

BELLA BLOCKING

English



Bella Blocking

BELLA BLOCKING is a feminine sweater. Its two colors create a wonderful opportunity for you to create your own unique version. I've knitted it in multiple combinations of colors and yarns - some with a lovely spring vibe, others with more of a fall feeling.

Version 1 and 2 have been worked with four strands held together, which creates a lovely opportunity for you to make your color blends so lively and exciting that new colors are created. It can feel a little bit like mixing watercolors, only using yarn instead. Sitting and playing with the colors in this way is incredibly fun and exciting, and it will create a wholly unique and exciting look for your sweater.

Version 3 and 4 are knitted with two strands of yarn held together, so they are a bit simpler to handle because a smaller number of skeins of yarn are used at the same time.

The shared quality of all four versions is that they are wonderfully soft and fluffy sweaters, lovely to have in your wardrobe all year round.

The sweater is worked seamlessly from the top down and has no finishing work. First, the back yoke is worked back and forth, and short rows are worked to create a good fit. The characteristic stranded pattern is worked in the middle of the yoke, creating color change. The front and back are joined at the bottom of the armholes, and the body is worked in the round. After this, stitches are picked up and knitted along the neck opening, and a neck edge is worked in twisted rib. At the end, stitches are picked up and knitted along the armholes, and the sleeves are worked, with short rows in the first section to optimize the fit. The characteristic stranded pattern is worked at the bottoms of the sleeves. All edges are worked in twisted rib and bound off using the Italian bind-off technique.

The pattern contains the directions for a long-sleeved version of BELLA BLOCKING with a regular body length and a three-quarter-length sleeved version with a shorter body length.

Size

Sizes: 1 (2) 3 (4) 5 (6) 7

Sweater chest circumference: 99 (106) 113 (120) 127 (136) 142 cm

Version with three-quarter length sleeve

Length: 53 (54) 55 (56) 57 (58) 58 cm

Sleeve length: 23 (23) 24 (24) 24 (24) 24 cm

Version with long sleeve

Length: 58 (59) 60 (61) 62 (63) 63 cm

Sleeve length: 43 (41) 41 (40) 40 (39) 39 cm

It varies from person to person how much positive ease you like in your clothes. It can be a good idea to measure some of your favorite sweaters to help you choose the perfect size for you. I like a slightly looser fit, so I have chosen 23 cm of positive ease for my versions of BELLA BLOCKING, and I recommend a minimum of 15 cm of positive ease.

Needles

4.5 mm and 5 mm circular needles, 40 and 80-120 cm

You need two 5 mm circular needles for *Judy's magic cast on*.

Gauge

17 sts x 24 rows in PATTERN on a 5 mm needle = 10 x 10 cm



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Materials

Version 1 with long sleeve (page 1)

Color A:
100 (100) 150 (150) 150 (150) 200 g Tweed by Isager in color Charcoal (70 % wool, 30 % mohair; 200 m/50 g)
50 (50) 75 (75) 75 (75) 100 g Silk Mohair by Isager in color 30 (75 % kid mohair, 25 % silk; 212 m/25 g)
50 (50) 75 (75) 75 (75) 100 g Silk Mohair by Isager in color 54
50 (50) 75 (75) 75 (75) 100 g Silk Mohair by Isager in color 34
- one strands of each of the four yarns is held together throughout
Color B:
100 (100) 100 (100) 100 (150) 150 g Tvinni by Isager in color 58 (100 % pure new wool; 255 m/50 g)
50 (50) 50 (75) 75 (100) 100 g Silk Mohair by Isager in color 0 (75 % kid mohair, 25 % silk; 212 m/25 g)
50 (50) 50 (75) 75 (100) 100 g Silk Mohair by Isager in color E0
50 (50) 50 (75) 75 (100) 100 g Silk Mohair by Isager in color 2s
- one strands of each of the four yarns is held together throughout

Version 2 with three-quarter length sleeve (page 9)

