

# *Ballard pullover*

Cable pullover pattern by Sari Nordlund



#BallardPullover



The Ballard pullover is named after the cozy and hip neighborhood in northern Seattle. It is known for its Nordic roots, the sandy beaches at Golden Gardens Park, the Sunday farmers market, and an extensive craft brewery scene.

The Ballard pullover has a boxy fit and dropped shoulders. It is knitted with an allover cable and rib pattern. The pullover is started at the back neck and increased to the full width of the back. The increases over the cable pattern are fully charted. Then stitches are picked up for the shoulders and worked as the front of the pullover. The front and back are joined at underarm and the body is then worked in the round. Stitches are then picked up from the body for the sleeves and the neckband. The sleeves are also worked in the cable pattern. The hem and cuffs are finished with a tubular bind off, which provides a beautiful and stretchy edge that looks like the stitches roll over the edge to the other side of the ribbing.

For the stitch patterns to show best, I recommend choosing unicolor or slightly tonal colorways. The Ballard pullover is worked in DK weight yarn but you can also knit it by holding one strand of fingering weight yarn together with a strand of silk mohair.

The length of the body and sleeves are easily modified to suit your own body measurements. I recommend trying the sweater on every now and then while working on it to make sure you get the perfect length for your style. Note: You can easily modify the body shorter for a cropped look. For a cropped sweater I would only work 15-20 cm / 6-8 inches for the body.

## Sizes

- 1 (2, 3, 4, 5) (6, 7, 8, 9)
- Finished bust circumference: 92 (105, 112, 121, 132) (141, 152, 161, 172) cm / 36.25 (41.25, 44, 47.75, 52) (55.5, 59.75, 63.5, 67.75) inches including the intended positive ease of 15-20 cm / 6-8 inches
- Length from hem to underarm (adjustable): 31 (31, 31, 31, 33) (33, 33, 35, 35) cm / 12.25 (12.25, 12.25, 12.25, 13) (13, 13, 13.75, 13.75) inches
- Sleeve length from cuff to underarm (adjustable): 42 cm / 16 inches
- Upper arm circumference: 34 (36, 38, 40, 43) (46, 49, 52, 55) cm / 13.25 (14.25, 15, 15.75, 16.75) (18.25, 19.25, 20.5, 21.75) inches

Note: Please be aware that adjusting the lengths of the garment will also affect the amount of yarn needed to finish the project.

## Yarn

Note: If you wish to work the pullover with fingering weight yarn and mohair, you will need the given yarn amount for both yarns. Work the whole pullover holding the yarns together.

880 (960, 1060, 1170, 1280) (1410, 1550, 1710, 1790) m / 960 (1050, 1160, 1270, 1400) (1540, 1690, 1860, 1960) yards of DK weight yarn.

Sample: 4 (4, 5, 5, 6) (6, 7, 7, 8) skeins of Les Petits Points Parisiens Yak DK (50% merino, 50% yak; 250 meters / 273 yards per 100 g) shown in the colorway Gris.

## Needles

- 3 mm / US 2.5 circular needles with a cable of 40 cm / 16 inches for the neck ribbing
- 3 mm / US 2.5 DPNs or circular needles with a cable suitable for small circumference knitting for the cuffs
- 3 mm / US 2.5 circular needles with a cable of at least 80 cm / 32 inches for the hem
- 3.5 mm / US 4 DPNs or circular needles with a cable suitable for small circumference knitting for the sleeves
- 3.5 mm / US 4 circular needles with a cable of at least 80 cm / 32 inches for the body

## Gauge

22 sts and 28 rows = 10 cm / 4 inches of Main chart on larger needles, after blocking

## Notions

- 6 stitch markers
- 4 locking markers
- cable needle, if using
- waste yarn
- tapestry needle
- blocking tools

## Abbreviations

BOR	Beginning of the round
CO	Cast On
dec'd	Decreased
DPN(s)	Double pointed needle(s)
k	Knit
k2tog	Knit 2 sts together
m1L	Make 1 knit stitch (left leaning)
m1LP	Make 1 purl stitch (left leaning)
m1R	Make 1 knit stitch (right leaning)
m1Rp	Make 1 purl stitch (right leaning)
p	Purl
p2tog	Purl 2 sts together
pm	Place marker
RS	Right side
sm	Slip marker
ssk	(Slip knitwise) x 2, knit the slipped stitches together through the back loop
st(s)	Stitch(es)
WS	Wrong side
3/3LC	3 over 3 left cable: slip 3 sts to cable needle at front, k3, then k3 from cable needle.
3/3RC	3 over 3 right cable: slip 3 sts to cable needle at back, k3, then k3 from cable needle.
4/4LC	4 over 4 left cable: slip 4 sts to cable needle at front, k4, then k4 from cable needle.
4/€RC	4 over 4 right cable: slip 4 sts to cable needle at back, k4, then k4 from cable needle.

# Instructions

## BACK INCREASES

Note: When working the charts on the WS rows, remember to read them from left to right and check the changed abbreviations for the stitches when working on the WS.

Cast on 35 (35, 35, 35, 35) (43, 43, 43, 43) sts for the back neck on the larger needles. Do not join in the round. Place locking markers into the cast on edge below the first and last stitch of the row.

**Row 1 (WS):** K1, work Row 1 of the Back Increase Chart indicated for your size until 1 st remains, k1.

**Row 2 (RS):** P1, work Row 2 of the Back Increase Chart indicated for your size until 1 st remains, p1.

Continue as established until you have finished the Back Increase Chart indicated for your size. 67 (115, 115, 115, 115) (143, 143, 143, 143) sts on needles.

### Sizes 1 and 3-9 only

**Row 1 (RS):** P1, m1L, pm, work Row 7 (-, 1, 1, 1) (1, 1, 1, 1) of the Main Chart indicated for your size until 1 st remains, pm, m1R, p1. The outlined pattern repeats 2 (- 4, 4, 4) (4, 4, 4, 4) times on each row.

**Row 2 (WS):** K1, m1Rp, p until next m, sm, work next row of the Main Chart indicated for your size until next m, sm, p until 1 st remains, m1Lp, k1.

**Row 3 (RS):** P1, m1L, k until next m, sm, work next row of the Main Chart indicated for your size until next m, sm, k until 1 st remains, m1R, p1.

Repeat Rows 2-3 another 7 (-, 0, 3, 6) (1, 4, 7, 10) time(s) and then Row 2 another 0 (-, 1, 0, 0) (1, 1, 0, 0) time(s). 101 (-, 123, 133, 145) (155, 167, 177, 189) sts on needles.

