

**YARN:** Worsted/Aran weight yarn, approximately 824 (874; 919; 976; 1034) [1092; 1137; 1187; 1248] metres / 902 (956; 1006; 1069; 1132) [1195; 1245; 1299; 1366] yards.

Shown in Rowan Hemp Tweed, a blend of 75% wool and 25% hemp, in shade 131 Teal (current yarn, discontinued shade). If using this yarn you will need 9 (10; 10; 11; 11) [12; 12; 13; 14] skeins.

**GAUGE:** 16.5 stitches and 22 rows to 4 inches / 10 cm in stocking stitch on 5.5 mm needles, blocked.

**NEEDLES & NOTIONS:** 4mm and 5.5mm needles of your preferred length for working body in rows, 4mm or 5mm DPNs or long circular needle (for magic loop) for sleeves in both sizes.

Scrap yarn for holding stitches

stitch markers

Tapestry needle

4 buttons (approx. 17mm diameter)

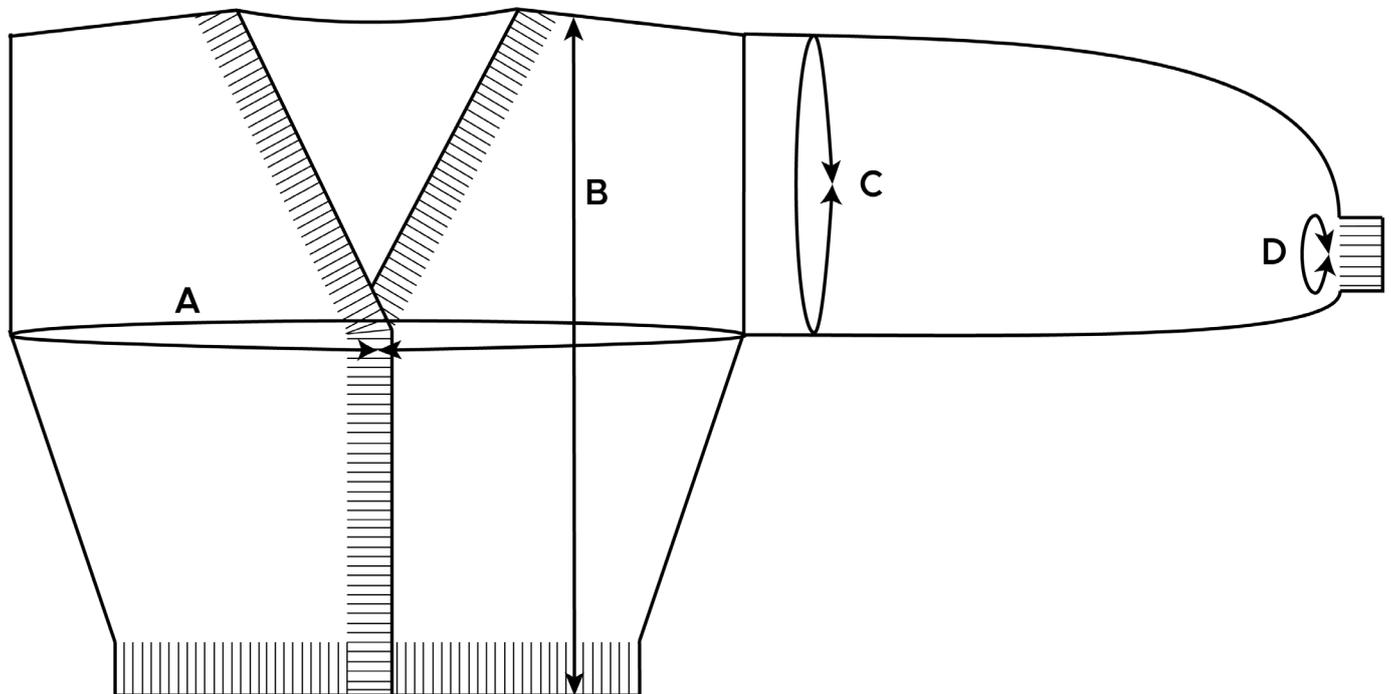
# be thankful cardigan

by LILY KATE FRANCE

The cardigan I started knitting on a long drive home from western Scotland, passing the Rest & Be Thankful point en route. There is always something to be thankful for, even in testing times, and I am certainly thankful for knitting.