Color A:
100 (100) 100 (150) 150 (150) 150 g Tweed by Isager in color Navy (70 % wool, 30 % mohair; 200 m/50 g)
50 (50) 50 (75) 75 (75) 75 g Silk Mohair by Isager in color 34 (75 % kid mohair, 25 % silk; 212 m/25 g)
50 (50) 50 (75) 75 (75) 75 g Silk Mohair by Isager in color 54
50 (50) 50 (75) 75 (75) 75 g Silk Mohair by Isager in color 56
- one strands of each of the four yarns is held together throughout
Color B:
100 (100) 100 (150) 150 (150) 150 g Tweed by Isager in color Topaz (70 % wool, 30 % mohair; 200 m/50 g)
50 (50) 50 (75) 75 (75) 75 g Silk Mohair by Isager in color 41 (75 % kid mohair, 25 % silk; 212 m/25 g)
50 (50) 50 (75) 75 (75) 75 g Silk Mohair by Isager in color 44
50 (50) 50 (75) 75 (75) 75 g Silk Mohair by Isager in color 66
- one strands of each of the four yarns is held together throughout

Version 3 with three-quarter length sleeve (page 3)

Color A:
100 (100) 100 (150) 150 (150) 150 g Le Petit Lambswool by Biches & Bûches in color Medium Blue (100 % lambswool; 248 m/50 g)
150 (150) 200 (200) 200 (250) 250 g Le Gros Silk & Mohair by Biches & Bûches in color Medium Blue (28 % mulberry silk, 72 % super kid mohair; 148 m/50 g)
- one strands of each yarn is held together throughout
Color B:
100 (100) 100 (150) 150 (150) 150 g Le Petit Lambswool by Biches & Bûches in color Beige (100 % lambswool; 248 m/50 g)
150 (150) 200 (200) 200 (250) 250 g Le Gros Silk & Mohair by Biches & Bûches in color Hay (28 % mulberry silk, 72 % super kid mohair; 148 m/50 g)
- one strands of each yarn is held together throughout

Version 4 with three-quarter length sleeve (page 5)

Color A:
200 (200) 200 (250) 250 (300) 300 g Tjukk Mohair by Rauma
Garn in color 081 (88 % mohair, 7 % wool, 5 % polyamide; 100 m/50 g)
50 (100) 100 (100) 100 (100) 100 g Spinni by Isager in color 30 (100 % wool; 300 m/50 g)
- one strands of each yarn is held together throughout
Color B:
200 (200) 200 (250) 250 (300) 300 g Tjukk Mohair by Rauma
Garn in color 149 (88 % mohair, 7 % wool, 5 % polyamide; 100 m/50 g)
50 (100) 100 (100) 100 (100) 100 g Spinni by Isager in color 7s (100 % wool; 300 m/50 g)
- one strands of each yarn is held together throughout

Additional yarn required for extra length on the body and sleeves:

Color A: 25 g in total

Color B: 25 g in total



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Abbreviations

k = knit

M1R = Make 1 Right – work an increase by inserting the right needle under the strand between the stitches from back to front, lifting it onto the left needle and knitting it

M1L = Make 1 Left – work an increase by inserting the right needle under the strand between the stitches from front to back, lifting the strand between the stitches onto the left needle and knitting it through the back loop

M1Rp = Make 1 Right Purl – work an increase by inserting the right needle under the strand between the stitches from back to front, lifting the strand between the stitches onto the left needle and purling it

M1Lp = Make 1 Left Purl – work an increase by inserting the right needle under the strand between the stitches from front to back, lifting the strand between the stitches onto the left needle and purling it through the back loop

p = purl

RS = right side

WS = wrong side

sl = slip stitch(es) purl-wise from left to right needle

ssk = slip 1 stitch knit-wise, slit the next stitch knit-wise as well (one at a time). Slip the 2 stitches back onto the left needle and knit them together through the back loops

ssp = slip 1 stitch knit-wise, slit the next stitch knit-wise as well (one at a time). Slip the 2 stitches back onto the left needle and purl them together through the back loops

st(s) = stitch(es)

tbl = through the back loop (twisted stitch)

tog = together

wyif = with the yarn held in front

wyib = with the yarn held in back

Judy's magic cast on

Cast on using 2 circular needles of the same size. Hold the 2 needles parallel to each other, so you have one needle on top and one needle on the bottom.

