



AUBADE
by Nataliya Sinelshchikova



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yarn Isager: Spinni & Silk Mohair

Traditionally a song sung to a lover on parting in the morning, aubade has become a general term for morning song. We love aspects of the old meaning, but we hope that your own aubade can be inspired by many things beyond a lover; sometimes a good cup of tea will do the trick!

Nataliya's design was inspired by the first beams of sunlight breaking through the night, when distinct rays make the morning air visible by illuminating its hazy vapours and dew. The circular yoke recreates the moment of daybreak with simple slipped stitches, then transitions into a stripy cropped body and sleeves, which finish with a folded hem and cuffs that help the garment hang well.

Aubade's impressive looks disguise exceptionally simple colourwork techniques. The fluffy fabric is gauzy but warm and absolutely dreamy for spring layering, plus the modern silhouette goes with everything. However you like to spend your mornings, Aubade is the perfect companion.

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Sizes: 1 (2, 3, 4, 5, 6, 7, 8)

Finished chest (fullest point) circumference:
103.5 (115.5, 126, 138.5, 148.5, 161, 171.5, 183.5)
cm / 40¾ (45½, 49½, 54½, 58½, 63¼, 67½, 72¼)"
– to be worn with 15-30cm / 6-12" positive ease.

Reneé's height is 152cm / 5', with a chest circumference of 91cm / 36" and is shown seated, wearing VERSION 1, in a size 2 on facing page. Sophie's height is 168cm / 5'6", with a chest circumference of 104cm / 41" and is shown standing, wearing VERSION 2, in a size 4 on facing page.

NOTE: One strand of Spinni and one strand of Silk Mohair are held together throughout to create a two-colour sweater using four shades. "Yarn A" in the pattern refers to one strand of Spinni Shade A and one strand of Silk Mohair Shade A held together, and "Yarn B" in the pattern refers to one strand of Spinni Shade B and one strand of Silk Mohair Shade B held together.

Yarn: Isager Spinni (lace weight; 100% wool; 300m / 328yds per 50g skein)

SPINNI SHADES

VERSION 1 (light pink & grey, shown on Reneé):

Shade A: 6s; 2 (2, 3, 3, 3, 3, 4, 4) skeins

Shade B: 39s; 2 (2, 2, 2, 2, 3, 3, 3) skeins

OR

VERSION 2 (lilac & dark grey, shown on Sophie):

Shade A: 13s; 2 (2, 3, 3, 3, 3, 4, 4) skeins

Shade B: 2s; 2 (2, 2, 2, 2, 3, 3, 3) skeins

AND

Isager Silk Mohair (fingering / 4-ply weight; 75% super kid mohair, 25% silk; 212m / 232yds per 25g ball)

SILK MOHAIR SHADES

VERSION 1 (light pink & grey, shown on Reneé):

Shade A: 3s; 3 (3, 4, 4, 4, 5, 5, 5) balls

Shade B: 6; 2 (2, 3, 3, 3, 3, 4, 4) balls

OR

VERSION 2 (lilac & dark grey, shown on Sophie):

Shade A: 47; 3 (3, 4, 4, 4, 5, 5, 5) balls

Shade B: 12; 2 (2, 3, 3, 3, 3, 4, 4) balls

Gauge: 23 sts & 36 rounds = 10cm / 4" over main pattern on 3mm needles in the round after blocking.
32 sts & 45 rounds = 10cm / 4" over Chart pattern on 3.5mm needles in the round after blocking.

Needles: 3.5mm / US 4 circular needle, 40cm / 16" length AND 60-100cm / 24-40" length (depending on size worked)

3.25mm / US 3 circular needle, 60-100cm / 24-40" length (depending on size worked)

3mm / US 2.5 circular needle, 40cm / 16" length AND 60-100cm / 24-40" length (depending on size worked) AND needles suitable for working small circumferences in the round

2.5mm / US 1.5 circular needle, 60-100cm / 24-40" length (depending on size worked) AND needles suitable for working small circumferences in the round

Note: Begin the yoke using shorter circular needle and increase the length as the circumference increases.