Place a locking marker at the first and last stitch of the row.

Then continue without any further increases by working the side sts as p1 on RS and k1 on WS, the next 17 (-, 4, 9, 15) (6, 12, 17, 23) sts on each side in Stockinette stitch (knit on RS, purl on WS) and work

the cable pattern as established between the markers. Continue as established until the piece measures 11 (-, 11, 11, 11.5) (13, 13, 13.5, 14) cm / 4.25 (-, 4.25, 4.25, 4.5) (5, 5, 5.25, 5.5) inches from the locking marker at the end of the increases, ending with a WS row.

Make a note which row of the Main Chart you ended with, as you will need this information for the front later on. Break yarn and put the sts on hold on a piece of waste yarn.

### Size 2 only:

Place a locking marker at the first and last stitch of the row.

**Row 1 (RS):** P1, work Row 1 of the Main Chart indicated for your size until 1 st remains, p1. The outlined pattern repeats 4 times on each row.

**Row 2 (WS):** K1, work next row of the Main Chart indicated for your size until 1 st remains, k1.

Then continue by working the side sts as p1 on RS and k1 on WS and the cable pattern as established between the markers until the piece measures 11 cm / 4.25 inches from the locking marker at the end of the increases, ending with a WS row.

Make a note which row of the Main Chart you ended with, as you will need this information for the front later on. Break yarn and put the sts on hold on a piece of waste yarn.

## LEFT FRONT SHOULDER

With the RS facing you and starting at the locking marker at the left corner of the back neck cast on, pick up and knit 34 (41, 45, 50, 56) (57, 63, 68, 74) sts (= 1 st per row) along the left shoulder line until the locking marker at the end of increases on the left shoulder.

### Sizes 1 and 3-9 only

**Row 1 (WS):** K1, p17 (-, 4, 9, 15) (6, 12, 17, 23), pm, work Row 1 of the Left Front Chart indicated for

your size.

**Row 2 (RS):** Work Row 2 of the Left Front Chart indicated for your size, sm, k until 1 st remains, p1.

**Size 2 only:**

**Row 1 (WS):** K1, work Row 1 of the Left Front Chart indicated for your size.

**Row 2 (RS):** Work Row 2 of the Left Front Chart indicated for your size until 1 st remains, p1.

**All sizes resume:**

Work as established until you have worked the end of Row 37. The Row 38 will be worked only after finishing the Right Front and joining the neck. You now have 43 (50, 54, 59, 65) (66, 72, 77, 83) sts on needles. Break yarn and put the sts on hold on a piece of waste yarn.

#### RIGHT FRONT SHOULDER

With the RS facing you and starting at the locking marker at the end of increases on the right shoulder, pick up and knit 34 (41, 45, 50, 56) (57, 63, 68, 74) sts (= 1 st per row) along the right shoulder line until the locking marker at the right corner of the back neck cast on.

**Sizes 1 and 3-9 only**

**Row 1 (WS):** Work Row 1 of the Right Front Chart indicated for your size, pm, p until 1 st remains, k1.

**Row 2 (RS):** P1, k until next m, sm, work Row 2 of the Right Front Chart indicated for your size.

Work as established until you have worked the end of Row 37. You now have 43 (-, 54, 59, 65) (66, 72, 77, 83) sts on needles.

**Row 38 (RS):** P1, k until next m, sm, work Row 38 of the Right Front Chart. Then cast on 15 (-, 15, 15, 15) (23, 23, 23, 23) sts using the Back Loop Cast On method or the Cable Cast On method. Take the sts held for the left front back on your needles, and work Row 38 of Left Front Chart, sm, k until 1 st remains, p1. 101 (-, 123, 133, 145) (155, 167, 177, 189) sts on needles.

**Size 2 only:**

**Row 1 (WS):** Work Row 1 of the Right Front Chart

indicated for your size until 1 st remains, k1.

**Row 2 (RS):** P1, work Row 2 of the Right Front Chart indicated for your size.

Work as established until you have worked the end of Row 37. You now have 50 sts on needles.

**Row 38 (RS):** Work Row 38 of the Right Front Chart. Then cast on 15 sts using the Back Loop Cast On method or the Cable Cast On method. Take the sts held for the left front back on your needles, and work Row 38 of Left Front Chart. 115 sts on needles.

#### FRONT

**Sizes 1 and 3-9 only**

**Next Row (WS):** K1, p until next m, sm, work Row 8 of the Main Chart, sm, p until 1 st remains, k1.

**Next Row (RS):** P1, k until next m, sm, work the next row of the Main Chart, sm, k until 1 st remains, p1.

**Size 2 only**

**Next Row (WS):** K1, work Row 8 of the Main Chart until 1 st remains, k1.

**Next Row (RS):** P1, work the next row of the Main Chart until 1 st remains, p1.

**All sizes resume:**

Work as established until the front measures 23 (25.5, 27, 29, 31.5) (33, 35.5, 38, 40.5) cm / 9 (10, 10.75, 11.5, 12.5) (13, 14, 15, 16) inches from the shoulder line, and you are on the same row of the Main Chart that you ended the back with. *Note: The armhole should now measure 34 (36, 38, 40, 43) (46, 49, 52, 55) cm / 13.25 (14.25, 15, 15.75, 16.75) (18.25, 19.25, 20.5, 21.75) inches measured from the live stitches on the back to the live stitches on the front. If you haven't reached the correct length, you can add a bit more length both to the back and to the front, so that you reach the correct length and end on the same row of the Main Chart on both the front and the back.*

#### JOINING THE FRONT AND THE BACK.

**Sizes 1 and 3-9 only**

**Next Row (RS):** P1, k until next m, sm, work the next row of the Main Chart, sm, k until 1 st remains, p1,

pm for side. Take the sts held for the back on your needles. P1, k until next m, sm, work the same row of the Main Chart as you did for the front, sm, k until 1 st remains, p1, pm for BOR and continue working in the round. 202 (-, 246, 266, 290) (310, 334, 354, 378) sts on needles.

**Next Round:** \*P1, k until next m, sm, work the next row of the Main Chart, sm, k until 1 st remains before the next m, p1, sm; repeat from \* until end.