- Grab the yarn, and make sure you have a tail long enough for you to cast on the number of stitches that you need.

- Bring the yarn over the top needle, so the tail end of the yarn is pointing towards you.

- Cross the two ends of the yarn, so the end coming from the skein of yarn crosses over the tail end.

- Now hold the yarn over the index finger and thumb of the left hand so that the end that comes from the skein of yarn is held over the thumb, and the tail end is held over the index finger. Hold tension between your left hand's remaining fingers and palm in both strands. (This is the start position).

The steps above form the first stitch.

Now cast on more stitches. The rule is that the strand held over your index finger always goes around the bottom needle, while the strand held over your thumb always goes around the top needle. Cast on as follows:

1. Bring the strand held over your index finger under the bottom needle.
2. Then bring the strand held over your index finger around the bottom needle and between the two needles.
3. Bring your hand back to the start position.
4. Bring the strand held over your thumb under and in between the two needles.
5. Then bring the strand held over your thumb over and around the top needle.
6. Bring your hand back to the start position.

Repeat step 1 – 6 until you have the desired number of stitches.

To finish, lock the yarn in place by bringing the strand that is held over your index finger (the tail end) in front of the strand coming from the skein of yarn so the two ends cross. Now, hold on to the end that's coming from the skein and turn the needles so that you can start knitting the stitches sitting on the needle at the bottom while casting on..

On my YouTube channel you can see how I cast on using Judy's Magic Cast On.

[Judy's magic cast-on](#)

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Color dominance

When knitting a stranded pattern with two colors, it is very important for the look of the design which color is knitted as the dominant color. Depending on which of the two strands is held behind and which is held in front, one color will be more prominent and more visible than the other.

If you knit with both strands of yarn held over the index finger of your left hand, the dominant color will typically be the color which is closest to the work (and furthest away from the fingernail).

For my BELLA BLOCKING color A is worked as the dominant color throughout.

Yarn floats

When I'm knitting a stranded pattern with 2 colors, I usually tack the yarn down on the back of the work if I have 5 or more stitches of the same color in a row. This way I avoid having long floats of yarn running along the wrong side of my work.

If I'm working with several strand of yarn held together, I will just tack down one of the strands on the wrong side, and not all of them. It takes a little bit more time, but it's a good way of avoiding them becoming visible on the right side.

If I'm working with a high contrast between color A and color B, I usually do not tack down the floats on the wrong side, as they very easily become visible on the right side. In this case I choose to live with the long floats on the wrong side.



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Back yoke

Cast on 73 (81) 81 (89) 89 (97) 97 sts with color A on two 5 mm needles using “Judy’s Magic Cast On”, so there are 73 (81) 81 (89) 89 (97) 97 sts on each needle.

Work the 73 (81) 81 (89) 89 (97) 97 sts from the top needle for the back yoke, while the remaining 73 (81) 81 (89) 89 (97) 97 sts for the right and left front rest on the bottom needle.

Work back and forth across the sts for the back yoke as follows:

Row 1 (RS): Knit.

Row 2 (WS): K1, purl to the last stitch on the needle, k1.

Work short rows as follows:

Row 1 (RS): Knit to the last 20 (25) 25 (30) 30 (30) 30 sts on the needle, TURN.

Row 2 (WS): Yarn over, purl to the last 20 (25) 25 (30) 30 (30) 30 sts on the needle, TURN.

Row 3: Yarn over, knit to yarn over, work yarn over and following stitch k2tog, k4, TURN.