Always use a needle size that will result in the correct gauge after blocking.

Notions: 3 (3, 1, 1, 1, 1, 1, 1) stitch markers, scrap yarn or stitch holders, tapestry needle, blocking tools e.g. T-pins and wires (optional)

Notes: Aubade is a top-down cropped pullover with a slip-stitch colourwork yoke and folded cuffs and hem. The colourwork section starts immediately after the Italian cast-on and its foundation rows at the neck. The back neck is raised by working additional rows (working flat) to the back of the garment during the separation for body and sleeves instead of using the short row method. Stitches are then picked up along the selvedge edge of the additional rows (the 'back flap') that are worked to the back of the garment.

These stitches, along with the held sleeve stitches and the underarm stitches, will form the sleeve.

There are two sleeve lengths to choose from: elbow-length and three-quarter length.

After the yoke the body and sleeves are knit in Stocking stitch with two garter rounds in a contrasting colour every three rounds.

Slip all stitches pwise wyib unless otherwise stated.

"Yarn A" = one strand of each type of yarn in the yarn A shade held together; "yarn B" = one strand of each type of yarn in the yarn B shade held together. Work rows/rounds in yarn indicated with (A) or (B).

Stitch Glossary

Dwk (double wrap knit): Insert RH needle into st as if to knit, wrap the yarn twice around the needle and pull the st through. On the next row / round drop the additional loop.

LLI (left lifted increase): Pick up the left leg of the st two rows/rounds below the st just worked on RH needle (making sure the st is not twisted) and knit it.

RLI (right lifted increase): Pick up the right leg of the st below the next st on LH needle and knit it.

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Main pattern (in the round):

Rounds 1-3 (A): With yarn A, knit.

Round 4 (B): With yarn B, knit.

Round 5 (B): With yarn B, purl.

PATTERN BEGINS

YOKE

Using 3mm shorter circular needles, yarn B and the Italian method or your preferred tubular method, cast on 130 (132, 138, 144, 144, 150, 152, 152) sts.

Set-up row 1 (RS): [K1, sl1 pwise wyif] to end.

Set-up row 2 (WS): [K1, sl1 pwise wyif] to end.

Turn so that RS is facing, PM on RH needle to indicate beg of round, and join for working in the round.

Round 1 (RS)(B): [K1, sl1 pwise wyif] to end.

Round 2 (B): [Sl1, p1] to end.

Change to 3.5mm needles.

Round 3 (B): [Dwk, p1] to end.

Join yarn A. Do not break yarn B.

Round 4 (A): [Sl1, k1] to end.

Round 5 (A): Rep round 4.

Size 1 ONLY

Round 6 (A): *Sl1, [k1, sl1] 4 times, M1R, k1, M1L; rep from * to end. *156 sts*

Round 7 (B): *Sl1, [k1, sl1] 4 times, k3; rep from * to end.

Size 2 ONLY

Round 6 (A): *[Sl1, k1] 3 times, sl1, M1R, k1, M1L, [sl1, k1] 3 times, sl1, M1R, k1, M1L, [sl1, k1] twice, sl1, M1R, k1, M1L; rep from * to end. *168 sts*

Round 7 (B): *[Sl1, k1] 3 times, sl1, k3, [sl1, k1] 3 times, sl1, k3, [sl1, k1] twice, sl1, k3; rep from * to end.

Size 3 ONLY

Round 6 (A): [(Sl1, k1) twice, sl1, M1R, k1, M1L] 3 times, *[sl1, k1] twice, sl1, M1R, k1, M1L, sl1, k1, sl1, M1R, k1, M1L; rep from * to end. *192 sts*

Round 7 (B): [(Sl1, k1) twice, sl1, k3] 3 times, *[sl1, k1] twice, sl1, k3, sl1, k1, sl1, k3; rep from * to end.

Size 4 ONLY

Go to ALL sizes again.