#### Size 2 only

**Next Row (RS):** K1, work the next row of the Main Chart until 1 st remains, k1, pm for side. Take the sts held for the back on your needles. K1, work the same row of the Main Chart as you did for the front until 1 st remains, k1, pm for BOR and continue working in the round. 230 sts on needles.

**Next Round:** \*K1, work the next row of the Main Chart, until 1 st remains before the next m, k1, sm; repeat from \* until end.

#### All sizes resume:

Work as established on until the body measures 28 (28, 28, 28, 30) (30, 30, 32, 32) cm / 11 (11, 11, 11, 11.75) (11.75, 11.75, 12.5, 12.5) inches from the underarm or 3 cm / 1.25 inches less than the desired length for the body.

#### HEM

Change to smaller needles.

#### Sizes 1 and 3-9 only

**Decrease Round:** \*P1, k until next m, sm, \*\*p2, ssk, k9 (-, 9, 9, 9) (13, 13, 13, 13), k2tog, p2, k7 (-, 7, 7, 7) (9, 9, 9, 9); repeat from \*\* 1 (-, 3, 3, 3) (3, 3, 3, 3) more time(s), p2, ssk, k9 (-, 9, 9, 9) (13, 13, 13, 13), k2tog, p2, sm, k until 1 st remains before next m, p1, sm; repeat from \* until end. 12 (-, 20, 20, 20) (20, 20, 20, 20) sts dec'd, 190 (-, 226, 246, 270) (290, 314, 334, 358) sts on needles.

#### Size 2 only

**Decrease Round:** \*K1, \*\*p2, ssk, k9, k2tog, p2, k7; repeat from \*\* 3 more times, p2, ssk, k9, k2tog, p2, k1, sm; repeat from \* until end. 20 sts dec'd, 210 sts on needles.

#### All sizes resume:

**Ribbing Round:** \*K1, p1; repeat from \* until end.

Continue as established until the hem measures 3 cm / 1.25 inches or the desired length.

Bind off all sts in pattern. I recommend using the Sewn Tubular Bind Off for the neatest result.

Good tutorials for the Sewn Tubular Bind Off:

<https://shibuiknits.com/pages/tubular-bind-off>

<https://stitchesnscraps.com/tutorial-tubular-bind-off-in-the-round/>

#### SLEEVES

Use the larger needles. Starting at the underarm, pick up and knit 75 (81, 85, 89, 95) (103, 109, 115, 123) sts along the sleeve opening. Pm for BOR.

**Round 1:** P1, k4 (7, 9, 11, 14) (10, 13, 16, 20), pm, work Round 1 of the Main Chart indicated for your size over the next 65 (65, 65, 65, 65) (81, 81, 81, 81) sts repeating the outlined pattern 2 times, pm. Then k until 1 st remains, p1.

Work as established until the sleeve measures 12.5 (6.5, 6.5, 4.5, 3.5) (5.5, 3.5, 3.5, 2.5) cm / 5 (2.5, 2.5, 1.75, 1.25) (2.25, 1.5, 1.25, 1) inch from the underarm, then start decreasing for the sleeve as follows:

**Decrease Round:** P1, ssk, work as established until 3 sts remain, k2tog, p1. 2 sts dec'd.

Repeat the decreases on every 12.5 (6.5, 6.5, 4.5, 3.5) (5.5, 3.5, 3.5, 2.5) cm / 5 (2.5, 2.5, 1.75, 1.25) (2.25, 1.5, 1.25, 1) inch(es) 1 (4, 4, 6, 9) (5, 8, 9, 13) more time(s). 71 (71, 75, 75, 75) (91, 91, 95, 95) sts remain on needles.

After finishing the decreases, work as established until the sleeve measures 39 cm / 15.25 inches or 3 cm / 1.25 inches less than the desired length of the sleeve.

#### CUFF

Change to smaller needles.

**Decrease Round:** P1, k until next m, sm, \*p2, ssk, k9 (9, 9, 9, 9) (13, 13, 13, 13), k2tog, p2, k7 (7, 7, 7, 7) (9, 9, 9, 9); repeat from \* 1 more time, p2, ssk, k9 (9, 9, 9, 9) (13, 13, 13, 13), k2tog, p2, sm, k until 2 sts remain, p2tog. 7 sts dec'd, 64 (64, 68, 68, 68) (84, 84, 88, 88) sts on needles.

**Ribbing Round:** \*K1, p1; repeat from \* until end.

Continue as established until the cuff measures 3 cm / 1.25 inches or the desired length.

Bind off all sts in pattern. I recommend using the Sewn Tubular Bind Off for the neatest result.

Work the second sleeve accordingly.

### NECKBAND

Using the smaller needles and starting at the right corner of the back neck cast on edge, pick up and

knit 33 (33, 33, 33, 33) (41, 41, 41, 41) sts along the back neck, then approximately 24 stitches along the left side of the neck. Then pick up and knit 15 (15, 15, 15) (23, 23, 23, 23) sts along the front neck and another 24 stitches along the right side of the neck. Pm for BOR and continue working in the round. Approximately 96 (96, 96, 96, 96) (116, 116, 116, 116) sts on needles, make sure the stitch count is even.

**Ribbing Round:** \*K1, p1; repeat from \* until end.

Work as established until the neck measures 9 cm / 3.5 inches. Bind off all sts loosely in pattern. Fold the neckband double and sew loosely on the inside of the pullover using the whip stitch.

### FINISHING

Weave in all remaining yarn ends. Wet block to measurements.