Row 4: Yarn over, purl to yarn over, work yarn over and following stitch ssp, p4, TURN.

Work Row 3 and 4 a total of 3 (4) 4 (5) 5 (5) 5 times.

Next row (RS): Yarn over, knit to yarn over, work yarn over and following stitch k2tog, knit to end of row.

Next row (WS): K1, purl to yarn over, work yarn over and following stitch ssp, purl to the last stitch on the needle, k1.

Now work back and forth across all sts while working decreases along the armholes as follows:

Row 1 (RS): K1, ssk, knit to the last 3 sts on the needle, k2tog, k1.

Row 2 (WS): K1, purl to the last stitch on the needle, k1.

Row 3: Knit.

Row 4: Work as Row 2.

Row 5: Work as Row 3.

Row 6: Work as Row 2.

Row 7: Work as Row 3.

Row 8: Work as Row 2.

Work Row 1-8 a total of 3 (3) 3 (3) 3 (3) 3 times.

Then work Row 3 and 4 another 3 (3) 3 (3) 3 (3) 3 times.

Now work colors according to chart for BODY while at the same time working the sts as follows:

Row 1 (RS): Knit.

Row 2 (WS): K1, purl to the last stitch on the needle, k1.

Work Row 1 and 2 a total of 2 times - all 4 rows of chart for BODY have now been worked.

Break color A.

Continue in stockinette stitch with color B as follows:

Row 1 (RS): Knit.

Row 2 (WS): K1, purl to the last stitch on the needle, k1.

Now work increases along the armholes as follows:

Row 1 (RS): K2, M1L, knit to the last 2 sts on the needle, M1R, k2.

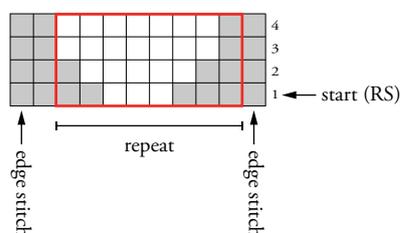
Row 2 (WS): K1, purl to the last stitch on the needle, k1.

Work Row 1 and 2 a total of 7 (6) 8 (7) 9 (9) 10 times.

There are now a total of 81 (87) 91 (97) 101 (109) 111 sts on the needle.

Break color B.

Chart for BODY



- color A
- color B
- PATTERN repeat

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Left front yoke

Move the last 25 (29) 29 (33) 33 (36) 36 of the resting sts that were cast on using “Judy’s Magic Cast On” onto a 5 mm needle. Let the remaining 48 (52) 52 (56) 56 (61) 61 sts for the neck and right front yoke rest.

Work back and forth across left front yoke in color A as follows:

Row 1 (RS): Knit.

Row 2 (WS): K1, purl to the last stitch on the needle, k1.

Work short rows as follows:

Row 1 (RS): Knit to the last 20 (25) 25 (30) 30 (30) 30 sts on the needle, TURN.

Row 2 (WS): Yarn over, purl to the last stitch on the needle, k1.

Row 3: Knit to yarn over, work yarn over and following stitch k2tog, k4, TURN

Row 4: Work as Row 2.

Work Row 3 and 4 a total of 3 (4) 4 (5) 5 (5) 5 times.

Next row (RS): Knit to yarn over, work yarn over and following stitch k2tog, knit to end of row.

Next row (WS): K1, purl to the last stitch on the needle, k1.

Now work back and forth across all sts while working decreases along the armhole as follows:

Row 1 (RS): Knit to the last 3 sts on the needle, k2tog, k1.

Row 2 (WS): K1, purl to the last stitch on the needle, k1.

Row 3: Knit.

Row 4: Work as Row 2.

Work Row 3 and 4 a total of 3 times.

Then work Row 1 and 2 once more.

There are now a total of 23 (27) 27 (31) 31 (34) 34 sts on the needle.

