

BEST FOOT FORWARD SOCK SET

 BACKWOODS KNITS



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MATERIALS:

300-400 yards fingering weight yarn (Main Color)

Size US1 (2.25mm) 9" circular needles, DPN's, or long circular needles for magic loop

2 stitch markers

Tapestry needle

CAUCE:

36 st over 4" (10cm) stockinette stitch, knit in the round & blocked

SIZES:

S (7"/17.75cm)

M (8"/20.25cm)

L (9"/ 22.75 cm)

XL (10"/ 25.5 cm)

ABBREVIATIONS:

MC- main color

CC- contrast color

BOR- beginning of round

R- round/row

st- stitch

m- marker

RS- right side

WS- wrong side

Rep- repeat

k- knit

p- purl

pm- place marker

Sl- slip

sm- slip marker

k2tog- knit 2 together

p2tog- purl 2 together

ssk- slip slip knit

Thank you so much for purchasing my pattern! I designed this sock with beginners in mind using a super simple techniques to create classic designs that anyone with basic knitting knowledge can pull off. If you have questions or need pattern support I can be reached at backwoodsknits@gmail.com or via Instagram DM @backwoodsknits. I am always happy to help as much as I can!

In case you haven't noticed, I love knitting socks! Almost every single pair of socks I knit are gifts for friends and family and I knit A LOT of (boring) vanilla socks. I designed

these socks to be oh- so- simple, using only knit and purl stitches to be entertaining, not overwhelming, for those times when we want something a bit more fun than plain ol' stockinette. These socks are particularly great for knitting for our big-footed friends, even the XL size will fly off your needles!



These socks are knit cuff down with a heel flap and gusset. I hope you enjoy making them as much as I have enjoyed designing them. Happy knitting!

NOTES:

Use the measurements below from the Craft Yarn Council of America to calculate the length of the foot of your sock:

Women's Shoe Sizes

4-6.5: 8-9" (20-23 cm)

7-9.5: 9.25-10" (23-25.5 cm)

10-12.5: 10.25-11" (26-28 cm)

Men's Shoe Sizes

6-8.5: 9.25-10" (23-25.5 cm)

9-11.5: 10.25-11" (26-28 cm)

12-14: 11.25-12" (28.5-30.5 cm)

CHECK MATE SOCKS INSTRUCTIONS

CUFF

USING CC

Cast on 56 (64, 72, 80) stitches using stretchy cast on method such as German twisted.

Join in the round being careful not to twist stitches, pm.

Rounds 1-30: k2, p2

LEG

JOIN MC, BREAK CC

Round 1: knit even

Round 2: k4,p4

Work Rounds 1&2 a total of 3 times

Round 7: knit even

Round 8: P4, k4

Work Rounds 1&2 a total of 3 times

Work rounds 1-12 a total of 5 times or desired length.

Knit 1 round even

If you choose to knit a different length leg (less or more than 5 reps) you will want to make sure to complete your last garter "square" before moving on to heel flap.

HEEL FLAP

JOIN CC, DO NOT BREAK MC

Turn work at BOR marker to begin working heel flap on a WS row. You will now be working across back 28 (32, 36, 40) stitches.

WS Row 1: k3, p to end

RS Row 2: p3, *k1, sl1; rep to last 3 sts, k3

WS Row 3: k3, p to end

RS Row 4: p3, *sl1, k1; rep to last 3 sts, k3

Continue to work Rows 1-4 across back 28 (32, 36, 40) stitches until heel flap reaches 2" (2", 2.25", 2.5") or desired length, end after completing a Row 1 or 3.



HEEL TURN

Setup- Sl1, k14 (16, 18, 20) ssk, k1, turn

Sl1, p3, p2tog, p1, turn

Row 1: sl1, k to 1 before the gap, ssk, k1, turn

Row 2: sl1, p to 1 before the gap, p2tog, p1, turn

Continue to work Row 1 and Row 2 until all stitches have been worked, end after completing a Row 2.

BREAK CC

CHECK MATE SOCKS INSTRUCTIONS

PICK UP HEEL STITCHES

You will now be working in the round again.

PICK UP MC AT BOR M

Work in pattern across FRONT 28 (32, 36, 40) stitches.

Pick up 1 stitch in the corner between FRONT stitches and heel flap.

Pick up 14 (16, 18, 20) sts across right side of your heel flap. You will be picking up the purl bumps on the garter edge.

Knit across heel turn stitches.

Pick up 14 (16, 18, 20) sts across left side of your heel flap.

Pick up 1 stitch in the corner between heel flap stitches and FRONT sts.

You are now back at the BOR m. On the next round you will be placing markers to note where to work the garter panel for the gusset decreases.