RS: Knit  
WS: Purl



RS: Purl  
WS: Knit



No stitch



RS: m1L  
WS: m1Lp



RS: m1R  
WS: m1Rp



3/3 RC



3/3 LC



4/4 RC



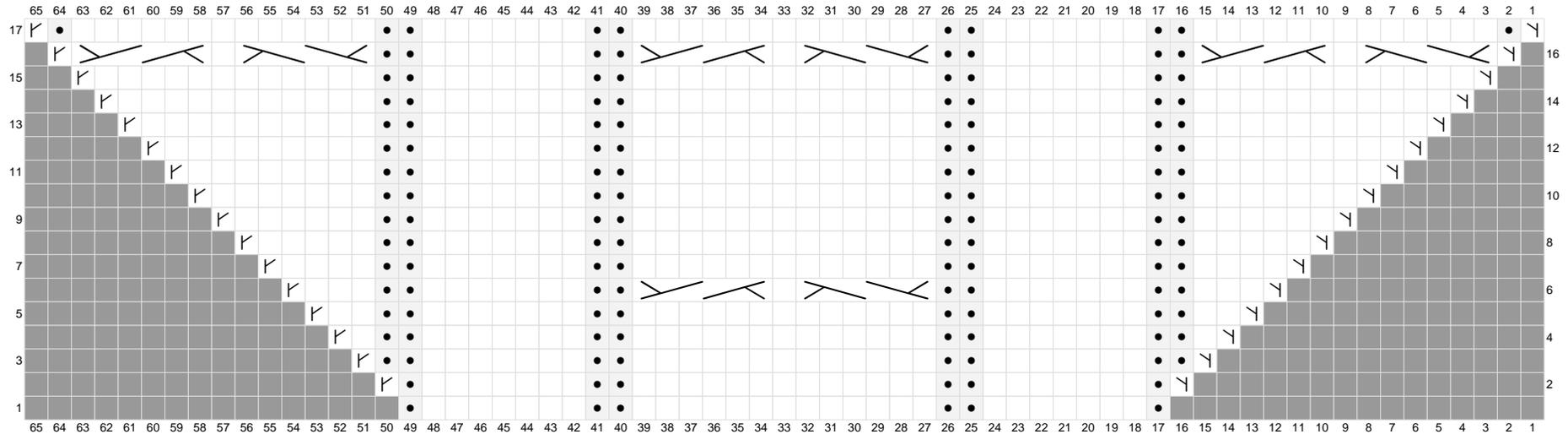
4/4 LC

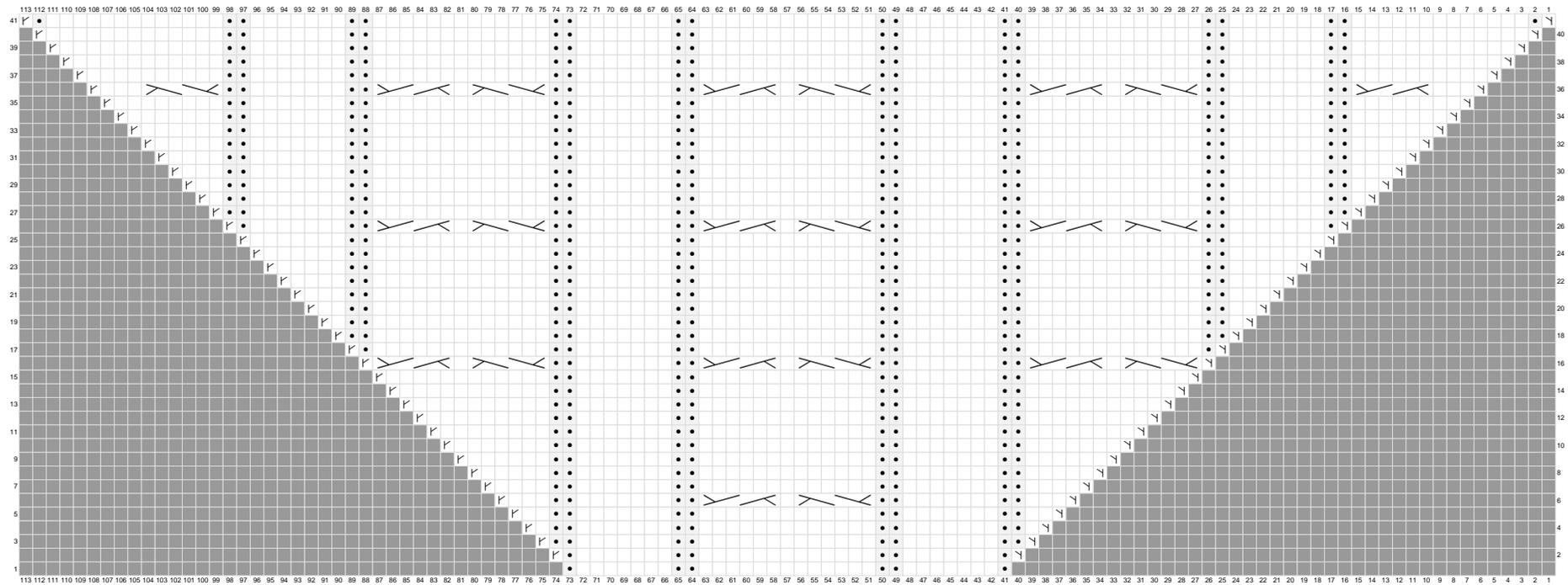


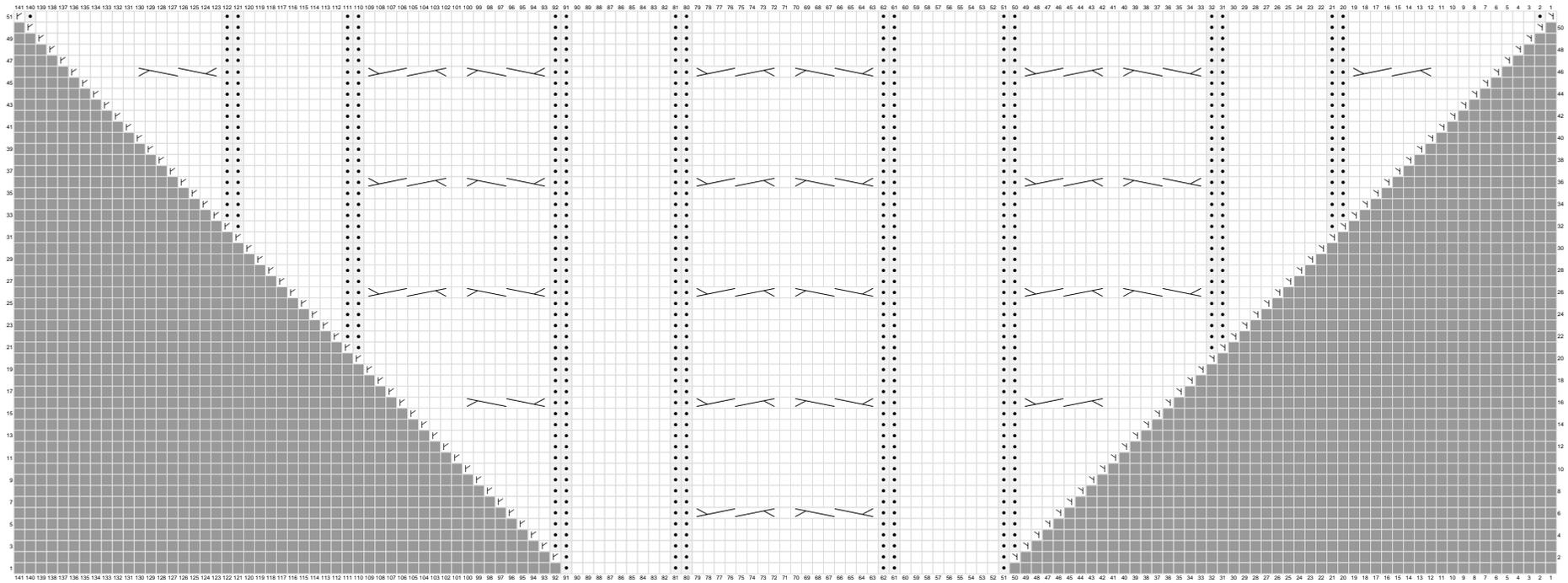
Work Row 38 of the Left front chart only after finishing the Right front