Work increases along the neckline as follows:

Row 1 (RS): K2, M1L, knit to end of row.

Row 2 (WS): K1, purl to the last stitch on the needle, k1.

Work Row 1 and 2 a total of 3 times.

There are now a total of 26 (30) 30 (34) 34 (37) 37 sts on the needle.

Work an increase along the neckline while at the same time working a decrease along the armhole as follows:

Row 1 (RS): K2, M1L, knit to the last 3 sts on the needle, k2tog, k1.

Row 2 (WS): K1, purl to the last stitch on the needle, k1.

Work increases along the neckline as follows:

Row 1 (RS): K2, M1L, knit to end of row.

Row 2 (WS): K1, purl to the last stitch on the needle, k1.

Work Row 1 and 2 a total of 2 times.

There are now a total of 28 (32) 32 (36) 36 (39) 39 sts on the needle.

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Break the yarn and let the left front yoke rest, while the right front yoke is being worked.

Right front yoke

Move the first 25 (29) 29 (33) 33 (36) 36 of the resting sts that were cast on using “Judy’s Magic Cast On” onto a 5 mm needle. Let the middle 23 (23) 23 (23) 23 (25) 25 sts rest for the neck edge.

Work back and forth across the right front yoke in color A as follows:

Row 1 (RS): Knit.

Row 2 (WS): K1, purl to the last stitch on the needle, k1.

Work short rows as follows:

Row 1 (RS): Knit.

Row 2 (WS): K1, purl to the last 20 (25) 25 (30) 30 (30) 30 sts on the needle, TURN.

Row 3: Yarn over, knit to end of row.

Row 4: K1, purl to yarn over, work yarn over and following stitch ssp, p4, TURN

Work Row 3 and 4 a total of 3 (4) 4 (5) 5 (5) 5 times.

Next row (RS): Yarn over, knit to end of row.

Next row (WS): K1, purl to yarn over, work yarn over and following stitch ssp, purl to the last stitch on the needle, k1.

Now work back and forth across all sts while working decreases along the armhole as follows:

Row 1 (RS): K1, ssk, knit to end of row.

Row 2 (WS): K1, purl to the last stitch on the needle, k1.

Row 3: Knit.

Row 4: Work as Row 2.

Work Row 3 and 4 a total of 3 times.

Then work Row 1 and 2 once more.

There are now a total of 23 (27) 27 (31) 31 (34) 34 sts on the needle.

Work increases along the neckline as follows:

Row 1 (RS): Knit to the last 2 sts on the needle, M1R, k2.

Row 2 (WS): K1, purl to the last stitch on the needle, k1.

Work Row 1 and 2 a total of 3 times.

There are now a total of 26 (30) 30 (34) 34 (37) 37 sts on the needle.

Work a decrease along the armhole while at the same time working an increase along the neckline as follows:

Row 1 (RS): K1, ssk, knit to the last 2 sts on the needle, M1R, k2.

Row 2 (WS): K1, purl to the last stitch on the needle, k1.

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Work increases along the neckline as follows:

Row 1 (RS): Knit to the last 2 sts on the needle, M1R, k2.

Row 2 (WS): K1, purl to the last stitch on the needle, k1

Work Row 1 and 2 a total of 2 times.

There are now a total of 28 (32) 32 (36) 36 (39) 39 sts on the needle.

Do not break the yarn.

Join right and left front yoke

Now join the right and left front yoke while at the same time casting on sts for the neck edge in between the two sections as follows (RS):

Right front yoke: Knit to the last 2 sts, M1R, k2.

Neck edge: Cast on 9 (9) 9 (9) 9 (11) 11 sts in extension of the right front yoke using the backward loop method.

Left front yoke: K2, M1L, knit to end of row.

There are now a total of 67 (75) 75 (83) 83 (91) 91 sts on the needle.

Front yoke

Work back and forth across the front yoke as follows:

Row 1 (WS): K1, purl to the last stitch on the needle, k1.

