



BERNADETTE TURTLENECK

BY
FABEL KNITWEAR





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NEEDLES: 4 MM & 3.5 MM

YARN: FABEL KNITWEAR ATHENA

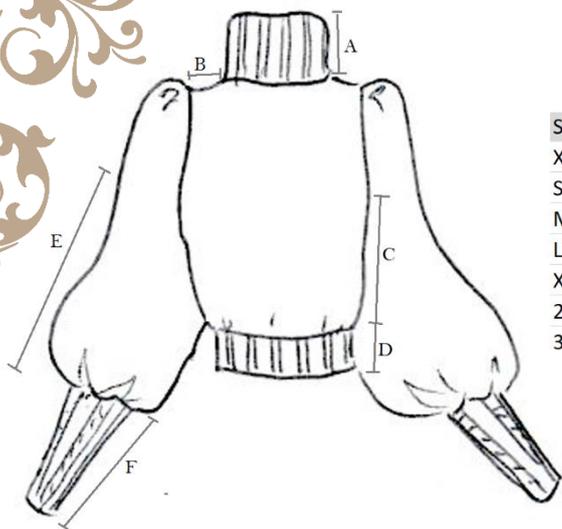
SIZE: (XS) S (M) L (XL) 2XL (3XL)

BUST: APPROX. (80CM) 90CM (100CM) 108CM (118CM) 127CM (132CM)
NOTE THAT THIS PATTERN HAS -2 TO NO EASE AT THE BUST AND WILL STRETCH SLIGHTLY TO FIT
NICELY ACROSS THE BUST.
PICK THE SIZE CLOSEST TO YOUR OWN BUST MEASUREMENT.

QUANTITY ATHENA: (270) 300 (350) 350 (400) 450 (500) G

GAUGE: 20 ST(S) = 10 CM





SIZE/STR	A	B	C	D	E	F
XS	8 - 10cm	customized	14cm	7cm	30cm	23cm
S	8 - 10cm	customized	15cm	7cm	31cm	22cm
M	8 - 10cm	customized	17cm	7cm	32cm	22cm
L	8 - 10cm	customized	20cm	7cm	33cm	22cm
XL	8 - 10cm	customized	20cm	7cm	34cm	21cm
2XL	8 - 10cm	customized	23cm	7cm	35cm	21cm
3XL	8 - 10cm	customized	23cm	7cm	35cm	21cm

The Bernadette Turtleneck is an elegant turtleneck inspired by the iconic late Victorian silhouette. It has voluminous puffed bishop sleeves over a slim, ribbed cuff, and a body that very subtly drapes down to the rib at the waist. The cozy, high neckline is folded double.

ABBREVIATIONS

K: Knit

P: Purl

RS: Right side

WS: Wrong side

St(s): Stitches

SM: Stitchmarker

BOR: Beginning of round

K2tog: Knit 2 stitches together as one

Video-tutorial for increases:

<https://www.youtube.com/watch?v=0Y9OX1eJP8A&t=24s>

TURTLENECK & YOKE

The turtleneck is worked top down in one strand fingering weight yarn.

Start by casting on 70) 74 (74) 74 (76) 80 (84) st(s) on 4 mm needles. Make sure not to cast on too tightly, as it needs to fit comfortably over the head. If you tend to have a tight cast-on, you could use an elastic cast-on method, or use larger needles. Place a SM at the start to mark the BOR.

Work 1 round ribbed (K1, P1).

Change to 3.5 mm needles, and work ribbed until the turtleneck measures 20 cm or until your desired length. The turtleneck is folded double.

Change to 4 mm needles, and increase (20) 20 (20) 22 (28) 32 (32) st(s) evenly



throughout the first round.

You now have (90) 94 (94) 96 (104) 112 (116) st(s).

Place a SM to mark each shoulder, (22) 23 (23) 24 (26) 28 (29) st(s) to the left and right of BOR.

German shortrows are now knit to shape the back of the neck, and the first shoulder-seam increases are knit along with the shortrows.

Knit until 1 st(s) remains before the right sleeve SM. Increase 1, K1, move SM, K1, increase 1. This is done at both the right- and left shoulder.

Knit until (4) 6 (6) 8 (8) 8 (8) st(s) after the SM on the right shoulder, TURN your knitting, make a German Short Row stitch (see video tutorial), purl until the mid-SM, then purl until (4) 6 (6) 8 (8) 8 (8) st(s) after the SM on the left shoulder.

Make a German Short Row stitch, turn your knitting to the knit side.

Knit until 1 st(s) remains before the right sleeve SM, increase 1, K1, move SM, K1, increase 1.

Work your way back to the left shoulder and repeat.

When knitting German Short Rows, you always knit one more stitch than the previous row before you turn your knitting, and when you reach the “extra” stitch, you knit it together with the original one. This is done to avoid holes.

Knit German Short Rows back and forth a total of (2) 4 (4) 4 (4) 6 (6) times, meaning (1) 2 (2) 2 (2) 3 (3) times on each side, doing increases for the shoulder seam on the right side.



Video tutorial for German Short Rows

https://youtu.be/W_LQ6dfXR1g

Once the shortrows are done, continue in the round in stockinette while doing the increases described below.