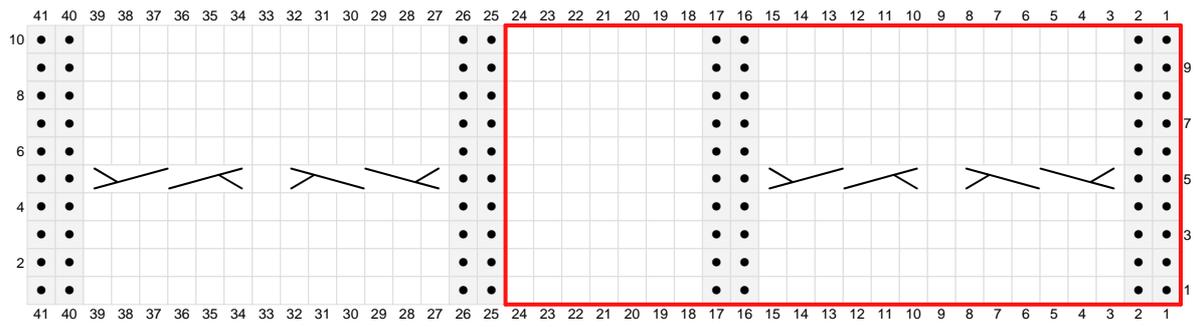


Pattern repeat outlined with red

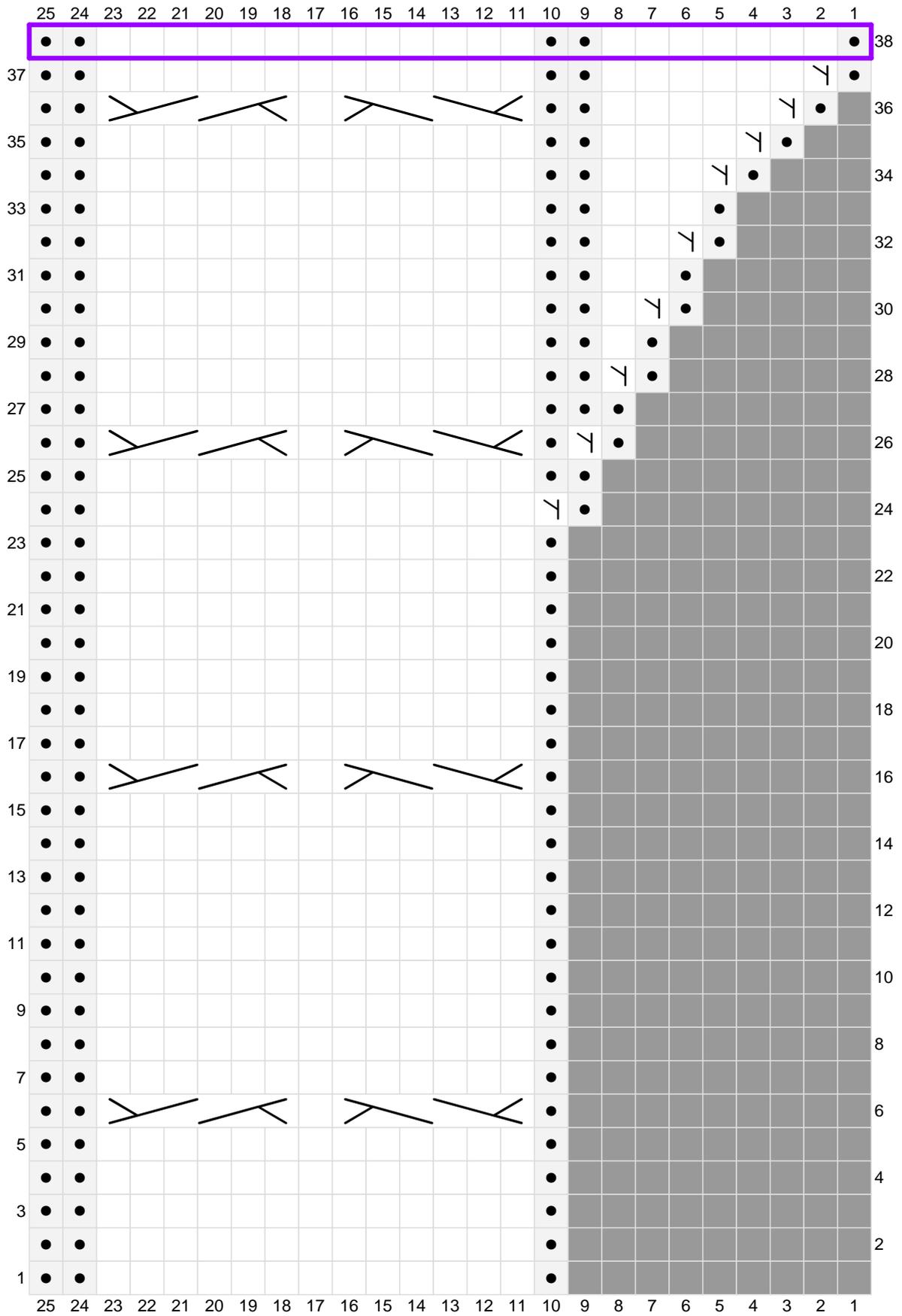


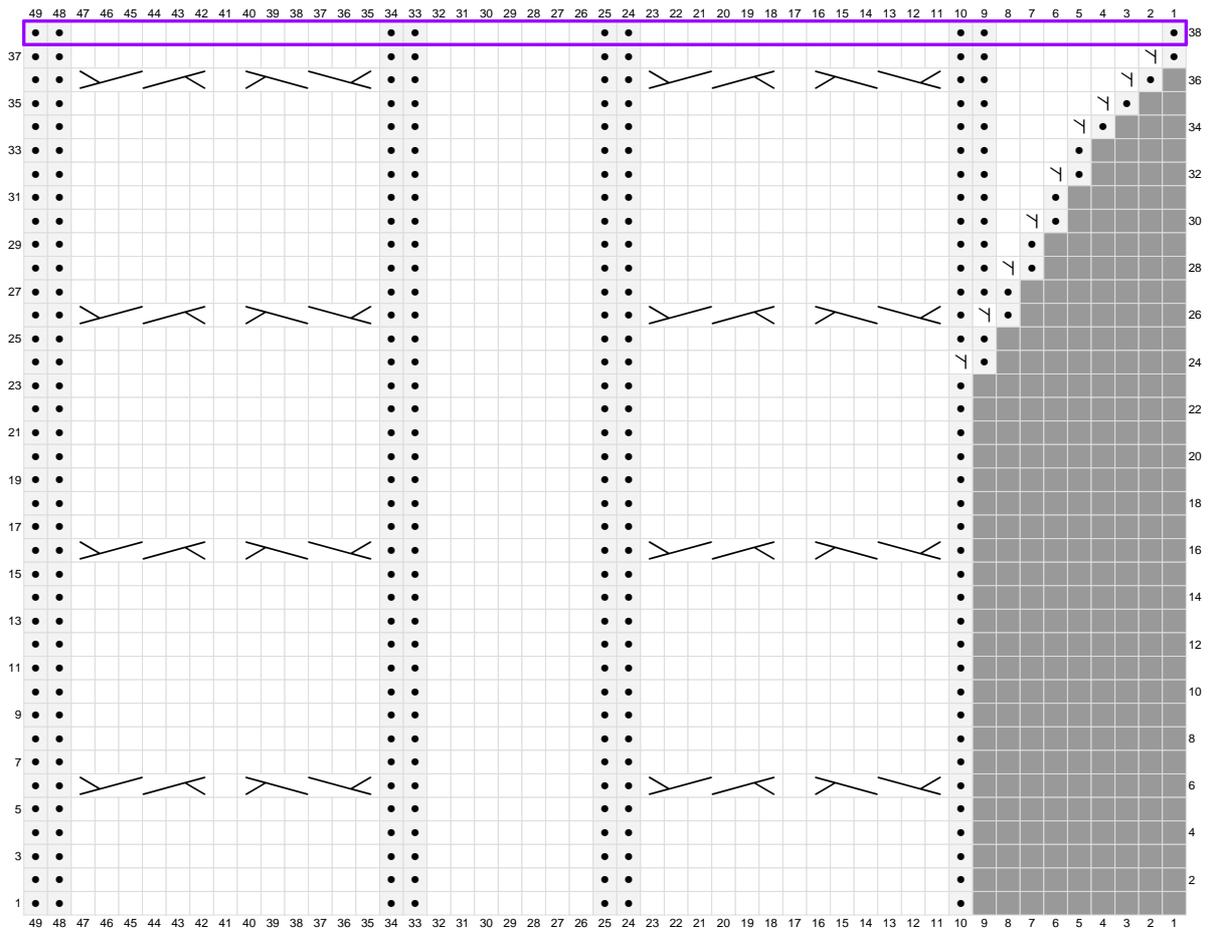


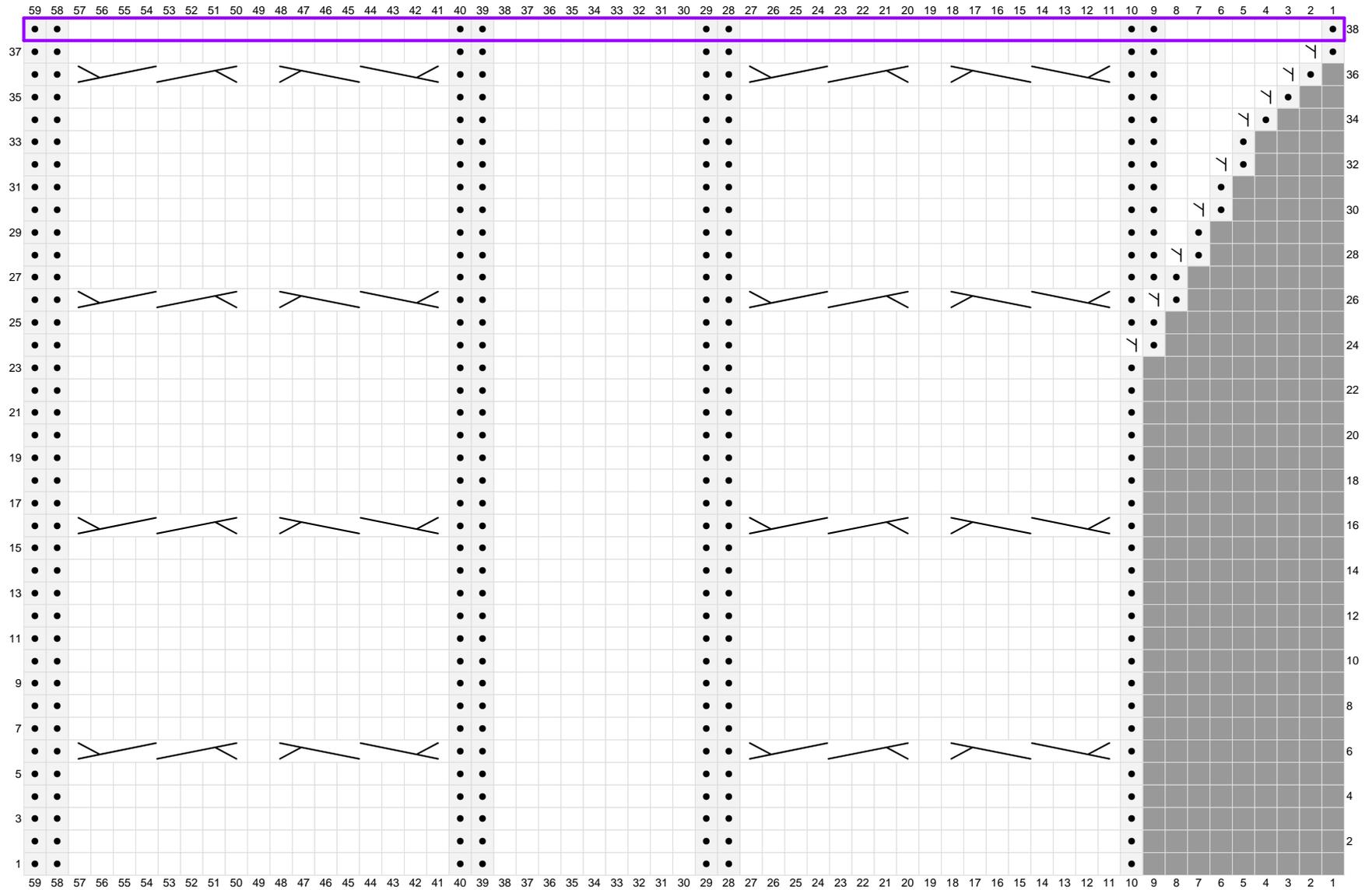