Sizes 5 & 6 ONLY

Round 6 (A): *Sl1, [k1, sl1] 17 (14) times, M1R, k1, M1L; rep from * to end. *152 (160) sts*

Round 7 (B): *Sl1, [k1, sl1] 17 (14) times, k3; rep from * to end, remove marker, sl1, PM for new beg of round.

Size 7 ONLY

Round 6 (A): *[Sl1, k1] 5 times, sl1, M1R, k1, M1L, [sl1, k1] 6 times, sl1, M1R, k1, M1L, [sl1, k1] 5 times, sl1, M1R, k1, M1L; rep from * to end. *176 sts*

Round 7 (B): *[Sl1, k1] 5 times, sl1, k3, [sl1, k1] 6 times, sl1, k3, [sl1, k1] 5 times, sl1, k3; rep from * to end, remove marker, sl1, PM for new beg of round.

Size 8 ONLY

Round 6 (A): *[Sl1, k1] 3 times, sl1, M1R, k1, M1L, [sl1, k1] 4 times, sl1, M1R, k1, M1L, [sl1, k1] 4 times, sl1, M1R, k1, M1L; rep from * to end. *184 sts*

Round 7 (B): *[Sl1, k1] 3 times, sl1, k3, [sl1, k1] 4 times, sl1, k3, [sl1, k1] 4 times, sl1, k3, [sl1, k1] 4 times, sl1, k3; rep from * to end, remove marker, sl1, PM for new beg of round.

ALL sizes again

Starting with round 11 (11, 11, 4, 1, 1, 1, 1), begin working from Chart, working 26 (28, 32, 36, 38, 40, 44, 46) reps of the chart across the round.

Change to 3.25mm circular needle after round 45.

Change to 3mm needle after round 80. End after finishing round 91 (91, 96, 96, 96, 101, 101, 101). *312 (336, 384, 432, 456, 480, 528, 552) sts*

Back Neck Rise

Remove marker, sl1, PM for new beg of round.

Sizes 1 & 2 ONLY

Row 1 (RS)(A): K1, LLI, k4, [sl1, k11] 8 (9) times, sl1, k4, RLI, k1, turn work, placing rem sts on hold. *109 (121) sts*

Row 2 (WS)(A): P6, [sl1 pwise wyif, p11] 8 (9) times, sl1 pwise wyif, p6.

Row 3 (RS)(A): K6, [sl1, k11] 8 (9) times, sl1, k6. Join yarn B.

Row 4 (WS)(B): P6, [sl1 pwise wyif, p11] 8 (9) times, sl1 pwise wyif, p6.

Sizes 3, 4, 5, 6, 7 & 8 ONLY

Row 1 (RS)(A): K1, LLI, k - (-, 129, 141, 153, 165, 177, 189) sts, RLI, k1, turn work, placing rem sts on hold. - (-, 133, 145, 157, 169, 181, 193) sts

Row 2 (WS)(A): Purl.

Row 3 (RS)(A): Knit.

Join yarn B.

Row 4 (WS)(B): Purl.

ALL sizes again

Row 5 (RS)(B): Purl.

Break yarn B.

Row 6 (WS)(A): Purl.

Row 7 (RS)(A): Knit.

Row 8 (WS)(A): Purl.

Join yarn B.

Row 9 (RS)(B): Knit.

Row 10 (WS)(B): Knit.

Separate Body and Sleeves

Sizes 1 & 2 ONLY

Next round (RS)(A): With yarn A, knit across 109 (121) Back sts, using the backwards loop method, cast on 11 (13) sts for first underarm, PM, leave next 49 sts on hold for first sleeve, work

across next 107 (119) front sts as follows: k5, [sl1, k11] 8 (9) times, sl1, k5, PM, cast on 11 (13) sts for second underarm, leave next 49 sts on hold for second sleeve. Join to work in the round again, PM to indicate beg of round. 238 (266) sts

Next round (A): K to marker, SM, k5, [sl1, k11] to 6 sts before marker, sl1, k5, SM, k to end.

