, knit until you have 1 st left before the 2nd marker, slip the next st and remove the 1st marker, put the slipped st back onto the left needle, pm, k1, sl1, k3, sl1, knit until the end of the rnd.

Rnd 5: Knit until the 1 st marker, sm, k2tog, m1l, k3, m1r, ssk, knit until the 2nd marker, sm, k2tog, m1l, k3, m1r, ssk.

Rnd 6: Knit until you have 1 st left before the 1 st marker, slip the next st and remove the 1st marker, put the slipped st back onto the left needle, pm, k1, sl1, k5, sl1, knit until you have 1 st left before the 2nd marker, slip the next st and remove the 1st marker, put the slipped st back onto the left needle, pm, k1, sl1, k5, sl1, knit until the end of the rnd. .

Rnd 7: Knit until the 1 st marker, sm, k2tog, m1l, k5, m1r, ssk, knit until the 2nd marker, sm, k2tog, m1l, k5, m1r, ssk.

Rnd 8: Knit until you have 1 st left before the 1 st marker, slip the next st and remove the 1st marker, put the slipped st back onto the left needle, pm, k1, sl1, k7, sl1, knit until you have 1 st left before the 2nd marker, slip the next st and remove the 1st marker, put the slipped st back onto the left needle, pm, k1, sl1, k7, sl1, knit until the end of the rnd.

Rnd 9: Knit until the 1 st marker, sm, k2tog, m1l, k7, m1r, ssk, knit until the 2nd marker, sm, k2tog, m1l, k7, m1r, ssk.

Change to 3 mm needles. Knit 1 rnd and remove the 1st and 2nd marker.

Then make the ribbed edge, like this: *p1, k1* repeat until the end of the rnd.

Make the ribbed edge 8 cm, or as long as you want it. I recommend that you use tubular Italian bind off to get a neat yet stretchy bind off. First you make two set-up rows, like this:

Set-up row 1: *sl1wyif, k1* repeat *-* until the end of the rnd.

Set-up row 2: *p1, sl1* repeat *-* until the end of the rnd.

Bind off all sts using Italian bind off.

SLEEVES

The left and the right sleeve are worked the same way. Use 5 mm needles and start in the center st of the sts you casted on for the bottom of the armhole. Pick up and knit an even amount of sts all around the armhole. When you pick up and knit sts for the sleeve I recommend that you do it like this:

ALONG THE BOTTOM OF THE ARMHOLE: Pick up and knit 1 st along each st.

ALONG THE DOUBLE KNITTED BACK YOKE: Pick up and knit 1 st along each st.

ALONG THE SIDES: Pick up and knit along 2 sts, skip the 3rd st.

NOTE HOW MANY STS YOU PICKED UP! So that you'll be able to pick up and knit the same amount of sts for the second sleeve.

Once you reach the other side of the armhole place a marker to mark the beginning/end of the rnd and start working in the rnd, like this:

Rnd 1: Knit tbl until the end of the rnd.

Rnd 2: Sl1, knit until the end of the rnd.

Rnd 3: Knit until the end of the rnd.

Rnd 4: Sl1, knit until the end of the rnd.

Rnd 5: Knit until the end of the rnd.

Rnd 6: Sl1, k2tog, knit until you have 2 sts left, ssk.

Rnd 7: Knit until the end of the rnd.

Repeat rnd 2-7 until your sleeve measures around 40 cm, or as long as you want your sleeve minus 11 cm. If you feel as if your sleeve is getting too narrow before that you can stop to decrease and continue to repeat rnd 2-3 until your sleeve is long enough. Finish with row 2.

NOTE HOW MANY STS YOU HAVE AFTER YOU'VE DECREASED! So that you'll be able to decrease the same amount of sts for the second sleeve.

Next up you'll work the same bottom detail as you did for the body.

Rnd 1: K1, m1l, slip the next st knit wise and put it back on the left needle, pick up the left leg of the st that's 2 sts below the 2nd st on the right needle by inserting the left needle from the back to the front, k2tog tbl, knit until the end of the rnd.

Rnd 2: Sl1, k1, sl1, knit until you have 1 st left before the end of the rnd, slip the last st and remove the marker, put the slipped st back onto the left needle, pm to mark the new beginning/end of the rnd.

Rnd 3: K2tog, m1l, k1, m1r, ssk, knit until the end of the rnd.

Rnd 4: Sl 1, k3, sl 1, knit until you have 1 st left before the end of the rnd, slip the last st and remove the marker, put the slipped st back onto the left needle, pm to mark the new beginning/end of the rnd.

Rnd 5: K2tog, m1l, k3, m1r, ssk, knit until the end of the rnd.

Rnd 6: Sl 1, k5, sl 1, knit until you have 1 st left before the end of the rnd, slip the last st and remove the marker, put the slipped st back onto the left needle, pm to mark the new beginning/end of the rnd.

Rnd 7: K2tog, m1l, k5, m1r, ssk, knit until the end of the rnd.

Rnd 8: Sl 1, k7, sl 1, knit until you have 1 st left before the end of the rnd, slip the last st and remove the marker, put the slipped st back onto the left needle, pm to mark the new beginning/end of the rnd.

Rnd 9: K2tog, m1l, k7, m1r, ssk, knit until the end of the rnd.

Change to 3 mm needles. Knit 1 rnd.

Then make the ribbed edge, like this: *k1, p1* repeat until the end of the rnd.

Make the ribbed edge 8 cm, or as long as you want it. I recommend that you use tubular Italian bind off to get a neat yet stretchy bind off. First you make two set-up rows, like this:

Set-up row 1: *k1, sl1wyif* repeat *-* until the end of the rnd.

Set-up row 2: *sl1, p1* repeat *-* until the end of the rnd.

Bind off all sts using Italian bind off. Knit the other sleeve the same way.