Row 2 (RS): Knit.

Work Row 1 and 2 a total of 9 (9) 9 (9) 9 (9) 9 times.

Work Row 1 once more.

Now work colors according to chart for BODY while at the same time working the sts as follows:

Row 1 (RS): Knit.

Row 2 (WS): K1, purl to the last stitch on the needle, k1.

Work Row 1 and 2 a total of 2 times - all 4 rows of chart for BODY have now been worked.

Break color A.

Continue in stockinette stitch with color B as follows:

Row 1 (RS): Knit.

Row 2 (WS): K1, purl to the last stitch on the needle, k1.

Now work increases along the armholes as follows:

Row 1 (RS): K2, M1L, knit to the last 2 sts on the needle, M1R, k2.

Row 2 (WS): K1, purl to the last stitch on the needle, k1.

Work Row 1 and 2 a total of 7 (6) 8 (7) 9 (9) 10 times.

There are now a total of 81 (87) 91 (97) 101 (109) 111 sts on the needle.

Do not break the yarn.

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Join front and back yoke

Now join the front and back yoke while at the same time casting on sts at the underarms as follows (RS):

Front yoke: Knit across all sts.

Underarm: Cast on 3 (3) 5 (5) 7 (7) 10 sts in extension of the front yoke using the backward loop method.

Back yoke: Knit across all sts.

Underarm: Cast on 3 (3) 5 (5) 7 (7) 10 sts in extension of the back yoke using the backward loop method.

Join in the round and place a marker for the beginning of the round.

There are now a total of 168 (180) 192 (204) 216 (232) 242 sts on the needle.

Version with short body and three-quarter length sleeve

Work in the round in stockinette stitch until the body measures 51 (52) 53 (54) 55 (56) 56 cm measured mid back (or as long as desired).

Version with regular body and long sleeve

Work in the round in stockinette stitch until the body measures 56 (57) 58 (59) 60 (61) 61 cm measured mid back (or as long as desired).

Both versions

Change to a 4.5 mm circular needle.

Work twisted rib: *K1 tbl, p1 tbl*, repeat from * to * to end of round.

Work a total of 3 rounds in twisted rib.

Next round: *K1 tbl, 1 wyif*, repeat from * to * to end of round, (*making sure not to hold the yarn too tightly while slipping sts*).

Last round: *1 wyib, p1 tbl*, repeat from * to * to end of round (*making sure not to hold the yarn too tightly while slipping sts*).

Bind off using the Italian bind off technique (see instructions on page 12).

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Neck edge

Place the last 23 (23) 23 (23) 23 (25) 25 resting sts from “Judy’s magic cast on” on a 4.5 mm circular needle. Pick up and knit sts from the RS along the neck edge with the same circular needle and color A as follows:

Pick up and knit 24 (25) 26 (28) 28 (28) 28 sts along the front left side of the neck opening, pick up and knit 9 (9) 9 (9) 9 (11) 11 sts along the cast on sts at the center of the front yoke, pick up and knit 24 (25) 26 (28) 28 (28) 28 sts along the front right side of the neck opening. There are now a total of 80 (82) 84 (88) 88 (92) 92 sts on the needle.

Join in the round and place a marker for the beginning of the round.

Work twisted rib: *K1 tbl, p1 tbl*, repeat from * to * to end of round.

Work a total of 3 rounds in twisted rib.

Next round: *K1 tbl, 1 wyif*, repeat from * to * to end of round, (*making sure not to hold the yarn too tightly while slipping sts*).

Last round: *1 wyib, p1 tbl*, repeat from * to * to end of round (*making sure not to hold the yarn too tightly while slipping sts*).

Bind off using the Italian bind off technique (see instructions on page 12).



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Sleeves

Pick up and knit sts around the armhole with color A and a 5 mm circular needle as follows:

Pick up and knit 3 (3) 5 (5) 7 (7) 10 sts along the bottom of the armhole, pick up and knit 71 (71) 75 (75) 75 (75) 78 sts along the rest of the armhole.