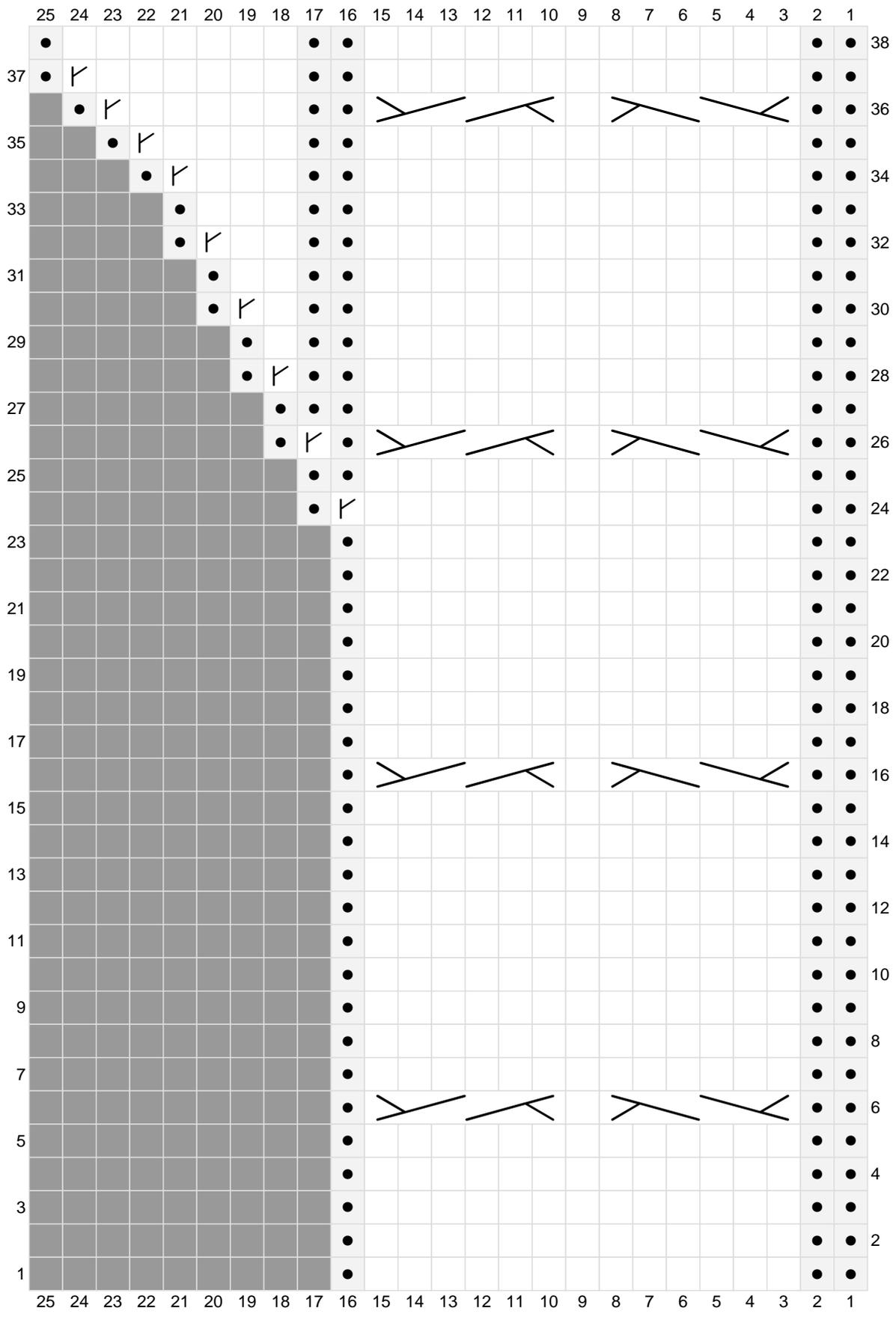


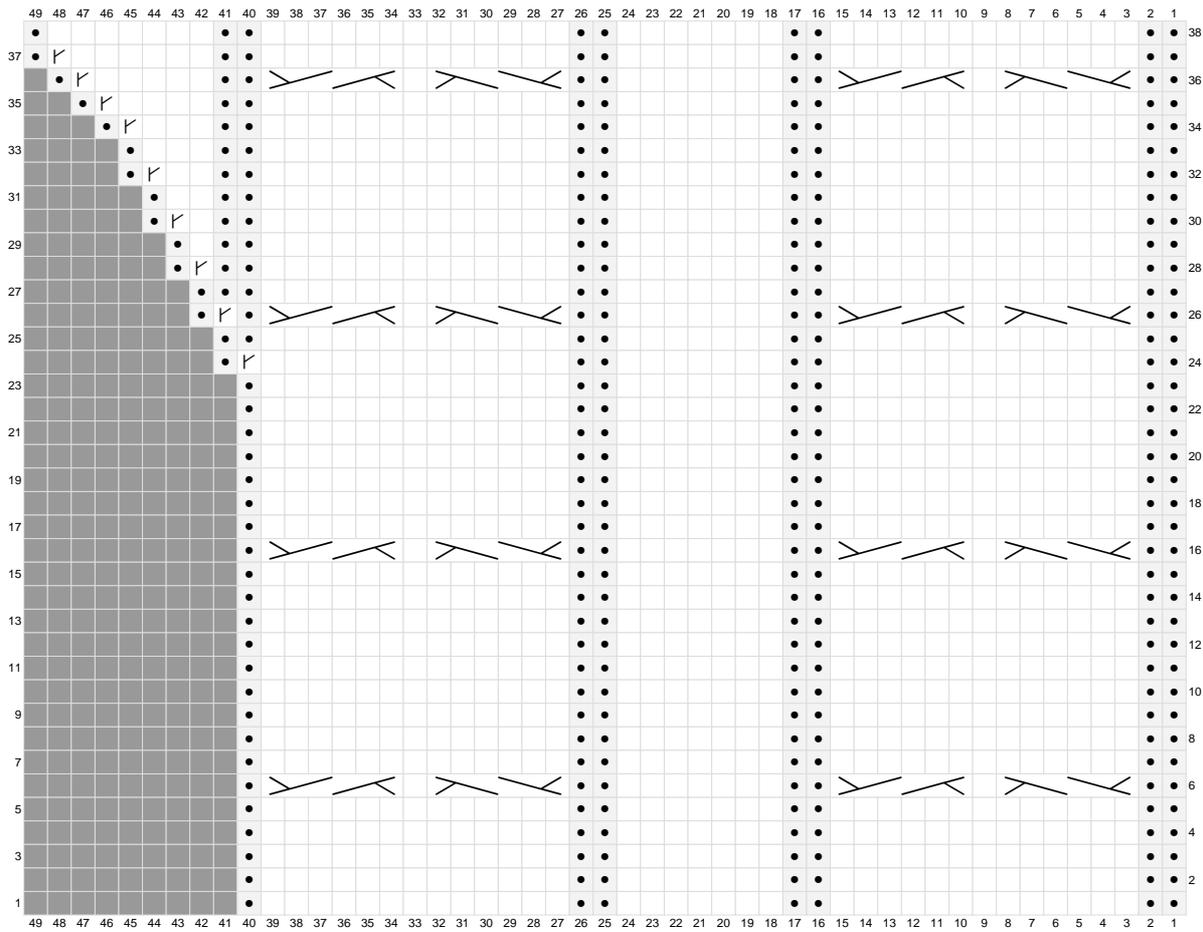


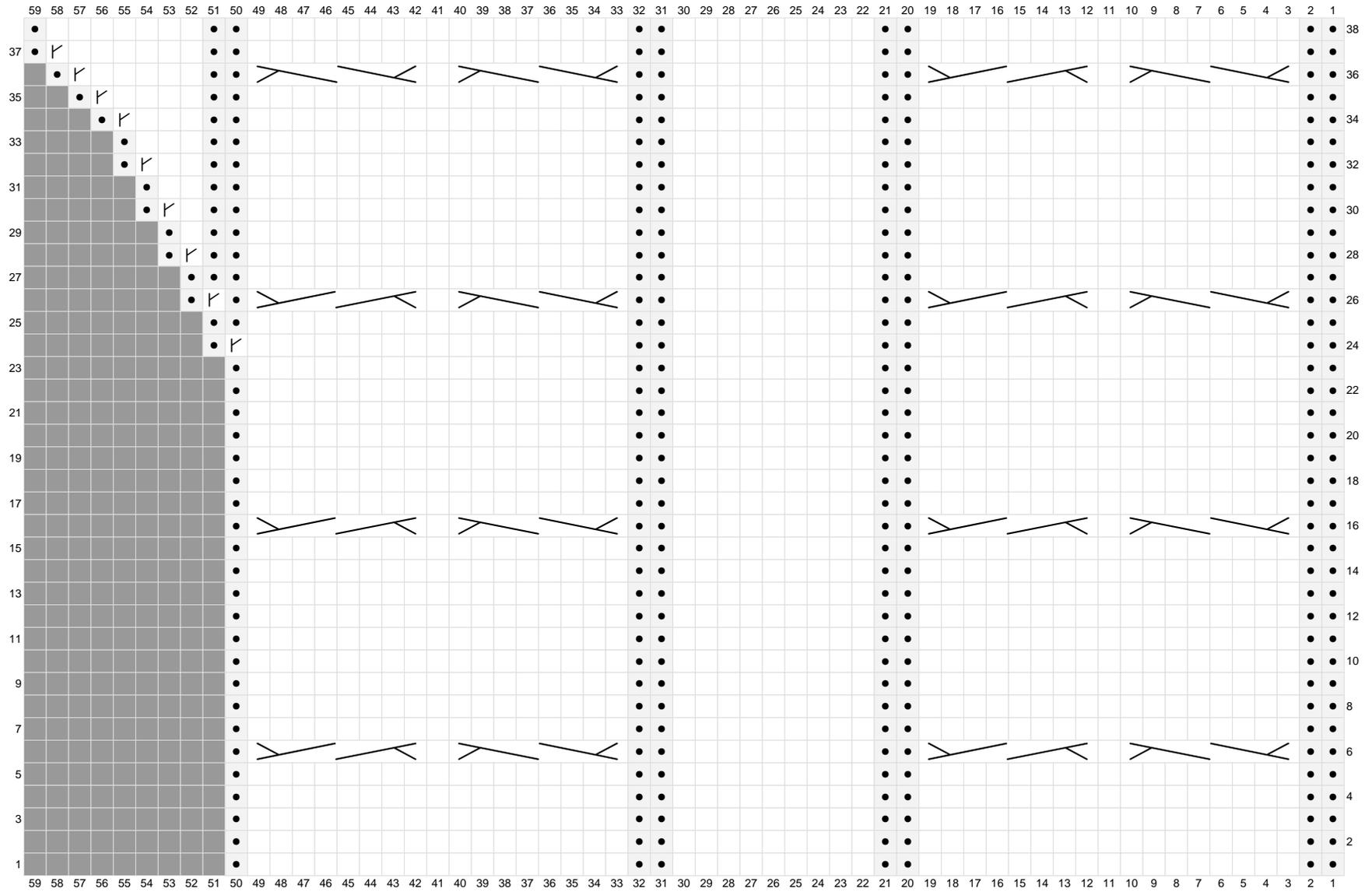




BALLARD PULLOVER LEFT FRONT for sizes 6-9 - Page 1







BALLARD PULLOVER RIGHT FRONT for sizes 6-9 - Page 1



Thank you for knitting my patterns!

If you need inspiration for your next project, check out my other knitting patterns on

Ravelry:

<https://www.ravelry.com/designers/sari-nordlund>

Follow Sari's Instagram for inspiration

[https://www.instagram.com/sari\\_n\\_/](https://www.instagram.com/sari_n_/)

Subscribe to Sari's YouTube channel for behind the scenes material

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