Rep last round with yarn A once more, then rep last round in yarn B once. Remove all markers except for beg of round marker.

Next round (B): Purl.

Sizes 3, 4, 5, 6, 7 & 8 ONLY

Next round (A): With yarn A, knit across - (-, 133, 145, 157, 169, 181, 193) back sts, using the backwards loop method, cast on - (-, 13, 15, 15, 17, 17, 19) sts for first underarm, leave next - (-, 61, 73, 73, 73, 85, 85) sts on hold for first sleeve, knit across next - (-, 131, 143, 155, 167, 179, 191) front sts, cast on - (-, 13, 15, 15, 17, 17, 19) sts for second underarm, leave next - (-, 61, 73, 73, 73, 85, 85) sts on hold for second sleeve. Join to work in the round again, PM to indicate beg of round.

- (-, 290, 318, 342, 370, 394, 422) sts

With yarn A, knit 2 rounds.

With yarn B, knit 1 round, purl 1 round.

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ALL sizes again

Body

Begin working in main pattern as foll:

Rounds 1-3 (A): Knit.

Round 4 (B): Knit.

Round 5 (B): Purl.

Rep rounds 1-5 a further 14 (14, 15, 15, 15, 16, 16, 16) times, or work in patt to desired length, ending with round 5.

Change to 2.5mm needles.

With yarn A, knit 2 rounds tightly.

Fold hem to WS with the last purl round worked as the folding round. Break yarn leaving a long tail and sew live sts to WS of fabric to secure hem.

LEFT SLEEVE

Sizes 1 & 2 ONLY

With RS facing, using 3mm needles suitable for working small circumferences in the round and yarn A, beg at centre of underarm cast-on, pick up and knit 6 (7) sts, pick up and knit 1 st between underarm cast-on and sleeve sts, work across 49 held sleeve sts as follows: k6, [sl1, k11] 3 times, sl1,

k6, pick up and knit 8 sts along back edge between sleeve sts and underarm cast-on, then pick up and knit 5 (6) sts along underarm cast-on, PM to indicate beg of round. 69 (71) sts

Next round (A): K13 (14), [sl1, k11] 3 times, sl1, k to end.

Rep last round with yarn A once more.

Join yarn B. Rep last round with yarn B once.

Next round (B): Purl.

Sizes 3, 4, 5, 6, 7 & 8 ONLY

With RS facing, using 3mm needles suitable for working small circumferences in the round and yarn A, beg at centre of the underarm cast-on, pick up and knit - (-, 7, 8, 8, 9, 9, 10) sts, pick up and knit 1 st between underarm cast-on and sleeve sts, k across - (-, 61, 73, 73, 73, 85, 85) held sleeve sts, pick up and knit 8 sts along back edge between sleeve sts and underarm cast-on, then pick up and knit - (-, 6, 7, 7, 8, 8, 9) sts along underarm cast-on, PM to indicate beg of round.

- (-, 83, 97, 97, 99, 111, 113) sts

With yarn A, knit 2 rounds. Join yarn B.

With yarn B, knit 1 round then purl 1 round.

ALL sizes again

** Begin working main pattern as foll:

Rounds 1-3 (A): Knit.

Round 4 (B): Knit.

Round 5 (B): Purl.

Rounds 6-13: Rep rounds 1-5 once more, then rep rounds 1-3 only once.

Round 14 (dec)(B): K1, k2tog, k to last 3 sts, ssk, k1. 2 sts dec

Round 15 (B): Rep round 5.

For shorter sleeves: Rep rounds 1-15 twice more, then rep rounds 1-5 only a further 3 times.

63 (65, 77, 91, 91, 93, 105, 107) sts

For longer sleeves: Rep rounds 1-15 a further 4 (4, 5, 5, 5, 5, 5) times, then rep rounds 1-5 a further 3 (3, 1, 1, 1, 2, 2, 2) times. 59 (61, 71, 85, 85, 87, 99, 101) sts

Change to 2.5mm needles suitable for working small circumferences in the round. With yarn A, knit 2 rounds tightly. Fold hem to WS with the last purl round worked as the folding round.