There are now a total of 74 (74) 80 (80) 82 (82) 88 sts on the needle.

Join in the round and knit 1 (1) 2 (2) 3 (3) 5 sts. Place a marker for the beginning of the round.

Work 1 round in stockinette stitch.

Work short rows as follows:

Row 1 (RS): Knit to the last 28 (28) 30 (30) 30 (30) 33 sts of the round, TURN.

Row 2 (WS): Yarn over, purl to the last 28 (28) 30 (30) 30 (30) 33 sts of the round, TURN.

Row 3: Yarn over, knit to yarn over, work yarn over and following stitch k2tog, k1, TURN.

Row 4: Yarn over, purl to yarn over, work yarn over and following stitch ssp, p1, TURN.

Work Row 3 and 4 a total of 8 (8) 9 (9) 9 (9) 10 times.

Continue working short rows as follows:

Row 1 (RS): Yarn over, knit to yarn over, work yarn over and following stitch k2tog, TURN.

Row 2 (WS): Yarn over, purl to yarn over, work yarn over and following stitch ssp, TURN.

Work Row 1 and 2 a total of 7 (7) 7 (7) 7 (7) 7 times.

Next row (RS): Yarn over, knit to yarn over, work yarn over and following stitch k2tog, knit to end of row.

Next round: Knit to 1 stitch before yarn over, work next stitch and yarn over ssk, knit to end of row.



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Version with three-quarter length sleeve

Work in the round in stockinette stitch until the sleeve measures 5 (5) 5 (5) 5 (5) 5 cm measured from the bottom of the armhole.

Decrease round 1: Knit round while at the same time decreasing 4 (4) 4 (4) 4 (4) 4 sts evenly across round. There are now a total of 70 (70) 76 (76) 78 (78) 84 sts on the needle.

Work in the round in stockinette stitch until the sleeve measures 12 (12) 12 (12) 12 (12) 12 cm.

Decrease round 2: Knit round while at the same time decreasing 6 (6) 4 (4) 6 (6) 4 sts evenly across round. There are now a total of 64 (64) 72 (72) 72 (72) 80 sts on the needle.

Work in the round in stockinette stitch until the sleeve measures 15 (15) 15 (15) 15 (15) 15 cm.

Work in the round while working Chart for SLEEVE until all 4 rows of the chart have been worked.
Break color A.

Work in the round in stockinette stitch with color B until the sleeve measures 19 (19) 18 (18) 18 (18) 18 cm.

Decrease round 3: Knit round while at the same time decreasing 4 (4) 4 (4) 4 (4) 6 sts evenly across round. There are now a total of 60 (60) 68 (68) 68 (68) 74 sts on the needle.

Size - (-) 3 (4) 5 (6) 7 only

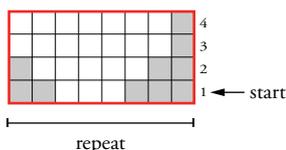
Work in the round in stockinette stitch until the sleeve measures - (-) 20 (20) 20 (20) 20 cm.

Decrease round 4: Knit round while at the same time decreasing - (-) 4 (4) 4 (4) 6 sts evenly across round. There are now a total of 60 (60) 64 (64) 64 (64) 68 sts on the needle.

All sizes

Work in the round in stockinette stitch until the sleeve measures 21 (21) 21 (21) 21 (21) 21 cm.

Chart for SLEEVE



Version with long sleeve

Work in the round in stockinette stitch until the sleeve measures 12 (12) 12 (12) 12 (12) 12 cm measured from the bottom of the armhole.

Decrease round 1: Knit round while at the same time decreasing 4 (4) 4 (4) 4 (4) 4 sts evenly across round. There are now a total of 70 (70) 76 (76) 78 (78) 84 sts on the needle.

Work in the round in stockinette stitch until the sleeve measures 26 (25) 24 (23) 23 (22) 22 cm.