Knit in pattern across FRONT 28 (32, 36, 40) stitches, **PLACE MARKER**

K1, ssk, p6 (7, 8, 9) **PLACE MARKER**

Knit 28 (32, 36, 40) sts, **PLACE MARKER**

p6 (7, 8, 9) sts, k2tog, k1, **YOU ARE NOW BACK AT YOUR BOR MARKER. YOU SHOULD HAVE 4 MARKERS IN TOTAL.**

GUSSET

Round 1: Work FRONT st in pattern to m, sm, k1, ssk, p to m, sm, k to m, sm, p to 3 st before m, k2tog, k1

Round 2: Work FRONT st in pattern to m, knit across back sts, slipping markers as you come to them.

Continue working Rounds 1 & 2 until BACK sts have been decreased to 28 (32, 36, 40) stitches, remove all m except BOR m.

You will now have a total of 28 (32, 36, 40) stitches.

FOOT

Continue to work FRONT 28 (32, 36, 40) sts in pattern and BACK 28 (32, 36, 40) stitches in stockinette until foot measures 2" (2", 2.25", 2.5")/ 5cm (5cm, 5.7cm, 6.3cm) shorter than total desired length.

TOE

BREAK MC, JOIN CC.

Knit 1 round even.

Round 1: k1, ssk, k across to 3 st before m, k2tog, k1, sm, k1, ssk, k to 3 st before BOR m, k2tog, k

Round 2: knit even

Continue to work Round 1 and Round 2 until 22 (26, 30, 34) stitches remain. Break yarn leaving a long tail.

Graft toe together using Kitchener stitch.

Now would be a GREAT time to cast on your second sock!!



RIGHT DIRECTION SOCKS INSTRUCTIONS

CUFF

USING CC

Cast on 56 (64, 72, 80) stitches using stretchy cast on method such as German twisted.

Join in the round being careful not to twist stitches, pm.

Rounds 1-30: k2, p2

LEG

JOIN MC, BREAK CC

Rounds 1 & 2: k4, p4

Rounds 3 & 4: p1 *(k4, p4); rep from * to last 7 sts, k4, p3

Rounds 5 & 6: p2 *(k4, p4); rep from * to last 6 sts, k4, p2

Rounds 7 & 8: p3 *(k4, p4); rep from * to last 5 sts, k4, p1

Rounds 9 & 10: p4, k4

Rounds 11 & 12: k1

*(p4, k4); rep from * to last 7 sts
p4, k3

Rounds 13 & 14: k2 *(p4, k4); rep from * to last 6 sts p4, k2

Rounds 15 & 16: k3 *(p4, k4); rep from * to last 5 sts p4, k1

Repeat Rounds 1-16 a total of 3 times or desired length ending after completing a Round 16.

HEEL FLAP

JOIN CC, DO NOT BREAK MC

Turn work at BOR marker to begin working heel flap on a WS row. You will now be working across BACK 28 (32, 36, 40) stitches.

WS Row 1: k3, p to end, turn

RS Row 2: p3, *k1, sl1; rep to last 3 sts, k3, turn

Continue to work Rows 1 & 2 across BACK 28 (32, 36, 40) stitches until heel flap reaches 2" (2", 2.25", 2.5") or desired length, end after completing a Row 1.

HEEL TURN

Setup- Sl1, k14 (16, 18, 20) ssk, k1, turn

Sl1, p3, p2tog, p1, turn

Row 1: sl1, k to 1 before the gap, ssk, k1, turn

Row 2: sl1, p to 1 before the gap, p2tog, p1, turn

Continue to work Row 1 and Row 2 until all stitches have been worked, end after completing a Row 2.

BREAK CC



RIGHT DIRECTION SOCKS INSTRUCTIONS

At this point in the pattern you will change the direction of your spiral texture. The following pattern will be worked over your first 28 (32, 36, 40) sts only while you work your gusset and foot sections.

Rounds 1 & 2: k4, p4

Rounds 3 & 4: k3 *(p4, k4); rep from * to last 5 sts p4, k1

Rounds 5 & 6: k2 *(p4, k4); rep from * to last 6 sts p4, k2

Rounds 7 & 8: k1 *(p4, k4); rep from * to last 7 sts p4, k3

Rounds 9 & 10: p4, k4

Rounds 11 & 12: p3 *(k4, p4); rep from * to last 5 sts, k4, p1

Rounds 13 & 14: p2 *(k4, p4); rep from * to last 6 sts, k4, p2

Rounds 15 & 16: p1 *(k4, p4); rep from * to last 7 sts, k4, p3

PICK UP HEEL STITCHES

You will now be working in the round again.

Pick up MC at BOR., Work in the pattern across front 28 (32, 36, 40) sts, pm

Pick up 1 stitch in the corner between FRONT stitches and heel flap.

Pick up 14 (16, 18, 20) sts across right side of your heel flap. You will be picking up the purl bumps on the garter edge.

Knit across heel turn stitches.

Pick up 14 (16, 18, 20) sts across left side of your heel flap.

Pick up 1 stitch in the corner between heel flap stitches and FRONT sts.