Break yarn leaving a long tail and sew live sts to WS of fabric to secure hem. **



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RIGHT SLEEVE

Sizes 1 & 2 ONLY

With RS facing, using 3mm needles suitable for working small circumferences in the round and yarn A, beg at centre of underarm cast-on, pick up and knit 5 (6) sts, pick up and knit 8 sts along back edge between underarm cast-on and sleeve sts, work across 49 held sleeve sts as follows: k6, [sl1, k11] 3 times, sl1, k6, pick up and knit 1 st between cast-on and sleeve sts, then pick up and knit 6 (7) sts along underarm cast-on, PM to indicate beg of round. 69 (71) sts

Next round (A): K19 (20), [sl1, k11] 3 times, sl1, k to end.

Rep last round with yarn A once more.

Join yarn B. Rep last round with yarn B once.

Next round (B): Purl.

Sizes 3, 4, 5, 6, 7 & 8 ONLY

With RS facing, using 3mm needles suitable for working small circumferences in the round and yarn A, beg at centre of the underarm cast-on edge, pick up and knit - (-, 6, 7, 7, 8, 8, 9) sts. Pick up and knit 8 sts along back edge between underarm cast-on edge and sleeve sts. K across - (-, 61, 73, 73, 73, 85, 85) sleeve sts. Pick up and knit 1st between cast-on edge and sleeve sts, then pick up and knit - (-, 7, 8, 8, 9, 9, 10) sts along underarm cast-on edge, PM to indicate beg of round. - (-, 83, 97, 97, 99, 111, 113) sts

With yarn A, knit 2 rounds. Join yarn B.

With yarn B, knit 1 round then purl 1 round.