Decrease round 2: Knit round while at the same time decreasing 6 (6) 4 (4) 6 (6) 4 sts evenly across round. There are now a total of 64 (64) 72 (72) 72 (72) 80 sts on the needle.

Work in the round in stockinette stitch until the sleeve measures 30 (28) 28 (27) 27 (26) 26 cm.

The total length of the sleeve will be 13 cm longer than this measurement. If you would like a longer sleeve, I recommend adding the extra length here, before the chart PATTERN is worked.

Work in the round while working Chart for SLEEVE until all 4 rows of the chart have been worked.
Break color A.

Work in the round in stockinette stitch with color B until the sleeve measures 37 (35) 31 (30) 30 (29) 29 cm.

Decrease round 3: Knit round while at the same time decreasing 4 (4) 4 (4) 4 (4) 6 sts evenly across round. There are now a total of 60 (60) 68 (68) 68 (68) 74 sts on the needle.

Size - (-) 3 (4) 5 (6) 7 only

Work in the round in stockinette stitch until the sleeve measures - (-) 37 (36) 36 (35) 35 cm.

Decrease round 4: Knit round while at the same time decreasing - (-) 4 (4) 4 (4) 6 sts evenly across round. There are now a total of 60 (60) 64 (64) 64 (64) 68 sts on the needle.

All sizes

Work in the round in stockinette stitch until the sleeve measures 41 (39) 39 (38) 38 (37) 37 cm.

Bella Blocking

Both versions

Change to 4.5 mm double-pointed needles.

Work twisted rib: *K1 tbl, p1 tbl*, repeat from * to * to end of round.

Work a total of 3 rounds in twisted rib.

Next round: *K1 tbl, 1 wyif*, repeat from * to * to end of round (*making sure not to hold the yarn too tightly while slipping sts*).

Last round: *1 wyib, p1 tbl*, repeat from * to * to end of round (*making sure not to hold the yarn too tightly while slipping sts*).

Bind off using the Italian bind off technique.

Finishing

Weave in all ends.

Italian bind off

Break the yarn, leaving a tail approx. 4 times the length of the edge you are binding off. Thread the end onto a blunt needle.

Each stitch is sewn through twice. Knit sts are first sewn through purl-wise (meaning as if purling the stitch with the needle) and then sewn through knit-wise before letting the stitch fall off the needle. Purl sts are first sewn through knit-wise (meaning as if knitting the stitch with the needle) and then sewn through purl-wise before letting the stitch fall off the needle.

Below is the description of the Italian bind-off technique, divided into a start section, five steps which are repeated, and the final step which is worked over the last stitch.

On my YouTube channel you can see how I work the Italian bind-off. The video was made for DIAMOND JUMPER, but the technique is the same.

[DIAMOND JUMPER - Italian bind-off](#)

Start section

1. Insert the needle purl-wise through the 1st stitch on the needle, pull the yarn through and leave the sts on the needle.
2. From the WS, insert the needle between the 1st and 2nd stitch and pull it through to the RS.
3. Insert the needle knit-wise through the 2nd stitch and pull the yarn through to the WS.

Step 1-5

1. Insert the needle knit-wise through the 1st stitch, pull the yarn through and let the stitch fall of the needle.
2. Insert the needle purl-wise through the stitch which is now the 2nd stitch on the needle, pull the yarn through and leave the stitch on the needle (1st stitch of the next repeat).
3. Insert the needle purl-wise through the 1st stitch on the needle, pull the yarn through and let the stitch fall of the needle.
4. From the WS, insert the needle between the 1st and 2nd stitch and pull it through to the RS.
5. Insert the needle knit-wise through the 2nd stitch on the needle, pull the yarn through to the WS and leave the stitch on the needle.

Final step (1 stitch left on the needle)

Insert the needle purl-wise through the last stitch, pull the yarn through and let the stitch fall of the needle.