You have now picked up all of your heel flap stitches and are back to your BOR marker.

GUSSET

Round 1: Work FRONT st in pattern to m, sm, k1, ssk, k across to last 3 stitches, k2tog, k1

Round 2: Work FRONT st in pattern to m, knit across BACK sts.

Continue working Rounds 1 & 2 until BACK sts have been decreased to 28 (32, 36, 40) stitches.

You will now have a total of 56 (64, 72, 80) stitches.

FOOT

Continue to work FRONT 28 (32, 36, 40) sts in pattern and BACK 28 (32, 36, 40) stitches in stockinette until foot measures 2" (2", 2.25", 2.5")/ 5cm (5cm, 5.7cm, 6.3cm) shorter than total desired length.

TOE

BREAK MC, JOIN CC.

Knit 1 round even.

Round 1: k1, ssk, k across to 3 st before m, k2tog, k1, sm, k1, ssk, k to 3 st before BOR m, k2tog, k

Round 2: knit even

Continue to work Round 1 and Round 2 until 22 (26, 30, 34) stitches remain. Break yarn leaving a long tail.

Graft toe together using Kitchener stitch.

Now would be a GREAT time to cast on your second sock!!



JIM SOCKS INSTRUCTIONS

CUFF

USING CC

Cast on 56 (64, 72, 80) stitches using stretchy cast on method such as German twisted.

Join in the round being careful not to twist stitches, pm.

Rounds 1-10: k2, p2

JOIN MC, DO NOT BREAK CC

MC Rounds 11-15:

knit even

CC Round 16:

knit even

Rounds 17-20:

k2, p2

Repeat

Rounds 11-20 one time

Repeat Rounds 11-15 one time

CC Round 36: knit even

Rounds 37-45: k2,p2

LEG

JOIN MC, BREAK CC

Setup-

Knit 1 round even

Purl 1 round even

Knit 2 rounds even

Round 1: k1, p1

Round 2-4: knit even

Repeat Rounds 1-4 until leg reaches 7" or desired length, ending after

HEEL FLAP

JOIN CC, DO NOT BREAK MC

Turn work at BOR marker to begin working heel flap on a WS row. You will now be

working across BACK 28

(32, 36, 40) stitches.

WS Row 1: k3, p to end

RS Row 2: p3, *k1, sl1;

rep to last 3 sts, k3

Continue to work Rows 1

& 2 across BACK 28 (32,

36, 40) stitches until heel

flap reaches 2" (2", 2.25", 2.5")

or desired length, end after

completing a Row 1.

HEEL TURN

Setup- Sl1, k14 (16, 18, 20) ssk, k1, turn

Sl1, p3, p2tog, p1, turn

Row 1: sl1, k to 1 before the gap, ssk, k1, turn

Row 2: sl1, p to 1 before the gap, p2tog, p1, turn

Continue to work Row 1 and Row 2 until all stitches have been worked, end after completing a Row 2.

BREAK CC



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JIM SOCKS INSTRUCTIONS

PICK UP HEEL STITCHES

You will now be working in the round again.

Pick up MC at BOR., Work in the pattern across front 28 (32, 36, 40) sts, pm

Pick up 1 stitch in the corner between FRONT stitches and heel flap.

Pick up 14 (16, 18, 20) sts across right side of your heel flap. You will be picking up the purl bumps on the garter edge.

Knit across heel turn stitches.

Pick up 14 (16, 18, 20) sts across left side of your heel flap.

Pick up 1 stitch in the corner between heel flap stitches and FRONT sts.

You have now picked up all of your heel flap stitches and are back to your BOR marker.

GUSSET

Round 1: Work FRONT st in pattern to m, sm, k1, ssk, k across to last 3 stitches, k2tog, k1

Round 2: Work FRONT st in pattern to m, knit across BACK sts.

Continue working Rounds 1 & 2 until BACK sts have been decreased to 28 (32, 36, 40) stitches.

You will now have a total of 56 (64, 72, 80) stitches.

FOOT

Continue to work FRONT 28 (32, 36, 40) sts in pattern and BACK 28 (32, 36, 40) stitches in stockinette until foot measures 2.5" shorter than total desired length.

JOIN CC, DO NOT BREAK MC

You will now be working the stripes at the end of the foot section before the toe. Beginning with your CC knit 5 rounds even (each stripe) alternating between your MC and CC. Your last stripe before the toe section will be worked in CC.

TOE

BREAK MC, JOIN CC.

Knit 1 round even.

Round 1: k1, ssk, k across to 3 st before m, k2tog, k1, sm, k1, ssk, k to 3 st before BOR m, k2tog, k

Round 2: knit even

Continue to work Round 1 and Round 2 until 22 (26, 30, 34) stitches remain. Break yarn leaving a long tail.

Graft toe together using Kitchener stitch.

Now would be a GREAT time to cast on your second sock!!