**SIZING:** 1 (2; 3; 4; 5) [6; 7; 8; 9] detailed below, designed to be worn with 9 - 11 inches / 23 – 28 cm positive ease. Sample shown is a size 2 worn on a 34” bust with around 9 inches of positive ease.

Size	1	2	3	4	5	6	7	8	9
To fit bust (“)	28-30	32-34	36-38	40-42	44-46	48-50	52-54	56-58	60-62
To fit bust (cm)	71-76	81-86	91-97	102-107	112-117	122-127	132-137	142-147	152-157
<b>A:</b> Bust	40” 101 cm	43.5” 111 cm	48” 121 cm	52” 132 cm	56” 142 cm	60” 153 cm	64” 163 cm	69.5” 176 cm	73.5” 186 cm
<b>B:</b> Total length	18” 46 cm	18.5” 47 cm	18.5” 47 cm	18.5” 47 cm	18.75” 48 cm	19” 48 cm	19.25” 49 cm	19.25” 49 cm	19.5” 50 cm
<b>C:</b> Upper arm	17.5” 45 cm	18” 46 cm	19” 49 cm	20.5” 52 cm	21” 54 cm	22.5” 57 cm	23.5” 60 cm	24” 61 cm	25.5” 65 cm
<b>D:</b> Cuff	6” 15 cm	6.5” 17 cm	7” 18 cm	7.25” 18 cm	7.75” 20 cm	8” 20 cm	8.25” 21 cm	8.75” 22 cm	9” 23 cm



### NOTES

**Construction:** the Be Thankful cardigan is worked entirely seamlessly. The fronts and back are cast on at the waist and worked in one piece to the armhole, where they are then divided to work separately for the remainder of the body. A 3 needle bind off joins the fronts to the back, creating a faux ‘seam’ across the shoulders. Stitches are then picked up around the armhole to work the sleeves in the round from the top down. The neckband is worked by picking up stitches up the right front, across the back neck, and down the left front.

**Blocking:** be sure to block your swatch to know how much the finished cardigan will grow during blocking. For this reason, take care when trying the garment on to check fit. For example, if you knit the sleeves to an ideal length when unblocked, they may be too long, as the position of the dropped shoulder armhole will change after blocking.

## ABBREVIATIONS & TECHNIQUES

**k:** knit  
**RS:** right side  
**SM:** slip marker  
**st(s):** stitch(es)  
**k2tog:** knit two stitches together  
**p2tog:** purl two stitches together  
**s1wyif:** slip 1 stitch purlwise with yarn in front  
**s1wyib:** slip 1 stitch purlwise with yarn in back

**SSK:** slip, slip, knit / left leaning decrease (*Slip 1 stitch knitwise, slip 1 stitch purlwise (or knitwise), return both stitches to left needle without twisting and knit them together through the back loop*)

**SSP:** slip, slip, purl / left leaning purlwise decrease. (*Slip 1 stitch knitwise, slip 1 stitch purlwise (or knitwise), return both stitches to left needle without twisting and purl them together through the back loop*)

**M1R:** make one right. (*Insert right needle tip under bar between needles from back to front, place bar on left needle tip, knit this stitch normally*).

**M1L:** make one left. (*Insert right needle tip under bar between needles from front to back, place bar on left needle tip, knit this stitch through the back loop*).

**M1RP:** make one right purlwise. (*Insert left needle underneath bar between sts from back to front and place on left needle tip, purl normally*).

**M1LP:** make one left purlwise. (*Insert left needle underneath bar between sts from front to back and place on left needle tip, purl through back loop*).

**Single row buttonhole:** bring yarn to front, slip next stitch purlwise, bring yarn to back, \*slip next stitch, pass first stitch over second, rep from \* once more, slip 1 stitch from right needle back to left needle, turn work so WS is facing. Cast on 3 sts onto the left needle tip using the cable cast on. Turn work to RS once again. Bring yarn to back, slip 1 stitch from left needle to right needle, then pass the final cast on stitch over this stitch.

This pattern uses **German short rows (GSR)**, which are worked as follows:

**1)** Work the required number of stitches, then turn work (leaving the remaining stitches on the previous row unworked).