SHOULDER-SEAM INCREASE

Knit until 1 st(s) remains before the right sleeve SM. Increase 1, K1, move SM, K1, increase 1. This is done at both the right- and left shoulder.

Read the note on fit and adjustment for shoulder-width below before continuing.

This increase is done at both shoulders EVERY round until you’ve increased a total of (14) 16 (17) 18 (18) 19 (20) times (including the increases you did with the shortrows) on both shoulders = (56) 64 (68) 72 (72) 76 (80) st(s) increased.

On the last increase, place a SM on each side of the 2 mid shoulder st(s), so 4 in total, 2 on both sleeves. Remove the previous shoulder-seam SMs,

These 4 new SMs mark the sleeve-seams.

You now have (146) 158 (162) 168 (176) 188 (196) st(s).



The 2 st(s) on the top of each shoulder are now sleeve-st(s), which means you have (142) 154 (158) 164 (172) 184 (192) st(s) on the body, and 2 st(s) on each sleeve.

NOTE ON FIT AND ADJUSTMENTS FOR SHOULDER-WIDTH

Our shoulder-width is very varied and has little to do with our size and other measurements.

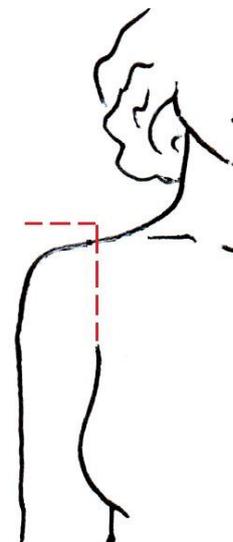
Because of this it is difficult to say just how wide you specifically should knit your shoulders.

The sleeve seam starts where the shoulder-increases end, which should be 3 – 4 cm in from the shoulders outer point as shown in the illustration.

This later creates a tailored look and fit.

Measure the distance from the side of your neck to 3 – 4 cm in from the outer point of your shoulder. Make a note of the measurement and work your increases until you reach this point, not counting the neckline.

Try it on and adjust.



Note that even when you've reached the designated point of the shoulder it can appear narrow, but trust me when I tell you this is the correct shoulder width. Don't be tempted to do some extra rounds in case!

If the shoulders are knit too wide the whole jumper will turn out too big, with sleeves falling off your shoulders giving it an ill-fitting look as it is designed to look tailored and fitted.

When you've reached the designated shoulder-point you're done with the shoulder-increases.

If you've done fewer or more increases than the size has suggested, make a note of just how many as they will need to be added in or subtracted later to give you enough stitches to fit over the bust.

If you stopped your increases for instance 2 increase-rounds before your size suggests, you will have to later add 8 stitches to achieve the stitch count you need to make it later fit across your bust.

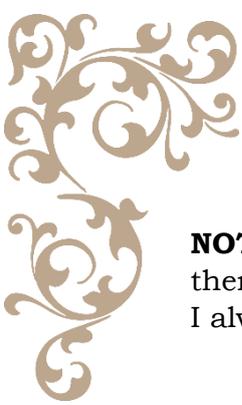
If adding 2 – 8 st(s), cast them on evenly under each sleeve when separating for the sleeves and joining the front and back in the round.

If adding 10 – 20 st(s), increase evenly throughout the body when separating for the sleeves and joining the front and the back in the round.

If adding 22 or more st(s), add half of them to the front and back where the bust starts to increase (before separating for the sleeves), and half when separating for sleeves and joining the body in the round.

If your bust sits high, an adjustment you can do even if you're increasing less than 22 st(s) is add these st(s) before the separation, to make room where it is needed.

If you have wider shoulders than the increases in the pattern suggest, you need to add increases for the shoulder seam, and decrease evenly when separating for the sleeves.



NOTE – You can either do the same increase for both sides (as I do), or you can do them leaning right and left.

I always increase like this: <https://youtu.be/OY9OX1eJP8A>

SHOULDERS AND SLEEVE-SEAM

When the increase for the shoulder-seam is done, and you've placed out your 4 sleeve-SMs, it's time to increase for the sleeves.

Knit until the first sleeve-SM on the right shoulder, move SM onto the right needle, increase 1, K1, increase 1, K1, increase 1, move the second SM.

You went from 2 to 5 st(s) inside the SMs.

Repeat for the next sleeve.

Knit until the first SM on the right shoulder, move SM, increase 1, K1, increase 1, move SM.

You went from 5 to 11 st(s) inside the SMs.

Repeat for the next sleeve.

Knit until the first SM on the right shoulder, move SM and increase as for the two rounds above- 1 st(s) increased between each st(s) until the second SM on the sleeve.

You went from 11 to 23 st(s) inside the SMs.

Repeat for the next sleeve.

Knit until the first SM on the right shoulder, move SM and increase as for the two rounds above- 1 st(s) increased between each st(s) until the second SM on the sleeve.

You went from 23 to 47 st(s) inside the SMs.

Repeat for the next sleeve.

The puffs are now done, and it's time to work shortrows for volume.