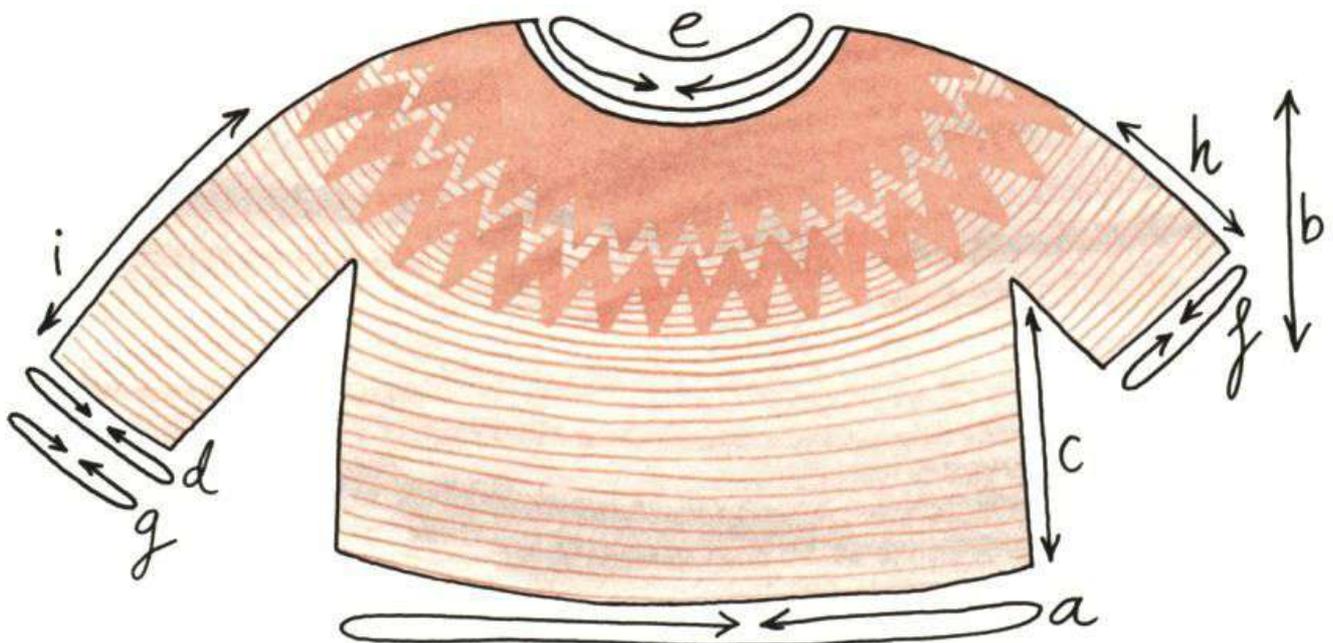
ALL sizes again

Complete as for Left Sleeve from ** to **.

FINISHING

Weave in ends and block to measurements.

- a. **Chest circumference:** 103.5 (115.5, 126, 138.5, 148.5, 161, 171.5, 183.5)cm / 40¾ (45½, 49½, 54½, 58½, 63¼, 67½, 72¼)"
- b. **Yoke depth (at centre front):** 19.5 (19.5, 21, 22.5, 23.5, 25, 25, 25)cm / 7¾ (7¾, 8¼, 8¾, 9¼, 9¾, 9¾, 9¾)"
- c. **Body length (from underarm):** 21.5 (21.5, 23, 23, 23, 24.5, 24.5, 24.5)cm / 8½ (8½, 9, 9, 9, 9¾, 9¾, 9¾)"
- d. **Upper arm circumference:** 30 (31, 36, 42, 42, 43, 48.5, 49)cm / 11¾ (12¼, 14¼, 16½, 16½, 17, 19, 19¼)"
- e. **Neck circumference:** 48 (49, 51, 53.5, 53.5, 55.5, 56.5, 56.5)cm / 19 (19¼, 20, 21, 21, 21¾, 22¼, 22¼)"
- f. **Lower arm circumference (shorter sleeves):** 27.5 (28.5, 33.5, 39.5, 39.5, 40.5, 45.5, 46.5)cm / 10¾ (11¼, 13¼, 15½, 15½, 16, 18, 18¼)"
- g. **Lower arm circumference (longer sleeves):** 25.5 (26.5, 31, 37, 37, 37.5, 43, 44)cm / 10 (10½, 12¼, 14½, 14½, 15, 17, 17¼)"
- h. **Shorter sleeve length:** 17.5cm / 7"
- i. **Longer sleeve length:** 26 (26, 27.5, 27.5, 27.5, 29, 29, 29)cm / 10¼ (10¼, 10¾, 10¾, 10¾, 11½, 11½, 11½)"