**2)** With the yarn held in front, slip the first stitch on your left needle (the German Short Row stitch) purlwise. This is referred to in the pattern as 's1'.

**3)** Pull your working yarn firmly up and over the right needle. This is referred to as 'pull yarn' in the pattern.

**4)** The stitch below is stretched up and over the needle and now appears as a 'double stitch'. If next working a knit row, the yarn is now on the correct side of the work. If next working a purl row, bring the yarn to the front between the needles.

**5)** Work in pattern as directed to the end of the row. When you encounter a GSR stitch on the next row, work the both legs of the 'double stitch' together as one stitch.

**LOWER BODY**

With 4mm needle, cast on 144 (156; 177; 198; 219) [240; 261; 282; 303] sts.

**Row 1:** p1, (k1, p2) to last 2 sts, k1, p1.

**Row 2:** k1, (s1wyif, k2) to last 2 sts, s1wyif, k1.

Repeat rows 1 and 2 a further 8 times (18 rows total in rib).

Change to 5.5 mm needle.

*You will now place markers to denote the position of side 'seams'.*

**Row 19 (RS):** p1, k33 (36; 42; 47; 52) [57; 63; 68; 73], PM, k1, p2, k1, PM, k68 (74; 83; 94; 105) [116; 125; 136; 147], PM, k1, p2, k1, PM, k33 (36; 42; 47; 52) [57; 63; 68; 73], p1.

**Row 20 (WS):** k1, s1wyif, [p to M, SM, s1wyif, k2, s1wyif, SM] twice, p to last 2 sts, s1wyif, k1.

*These 2 rows set position of side 'seams' and slip stitches at front edges.*

**Sizes 1, 2, 3, 4, 5, 6, 7 & 8 only:**

**Row 21 (RS):** p1, [k to 1 st from M, M1L, k1, SM, k1, p2, k1, SM, k1, M1R] twice, k to last st, p1. 148 (160; 181; 202; 223) [244; 265; 286; -] sts.

Work 7 (5; 5; 7; 9) [15; 29; 27; -] rows straight, maintaining slipped stitches as set, ie. slipping the side 'seam' stitches every alternate row. Every WS row should be worked as row 20.

Repeat last 8 (6; 6; 8; 10) [16; 30; 28; -] rows a further 4 (5; 4; 3; 2) [1; 0; 0; -] times / 5 (6; 5; 4; 3) [2; 1; 1; -] increase rows total.

There will be 40 (36; 30; 32; 30) [32; 30; 28; -] rows total in this increase section. 164 (180; 197; 214; 231) [248; 265; 286; -] sts.

Work a further 0 (4; 8; 2; 4) [0; 0; 0; -] rows straight.

**Size 9 only:** Continue working straight in st. st. with slip stitches as set for a further 26 rows.

**All sizes:** *You will now divide to work the upper fronts and back separately. Row numbering begins from 1 again.*

**UPPER RIGHT FRONT**

**Row 1 (RS):** p1, k2, SSK, k to M, remove marker, k1, p1, turn.

Continue working on these 40 (44; 49; 53; 57) [61; 66; 71; 75] stitches only for right front (as worn). Place remaining sts on a scrap yarn.

**Row 2:** k1, s1wyif, p to last 2 sts, s1wyif, k1.

**Row 3:** p1, k to last st, p1.

**Row 4:** as row 2.

**Row 5:** p1, k2, ssk, k to last st, p1. 39 (43; 48; 52; 56) [60; 65; 70; 74] sts.

Repeat rows 2-5 a further 10 (11; 11; 12; 13) [14; 14; 15; 16] times. 29 (32; 37; 40; 43) [46; 51; 55; 58] sts.

**Sizes 1, 3, 4 & 7:** repeat rows 2-4 once more.

**Sizes 2, 5, 6, 8 & 9:** repeat row 2 once more.

All sizes now follow the same instructions.

*You will now work short rows to shape the right shoulder. See Abbreviations & Techniques for full description of how to work German Short Rows.*

**Next row (RS):** p1, k 18 (20; 23; 25; 27) [29; 33; 35; 37], turn,

s1, pull yarn, p to last 2 sts, s1wyif, k1, turn,

p1, k 8 (9; 11; 12; 13) [14; 16; 17; 18], turn,

s1, pull yarn, p to last 2 sts, s1wyif, k1, turn.