Knit until the first SM on the right shoulder, slip SM, knit until 6 st(s) remain before the next SM, turn as you did for the neck, purl back until 6 st(s) remain before the SM, and turn as you did for the neck.

Work shortrows in stockinette back and forth a *total of* 12 times = 6 times on each side. Remember to always knit 1 extra st(s) to avoid holes.

Repeat at the next sleeve.





The increase for the sleeve now starts.

Knit until the first SM on the right shoulder, slip SM, increase 1, knit until the next SM, increase 1, slip SM.

Repeat at the next sleeve.

The next round is knit with no increases, only stockinette.

Repeat these two steps – one round with increases for the sleeve and one round without until you have (77) 81 (83) 85 (89) 93 (97) st(s) on each sleeve.

Increase 10 st(s) evenly on both the front- and back pieces of the body, so 20 st(s) in total.

You now have (162) 174 (178) 184 (192) 204 (212) s(s) on the body.

Continue with the sleeve-increases until you have (85) 89 (91) 93 (97) 101 (105) st(s) on each sleeve.

Increase (10) 10 (10) 10 (12) 12 (14) st(s) evenly on both the front- and back pieces, so 20/24/28 st(s) in total.

You now have (182) 194 (198) 204 (216) 228 (240) st(s).

Work 3 rounds without further increases.

BODY

It's time to separate for the sleeves and body.

Knit until the right sleeve, put the (85) 89 (91) 93 (97) 101 (105) st(s) from the right sleeve onto scrap yarn, cast on 4 st(s) in the side, knit the front, put the (85) 89 (91) 93 (97) 101 (105) st(s) from the left sleeve onto scrap yarn, cast on 4 st(s) in the side, and connect the back and front.

You now have (190) 202 (206) 212 (224) 236 (248) st(s) on the body.

Work 2 rounds.

You can now choose to knit the body or the sleeves first. I prefer jumping straight to the sleeve-instructions before continuing with the body.

On the next round, increase (20) 20 (20) 20 (20) 24 (28) st(s) evenly = (210) 222 (226) 232 (244) 260 (276) st(s).

Knit until the body measures (14) 15 (17) 20 (20) 23 (23) cm from the armpit or until your desired length. 7cm of rib will later be added to the length, making the body (21) 22 (24) 27 (27) 30 (30) cm from the armpit.

NOTE on length - Depending on what part of your torso “make up” most of your chest measurement, the jumper may or may not need more length to reach the small of your waist.

I, for instance, have wide ribs which make up my measurements – my cup add very little to it, and so I fill out a garment differently than someone with the exact same measurements as me but with a full bust.

If you have larger breasts this might make garments ride up a bit more, so again I recommend trying it on to make sure you achieve the length you desire.

Change to 3.5 mm needles and decrease (66) 70 (66) 64 (68) 68 (72) st(s) evenly.

You now have (144) 152 (160) 168 (176) 192 (204) st(s).



Work 7 cm ribbed (K1, P1).
Cast off – make sure this is not done too tightly.

SLEEVES

Put the stitches from one sleeve back onto 4 mm needles, and pick up 5 new st(s) at the underarm. You now have (90) 94 (96) 98 (102) 106 (110) st(s) on the sleeve.

Place a SM in the middle of your 5 new st(s).

Work 1 round, then increase (10) 10 (10) 10 (12) 12 (14) st(s) evenly.

You now have (100) 104 (106) 108 (114) 118 (124) st(s).

Work 2 cm, before increases start.

K1, increase 1, knit until SM, increase 1.

This increase is done every 2 cm a total of 5 times = 10 st(s) increased and 12 cm knit.

On the next round, increase 10 st(s) evenly = (120) 124 (126) 128 (134) 138 (144) st(s).

Continue until the sleeve measures (30) 31 (32) 33 (34) 35 (35) cm from the underarm. This section should end below the elbow, but will be pulled up over the elbow when worn with the ribbing. This will create the iconic, voluminous look we're going for.

Halve the amount of stitches on the sleeve by working *k2tog, k2tog* out the sleeve.

You now have (60) 62 (63) 64 (67) 69 (72) st(s) on the sleeve.

Decrease (12) 10 (9) 8 (9) 7 (6) st(s) evenly.

You now have (48) 52 (54) 56 (58) 62 (66) st(s) on the sleeve.

Work ribbed (K1, P1) until the total length of the sleeve measures (53) 53 (54) 55 (55) 56 (56) cm or until your desired length. Note that this part is knit longer than a "normal" sleeve to create the right amount of blousing volume over the elbow.

If you have slim wrists, you can consider going down to 3.5 or 3 mm needles when working the last 10 cm of the sleeve.

Cast off, make sure this is not done too tightly.

Repeat for the next sleeve.

ALMOST DONE!

Fasten all loose threads, sew closed any gaps that might have appeared if adding stitches under the sleeves, and block as necessary.

I hope you'll be happy with your Bernadette Turtleneck! If you have any questions, or if you notice any mistakes in the pattern, you can get in touch via fabelknitwear@gmail.com.

Use the hashtag #BernadetteTurtleneck and tag me on Instagram when posting images of your knitting, so I can have a look!

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