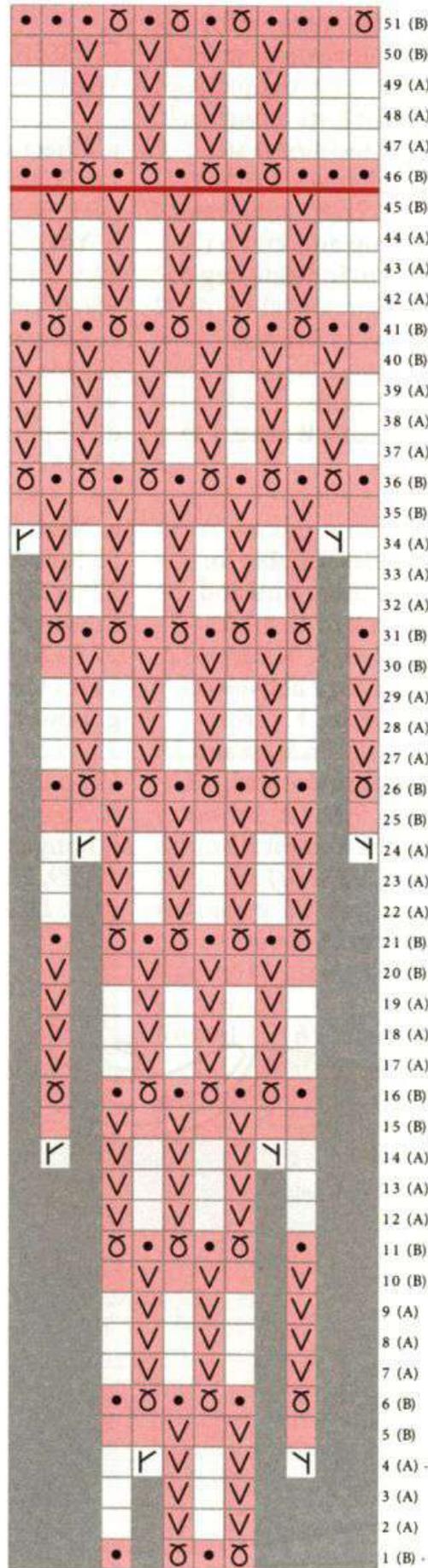
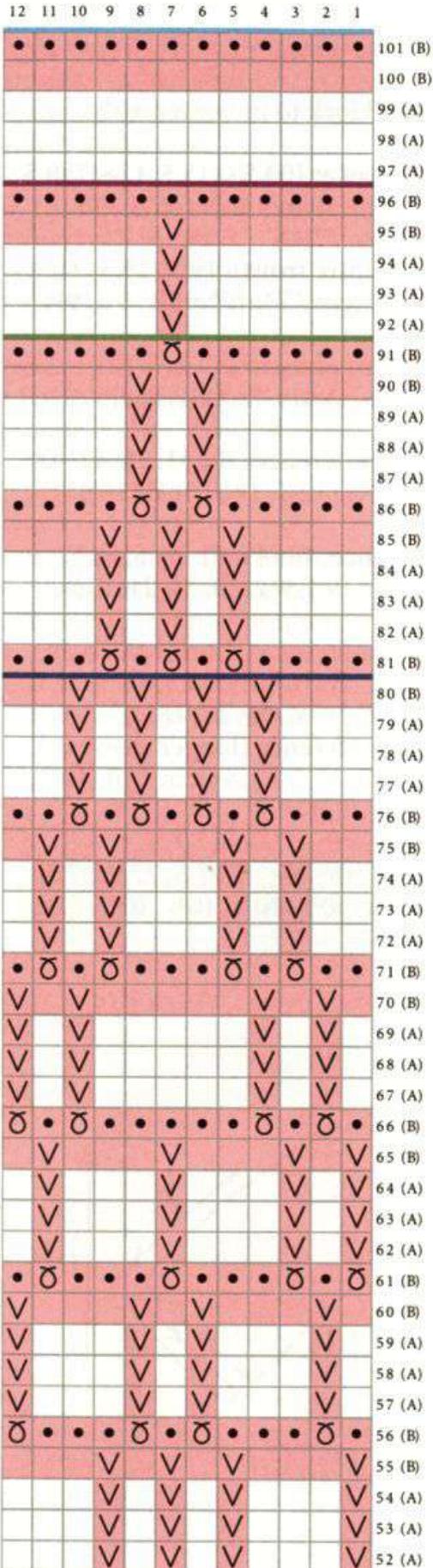
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CHART (TOP HALF)

CHART (LOWER HALF)

KEY



- Yarn A
- Yarn B
- knit
- purl
- V all wise wyib
- ø dwk
- M1R M1R
- M1L M1L
- no stitch
- Change to 3.25mm needles
- Change to 3mm needles
- End of Sizes 1 & 2 ONLY
- End of Sizes 3, 4 & 5 ONLY
- End of Sizes 6, 7 & 8 ONLY

11 (B) - Sizes 1, 2 & 3 START HERE

10 (B)

9 (A)

8 (A)

7 (A)

6 (B)

5 (B)

4 (A) - Size 4 START HERE

3 (A)

2 (A)

1 (B) - Sizes 5, 6, 7 & 8 START HERE