**Next row (RS):** p1, k to last st, p1. Break yarn and leave right front sts on waste yarn.

**UPPER BACK**

With RS facing, rejoin yarn at back.

**Row 1 (RS):** p1, k1, remove M, k to M, remove M, k1, p1. 82 (90; 97; 106; 115) [124; 131; 142; 151] sts.

**Row 2 (WS):** k1, s1wyif, p to last 2 sts, s1wyif, k1.

Repeat last 2 rows a further 23 (24; 25; 27; 28) [30; 31; 32; 34] times / 48 (50; 52; 56; 58) [62; 64; 66; 70] rows total on back.

*You will now work short rows to shape the back shoulders.*

**Next row (RS):** p1, k 71 (78; 83; 91; 99) [107; 113; 122; 130], turn

s1, pull yarn, p 61 (67; 70; 77; 84) [91; 96; 103; 110], turn,

s1, pull yarn, k 51 (56; 58; 64; 70) [76; 79; 85; 91], turn,

s1, pull yarn, p 41 (45; 46; 51; 56) [61; 62; 67; 72], turn,

s1, pull yarn, k to last st, p1.

**Next row (WS):** k1, s1wyif, p to last 2 sts, s1wyif, k1. Break yarn and leave back sts on waste yarn.

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### UPPER LEFT FRONT

With RS facing, rejoin yarn at left front.

**Row 1 (RS):** p1, k1, remove M, k to last 5 sts, k2tog, k2, p1. Continue working on these 40 (44; 49; 53; 57) [61; 66; 71; 75] stitches only for left front (as worn).

**Row 2:** k1, s1wyif, p to last 2 sts, s1wyif, k1.

**Row 3:** p1, k to last st, p1

**Row 4:** as row 2

**Row 5:** p1, k to last 5 sts, k2tog, k2, p1

Repeat rows 2-5 a further 10 (11; 11; 12; 13) [14; 14; 15; 16] times. 29 (32; 37; 40; 43) [46; 51; 55; 58] sts.

**Sizes 1, 3, 4 & 7:** repeat rows 2-3 once more.

*You will now work short rows to shape the left shoulder.*

**Next row (WS):** k1, s1wyif, p18 (20; 23; 25; 27) [29; 33; 35; 37], turn,

s1, pull yarn, k to last st, p1, turn,

k1, s1wyif, p 8 (9; 11; 12; 13) [14; 16; 17; 18], turn,

s1, pull yarn, k to last st, p1, turn.

**Next row (WS):** k1, s1wyif, p to last 2 sts, s1wyif, k1.

Do not break yarn.

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### JOIN SHOULDER SEAMS

Slip held sts from back and right front onto spare circular needles and hold parallel with purl sides together and left front facing you (knit side facing).

With yarn still attached to left front, 3 needle bind off 29 (32; 37; 40; 43) [46; 51; 55; 58] sts of left front together with 29 (32; 37; 40; 43) [46; 51; 55; 58] sts of back shoulder,

continue to cast off normally across 24 (26; 23; 26; 29) [32; 29; 32; 35] back sts or until 29 (32; 37; 40; 43) [46; 51; 55; 58] sts remain on left needle (with one on right),

then 3 needle bind off remaining 29 (32; 37; 40; 43) [46; 51; 55; 58] sts on back shoulder together with 29 (32; 37; 40; 43) [46; 51; 55; 58] sts from right front. Fasten off.

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### SLEEVES (both worked the same)

With RS facing you, re-join yarn at centre of underarm opening.

Pick up and knit 36 (37; 39; 42; 43) [46; 48; 49; 52] sts from underarm up to shoulder 'seam' (approx. 3 sts in every 4 rows),

1 st in shoulder 'seam',

then a further 36 (37; 39; 42; 43) [46; 48; 49; 52] sts down to underarm.

73 (75; 79; 85; 87) [93; 97; 99; 105] sts. PM and join to begin working in the round.

**Round 1:** p1, k to last st, p1.

**Round 2:** p1, s1wyib, k to last 2 sts, s1wyib, p1.

Repeat the last 2 rounds until sleeve measures 14 (13.75; 12.75; 11.75; 11.75) [10; 9; 8.75; 7.75] inches / 35 (35; 33; 30; 30) [26; 23; 22; 19] cm, or until sleeve is 5.5 (5.25; 5.25; 5.5; 5.25) [6.25; 6.25; 5.75; 6.25] inches / 14 (13; 13; 14; 13) [16; 16; 15; 16] cm shorter than your desired sleeve length (remember to account for blocking).

*You will now place markers to denote the position of the sleeve decreases.*

**Next round:** p1, k 34 (35; 37; 40; 41) [44; 46; 47; 50], PM, k3, PM, k to last st, p1.

**Decrease round:** p1, s1wyib, k to 2 sts from M, ssk, SM, k3, SM, k2tog, k to last 2 sts, s1wyib, p1. 71 (73; 77; 83; 85) [91; 95; 97; 103] sts.

**Next round:** p1, k to last st, p1.

Repeat the last 2 rounds a further 7 (6; 6; 7; 6) [9; 9; 8; 10] times, then repeat decrease round once more / 9 (8; 8; 9; 8) [11; 11; 10; 11] decrease rounds total. 55 (59; 63; 67; 71) [71; 75; 79; 83] sts.

**Next round:** p1, k1, [k2tog, k2] to last st, p1. 42 (45; 48; 51; 54) [54; 57; 60; 63] sts.

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### CUFF

Change to 4mm DPNs / magic loop to work the ribbed cuffs.

**Next round:** p1, (s1wyib, p2) to last 2 sts, s1wyib, p1.

**Next round:** p1, (k1, p2) to last 2 sts, k1, p1.

Repeat the last 2 rounds a further 9 times (20 cuff rounds total).

Cast off all sts in rib.

**NECKBAND**

With RS facing and using 4mm circular needle, rejoin yarn at bottom of right front.

Pick up 13 sts along rib at right front hem (*approx. 2 sts in every 3 rows*), 92 (94; 94; 94; 97) [99; 99; 99; 100] up right front (*approx. 1 stitch in every row*), 24 (26; 23; 26; 29) [31; 28; 31; 35] across back neck (*approx. 1 stitch in every cast off stitch*), 92 (94; 94; 94; 97) [99; 99; 99; 100] down left front (*approx. 1 stitch in every row*), 13 sts along rib at left front hem (*approx. 2 sts in every 3 rows*). 234 (240; 237; 240; 249) [255; 252; 255; 261] sts.

**Row 1 (WS):** k1, (p1, k2) to last 2 sts, p1, k1.

**Row 2 (RS):** p1, (s1wyib, p2) to last 2 sts, s1wyib, p1.

**Rows 3 & 4:** As rows 1 & 2.

**Row 5 (WS):** work 106 (106; 106; 106; 109) [112; 112; 112; 112] sts in pattern as set, PM, work 22 (28; 25; 28; 31) [31; 28; 31; 37] in pattern as set, PM, work in patt as set to end.

*You will now work the buttonholes.*

**Row 6 (RS):** P1, S1wyib, work single row buttonhole, \*(P2, S1wyib) x 4 (4; 4; 4; 4) [3; 3; 3; 3], work buttonhole, rep from \* a further 2 times, (4 buttonholes total), work in pattern to end.

*You will now begin to shape the back neck.*

**Row 7 / decrease row (WS):** Work in pattern to M, SM, P2tog, work in pattern to 2 from M, SSP, SM, work in pattern to end. 232 (238; 235; 238; 247) [253; 250; 253; 259] sts.

**Row 8:** work in pattern to M, SM, S1wyib, P1, (s1wyib, P2) to 3 from M, s1wyib, p1, s1wyib, SM, (p2, s1wyib) last st, p1.

**Row 9 (WS):** work decrease row as row 7. 230 (236; 233; 236; 245) [251; 248; 251; 257] sts.

**Row 10:** work in pattern to M, SM, S2wyib, work in pattern to 2 from M, s2wyib, SM, work in patt to end.

**Row 11:** work decrease row as row 7. 228 (234; 231; 234; 243) [249; 246; 249; 255] sts.

Cast off all sts in pattern as set.

Weave in all ends and block. Sew buttons in line with buttonholes.



# happy knitting!

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